



BLESSED IS THE MAN (PSALMS 1-3)

Brief Version

180

Plagal First Mode

Duration: 6:30

adapted from Hieromonk Gregory
of Simonos Petras Monastery

Intonation: #14

Ἦχος λ̣ ᾠ Πα

Μακάριος ἀνήρ



(Π)

less - ed is the man that hath not walked in the coun - - sel of

the un - god - ly, nor stood in the way of sin - ners, nor sat in


the seat of the pes - ti - lent. Al - le - lu - - - i - - a.


2 But his will is rath - er in the law of the Lord, and

in His law will he med - - i - tate day and night. Al - le - lu - - - i -


♫
- a.


π
q

3 (Π) 
And he shall be like the tree which is plant-ed by the streams_


_ of the wa- - ters. Al- le- lu- - - i- - a.

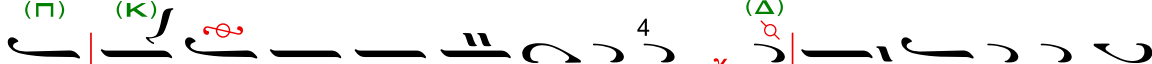
π
q

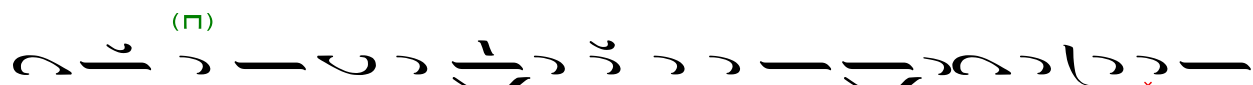
4 (Π) 
Which shall bring forth its fruit_ in its sea-son; and its leaf


shall not fall, and all things what- so- ev- er he may do shall pros- - per._


Al- le- lu- - - i- - a.


π
q

5 (Π) (K) 
Not so are thē un- god- ly, not so; but rath- er they are like

(Π) 
the chaff which the wind doth hurl a-way from the face_____ of thē earth._ Al-


le- lu- - - i- - a.

π
q

6 (Π) 
For this rea- son shall thē un- god- ly not stand up in judg- -

ment, nor sin-ners in the coun - cil of the right - - eous. Al - le - lu - -

i - - a.

π
q

7 For the Lord know-eth the way__ of the right-eous, and the

way of thē un - god - - - ly shall per - - ish. Al - le - lu - - - i - -

a.

π
q

8 Why have the hea-then raged, and the peo-ples med - i - ta - ted emp-ty

things? Al - le - lu - - - i - - a.


π
q

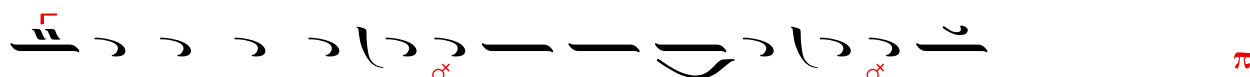
9 The kings of thē earth__ were a - roused, and the rul - ers were_

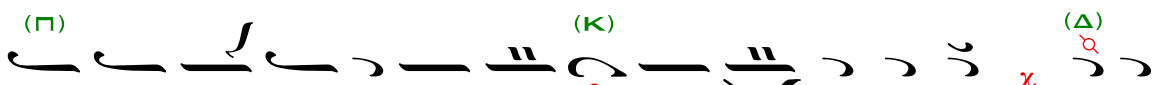
as - sem - bled to - geth - er, a - gainst the Lord, and a - gainst His Christ.

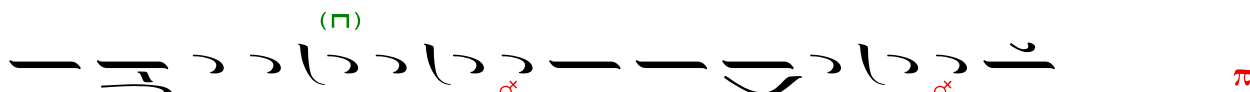
Al - le - lu - - - i - - a.


π
q

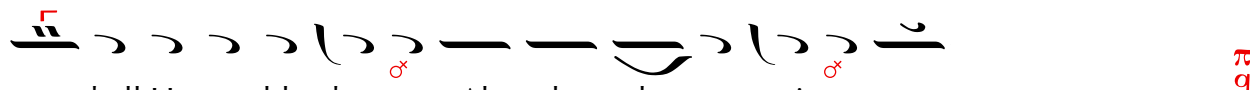
10 ^(□)  Let us break their bonds a- sun- - - der, ^{ⲕⲓⲓ} and let us cast


 a- way their yoke from us. ^ⲟ Al- le- lu- - - i- - a. ^{ⲡⲓⲓ}


11 ^(□)  He that dwell-eth in the heav-ens shall laugh them to scorn, ^(Ⲕ) ^(Δ) and the

