



PLAGAL FIRST MODE



Lord, I Have Cried

Ἦχος λ̣ ᾠ Πα

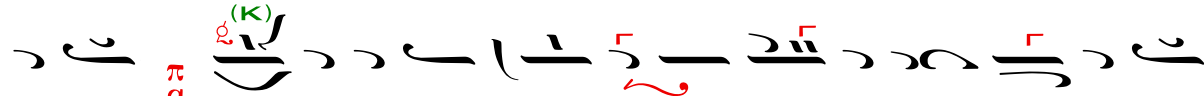


χ̣ 84


Κύριε ἐκέκραξα




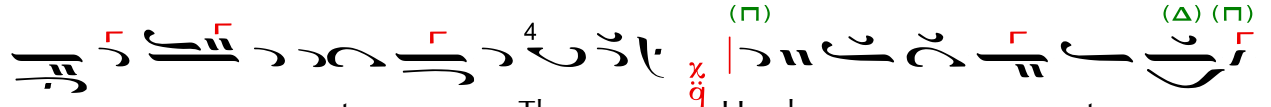
(Π)  ord, ___ I have cried ___ un - - to ___ Thee, 


 heark-en un - - to ___ me; heark-en un - - to me, ___ O ___

 ___ Lord.  Lord, ___ I have cried ___ un - - - to ___ Thee, 


 heark - - - - en un - to___ me;___ at - tend___ to the voice_


 ___ of___ my sup - - - pli - ca - - - - tion when I cry_



 ___ un - - - to___ Thee:___ Hearn un - - - to me___

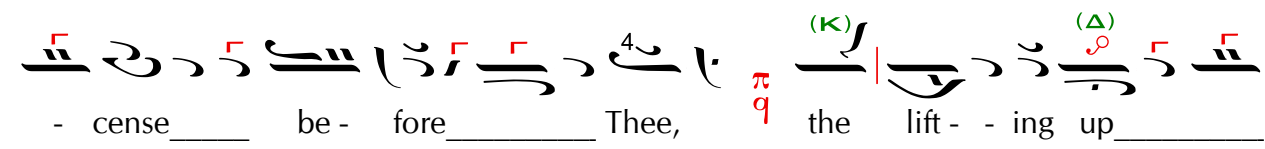

 O___ Lord.

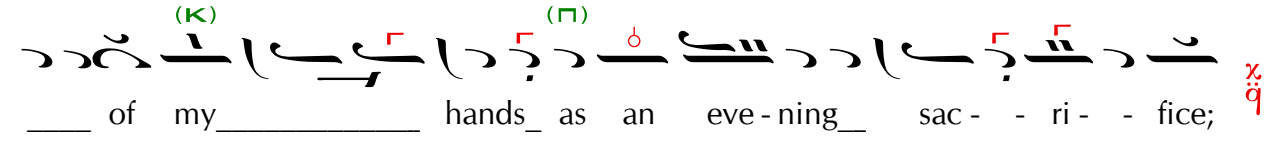


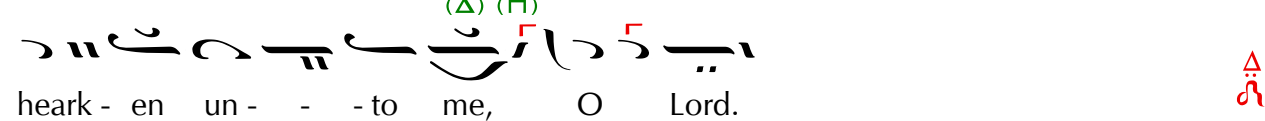
Let My Prayer

Κατευθυνθήτω


 Let my prayer___ be set___ forth as___ in - -


 - cense___ be - fore___ Thee, the lift - - ing up___


 ___ of my___ hands_ as an eve - ning___ sac - - ri - - fice;


 heark - en un - - - to me,___ O___ Lord.

prove__ me; ^(□) as for the oil of the sin - ner, let it__ not a - noint my

head. ^{ⲕⲓⲓ}

5 ^(Δ) For yet more____ is my prayer in the pres - ence of their pleas - ures; ^(□) swal -

lowed up near by the rock have_ their judg - es been. ^{ⲕⲓⲓ}

6 ^(□) They shall hear my words, for they be sweet - ened; ^(Δ) as a clod of earth


is bro - ken up - on the earth, so have their bones been scat - tered nigh un - - to Ha -

