



## PLAGAL SECOND MODE



Lord, I Have Cried

*Ὑχος λιτταῖα*

χ 84

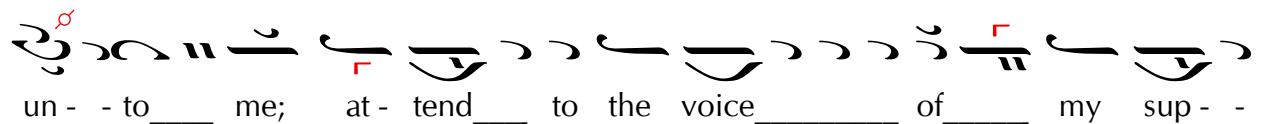
Κύριε ἐκέκραξα



(Π) ὤντος λιτταῖα  
ord, \_\_\_\_\_ I have cried \_\_\_\_\_ un - - - to \_\_\_\_\_ Thee, Δ ♂ heark -

en un - - to \_\_\_\_\_ me; Δ ♂ heark-en un - - - - to me, \_\_\_\_\_ O \_\_\_\_\_

Lord. π Lord, \_\_\_\_\_ I have cried \_\_\_\_\_ un - to \_\_\_\_\_ Thee, Δ ♂ heark - - - en


 un - - to\_\_\_\_ me; at - tend\_\_\_\_ to the voice\_\_\_\_\_ of\_\_\_\_ my sup - -

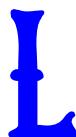

 pli - ca - - - - tion when I cry\_\_\_\_\_ un - to\_\_\_\_ Thee:\_\_\_\_

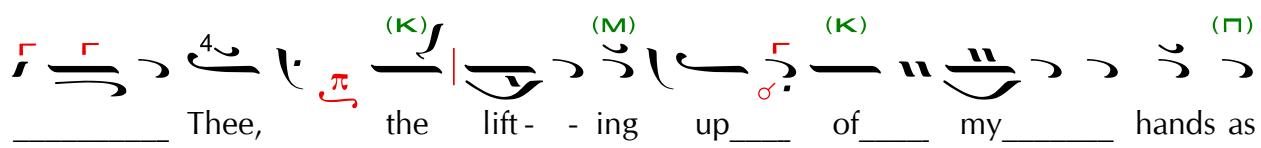

 Hark-en un - to me\_\_\_\_\_ O\_\_\_\_\_ Lord. 

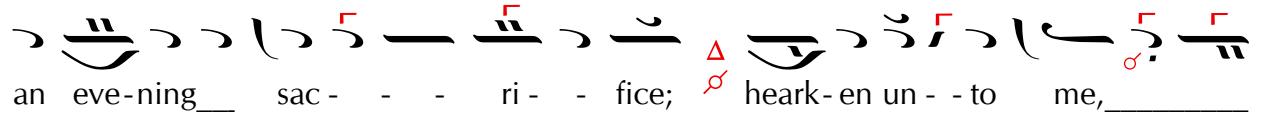


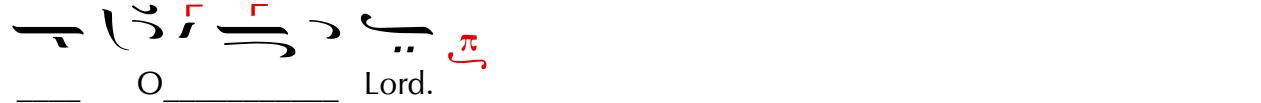
### Let My Prayer

Κατευθυνθήτω


 et my prayer\_\_\_\_ be\_\_\_\_ set\_\_\_\_ forth as\_\_\_\_ in - - - cense be - fore\_


 Thee, the lift - - ing up\_\_\_\_ of\_\_\_\_ my\_\_\_\_ hands as\_\_\_\_


 an eve-night\_\_\_\_ sac - - - ri - - fice;  heark-en un - - to me,\_\_\_\_


 O\_\_\_\_\_ Lord. 



## VERSES OF PSALMS

### 140, 141, AND 129

#### Plagal Second Mode

Ἄγαπε Κύριε

Ἄγαπε Κύριε

Θοῦ Κύριε

**S**et, O Lord, a watch before my mouth, and a door of enclosure

round about my lips.

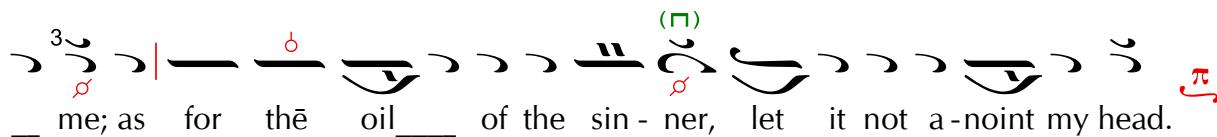
**2** Incline not my heart unto words of evil, to make excuse

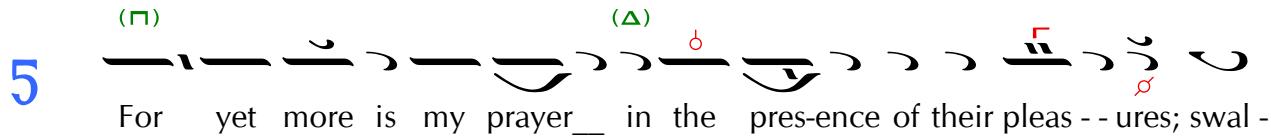
with excuses in sins,

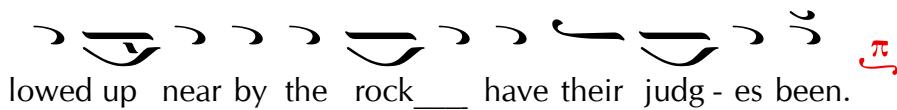
**3** With men that work iniquity; and I will not join with their

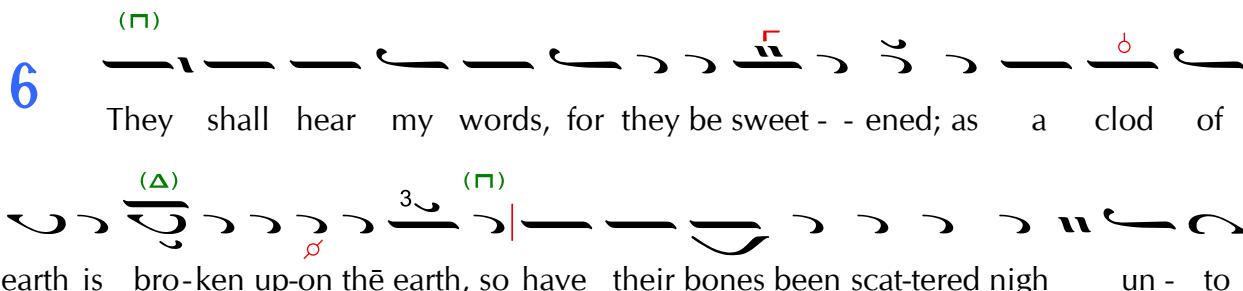
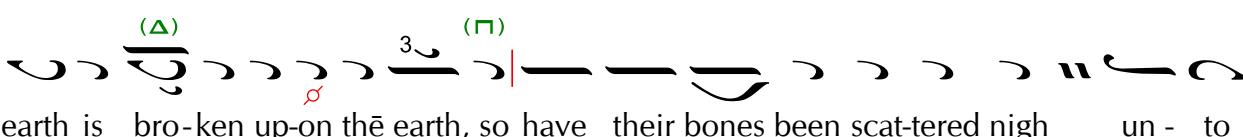
chosen.

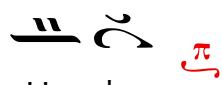
**4** The righteous man will chasten me with mercy and prove\_

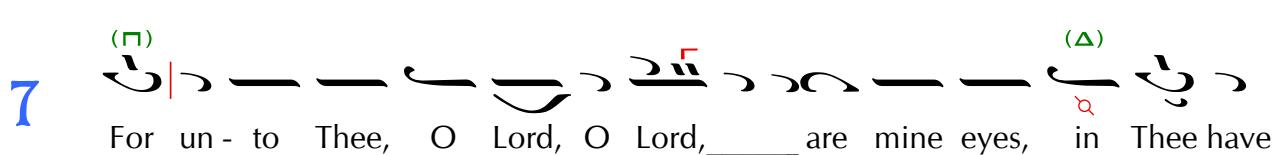
  
 me; as for the oil <sup>(Π)</sup> of the sin - ner, let it not a-noint my head. 

**5**   
 For yet more is my prayer <sup>(Π)</sup> in the pres-ence of their pleas - - ures; swal -

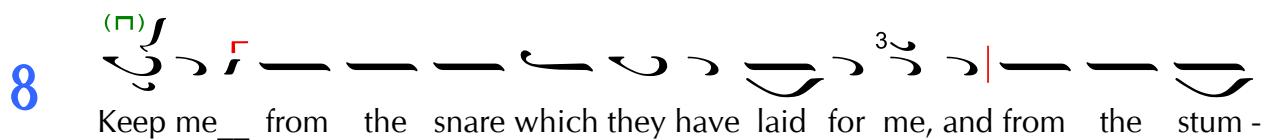
  
 lowed up near by the rock <sup>(Π)</sup> have their judg - es been. 

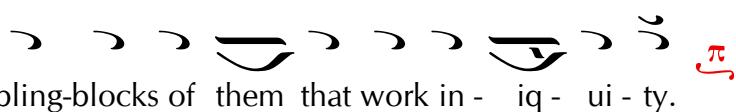
**6**   
 They shall hear my words, for they be sweet - - ened; as a clod of  
  
 earth is bro-ken up-on thē earth, so have their bones been scat-tered nigh <sup>(Π)</sup> un - to

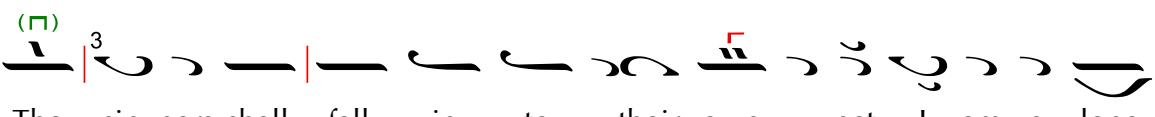
  
 Ha - des. 

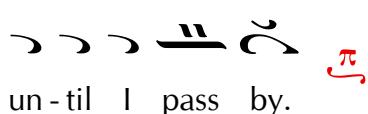
**7**   
 For un - to Thee, O Lord, O Lord, <sup>(Π)</sup> are mine eyes, in Thee have

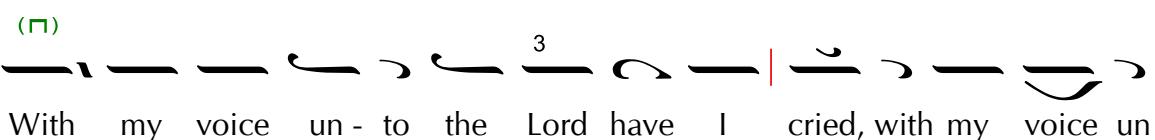
  
 I hoped; take <sup>(Π)</sup> not my soul a-way. 

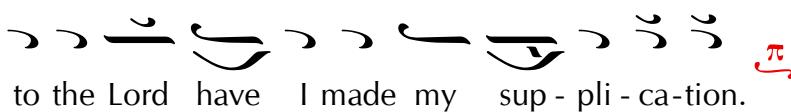
**8**   
 Keep me <sup>(Π)</sup> from the snare which they have laid for me, and from the stum -

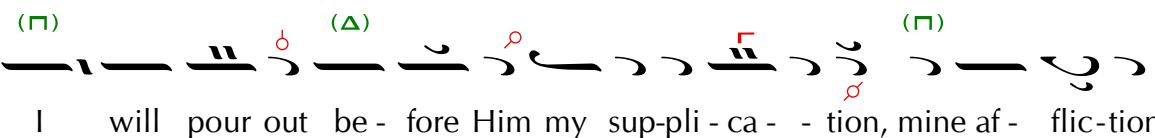
  
 bling-blocks of them that work in - iq - ui - ty. 

