First Mode - Brief

Lord, I Have Cried

"Ἡχος Ἡ α" 160

Κύριε ἐλέησόν με;

ord,____ I have cried____ un-to Thee, heark-en un-to me;

heark-en un-to me, O Lord. Lord,____ I have cried_____ un-to Thee, heark-

en un-to me; attend____ to the voice of my sup-pli-ca-tion

www.stanthonymonastery.org/music/Vespers.htm
when I cry unto Thee: Harken unto me, O Lord.

Let My Prayer

Let my prayer be set forth as incense before Thee, the lifting up of my hands as an evening sacrifice; harken unto me, O Lord.

I think it is useful to have diversity and variety in the prayer and psalmody at these appointed times, because somehow the soul is frequently bored and distracted by routine, while by change and variety of the psalmody and prayer at each hour its desire is renewed and its concentration restored.

—St. Basil the Great