



I SHALL Go INTO THY HOUSE

♩ 60

Plagal Fourth Mode*

Duration: 2:30

adapted from Hieromonk Gregory
of Simonos Petras Monastery

Intonation: #26

Ἄχος πᾶς Νη

Εἰσελεύσομαι εἰς τὸν οἶκόν σου

(N)

shall go _____ I shall

(Δ↓) (N)

go _____ in - to _____

(Π)

* In some places on the Holy Mountain, this psalm verse is chanted at the beginning of a vigil while the priest censes. In other places on the Holy Mountain, however, nothing is chanted or read at that time in a vigil, which is the more traditional practice.

Thy _____ house; _____ I shall _____ wor -

 ship _____ toward _____

 toward _____ Thy _____ ho - ly

 tem - - - - - ple _____ in fear _____

 of _____ Thee, O _____ Lord, _____ O _____

 Lord. _____

O sleepless nights, with the singing of psalms,
 and with standing which lasts from one day to the next!
 O David, only for these faithful souls [the nuns], have you not sung too long!

—St. Gregory of Nazianzus



ΑΝΟΙΧΑΝΤΑΡΙΑ (CONCLUDING VERSES OF PSALM 103)*

Plagal Fourth Mode

χ 90

adapted from the standard melody
attributed to Theodore Phokaeus**

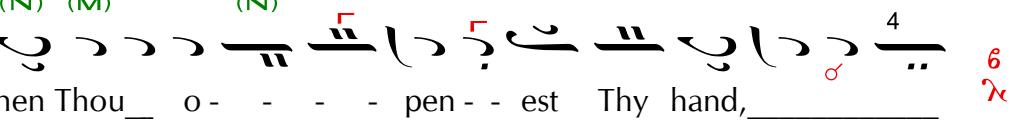
Duration: 19:00

Intonation: #26

΄Ηχος πᾶν Νη

΄Ανοίξαντός σου


(N) (M)
(N)
4
6


hen Thou_ o - - - pen - - est Thy hand,

* On special feast days, these concluding verses of the opening vesper psalm are chanted instead of being read.

**As Georgios Papadopoulos mentions, the Anoixantaria published by Phokaeus was actually composed by Antonios Sigalas in 1830 at the request of monks from Vatopedi Monastery on the Holy Mountain. (Vid. Παπαδοπούλου, Γεωργίου, Συμβολαὶ εἰς τὴν Ἰστορίαν τῆς Ἐκκλησιαστικῆς Μουσικῆς, Ἀθῆναι, 1890, σελ. 437.)

(Δ) (Π) (Ν)

 all things shall be filled with good - ness; when
 Thou turn - est a - way Thy face they shall be trou -
 - - - - bled. Glo - ry to Thee, O God. Al -
 le - lu - i - a.

Verse #2

'Αντανελεῖς τὸ πνεῦμα

Thou wilt take their spir - it, and they

 shall cease; and unto their dust shall
 they re - turn. Glo - ry to Thee, O God.
 Al - le - lu - i - a.

Verse #3

Ἐξαποστελεῖς
Δ

T hou wilt send forth Thy Spir - it, and they shall
 be cre - at - ed, and Thou shalt re - new
 the face of the earth. Glo - ry to Thee,
 O Fa - ther. Glo - ry to Thee, O Son.
 Glo - ry to Thee, O Ho -
 ly Spir - it. Glo - ry to Thee, O God.
 Al - le - lu - i - a.

Verse #4

'Αντανελεῖς γ
δι

L ^(N) ^(Δ) et the glo - ry of the _____
 Lord be un - to thē ag - - es; ^{(M) (Δ)} ^(N) the Lord will re - - joice_

^(Π) ^(N) in His works. ^(γ) Glo - - - - - ry

^(Γ) to Thee, O Ho - ly One. ⁶ ^(γ) Glo - - - - - ry to Thee,_

^(Δ) ^(γ) O Lord. ^(Δ) ^(γ) Glo - - ry to Thee, ^(Δ)

O Heav - - - - - en - - ly King. ⁽ⁿ⁾ (n)

^(Π) ^(γ) Glo - ry to Thee, O God. ^(γ) Al - - - - - le -

lu - - - - i - - - - a. ^(γ) δι

Verse #5

'Ο ἐπιβλέπων

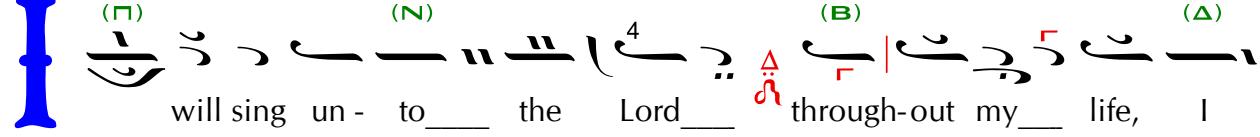


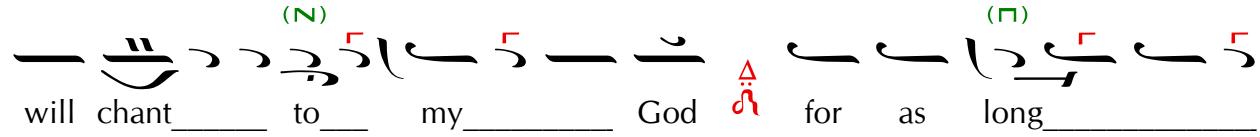
 ho  look  eth up  on  thē 
 earth  and mak  eth  it trem  ble,
 Who touch  eth  the moun  tains 
 and  they smoke.  Glo 
 ry to Thee, O  Ho ly One. 
 Thee, O Lord.  Glo  ry to Thee, O 
 Heav en ly King.  Glo  ry to Thee, O 
 Ho ly Spir  it.  Glo  ry to Thee, O God. 

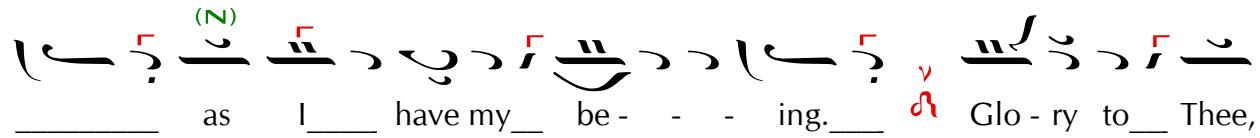
(N) 
 Al - le - lu - - - i - - - - a.
y
d

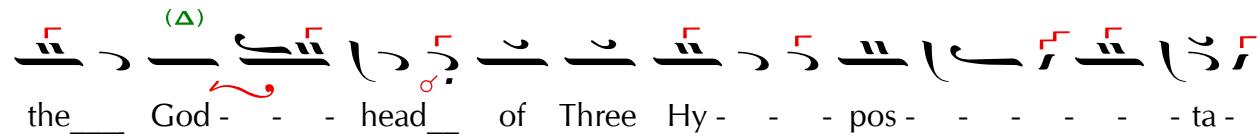
Verse #6

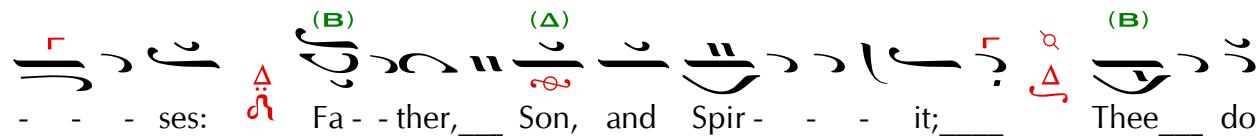
Ἄσω τῷ Κυρίῳ

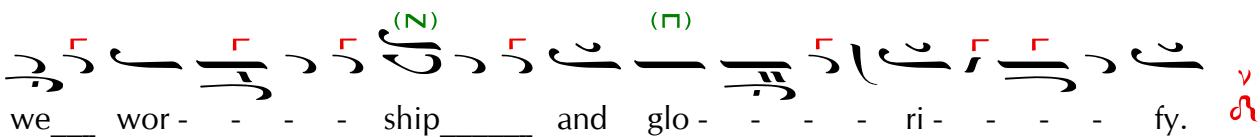
I 
 will sing un - to__ the Lord__  through-out my__ life, I

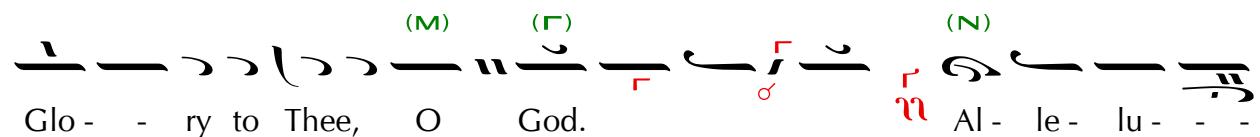

 will chant__ to__ my__ God  for as long__


 as I__ have my__ be - - - ing.  Glo - ry to__ Thee,


 the__ God - - - head__ of Three Hy - - - pos - - - ta -


 - - - ses:  Fa - - ther, __ Son, and Spir - - - it;  Thee__ do


 we__ wor - - - ship__ and glo - - - ri - - - fy. 


 Glo - - ry to Thee, O__ God.  Al - le - lu - - -


 - - i - - - - a.
y
d

Verse #7

Ἡδυνθείη αὐτῷ ὁ

May my words be sweet un - to Him ⁶ and I will
 re - joice in the Lord. Glo - ry to

Thee, O Be - gin - ning - less Fa - ther.

Glo - ry to Thee, O Co - Be - gin - ning - less

Son. ⁶ Glo - ry to Thee, O Ho - ly Spir - it, one

with Them in es - - - - - sence and

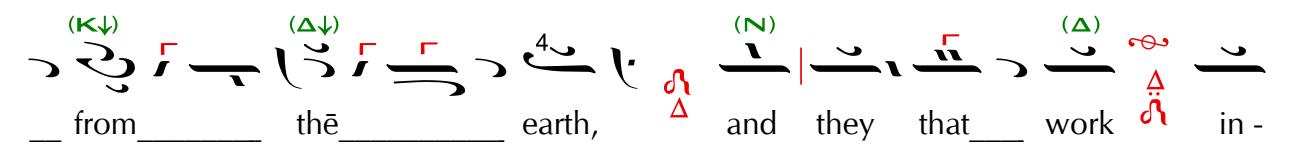
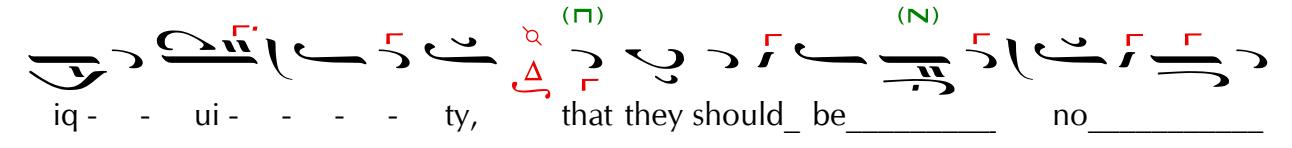
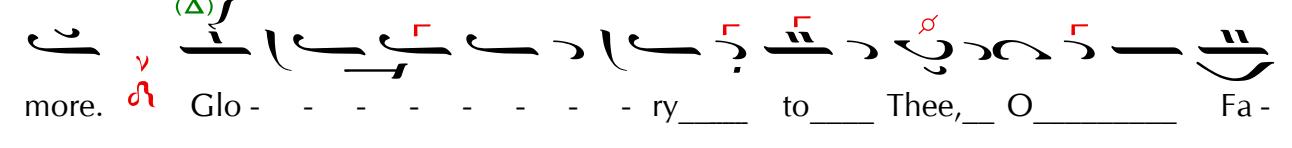
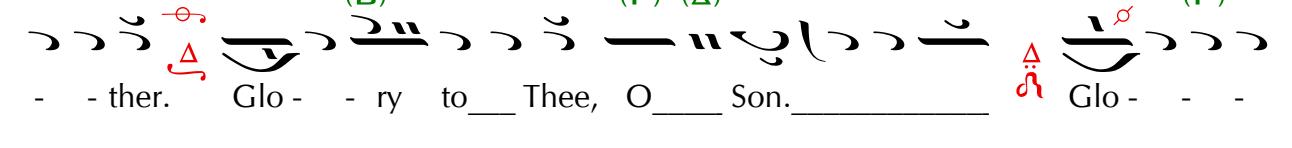
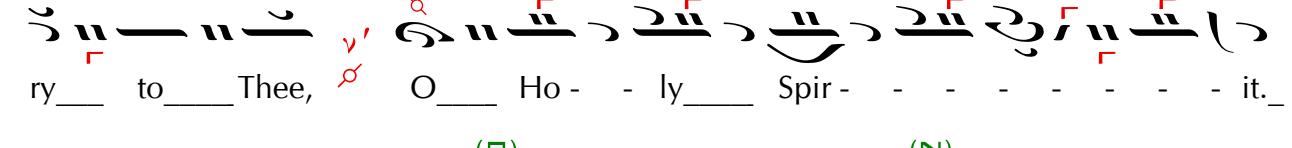
in throne. O Ho - ly Trin - i - ty, glo -

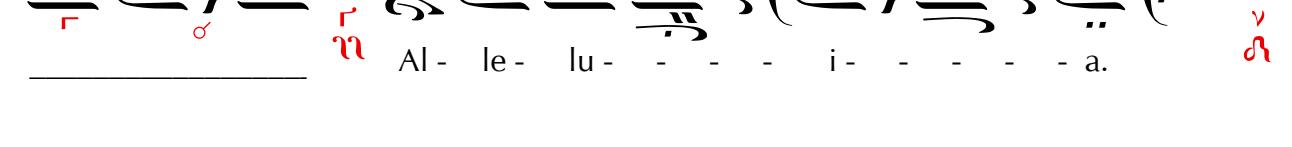
ry to Thee. Glo - ry to Thee, O God.

Al - le - lu - i - a.

Verse #8

'Εκλείποιεν ἀμαρτωλοί 

O 
 that sin - - - - - ners 
 from the earth, and they that work in -

 iq - ui - ty, that they should be no

 more. 
 Glo - ry to Thee, O Fa -

 ther. Glo - ry to Thee, O Son. 
 Glo -
 ry to Thee, O Ho - ly Spir - it.

 O Ho - ly Trin - i - ty, glo -

 ry to Thee. Glo - ry to Thee, O God.


Verse #9

Εὐλόγει ἡ ψυχή μου



Bless the Lord, O my soul. The sun_

know- eth his go- ing_

down. Thou ap- point- edst the dark- ness and

there was the night. Glo- ry to_

Thee, O Heav- en- ly King. Glo- _

ry to_ Thee, O Rul- er of_

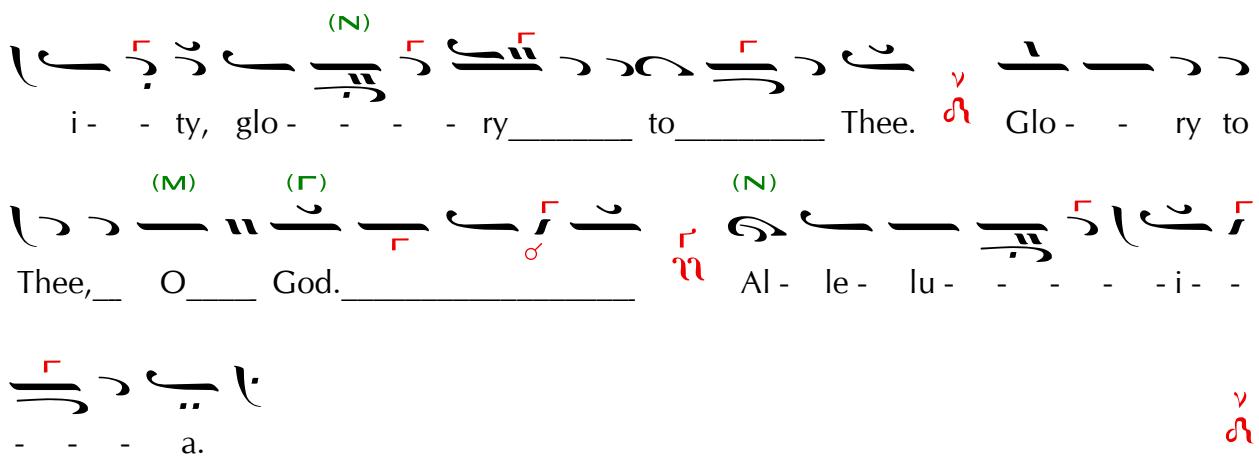
all, with the Son and Spir- it. Glo- _

ry to_ Thee, O God. Al- le- lu- i- a.

Verse #10

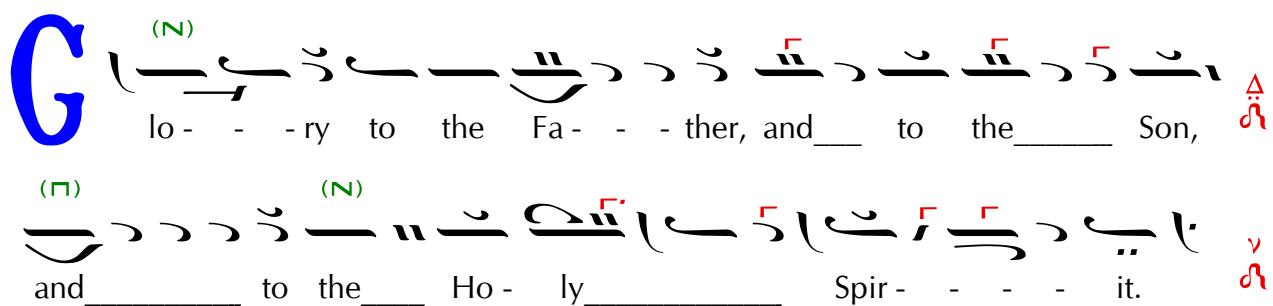
Ως ἐμεγαλύνθη 

How  mag -  ni -  fied  are Thy works,
 O  Lord!  in  wis -  dom hast  Thou  made 
 them  all.  Glo -  ry to  Thee,
 O  Un -  be -  got -  ten  Fa -  ther.  Glo -  -
 -  ry to  Thee,  O  Be -  got -  -  -
 - ten  O  Be -  got -  en  Son.  Glo -  -  ry 
 to  Thee,  the  Ho -  ly  Spir -  -  it,  Who 
 pro -  ceed -  est  from  the  Fa -  -  -ther,  and  rest -
 - est  in  the  Son.  O  Ho -  ly  Trin - 



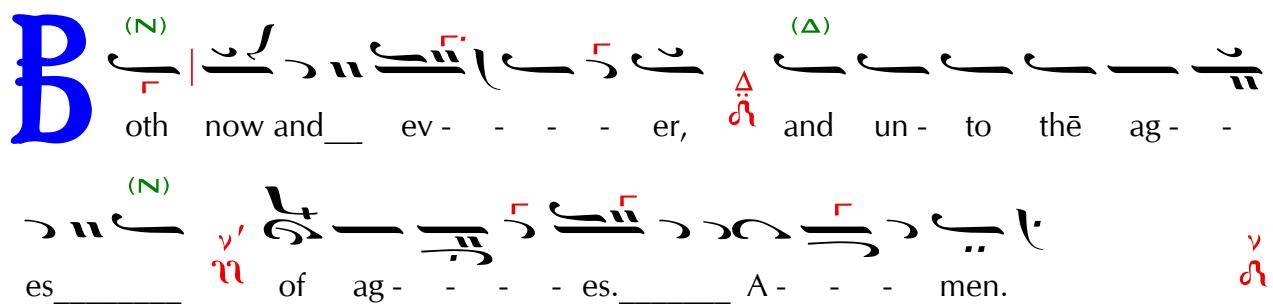
Glory...

Δόξα Πατρί



Both now...

Καὶ νῦν



Alleluia #1

'Αλληλούϊα



Α (Ν) Ι - le - lu - i - - a. Al - le - lu - i - - a. Al - le -

lu - i - - a. Glo-ry to Thee, O God. Al-le - lu - - - - i -

- - - - a.

Alleluia #2

'Αλληλούϊα



Α (Μ) Ι - le - lu - i - - a. Al - le - lu - i - - a. Al - le -

lu - i - - a. Glo-ry to Thee, O God. Al-le - lu - - - - i -

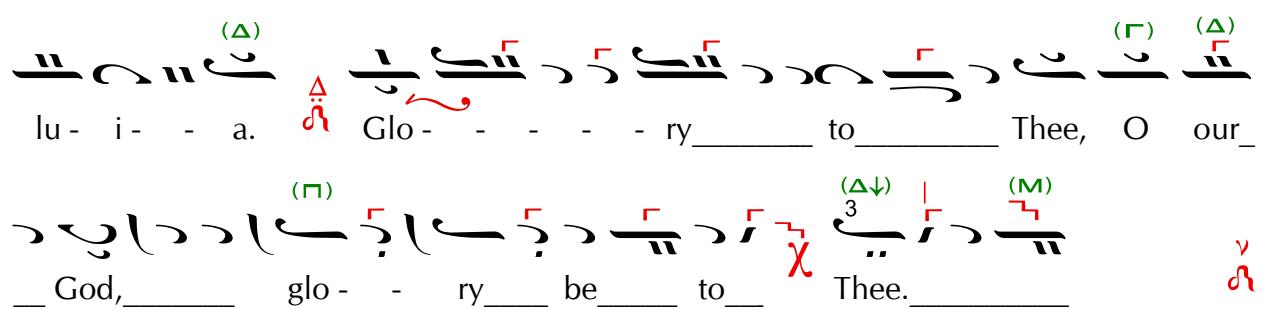
- - - - a.

Alleluia #3

'Αλληλούϊα



Α (Ν) Ι - le - lu - - i - - a. Al - le - lu - i - - a. Al - le -



THE LADDER OF DIVINE ASCENT



ΑΝΟΙΧΑΝΤΑΡΙΑ (CONCLUDING VERSES OF PSALM 103)

Plagal Fourth Mode

χ 96

adapted from the elaborate version by
Georgios Raidesenos the Archon Protopsaltis
of the Patriarchate of Constantinople (d. 1889)

Duration: 22:45

Intonation: #26

΄Hχος λ π ḫ Νη

΄Ανοίχαντός σου


(Μ) (Ν)
hen _____ Thou_ o - pen - - est Thy_ hand, _____ Ἄ
(Δ) (Ν) (Π) (Ν) (Π)
all _____ things _____ shall_ be_ filled with_ good - - - ness; _____ Ἄ when _____
(Ν) (Δ) 4 (Δ)
Thou turn - - est a - - way Thy_ face_ Ἄ they shall be _____

trou - - - - bled.   

 (d)  Glo - - 

 ry__ to Thee, _____ O_____ God. _____ 

Verse #2

'Αντανελεῖς τὸ πνεῦμα

T

 (N) hou wilt take _____ their_ spir - - - it, and they shall _____

 (M) and un - to _____ their_____ dust shall_ they _____

 re - - - turn.   

 (n)  Glo - - ry__ 

 (P) to Thee, _____ O_____ God. _____ 

Verse #3

'Εξαποστελεῖς γράμματα

Thou wilt send forth Thy Spir- it, and they shall be cre- at- ed, and Thou shalt re- new the face of the earth. Glo- ry to Thee, O Ho- ly One. Glo- ry to Thee, O Lord. Glo- ry to Thee, O King. O Heav- en- ly King. Teh- neh-nah teh- neh-nah neh. Glo- ry to Thee, O God.

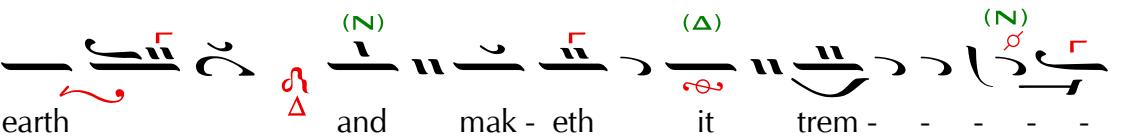
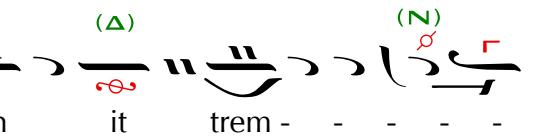
Verse #4

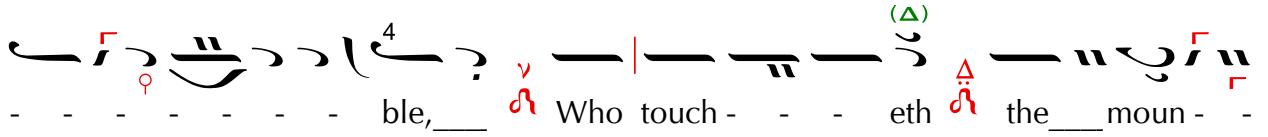
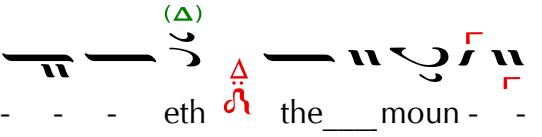
'Αντανελεῖς γ
Δ

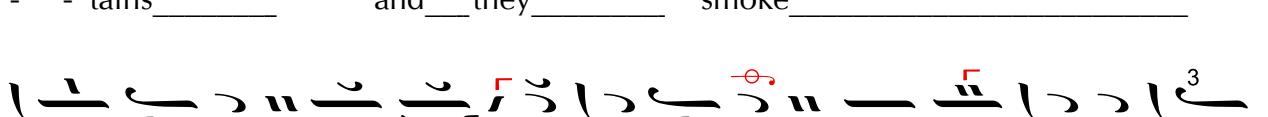
L et the glo- - ry _____ of _____ the _____ Lord be un -
 to the ag - - - es; the Lord will re - joice _____
 in His works. Glo - ry to _____
 _____ Thee, O Ho - ly One. Glo - - - - - - - - ry to Thee,
 _____ O Lord. Glo - - - - - ry to Thee, O
 _____ King, O Heav - - - - en - - ly King.
 Teh - - - - neh-nah teh - - - - neh-nah - - - - neh. Glo -
 ry _____ to _____ Thee, O God.

