



us who mys - - - - -

(s)ti - - c'ly rep - re - - sent the

Che - ru - bim the Che - - - ru - - - bim

and chant

and chant and chant

the thrice - - ho - ly hymn

to the life - - - - - giv - - - - - ing Trin - - -

- i - - - ty now lay now lay a - -

side ev - - 'ry earth - - - - - ly care

ev -

'ry earth - ly \_\_\_ care, \_\_\_

**T** hat we \_\_\_ may re - ceive the King \_\_\_ of \_\_\_ all \_\_\_

**I** n - - - - vis - - i - - - bly es - cor - - - -

ted \_\_\_ by thē an - ge - - - - lic or - -

- - - ders. Al - le - lu - - - i - - - a.

Continue with anaphora  
on page 315 or 319

QUALITY IN PSALMODY AND PRAYER CONSISTS IN  
 PRAYING WITH THE SPIRIT AND THE NOUS.  
 ONE PRAYS WITH THE SPIRIT ONLY WHEN,  
 AS HE PRAYS AND CHANTS, HE IS  
 ATTENTIVE TO THE CONTENT  
 OF THE HOLY WRITINGS,  
 AND THUS RAISES HIS  
 HEART TO DIVINE  
 THOUGHTS.

-NIKITAS STITHATOS