Brief Aposticha

Plagal First Mode

Ὑχος " π ἐ ᾃ Κε

Aposticha #1

Σὲ τὸν σαρκωθέντα

hee, O Christ our Saviour, Who wast incarnate and yet

wast not parted from the Heavens, do we magnify with voices of song.

For as the Lord Who loveth man, Thou didst accept the Cross and death for

the sake of our race. De-spoiling the gates of Hades, Thou didst

a-rise on the third day, saving our souls.
Verse #2

The Lord is king; He is clothed with majesty.

is clothed with strength and He hath girt Him-self.

Aposticha #2

When Thy side was pierced, O Giver of life, Thou didst pour forth streams of forgiveness, life and salvation for all. Thou didst accept death in the flesh, there-by granting us immortality. And, whilst dwelling in the grave, Thou didst free us, and gloriously as God, didst raise us up together with Thyself.

Wherefore, we cry out: O Friend of man, Lord, glory be to Thee.
Verse #3

Kai γάρ ἐστερέωσε

for He established the world which shall not be shak-en.

Aposticha #3

Σένη σου ἡ σταύρωσίς

trange is Thy crucifixion and descent into Hades, O Friend of man. For Thou didst despoil it and didst glorious-ly raise up with Thyself the captives of old, since Thou art God; Thou didst open Paradise, and make us worthy there-of. Wherefore, do Thou grant forgiveness of sins also unto us who glorify Thine arising on the third day; and deem us worthy to dwell in Paradise, since Thou alone art compassionate.
Verse #4

T:o oîk:ou sou prêpei

O di' ëma:z sar:ki

H

o-li-ness be-com-eth Thy house, O Lord, un-to length

of days.

Aposticha #4

Thou Who didst ac-cept the pas-sion in the flesh__ for

our sake, and didst a-rise___ on the third day: do Thou heal___ the pas-
sions of our flesh; and raise us up from griev-ous trans-gres-sions, O Friend

of man, and save__________ us.
Glory...

Δόξα Πατρί

G

lo-ry to the Fa-ther, and to the Son, and to the Ho-

ly Spir-it.

Both now...

Καὶ νῦν

B

both now and ev-er, and un-to the ag-ges of ag-ges.

A-men.

Aposticha Theotokion

Ναός καὶ πύλη

A

tem-ple and gate art thou, a pal-ace and throne of the

King, O all-rev-ered Vir-

gin, through whom my Re-deem-

er, Christ the Lord, hath ap-peared to them that slept in dark-

ess, since
He is the Sun of Righteousness, for He willed to enlighten those whom He had fashioned by His own hand, according to His own image. Wherefore, O all-hymned one, since thou hast boldness toward Him, as His mother, intercede thou unceasingly that our souls be saved.

We must think of what we sing rather than allow our mind, seized by extraneous thoughts as is often the case, to lose the fruit of our labor. One must sing with a manner and melody befitting holy religion; it must not proclaim theatrical distress but rather exhibit Christian simplicity in its very musical movement; it must not remind one of anything theatrical, but rather create compunction in the listeners.

—St. Niceta of Remesiana