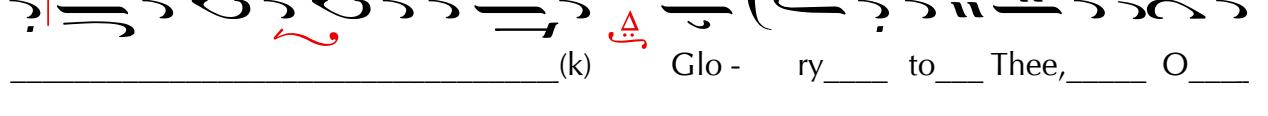
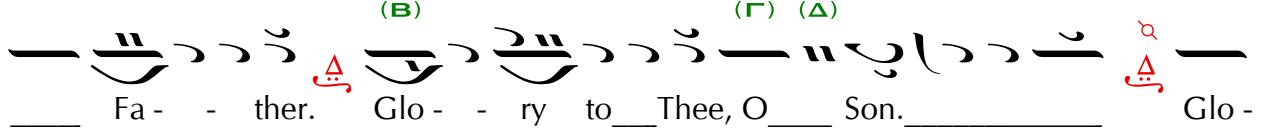
Verse #5

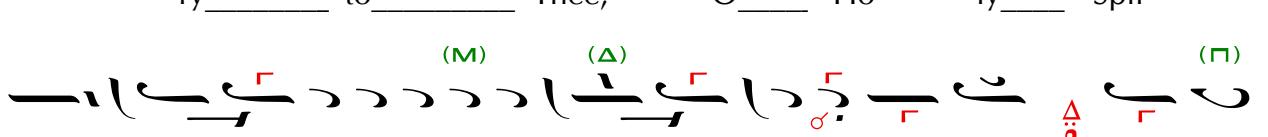
'Ο ἐπιβλέπων 

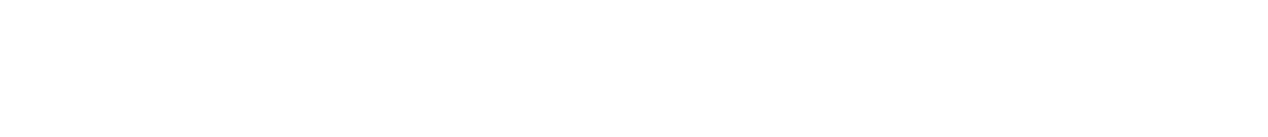
W — “ ho  look — eth  up — on  thē —

 earth  and mak — eth  it trem —

 ble,  Who touch — eth  the moun —

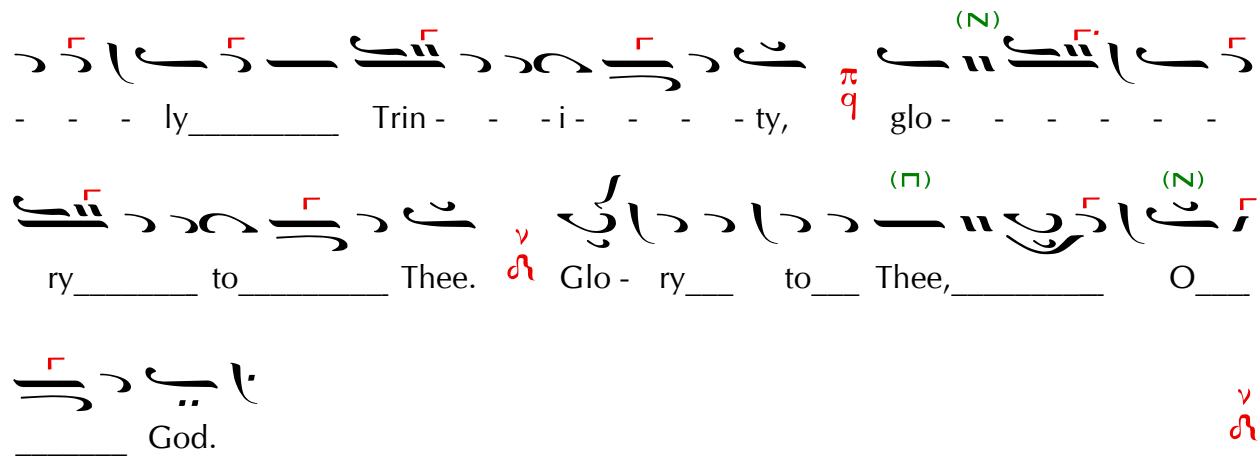
 tains  and they smoke

 and they smoke  and they smoke.

 Glo — ry to Thee, O  Glo —

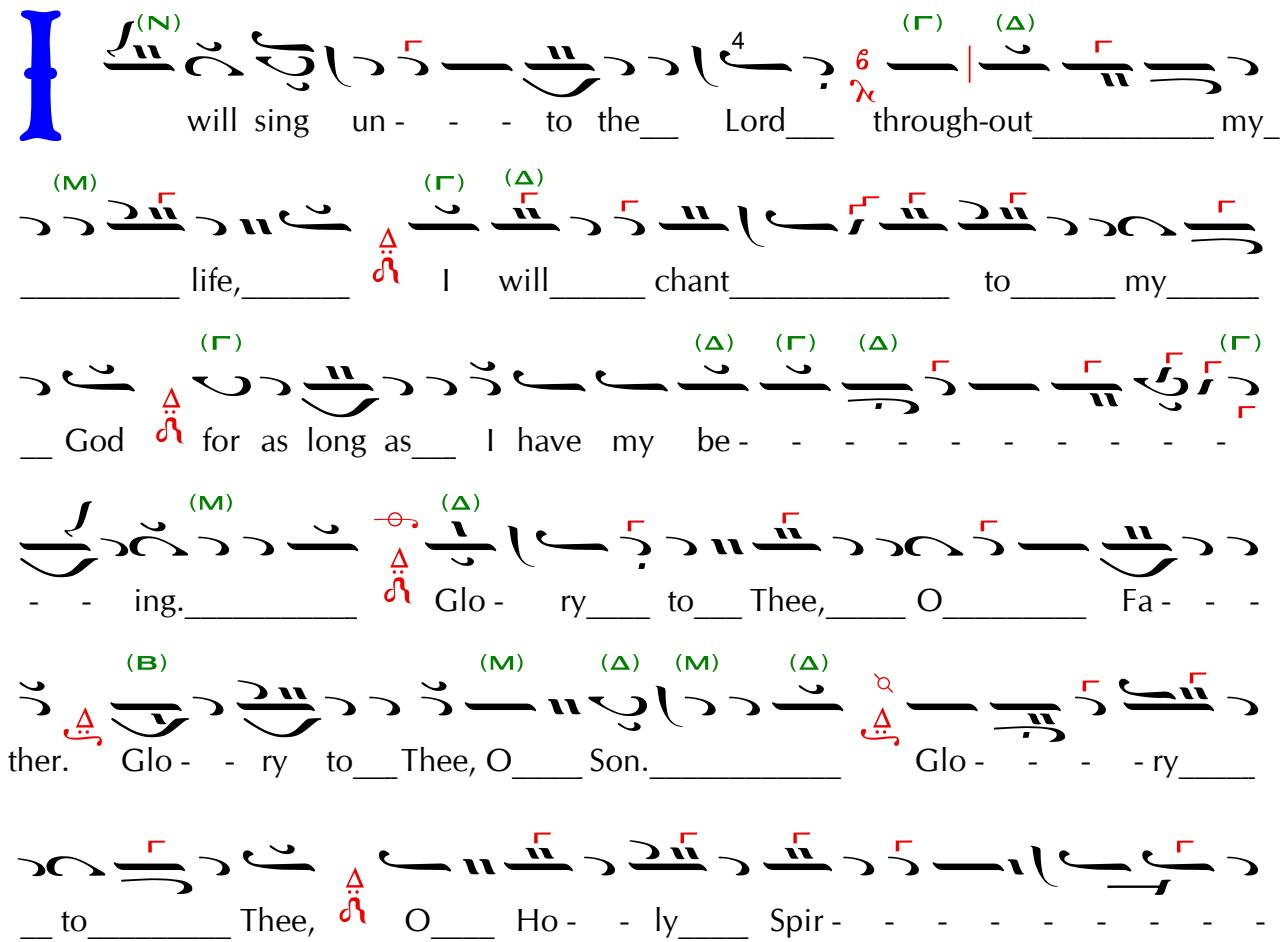
 ry to Thee, O Ho — ly Spir —

 it. O Ho —



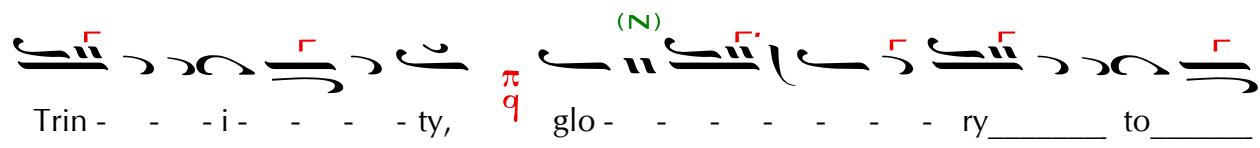
Verse #6

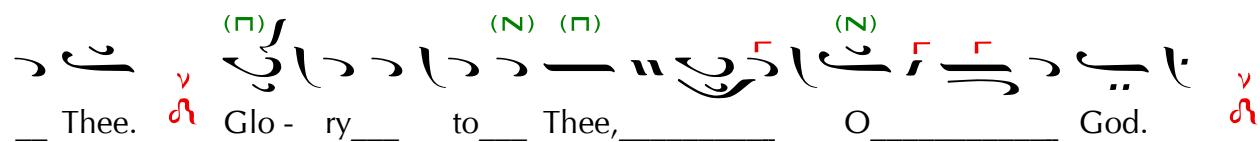
Ἄσω τῷ Κυρίῳ



(M) (Δ) (Π)

 - - - - - - - - (r)it. O Ho - - - ly _____

 (N)

 Trin - - - i - - - ty, π q glo - - - - - ry _____ to _____

 (Π) (N) (Π)

 _ Thee. Glo - ry _____ to _____ Thee, _____ O _____ God. π q

Verse #7

Ἡδυνθείη αὐτῷ

M (N)

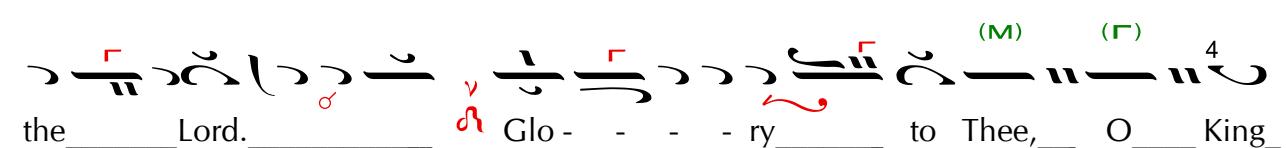
 ay my words _____ be sweet _____ un - to _____ Him _____

 (Δ)

 _____ and I _____ will _____ re -

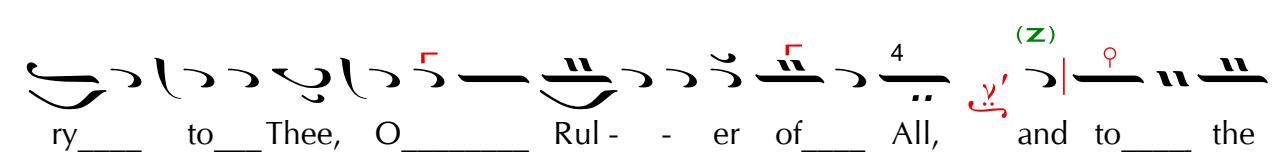
 (Π)

 - joice _____ I _____ will re - joice _____ π q in _____

 (M) (Γ)

 the _____ Lord. _____ Glo - - - - ry _____ to Thee, _____ O _____ King _____

 (N) (Γ) (Z)

 _____ (n) _____ O _____ Heav - - en - - ly _____ King. z' _____ Glo - -

 (Z)

 ry _____ to _____ Thee, O _____ Rul - - er of _____ All, z' _____ and to _____ the

Son **ε'** and to the Ho - ly Spir - it.

Glo - ry to Thee, O

God.

Verse #8

'Εκλείποιεν ἀμαρτωλοί

O that sin - ners would cease from the

earth, and they that work in - iq - ui - ty, that they

should be no more. Glo - ry

to Thee, the God - head the God -

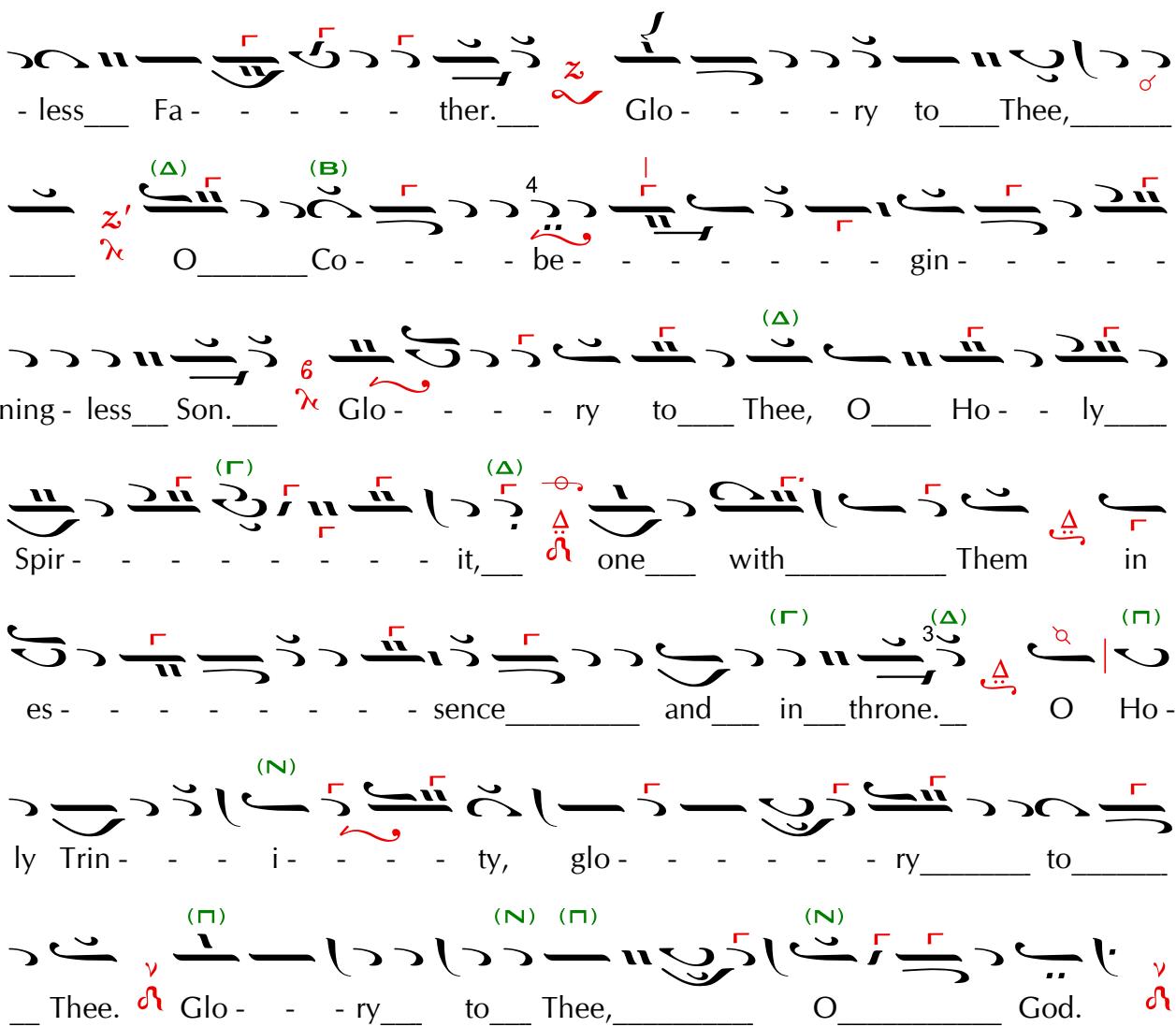
head of three Hy - pos -

(N) (Δ) (N) (Δ)
 - (s)ta - - - ses (n) Fa - ther, Son, and
 Spir - - - - - it; (B) Thee do we wor - - ship and glo - -
 - - - - - ri - - - fy. (Δ↓) Glo - - - - ry to Thee,
 (N) (N) (N) (N)
 O God. (Δ)

Verse #9

Εύλογει ἡ ψυχή μου

B less the Bless the Lord, O
 my soul. The sun know - - - eth
 his go - - - ing down. Thou ap - point - - -
 edst the dark - - - ness and there was the
 night. Glo - - ry to Thee, O Be - - gin - - - ning -


 - less__ Fa - - - - ther. __ Glo - - - - ry to__ Thee, __
 — z' (Δ) (B) 4
 — z' x O Co - - - be - - - - - - gin - - - - - -
 ning - less__ Son. __ x Glo - - - - ry to__ Thee, O__ Ho - - ly__
 Spir - - - - - - it, __ (Δ) one__ with__ Them in
 es - - - - - - sence__ and__ in__ throne. __ O__ Ho -
 ly Trin - - - i - - - ty, glo - - - - - ry__ to__
 — Thee. x (N) Glo - - - ry__ to__ Thee, O__ God. x

Verse #10

'Ως ἐμεγαλύνθη

How__ (N) (Δ) (N) (Δ) (N) 4
 — mag - - - ni - fied are Thy works, O__ Lord! y' in
 wis - - - - - dom (N) (Δ) (N) them__

all. Glo - ry to Thee, O Un - be -

got - - - - - ten Fa - - - - - ther, O Be - got -

- - - - - ten Son. (n) Glo - - - - -

ry to Thee, the Ho - - - - -

- - - - - ly Spir - - - - - it,

- - - - - (t) Who pro - - - - - est from the

Fa - - - - - ther, from the Fa - - - - - ther, and rest - - est -

in the Son. O Ho - - ly Trin - - i -

ty, glo - - - - - ry to Thee.

Glo - - ry to Thee,

Glory...

Δόξα Πατρί

Both now...

Καὶ νῦν

Alleluia #1 and #2

'Αλληλούϊα



A (Ν) I - le - lu - - i - - a. Al - le - lu - i - - a. **β** Al - le -
γ
Δ lu - i - - a. **Δ** Glo - ry__ to__ Thee, O_____ God. **γ**

Alleluia #3

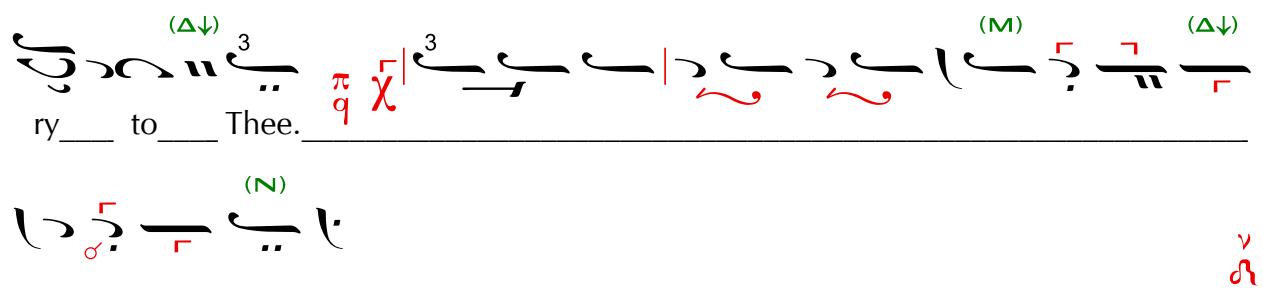
'Αλληλούϊα

A (Μ) I - le - lu - - i - - - a. **Γ** Al - le - lu - - - - -
Δ i - - - - a. **Δ** Al - le - lu - - - i - - - a. **Γ** Glo - - ry__
Δ
Γ to__ Thee, O_____ God. **γ**

Finale

'Η ἐλπὶς ἡμῶν

O (Γ) (Δ) our____ hope, (Π) (Δ) our____ hope, **Δ** 4 (Κ) O____
Δ
Δ Lord, O_____ Lord, glo - - - - -





ΑΝΟΙΧΑΝΤΑΡΙΑ (CONCLUDING VERSES OF PSALM 103)

Plagal Fourth Mode

χ 76

adapted from the very slow version by
St. John Koukouzeles (early 14th century)
as abbreviated by Hourmouzios Hartophylax (1780-1840)

Duration: 15:00

Intonation: #26

Ὕχος λαὸς Νη

Ανοίξαντός σου



(N) (Δ↓) 3 4 (N) |
hen Thou _____ o - - - - pen - -

(Π) 4 |
- - est Thy hand _____ Thy _____ hand, _____

(Κ↓) (M) (N) |
_____ π ρ 4 |
ρ all things _____ shall, _____ all things shall

be filled _____

with good - - - - -

ness with good - - - - -

ness. Glo - - - - ry to Thee,

O God, _____

O God. _____

Verse #1b

'Αποστρέψαντος

W hen Thou turn - est a - - way _____

Thy face Thy face they shall

be trou - - - - - bled,

they shall be trou - - - - - bled.

Glo - - - - ry to Thee,

O our God,

O God.

Verse #2a

'Αντανελεῖς τὸ πνεῦμα

Thou wilt take their spir - - - - - it,

Thou wilt take

their spir - - - - -

it, and they shall and they shall

cease. _____

(neh) glo - - - ry to Thee, _____

Fa - - - ther; glo - - - ry to Thee, _____

O Son; glo - - - ry to Thee, _____

O Ho - - - - - ly Spir - - - it. Glo - - - ry

glo - - ry to Thee. _____

Verse #2b

Καὶ εἰς τὸν χοῦν

And un - to their dust to their

dust and un - to their dust

(M) π σ

(st) shall _____ they _____

shall σ 6 θο

they _____ shall _____ they re - turn.

(N) 3

Glo - - - ry _____ (neh)

σ

glo - - - ry to _____ Thee, _____ O _____

(B) σ

Fa - - - ther; _____ σ 6
glo - - - ry _____ to _____ Thee, _____

(M) q x

O _____ Son; _____ glo - - - ry to Thee, _____ O _____

(Γ) 4

Ho - - - - - ly _____ Spir - - - it. _____ Glo - - -

(Δ)

ry _____

σ

glo - - - ry to _____ Thee. _____

A common practice on the Holy Mountain today is to continue with verse #3 of the Anoixantaria of Phokaeus on page 421.

Verse #3a

Ἐξαποστελεῖς



adapted from version by Georgios Panaretos (14th century)
as abbreviated by Hourmouzios Hartophylax

T hou wilt send forth_ Thy Spir - - - it, and they_

— shall be cre - at - - ed, (n)

Ah - - - - - - - - - - - - neh - - neh - nah - - nah neh -

ah - neh - - - - - - - - - - - - - - - - nah -

neh nah - - - - - - - - - - - - - - - - - - - - - -

neh - - nah - - - - - nah - - neh Glo - - - ry -

glo - - ry to Thee, O God.

(N)

Verse #3b

Καὶ ἀνακαινιεῖς



Α (Μ) ³
nd Thou shalt re - new _____ the____ face____ of____
 (Δ↓) (Ν)
 the ____ earth _____ of ____ the ____ earth. _____

(Ν)
 Nah - - - - - - - - - - - - - - - - - - - - - - - - - - - - - -
 (Δ↓) (Ν)
 nah ____ neh ____ Nah - - - - - - - - - - - - - - - - - - - - -
 (Π)
 ah - neh - - - - - - - - - - - - - - - - - - - - - - - - - - - -
 (Ν)
 - - nah - - - - - - - - neh _____ Nah - - - - - - - - - - - - - -
 (Π) (Κ↓)
 nah - - - - neh - - - - - - - - - - - - - - - - - - - - - - - - - -
 (Δ↓)
 - - - - neh - - nah - - - - - nah - - neh _____ Glo - - - -
 (Ν)
 ry _____ glo - - ry to Thee, O _____ God.
 (Δ↓) (Ν)

Continue with verse #4 on page 422 or 435.



