Let My Prayer

Plagal Second Mode
Ancient Melody
adapted from interpretation by Thrasyvoulos Stanitsas

'Ἡχος ἡ τελ. Πα

Let_________________________ my prayer_________________________

be_______________________ set_________________________

forth____________________ as______________ in________

cense_________ be - - fore____________________

You____________________ the__ lift - - - ing up_

of__ my______ hands_ as___________ an___ eve - - - -
We must think of what we sing rather than allow our mind, seized by extraneous thoughts as is often the case, to lose the fruit of our labor. One must sing with a manner and melody befitting holy religion; it must not proclaim theatrical distress but rather exhibit Christian simplicity in its very musical movement; it must not remind one of anything theatrical, but rather create compunction in the listeners.

—St. Niceta of Remesiana