**9**   
The sin-ners shall fall in - to their own net; I am a - lone

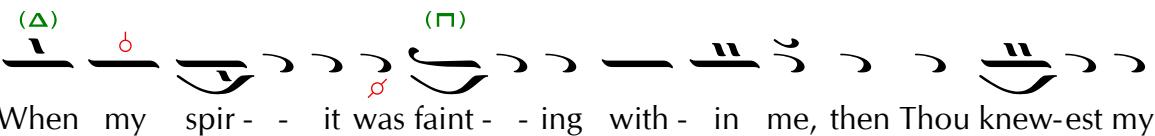
 π  
un - til I pass by.

**10**   
With my voice un - to the Lord have I cried, with my voice un -

 π  
to the Lord have I made my sup - pli - ca - tion.

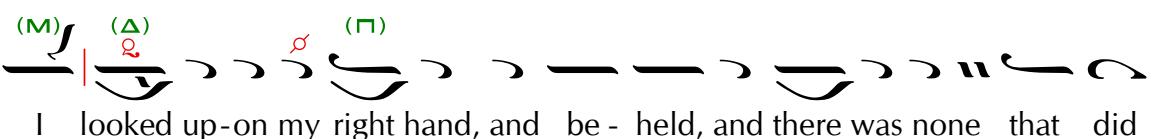
**11**   
I will pour out be - fore Him my sup-pli - ca - tion, mine af - flic - tion

 π  
be - fore Him will I de - clare.

**12**   
When my spir - it was faint - ing with - in me, then Thou knew - est my

  
paths. π

**13**   
In this way where - in I have walked they hid for me a snare.

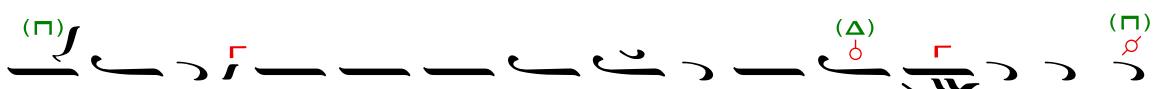
**14**   
I looked up - on my right hand, and be - held, and there was none\_ that did



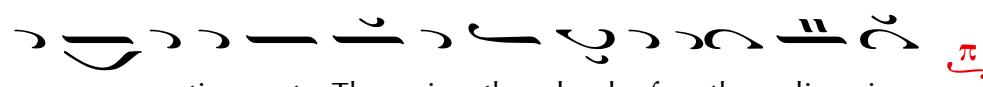
know me.

**15** 

Flight hath failed me, and there is none that watch-eth out for my soul.

**16** 

I have cried un - to Thee, O Lord; I said: Thou art my hope,



my por - - tion art Thou in the land of the liv - ing.

**17** 

At - tend un - to my sup - pli - ca - tion, for I am brought ver - y



low.

**18** 

De - liv - er me from them that per - - se - cute me, for they are



strong - - er than I.

*On Saturdays, continue with Slow Stichera on page 269  
or with Brief Stichera on page 300.  
On other days continue on following page.*

- π ↗
- 19** (Π) 3 Bring my soul out of pris - on that I        may con - fess Thy Name.
- 20** (Π) The right-eous shall wait pa - tient-ly for me un - til Thou shalt re - ward
- me. π ↗
- 21** 3 Out of the depths have I cried un - to Thee, O Lord; O Lord, hear my
- voice. π ↗
- 22** (Π) Let Thine ears be at - ten - tive to the voice        of my sup - pli -  
ca - tion. π ↗





# SLOW STICHERA

## Plagal Second Mode

Ὕχος πᾶς Πά

### Verse #1

Ἐξάγαγε ἐκ φυλακῆς χ

**B**ring my soul out of pris - on **χ** that I may con - fess \_\_\_\_\_

Thy \_\_\_\_\_ Name. **π**

### Stichera #1

Νίκην ἔχων

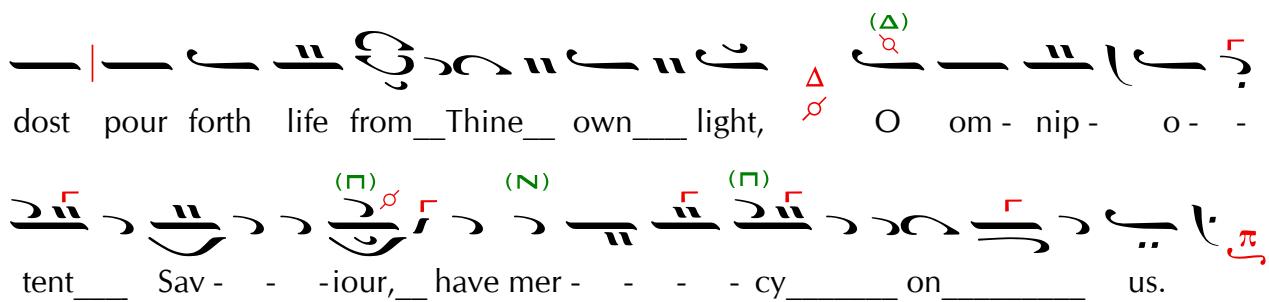


on - quer-ing Ha - des, O \_\_\_\_ Christ, Thou \_\_\_\_ didst \_\_\_\_\_ as -

cend \_\_\_\_\_ the \_\_\_\_\_ Cross, **π** that with Thy - self Thou might-est raise\_

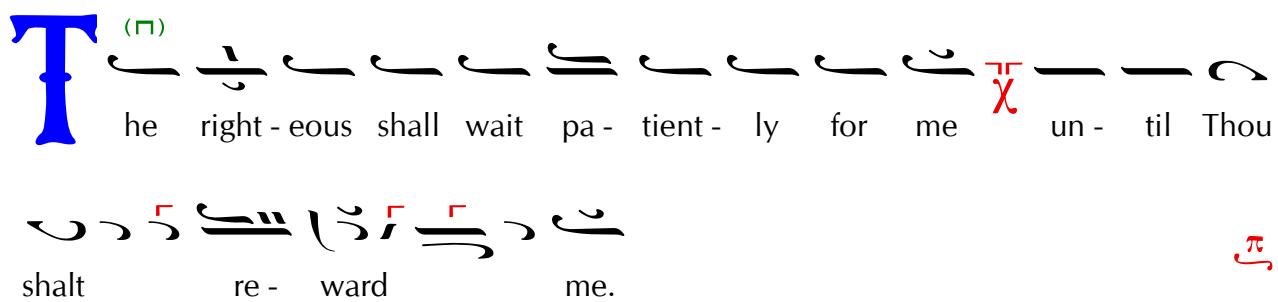
them that sat \_\_\_\_\_ in the \_\_\_\_\_ dark - - ness \_\_\_\_\_ of \_\_\_\_\_ death, **Δ**

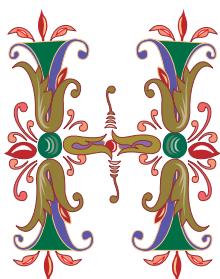
O Thou Who art free \_\_\_\_\_ a - mong \_\_\_\_\_ the \_\_\_\_\_ dead. **π** Thou Who


 dōst pour forth life from Thine own light,  
 O om-nip-o-  
 tent Sav-iour, have mer-cy on us.

## Verse #2

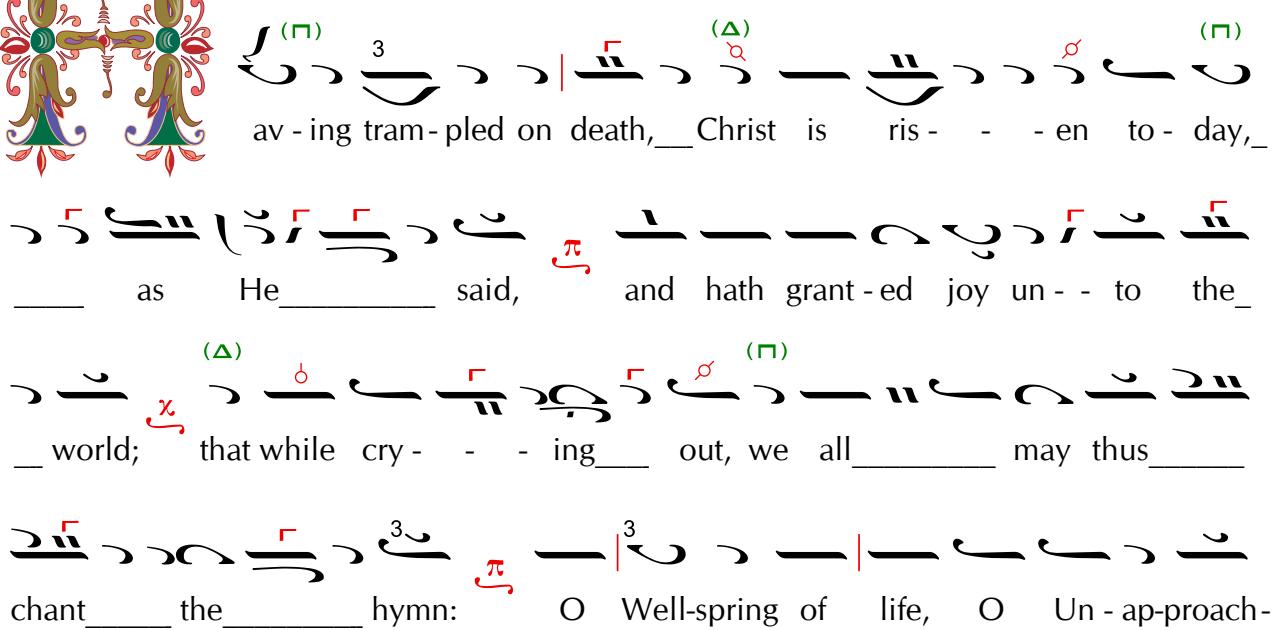
'Εμὲ ὑπομενοῦσι Χ

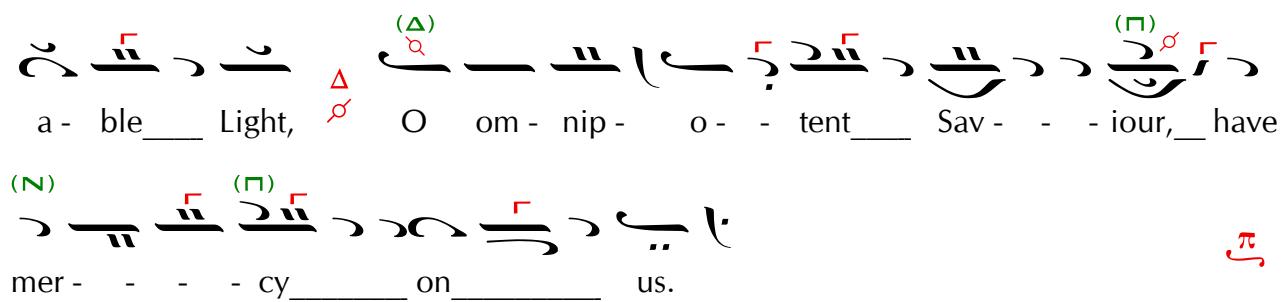

 he right-eous shall wait pa-tient-ly for me un-til Thou  
 shalt re-ward me. π



## Stichera #2

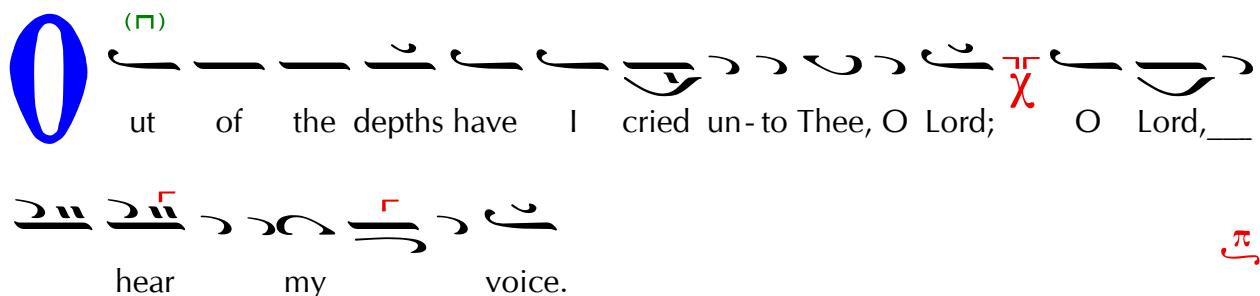
Σήμερον ὁ Χριστός


 av-ing tram-pled on death, Christ is ris-en to-day,  
 as He said, and hath grant-ed joy un-to the  
 world; that while cry-ing out, we all may thus  
 chant the hymn: O Well-spring of life, O Un-ap-proach-