ELABORATE FINALE FOR ΑΝΟΙΧΑΝΤΑΡΙΑ*

Plagal Fourth Mode

χ 70

Duration: 10:00

Intonation: #26

Ἄχος πᾶς οὐ Νη

Πάντα ἐν σοφίᾳ... Δόξα Πατρί


(N) | (Δ↓) | (N) | (4) | (N) | (4) | (M) |

n wis - - - - - - - - dom _____ in ____ wis -
 dom _____ hast Thou ____ made _____ them all _____

*Note: To chant this elaborate finale for the Anoixantaria, the words "in wisdom hast Thou made them all" are omitted from the tenth verse of the Anoixantaria, and then instead of proceeding to the following verse "Glory to the Father...", the finale beginning on this page is chanted.

Thou made them all. (n) _____
 Glo-ry to the Fa-ther, and
 to the Son, and
 to the Ho-ly Spir-it the Ho-ly
 Spir-it Ho-ly Spir-it.
 ——————

Second Choir:

Καὶ νῦν... Ἀλληλούϊα

B oth now and ev-er, and un-to
 the ag-es

(M) (N) ⁴ (Δ↓) (N)

 of _____ ag - - (n) - - - - - - - - es. _____

(Π) (N) ⁴ (K↓)

 A - - men. Al - le - lu - - - - - - - Al -

(M) (N)

 le - - lu - - - - i - a. _____

⁴ (Π) (N)

 (n) al - le - lu - - i - a. (n) _____



First Choir:

'Αλληλούϊα

A (N) ³ (Π)

 I - - - - - - - - le - - - - - - lu - - - - - -

(N) (M) (N)

 - - - - i - a. _____ Glo - - - ry _____ to Thee,

(Π) (N) ⁴ (M)

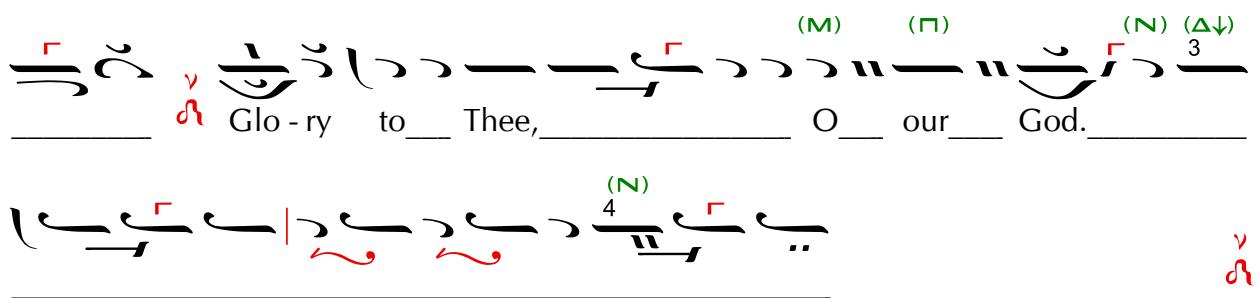
 O our _____ God, _____ O _____

(Δ↓) (M) (Π) ⁴

 our God. (n) _____ Al - le - lu - - - - - - -

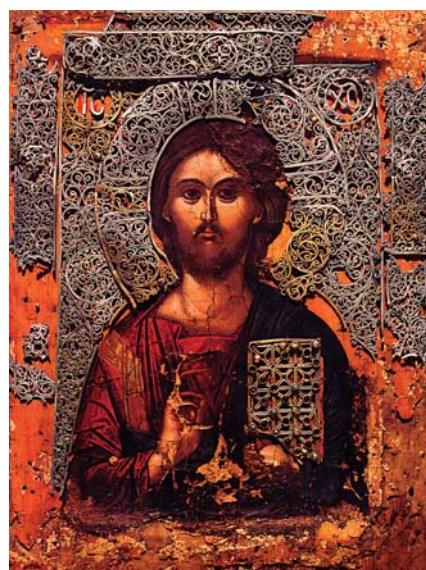
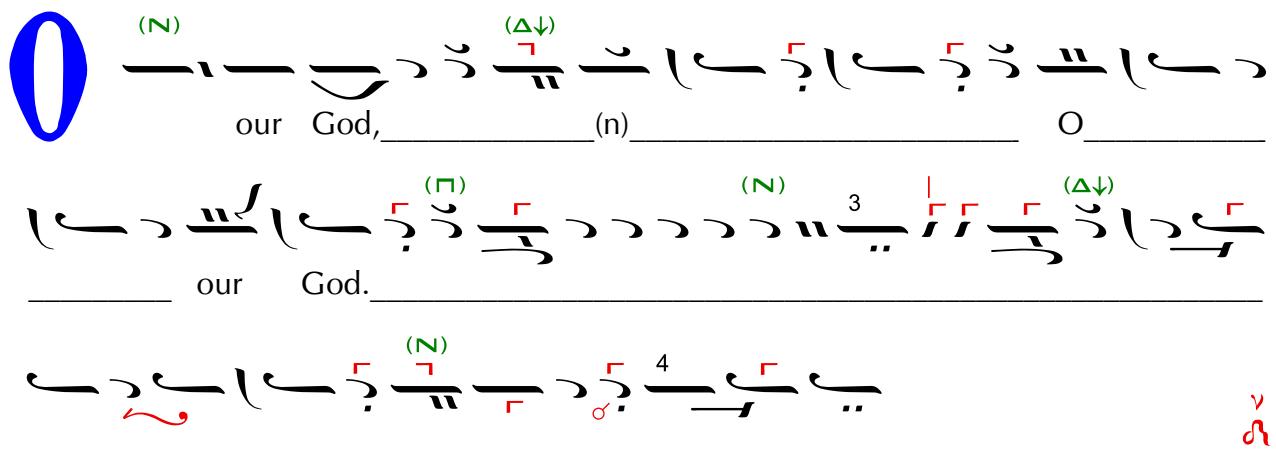
Second Choir:

'Αλληλούϊα



First Choir:

Ο Θεός





BLESSED IS THE MAN (PSALMS 1-3)

Long Version*

χ 96

Plagal Fourth Mode

Duration: 21:00

adapted from Petros Peloponnesios (d. 1777)
as abbreviated by Manuel the Protopsaltis (d. 1819)

Intonation: #26

Ὑχος πᾶς Νη

Μακάριος ἀνήρ



less - ed__ (N) is__ (M) the__ (N) man__ (M) that__ (N) hath__ (M) not__ (N) walked__ (M) in__ (N)
 the__ coun__ (N) - sel__ (M) - of__ (N) the__ un__ (M) - god__ (N) - - - - ly__ (M) 4 - nor__ (N) - stood__ (M)

* On the feast days of major saints and of the Mother of God (except for the Meeting in the Temple and the Annunciation), Psalms 1, 2, and 3 are read after the Litany of Peace (before "Lord, I have cried"). Instead of being read, they may be chanted with the traditional melody on this page, or with the briefer melody on page 471.

(d) in the way of sin - - - ners, nor sat_

in the seat of the pes - ti - - lent. Al -

le - lu - - i - - - a.

2 But his will is rath - - er in the law of

the Lord, and in His law will he med -

i - - tate day and night. Al - - le - lu - - - i - - -

a.

3 And he shall be like the tree which is plant -

ed by the streams of the wa - - - ters,

which shall bring forth its fruit in its sea - - - son;

and its leaf shall not fall,⁴ and all
 things what so ever he may do shall prosper.
 Al - le - lu - i - a.
 Not so are the un - god - ly, not so; but
 rath - er they are like the chaff which the wind doth hurl
 a - way from the face of the
 earth. Al - le - lu - i - a.

5 For this rea - son shall the un - god - ly
 not stand up in judg - ment, nor sin - - - hers
 in the coun - cil of the right - - - eous. Al - le - lu - i -

2 3 4 5 6 7 8

a.

6 For the Lord know - - - eth the way

of the righteous, and the way of the ungodly

- - - ly shall per ish. Al le lu - - - - i -

a.

7 Why have the hea - - - - - then raged,

and the peo - - - - - ples med i tat ed emp ty

things? Al le lu - - - - i - - - a.

8 The kings of the earth were a - - roused,

and the rul ers were as sem bled to geth er,

a - against__ the__ Lord, and_____ a - against_____ His_____ Christ.
 Al - - le - lu - - i - - - a.

9
 Let us break__ their_____ bonds_ a - - - - sun -
 - - - der, and let us cast a-way their yoke_____ from_____

us. Al - - le - lu - - - - i - - - a.

10
 He that dwell - - eth in the heav - - ens shall laugh_
 them to____ scorn, and the Lord shall_ de - - - - -

ride____ them. Al - - le - lu - - - - i - - - a.

11
 Then__ shall He____ speak____ un - to__ them in____
 His_ wrath, and in His an - - - - ger shall He trou - - -

BLE (N) ble them. AI - le - lu -

i - a. AI - le - lu -

12 But as for Me, I was es - tab - - lished as

king by Him, up - on Si - on, His ho -

ly moun - tain, pro-claim - ing the com -

mand - - ment of the Lord. AI -

le - lu - i - a. AI - le - lu -

13 The Lord said un - to Me: Thou art

My Son, this day have I be - - got - ten

Thee. AI - le - lu - i - a. AI - le - lu -

14 Ask of Me, and I will give Thee the na-

- tions for Thine in- her- i- - - - -

tance, and for Thy pos-sess- ion the ut- ter- - -

most parts of the earth. Al- le- lu- - - - -

(N)

i- - - - a.

15 Thou shalt herd them with a rod of i-

- ron; Thou shalt shat- ter them like

a pot- ves- sels. Al- le- lu- - - - -

i- - - - a.

16 And now, O ye kings, un- - - - -

der - - - - stand; ^v
be in - - struct - - - ed,⁴ [△]
all ye_

_ that_ judge_ the_ earth.^(Δ↓)
^(N) Al - le - lu - - - i -

a.

17 ^(Δ)
Serve_ ye_ the_ Lord [△]
with_ fear,^(N)

and_ re - joice_ in_ Him_ [△]
with trem - - - bling.[○] Al -

le - lu - - - - i - - - a.

18 ^(N)
Lay hold_ of in-struc - - - tion,[△]
lest_ at_ an -

- - y_ time the Lord be_ an - - - gry,[○]
and_ ye_ per - ish from_

the right-eous_ way.^(K↓) Al - - le - lu - - - i - - - a.

19 ^(N)
When quick - - ly His wrath_ be_ kin - - - dled,[○]
bless - - ed_

are all that have put their trust in Him.

Al-le-lu-i-a.

20 O Lord, O Lord, why

are they multiplied that afflict me?

Man-y rise up against me.

Al-le-lu-i-a.

21 Man-y say unto my soul: There is no sal-

vation for him in his

God. Al-le-lu-i-a.

22 But Thou, O Lord, art my help -

— — — — — (p)er, my glo — — — ry, **¶** and the lift — er —

(Δ) **(N)** up of my head. **χ** Al le — lu — — — i —

— — — a. **॥**

23 **(Δ)** I cried un — to the Lord **॥** **χ'** with my voice,

(Δ) and He heard me **॥** **Δ** out of His ho — ly moun — tain. **॥** **Al —**

le — lu — — — i — — — a. **॥**

24 **(N)** I laid me down **॥** and **॥** slept; **॥** **Δ** I a —

— — woke, **॥** **Δ** for the Lord will help me. **॥** **Al — le —**

lu — — — i — — — a. **॥**

25 **(N)** I will not be afraid **॥** **Δ** of ten thou — — — sands

25 of peo- - - - ple that set them - selves a - gainst _____ me △ ○

round _____ a - - - - bout. ○ Al - - - - le - - - lu - -

- i - - - - a. ○

26 A - rise, _____ O _ Lord, save _____ me, O my _____ God, △ ○ for

Thou _____ hast smit - - - - ten ○ all _____ who with - out_

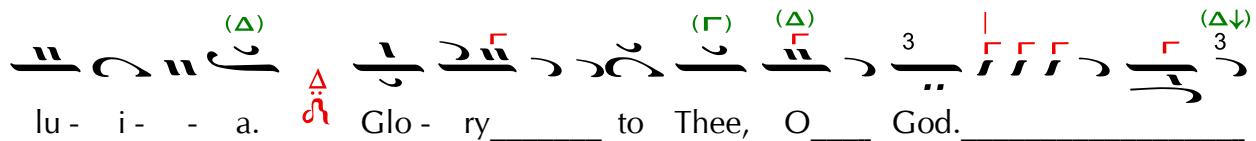
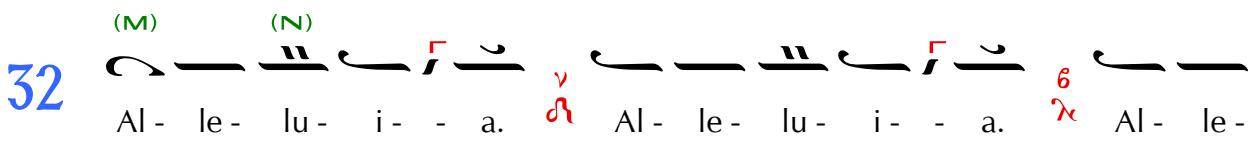
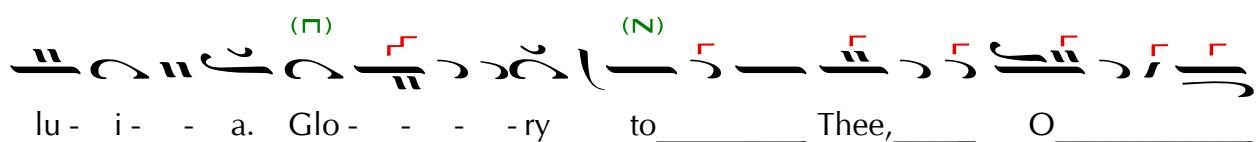
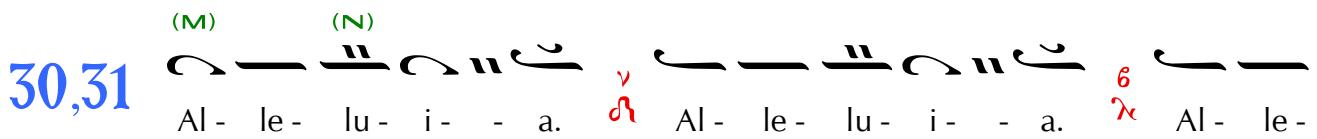
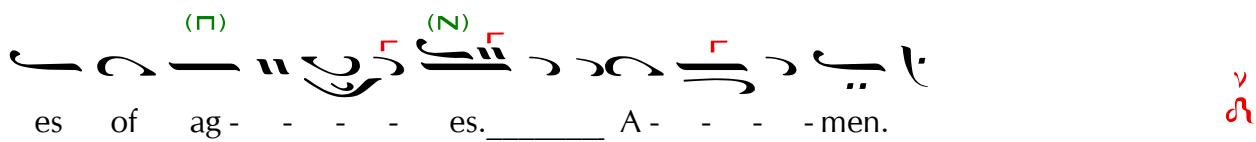
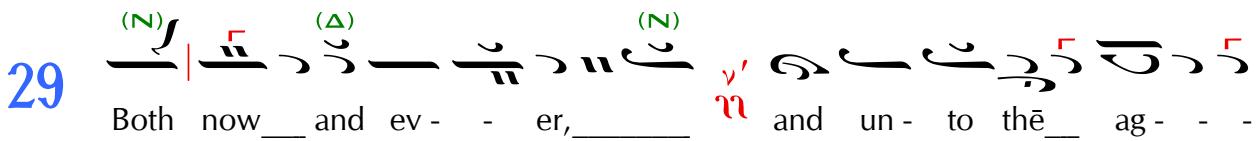
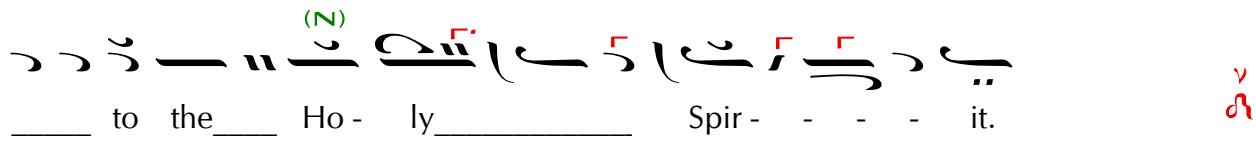
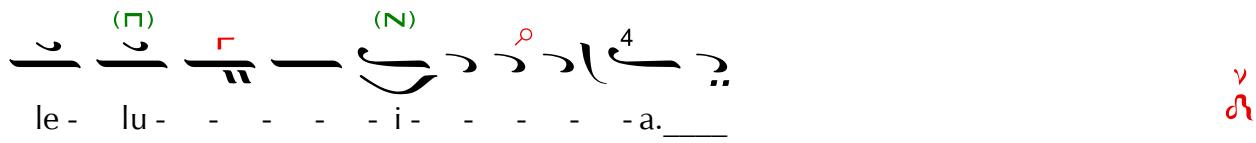
____ cause △ ○ are mine en - - e - - mies; ○ the teeth _____ of sin - -

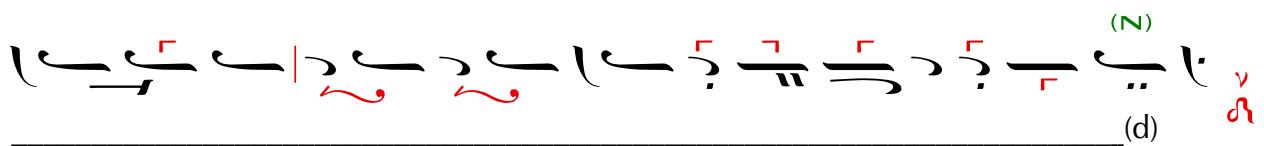
ners ○ hast _____ Thou bro - - - - ken. ○ Al - - le - lu - - -

i - - - - a. ○

27 Sal - va - - - - tion is _____ of the _____ Lord, △ and Thy bless-ing _____ is_

up - on Thy _____ peo - - - - ple. ○ Al - -





SAINT GREGORY PALAMAS



॥

BLESSED IS THE MAN (PSALMS 1-3)

Brief Version

χ 180

Plagal First Mode

Duration: 6:30

adapted from Hieromonk Gregory
of Simonos Petras Monastery

Intonation: #14

Ἄγιος ἡ πᾶν Πατέρας

Μακάριος ἀνήρ



(Π)
less - ed is the man that hath not walked in the coun - - sel of

the un - god - ly, (Δ) nor stood in the way of sin - ners, (Π) nor sat _____ in

the seat of the pes - ti - lent. Al - le - lu - - i - - a. π
q

2 But his will is rath - er in the law of the Lord, (Δ) and

in His law will he med - - i - tate day and night. Al - le - lu - - i -

- a.

π
q

3

And he shall be like the tree which is plant-ed by the streams

4

of the wa- - ters. Al - le - lu - - i - - a.

5

Which shall bring forth its fruit in its sea - son; and its leaf

6

shall not fall, and all things what - so - ev - er he may do shall pros - - per.

Al - le - lu - - i - - a.

π
q

5

Not so are the un - god - ly, not so; but rath - er they are like

6

the chaff which the wind doth hurl a-way from the face of the earth. Al -

le - lu - - i - - a.

π
q

6

For this rea - son shall the un - god - ly not stand up in judg - -

ment, nor sin- ners in the coun - cil of the right - - eous.[♂] Al - le - lu - -

i - - a.

7 For the Lord know-eth the way^(m) of the right-eous,[♂] and the

way of the un - god - - - ly shall per - - ish.[♂] Al - le - lu - - - i - -

a.

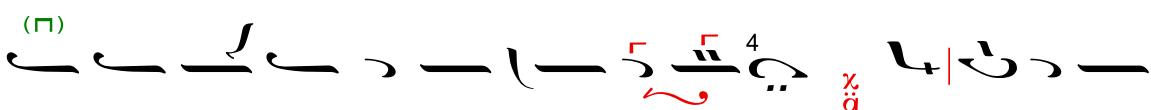
8 Why have the hea-then raged,[♂] and the peo-ples med - i - ta - ted emp-ty

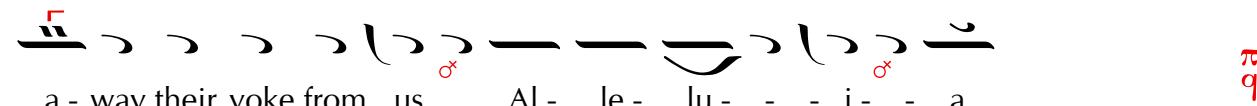
things?[♂] Al - le - lu - - - i - - a.

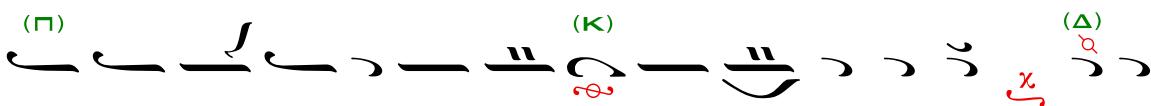
9 The kings of the earth^(m) were a - roused,[♂] and the rul - ers were

as - sem - bled to - geth - er, a - gainst the Lord,⁴ and a-against His Christ.³

Al - le - lu - - - i - - a.

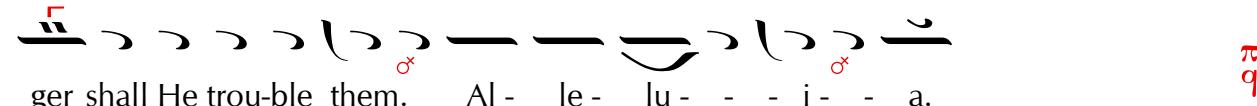
10 
 Let us break their bonds a - sun - - - der,  and let us cast

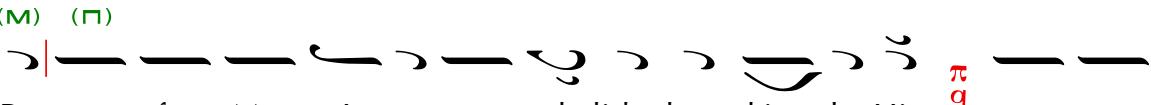

 a - way their yoke from us.  Al - le - lu - - - i - - a. 

11 
 He that dwell - eth in the heav - ens shall laugh them to scorn,  and the


 Lord  shall de - ride  them.  Al - le - lu - - - i - - a. 

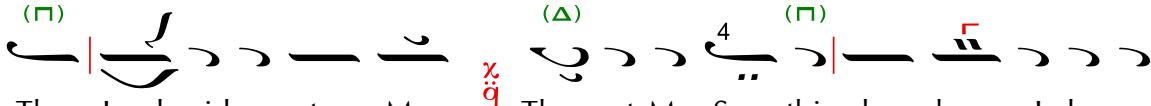
12 
 Then shall He speak un - to them  in His wrath,  and in His an -

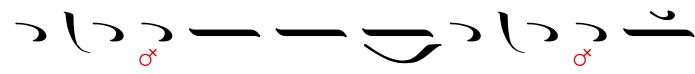

 ger shall He trou - ble them.  Al - le - lu - - - i - - a. 

13 
 But as for Me, I was es - tab - lis - hed as king by Him,  up - on

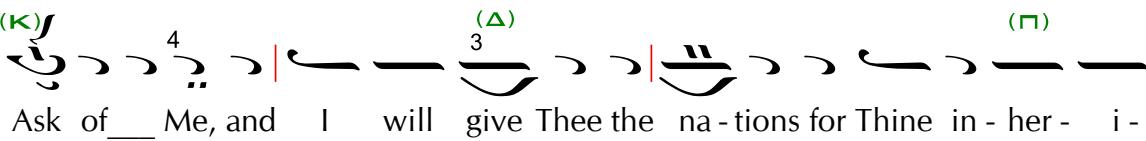

 Si - on, His ho - ly moun - tain, pro - claim - ing the com - mand - ment of the Lord. 

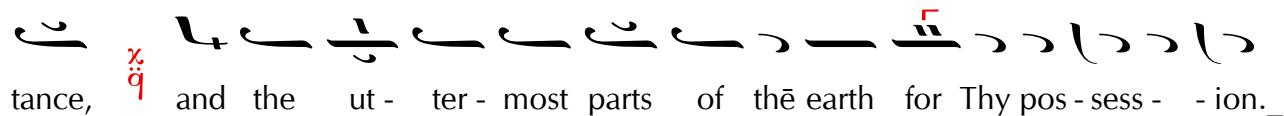

 Al - le - lu - - - i - - a. 

14 
 The Lord said un - to Me:  Thou art My Son, this day have I be - got -


ten Thee. Al - le - lu - - - i - - a.

