



SLOW STICHERA

Plagal First Mode

ᾠχος λ̣ ῥ̣ Πα

Verse #1

Ἐξάγαγε ἐκ φυλακῆς ⲗ̣

B ^(Π) ring my soul out of pris - on ⲗ̣ that I may con - fess_____

Thy_____ Name. π̣ ρ̣

Stichera #1

Διὰ τοῦ τιμίου σου Σταυροῦ



^(Π) y Thy pre - cious Cross,_____ O_____ Christ, ⲗ̣ ῥ̣ Thou_ hast_____

put_____ the dev - - - - - il_____ to_____ shame; π̣ ρ̣ ^(Κ) and

by Thy Res - ur - rec - - - - tion, ⲗ̣ ῥ̣ ^(Δ) Thou hast blunt - - - ed_____

^(Π) the sting_____ of_____ sin; π̣ ρ̣ and Thou hast_ saved_____

us from the gates of death. We glo-ri-fy
 Thee, O On-ly-be-got-ten One.

Verse #2

Ἐμὲ ὑπομενοῦσι

The right-eous shall wait pa-tient-ly for me un-til Thou shalt
 re-ward me.

Stichera #2

Ὁ τὴν ἀνάστασιν

e that grant-ed the Res-ur-rec-tion un-to the race
 of man was led as a sheep to slaugh-
 ter; the prin-ces of Ha-des were ter-ri-fied
 of Him, and the griev-ous gates were lift-ed

up; ^{π q} for Christ, the King of Glo - ry, ^(K) hath ^{(Δ) (K)} en - - - -
 tered, ^{π q} say - - ing to those ^(Π) in ^(Δ) bonds: ^(K) Go ^(K)
 forth; ^{π q} and to those in dark-ness: Re - veal ^(Π) your - - selves. ^Δ

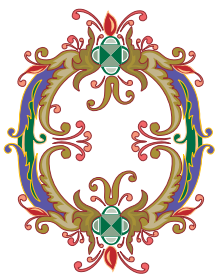
Verse #3

Ἐκ βαθέων ^{π q}

^(Π) **O** ut of the depths have I cried un - to Thee, O Lord; ^{π q} O
 Lord, ^{π q} hear ^{π q} my ^{π q} voice. ^{π q}

Stichera #3

Μέγα θαῦμα



great won - - - - der! ^(K) hav - ing ^(Δ) suf-fered ^(Π) in ^(Π) the
 flesh ^Δ out ^(K) of love ^(Π) for ^(K) man, the Cre - a - - - tor

of things in - vis - - - - i - - - - ble, ^(□) the im - - mor -
 - - tal One, ³ hath ris - - - - en. ^{π ρ} Come, O ye kin - dreds
 of the na - - - - tions, let us wor - - - - ship
 Him; ^{π ρ} ^(κ) for de - liv - - - - ered from er - - - - - ror ^(Δ) by His
 com - - pas - - - - sion, ^(□) ^{π ρ} we have learned to praise the one God
 in three ^(Δ) ^(□) Hy - pos - - ta - - ses. ^Δ

Verse #4

Γενηθήτω τὰ ὦτα σου ^{π ρ} ^χ

^(□) **L** et Thine ears be at - ten - tive to the voice ^{π ρ} ^χ of my sup - - pli -
 ca - - - - tion. ^{π ρ}



Stichera #4

Ἑσπερινὴν προσκύνῃσιν

π ρ

ve - ning wor-ship do we of - fer Thee, thē un - wan - - ing
 _____ Light, Who in thē end of thē _____ ag - - - es, through the flesh as
 _____ in _____ a _____ mir - - - ror, hast shined _____ up - on _____ the _____
 world; _____ and hast de - scend - - - ed _____ e - ven un - - to Ha - - - -
 des, _____ and dis - pelled _____ the dark - - - ness _____ there, _____ and hast
 shown the light of the Res - ur - - - rec - - - - tion un - to _____ the _____ na -
 - - - - - tions. _____ O _____ Giv - - - er _____ of _____ light, Lord, glo -
 - - - ry be _____ to Thee. _____

Verse #5

Ἐν ἀνομίαις Ⲭ ⲡ⁹

I (Ⲡ) Ⲭ ⲡ⁹
 f Thou should- est mark in - iq - ui - ties, O Lord, O Lord, who shall

Ⲭ ⲡ⁹ Ⲭ ⲡ⁹
 stand? For with Thee there is ___ for - give - - - ness. ⲡ⁹

Stichera #5

Τὸν ἀρχηγὸν τῆς σωτηρίας



(ⲕ) Ⲭ ⲡ⁹ (ⲓ) Ⲭ ⲡ⁹
 et us glo - ri - fy Christ, thē au - thor of our sal - - va -

Ⲭ ⲡ⁹ (ⲁ) Ⲭ ⲡ⁹ (Ⲡ) Ⲭ ⲡ⁹
 - - - - - tion; Ⲭ ⲡ⁹ for when He a - rose ___ from ___ the ___ dead,