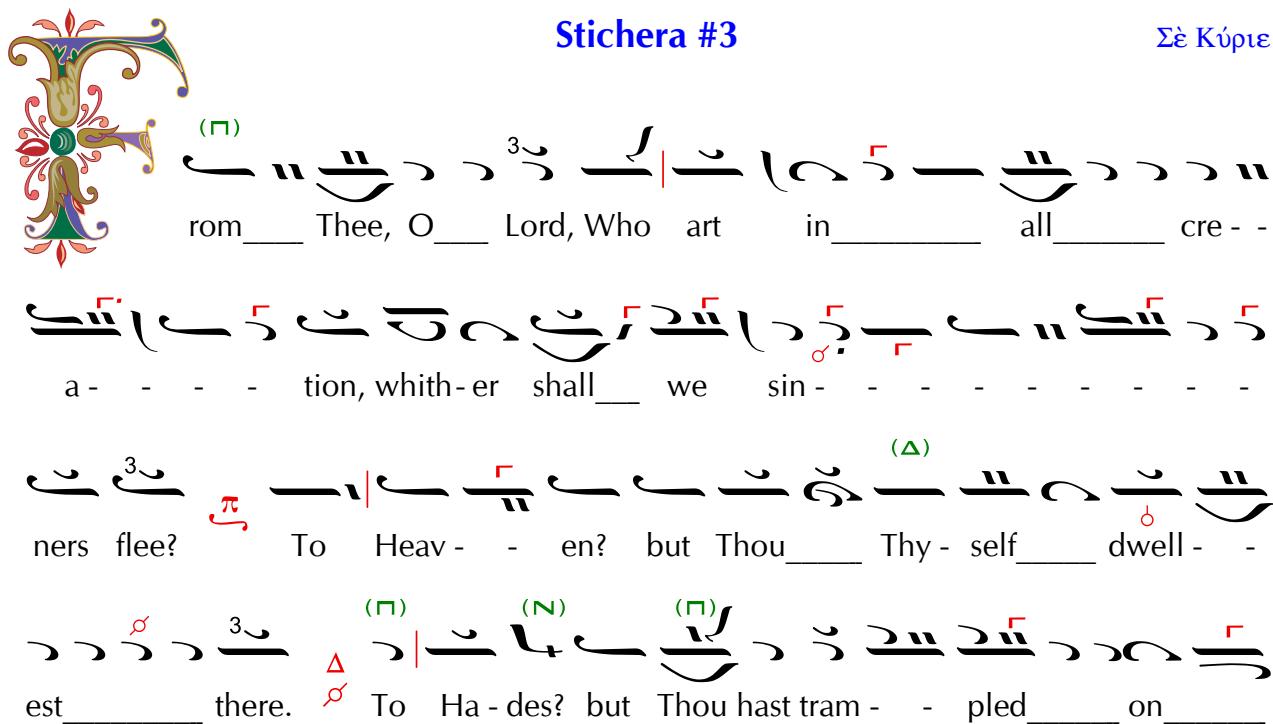
## Verse #3

'Εκ βαθέων χ



## Stichera #3

Σὲ Κύριε



death. To the depths <sup>(N) (Z)</sup> of the <sup>(M)</sup> sea? but Thy hand is there,  
 O Mas- - - - ter. Un- to Thee do we flee for ref-uge; fall -  
 ing down be- - fore Thee, we make en - - trea - - - -  
 ty: Thou Who didst rise <sup>(Δ)</sup> from the <sup>(N)</sup> dead, have mer -  
 cy on us. <sup>(Π)</sup> <sup>π</sup>

## Verse #4

Γενηθήτω τὰ ὡτα σου χ

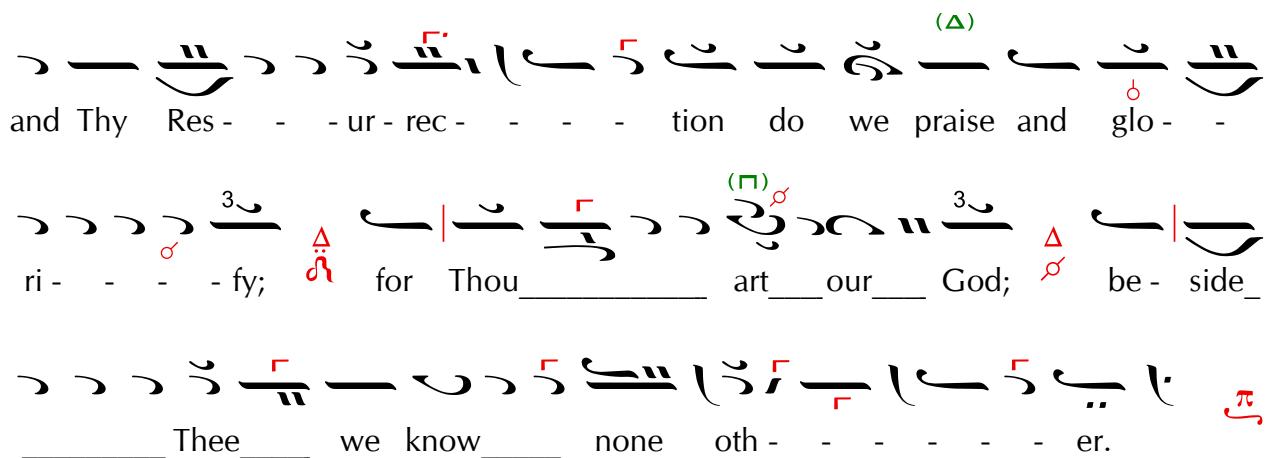
**L** et Thine ears be at - ten - tive <sup>χ</sup> to the voice of my sup - -  
 pli - ca - - - - tion. <sup>π</sup>



## Stichera #4

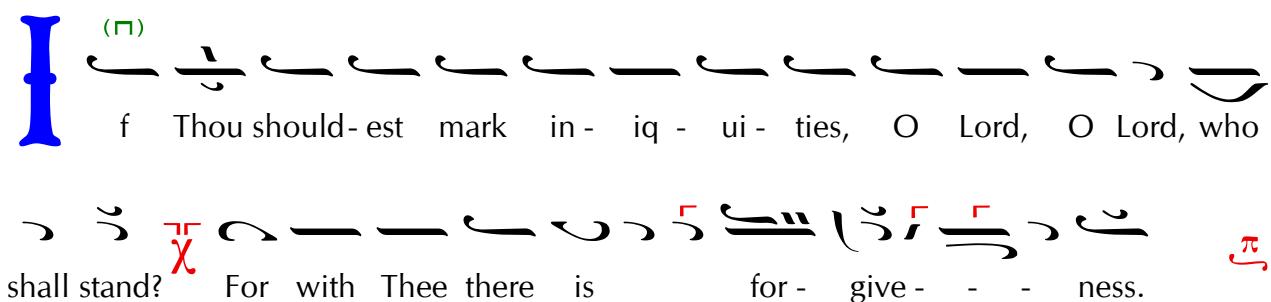
Ἐν τῷ Σταυρῷ σου

in Thy Cross, <sup>(κ)</sup> O <sup>(Π)</sup> Christ, do we boast, <sup>△</sup> <sup>ο</sup>



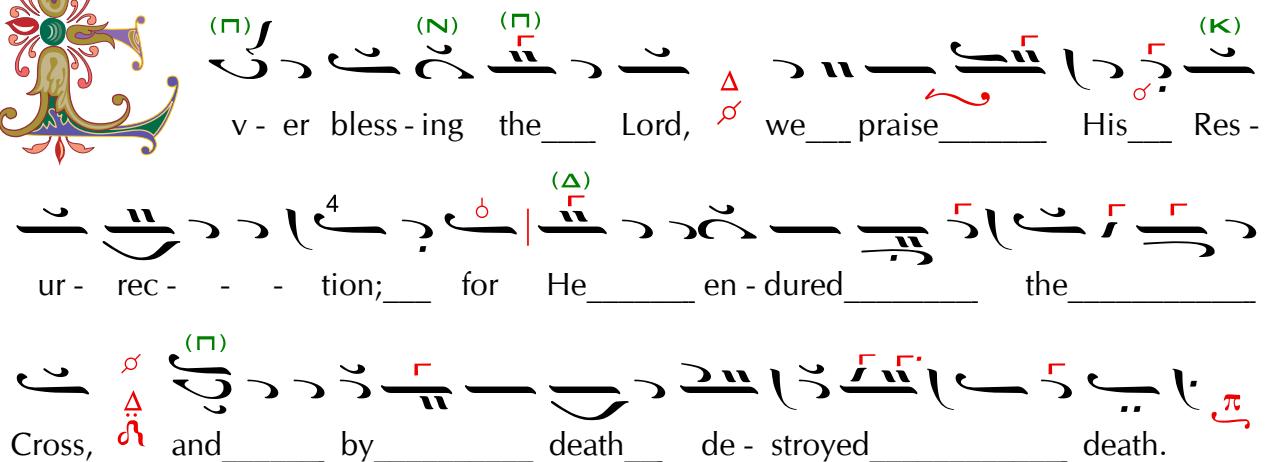
## Verse #5

'Εὰν ἀνομίας



Stichera #5

Διὰ παντὸς εὐλογοῦντες



## Verse #6

Ἐνεκεν τοῦ ὀνόματός σου χ π

**F**or Thy Name's sake have I pa-tient-ly wait-ed for Thee, O  
 Lord; my soul hath wait-ed pa-tient-ly for Thy word, my soul hath hoped  
 \_\_\_\_\_ in \_\_\_\_\_ the \_\_\_\_\_ Lord.

## Stichera #6

Δόξα τῇ δυνάμει σου



lo-ry to Thy might, O\_\_\_\_ Lord;\_\_\_\_ for Thou hast\_\_\_\_ de-  
 - stroyed\_\_\_\_ him that had the\_\_\_\_ do-min- - - ion\_\_\_\_ of\_\_\_\_  
 \_\_\_\_ death.\_\_\_\_ Thou hast re-newed us\_\_\_\_ by\_\_\_\_ Thy\_\_\_\_ Cross,\_\_\_\_ grant -  
 - - ing us\_\_\_\_ life\_\_\_\_ and in-cor-rup- - - - tion.

