



BLESSED IS THE MAN (PSALMS 1-3)

Long Version*

χ 96

Plagal Fourth Mode

Duration: 21:00

adapted from Petros Peloponnesios (d. 1777)
as abbreviated by Manuel the Protopsaltis (d. 1819)

Intonation: #26

Ὑχος πᾶς Νη

Μακάριος ἀνήρ



less - ed__ (N) is__ (M) the__ man that hath not__ walked__ in
 the coun - - - sel of the un - god - - - ly, __ (N) nor stood_

* On the feast days of major saints and of the Mother of God (except for the Meeting in the Temple and the Annunciation), Psalms 1, 2, and 3 are read after the Litany of Peace (before "Lord, I have cried"). Instead of being read, they may be chanted with the traditional melody on this page, or with the briefer melody on page 471.

(d) in the way of sin- - - ners, nor sat-

in the seat of the pes - ti - - lent. Al - -

le - lu - - - i - - - a.

2 But his will is rath - - er in the law of

the Lord, and in His law will he med -

i - - tate day and night. Al - - le - lu - - - i - - -

- a. **q**

3 And he shall be like the tree which is plant - -

- - ed by the streams of the wa - - - ters,

which shall bring forth its fruit in its sea - - - son; **q**

and its leaf shall not fall, and all
things what-so-ev-er he may do shall pros-per.

Al-le-lu-i-a.

Not so are the un-god-ly, not so; but

rath-er they are like the chaff which the wind doth hurl

a-way from the face of the

earth. Al-le-lu-i-a.

For this rea-son shall the un-god-ly

not stand up in judg-ment, nor sin-ners

in the coun-cil of the right-eous. Al-le-lu-i-a.

2 3 4 5 6 7 8

a.

6 For the Lord know - - - eth the way

of the righteous, and the way of the ungodly

- - - ly shall per ish. Al le lu - - - - i -

a.

7 Why have the hea - - - - - then raged,

and the peo - - - - - ples med - i - tat - ed emp - - - ty

things? Al le lu - - - - i - - - a.

8 The kings of the earth were a - - roused,

and the rul - - - ers were as sem bled to - - geth - - - er,

a - against__ the__ Lord, and_____ a - against_____ His_____ Christ.
 Al - - le - lu - - i - - - a.

9
 Let us break__ their_____ bonds_ a - - - - sun -
 - - - der, and let us cast a-way their yoke_____ from_____

us. Al - - le - lu - - - - i - - - a.

10
 He that dwell - - eth in the heav - - ens shall laugh_
 them to____ scorn, and the Lord shall_ de - - - - -

ride____ them. Al - - le - lu - - - - i - - - a.

11
 Then__ shall He____ speak____ un - to__ them in____
 His_ wrath, and in His an - - - - ger shall He trou - - -

BLE (N) ble them. AI - le - lu -

i - a. AI - le - lu -

12 But as for Me, I was es - tab - - lished as

king by Him, up - on Si - on, His ho -

ly moun - tain, pro-claim - ing the com -

mand - - ment of the Lord. AI -

le - lu - i - a. AI - le - lu -

13 The Lord said un - to Me: Thou art

My Son, this day have I be - - got - ten

Thee. AI - le - lu - i - a. AI - le - lu -

14 Ask of Me, and I will give Thee the na-

- tions for Thine in- her- i- - - - -

tance, and for Thy pos-sess- ion the ut- ter- - -

most parts of the earth. Al- le- lu- - - - -

(N)

i- - - - - a.

15 Thou shalt herd them with a rod of i-

- - - - - ron; Thou shalt shat- ter them like

a pot- ves- sels. Al- le- lu- - - - -

i- - - - - a.

16 And now, O ye kings, un- - - - -

der - - - - stand; ^v
be in - - struct - - - ed,⁴ [△]
all ye_

_ that_ judge_ the_ earth.^(Δ↓) ^(N)
[△] Al - le - lu - - - i -

a.

17 ^(Δ)
Serve_ ye_ the_ Lord [△] with_ ^(N) fear,_
v v v

and re - joice_ in_ Him_ [△] with trem - bling.[○] [○] Al -
v v v

le - lu - - - - i - - - a.

