



BRIEF ἈPOSTICHA

Plagal First Mode

Ἦχος λ π ᾠ Κε

Aposticha #1

Σὲ τὸν σαρκωθέντα ϛ 160



(K)
hee, O Christ our Sav- iour, Who wast in - car - - nate ν' and yet

wast not part - ed from the Heav-ens, ν' do we mag - ni - fy with voic-es of song. ϛ

For as the Lord Who lov - eth man, Thou didst ac - cept the Cross and death for

the sake of our race. ϛ De-spoil - ing the gates of Ha - - - des, Thou didst

(M)
a - rise on the third day, sav - ing our souls. ϛ

Verse #2

Ὁ Κύριος ἐβασίλευσεν Ⲡ ⲓ

T^(M) ^(K) he Lord is king; He is clothed with maj- es - ty. Ⲡ The Lord

is clothed with strength and He hath girt Him-self. Ⲡ

Aposticha #2

Νυγείσης σου



^(Δ) ^(K) hen Thy side was pierced, O Giv - - - er of life, Ⲡ Thou

didst pour forth streams of for - give-ness, life and sal - va - tion for all. Ⲡ Thou didst

ac - cept death__ in the flesh, Ⲡ there-by grant - - ing__ us im -

mor - tal - i - ty. Ⲡ And, whilst dwell-ing in the grave, Thou didst free__ us, Ⲡ

and glo - ri - ous - ly as God, didst raise us up to - geth - er with Thy-self. Ⲡ

³ Where-fore, we cry__ out: O Friend of man, Lord, glo-ry be to Thee. Ⲡ

Verse #3

Καὶ γὰρ ἐστερέωσε ϣ̣ ϣ̣̣

F^(M) ^(K) ^(Δ) ^(K)
 or He es - tab - lished the world ϣ̣ which shall not be shak - en. ϣ̣̣



Aposticha #3

Ξένη σου ἡ σταύρωσις

^(Δ) ^(K) ^(Δ) ^(K) ³ ^(Δ) ϣ̣ -
 trange is Thy cru - ci - fix - ion and de - scent in - to Ha - - - -
^(K) ³ ϣ̣̣ ³ ϣ̣̣ ϣ̣̣ ϣ̣̣ ϣ̣̣ ϣ̣̣
 des, O Friend of man. ϣ̣̣ For Thou didst de - spoil ___ it and didst glo - ri -
^(Δ) ^(K) ϣ̣̣ ϣ̣̣ ϣ̣̣ ϣ̣̣ ϣ̣̣ ϣ̣̣ ϣ̣̣ ϣ̣̣ ϣ̣̣ ϣ̣̣ ϣ̣̣ ϣ̣̣ ϣ̣̣ ϣ̣̣ ϣ̣̣
 ous - ly raise up with Thy - self the cap - tives of old, since Thou art God; ϣ̣̣ Thou didst
^(Δ) ϣ̣̣ ϣ̣̣ ϣ̣̣ ϣ̣̣ ϣ̣̣ ϣ̣̣ ϣ̣̣ ϣ̣̣ ϣ̣̣ ϣ̣̣ ϣ̣̣ ϣ̣̣ ϣ̣̣ ϣ̣̣ ϣ̣̣
 o - pen Par - a - dise, and make us wor - thy there - of. ϣ̣̣ Where - fore, do Thou
^(Δ) ϣ̣̣ ϣ̣̣ ϣ̣̣ ϣ̣̣ ϣ̣̣ ϣ̣̣ ϣ̣̣ ϣ̣̣ ϣ̣̣ ϣ̣̣ ϣ̣̣ ϣ̣̣ ϣ̣̣ ϣ̣̣ ϣ̣̣ ϣ̣̣
 grant for - give - ness of sins ϣ̣̣ al - so un - to us who glo - ri - fy Thine a -
^(Δ) ^(K) ³ ϣ̣̣ ϣ̣̣ ϣ̣̣ ϣ̣̣ ϣ̣̣ ϣ̣̣ ϣ̣̣ ϣ̣̣ ϣ̣̣ ϣ̣̣ ϣ̣̣ ϣ̣̣ ϣ̣̣ ϣ̣̣ ϣ̣̣ ϣ̣̣
 ris - ing on the third day; ϣ̣̣ and deem us wor - thy to dwell in Par - a - dise,
^(M) ϣ̣̣ ϣ̣̣ ϣ̣̣ ϣ̣̣ ϣ̣̣ ϣ̣̣ ϣ̣̣ ϣ̣̣ ϣ̣̣ ϣ̣̣ ϣ̣̣ ϣ̣̣ ϣ̣̣ ϣ̣̣ ϣ̣̣ ϣ̣̣
 since Thou a - lone ___ art com - pas - sion - - ate. ϣ̣̣

