



GRAVE MODE

Lord, I Have Cried

Intonation: #21

Andante ♩=84

Κύριε ἐκέκραξα

F D C

Lord, I have cried_____ un - to___ Thee,___

D C F

heark - en___ un - to___ me;_ heark - en un - to

C F C

me,___ O Lord.___ Lord, I_____ have cried_ un - to

Thee, heark - en un - to me;

at - tend to the voice of my sup - pli - ca - tion

when I cry un - to Thee: Hark - en un -

to me, O Lord.

O the wise invention
of the teacher who contrives
that in our singing we learn what is profitable,
and that thereby doctrine is somehow more deeply impressed
upon our souls! What is learned under duress tends not to be retained,
but what suavely ingratiates itself somehow adibes
within our souls more steadfastly.

- St. Basil the Great



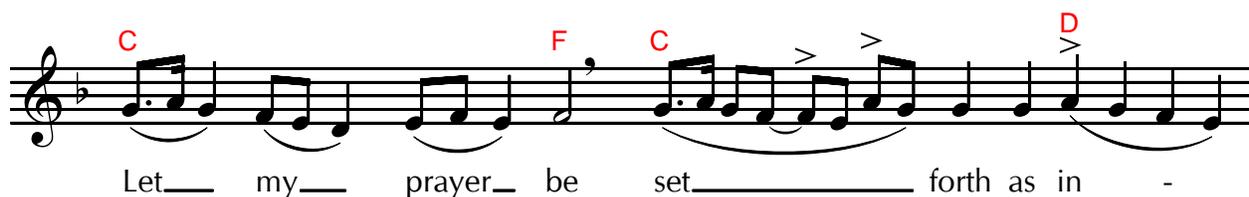
LET MY PRAYER

Grave Mode

Andante $\text{♩} = 84$

Κατευθυνθήτω

C F C D



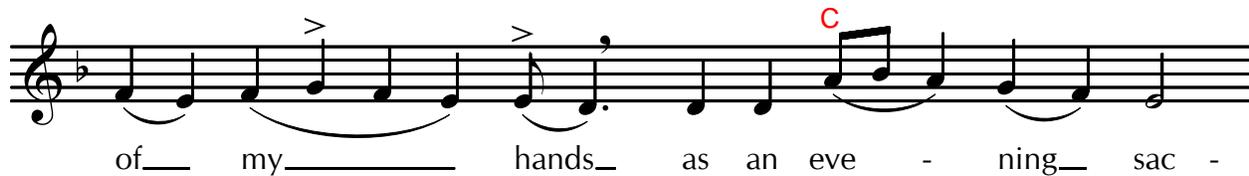
Let my prayer be set forth as in -

C Un. F D



cense be fore Thee, the lift - ing up

C



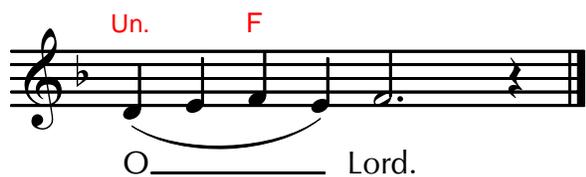
of my hands as an eve - ning sac -

D C



ri - fice; heark - en un - to me,

Un. F



O Lord.

VERSES OF PSALMS 140, 141, AND 129

Grave Mode

Presto ♩=180

Θοῦ Κύριε

1



C F

Set, O Lord, a watch be - fore my mouth, and a door__ of en -



C F

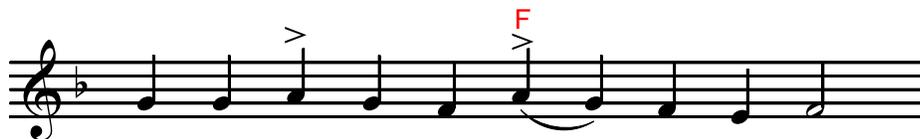
clo - sure round a - bout my lips.

2



C

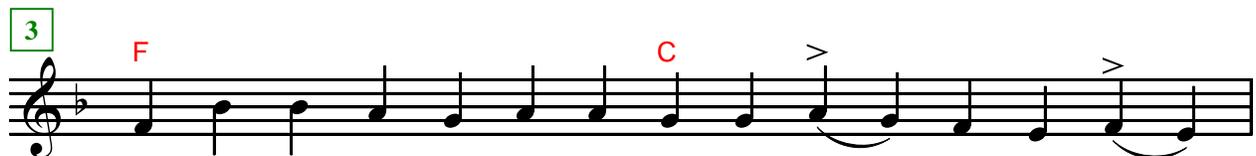
In - cline__ not my heart un - to words of e - vil, to



F

make ex - cuse with ex - cus - es in sins,

3



F C

With men that work in - iq - ui - ty; and I__ will not join__

Un.



Un.

with their cho - sen.

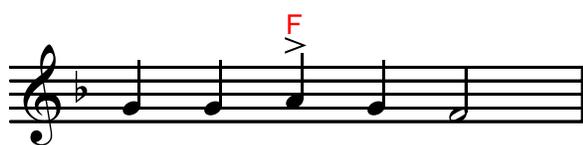
4



The right - eous man will chas - ten me with mer - cy and re - prove



me; as for the oil of the sin - ner, let it



not a - noint my head.

5



For yet more is my prayer in the pres - ence of their pleas -



ures; swal - lowed up near by the rock have their judg - es been.

6



They shall hear my words, for they be sweet - ened; as a clod of



earth is bro - ken up - on the earth, so have their bones been



scat - tered nigh un - to Ha - des.

7



For un - to Thee, O Lord, O Lord, are mine eyes, in Thee



have I hoped; take not my soul a - way.

8



Keep me from the snare which they have laid for me, and



from the stum - bling - blocks of them that work in - iq - ui - ty.

9



The sin - ners shall fall in - to their own net; I

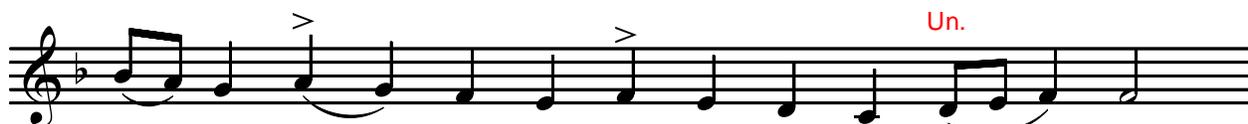


am a - lone un - til I pass by.

