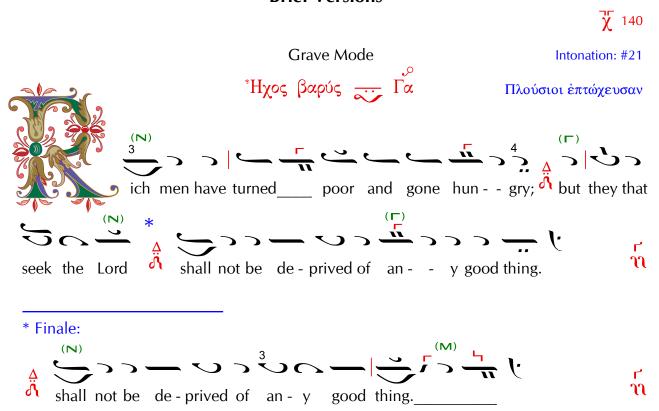


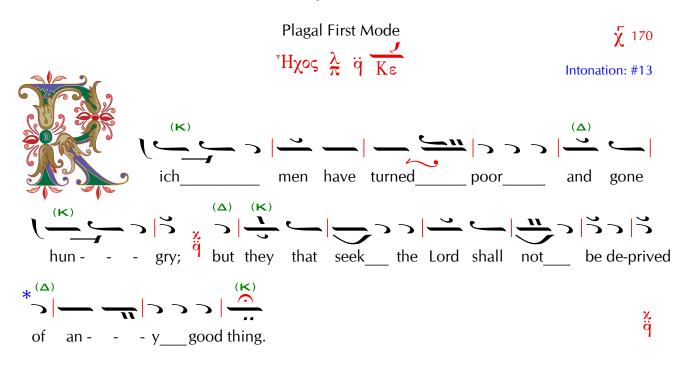
RICH MEN HAVE TURNED POOR

Brief Versions*



^{*} According to some traditions, after the Blessing of the Loaves this psalmic verse is chanted three times heir-mologically (i.e., briefly) with melodies such as the ones found on this and the following page. On the Holy Mountain, however, this psalmic verse is chanted only once sticherarically (i.e., more elaborately) with melodies such as those found on pages 524-529.

Triple Meter



* Finale:

When we are weighed down by deep despondency, we should for a while sing psalms out loud, raising our voice with joyful expectation until the thick mist is dissolved by the warmth of song.

—St. Diadochos of Photiki