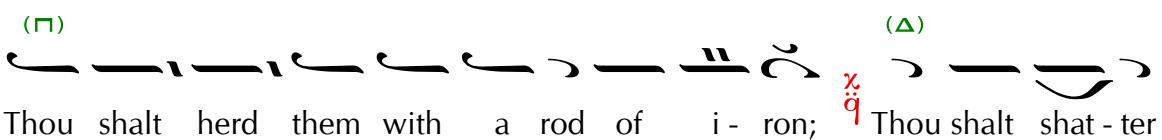
π
q

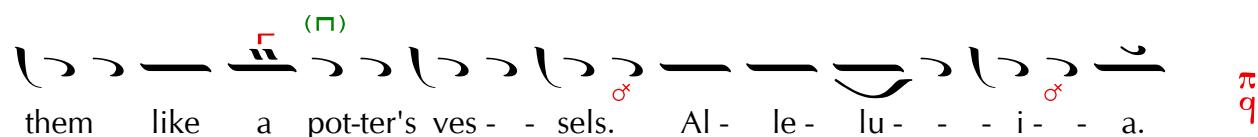
15 
Ask of Me, and I will give Thee the na - tions for Thine in - her - i -

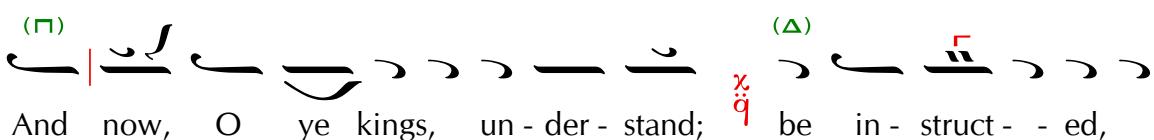

tance,  and the ut - ter - most parts of the earth for Thy pos - sess - - ion.

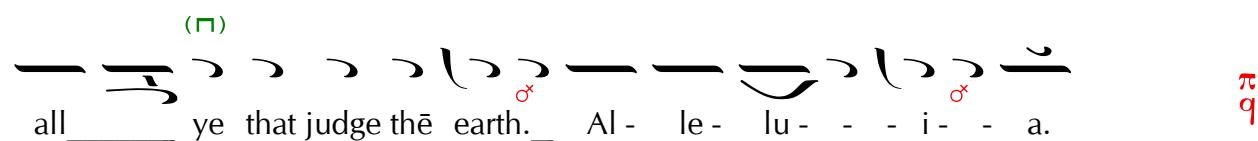

Al - le - lu - - - i - - a.

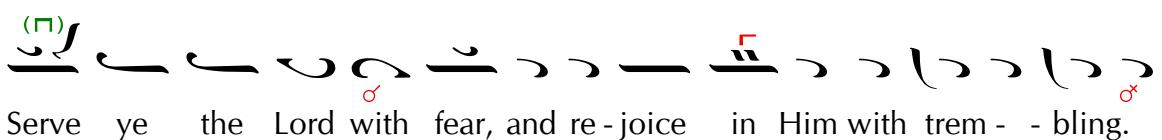
π
q

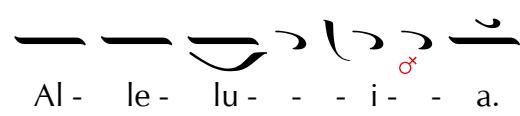
16 
Thou shalt herd them with a rod of iron;  Thou shalt shat - ter


them like a pot-ter's ves - - sels. Al - le - lu - - - i - - a.

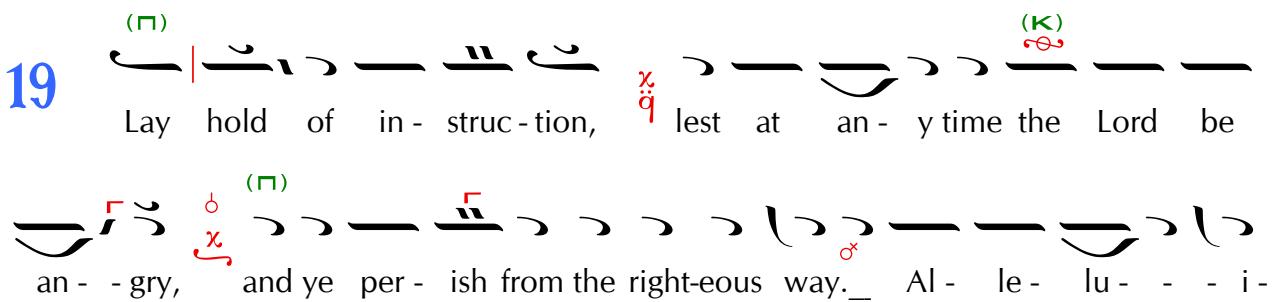
17 
And now, O ye kings, un - der - stand;  be in - struct - - ed,


all ye that judge the earth. Al - le - lu - - - i - - a.

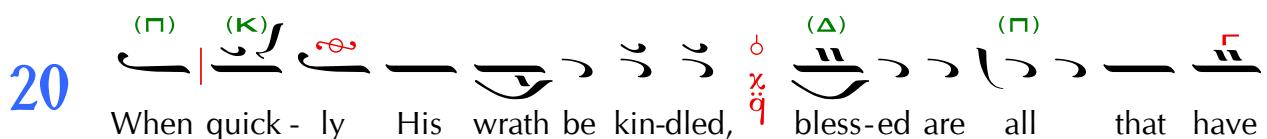
18 
Serve ye the Lord with fear, and re - joice in Him with trem - - bling.


Al - le - lu - - - i - - a.

π
q

19  Lay hold of in - struc - tion,  lest at an - y time the Lord be
an - - gry,  and ye per - ish from the right-eous way.  Al - le - lu - - i -

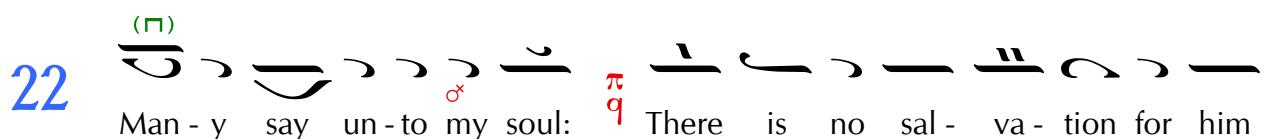


20  When quick - ly His wrath be kin-dled,  bless-ed are all  that have



21  O Lord,  why are they mul - ti-plied  that af - flict me?  Man - y rise



22  Man - y say un - to my soul:  There is no sal - va - tion for him



23  But Thou, O Lord, art my help - - er,  my glo - ry,  and the

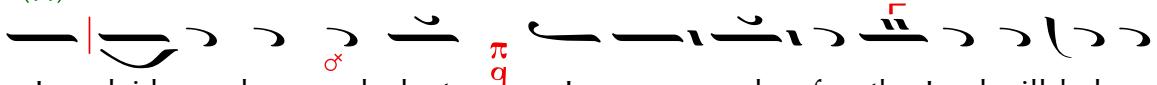
(Π)

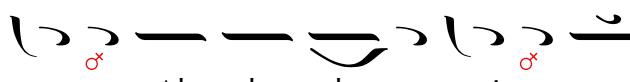
lift - er up__ of my head._ Al - le - lu - - - i - - a. π_q

24 (Κ) (Π)

I cried un - to__ the Lord__ with my voice, κ_q and He heard__


me out of His ho-ly moun - - tain._ Al - le - lu - - - i - - a. π_q

25 (Π)

I laid me down and slept; π_q I a - woke, for the Lord will help_


me._ Al - le - lu - - - i - - a. π_q

26 (Π)

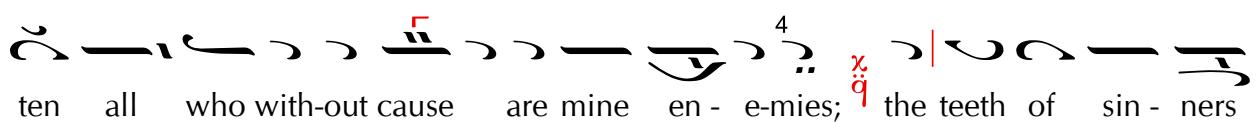
I will not____ be a - fraid κ_q of ten thou - - sands of peo -

- - - ple κ_q that set them-selves a-against me round a - bout._ Al - le - lu -


- - i - - a. π_q

27 (Κ) (Δ) (Π)

A - rise, O__ Lord, save me, O__ my God, κ_q for Thou hast smit -


ten all who with-out cause__ are mine en - e-mies; κ_q the teeth of sin - ners

- 27 hast Thou bro - - ken. Al - le - lu - - - i - - a. π
q
- 28 Sal - va - tion is of the Lord, and Thy bless - - ing is up - on (Π)
Thy peo - - ple. Al - le - lu - - - i - - a. π
q
- 29 Glo - ry to the Fa - ther, and to the Son, and to the Ho - ly Spir - (Π)
it. (Π)
- 30 Both now and ev - er, and un - to the ag - - es of ag - (Π)
- es. A - men. (Π)
- 31 Al - le - lu - i - a. Al - le - lu - - - i - a. Al - le - lu - i - a. (Π)
- 32 Glo - - ry to Thee, O God. (M)
- 33 Al - le - lu - i - a. Al - le - lu - i - a. Al - le - lu - i - a. (N) (Π)

Glo - ry to Thee O God, ⁴ ḥ ḥ our hope O Lord, glo - ry to Thee. ⁴ ⁴



π
q



SAINT NICHOLAS



LORD, I HAVE CRIED

Very Long Version*

χ 84

First Mode

Duration: 5:45 + 3:45

adapted from Iakovos the Protopsaltis (d. 1800)

Intonation: #1

Ὑχος ἦ Πα

Κύριε ἐκέκραξα



(Κ) (Π) (Μ)
 4 | — — — — — — —
 ord, _____ | _____ have cried _____

(Π) (Π) (Π) (Π)
 — — — — — — — —
 un - - to ___ Thee, _____ un -

* This very long version is frequently used in all-night vigils on the Holy Mountain and throughout Greece.

- - - - - to _____ Thee, _____ (n)

(M) (P) $\pi^3 q$ heark - - - - -

(M) (N) π (n) (P) π me; _____ (n)

(M) (N) (Z) (M) π en _____ un - -

(P) π^4 (N) (P) (Z) π^4 (n) (P) π O _____

Lord. _____ (n) $\pi^4 q$ Lord, _____

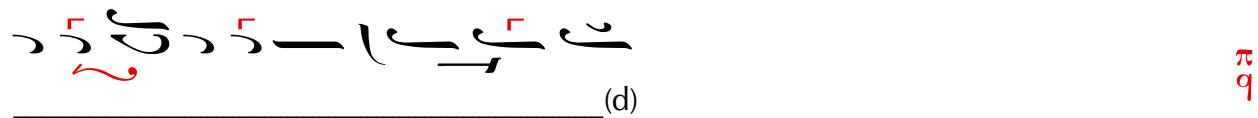
(P) (M) (P) $\pi^4 q$ have cried _____

un - - to _____ Thee, _____ (n) to _____

Thee, _____ (n) $\pi^3 q$ heark -

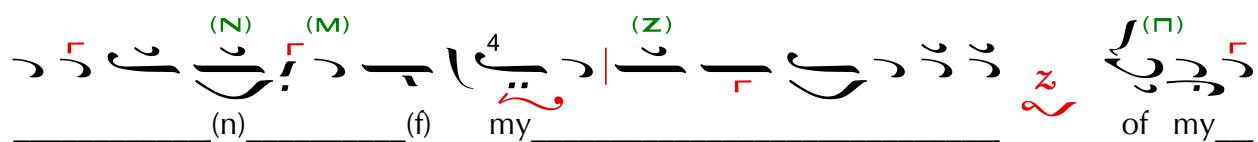
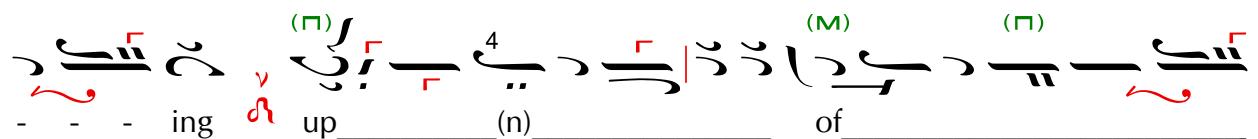
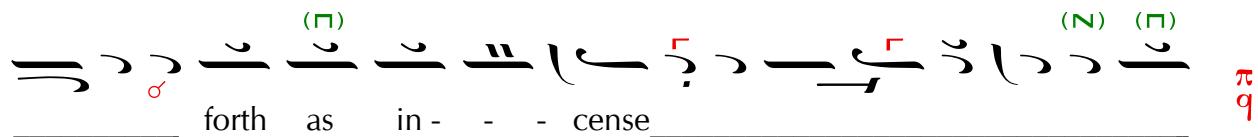
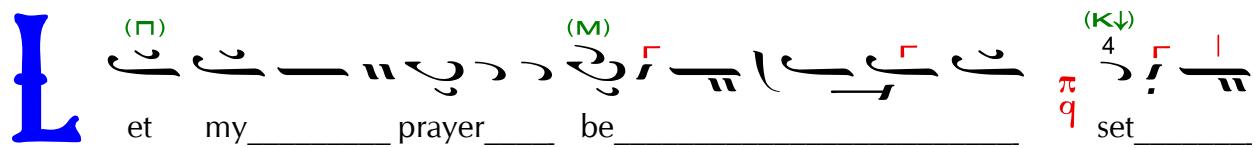
(N) (P) (M) (P) (N) π (n) (P) (N) π (n)

- - to me; (n) at - - - tend
 (z) at - tend π q to the voice
 (M) (n) to the voice
 of my sup -
 my sup - pli - ca - tion π q when
 (N) (n) cry un - to Thee
 un - to Thee: π q
 Heark - (n) - heark - en un - to me,
 (n) O Lord,
 (d) z O Lord. (n)



Let My Prayer

Κατευθυνθήτω



Continue on page 489
with psalm verses in triple meter.

If Paul—imprisoned, made fast in the stocks, and threatened with intolerable scourges—praised God along with Silas continually throughout the night (when sleep is most pleasant to everyone); and if neither the place, nor the hour, nor his anxieties, nor the tyrant's slumbers, nor the pain of his labors, nor anything else could bring him to interrupt his singing, so much the more ought we, who live pleasantly and enjoy God's blessings, to give forth hymns that express thanks to Him.

—St. John Chrysostom



LORD, I HAVE CRIED

Very Long Version*

χ 84

Plagal Second Mode

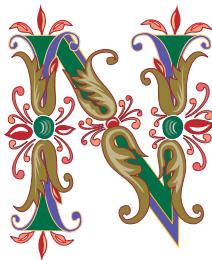
Duration: 5:45 + 3:45

adapted from Iakovos the Protopsaltis (d. 1800)

Intonation: #20

Ὑχος λιπταῖα

Κύριε ἐκέκραξα



(n)
eh_ Lord, _____

have_ (n) cried π un - - to Thee, _____

have_ cried un - - to _____

Thee, _____ π hear - - - - en _____

* This very long version in plagal second mode is also frequently used in all-night vigils on the Holy Mountain, because several feast days of the Lord and of the Mother of God begin with troparia in plagal second.

un - to me; un - - to me; me;

heark-en un - - to me, me;

O Lord. Lord,

I have cried;

un - - to Thee, I have cried;

un - - to Thee, Thee;

heark - - - - en un - to me;

un - - to me;

at - tend at - - - - tend;

to the voice of my sup - - - -

pli - ca - - - - - of my sup - - pli - - ca - - - -
 tion when I cry when I cry
 when I cry to Thee:
 Heark - en un - to me,
 O Lord, O
 Lord. π

Let My Prayer

Κατευθυνθήτω

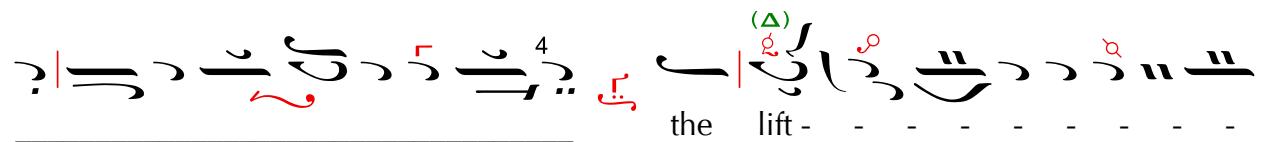
et my prayer be set forth
 set forth as in - - - - - - - - π



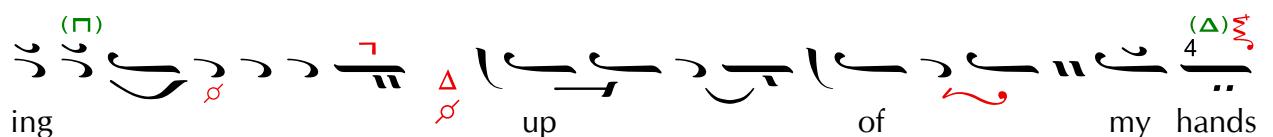
 cense be fore



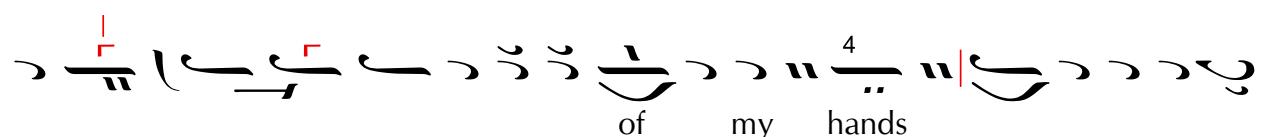
 be fore Thee,



 the lift-



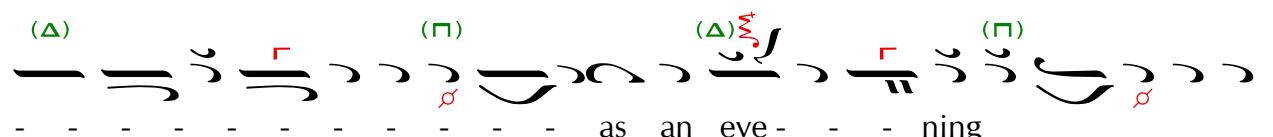
 ing up of my hands



 of my hands



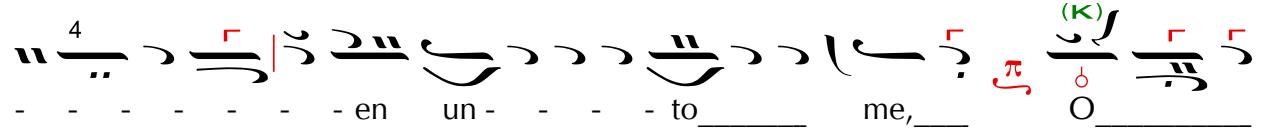
 as an eve- (n)-



 ning



 sac ri fice; heark-



 en un to me, o



 Lord, o Lord.



VERSES OF PSALMS 140, 141, AND 129

Triple Meter*

First Mode

145

adapted from Athonite melody

Duration: 5:30

΄Ηχος ḥ Πα

Θοῦ Κύριε


et, O Lord, a watch before my mouth,
and a door

of enclosure round about my lips.

2 Incline not my heart un - - to words of evil,
to

make ex - cuse with ex - cuses in sins,
π
q

* In contemporary Athonite practice, the verses of these psalms are chanted in triple meter following the "Lord I have cried" of an all-night vigil.

3 With men that work in - iq - - ui - ty;  and  will not

 join  with their cho - - - sen. 

4 The right - eous man will chas - ten me with mer - cy and  re - prove

 me; as for the oil  of  the sin - - ner,  let it not a - noint

 my head. 

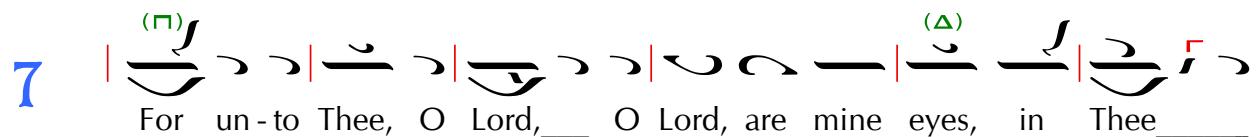
5 For yet more  is my prayer  in the pres - - ence of their pleas -

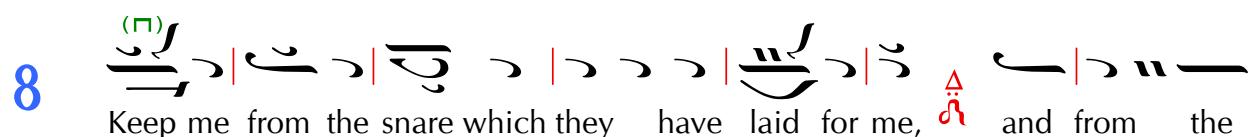
 - - - ures;  swal - - lowed up  near by the rock  have  their judg - -

 es been. 

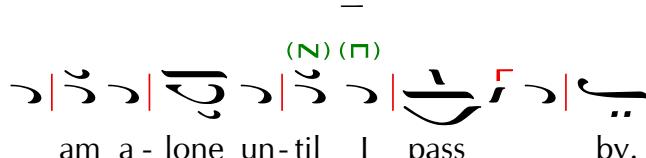
6 They shall hear my words, for they  be sweet - - ened;  as  a

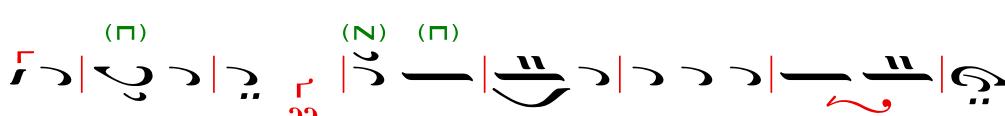
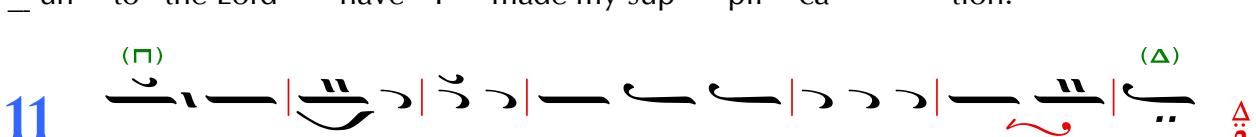
 clod  of earth  is bro - - ken up - on the earth,  so have  their


 bones_ been scat - - tered nigh_ un - to Ha - - - des. π_q
7 
 For un - to Thee, O Lord, O Lord, are mine eyes, in Thee ____
π_q


 have I hoped;  take_ not_ my soul_ a - way. π_q
8 
 Keep me from the snare which they_ have laid for me,  and from_ the
π_q


 stum - - bling-blocks of them that work in - iq - - ui - ty. π_q
9 
 The sin - - ners_ shall fall in - to their own_ net;  I ____
π_q


 _ am a - lone un-til I pass_ by. π_q
10 
 With my voice un - to the Lord have I cried,  with_ my voice_
π_q


 _ un - to the Lord  have I made my sup - - pli - ca - - - tion. π_q
11 
 I will pour_ out be - fore Him my sup - - pli - ca - - - tion, 
π_q

| mine af - flic - - tion be - fore ____ Him __ will I de - clare. △ ḥ

12 | When my spir - - it was faint-ing with - in ____ me, △ ḥ then Thou knew - - est ____ my paths. π q

13 | In this way where-in I have walked they hid ____ for me ____ a snare. π q

14 | I looked up - on my right _ hand, and be - held, △ ḥ and there was none ____ that did know ____ me. π q

15 | Flight ____ hath failed ____ me, △ ḥ and there ____ is none that watch - - eth out for my soul. π q

16 | I have cried ____ un - to Thee, O Lord; △ ḥ I ____ said: Thou

art__ my hope, my por- - - tion__ art Thou ¶ in the land__ of the

liv - - - ing. π q

17 At - tend un - to__ my sup - pli - ca - - - tion, Δ for I _____

am brought__ ver - - y low. π q

18 De - liv - er me from them that per - - se - cute____ me, Δ for they____

are strong - er than I. π q

*The following verses are chanted in triple meter
only when there are fewer than ten troparia.*

19 Bring my soul out of pris - - on Δ that I may__ con - fess__

Thy Name. π q

20 The right-eous shall wait pa - - tient - ly for me un - til __ Thou

shalt__ re - ward____ me.

21 Out__ of__ the depths__ have I cried__ un - to Thee, O

Lord;__ O Lord,__ hear__ my voice.

22 Let Thine ears__ be at - ten - tive to the voice of my sup -

- pli - ca - - - tion.

The book of psalms uproots the passions
with a certain melodic enjoyment
and a delight that instills
pure thoughts.

—St. Basil the Great



॥

VERSES OF PSALMS 140, 141, AND 129

Triple Meter

Plagal Second Mode

χ 145

adapted from Athonite melody

Duration: 5:30

Ὑχος λιπα

Θοῦ Κύριε



et, O Lord, a watch be - fore my mouth, and a door

of en - clo-sure round a - bout my lips.

2 In - cline not my heart un - - to words of e - - - vil, to

make ex - cuse with ex - cus - - es in sins,

3 With men that work in - iq - ui - ty; and I will not

join with their cho - - - sen.

4 The right - eous man will chas - ten me with mer - cy and re - prove

me; as for the oil of the sin - - - ner, let it not a -

noint my head.