10



With my voice un - to the Lord have I cried, with my voice un -



to the Lord have I made my sup - pli - ca - tion.

11

I will pour out be - fore___ Him my sup - pli - ca - tion,

mine af - flic - tion be - fore___ Him will I de - clare.

12

When my spir - it was faint - ing with - in_____ me, then Thou

knew - est my paths.

13

In this way where - in___ I have walked they hid for me a snare.

14

I looked up - on my right_ hand, and be - held, and there was none_

that did know___ me.

15

Flight hath failed___ me, and there is none that watch - eth out___



for my soul.

16



I have cried__ un - to Thee, O Lord; I said: Thou__



art my hope, my por - tion art Thou__ in the land__ of the



liv - ing.

17



At - tend un - to my sup - pli - ca - tion, for I am brought__



ver - y low.

18



De - liv - er me from them that per - se - cute__ me, for they are



strong - er than I.

*On Saturdays, continue with Slow Stichera on page 388
or with Brief Stichera on page 427.*

On other days continue on following page.

19



Bring my soul out of pris - on that I ___ may con-fess Thy Name.

20



The right-eous shall wait pa-tient-ly for me un-til Thou shalt re-



ward ___ me.

21



Out of the depths have I cried ___ un-to Thee, O Lord; O



Lord, ___ hear my voice.

22



Let Thine ears ___ be at-ten-tive to the voice ___ of my sup-pli-



ca - tion.

SLOW STICHERA

Grave Mode

Andante $\text{♩} = 88$

Verse #1

Ἐξάγαγε ἐκ φυλακῆς



Bring my soul out of pris - on that I _____ may_



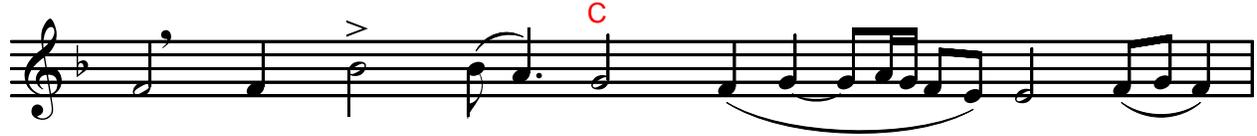
con - fess _____ Thy _____ Name. _

Stichera #1

Δεῦτε ἀγαλλιασώμεθα



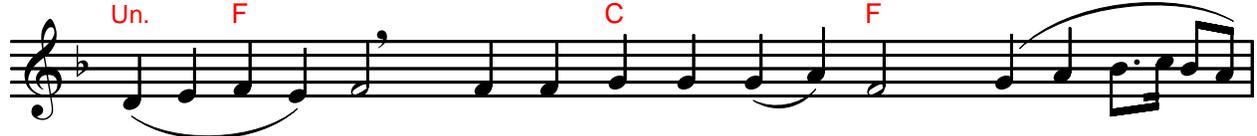
Come, let_ us_ re - joice _____ in _____ the_



Lord Who crushed the_ do - min - - - ion of_



death, and en - light - - - ened_ the_ race _____



of _____ man. Let us cry out with_ the bod - - -

i - less_ hosts: O our Cre - a - tor_ and Sav -
iour, glo - ry_ be_ to_ Thee.

Verse #2

Ἐμὲ ὑπομενοῦσι

The right - eous shall wait pa - tient - ly for me un - til_ Thou
shalt_ re - ward_ me.

Stichera #2

Σταυρὸν ὑπέμεινας

The Cross and bur - i - al hast Thou_ en - dured_
for us, O Sav - - - iour; and, as_ God,

Thou hast slain death by death. Where - fore, we
wor - - - ship Thy Res - ur - rec - tion
on the third day. Lord, glo - ry
be to Thee.

Verse #3

Ἐκ βαθέων

Out of the depths have I cried un - to Thee, O Lord;
O Lord, hear my voice.

Stichera #3

Ἀπόστολοι ἰδόντες

On see - ing_ the a - ris - - - - ing of_

the_ Cre - a - - - - tor, the a - pos -

tes_ mar - - - - velled, cry - ing out_

with an - gel - ic_ praise:_ This_ is_ the

glo - ry_ of_ the_ Church; this_ is the

wealth_ of the_ King - - - dom!_ O Thou Who didst

suf - - - - fer for_ us, Lord, glo -

ry_ be_ to_ Thee._

Verse #4

Γενηθήτω τὰ ὦτα σου

Let Thine ears be at-ten - tive to the voice_ of_

my sup - pli - ca - - - - tion._

Stichera #4

Κὰν συνελήφθης

Though Thou wast tak - en_ cap - - - tive by law -

less_ men, O_ Christ, yet Thou art_ my God,_

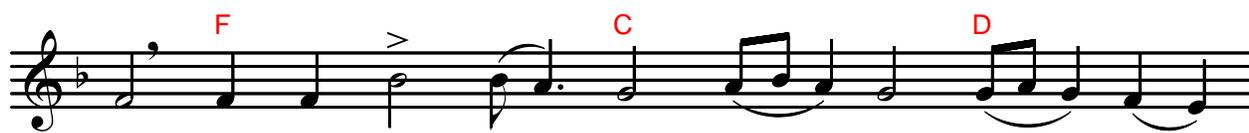
and I_ am_ not_ a - shamed. Thou wast smit -

D **C** **Un.**



ten on the back; I do not de - ny

F **C** **D**



it. Thou wast nailed to the Cross, and I con -

C



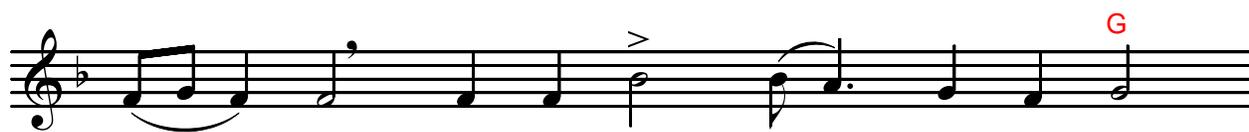
ceal it not. In Thine a - ris - ing

F



do I boast, for Thy death is

G



my life. O om - nip - o - tent and man -

D



be - friend - ing Lord, glo - ry

Un. **F**



be to Thee.