18 ^(N)
Lay hold_ of in-struc - - - tion,[△] lest_ at_ an -
v v v

- - y_ time the Lord be_ an - - - gry, [○] and ye per - ish from_

the right-eous_ way.^(K↓) ^(Z) ^(N) ^(P) ^(N)
Al - - le - lu - - - i - - - a.

19 ^(N)
When quick - - ly His wrath_ be_ kin - - - dled, [○] [△]
bless - - ed_

are all that have put their trust in Him.

Al-le-lu-i-a.

20 O Lord, O Lord, why

are they mul-ti-plied that af-flict me?

Man-y rise up against me.

Al-le-lu-i-a.

21 Man-y say unto my soul: There is no sal-

va-tion for him in his

God. Al-le-lu-i-a.

22 But Thou, O Lord, art my help -

— — — — — (p)er, my glo - - - ry, **¶** and the lift - - er — — —

(Δ) **(N)** up of my head. **χ** Al - le - - lu - - - - - i - -

— — — a. **¶**

23 **(Δ)** I cried un - to the **3** Lord **χ'** **(K↓)** with my voice,

(Δ) and He heard me **¶** out of His ho - ly moun - tain. **Al -**

(N) le - lu - - - - i - - - - a. **¶**

24 **(N)** **(K↓)** I laid me down and slept; **¶** **(N)** I a -

- - woke, **¶** for the Lord will help me. **Al - - le -**

