

tion. ^(M) O Christ God, by their prayers, save our souls, ^(Δ) since Thou art ^(B) mer - ci -

ful.

O sleepless nights, with the singing of psalms,
and with standing which lasts from one day to the next!
O David, only for these faithful souls [the nuns], have you not sung too long!

- St. Gregory of Nazianzus