 Lord ^(□) shall de- ride ^ⲟ them. ^ⲟ Al- le- lu- - - i- - a. ^{ⲡⲓⲓ}

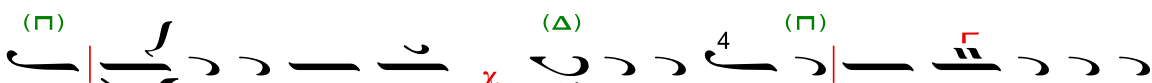
12 ^(□)  Then shall He speak un- to them ^ⲟ in His wrath, ^{ⲕⲓⲓ} and in His an-

 ger shall He trou-ble them. ^ⲟ Al- le- lu- - - i- - a. ^{ⲡⲓⲓ}

13 ^(Ⲟ) ^(□)  But as for Me, I was es- tab-lished as king by Him, ^{ⲡⲓⲓ} up- on

 Si- on, His ho- ly moun-tain, pro-claim-ing the com-mand-ment of the Lord. ^ⲟ

 ^ⲟ Al- le- lu- - - i- - a. ^{ⲡⲓⲓ}

14 ^(□)  The Lord said un- to Me: ^(Δ) ^(□) Thou art My Son, this day have I be-got-

ten Thee. Al- le- lu- - - i- - a. π
q

15 Ask of Me, and I will give Thee the na- tions for Thine in- her- i-

tance, and the ut- ter- most parts of thē earth for Thy pos- sess- - ion.

Al- le- lu- - - i- - a. π
q

16 Thou shalt herd them with a rod of i- ron; Thou shalt shat- ter

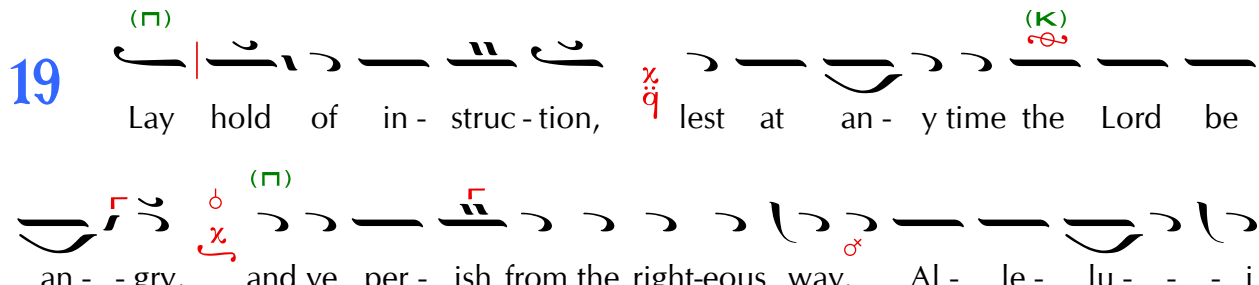
them like a pot-ter's ves- - sels. Al- le- lu- - - i- - a. π
q

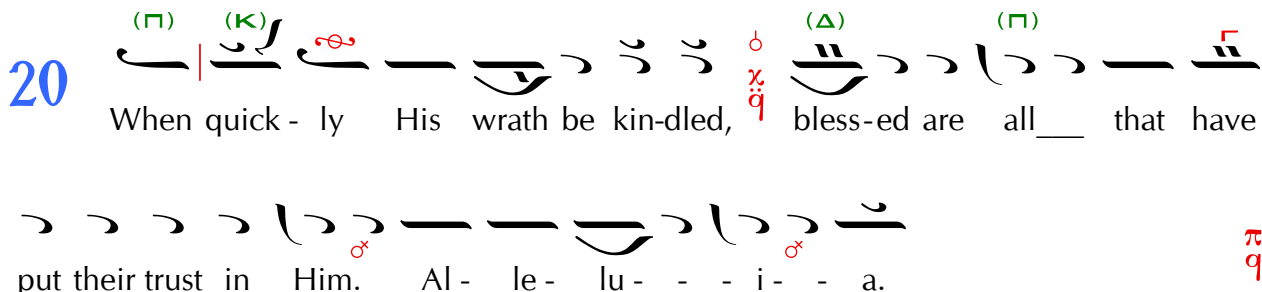
17 And now, O ye kings, un- der- stand; be in- struct- - ed,

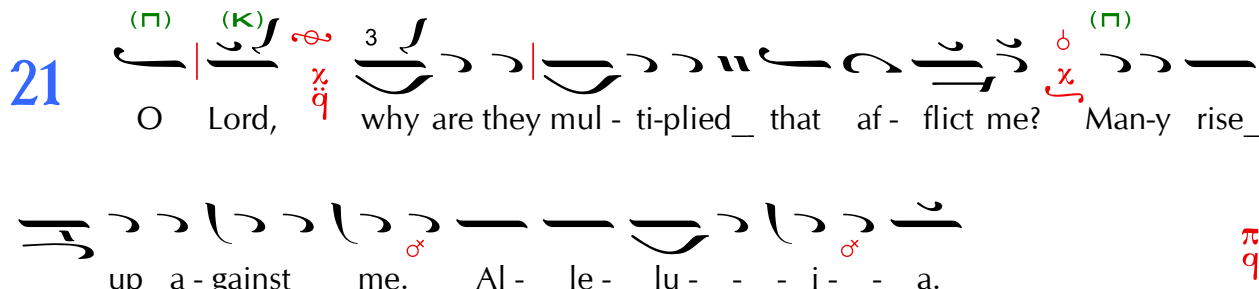
all ye that judge thē earth. Al- le- lu- - - i- - a. π
q