Verse #4

Τῷ οἴκῳ σου πρόπει Ⲭ ⲙ

H (K) o - li - ness be - com - eth Thy house, O Lord, Ⲭ un - to length

Ⲭ ⲙ
of days.

Ⲭ ⲙ



Aposticha #4

Ὁ δὲ ἡμᾶς σαρκί

(K) Thou Who didst ac - cept the pas - sion in the flesh__ for

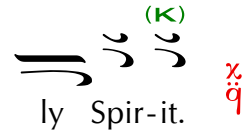
our sake, and didst a - rise__ on the third day: do Thou heal__ the pas -

sions of our flesh; Ⲭ ⲙ and raise us up from griev - ous trans - ges - - sions, O Friend (M)

(K) of man, and save _____ us. Ⲭ ⲙ



Glory...

Δόξα Πατρί 

G ^(κ) lo - ry to the ^(Δ) Fa - - ther, and ^(κ) to the Son, and ^(Δ) to the Ho -
ly Spir-it. 

Both now...



Καὶ νῦν

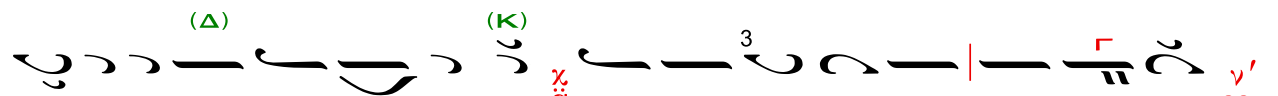
B ^(κ) oth now and ev - - er,  and un - to thē ag - - es of ag - es.
A - men. 

Aposticha Theotokion


Ναὸς καὶ πύλη



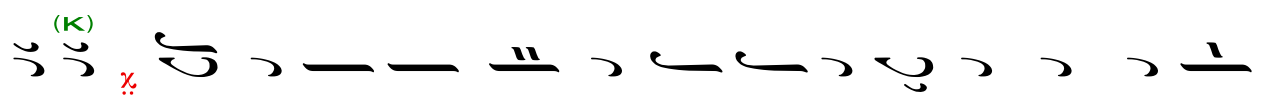
^(κ) tem - ple and gate art thou, a ³ pal - ace and throne of the
King, O ³ all - rev-ered Vir - - - gin,  through whom ³ my Re - deem -
er, Christ the Lord,  hath ap - peared to them that slept in dark - - ness, since




 He is the Sun of Right-eous-ness, for He willed to en - light - - en




 those whom He had fash-ioned by His own__ hand, ac-cord - ing to His own



 im-age. Where-fore, O all - hymned one, since thou hast bold-ness toward Him__



 as His moth-er, in - ter - cede thou un-ceas-ing-ly that our souls be saved.



We must think of what we sing rather than allow our mind, seized by extraneous thoughts as is often the case, to lose the fruit of our labor. One must sing with a manner and melody befitting holy religion; it must not proclaim theatrical distress but rather exhibit Christian simplicity in its very musical movement; it must not remind one of anything theatrical, but rather create compunction in the listeners.

—St. Niceta of Remesiana