Verse #5

Ἐὰν ἀνομίας

If Thou should-est mark in - iq - ui - ties, O Lord, O Lord, who shall
stand? For___ with___ Thee___ there is___ for -
give - - - - ness.___

Stichera #5

Δαυϊτικὴν προφητείαν

In ful - fill - ment of Da - vid's___ proph - e -
cy,___ in Si - on___ Christ un - veiled His
maj - es - ty___ to His___ dis - ci - - -

ples, re - veal - ing Him - self

as the One Who is praised and

ev - er glo - ri - fied with the Fa -

ther and the Ho - ly Spir - - - it;

once, be - ing with - out flesh as the

Word, but now for us be - com -

ing in - car - - - nate, be - ing put

to death as man, and a - ris - - -

ing ac - cord - ing to His___ pow - - - er,___

as___ the___ Friend___ of___ man.

Verse #6

"Ἔνεκεν τοῦ ὀνόματός σου

For Thy Name's sake have I pa-tient-ly wait-ed for Thee, O Lord;

my soul hath wait-ed pa-tient-ly for Thy word, my soul___

hath hoped___ in the___ Lord.

Stichera #6

Κατῆλθες ἐν τῷ ᾄδει

Thou didst_ de - scend_ in - to___ Ha - - -

- des,___ O Christ,___ as___ Thou_ didst_

will. Thou didst_ de - spoil_____ death since_

Thou___ art___ God___ and Mas - - - ter;___ and

Thou didst rise___ on___ the third_____ day,

and_____ from the___ bonds of Ha - des and_

cor - rup - - - - tion_ didst Thou al - so___

raise up Ad - - - am, who cried_____ out_____

and___ said: Glo - ry___ to Thy Res - ur -

rec - - - tion, O on - ly___ Friend_____

of_____ man.

Verse #7

Ἐκ φυλακῆς πρωΐας

From the morn-ing watch un - til night, from the morn-ing watch

let Is - ra - el___ hope_____ in the___ Lord.

Stichera #7

Ἐν τάφῳ κατετέθης

In the grave wast_ Thou laid_ as___ one___ that___

sleep - - - eth, O___ Lord; and Thou didst rise on___

the___ third___ day as___ One might - - - y___

in strength, - rais - ing___ up___ Ad - am___

with___ Thy - self out of the cor - rup - - - -

tion of___ death, - since Thou___ art___

om - nip - - - - o - - - - tent.

Verse #8

Ἔστι παρὰ τῷ Κυρίῳ



For with the Lord there is mer-cy, and with Him is plen-te-ous re-



demp - tion; and He shall re-deem Is - ra - el out___ of___



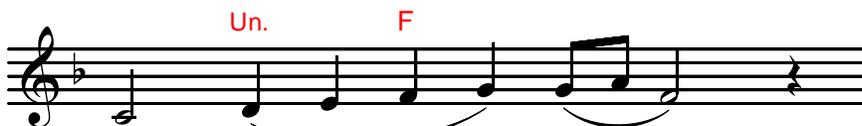
all his___ in - iq - ui - - - ties.____

Verse #9

Αἰνεῖτε τὸν Κύριον



O praise the Lord, all ye na - tions; praise Him,___ all___



ye peo - - - - ples.____

Verse #10

ἽΟτι ἐκραταιώθη



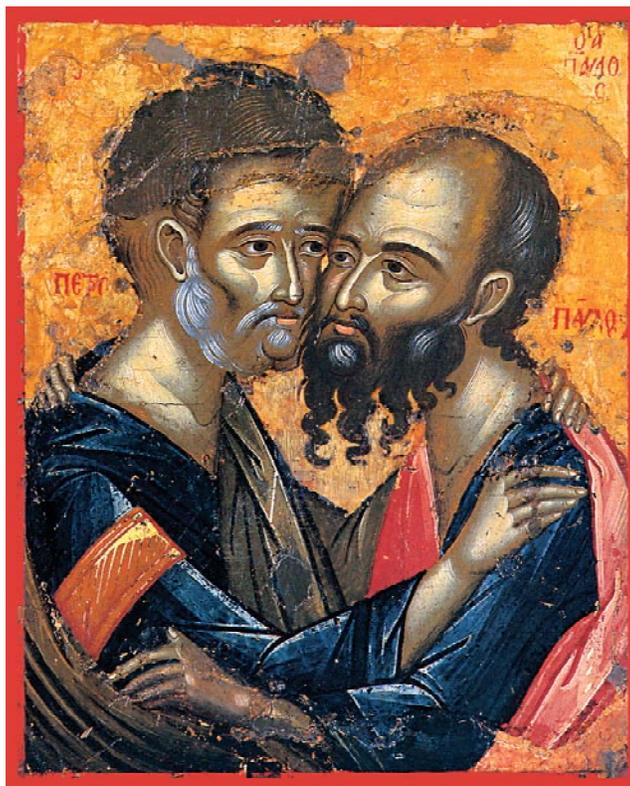
For He hath made His mer-cy to pre-vail o-ver us, and



the truth of the Lord a-bid-eth



for ev-er.





GLORY... BOTH NOW...

Grave Mode

Andante $\text{♩} = 84$

Δόξα Πατρί

A1

Glo - ry to the Fa - ther, and to the Son, and to the
Ho - ly Spir - - - it.

Καὶ νῦν

A2

Both now and ev - - - er, and un - to the a - - -
ges of a - - - ges. A - men.

Alternate Melodies

B1



Glo - ry to the Fa - - - ther, and



to the Son, and to the Ho - ly



Spir - - - it.

B2



Both now and ev - - - er, and un - to the



a - - - ges of a - - - ges. A - men.

Old (Slow) Sticheraric Melodies

C1

Glo - - - - ry_ to the_ Fa - - - - ther,

and_ to the_ Son, and_ to the Ho - ly

Spir - - - - it.

C2

Both now_ and_ ev - - - - er,

and_ un - to the_ a - - - - ges_ of

a - - - - ges_ A - - - - men.