18 Serve ye the Lord with fear, and re- joice in Him with trem- - bling.

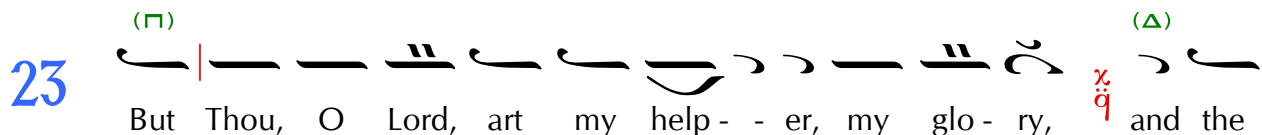
Al- le- lu- - - i- - a. π
q

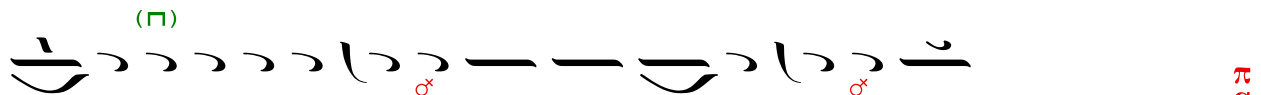
19  Lay hold of in- struc- tion, lest at an- y time the Lord be an- - gry, and ye per- ish from the right-eous way. Al- le- lu- - - i- - a.


20  When quick- ly His wrath be kin- dled, bless- ed are all that have put their trust in Him. Al- le- lu- - - i- - a.

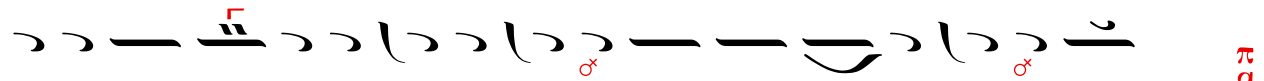
21  O Lord, why are they mul- ti- plied that af- flict me? Man- y rise up a- gainst me. Al- le- lu- - - i- - a.


22  Man- y say un- to my soul: There is no sal- va- tion for him in his God. Al- le- lu- - - i- - a.


23  But Thou, O Lord, art my help- - er, my glo- ry, and the

(П)

 lift - er up__ of my head. Al - le - lu - - - i - - a. π q

24 (К) (П)

 I cried un - to__ the Lord__ with my voice, x q and He heard__


 me out of His ho - ly moun - - tain. Al - le - lu - - - i - - a. π q

25 (П)

 I laid me down and slept; π q I a - woke, for the Lord will help__

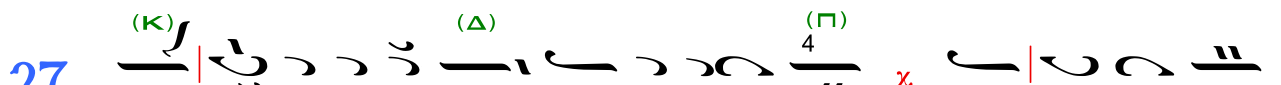

 me. Al - le - lu - - - i - - a. π q

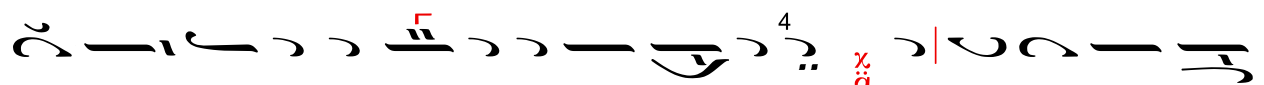
26 (П)

 I will not__ be a - fraid x q of ten thou - - sands of peo -


 - - - ple that set them - selves a - gainst me round a - bout. Al - le - lu -


 - - i - - a. π q

27 (К) (Δ) (П)

 A - rise, O__ Lord, save me, O__ my God, x q for Thou hast smit -


 ten all who with - out cause__ are mine en - e - mies; x q the teeth of sin - ners

hast Thou bro - - ken. Al - le - lu - - - i - - a. π
q

28 Sal - va - tion is of the Lord, and Thy bless - - ing is up - on

Thy peo - - ple. Al - le - lu - - - i - - a. π
q

29 Glo - ry to the Fa - ther, and to the Son, and to the Ho - ly Spir -

it. x
q

30 Both now and ev - er, and un - to the ag - - es of ag -

- es. A - men. x
q

31 Al - le - lu - i - a. Al - le - lu - - - i - a. Al - le - lu - i - a.

Glo - - ry to Thee, O God. π
q

32 Al - le - lu - i - a. Al - le - lu - i - a. Al - le - lu - i - a.



 Glo - ry to Thee O God, our hope O Lord, glo - ry to Thee.







SAINT NICHOLAS