Dogmatic Theotokion

Plagal Second Mode

Ἡχὸς λ Ὑπάρκσε

Τίς μὴ μακαρίσει σε

Who would not call thee blest, O all-holy Virgin? Who would not praise thine untravail; ing giving of birth? For the only-begotten Son, Who shone forth from the Father time-lessly, hath come forth from thee, the pure one, having become inef-fably in car-
The value of prayer
can be inferred from the way
the demons attack us during services in church.

—St. John of the Ladder