DOGMATIC THEOTOKION

Grave Mode

Andante $\text{♩} = 84$

Μήτηρ μὲν ἐγνώσθης

Chord progression: F, C, D, C, F, C

Thou art_ known to___ be___ a moth - - -

Chord progression: D, C

er sur - pass - ing na - - - ture, O The - o -

Chord progression: Un., G

to - - - kos; and sur-pass-ing rea - son and un - der -

Chord progression: D, C

stand - - - ing, thou_____ didst re - main___ a

Chord progression: Un., C

vir - - - - - gin. And no tongue_____ can

ex - plain the mir - - - a - cle of _____ thy

child - - - birth; _____ for e - ven _____ as the con -

cep - - - tion was _____ strange, O pure _____

one, so the man - - - ner _____ of _____ birth is _____

in - com - pre - hen - si - ble. For where - so - ev -

er God _____ will - - - eth, _____ the or - der of

na - - - ture _____ is o - ver - come.. Where -

fore, know - ing _____ thee to be the Moth - - -

er of God, we all be - seech thee
fer - vent - ly: In - - - ter - cede
thou that our souls be
saved.

The musical score is written on four staves in a single system. The first staff begins with a treble clef and a key signature of one flat (B-flat). The lyrics are placed below the notes. The second staff has a red 'D' above the final note. The third staff has red 'C', 'F', and 'C' above notes. The fourth staff has a green 'rit.' above the first note and a red 'Un.' above the second note. The piece ends with a double bar line.

The "Quick to Hear" (Gorgo-ypikousa) Panagia



of Docheiariou Monastery on the Holy Mountain



DOGΜATIC THEOTOKION

Diatonic Grave Mode

Andante ♩=84

Δόξα Πατρί

Un. > G

Glo - ry to the Fa - - - ther, _____ and _____ to

B↓ >

the _____ Son, and _____ to the Ho - - - ly _____

Spir - - - - - it.

Καὶ νῦν

B >

Both now _____ and _____ ev - - - - er, and un - to the

D C B

a - ges _____ of _____ a - - - - ges. _____ A - men.

Μήτηρ μὲν ἐγνώσθης

Thou art known to be a mother - - - -
er sur - pass - - - - ing na - ture, O
The - o - to - - - - kos; and sur -
pass - ing rea - - - - son and un -
der - stand - - - - ing, thou didst re -
main a vir - - - - gin. And no tongue
can ex - plain the mir - a - cle

of thy child - - - birth; for e - - -

ven as the con - cep - - - tion was - - -

strange, O pure - - - one, so - - - the - - -

man - - - ner of birth is - - - in - - -

com - pre - hen - si - ble. For where - - -

so - ev - - - er God will - - - eth, - - -

the or - der of na - - - ture is - - -

o - ver - come. Where - - - fore, know -

The musical score is written in a single system with five staves. It features a treble clef and a key signature of one flat (B-flat). The melody is characterized by a slow, solemn pace with long note values and frequent ties. Chordal indications 'D' and 'G' are placed above the first and second staves, respectively. A 'B' with a downward arrow is placed above the third staff. A 'rit.' marking is placed above the fifth staff. The lyrics are written below the notes, with some words connected by long horizontal lines to indicate sustained sounds or breath marks.

ing___ thee___ to___ be___ the___ Moth - - - -
 er___ of___ God, we___ all be -
 sech thee___ fer - vent - ly:___ In -
 ter - cede___ thou___ that_ our_ souls_ be___
 saved._____

Pray gently and calmly, sing with understanding and rhythm; then you will soar like a young eagle high in the heavens. Psalmody calms the passions and curbs the uncontrolled impulses in the body.

-Evagrius the Solitary (From the *Philokalia*)



SLOW ἈPOSTICHA

Grave Mode

Andante ♩=88

Aposticha #1

Ἀνέστης ἐκ τοῦ τάφου



Thou didst rise from the grave, O Saviour



of the world; and together with Thy



flesh, Thou didst also raise up man. Lord,



glo - ry be to Thee

Verse #2

Ὁ Κύριος ἐβασίλευσεν



The Lord is king; He is clothed with maj-es-ty. The Lord is



clothed with strength_ and He___ hath girt_ Him - self.___

Aposticha #2

Τὸν ἀναστάντα ἐκ νεκρῶν



Come, let us___ wor - ship___ Him_ Who is ris -



en___ from the___ dead, and___ Who hath_ en -



light - - - ened all___ things. For he hath freed___ us



from the tyr - an - ny of___ Ha - - - des by

His a - ris - - - ing on the third _____ day,
 grant - ing us life and great mer - - -
 cy. _____

Verse #3

Καὶ γὰρ ἐστερέωσε

For He es - tab - lished the world which shall not be
 shak - - - en.

Aposticha #3

Ὑπὸ τὸν ἄδην κατελθὼν

When Thou didst de - scend to Ha - - - des be -

low, O Christ, Thou didst de - spoil

death; and a - ris - ing on the third day,

Thou didst al - so raise us who glo - ri - fy

Thine om - nip - o - tent a - ris - - - ing,

O Lord, Thou Friend of man.

Verse #4

Τῷ οἴκῳ σου πρέπει

Ho - li - ness be - com - eth Thy house, O Lord, un - to length

of days.





ἈΡΟΣΤΙΧΑ ΤΗΕΟΤΟΚΙΟΝ

Grave Mode

Andante $\text{♩} = 84$

Ὑπὸ τὴν σὴν

Flee - ing _____ for _____ ref - - - - uge un -

der _____ thy shel - - - ter, O _____ La - - - -

dy, _____ all we, the earth - born, cry _____ out _____ to

thee: _____ O The - o - to - kos, _____ our _____ hope, de -

liv - er _____ us from our count - less of - fen - - - ces _____

and save _____ our _____ souls. _____

The musical notation is on a single staff in a low mode (Grave Mode). It begins with a treble clef and a key signature of one flat. The notes are: a half note G4, a quarter note A4, a quarter note Bb4, a quarter note C5, a quarter note Bb4, a quarter note A4, a quarter note G4, a quarter note F4, a quarter note E4, a quarter note D4, a quarter note C4. Above the staff, there are performance markings: 'C' above the first note, 'F' above the second note, 'C' above the eighth note, 'rit.' above the ninth note, and 'Un.' above the tenth note. The lyrics 'and save our souls.' are written below the staff with horizontal lines indicating the syllable placement.





