



# Ο THEOTOKOS AND VIRGIN

Plagal First Mode

ⲗ̅ 60

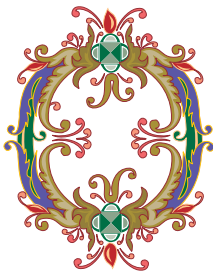
Duration: 2:45

adapted from Ancient Melody  
"from the City" (Constantinople)

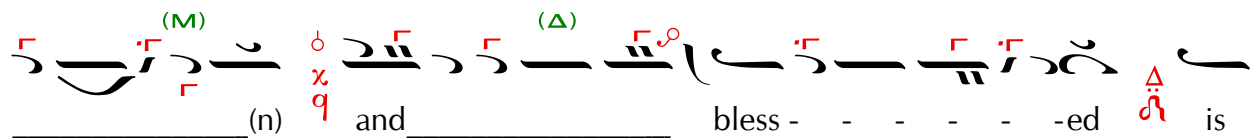
Intonation: #16


ᾠχος λ̅ ϣ̅ Πα

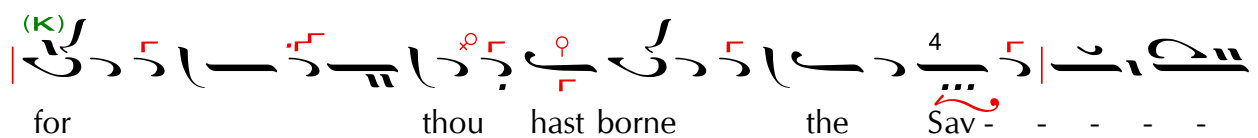
Θεοτόκε Παρθένε

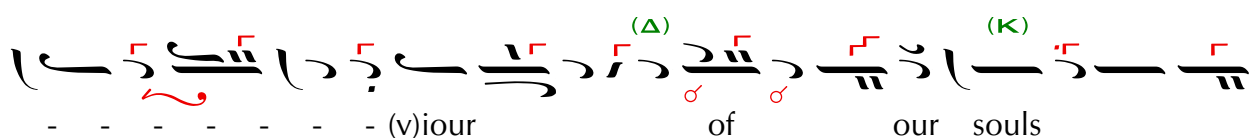


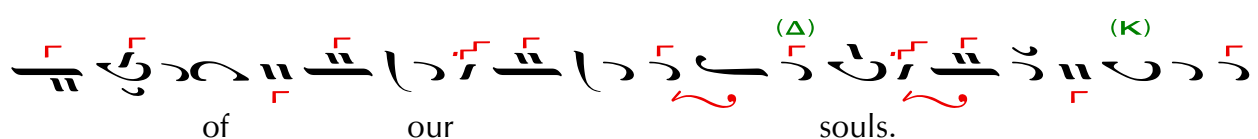
(M) (K) (Δ) (K)  
 The - o - - to - - kos \_\_\_\_\_ and \_\_\_\_\_ Vir - -  
 gin, x̅ q̅ full \_\_\_\_\_ of \_\_\_\_\_ grace, π̅ ϣ̅ re - - joice, \_\_\_\_\_  
(Δ) (K) (Π) o̅ x̅ q̅ (M) (K)  
 O \_\_\_\_\_ Mar - - y; \_\_\_\_\_ the Lord \_\_\_\_\_ is \_\_\_\_\_ with \_\_\_\_\_  
 \_\_\_\_\_ thee. π̅ q̅ (K) (Δ) (K) \_\_\_\_\_ art \_\_\_\_\_ thou q̅ x̅ q̅  
 a - mong \_\_\_\_\_ wom - - - - - en, \_\_\_\_\_  
(Δ) (K)

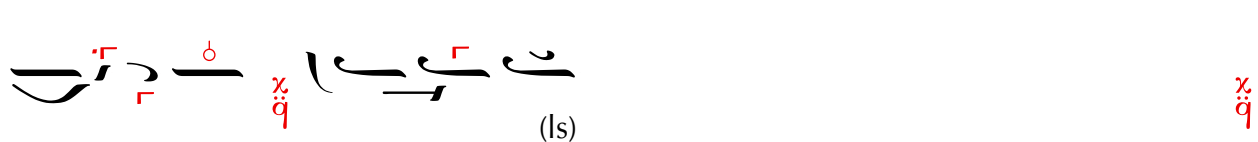

  
 \_\_\_\_\_ (n) and \_\_\_\_\_ bless - - - - -ed is


  
 the Fruit \_\_\_\_\_ of \_\_\_\_\_ thy womb;


  
 for \_\_\_\_\_ thou hast borne \_\_\_\_\_ the Sav - - - - -


  
 - - - - - (v)our \_\_\_\_\_ of \_\_\_\_\_ our souls \_\_\_\_\_


  
 \_\_\_\_\_ of \_\_\_\_\_ our \_\_\_\_\_ souls.


  
 \_\_\_\_\_ (ls)

For prayer and psalmody,  
 as for many other things, every  
 time is suitable; so that we praise God  
 with psalms and hymns and spiritual songs,  
 while we move our hands in work, chanting with  
 our tongue if this is possible and conducive to the  
 edification of the faith, but if not, then in the heart.