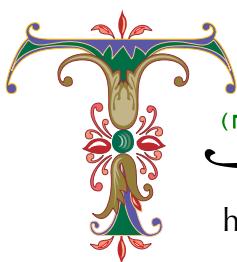
## Verse #7

'Απὸ φυλακῆς πρωΐας χ̄ π̄

**F**rom the morn-ing watch un- til night <sup>Δ</sup> <sup>ο</sup> from the morn-ing watch  
**χ̄** let Is - ra - el hope \_\_\_\_\_ in \_\_\_\_\_ the \_\_\_\_\_ Lord. <sup>π̄</sup>

## Stichera #7

'Η ταφή σου



hy bur - - - i - al, O \_\_\_\_ Lord, <sup>ο</sup> <sup>Δ</sup> rent a - sun - - - -  
 - - - der \_\_\_\_\_ the \_\_\_\_\_ bonds of Ha - - - - des, \_\_\_\_\_ and crushed \_\_\_\_\_  
 \_\_\_\_\_ them. Thy res - ur - rec-tion\_ from the\_\_\_\_ dead en - light - - -  
 - ened\_ the\_\_\_\_ world. <sup>ο</sup> <sup>Δ</sup> Lord, glo - - ry be \_\_\_\_\_ to \_\_\_\_\_ Thee. <sup>π̄</sup>

## Verse #8

Ὅτι παρὰ τῷ Κυρίῳ χῖτρος

**F** (Π)  
or with the Lord there is mer - cy, and with Him is plen -  
te - ous re - demp-tion; <sup>Δ</sup> and He shall re - deem Is - ra - el <sup>χ</sup> out of  
all his in - iq - - ui - - - ties.

## Verse #9

Αἰνεῖτε τὸν Κύριον χῖτρος

**O** (Π)  
praise the Lord, all ye na-tions; <sup>χ</sup> praise Him, all ye peo -  
- - - - ples.

## Verse #10

"Οτι ἐκραταιώθη χ π

**F** (Π) or He hath made His mer - cy to pre - vail o - ver us, Δ  
 and the truth of the Lord <sup>3</sup> χ a - bid - - - eth for ev - - -  
 - er. π

RIGHTEOUS  
SYMEONTHE GOD-  
RECEIVER



¶

## GLORY... BOTH NOW...

### Plagal Second Mode

χ 84

Ὑχος πι ω Πα

Δόξα Πατρί...

**G** (Π) lo - - - ry to the Fa - ther, and to \_\_\_\_\_ the Son, and to  
the Ho - - ly Spir - - - it. π

Καὶ νῦν...

**B** (Π) oth now and ev - - er and un - to thē a - - ges of  
a - - ges. A - - - men. π

## Alternate Melodies

Δόξα Πατρί...



**N** eh\_\_ Glo - - - - - ry to the Fa - - ther, and to\_\_  
 \_\_\_\_\_  
 the\_\_ Son, and to the Ho - ly Spir - - - - it.\_\_\_\_ 

Καὶ νῦν...

**B** oth now\_\_\_\_\_and\_\_ ev - - er  and un - to thē a -  
 \_\_\_\_\_ ges\_\_ of a - - - - ges.\_\_\_\_ A - - - men. 

## Old (Slow) Sticheraric Melodies

Δόξα Πατρί...

π

**N** eh\_\_\_\_ Glo - - - ry to the Fa - - ther, and\_\_\_\_\_  
 (N) (Π) to the Son, \_\_\_\_\_ and to the Ho - - - - -  
 ly\_\_\_\_\_ Spir - - - - - it.

π

Καὶ νῦν...

**B** oth now\_\_\_\_\_ and\_\_\_\_ ev - - - - - er π and\_\_\_\_  
 un - - to thē\_\_\_\_ a - - - ges\_\_\_\_ ၑ of \_\_\_\_ a - - - ges.\_\_\_\_  
 A - - men.

π



॥

## DOGMAΤΙC ΤΗΕΩΤΟΚΙΟN

### Plagal Second Mode

Ὕχος πιστού Πα

χ 84



Τίς μὴ μακαρίσει σε

ho would not call thee blest, O all - ho - - ly Vir -

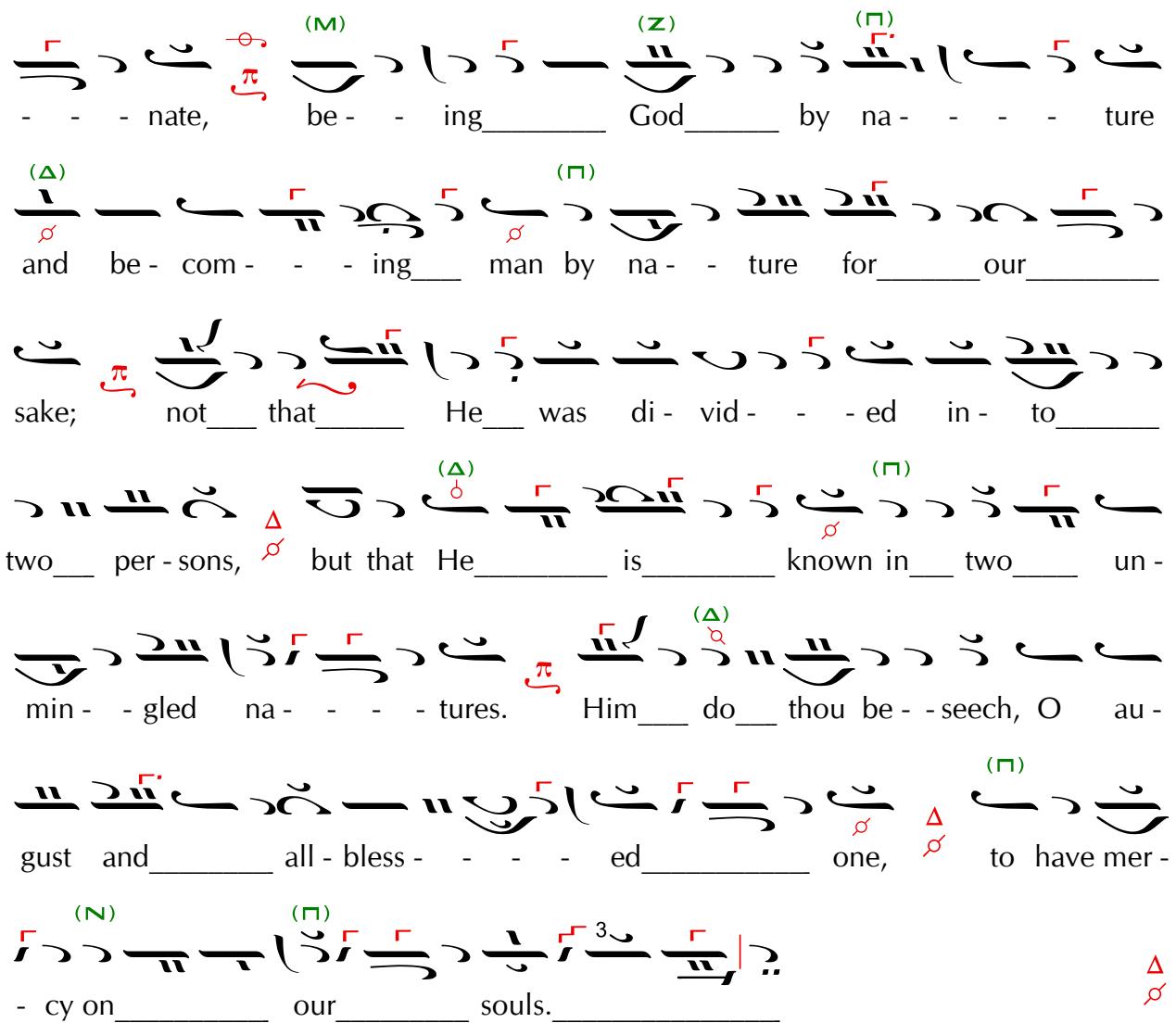
- - - gin? Who would not praise thine un - tra - vail - - ing giv -

- - ing of birth? For the on - ly - be - got - ten Son,

Who shone forth from the Fa - - ther time - less - - ly, hath

come forth from thee, the pure one, hav - - -

- - - - ing be - - - come in - - ef - - fa - bly in - car -



The value of prayer  
can be inferred from the way  
the demons attack us during services in church.

—St. John of the Ladder



# SŁOWA APOSTICHA

# Plagal Second Mode

Ἕκος λιτός Πα

λ 88

# Aposticha #1

Τὴν ἀνάστασίν σου



A decorative floral ornament on the left, featuring red and green flowers and leaves, is connected by a horizontal line to a series of musical notes. The notes include various black and white heads with stems and beams, some with vertical stems and horizontal beams, and some with horizontal stems and vertical beams. The notes are arranged in a sequence that spans most of the width of the page.

(M) (P)  
praise Thy Res - ur - rec - - - - tion with hymns; deem us al -

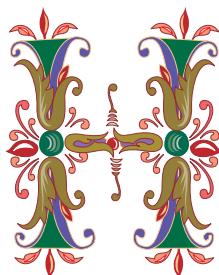
- - so who are on\_\_ earth\_\_ wor-thy\_\_ to\_\_\_\_\_ glo - - - ri - -

۴۷۰  
fy\_\_\_\_\_ Thee  with  a pure  heart.

## Verse #2

'Ο Κύριος ἐβασίλευσεν χ π

**T** he Lord is king; He is clothed with maj - es - ty. The Lord  
 is clothed with χ strength and He \_\_\_\_\_ hath girt \_\_\_\_\_ Him - - - self. π



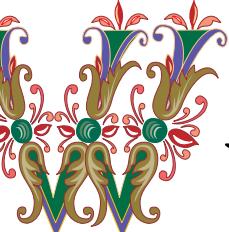
## Aposticha #2

Πύλας συντρίψας

av - ing crushed the bra - - - zen \_\_\_\_\_ gates and  
 shat-tered the bars of Ha - des, as om - nip - o - tent\_\_ God \_\_\_\_ Thou didst  
 raise \_\_\_\_\_ up\_\_ the fall - - en\_\_ race\_\_ of\_\_ man. Where-fore  
 al - - so, \_\_\_\_\_ we\_\_ cry out\_\_\_\_\_ with one\_\_\_\_ ac - - - -  
 cord: Thou Who art \_\_\_\_ ris - - en from\_\_\_\_ the \_\_\_\_ dead, \_\_\_\_ Lord, glo -  
 - ry be \_\_\_\_\_ to \_\_\_\_\_ Thee. π