ἈΡΟΣΤΙΧΑ ΘΕΟΤΟΚΙΟΝ

Diatonic Grave Mode

Andante $\text{♩} = 84$

Ὑπὸ τὴν σὴν

B↓

Flee - ing for__ ref - - - uge un - - - der

thy_____ shel - ter,_____ O_____ La - - - dy,

B↓

G

all we,_____ the earth - born, cry_____ out_____

D **C** **D**

to_____ thee: O_____ The - - o - to - - -

B **D**

kos,_____ our_____ hope,_____ de - liv - er_____ us from our

count - less _____ of - fen - ces _____

Un. B rit.

and_ save_ our_ souls. _____

The Apostle admonishes women to be silent in church, yet they do well to join in a psalm; this is gratifying for all ages and fitting for both sexes. Old men ignore the stiffness of age to sing [a psalm], and melancholy veterans echo it in the joy of their hearts; young men sing one without the bane of lust, as do adolescents without threat from their insecure age or the temptation of sensual pleasure; even young women sing psalms with no loss of wifely decency, and girls sing a hymn to God with sweet and supple voice while maintaining decorum and suffering no lapse of modesty. Youth is eager to understand [a psalm], and the child who refuses to learn other things takes pleasure in contemplating it; it is a kind of play, productive of more learning than that which is dispensed with stern discipline.

-St. Ambrose, *On Psalm 1*



ἈΠΟΛΥΤΙΚΙΟΝ OF THE RESURRECTION

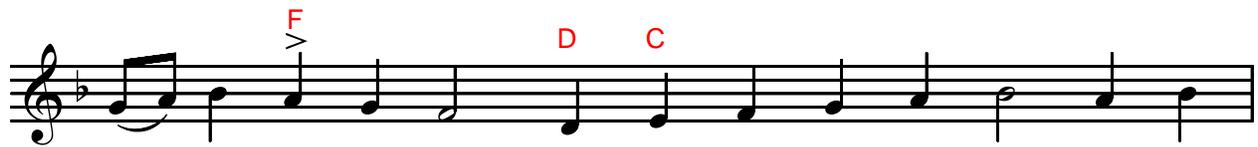
Grave Mode

Allegro ♩=160

Κατέλυσας τῷ σταυρῷ σου



By Thy Cross Thou didst a - bol - ish death; to the thief Thou didst



o - pen Par - a - dise; Thou didst trans - form the myrrh - bear - ers'



lam - en - ta - tion, and didst or - der Thine A - pos - tles to



preach that Thou art ris - en, O Christ our God,



be - stow - ing great mer - cy up - on the world.

Glory...

Δόξα Πατρί

Musical notation for the first line of the 'Glory...' section. It features a treble clef, a key signature of one flat (B-flat), and a 4/4 time signature. The melody consists of quarter and eighth notes, with a fermata over the final note. Chords 'F' and 'C' are indicated above the staff. A dynamic marking '>' is placed above the final note. The lyrics are: Glo - ry to the Fa - ther, and to the Son, and_ to_ the Ho - ly

Musical notation for the second line of the 'Glory...' section. It features a treble clef, a key signature of one flat (B-flat), and a 4/4 time signature. The melody consists of quarter and eighth notes, with a fermata over the final note. A dynamic marking '>' is placed above the final note. The lyrics are: Spir - it.

Both now...

Καὶ νῦν

Musical notation for the first line of the 'Both now...' section. It features a treble clef, a key signature of one flat (B-flat), and a 4/4 time signature. The melody consists of quarter and eighth notes, with a fermata over the final note. Chords 'F' and 'C' are indicated above the staff. A dynamic marking '>' is placed above the final note. The lyrics are: Both now and ev - er, and un - to the ag - es of

Musical notation for the second line of the 'Both now...' section. It features a treble clef, a key signature of one flat (B-flat), and a 4/4 time signature. The melody consists of quarter and eighth notes, with a fermata over the final note. A dynamic marking '>' is placed above the first note. The lyrics are: ag - es. A - men.

Resurrectional Theotokion

Ὡς τῆς ἡμῶν ἀναστάσεως

Musical notation for the 'Resurrectional Theotokion' section. It features a treble clef, a key signature of one flat (B-flat), and a 4/4 time signature. The melody consists of quarter and eighth notes, with a fermata over the final note. A chord 'C' is indicated above the staff. The lyrics are: As the treas - ur - y of our sal - va - tion, O all - hymned one,

do thou lead up from the pit and a - byss_ of_ of - fen - ces

them that hope in thee; for them_ that were li - a - ble_ be -

cause of sin hast thou saved by giv - ing birth_ to Sal - va -

tion, O thou_ who be - fore_ child - birth wast vir -

gin, and in child-birth wast vir - gin, and af - ter child -

birth a - gain re - main - est vir - gin.

F *C* *Un.* *C* *Un.* *rit.* *Un.*





GRAVE MODE - BRIEF

Intonation: #21

Lord, I Have Cried

Allegro ♩=160

Κύριε ἐκέκραξα



Lord, — I have cried — un - to Thee, heark - en un - to me;



heark - en un - to me, O Lord. Lord, — I have cried — un - to



Thee, heark - en un - to me; at - tend — to the voice —



of my sup - pli - ca - tion when I cry un - to Thee:



Heark-en un - to me, O Lord.

Let My Prayer

Κατευθυνθήτω



Let my prayer be set forth as incense before Thee,



the lift - ing up of my hands as an eve - ning sac - ri -



fice; heark - en un - to me, O Lord.

BRIEF STICHERA

Grave Mode

Verse #1

Allegro $\text{♩} = 160$

Ἐξάγαγε ἐκ φυλακῆς



Bring my soul out of pris - on that I ___ may con - fess Thy Name.

Stichera #1

Δεῦτε ἀγαλλιασώμεθα



Come, let us re - joice___ in the Lord Who crushed the do - min -



ion of death, and en - light - ened the race of man. Let us



cry out with the bod - i - less hosts: O our Cre - a -



tor and Sav - iour, glo - ry be___ to___ Thee.