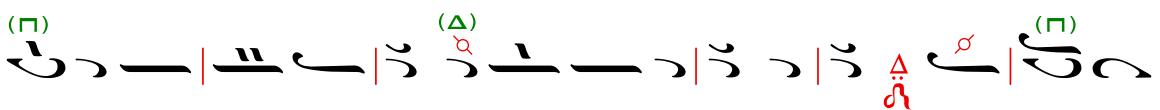
5 For yet more is my prayer in the pres-ence of their pleas - - -

ures; swal-lowed up near by the rock have their judg - es been.

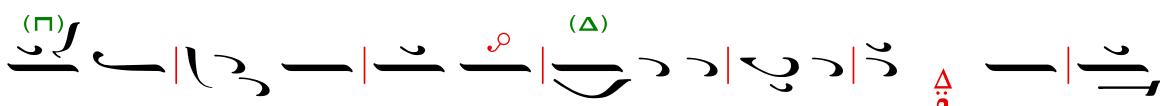
6 They shall hear my words, for they be sweet - ened; as a

clod of earth is bro - - ken up - on the earth, so have

their bones been scat - tered nigh un - - to Ha - - - des.

7 
For un - to Thee, O Lord, O Lord, _____ are mine eyes, in Thee have

I hoped; take _____ not my soul _____ a-way. 

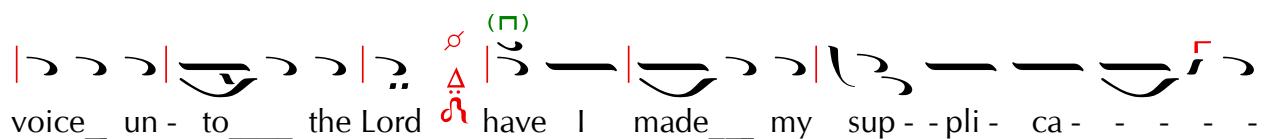
8 
Keep me from the snare which they _____ have laid for me,  and from

the stum - - bling-blocks of them _____ that work in - iq - - ui - ty. 

9 
The sin - - - ners shall fall in - to their own _____ net; 

 am a - lone _____ un - til _____ I pass _____ by. 

10 
With my voice un - - to the Lord _____ have I cried,  with my

 voice un - to the Lord  have I made my sup - - pli - ca - - - -

 tion. 

11  I will pour out be - fore  Him my sup - - pli - ca - -

- | ^(K) tion, ^(Δ) mine af - flic - - ^(N) tion be - fore ^(P) Him will I de - clare. ^(Δ)

12 When my spir - - it was faint - ing with - in ^(P) me, ^(Δ) then_

— | — Thou knew - est my paths. ^π

13 In this way where-in I have walked ^(P) they hid_ for me_ a

| — snare. ^π

14 I looked up - on my right_ hand, and be - held, ^(P) and there_

— | — was none ^(K) that did know me. ^π

15 Flight hath failed ^(P) me, and there is none that watch - eth out

— | — for my soul. ^π

16 I have cried ^(P) un - to Thee, O Lord; ^(K) ^{π'} I said: Thou_

— art my hope, (Π)
 my por - tion art Thou in_ the land of

the liv - - - ing. π

17 At - tend un - to my sup - - pli - ca - - tion, (Π) for I am

brought ver - - y low. π

18 De - liv - er me from them that per - - se - cute me, (Π) for

they_ are strong-er than I. π

The following verses are chanted in triple meter
 only when there are fewer than ten troparia.

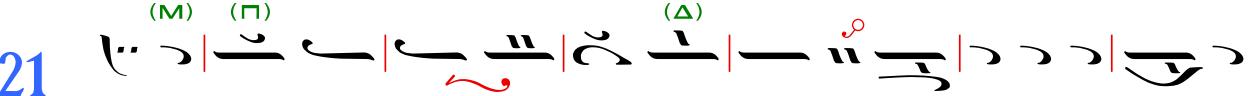
19 Bring my soul out of pris - - - on (Π) that I (Ν) may (Π) con - fess_

Thy Name. π

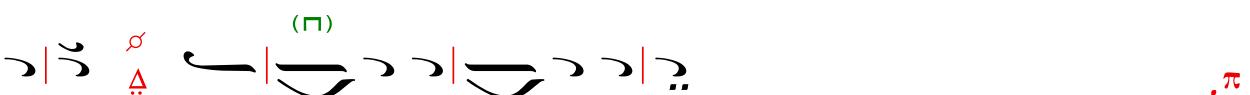
20 The right - eous shall wait pa - tient - ly for me (Π) un - til (Π)



 Thou shalt re - ward me. π

21 

 Out of the depths have I cried un - - to Thee, π



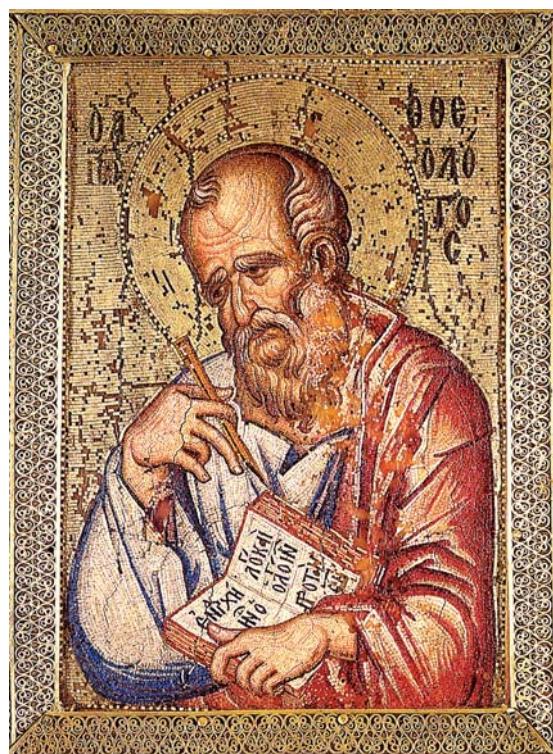
 O Lord; O Lord, hear my voice. π

22 

 Let Thine ears be at - ten - - tive to the voice of (N)



 my sup - - pli - ca - - - tion. π

ST.
JOHNTHE
THEOLOGIAN



O Joyous Light

Second Mode

χ 66

Duration: 2:15

Intonation: #4

adapted from version attributed to John Sakellarides*
as chanted on the Holy Mountain

Φῶς Ιλαρόν

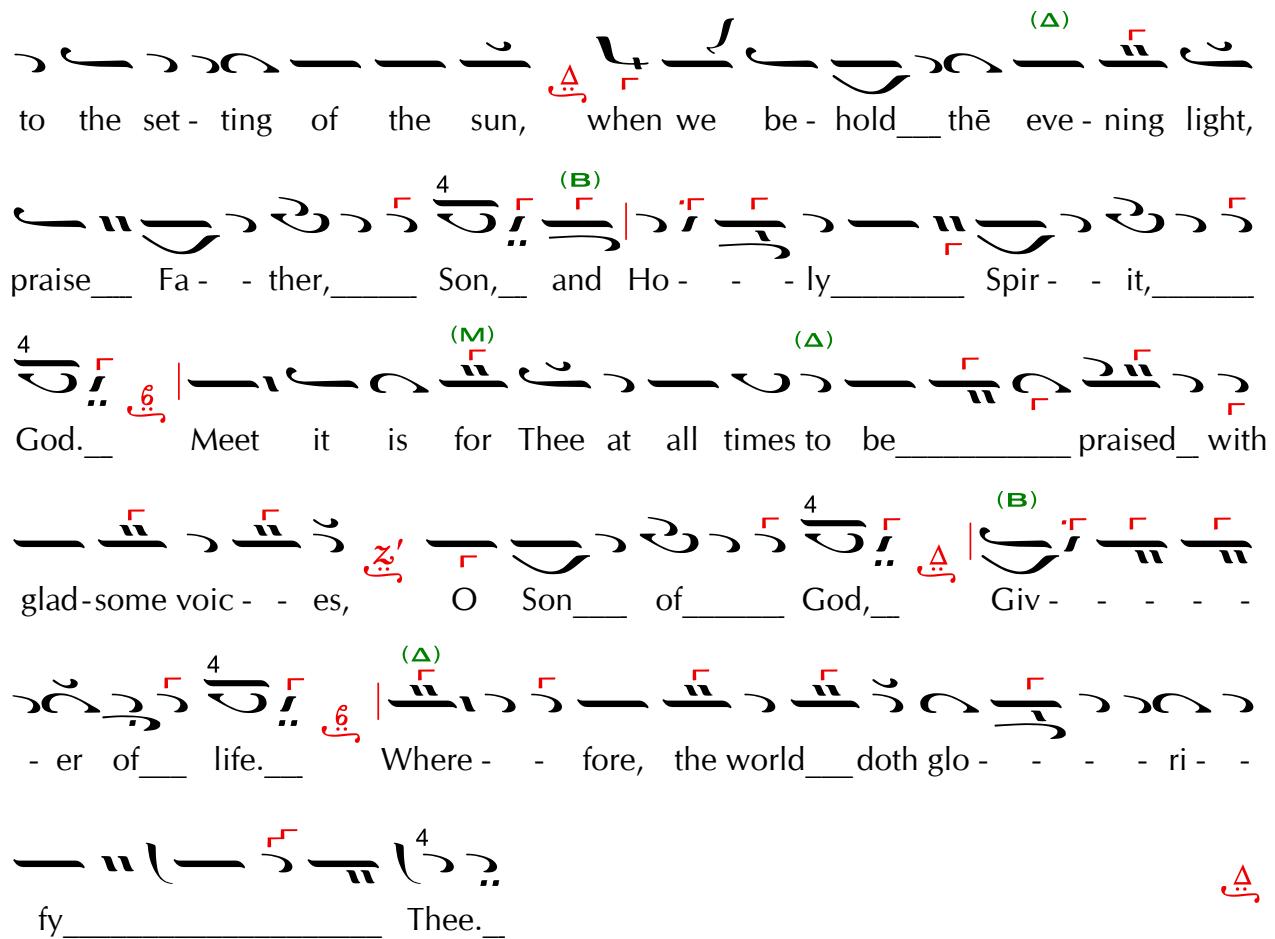


° Ηχος Δι
Φῶς Ιλαρόν

(Μ) (Β)
(Μ) (Δ) (Μ) (Δ)
(Β) (Μ)
(Μ) (Δ)

Joy - ous Light of the ho - ly glo - - - ry of the
 im - mor - tal, heav - - en - ly, ho - - - - ly, bless - ed Fa - - ther,
 O Je - - sus Christ: We that come

* It is said that John Sakellarides found this melody amongst other music manuscripts in Zakynthos. Although it is labelled as being a melody in second mode (due to its cadences on Di and Vou), it cannot be rightly considered a Byzantine melody, because it fails to follow the formulaic rules that genuine Byzantine music follows.


 to the set - ting of the sun, when we be - hold ^(Δ) the eve - ning light,
 praise ⁴ Fa - - ther, ^(B) Son, ^(M) and Ho - - ly Spir - - it,
 God. ^(Δ) Meet it is for Thee at all times to be praised with
 glad-some voic - - es, O Son of God, ^(B) Giv - - - - -
 - er of life. Where - - fore, the world doth glo - - - ri - -
 fy ⁴ Thee. ^(Δ)

A psalm consoles the sad, restrains the joyful, tempers the angry, refreshes
 the poor and chides the rich man to know himself. To absolutely all
 who take it, the psalm offers an appropriate medicine; nor
 does it despise the sinner, but presses upon him the
 wholesome remedy of penitential tears.

—St. Niceta of Remesiana



Ω JOYOUS LIGHT

Second Mode

χ 100

Duration: 2:15

adapted from Ancient Melody
as abbreviated by Socrates Papadopoulos

Intonation: #4

Ἄγαπη Χαρά

Φῶς Ήλαρόν



(M) οὐαὶ θεοῦ τοῖς ἁγίοις ἀνθρώποις
Joy - ous__ Light__ of__ the__ ho - - -

(B) εἰς τὸν κόσμον
ly glo - - - - ry of the im - - mor - - -

(M) οὐαὶ θεοῦ τοῖς ἁγίοις ἀνθρώποις
tal, heav - - - - en - - ly, ho - - - - ly, bless - ed__

(B) οὐαὶ θεοῦ τοῖς ἁγίοις ἀνθρώποις
Fa - - - - - ther, O Je - - - - sus Christ:__

(Δ) οὐαὶ θεοῦ τοῖς ἁγίοις ἀνθρώποις
We that come to the set - - - ting__ of__ the__ sun,__

(M) (Δ) (M)
when we be - hold the eve - ning

(B) (M) (Δ) (Γ) (B)
light, praise Fa - ther, Son, and Ho - ly Spir - - -

(M) (Δ)
- it, God. Meet it is for Thee at

(M) (B) (M) (Δ)
all times to be praised with glad - some voic -

(M) (Δ) (M) (B) (M)
- es, O Son of God, Giv - - - er

(M) (B) (M)
of life. Where - - - fore, the world

(Δ) (M) (Δ) (M)
doth glo - ri - fy Thee glo - ri - fy

(Γ) (Δ)
Thee.





॥

DAILY PROKEIMENA

Saturday Vespers

Second Mode

χοσ Ἀι

χ 180

Ο Κύριος ἐβασίλευσεν

T (M) (Δ) (B)
he Lord _____ is king; He is clothed with maj - es-ty.

6

Canonarch:

χ — — — — — — —
The Lord is clothed with strength and He hath girt Him - self.

Δ

Second
Choir:

χ (M) (Δ) (B)
The Lord _____ is king; He is clothed with maj - es-ty.

6

Canonarch:

χ — — — — — — —
For He es - tab - lished the world which shall not be shak - en.

Δ

First
Choir:

χ (Δ)
The Lord _____ is _____ king;

ζ'

Second
Choir:

(Δ) (B) (Γ) (Δ)
He is clothed with maj - - es - ty.

Δ

Sunday Vespers

Plagal Fourth Mode

χ 180

Ὑχος πᾶς Ἰη

Ιδοὺ δὲ εὐλογεῖτε

B (N) e - hold now, bless ye the Lord, Δ
 all ye ser - vants of
 the Lord. ρ (twice)

Canonarch:

χ Ye that stand in the house of the Lord, in the courts of
 the house of our God. Δ

First
Choir:

χ Be - hold now, bless ye the Lord, Δ

Second
Choir:

(N) 3 (Δ↓) | (M) ρ
 all ye ser - vants of the Lord. ρ

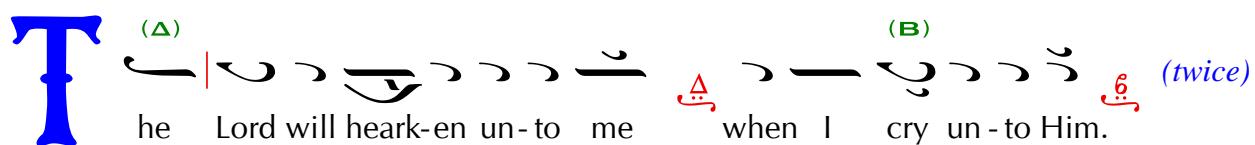
Monday Vespers

Fourth Mode

χ χος δι Δι

χ 180

Κύριος εἰσακούσεται μου



Canonarch:

χ When I called up-on Thee, O God of my right-eous-ness,

Thou didst heark-en un-to me.

First
Choir:

χ The Lord will heark-en un-to me

Second
Choir:

when I cry un-to Him.

Tuesday Vespers

First Mode

Ἄγαπε Κύριε

χ 180

Τὸ ἔλεός σου Κύριε

Thy mer - cy shall pur - sue me, O Lord, all the days of my

life.

Canonarch:

χ The Lord is my shep - herd, and I shall not want; ἀ in

a place of green pas - ture, there hath he made me to dwell. ἀ

First
Choir:

χ Thy mer - cy shall pur - sue me, O Lord, ἀ

Second
Choir:

3 4
all the days of my life.

π
q

Wednesday Vespers

Plagal First Mode

χ 180

Ὑχος ἀ ḥ ḡ Κε

Ο Θεὸς ἐν τῷ ὄνόματί σου

Ο

(Μ)

(Κ) God, in Thy Name_ save_ me, and in Thy strength do Thou judge

(Κ)

me.

Canonarch:

O God, heark - en un - to my prayer, give ear un - to the

words of my mouth.

First
Choir:

O God, in Thy Name_ save_ me,

χ ḡ

ν'

χ

Second
Choir:

and in Thy strength_ do Thou judge_ me.

Thursday Vespers

Plagal Second Mode

χ 180

Ἡχος Ἀττικὸς Βασιλείου

Ἡ βοήθειά μου

H (M) (Δ) (M) (B)
y help__ com - eth from_ the Lord, Who hath made__ heav - en and
the earth.
(twice)

Canonarch:

χ I have lift - ed up mine eyes to the moun-tains, from whence
com - eth my help.

First
Choir:

χ (Δ) (Δ)
My help com-eth from the Lord,

Second
Choir:

(M) (Δ) (M) (Γ) (Δ)
Who hath made heav- en and_ the earth.

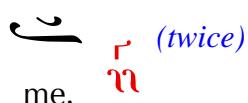
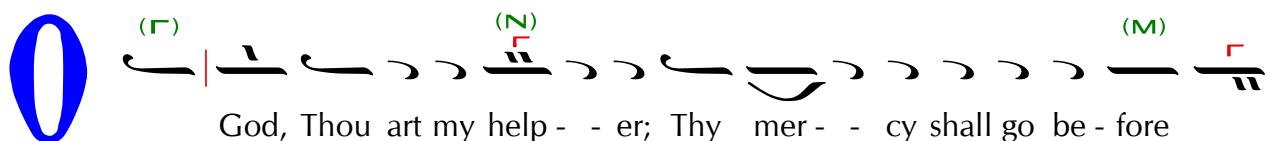
Friday Vespers

Grave Mode

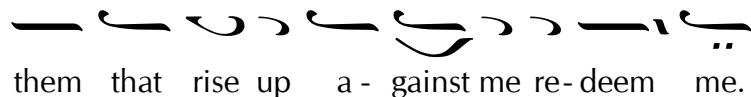
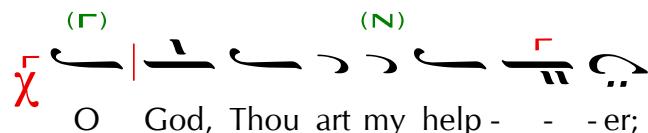
χ 180

Ὑχος βαρύς ω Γα

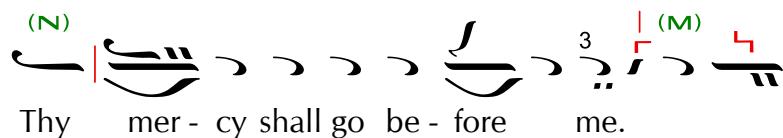
Ο Θεὸς ἀντιλίπτωρ μου εῖ



Canonarch:

First
Choir:

Δ Δ

Second
Choir:

Δ Δ



8

LENTEN PROKEIMENA

"Turn Not Away"

For Forgiveness Sunday and the
Second and Fourth Sundays of Lent

Plagal Fourth Mode

χ 48

Duration: 3:15

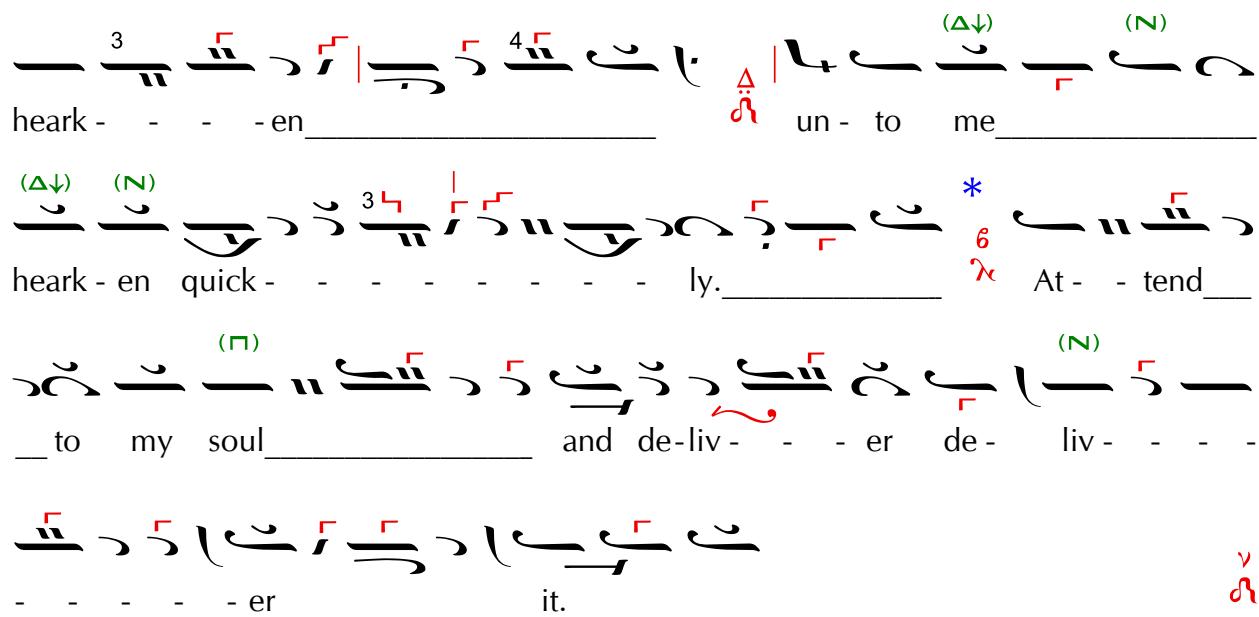
adapted from traditional melody
by Petros Peloponnesios (d. 1777)

Intonation: #26

Ὕχος λὴ οὐ

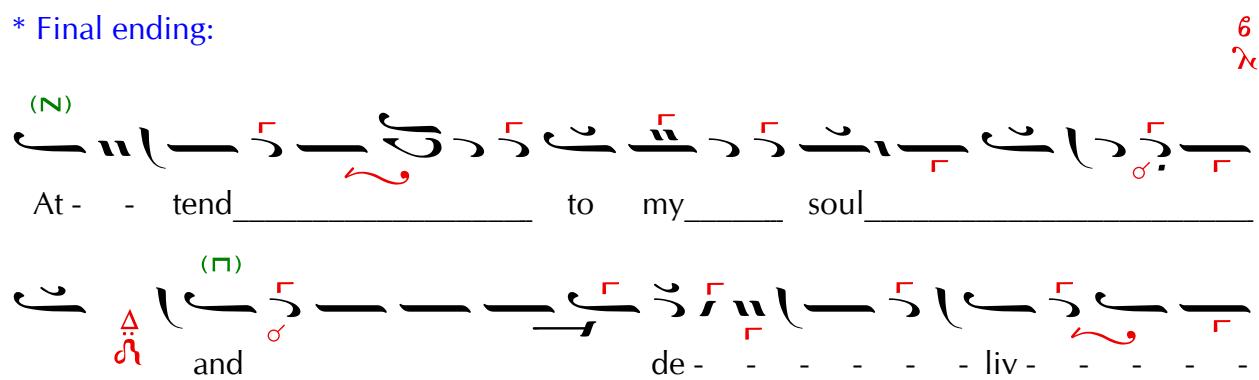
Μὴ ἀποστρέψῃς

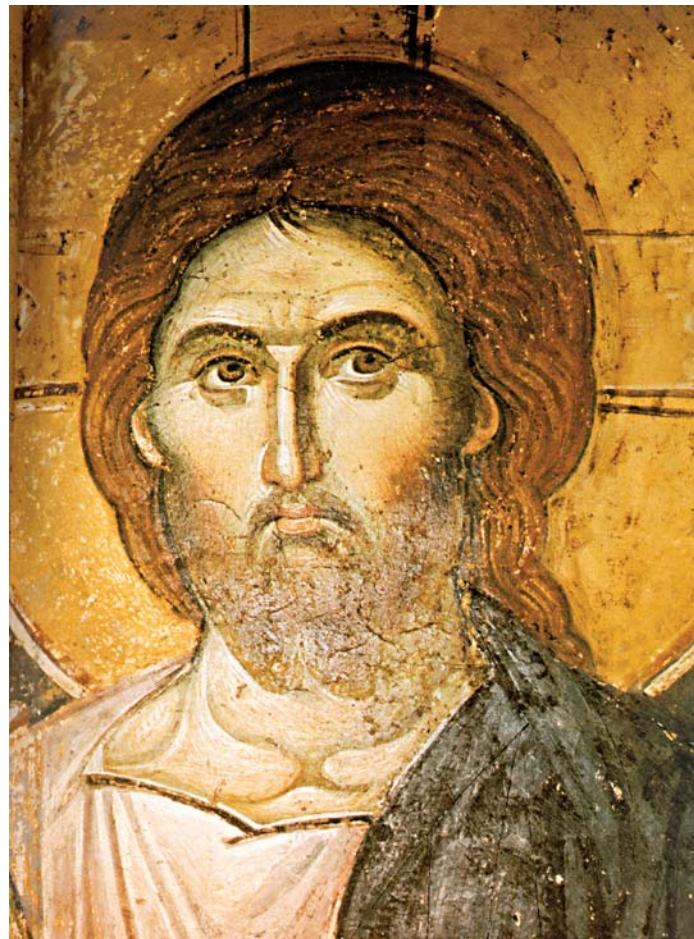
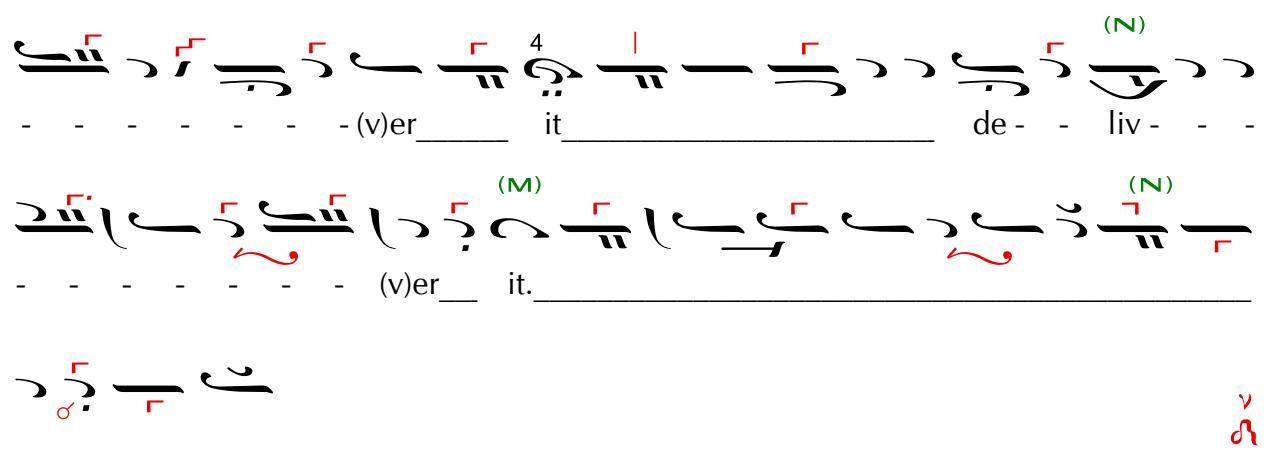
urn not a-way _____ a - - - way _____ Thy coun -
- - - Thy coun - te - nance _____
from _____ Thy _____ ser - - - - from Thy ser - - - -
- - - - vant, _____ for _____ I _____ am
af - flict - - - - - - - - - ed af - flict - - - - ed;

Verses:

2. May Thy salvation, O God, be quick to help me.
3. Let beggars behold it and be glad.
4. Seek after God, and your soul shall live.