(Π) **(N)** lu - - - i - - - - a. **¶**

25 **(Π)** I will not be afraid **¶** **(N)** of ten thou - - - sands

25 of peo- - - - ple that set them - selves a - gainst _____ me △ ○

round _____ a - - - - bout. ○ Al - - - - le - - - lu - -

- i - - - - a. ○

26 A - rise, _____ O _ Lord, save _____ me, O my _____ God, △ ○ for

Thou _____ hast smit - - - - ten ○ all _____ who with - out_

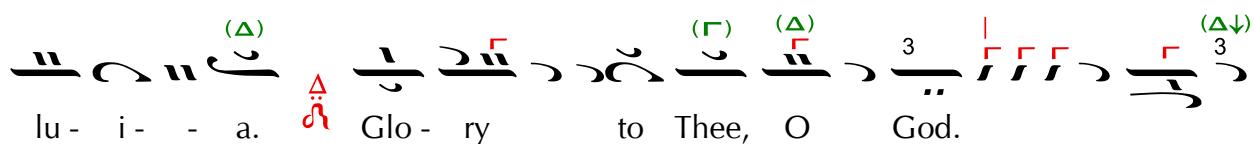
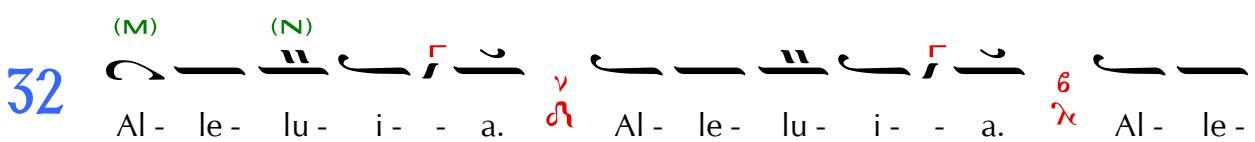
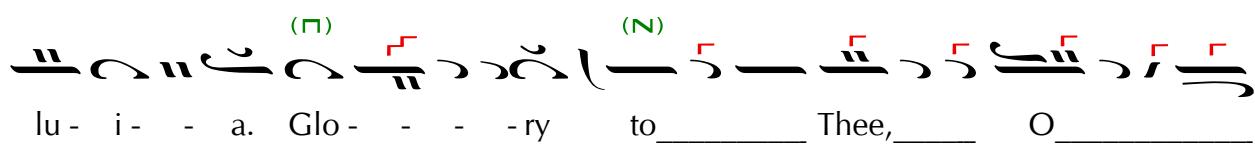
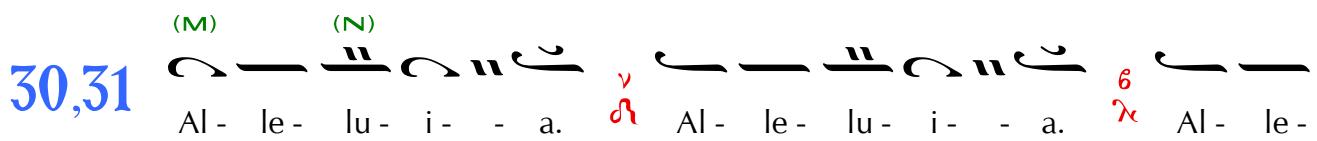
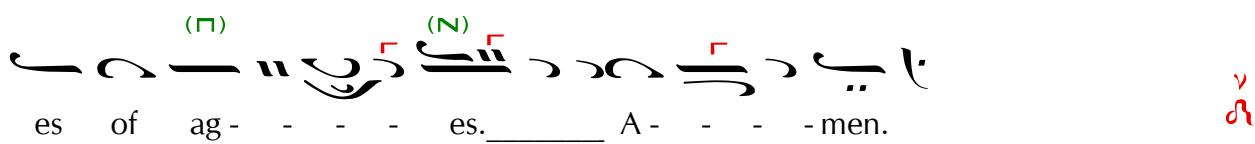
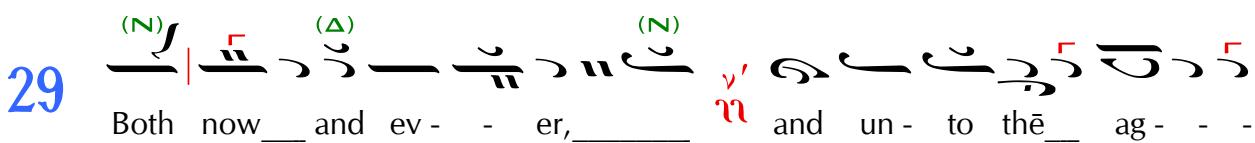
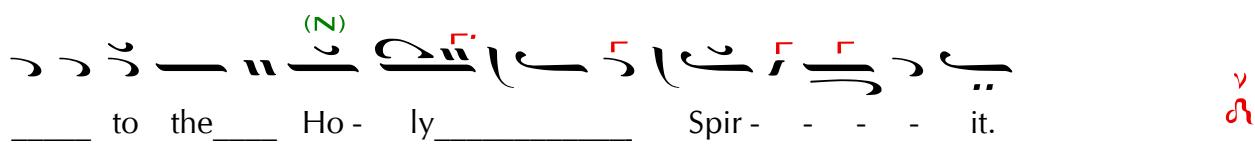
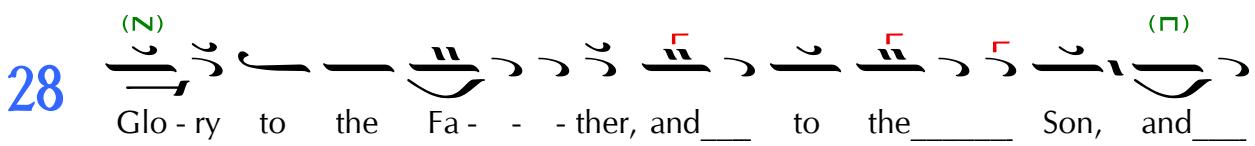
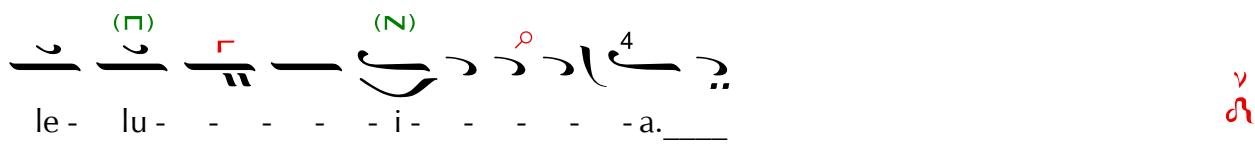
____ cause △ ○ are mine en - - e - - mies; ○ the teeth _____ of sin - -

ners ○ hast _____ Thou bro - - - - ken. ○ Al - - le - lu - - -

i - - - - a. ○

27 Sal - va - - - - tion is _____ of the _____ Lord, △ and Thy bless-ing _____ is_

up - on Thy _____ peo - - - - ple. ○ Al - -





SAINT GREGORY PALAMAS