Verse #2

Ἐμὲ ὑπομενοῦσι



The right - eous shall wait pa - tient - ly for me un - til Thou shalt re -



ward___ me.

Stichera #2

Σταυρὸν ὑπέμεινας



The Cross and bur - i - al hast Thou en - dured for us, - O Sav -



iour; and, as God, Thou hast slain death by death. Where - fore, - we



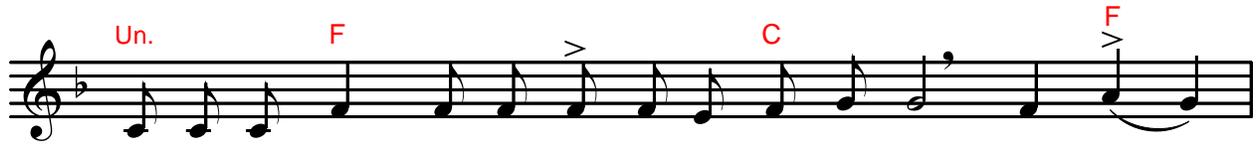
wor - ship Thy Res - ur - rec - tion on the third_ day. Lord, -



glo - ry be___ to___ Thee.

Verse #3

Ἐκ βαθέων



Out of the depths have I cried un - to Thee, O Lord; O Lord, _



hear my voice.

Stichera #3

Ἀπόστολοι ἰδόντες



On see - ing the a - ris - ing of the Cre - a - tor,



the a - pos - tles mar - velled, cry - ing out _ with an - gel - ic praise:



This _ is the glo - ry of the Church; this is the wealth of _ the



King - dom! O Thou _ Who didst suf - fer for us,

Lord, glo - ry be to Thee.

Verse #4

Γενηθήτω τὰ ὦτα σου

Let Thine ears be at - ten - tive to the voice of my sup - pli -

ca - tion.

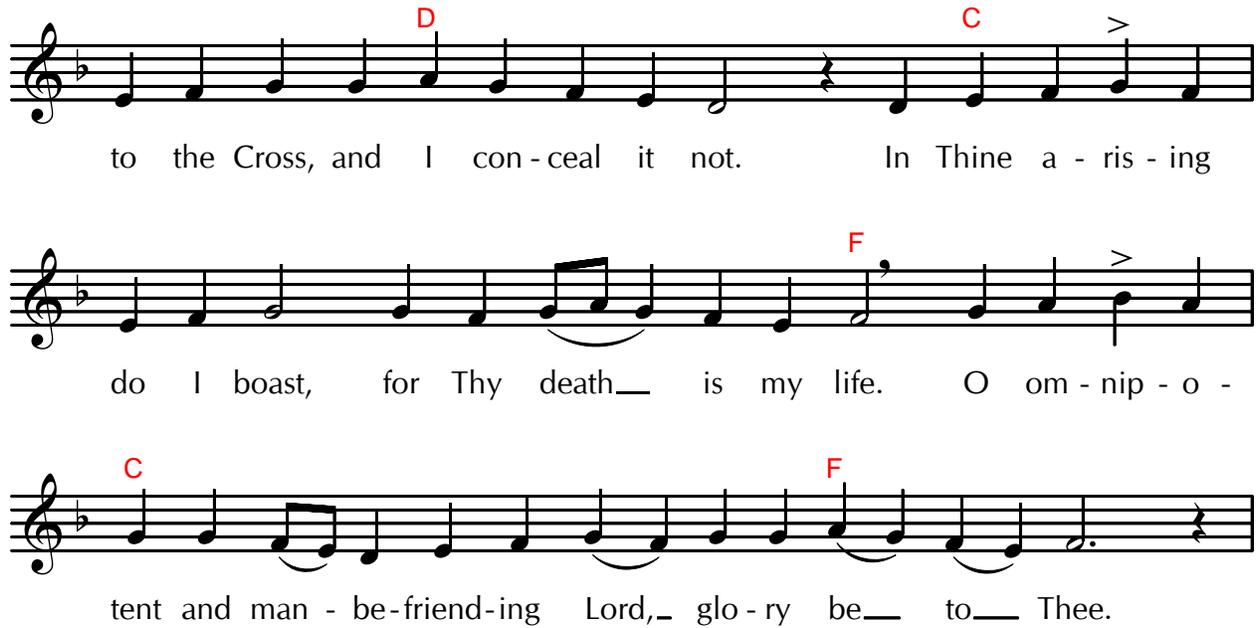
Stichera #4

Κὰν συνελήφθης

Though Thou wast tak - en cap - tive by law - less men, O Christ, yet

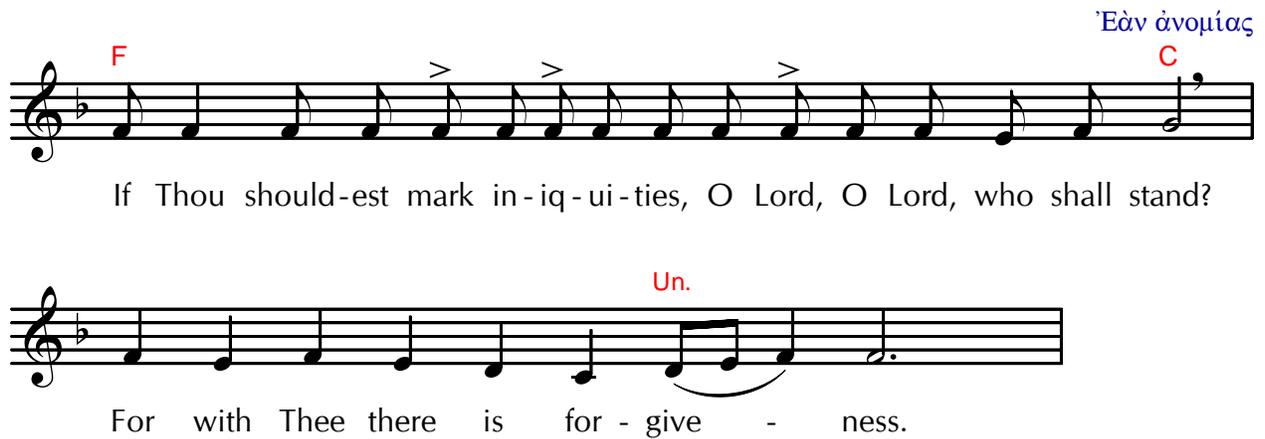
Thou art my God, and I am not a - shamed. Thou wast smit - ten

on the back; I do not de - ny it. Thou wast nailed



to the Cross, and I con - ceal it not. In Thine a - ris - ing
do I boast, for Thy death_ is my life. O om - nip - o -
tent and man - be - friend - ing Lord, - glo - ry be_ to_ Thee.