* Final ending:





Fresco from the Protaton of the Holy Mountain

"Thou Hast Given"**For the First, Third, and Fifth Sundays of Lent**

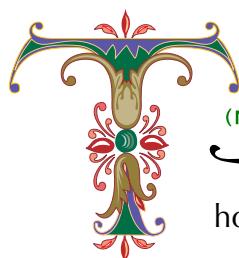
Plagal Fourth Mode

χ 48

Duration: 1:45

adapted from traditional melody
by Petros Peloponnesios (d. 1777)

Intonation: #26



Ἄγας λα ἀ Νη

Ἄδωκας κληρονομίαν

(M)

(Π)

(Ν)

hou

hast

giv

en

an

in - - - her - - - i - - - tance_

⁶ ρ to them that fear Thy Name,

³ ρ * ⁶ ρ to them that

fear Thy Name, O Lord.

ἀ

Verses:

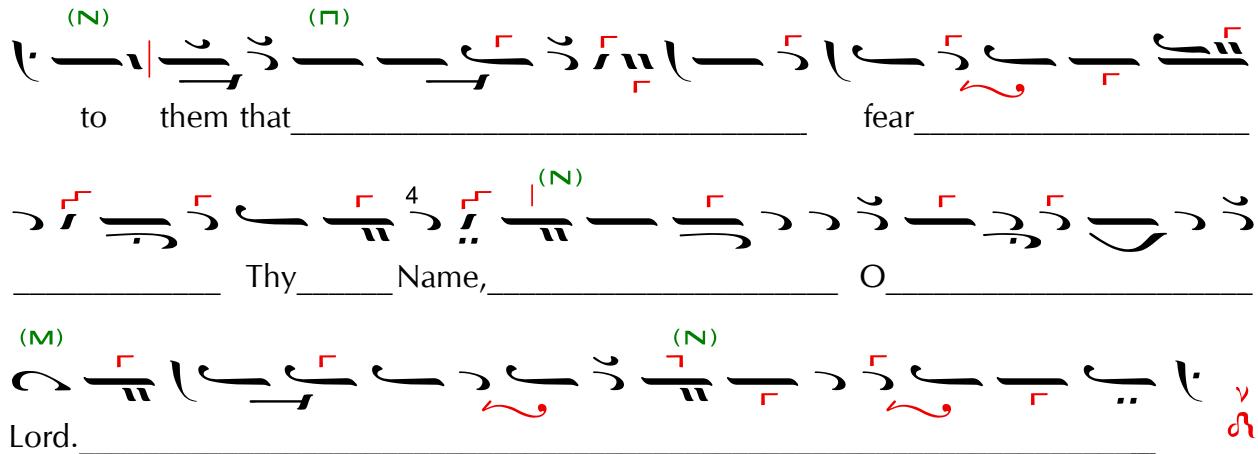
2. From the ends of the earth unto Thee have I cried. I will dwell in Thy tabernacle unto the ages.

3. I shall be sheltered in the shelter of Thy wings. For Thou, O God, hast heard my prayers.

4. So will I chant unto Thy Name unto the ages, that I may pay my vows from day to day.

* Final ending:

6
Ἄ



Reading, keeping vigil and prayer focus the wandering mind. Hunger, toil, and solitude quell inflamed desire. Psalmody, patience, and pity arrest seething anger. And these are to be practiced at the appropriate time and in good measure, for what is excessive and ill-timed is not lasting, and what does not last is harmful rather than beneficial.

—Evagrius the Solitary



GREAT PROKEIMENA

For Feast Days of the Lord and Bright Week
adapted from Athonite Melodies

For Holy Saturday

χ 80

Grave Mode

Intonation: #21

Ὑ χος βαρύς Γα

Ανάστα ο Θεός



(Γ) - rise, O God, judge the earth; _____
(Δ) for Thou shalt have an inheritance among all nations.

The musical notation consists of black neumes on a four-line staff, with red neumes indicating specific intonations. Green numbers above the neumes indicate specific melodic modes: (Γ), (Δ), (Ν), (Π), (Μ), and (Λ). The lyrics are written below the neumes, corresponding to the neume placement.

Verses:

2. From the ends of the earth unto Thee have I cried. I will dwell in Thy tabernacle unto the ages.
3. I shall be sheltered in the shelter of Thy wings. For Thou, O God, hast heard my prayers.
4. So will I chant unto Thy Name unto the ages, that I may pay my vows from day to day.

* Finale:

(Π) the na - - - - tions. _____
(Ν) | (Μ)

The musical notation for the finale is similar to the beginning, using black and red neumes on a four-line staff. It concludes with a final melodic cadence indicated by a red neume and a red vertical bar.

**For Pascha, Thomas Sunday,
Pentecost, and Nativity**

χ 80

Grave Mode

Intonation: #21

Ἄλιτρον Βαρύν

Τίς Θεὸς μέγας



(Γ) (Δ)

hat God is as great as our

 * (Δ) (Π)

God? Thou art God Who a -

 (N) (Μ) (Γ)

- lone work - est won - - - ders.

Γ Ή

Verses:

2. Thou hast made Thy power known among the people; with Thine arm hast Thou redeemed Thy people.
3. And I said: Now have I made a beginning; this change hath been wrought by the right hand of the Most High.
4. I remembered the works of the Lord; for I will remember Thy wonders from the beginning.

* Finale:

(Γ) (Δ)

Thou art God Who a - lone

 (N) (Μ) (N) (Μ)

work - est won - - - ders.

Γ Ή

**For Bright Monday, Theophany, Transfiguration,
Exaltation of the Cross, and Ascension**

χ 80

Grave Mode

Intonation: #21

Ἄγιος Βαρύς Ἀ-

'Ο Θεός ἡμῶν



(Γ) ur God is _____ in Heav - - en _____ and _____
 on earth; * Ἄλλα τὰ πάντα σοι εὐθέτης εἰπεν εἰπεν εἰπεν
 (Μ) He hath done.

Verses:

- 2 When Israel went out of Egypt, and the house of Jacob from among a barbarous people,
 Judaea became His sanctuary, Israel His dominion.
 3. The sea beheld and fled, Jordan turned back.
 4. What aileth thee, O sea, that thou fleddest? And thou Jordan, that thou didst turn back?

* Finale:

(Γ) Ἄλλα τὰ πάντα σοι εὐθέτης εἰπεν εἰπεν εἰπεν
 all things so - - ev - - - - er ____ Ἅρις He hath willed, ____ He -
 (Ν) (Μ) ____ hath ____ done. ____

For Bright Tuesday

χ 80

Plagal Fourth Mode

Intonation: #26

Ὕχος ἡ πᾶ Κύριον

Φωνὴ μου πρὸς Κύριον



(N)

ith my voice un - - to the Lord have I
 cried, with my voice un - - to God, and
 He was at - ten - - - tive * un - - - - to

(Δ)

(Π)

me.

ν
ἢ

Verses:

2. In the day of mine affliction I sought out God, with my hands upraised by night before Him, and I was not deceived.
3. My soul refused to be comforted; I remembered God and I was gladdened.
4. O God, in the sanctuary is Thy way. What God is as great as our God? Thou alone art God Who workest wonders.

* Finale:

(Π)

(N)

π q un - - - - to me.

³ (Δ↓) | (Μ)
ν
ἢ

For Bright Wednesday

χ 80

Grave Mode

Intonation: #21

Ἄκης βαρύς Ἀ. Γα

Ἐνώπισαι ο Θεός



Give ear, O God, unto my prayer, and disdain
 _____ not my supplication.

(Γ) (Π) (Ν) (Μ)

_____ not my supplication.

Verses:

2. Attend unto me, and hear me.
3. Because they have turned iniquity upon me, and with wrath were they angry against me.
4. As for me, unto God have I cried, and the Lord hearkened unto me.

* Finale:

and disdain _____ not my supplication _____

(Π) (Ν) (Μ) (Γ)

and disdain _____ not my supplication _____

(Ν) (Μ)

tion. _____

For Bright Thursday

χ 80

Grave Mode

Intonation: #21

Ἄγαπήσω σε Κύριε



Ἄγαπήσω σε Κύριε

will love _____ Thee, O Lord, my _____
 strength; the Lord is my foun - - da - - - - - - - - - - tion, and
 my ref - - - - - uge, and my de - - liv - - - er - - - - - er. _____

χ 80

Verses:

2. My God is my helper, and I will hope in Him, my defender, and the horn of my salvation, and my helper.
3. With praise will I call upon the Name of the Lord, and from mine enemies shall I be saved.
4. He heard my voice out of His holy temple, and my cry before Him shall enter into His ears.

* Finale:

and my de - - liv - - - - - er - - - - - er. _____

For Bright Friday

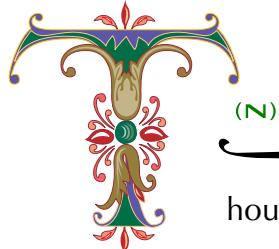
χ 80

Plagal Fourth Mode

Intonation: #26

Ὕχος ἡ πᾶ οὐ Νη

Ἐδωκας κληρονομίαν



hou hast giv - - - en **an** in - her - - i - - tance

* **6** **λ** to__ them that fear Thy Name, O__ Lord. **δι**

Verses:

2. From the ends of the earth unto Thee have I cried. I will dwell in Thy tabernacle unto the ages.
3. I shall be sheltered in the shelter of Thy wings. For Thou, O God, hast heard my prayers.
4. So will I chant unto Thy Name unto the ages, that I may pay my vows from day to day.

* Finale:

6 **λ** to__ them that fear Thy Name, O__ Lord. **δι**



RICH MEN HAVE TURNED POOR

Brief Versions*

χ 140

Grave Mode

Intonation: #21

Ὑχος βαρύς ω Γα

Πλούσιοι ἐπτώχευσαν

ich men have turned____ poor and gone hun - - gry; but they that

* seek the Lord shall not be de - prived of an - - y good thing.

* Finale:

shall not be de - prived of an - y good thing.

* According to some traditions, after the Blessing of the Loaves this psalmic verse is chanted three times heir-mologically (i.e., briefly) with melodies such as the ones found on this and the following page. On the Holy Mountain, however, this psalmic verse is chanted only once sticherarically (i.e., more elaborately) with melodies such as those found on pages 524-529.

Triple Meter

Plagal First Mode

χ 170

Hχoς λ ḥ Kε

Intonation: #13



ich_____ men have turned_____ poor_____ and gone

hun - - - gry; χ ḥ but they that seek____ the Lord shall not____ be de-prived

* of an - - - y____ good thing.

* Finale:

(Δ) χ
of an - - - y____ good thing.

When we are weighed down by deep despondency,
 we should for a while sing psalms out loud,
 raising our voice with joyful expectation
 until the thick mist is dissolved
 by the warmth of song.

—St. Diadochos of Photiki



Rich Men Have Turned Poor

Long Melodies

χ 60

First Mode

Duration: 1:15

adapted from Hieromonk Hierotheos
of Philothou Monastery

Intonation: #1

Ἄχος ḥ πα

Πλούσιοι ἐπτάχευσαν



ich _____ men _____ have turned _____ poor_

and _____ gone _____ hun - - - - - - - - - gry;_

π (Ν) (Π)
 but they _____ that seek _____ the _____ Lord
 Δ
 shall not be de - - - prived Δ of an - - -
 γ (Ν) | (Π)
 y good thing. π
 q



Plagal First Mode

 60adapted from Hieromonk Daniel Danielidou
of Katounakia on the Holy Mountain

Duration: 1:15

Ὑχος λα ḥ Πα

Intonation: #14



ich men have turned
 poor and gone hun - gry;
 but they that seek the Lord
 shall not be de - prived of
 an - y good thing.

π^q

Psalmody is the weapon of a monk, by which he chases away grief.

—St. John of the Ladder

Plagal First Mode

χ 60adapted from Hieromonk Hierotheos of Philothou Monastery
(inspired by Michael Hatziathanasiou)

Duration: 1:15

Ἡχος λα ḥ Πα

Intonation: #14

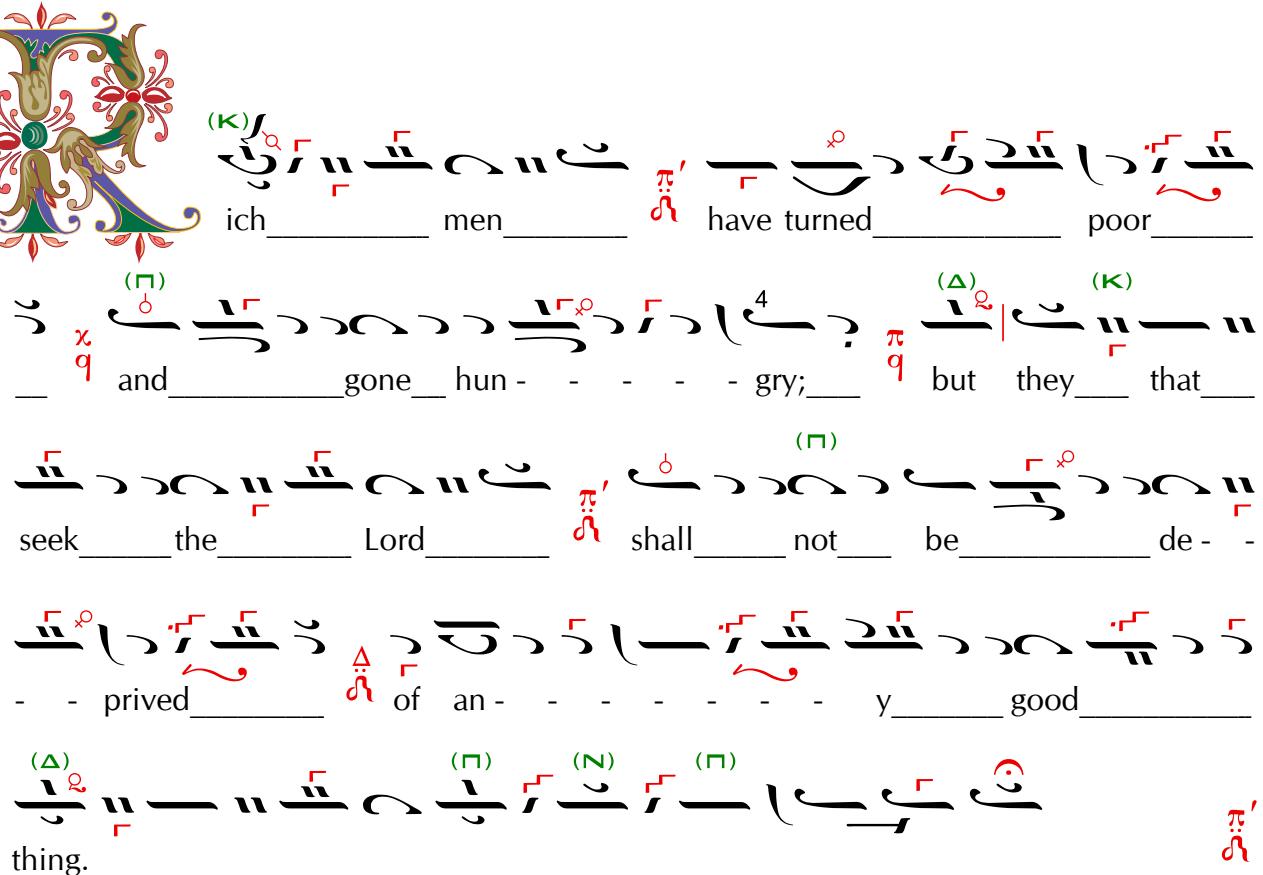
ich men have turned poor

and gone hun gry; but they that

seek the Lord shall not be de -

- - prived of an y good

thing.




Enharmonic Grave Mode


χ 60

adapted from Ancient Melody

Duration: 1:15

Ἄγιος Βαρύς  

Intonation: #23



ich men have turned poor 
 and gone hun - - - gry; but they that seek
 the Lord shall not be de - prived 
 of an - - - - y good thing.

(z) (z) (z) (z)

Just as the angels stand with great fear
 and chant their hymns to the Creator,
 likewise should we stand in psalmody.

—St. Ephraim the Syrian

Diatonic Grave Mode

χ 60

adapted from Ancient Melody

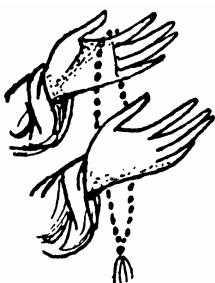
Duration: 1:15

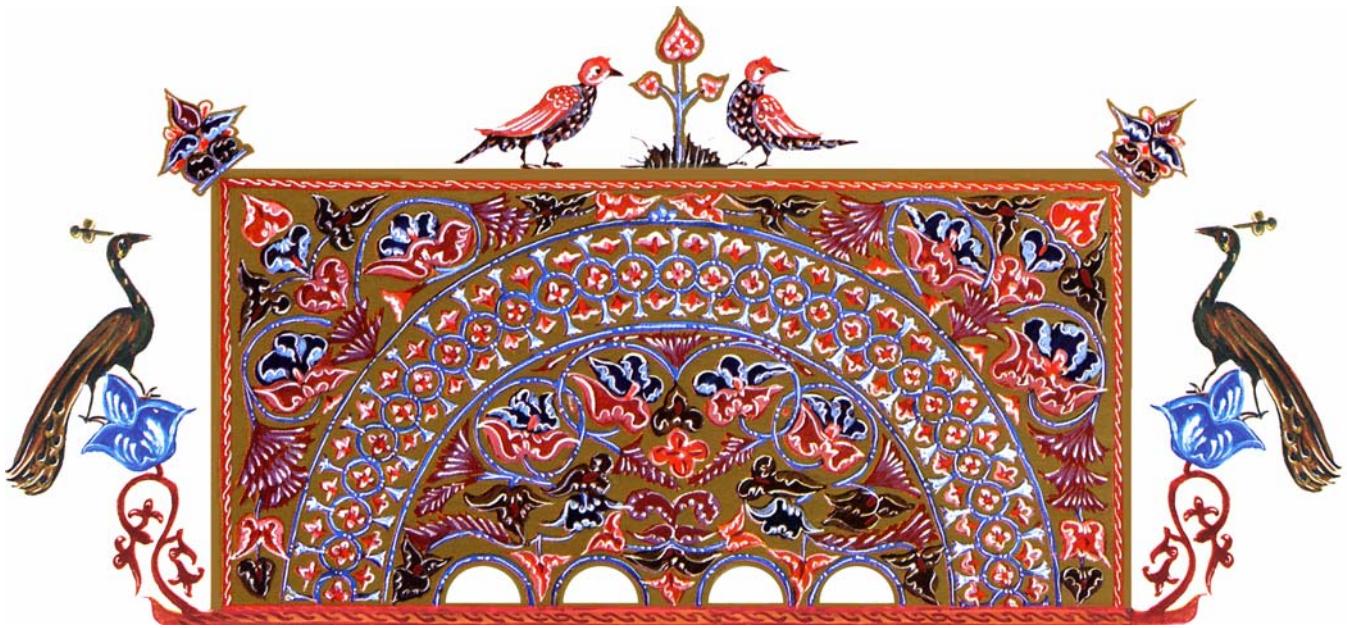
Ἡχος βαρύς ω ω Ζω

Intonation: #22

ich men have turned poor
 and gone hun - gry; but they
 that seek the Lord shall not be
 de - prived of an - - - - y good thing.