## Verse #3

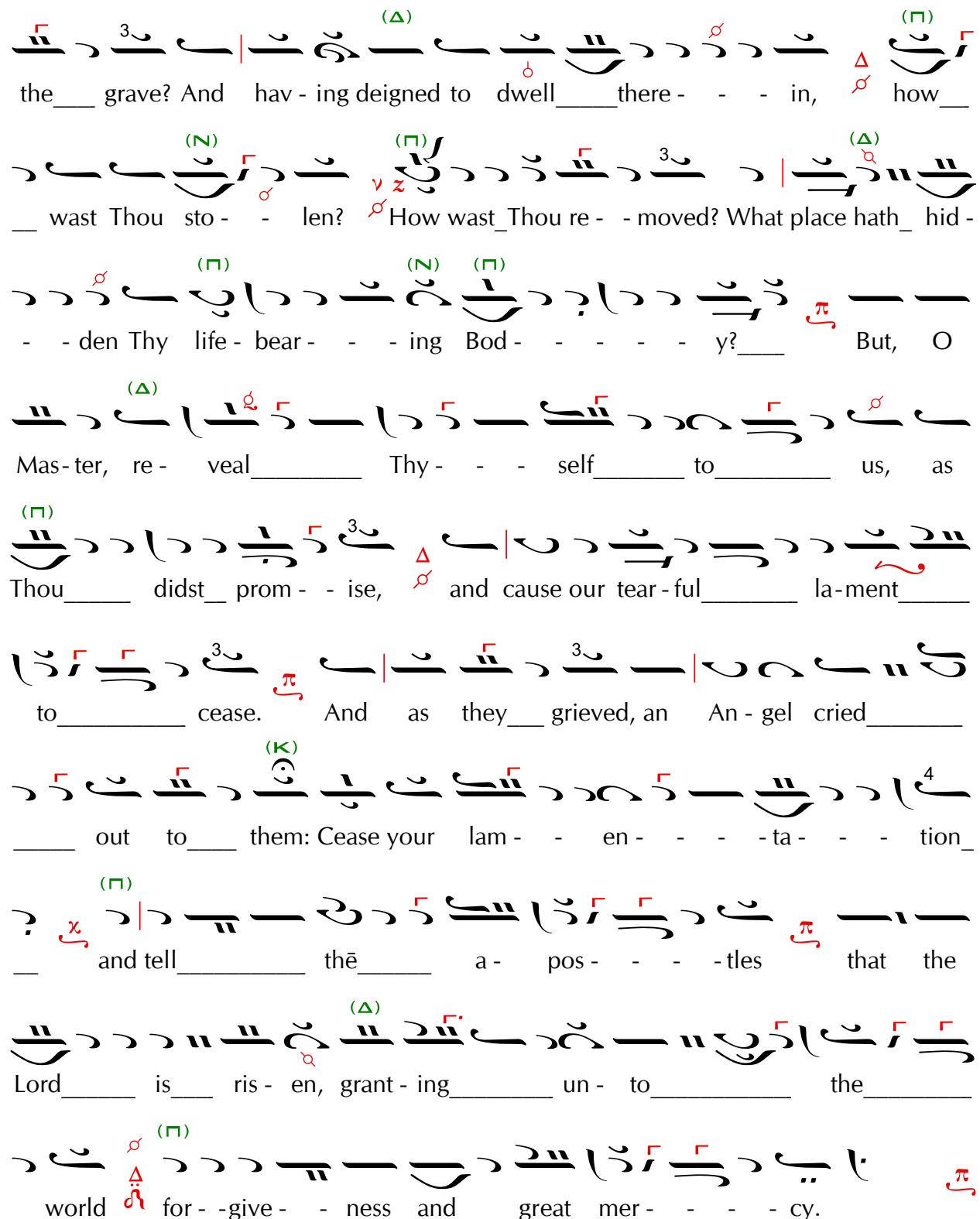
Καὶ γὰρ ἐστερέωσε Χ π

**F** (Π)  
or He es - tab - lished the world which shall not be shak -  
  
 - - - en. π

## Aposticha #3

Τρύπανος ἡμᾶς

(Π)  
ish - ing to set a - right our for - - - mer mu - ta -  
 (Δ) bil - - i - - ty, (Π) Christ is nailed to the Cross and laid  
  
 in the grave. Seek-ing Him with tears, the myrrh - bear - -  
 (Π) ing wom - - en spake with lam - - en - ta - - - tion:  
 Woe un - to us, O Sav - - - iour of all. How -  
 didst Thou deign to dwell in


 the\_\_ grave? And hav - ing deigned to dwell\_\_ there - - - in, ♂ how\_\_  
(Π)  
 \_\_ wast Thou sto - - len? ♂ How wast\_ Thou re - - moved? What place hath\_ hid -  
(Π) (Π)  
 - - den Thy life - bear - - - ing Bod - - - - - y?π But, O  
(Δ)  
 Mas- ter, re - veal\_\_\_\_\_ Thy - - - self\_\_\_\_\_ to\_\_\_\_\_ us, as  
(Π)  
 Thou\_\_\_\_ didst\_ prom - - ise, ♂ and cause our tear - ful\_\_\_\_\_ la-ment\_\_\_\_\_  
π  
 to\_\_\_\_\_ cease. And as they\_ grieved, an An - gel cried\_\_\_\_\_  
(Κ)  
 \_\_\_\_ out to\_\_\_\_ them: Cease your lam - - en - - - ta - - - tion\_  
(Π)  
 \_\_\_\_ and tell\_\_\_\_ thē\_\_\_\_ a - pos - - - - tles π that the  
(Δ)  
 Lord\_\_\_\_ is\_\_\_\_ ris - en, grant - ing\_\_\_\_ un - to\_\_\_\_ the\_\_\_\_  
(Π)  
 \_\_\_\_ world ♂ for - - give - - ness and\_\_\_\_ great mer - - - - cy. π

## Verse #4

Τῷ οἴκῳ σου πρέπει χ π

**H** ḥ o - li - ness be - com - eth Thy house, O Lord, χ un - to length\_\_\_\_\_

of \_\_\_\_\_ days. π

## Aposticha #4

Σταυρωθεὶς ὡς ἡβουλήθης



e - ing cru - ci-fied as Thou didst will, O Christ, and  
 de - spoil - - - ing death by Thy bur - - i - al, as \_\_\_\_\_  
 God, Thou didst rise on the third day with glo - - - - ry,  
 grant - - ing un - to the world un - - end - - - -  
 - - - - ing life and great mer - - - - cy. <sup>4</sup> π



# ΑΠΟΣΤΙΧΑ ΤΗΕΟΤΟΚΙΟΝ

# Plagal Second Mode

$${}^{\circ}\text{H}\chi o\varsigma \stackrel{\lambda}{\pi} \hookrightarrow {}^{\infty}\Pi\alpha \qquad \bar{\chi}^{84}$$



(Π) (Δ)

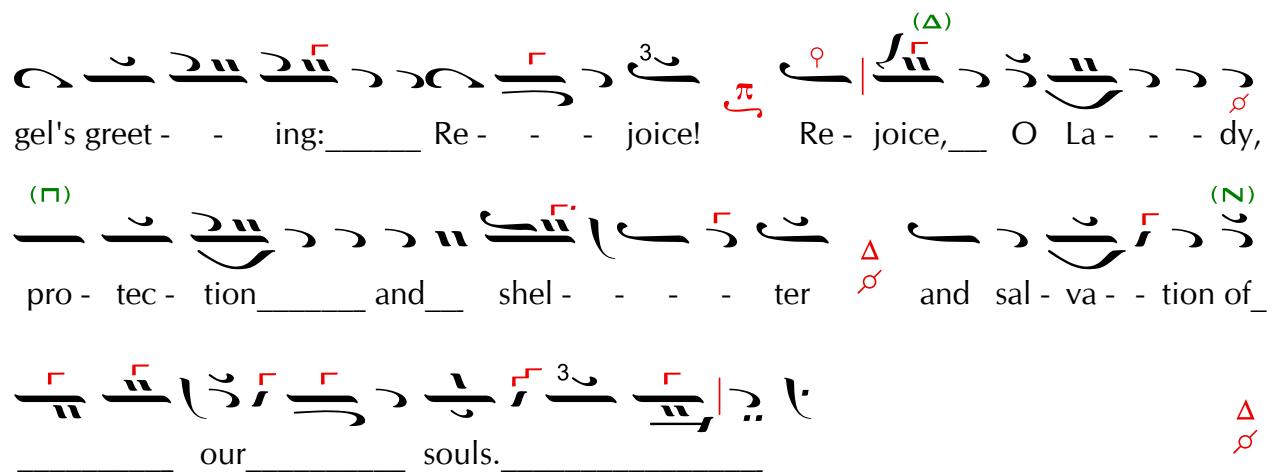
y Cre - a - tor and Re - deem - - er,\_\_\_ Christ the\_\_\_

forth from thy womb, O all - - pure one.


  
 Be-ing en-clothed with\_ me,  He freed\_ Ad- - - am from \_\_\_\_\_ the  
  

  
 an - - - cient\_\_\_\_\_ curse.  Where-fore, O all - - - pure\_ one,

The image shows two staves of musical notation with lyrics written below them. The first staff begins with a green square containing a white 'P' (likely a page number). The lyrics are: "to thee, the true Moth-er of God and Vir-gin," with the 'e' in 'thee' and 'Vir-gin' having red circled 'x' marks above them. The second staff begins with a green square containing a white 'K'. The lyrics are: "do we un-ceas-ing - ly cry out the an -". The 'x' mark is also present above the 'e' in 'un-ceas-ing'.





## APOLYTIKION OF THE RESURRECTION

### Plagal Second Mode

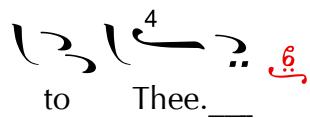
΄Ηχος πιπί Β8

χ 160

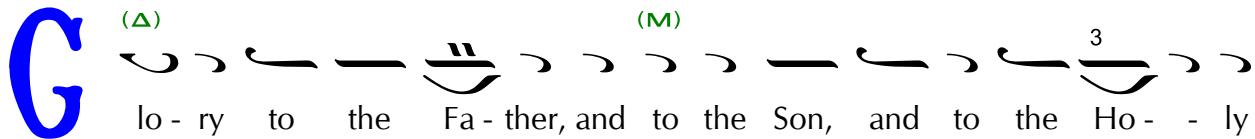
΄Αγγελικαὶ Δυνάμεις


(M) (Δ)  
 hen the an - gel - ic pow - - - ers were at Thy tomb, then  
(Δ)  
(N)  
(M)(Δ)  
 they that guard-ed Thee be-came as dead. And Ma - ry stood be-side the grave\_

(B)  
(M)  
(M)  
(B)  
 seek-ing Thine im - mac - u- - late bod - y. Thou hast de - spoiled\_ Ha - des  
(Δ)  
(B)  
(B)  
3  
6  
 and wast not tried there-by. Thou didst meet the Vir-gin and didst grant life to us.  
(M)(Δ)(M)(B)  
 O Thou Who art ris - en from\_ the dead, Lord,\_ glo - ry be

