Let My Prayer

Plagal Second Mode
Ancient Melody
adapted from interpretation by Thrasyvoulos Stanitsas

Let ____________________________ my prayer ____________________________

be ____________________________ set ____________________________

________________________ forth as __________ in __________

- - - - - - - cense _______ be - - fore __________

Thee _______________ the ______  lift - - - - ing up __

of__ my _______ hands ______ as __________ an__ eve - - - -
We must think of what we sing rather than allow our mind, seized by extraneous thoughts as is often the case, to lose the fruit of our labor. One must sing with a manner and melody befitting holy religion; it must not proclaim theatrical distress but rather exhibit Christian simplicity in its very musical movement; it must not remind one of anything theatrical, but rather create compunction in the listeners.

—St. Niceta of Remesiana