Verse #5



Ἐὰν ἀνομίᾳς
If Thou should - est mark in - iq - ui - ties, O Lord, O Lord, who shall stand?
Un.
For with Thee there is for - give - ness.

Stichera #5



Δαυϊτικὴν προφητείαν
In ful - fill - ment of Da - vid's proph - e - cy, in Si - on



Christ un-veiled His maj - es - ty to His_ dis - ci - ples, re -



veal - ing Him - self___ as the One___ Who is praised and ev - er



glo - ri - fied with the Fa - ther and the Ho - ly Spir -



it; once,___ be - ing with - out flesh___ as the Word, but



now for us___ be - com - ing in - car - nate, be - ing put to



death as man, and a - ris - ing ac - cord - ing to His pow - er,



as the Friend_ of___ man.

Verse #6

Ἔνεκεν τοῦ ὀνόματός σου

Un. F

For Thy Name's sake have I pa-tient-ly wait-ed for Thee, O Lord; my

C

soul hath wait-ed pa-tient-ly for Thy word, my soul hath hoped_

F

in the Lord.

Stichera #6

Κατήλθες ἐν τῷ ᾄδι

Un. C F

Thou didst de - scend_ in - to Ha - des, O Christ, as Thou didst

C

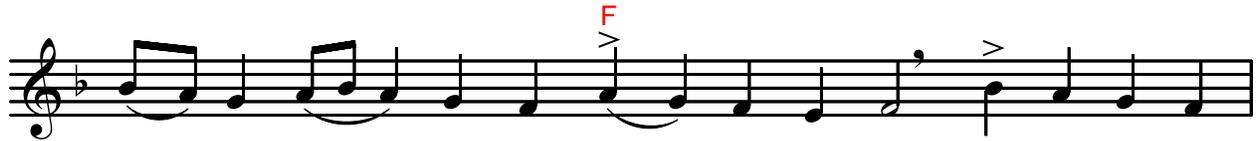
will. Thou didst de - spoil_ death since Thou art God_ and Mas -

Un.

ter; and Thou_ didst rise_ on_ the third_ day, and



from the bonds of Ha - des and cor - rup - tion didst Thou al - so



raise_ up Ad - am, who cried_ out and said: Glo - ry to Thy



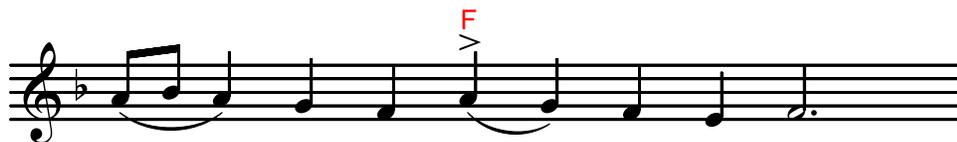
Res - ur - rec - tion, O on - ly Friend_ of_ man.

Verse #7

Ἄπο φυλακῆς πρωΐας



From the morn - ing watch un - til night, from the morn - ing watch let



Is - ra - el hope_ in the Lord.

Stichera #7

Ἐν τάφῳ κατετέθης



In the grave_ wast Thou laid as one that sleep - eth, O Lord;



and Thou didst rise on the third day as One might - y in



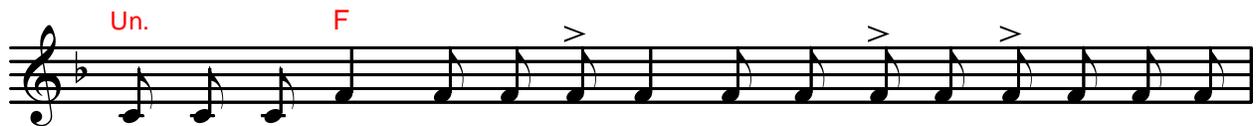
strength, rais - ing up Ad - am with Thy-self out of the cor -



rup - tion of death, since Thou art om - nip - o - tent.

Verse #8

Ὅτι παρὰ τῷ Κυρίῳ



For with the Lord there is mer-cy, and with Him is plen-te-ous re -



demp-tion; and He shall re - deem_ Is - ra - el out of all_ his in -



iq - ui - ties.

Verse #9

Αινεῖτε τὸν Κύριον



O praise the Lord, all ye na - tions; praise Him, all ye peo - ples.

Verse #10

Ὅτι ἐκραταιώθη



For He hath made His mer-cy to pre-vail o-ver us, and the truth of the



Lord a - bid - eth for ev - er.

Glory...

Δόξα Πατρί



Glo - ry to the Fa - ther, and to the Son, — and — to the



Ho - ly Spir - it.

Both now...

Καὶ νῦν

Both now and ev - er, and un - to the ag - es of
ag - es. A - men.

Dogmatic Theotokion

Μήτηρ μὲν ἐγνώσθης

Thou art known to be a moth - er sur-pass-ing na - ture, O
The - o - to - kos; and sur-pass-ing rea - son and un - der -
stand - ing, thou_ didst re-main a vir - gin. And no
tongue_ can ex-plain the mir - a - cle of thy child - birth;



for e - ven as the con - cep - tion was strange, O pure__



one, so the man - ner of birth__ is in - com - pre - hen -



si - ble. For where - so - ev - er God will - eth,



the or - der of na - ture is o - ver - come. Where - fore,



know - ing thee to be the Moth - er of God, we all



be - seech thee fer - vent - ly: In - ter - cede thou that our souls be



saved._____



BRIEF ΑPOSTICHA

Grave Mode

Aposticha #1

Allegro ♩=160

Ἀνάστης ἐκ τοῦ τάφου



Thou didst rise___ from the grave, O Sav-iour of the world; and to -



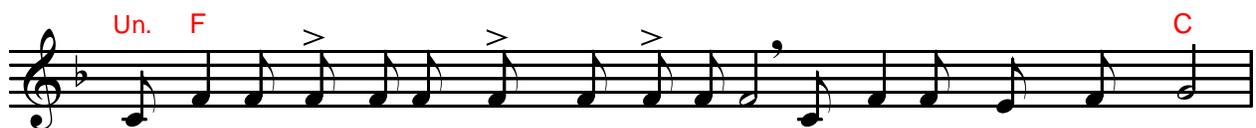
geth - er with Thy flesh, Thou didst al - so raise up man. Lord, -



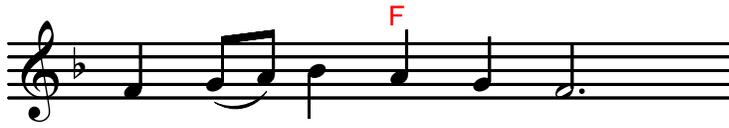
glo - ry be___ to___ Thee.