Ⲭ ⲡ⁹ Ⲭ ⲡ⁹ Ⲭ ⲡ⁹ Ⲭ ⲡ⁹ Ⲭ ⲡ⁹ Ⲭ ⲡ⁹ Ⲭ ⲡ⁹ Ⲭ ⲡ⁹
 the ___ world ___ was saved ___ from er - - - - - ror. Ⲭ ⲡ⁹ The choir of thē

Ⲭ ⲡ⁹ Ⲭ ⲡ⁹ Ⲭ ⲡ⁹ Ⲭ ⲡ⁹ Ⲭ ⲡ⁹ Ⲭ ⲡ⁹ Ⲭ ⲡ⁹ Ⲭ ⲡ⁹
 an - gels ___ re - - joic - - eth; the de - cep - - - - - tion of the

Ⲭ ⲡ⁹ Ⲭ ⲡ⁹ Ⲭ ⲡ⁹ Ⲭ ⲡ⁹ Ⲭ ⲡ⁹ Ⲭ ⲡ⁹ Ⲭ ⲡ⁹ Ⲭ ⲡ⁹
 de - mons doth ___ flee; Ⲭ ⲡ⁹ Ad - am, who was fall - en, is ris - - - en;

Ⲭ ⲡ⁹ Ⲭ ⲡ⁹ Ⲭ ⲡ⁹ Ⲭ ⲡ⁹ Ⲭ ⲡ⁹ Ⲭ ⲡ⁹
 the dev - il is ___ de - - stroyed. Ⲭ ⲡ⁹

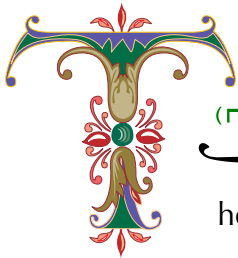
Verse #6

Ἔνεκεν τοῦ ὀνόματός σου Ⲡ ⲑ

F ^(□) or Thy Name's sake have I pa - tient - ly wait - ed for Thee, O

Lord; my soul hath wait - ed pa-tient-ly for Thy word, Ⲡ my soul hath hoped

in the Lord. Ⲡ ⲑ



Stichera #6

Οἱ τῆς κουστωδίας

^(□) ³ he guards were in - struct - ed by the law - - - - less: Ⲡ ⲑ

^(Δ) Con - ceal the Res - ur - rec - - - - - tion of Christ;

^(□) and take ye piec - - - - es of sil - - - - - ver, and

^Ⲡ ³ say: Ⲡ ⲑ While we were sleep - ing, the corpse was sto - - - - len from

the tomb. Ⲡ ⲑ ³ Who hath seen, who hath ev - - - er heard of ^(Δ)

(K) (M) (K) (Δ) (Π)
 a corpse_ be - ing_ sto - - - - - len? es - pe - cial - ly one

a - noint - - ed_ with myrrh_ and na - - - ked, with the

fu - ner - al shrouds be - ing a - ban - - doned in_ the_ grave.

Be not de - ceived, O ye Jews. Learn the_ say - - ings of_

_ the Proph - - - ets, and know that He is tru - ly the Re -

deem - er of_ the_ world and thē_ al - might - - y

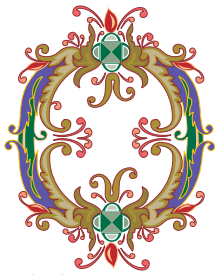
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Verse #7

Ἀπό φυλακῆς πρωΐας Χ π ρ

F (Π) rom the morn - ing watch un - til night from the morn - ing watch let Χ

Is - ra - el hope_ in_ the_ Lord. π ρ



Stichera #7

Κύριε ὁ τὸν ἄδην

π ρ

(Π) Lord, Who hast de-spoil - ed__ Ha - - - - - des

ⲛ ρ

(Π) and hast_ tram - - - - - pled__ up - on_____ death; π ρ O our Sav -

(Δ) (Κ) iour, Who hast__ en - - light - - - - - ened__ the_____ world

ⲛ ρ

(Δ) (Κ) (Δ) (Π) by Thy pre - - - - - cious__ Cross; have mer - - - - - cy on__ us.

Ⲃ ρ

Verse #8

Ὅτι παρὰ τῷ Κυρίῳ

Ⲫ ρ

(Π) For with the Lord there is mer - cy, and with Him is plen - te -

ous re - demp-tion; and He shall re - deem Is - ra - el Ⲫ ρ out of all his

in - iq - - - - ui - - - - - ies.

π ρ

Verse #9

Αινεῖτε τὸν Κύριον Ϛ π

O ^(π) praise the Lord, all ye na-tions; praise Him, all ye peo-
 - - - - - ples. Ϛ π

Verse #10

Ὅτι ἐκραταιώθη Ϛ π

F ^(π) or He hath made His mer-cy to pre-vail o-ver us, Δ Ϛ and
 the truth of the Ϛ Lord a-bid-eth for ev- - - - er. Ϛ π

The demon of fornication,
 in the manner of a licking puppy,
 is wont to cling to the one he tempts,
 so as not to be cast out. But it is possible
 for you—it is a matter of your prerogative and
 intention—either to nourish him with the work of
 dishonor or vigorously to put him to flight with prayer and
 psalmody, with fasting and vigils, and with sleeping on the ground.

—Nilus of Ancyra