Ω ΘΕΟΤΟΚΟΣ ΑΝΔ ΒΙΡΓΙΝ

Eight-Mode Version

adapted from Theodosios Georgiadis

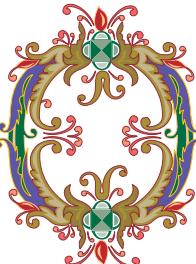
χ 76

Duration: 5:45

Intonation: #1

First and Diatonic Second Mode

Θεοτόκε Παρθένε


(Ν)
(Π)
(Ν)

(Π)
(Π)
(Ν)

(Π)
(Π)
(Π)
(Π)
(Π)
(Π)
(Π)
(Π)
(Π)

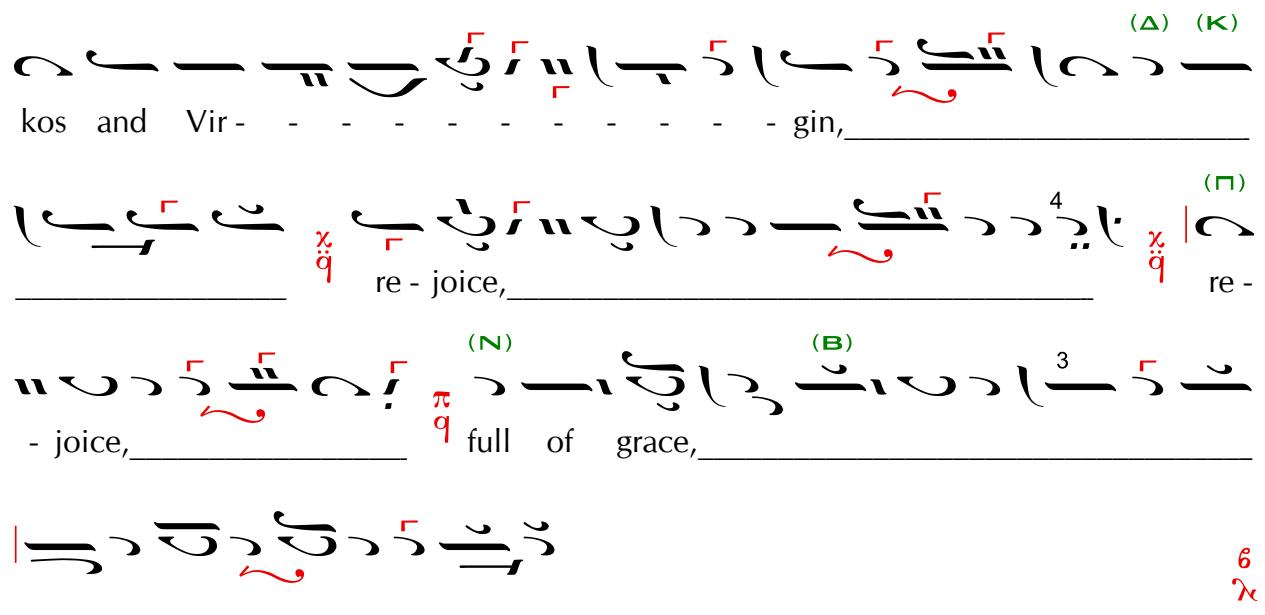
 The - - - - - o - - to - - - - - - - -

(Π)

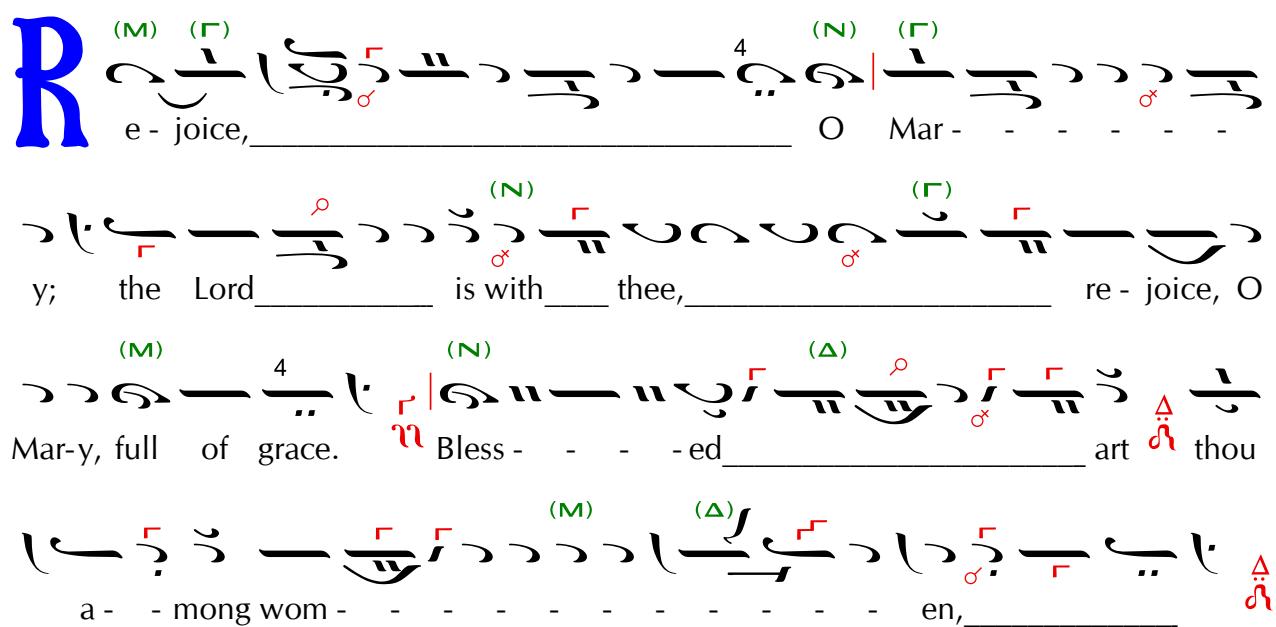
 - - - - - kos and Vir - - - - - - - -

(Π)

 gin, O_____ The - o - to - - - - - - - -



Third and Fourth Mode





Plagal First and Plagal Second Mode

A (Π)

nd bless - - - - - ed

and _____ bless - - - - -

ed

is the Fruit _____

of thy womb _____ is the _____

Fruit _____ of _____ thy womb;



Grave and Plagal Fourth Mode

F (Ζ)

or _____ thou hast borne _____ the

Sav - - - - -

iour

of our souls

of _____

our _____ of our souls.

Kratema*

T οh - - - toh - - teh - ree - reh-ree-reen - ree - rem teh - -

- - - ree - reh - - - ree-rem teh - - - ree-reh-ree - rem teh -

- - - ree-rem teh - - - ree-rem teh - - - ree - rem π

(continued on next page)

* The Byzantine musicologist Dimitri Conomos defines a kratema as "a melodic unit of teretismata which is woven into the normal sequence of a hymn at a point, usually a cadence, where amplification is possible." According to Gregorios Stathis, the primary purpose of the kratema is to extend (κρατώ) the duration of a service. Early Church Fathers make reference to wordless or meaningless chants, basing their commentaries on Is. 6:3 and Ez. 3:12. The sixth-century mystic known as Pseudo-Dionysios the Areopagite refers to liturgical music as echoes of divine beauty which humans receive after its transmission descends the heavenly hierarchy. [PG IV, 156-184]. St. Augustine refers to the ecstatic nature of wordless jubilation, and both he and St. Ieronymos identify the same with the early Christian concept of glossolalia [PL XXXVII, 1272 and PL XXVI, 970]. Commentators agree that such praise was a human imitation of the ceaseless chants of angels. Music manuscripts show that the kratema has been in use since at least the fourteenth century. The fact that St. John Koukouzeles wrote numerous kratemata suggests that he was a staunch supporter of their use. St. Nicodemus of the Holy Mountain, however, in his commentary of Canon LXXV of the Sixth Ecumenical Synod, criticized the kratema and recommended that chanters avoid them so that more time will remain for the readings. In 1649, Gerasimos Monachos of Crete argued that the meaningless sounds designate the Holy Trinity and refer to the Incarnate Condescension (based on the numerical value of the letters of terirem). The Patriarchate of Constantinople issued an encyclical in 1880 forbidding the kratema only during the Great Entrance, implying that at other times it is acceptable. In contemporary times, the kratema is still used throughout Greece and on the Holy Mountain, as well as in some places of the Greek Diaspora where services are conducted in Greek. For a thorough discussion in English of the kratema, see: Conomos, Dimitri E., *Byzantine Trisagia and Cheroubika of the Fourteenth and Fifteenth Centuries*, Patriarchal Institute for Patristic Studies, Thessaloniki, 1974, pp. 262-286.

First Mode

π
q

O ^{(Ν) (Π)} f _____ our _____ souls _____ of _____ our _____ souls. _____

^(Μ) ^(Ν) ^(Π) Ι — Τ Χ Σ — Ζ Τ

π
q



♩

Ω ΘΕΟΤΟΚΟΣ ΑΝΔ ΒΙΡΓΙΝ

χ 60

Plagal First Mode

Duration: 2:45

adapted from Ancient Melody
"from the City" (Constantinople)

Intonation: #16

Ἄχος λα ḥ πα

Θεοτόκε Παρθένε



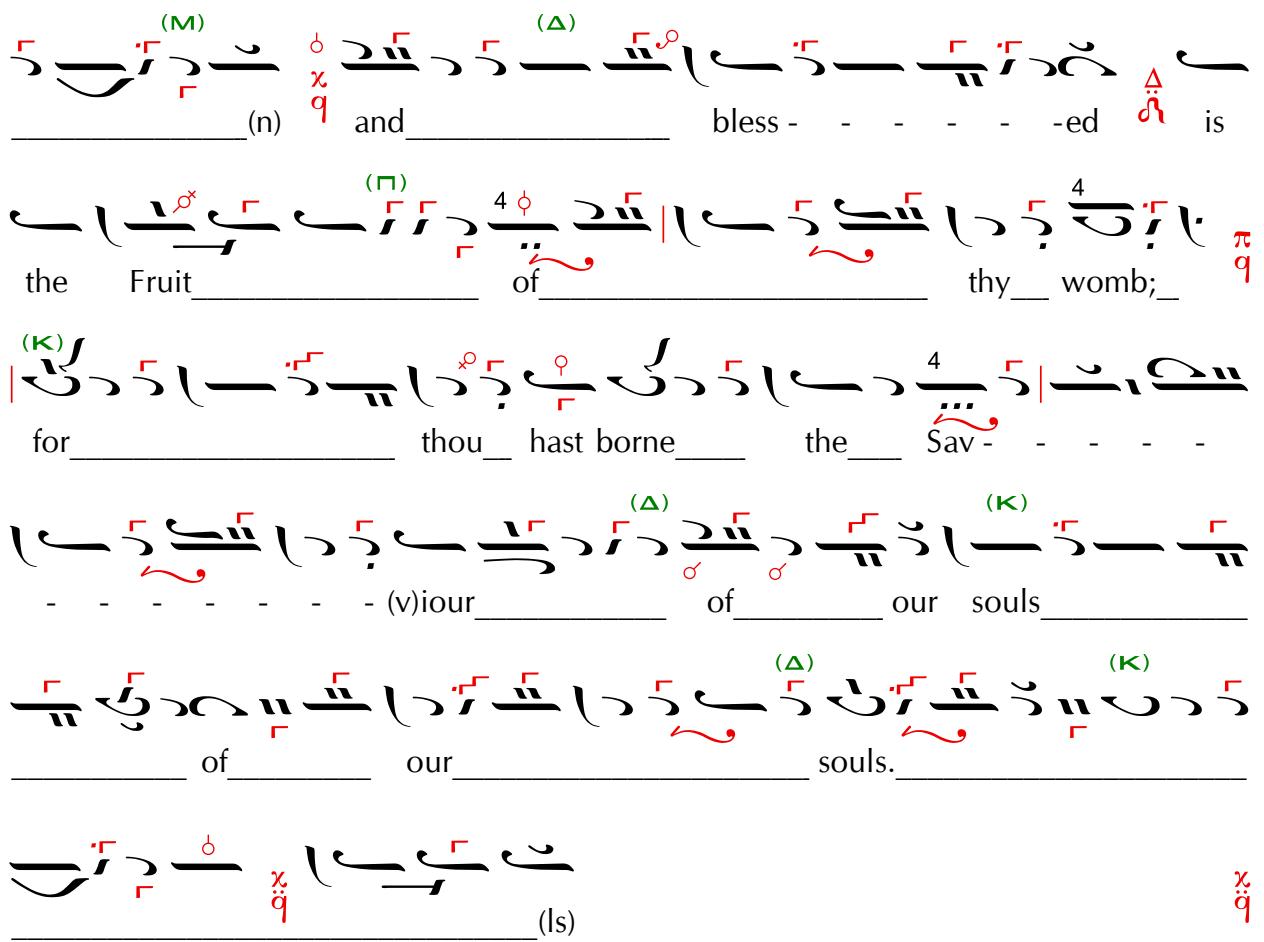
The - o - - to - - kos _____ and _____ Vir - -

gin, full _____ of grace, _____ re - - joice, _____

O _____ Mar - - y; the Lord _____ is _____ with _____

thee. Bless - - - ed _____ art _____ thou _____

a - mong _____ wom - - - - en, _____



For prayer and psalmody,
 as for many other things, every
 time is suitable; so that we praise God
 with psalms and hymns and spiritual songs,
 while we move our hands in work, chanting with
 our tongue if this is possible and conducive to the
 edification of the faith, but if not, then in the heart.

—St. Basil the Great



Ω ΘΕΟΤΟΚΟΣ ΑΝΔ ΒΙΡΓΙΝ

Plagal First Mode

χ 64

Duration: 1:45

adapted from Hieromonk Hierotheos
of Philothou Monastery

Intonation: #16

Ἄχος π ḥ Πα

Θεοτόκε Παρθένε



The - o - - to - - - kos _____ and_ Vir - - -
(M) (K) (Δ) (K)

- gin, full ____ of ____ grace, ____ re - - joice, ____ O ____ Mar -
(Δ) (K)

- - - - y; the Lord _____ is _____ with _____ thee. π
(Π) (K)

Bless - - - - ed_ art _____ thou ____ a - mong _____ wom - - - -
(Π) (K)

en, ____ and ____ bless - - - - ed ____ is ____ the Fruit _____ of _____

thy womb; for thou hast borne the Sav - - -
 iour of our souls of our souls.
 souls. χ
q

(Δ) (Κ)
π q
(Π)
(Δ) (Κ)





LORD Have MERCY

Plagal Fourth Mode

adapted from Constantine Pringos (1892-1964)
the Protopsaltis of the Patriarchate of Constantinople (1939-1960)

⁸Ηχος λ π ḥ Νη

χ 88

1

ord, have mer - - - cy.

2

Lord, have mer - - cy.

3

Lord, have mer - - cy.

4

Lord, have mer - - cy.

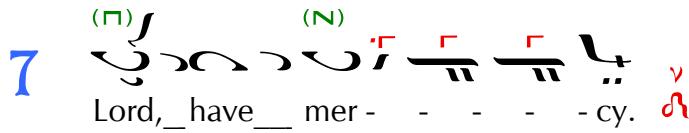
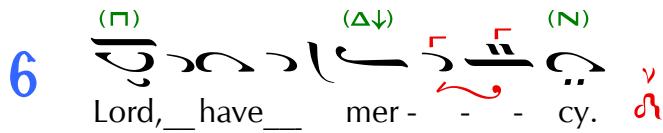
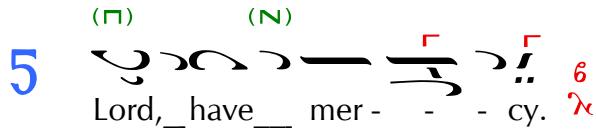
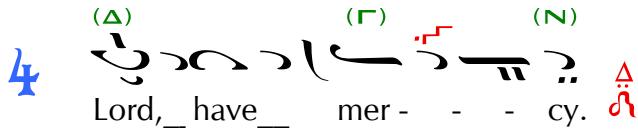
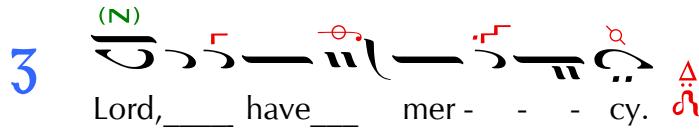
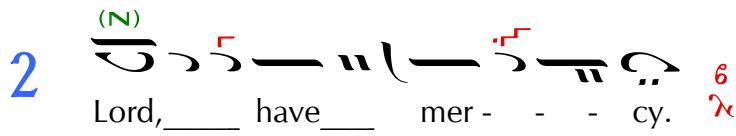
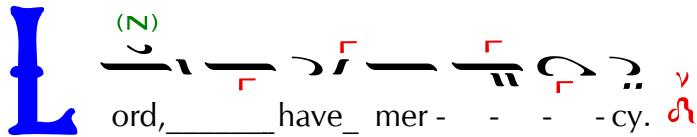
5

Lord, have mer - - cy.

Plagal Fourth Mode

adapted from John Pallasis (d. 1942)

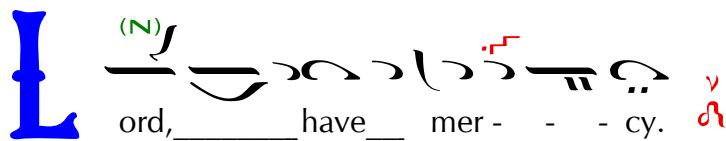
Ὕκος πᾶ ἀ Νη



Plagal Fourth Mode

adapted from Iakovos Nafpliotis (1864-1942)
the Protopsaltis of the Patriarchate of Constantinople (1911-1939)

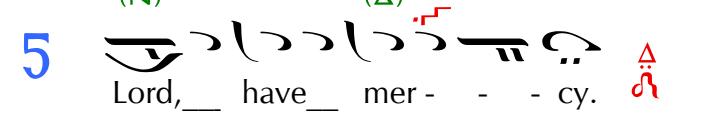
³ Ηχος λαττη Νη

1 
 ord, have mer - - - cy. 

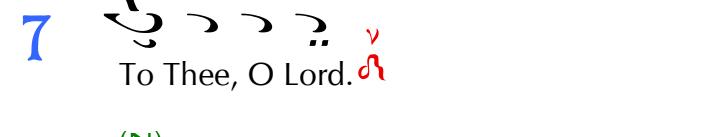
2 
 Lord, have mer - - cy. 

3 
 Lord, have mer - - - cy. 

4 
 Lord, have mer - - - cy. 

5 
 Lord, have mer - - - cy. 

6 
 Lord, have mer - - - cy. 

7 
 To Thee, O Lord. 

8 
 A - men. 

Plagal Fourth Mode

adapted from Thrasyvoulos Stanitsas (1910-1987)
the Protopsaltis of the Patriarchate of Constantinople (1960-1964)

Ἄρχος πατέρι Νηστεῖα

1
(Δ) (Ν) Γ Ω Υ'
 ord, __ have_ mer - - cy. Ω

2
(Δ) Γ Ω Δ Δ
 Lord, __ have_ mer - - cy. Ω

3
(Ν) Γ Ω Δ Δ Ω Χ
 Lord, __ have_ mer - - cy. Χ

4
(Π) Γ Ω Γ Ω Π
 Lord, have_ mer - - cy. Π

5
(Ν) Ω Δ Ω Υ'
 Lord, have_ mer - - cy. Ω

6
(Ν) Ω Δ Γ Δ Γ Ω Ω Υ'
 Lord, __ have_ mer - - - - - cy. Ω

7
(Π) Γ Ω Ω Δ Υ'
 To _____ Thee, O Lord. Ω

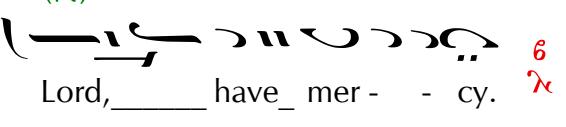
8
(Ν) Ω Δ Ω Δ Δ
 A - - - - - men. Δ

Plagal Fourth Modeadapted from Hieromonk Hierotheos
of Philotheou Monastery

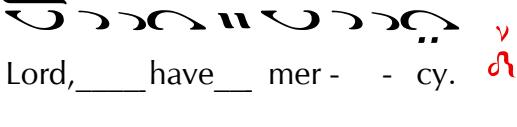
΄Hχος λ π ḥ Νη

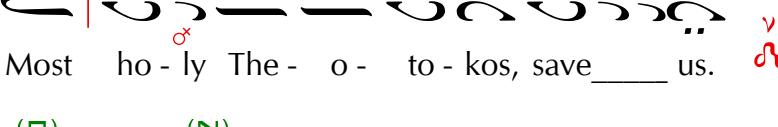
1 
 ord, have_ mer - - - cy. 

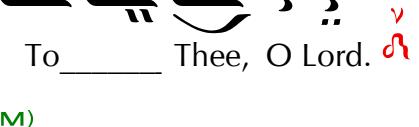
2 
 Lord, ____ have_ mer - - - cy.  

3 
 Lord, ____ have_ mer - - - cy.  

4 
 Lord, __ have_ mer - - - cy.  

5 
 Lord, ____ have_ mer - - - cy. 

6 
 Most ho - ly The - o - to - kos, save ____ us.  

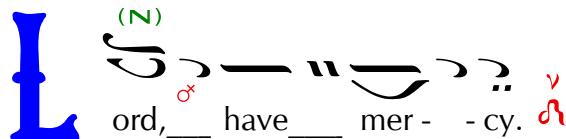
7 
 To ____ Thee, O Lord. 

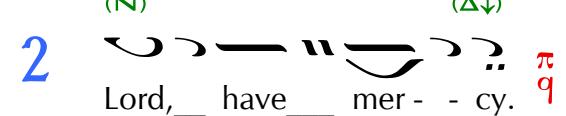
8 
 A - men. 

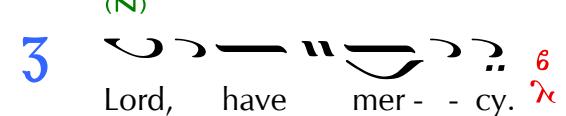
Plagal Fourth Mode

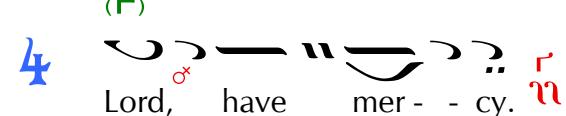
adapted from Michael Hatzithanasiou (d. 1948)

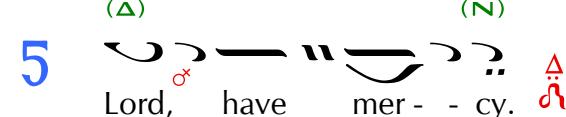
Ἄγιος πατέρες Νη

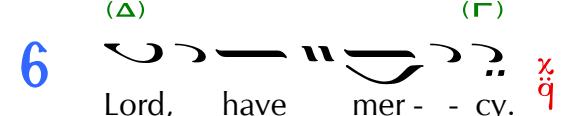
1 

2 

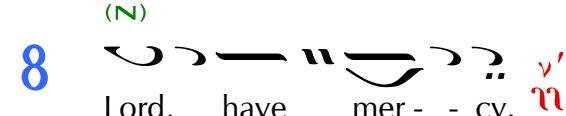
3 

4 

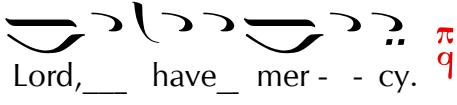
5 

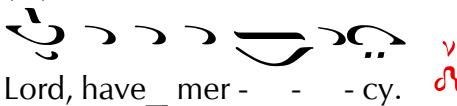
6 

7 

8 

9 (N) Lord, have_ mer - - cy. 

10 (P) (Δ↓) Lord, have_ mer - - cy. 

11 (N) Lord, have_ mer - - - cy. 

12 (N) (Δ↓) (N) To Thee, O Lord. 

The chanting that is done in churches is an entreaty towards God to be appeased for our sins. Whoever begs and prayerfully supplicates must have a humble and contrite manner; but to cry out manifests a manner that is audacious and irreverent.

—Canon LXXV of the Sixth Ecumenical Synod

Plagal Fourth Mode

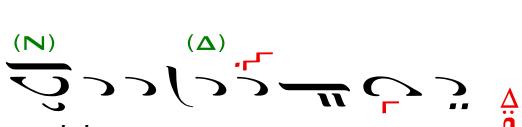
adapted from Kyriazis Nicoleris

⁹Ηχος λ π ḍ Nη

1 
ord, have_ mer - - cy. 

2 
Lord, have__ mer - - - - cy. 

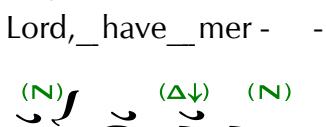
3 
Lord, have__ mer - - cy. 

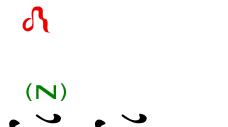
4 
Lord, have_ mer - - - - cy. 

5 
Lord,_ have__ mer - - - - cy. 

6 
Lord, have_ mer - - - - cy. 

7 
Lord,_ have__ mer - - - - cy. 

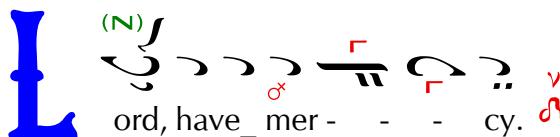
8 
To Thee, O Lord. 