Verse #2

Ὁ Κύριος ἐβασίλευσεν



The Lord is king; He is clothed with maj-es-ty. The Lord is clothed with strength



and He_ hath girt Him - self.

Aposticha #2

Τὸν ἀναστάντα ἐκ νεκρῶν



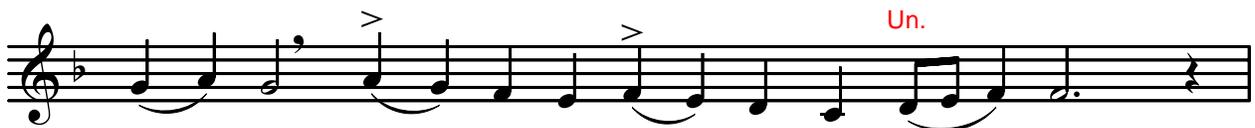
Come, let us wor-ship Him Who is ris - en from the dead,



and Who hath en-light - ened all things. For he hath freed us



from the tyr - an - ny of Ha - des by His a - ris - ing on the



third_ day, grant - ing us life_ and great mer - cy.

Verse #3

Καὶ γὰρ ἐστερέωσε



For He es-tab-lished the world which shall not be shak - en.

Aposticha #3

ὑπὸ τὸν ἄδην κατελών



When Thou didst de-scend to Ha - des_ be-low, O Christ, Thou_



didst de - spoil_ death; and a - ris - ing on_ the third_ day,



Thou didst al - so raise_ us who glo - ri - fy Thine om - nip - o -



tent a - ris - ing, O Lord, Thou Friend_ of_ man.

Verse #4

Τῷ οἴκῳ σου πρέπει



Ho - li - ness be-com-eth Thy house, O Lord, un - to length of days.

Aposticha #4

Φοβερὸς ὄφθης

Thou didst ap - pear_ awe - some, O Lord, while ly - ing in the

grave as one that sleep - eth; and a - ris - ing on the third day

as One might - y, Thou didst al - so raise Ad - am who

cried_ out: Glo - ry to Thy Res - ur - rec - tion, O on - ly

Friend_ of_ man.

Glory...

Δόξα Πατρί

Glo - ry to the Fa - ther, and to the Son, and_ to the

C Un.

Ho - ly Spir - it.

Both now...

Καὶ νῦν

F C D C

Both now and ev - er, and un - to the ag - es of

Un.

ag - - es. A - men.

Aposticha Theotokion

Ὑπὸ τὴν σὴν

C

Flee - ing for ref - uge un - der thy shel - ter, O

La - dy, all we, the earth - born, cry

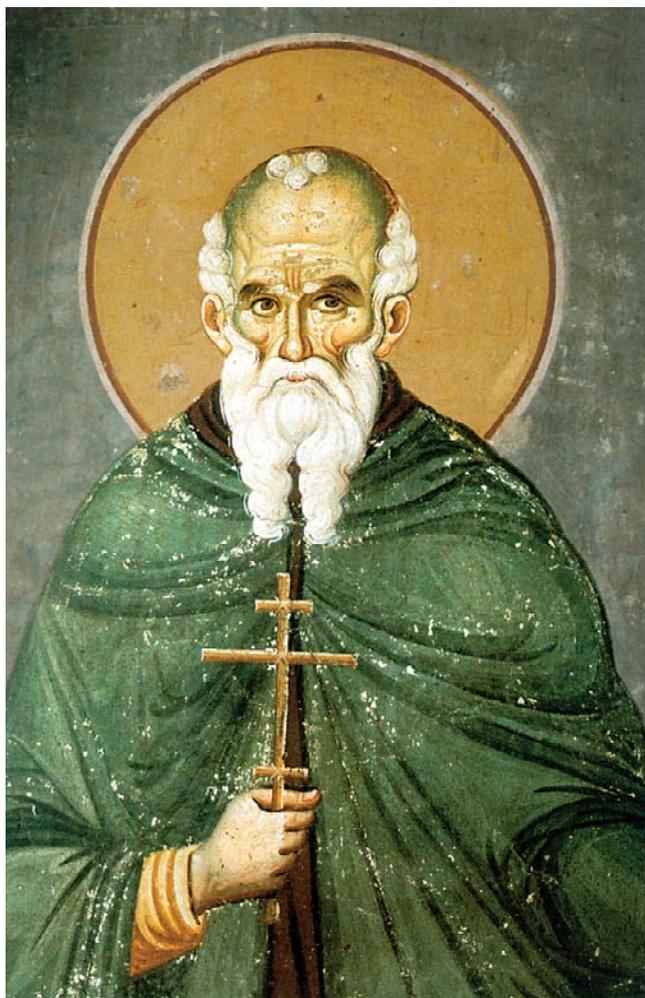
F

out to thee: O The - o - to - kos, our hope, de -

liv - er us from our count - less of - fen - ces and

save our souls. _____

The musical score is written on two staves in a single system. The first staff begins with a treble clef, a key signature of one flat (B-flat), and a common time signature (C). The melody consists of a series of quarter notes, with a half note at the end. There are two accents (>) above the first and eighth notes. A red 'C' is placed above the second note. The second staff continues the melody with a half note followed by a quarter note, then a half note with a fermata. It includes a green 'rit.' marking above the first note and a red 'Un.' marking above the second note. The piece concludes with a double bar line.



ST. ATHANASIOS THE ATHONITE