

FIRST MODE - BRIEF



Lord, I Have Cried

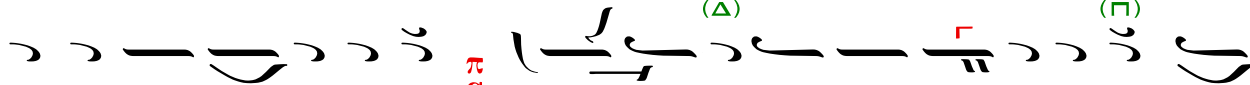

Ἦχος ᾠ Πα




χ 160

Κύριε ἐκέκραξα



(Π)  
 ord, ___ I have cried ___ un-to Thee, heark-en un - to me;


 heark-en un - to me, O Lord.  Lord, ___ I have cried ___ un-to Thee, heark -


 en un - to me;  at - tend ___ to the voice of my sup - pli - ca - tion 

when I cry un-to Thee: Hark-en un - to me ___ O ___ Lord. π 9

Let My Prayer

Κατευθυνθήτω

L et my prayer__ be set forth__ as in - - - cense be - fore__ Thee,
 the lift - ing up_____ of my hands as an eve-ning sac - ri - fice; heark-en
 un - to me,___ O ___ Lord. π 9

I think it is useful to have diversity and variety in the prayer and psalmody at these appointed times, because somehow the soul is frequently bored and distracted by routine, while by change and variety of the psalmody and prayer at each hour its desire is renewed and its concentration restored.

—St. Basil the Great