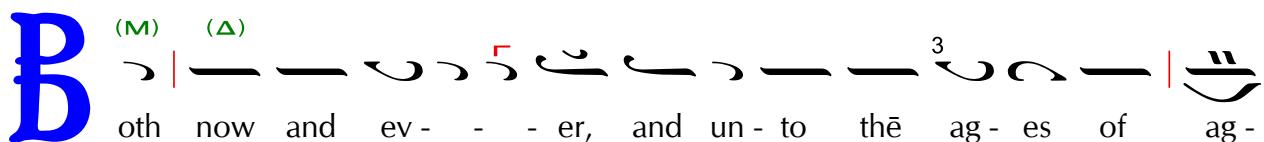


**Glory...** Δόξα Πατρί

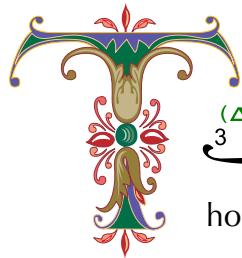


Spir - it. Δ

**Both now...** Καὶ νῦν



es. A-men. Δ



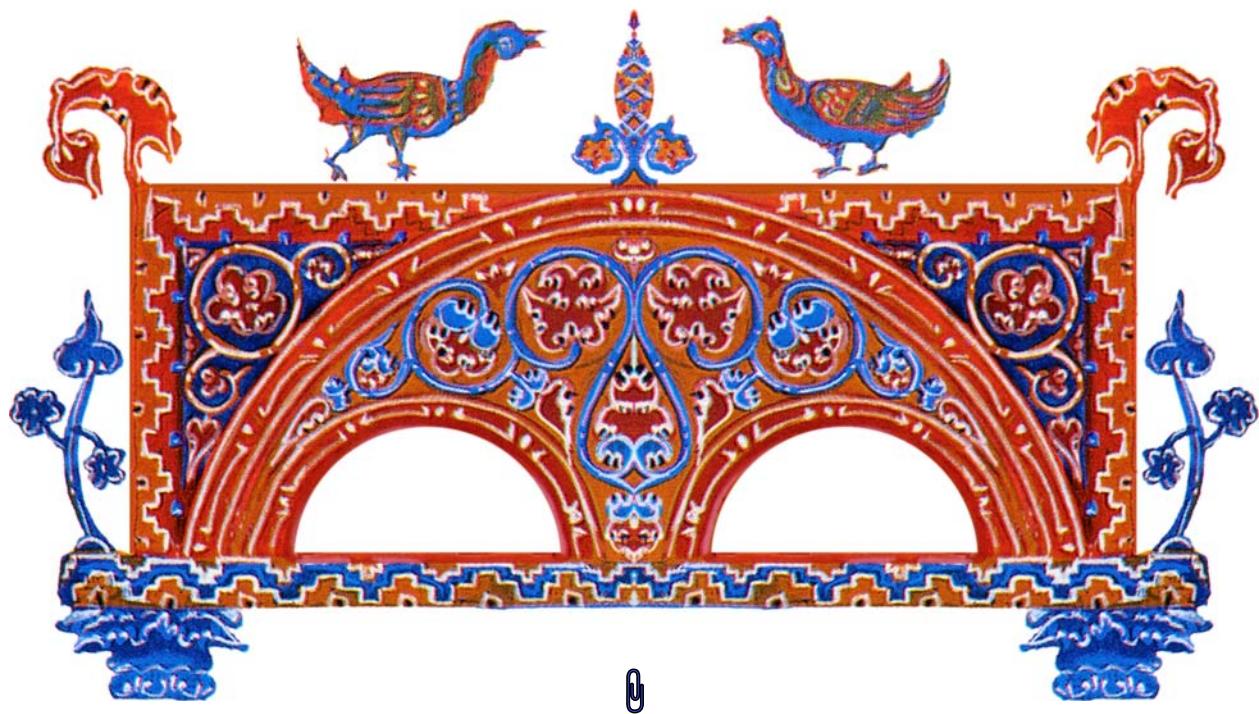
## **Resurrectional Theotokion**

## ·Ο τὴν εὐλογημένην

hou, Who didst call Thy Moth - - er bless-ed,  
cam - est of Thine  
(B) (M) (B)  
own free will un - to\_\_ the pas-sion, shin-ing forth up-on the Cross,  
wish -  
ing to seek\_out Ad-am, and say-ing un - to\_\_ the an-gels: Re - joyce with  
(D) (B) (D)  
Me, for the drach-ma that was lost is found. Thou Who hast wise - ly or -  
(B) (Gamma) (Delta)  
-dered all\_\_\_\_\_ things, glo - ry be\_\_ to Thee.\_\_\_\_\_

When you stand in church, be careful not to look here and there or curiously examine how each one of the brethren stands or sings. Rather, pay attention only to yourself and to the chanting and to your sins.

—St. Symeon the New Theologian



## **PLAGAL Second Mode - BRIEF**

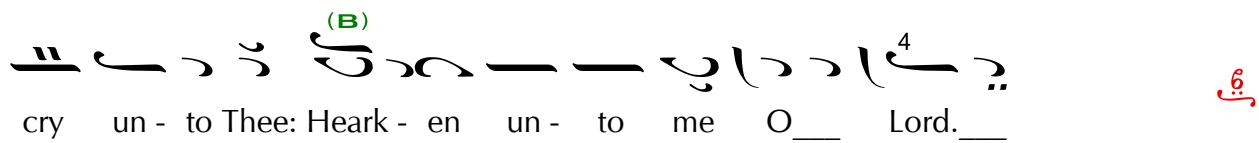
## Lord, I Have Cried

χ 160

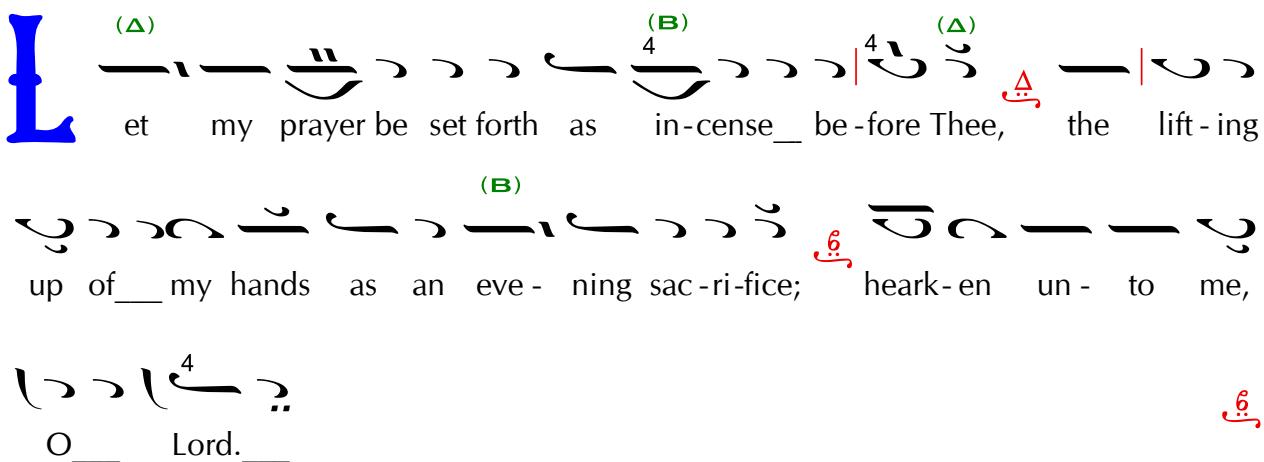
Κύριε ἐκέκραξα



ord, \_\_\_\_ I have cried un-to Thee, heark-en un-to me; heark -  
 en un - - to me, O Lord. Lord, I have cried un - - to Thee, heark-en un -  
 to me; at - tend to the voice of my sup - pli - ca-tion when I



## Let My Prayer

Κατευθυνθήτω 6

Saint

Olga



# VERSES OF PSALMS 140, 141, AND 129

## Plagal Second Mode (Soft Chromatic)

$\text{^H}\chi\text{o}\varsigma \xrightarrow{\lambda} \pi \hookrightarrow \text{B}^\oplus_8 \dashv$   $\chi \text{ } 180$

Θοῦ Κύριε

S (Δ) Δ (B)  
et, O Lord, a watch be-fore my mouth, and a door of en - clo-sure

— ↗ ↘ ↙ ↖  
round a - bout my lips.

**2**

(B) | (M) | (B) (Δ) | 3

In - cline not my heart un - to words of e - vil, to make ex - cuse

(B) with ex - cus - es in sins.

(B)

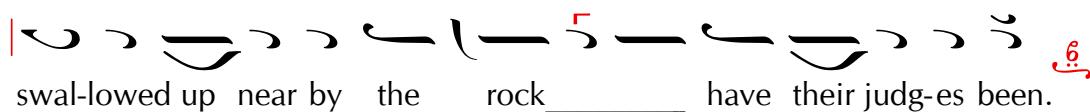
(B) (Δ)

The right-eous man will chas - ten me with mer - cy and re - prove

5  me;  as for the oil of  the sin - ner, let it not a - noint my

  
head.

5  For yet more is my prayer in the pres-ence of  their pleas-ures;

 swal-lowed up near by the rock  have their judg-es been.

6  They shall hear my words, for they  be sweet-en-ed; as a clod of earth

 is bro - ken up-on the earth,  so have their bones been scat - tered nigh un -

 - to Ha-des.

7  For un - to Thee, O Lord, O Lord, are mine eyes, in Thee have I

 hoped; take not my soul a-way.

8  Keep me from the snare which they have laid for me, and from the stum -

(B)

bling-blocks of them that work in - iq - ui - ty.

9 (B) (Δ)

The sin - - ners shall fall in - to their own net;

(B) (M) 3 (B)

am a - lone un-til I pass by.

10 (B) (M)

With my voice un - to the Lord have I cried, with my voice un - to

(B) (M) 3 (B)

the Lord have I made my sup - - pli - ca - tion.

11 (B) (Δ) 3 (B)

I will pour out be - fore Him my sup - - pli - ca - tion, mine

af - flic - tion be - fore Him will I de - clare.

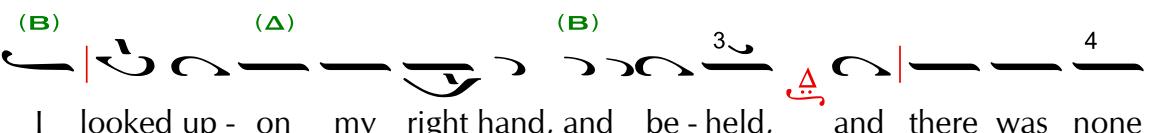
12 (Δ) 3 (B) 4 (Δ) (B)

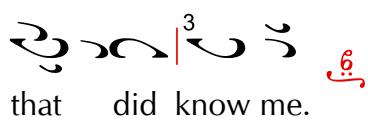
When my spir - it was faint- ing with - in me, then Thou knew - est my

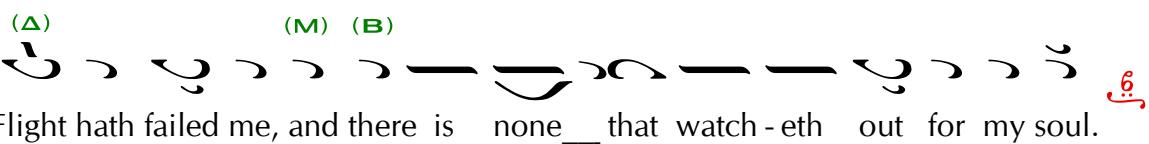
paths.

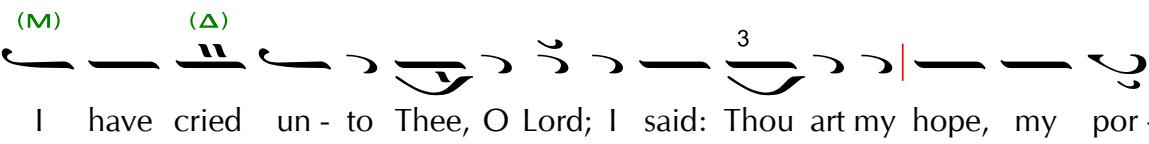
13 (M) (Δ) (B)

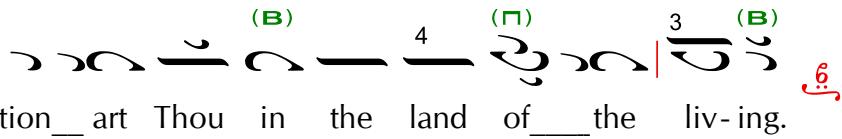
In this way where - in I have walked they hid for me a snare.

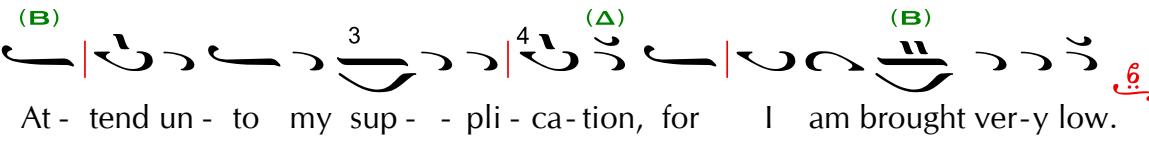
**14**   
I looked up - on my right hand, and be - held, and there was none

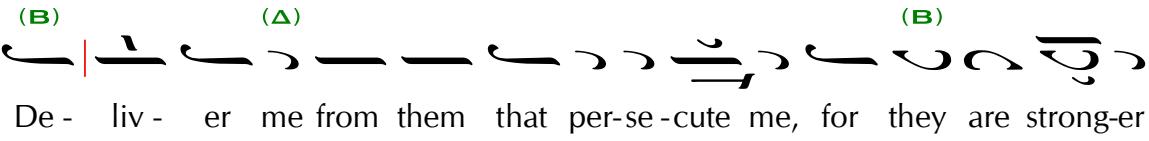
  
that did know me.

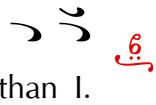
**15**   
Flight hath failed me, and there is none that watch - eth out for my soul.

**16**   
I have cried un - to Thee, O Lord; I said: Thou art my hope, my por -

  
tion art Thou in the land of the liv - ing.

**17**   
At - tend un - to my sup - - pli - ca - tion, for I am brought ver - y low.

**18**   
De - liv - er me from them that per - se - cuted me, for they are strong - er

  
than I.