9 
A - men. 

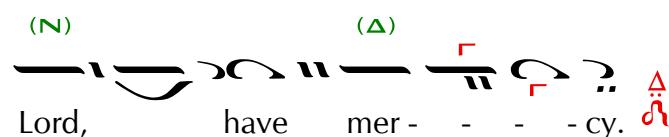
Plagal Fourth Mode

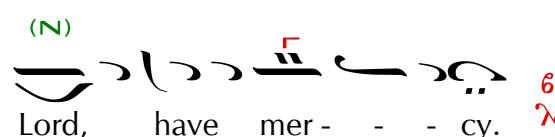
adapted from Hieromonk Hierotheos

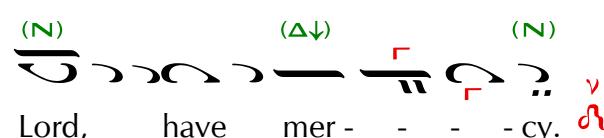
^Hχος π ḥ Nη

1 
 (N) ord, have_ mer - - - cy. ḥ

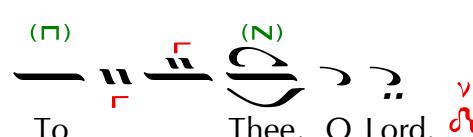
2 
 (N) Lord,____ have_ mer - - cy. ḥ

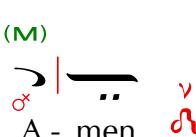
3 
 (N) Lord,____ have_ mer - - - cy. ḥ

4 
 (N) Lord,____ have_ mer - - - cy. ḥ

5 
 (N) (Δ↓) (N) Lord,____ have_ mer - - - - cy. ḥ

6 
 (N) Most ho - ly The - o - to - - - kos, save____ us. ḥ

7 
 (Π) (N) To____ Thee, O Lord. ḥ

8 
 (M) A - men. ḥ



LORD Have MERCY

Plagal First Mode

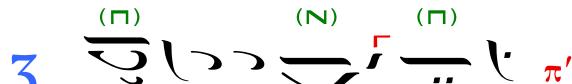
adapted from Athanasios Karamanis (1911-)
the Presiding Protopsaltis of Thessaloniki

Ἄχος λ ḥ Πα

χ 88

1 
ord, ____ have_ mer - - cy. π q

2 
Lord, have_ mer - - - cy. π'

3 
Lord, have_ mer - - cy. π'

4 
Lord, __ have_ mer - - - cy. Δ

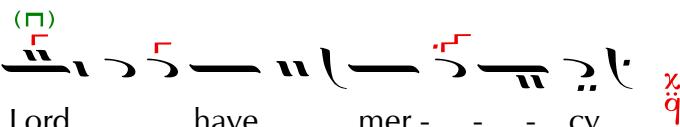
5 
Lord, have_ mer - - cy. π q

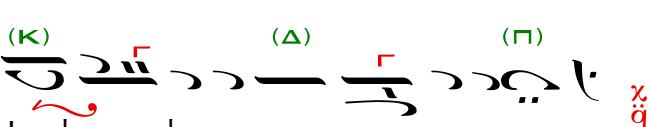
Plagal First Mode

adapted from Lycourgos Petridis

Ἄγιος Ἰησοῦς Χαῖρε

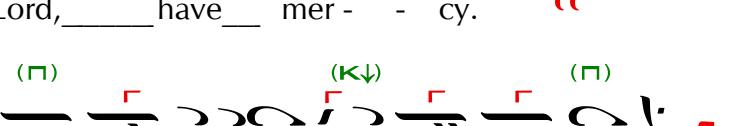
1 Λ  ord, __ have __ mer - - cy. π q

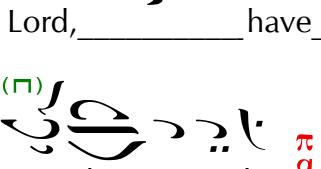
2  Lord, __ have __ mer - - - cy. χ q

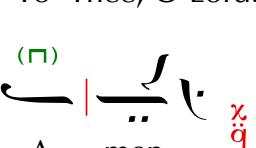
3  Lord, __ have _ mer - - - - cy. χ q

4  Lord, __ have __ mer - - - cy. χ q

5  Lord, __ have __ mer - - cy. π u

6  Lord, __ have _ mer - - - - cy. π q

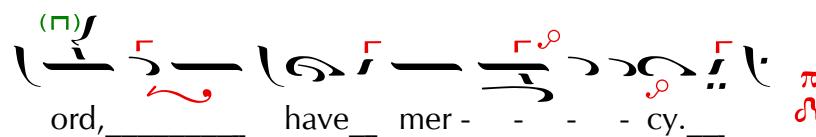
7  To Thee, O Lord. π q

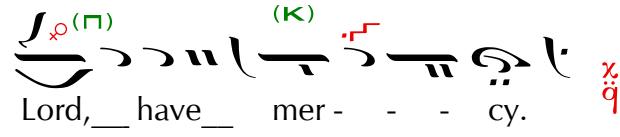
8  Amen χ q

Plagal First Mode

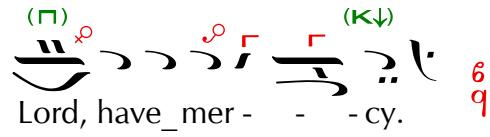
adapted from Hieromonk Hierotheos
of Philotheou Monastery

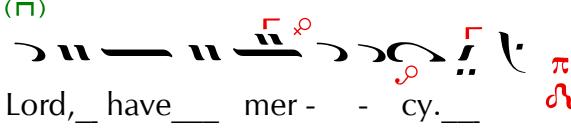
^τΗχος λ ḥ πα

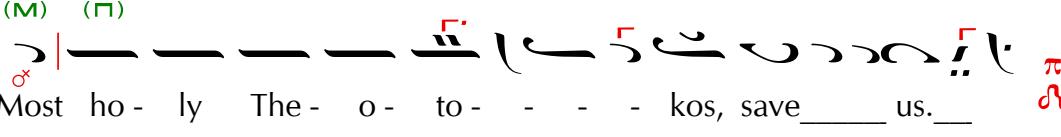
1 Λ 
ord, have mer cy.

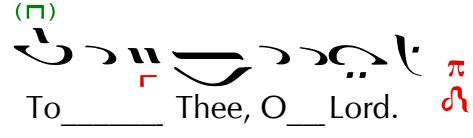
2 
Lord, have mer cy.

3 
Lord, have mer cy.

4 
Lord, have mer cy.

5 
Lord, have mer cy.

6 
Most ho ly The o to kos, save us.

7 
To Thee, O Lord.

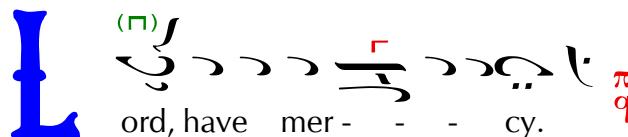
8 
A - men.

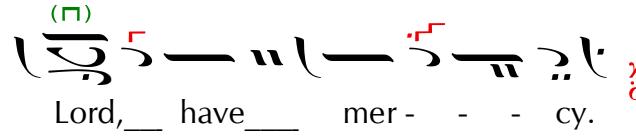
Τεογ. Ιερόθεος

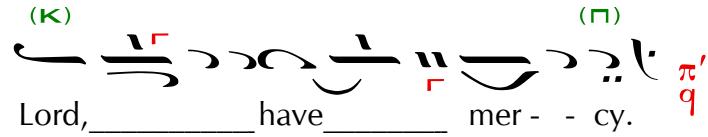
Plagal First Mode

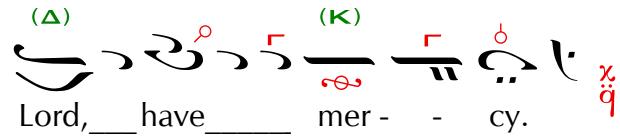
adapted from Thrasyvoulos Stanitsas (1910-1987)
 the Protopsaltis of the Patriarchate of Constantinople (1960-1964)

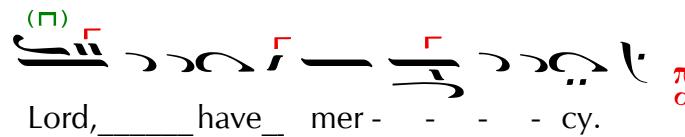
^τΗχος λ π ḥ Πα

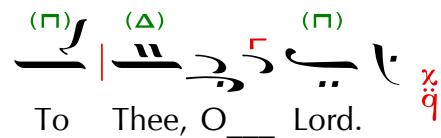
1 
 ord, have_ mer - - - cy. (Π) π q

2 
 Lord, __ have__ mer - - - cy. (Π) x q̄

3 
 Lord, _____ have_____ mer - - cy. (Κ) (Π) π' q'

4 
 Lord, __ have__ mer - - cy. (Δ) x q̄

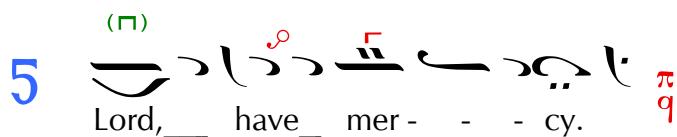
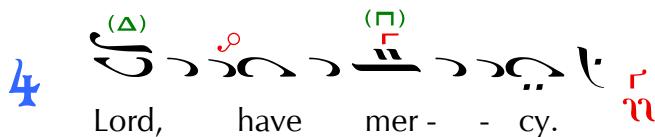
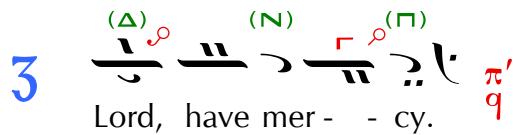
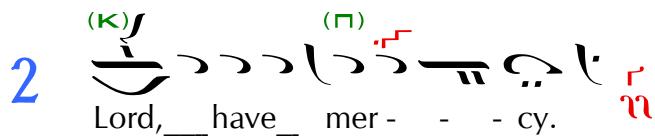
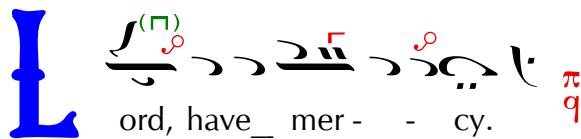
5 
 Lord, __ have__ mer - - - cy. (Π) π q

6 
 To Thee, O__ Lord. (Π) (Δ) x q̄

"Pentaphonos" Plagal First Mode

adapted from Constantine Pringos

³ Ηχος λ ḥ πα



Αρχαν πρωτοφόρτη με μ.χ. ε



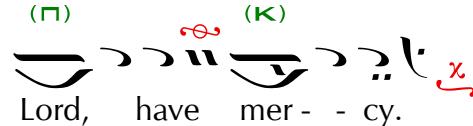
ΚΩΝΣΤΑΝΤΙΝΟΣ ΠΡΙΓΓΟΣ

"Spathi" Plagal First Mode
adapted from Hieromonk Hierotheos

Ἄχος ἡ Πατέρα

1 

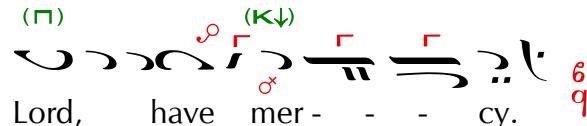
ord, have_ mer - - cy.

2 

Lord, have_ mer - - cy.

3 

Lord, have_ mer - - - - cy.

4 

Lord, have_ mer - - - - cy.

5 

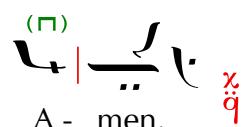
Lord, have_ mer - - cy.

6 

Most ho - ly The - o - to - - - kos, save us.

7 

To Thee, O Lord.

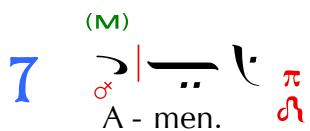
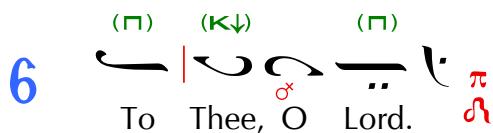
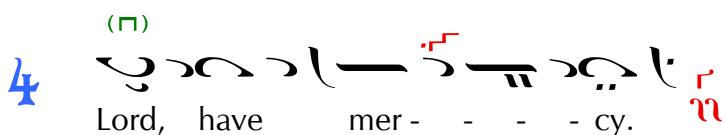
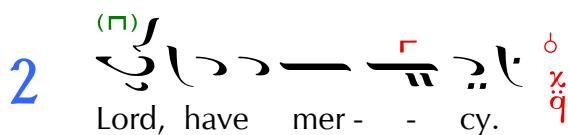
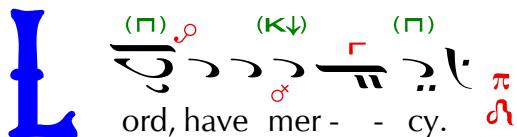
8 

A - men.

Plagal First Mode

adapted from Thrasyvoulos Stanitsas (d. 1987)
and John Pallasis (d. 1942)

³Ηχος λα π Πα



Φθαρτὶν ἡ χεῖρ
κιωνία ἡ γραφὴ.

Θραυσύβουλος Σταύτιας

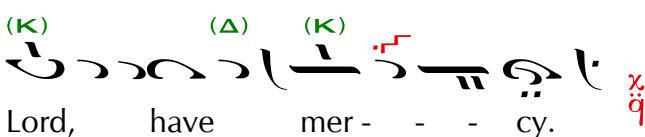
Plagal First Mode

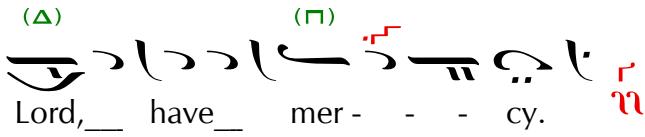
adapted from Demetrios Sourlantzis (d. 2006)

³ Ηχος λ π ḥ Πα

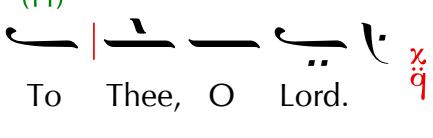
1 
 ord, ____ have _____ mer - cy. χ ḥ

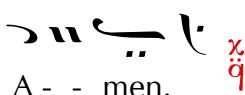
2 
 Lord, have_ mer - - cy. χ ḥ

3 
 Lord, have_ mer - - - cy. χ ḥ

4 
 Lord, have_ mer - - - - cy. χ ḥ

5 
 Lord, have_ mer - - - - - cy. π ḥ

6 
 To Thee, O Lord. χ ḥ

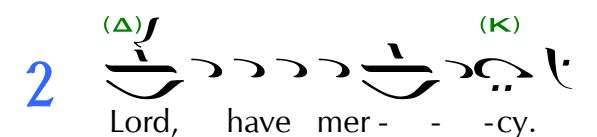
7 
 A - - men. χ ḥ

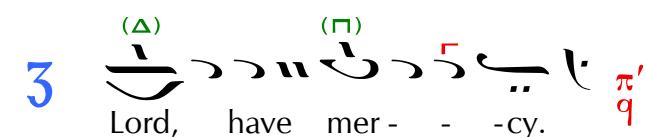
Plagal First Mode

adapted from Nicolaos Georgafentis (1935-)
the Protopsaltis of Chicago

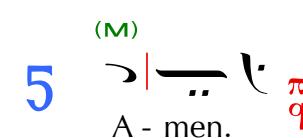
³ Ηχος λ ḥ πα

1 
ord, have_ mer - - - cy.

2 
Lord, __ have_ mer - - - cy.

3 
Lord, __ have_ mer - - - cy.

4 
To Thee, O Lord.

5 
A - men.

At all times, but most of all while chanting, let us be still and undistracted.

For through distractions, the demons aim to ruin our prayer.

—St. John of the Ladder



□

LORD Have MERCY

adapted from Athonite melody*

Plagal First Mode

⁸Ηχος λ π Πα

χ 80

L (Π) (Δ) (Κ) (Π)
ord, have mer - - cy. Lord, have mer - - cy.

π π
Lord, have mer - - cy.

ΚΥΡΙΕ ΕΛΕΗΣΟΝ

Κ (Π) (Δ) (Κ)
υ ρι ε ε λε η σον. κυ ρι ε ε λε η
σον κυ ρι ε ε λε η σον

* This melody for "Kyrie Eleison" is commonly used on the Holy Mountain for the responses during the Liti.



□

LORD Have MERCY

Pathetic (i.e., Suffering) First Mode

adapted from Constantine Pringos (1892-1964)
the Protopsaltis of the Patriarchate of Constantinople

Ὕχος ḥ Πα 60

Lord, _____ have _____ mer - - - - - cy. _____

Lord, _____ have _____ mer - - - - -

- - - - - cy. _____ Lord, _____ have _____

mer - - - - - cy. _____

* This melody for "Lord, have mercy" is meant to be repeated quietly while the priest or deacon intones several consecutive petitions, such as the petitions "Let us all say with our whole soul..." that are after the prokeimena.



GRANT THIS O LORD

adapted from Hieromonk Hierotheos
of Philotheou Monastery

Plagal Fourth Mode

Ὕχος πᾶς ἀνη

χ 88

L *Ὕχος πᾶς ἀνη*
ord, ____ have_ mer - - - - cy. *άνη*

(Δ) ύ *χος πᾶς ἀνη*
Lord, have_ mer - - - - cy. *άνη*

G *(Δ) ύχος πᾶς ἀνη*
rant _____ this, O ____ Lord. *άνη*

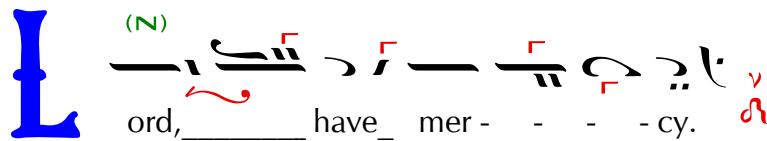
- 2** Grant _____ this, _____ O _____ Lord.
- 3** Grant _____ this, O _____ Lord.
- 4** Grant _____ this, O _____ Lord.
- 5** Grant _ this, O _____ Lord.
- 6** Grant _____ this, O _____ Lord.
- 7** Most ho - ly The - o - to - - kos, save _____ us.
- 8** To _____ Thee, O _____ Lord.
- 9** A - men.
- 10** And _____ to thy spir - - - it.

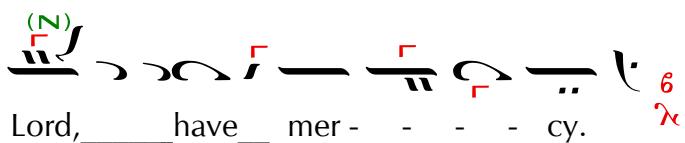
Adapted from Hieromonk Gregory
of Simonos Petras Monastery

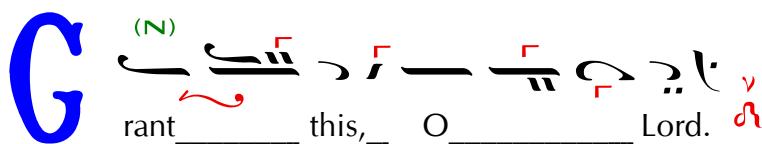
Plagal Fourth Mode

⁸ Ἡχος πᾶς ἀνη

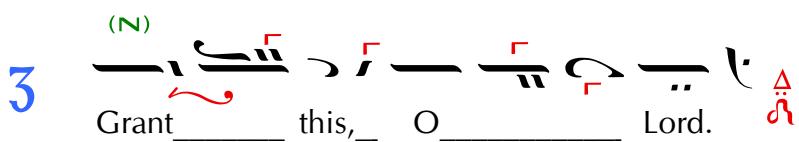
χ 88

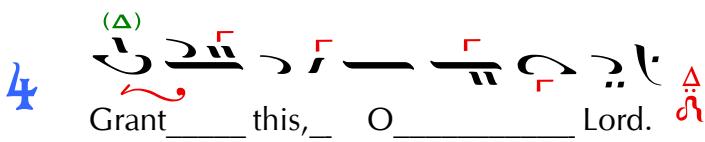
L 
ord, _____ have_ mer - - - - cy. 

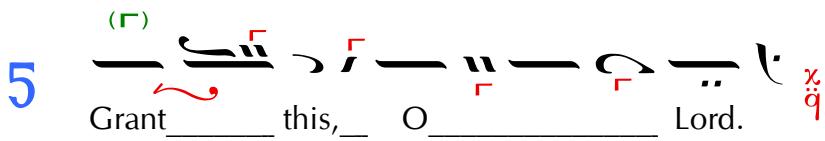

Lord, _____ have_ mer - - - - cy. 

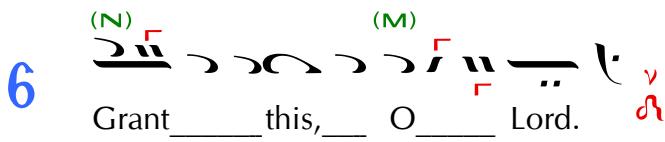
G 
rant _____ this, _ O _____ Lord. 

2 
Grant _____ this, _ O _____ Lord. 

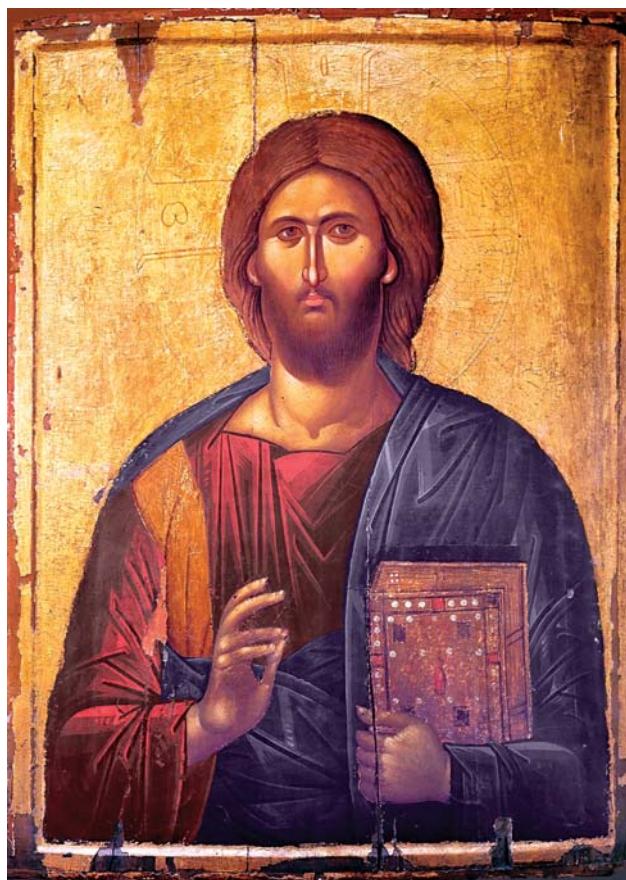
3 
Grant _____ this, _ O _____ Lord. 

4 
Grant _____ this, _ O _____ Lord. 

5 
Grant _____ this, _ O _____ Lord. 

6 
Grant _____ this, _ O _____ Lord. 

- 7 (N) Most ho - ly The - o - to - - kos, save _____ us. v d
- 8 (Δ) To ____ Thee, ____ O ____ Lord. 6 x
- 9 (N) A - - men. Δ d
- 10 (N) And ____ to ____ thy spir - - - - it. v d





GRANT THIS O LORD

adapted from Michael Hatziathanasiou (d. 1948)

First Mode (Heptaphonic)

⁹ Ἡχος ḥ ḥ Πα

χ 88

L π⁹ q

 ord, __ have __ mer - - cy.

L χ q

 Lord, __ have __ mer - - - cy.

G π⁹ q

 rant __ this, O ____ Lord.

2 χ q

 Grant __ this, O __ Lord.

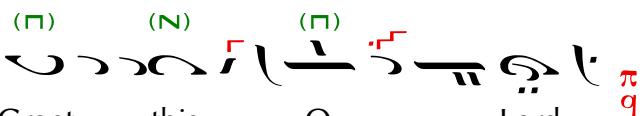
3 π' q

 Grant __ this, O ____ Lord.

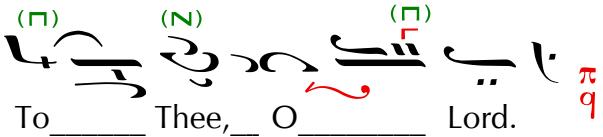
4 π q

 Grant _____ this, O _____ Lord.

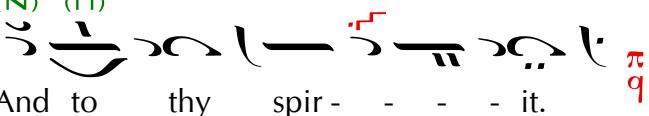
5 
Grant _____ this, _____ O _____ Lord. 

6 
Grant _____ this, _____ O _____ Lord. 

7 
Most ho - ly The - o - to - - kos, save _____ us. 

8 
To _____ Thee, _____ O _____ Lord. 

9 
A - men. 

10 
And to _____ thy spir - - - - it. 

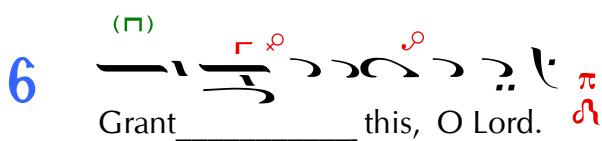
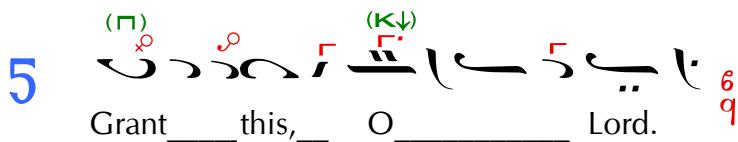
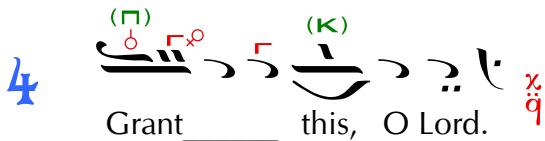
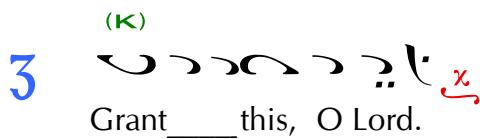
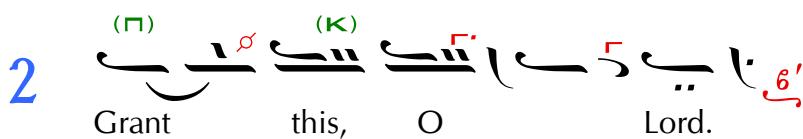
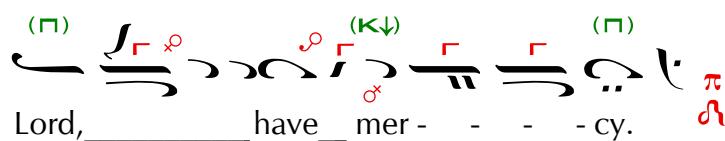
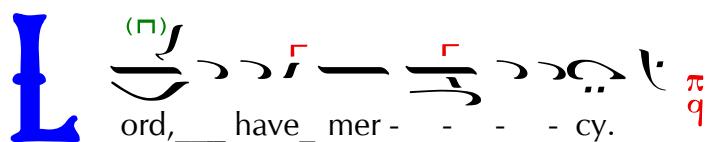


Adapted from Hieromonk Hierotheos
of Philotheou Monastery

Plagal First Mode

⁸⁸ Ἡχος λι ο πα

χ



7 (Π) Most ho - ly The - o - to - - - kos, save _____ us. π ḥ

8 (Π) (ΚΨ) (Π) To _____ Thee, O _____ Lord. π ḥ

9 (Μ) A - men. π ḥ

10 (Π) And to thy spir - - it. π ḥ

Is anyone cheerful? Let him chant.

James 5:13