*On Saturdays, continue with Stichera on page 300.*

*On other days continue on following page.*

**19** (B) (Δ) (B)  
 Bring my soul out of pris-on that I may con-fess Thy Name.

**20** (B) (Δ) (Π)  
 The right-eous shall wait pa-tient-ly for me un-til Thou shalt re-



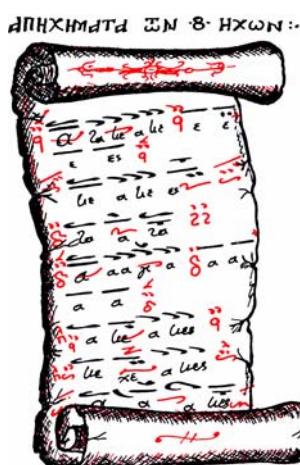
ward me.

**21** (M) (Δ) (B)  
 Out of the depths have I cried un-to Thee, O Lord; O Lord, hear my



voice.

**22** (Δ) (Π) (B)  
 Let Thine ears be at-ten-tive to the voice of my sup-pli-ca-tion.





## BRIEF STICHERA

### Plagal Second Mode

Ὕχος Ἀ τῷ Βόρειῳ

#### Verse #1

Ἐξάγαγε ἐκ φυλακῆς ἡ

**B**ring my soul out of pris-on **χ** that I may con-fess Thy Name.

#### Stichera #1

Νίκην ἔχων



on-quer-ing Ha-des, O Christ, Thou didst as-cend the Cross, that  
 with Thy-self Thou might-est raise them that sat in the dark-ness of death,  
 O Thou Who art free a-mong the dead. Thou Who dost pour forth life from Thine own light, O omnipotent Sav-iour, have mer-cy on us.

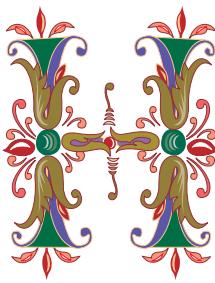
## Verse #2

Ἐμὲ ὑπομενοῦσι Χ Δ

**T** (M) (Δ) he right-eous shall wait pa - tient - ly for me χ un - til Thou shalt \_  
 — re-ward me.

## Stichera #2

Σήμερον ὁ Χριστός



(Δ) av - ing tram-pled on death, Christ is ris - en to - day, as He said,  
 and hath grant-ed joy un - to the world; that while cry - - ing out, we  
 all\_\_ may thus chant the hymn: O Well-spring\_of life, O Un-ap-proach-a -  
 ble Light, O om - nip - o - - tent Sav-iour, have mer - cy on us.

## Verse #3

'Εκ βαθέων χ ἄ

**O**ut of the depths have I cried un - to Thee, O Lord; O Lord,  
 hear my voice.

## Stichera #3

Σὲ Κύριε



rom Thee, O Lord, Who art in all creation, whith - er shall  
 we sin-ners flee? To Heav - en? but Thou Thy - self dwell-est there. To  
 Ha - des? but Thou hast tram-pled on death. To the depths of the sea?  
 but Thy hand is there, O Mas-ter. Un - to Thee do we flee  
 for ref - - uge; fall-ing down be - fore Thee, we make en - trea - ty: Thou  
 Who didst rise from the dead, have mer - cy on us.

## Verse #4

Γενηθήτω τὰ ὄτα σου χ̄ ἀ.

**L** (M) (Δ) et Thine ears be at - ten - tive to the voice χ̄ of my sup - - pli -

|<sup>3</sup> ρ ς ca - tion. ἀ.

## Stichera #4

'Εν τῷ Σταυρῷ σου



(Δ) (B) (Δ)  
n Thy Cross, O Christ, do we boast, and Thy Res - ur - rec-tion do  
(Π) (B) (Δ)  
we praise and glo- ri- fy; for Thou art our God; be- side Thee we know -  
(Π) 4 (B) (Δ)  
none oth - er.

## Verse #5

'Εὰν ἀνομίας χ Α.

**I** (Μ) (Δ) f Thou should-est mark in - iq - ui - ties, O Lord, O Lord, who shall stand? For with Thee there is        for - give-ness.



## Stichera #5

Διὰ παντὸς εὐλογοῦντες

(Δ) v - er bless-ing the Lord, we praise His Res - - ur - rec-tion; for  
 He        en - dured the Cross, and by death        de-stroyed death.

## Verse #6

Ἐνεκεν τοῦ ὀνόματός σου χ Δ

**F** (M) (Δ) or Thy Name's sake have I pa - tient - ly wait - ed for Thee, O  
 Lord; my soul hath wait - ed pa-tient-ly for Thy word, my soul \_\_ hath  
 hoped in \_\_ the Lord.

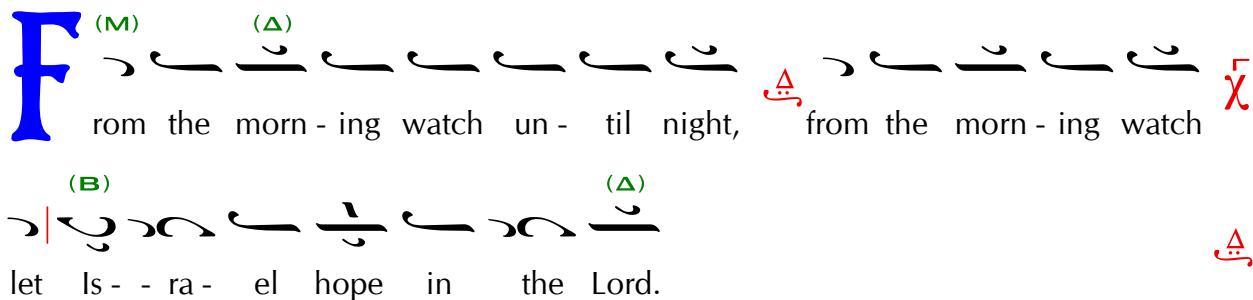
## Stichera #6

Δόξα τῇ δυνάμει σου

 (Δ) lo - ry to Thy might, O Lord; for Thou hast \_\_ de-stroyed him  
 that had the do - min-ion of death. Thou hast re-newed \_\_ us by Thy Cross,  
 grant-ing us life and in - - cor - rup-tion.

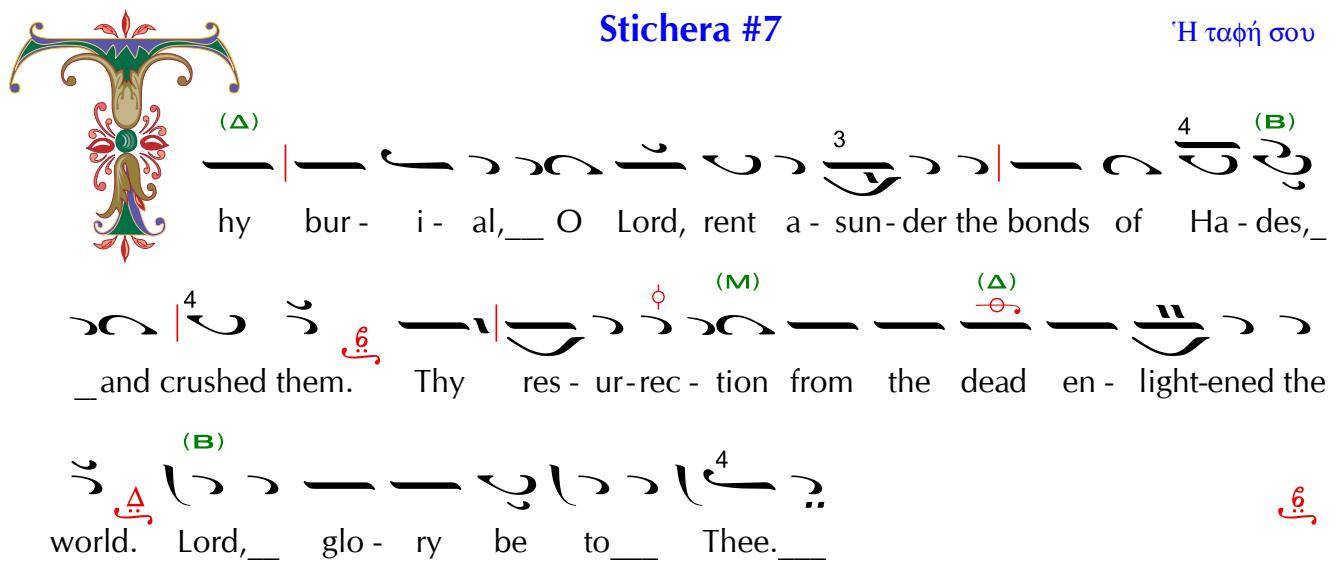
## Verse #7

'Απὸ φυλακῆς πρωῒας Χ Δ



## Stichera #7

'Η ταφή σου



## Verse #8

"Οτι παρα τω Κυριω χ Δ

**F** (M) (Δ) or with the Lord there is mer - cy, and with Him is plen - te - ous  
 — υ δ (Δ) — (B) re - demp - tion; and He shall re - deem Is - ra-el χ out of all his in -  
 — (Δ) iq - ui - ties.

## Verse #9

Αἰνεῖτε τὸν Κύριον χ

**O** (M) (Δ) praise the Lord, all ye na - tions; χ 3 3 3 χ δ  
 praise Him, all ye peo - ples.

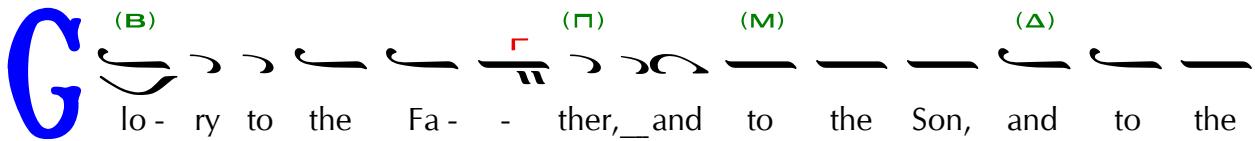
## Verse #10

"Οτι ἐκραταιώθη χ

**F** (M) (Δ) or He hath made His mer - cy to pre - vail o - ver us, δ and  
 the truth of the Lord χ 4 3 χ a - bid - eth\_\_ for ev - er.

## Glory...

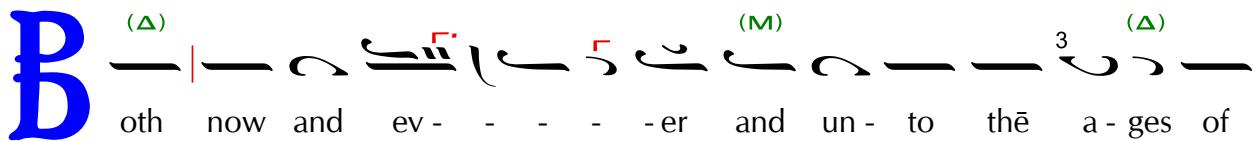
Δόξα Πατρί



Ho - ly Spir - - - - it.

**Both now...**

## Kết luận



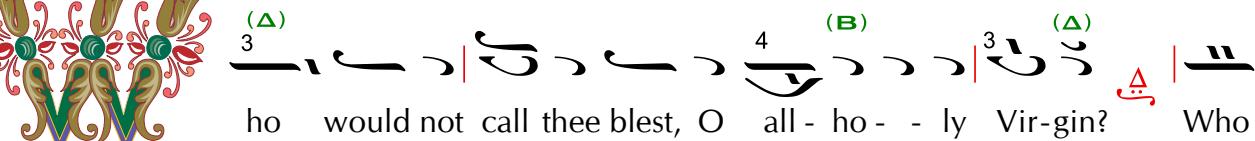
a - ges. A - men.

a - ges. A - men.

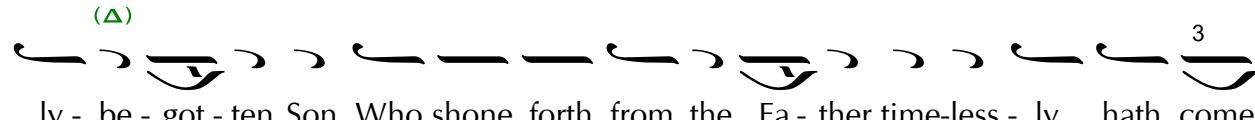


# Dogmatic Theotokion

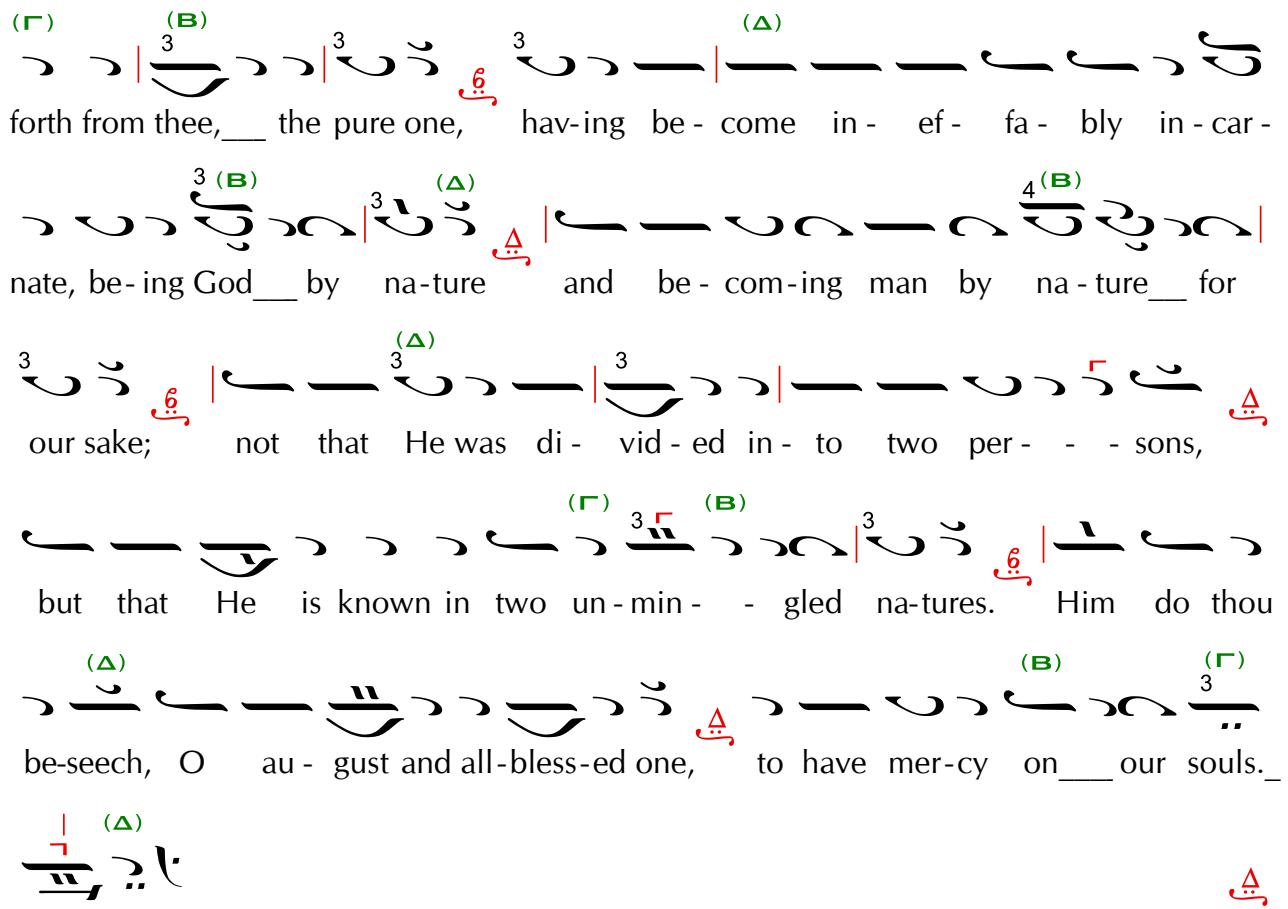
## Τίς μὴ μακαρίσει σε



would not praise thine un - tra - vail-ing giv- ing of birth? For thē on - - - -



ly - be - got - ten Son, Who shone forth from the Fa - ther time-less - ly, hath come



Just as swine run to a place where there is mire  
and bees dwell where there are fragrances and incense,  
likewise demons gather where there are carnal songs and the grace  
of the Holy Spirit settles where there are spiritual  
melodies, sanctifying both mouth and soul.

—St. John Chrysostom



## BRIEF APOSTICHA

### Plagal Second Mode

Ὕχος ἀ π ρ

#### Aposticha #1

Τὴν ἀνάστασίν σου χ 160

(Δ) n - gels in the Heav-ens, O Christ\_ our Sav-iour, praise Thy

(Γ) (Β) Resur - rec-tion with hymns; deem us al - so who are on earth\_ wor-thy to glo -

ri - fy Thee with\_ a pure heart.

## Verse #2

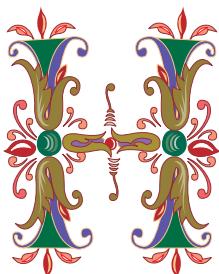
'Ο Κύριος ἐβασίλευσεν χ ἄ

**T** (M) (Δ)  
he Lord is king; He is clothed with maj - es - ty. The Lord is

clothed with χ strength and He\_\_ hath girt Him-self. ἄ

## Aposticha #2

Πύλας συντρίψας



(Δ)  
av - ing crushed the bra-zen gates and shat-tered the bars\_\_ of

Ha-des, as om-nip - o-tent God Thou didst raise up the fall - en race of man. 6

(M) (Δ)  
Where-fore al - - - so, we cry out with one ac-cord: Thou Who art ris -

(B)  
en from\_the dead, Lord,\_ glo - ry be to\_\_Thee. 6

## Verse #3

Καὶ γὰρ ἐστερέωσε Χ Δ.

**F** (M) (Δ)  
or He es - tab - lished the world Χ which shall not <sup>3</sup> Δ  
be shak-en.



## Aposticha #3

Τρύπαιος ἡμᾶς

(Δ)  
ish - ing to set a - right our for - mer mu - ta - bil - i -  
(Γ) (Β) (Δ)  
ty, Christ is nailed to the Cross and laid in the grave. Seek - ing Him with tears,  
(Δ)  
the myrrh-bear-ing wom - en spake with lam - - en - ta-tion: Woe un - to us,  
(Δ)  
O Sav-iour\_ of all. How didst Thou deign to dwell in the grave? And  
(Δ)  
hav - ing deigned to dwell there - in, how wast\_ Thou sto-len? How wast Thou  
(Δ)  
re-moved? What place hath hid - den Thy life - bear - - ing Bod - y? But, O Mas -  
(Δ)  
- - - ter, re - veal Thy - self to us, as Thou didst prom - - -

3  
 iese, Δ and cause our tear - - - ful la - ment to cease. And as they grieved,  
 3  
 an An - gel cried out to them: Cease your lam - en - ta - - tion and tell  
 3  
 thē a - pos-tles that the Lord Δ is ris - en, grant - ing un - to the world for -  
 3  
 give-ness and Δ great mer - cy.

## Verse #4

Τῷ οἴκῳ σου πρέπει χ Δ

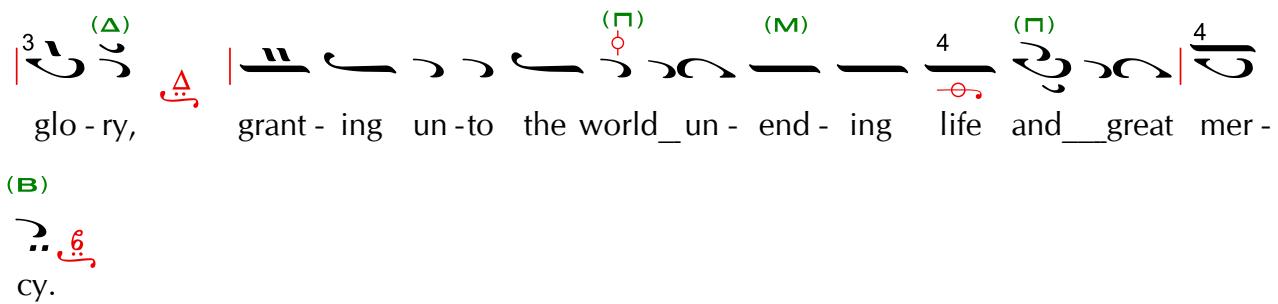
**H**(M) (Δ) o - li - ness be - com - eth Thy house, O Lord, un-to length of days.



## Aposticha #4

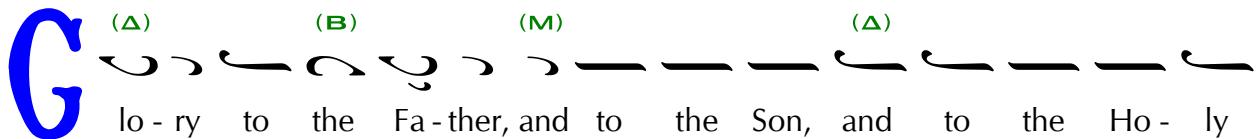
Σταυρωθεὶς ὡς ἡβούντιθης

e - ing cru - ci - fied as Thou didst will, O Christ, Δ and de - spoil -  
 3  
 4  
 ing death by Thy bur - i - al, as God, Thou didst rise on the third day Δ with


 glo - ry, grant - ing un - to the world \_ un - end - ing life and \_ great mer -  
 (B) cy.

Glory...

Δόξα Πατρί 


 lo - ry to the Fa - ther, and to the Son, and to the Ho - ly

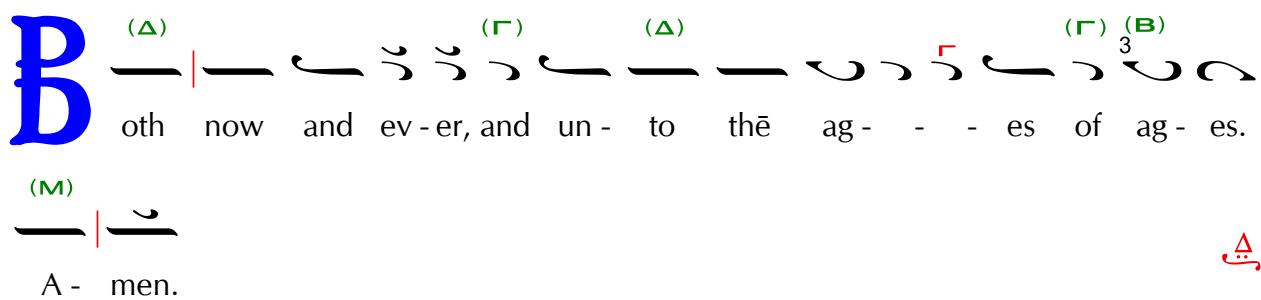


Spir-it.



Both now...

Καὶ νῦν


 oth now and ev - er, and un - to thē ag - - - es of ag - es.  
 (M) |   
 A - men.





## Aposticha Theotokion

'Ο ποιητής Α.

(Δ) y Cre - a - tor and Re-deem-er, Christ the Lord, came forth  
 (Γ) (Β) (Μ) (Δ)  
 from thy womb, O all-pure one. Be - - - - ing en-clothed with me, He freed  
 (Γ) (Β) (Δ)  
 Ad-am from\_\_ thē an-cient curse. Where-fore, O all - pure one, to thee, the  
 true Moth-er of God\_\_ and Vir-gin, do we un - ceas - - ing - ly cry out  
 (Γ) (Β) (Δ) (Μ) (Δ)  
 thē an-gel's greet-ing: Re-joice! Re - joice, O La - dy, pro - tec - tion\_\_ and shel -  
 (Β) (Γ) (Δ)  
 ter and sal - va-tion of\_\_ our souls.\_\_\_\_\_