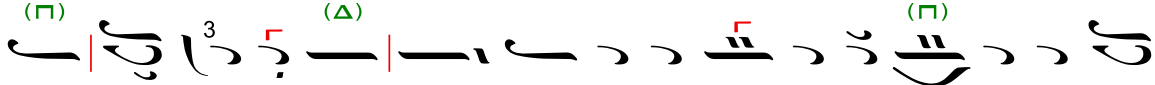
- des. ^{ⲕⲓⲓ}


7 ^(□) For un - to Thee, O Lord, O Lord, are mine eyes, in Thee have I hoped; ^(Δ)

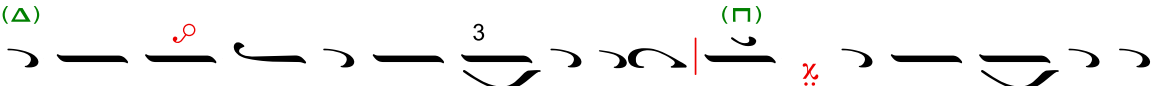

^(□) take__ not my soul a - way. ^{ⲕⲓⲓ}



8 ^(□) Keep me from the snare which they have laid for me, ^(Δ) and from the stum - bling -

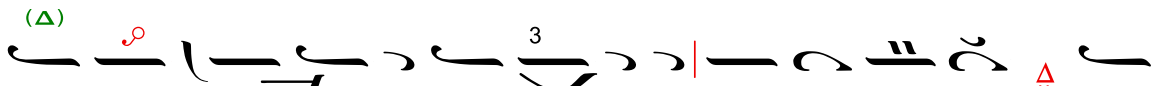

blocks of them that work in - iq - ui - ty. 



9  The sin - ners shall fall in - to their own net; I am a - lone



un - - til I pass by. 

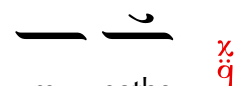

10  With my voice un - to the Lord have I cried,  with my voice un - to



the Lord  have I made my sup - pli - ca - - - tion. 

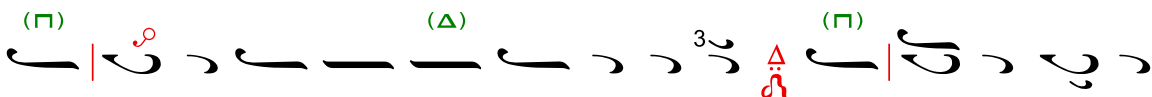
11  I will pour out be - fore Him my sup - pli - ca - tion,  mine



 af - flic - tion be - fore Him will I de - clare. 



12  When my spir - it was faint - ing with - in me,  then Thou knew - est


 my paths. 

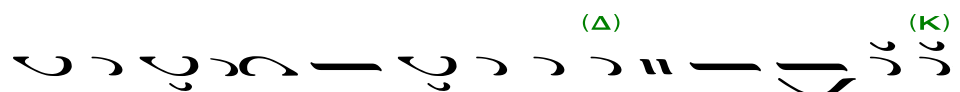

13  In this way where - in I have walked they hid for me a snare. 



14  I looked up - on my right hand, and be-held, and there was none that _


 _did know__ me. 

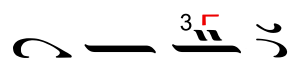

15  Flight hath failed me, and there is none that watch-eth out for my soul. 

16  I have cried___ un - to Thee, O Lord; I said: Thou_ art my

 hope, my por - tion art Thou in the land_ of the liv-ing. 

17  At - tend un - to my sup - pli - ca - - tion, for I am brought ver-y low. 

18  De - liv - er me from them that per - se - cute me, for they are strong -

 er than I.____ 

*On Saturdays, continue with Slow Stichera on page 213
or with Brief Stichera on page 246.
On other days continue on following page.*

19 ^(□) Bring my ³ soul out of pris - - - on ^Δ that I__ may con - fess Thy

Name. ^{ⲕⲓⲁ}

20 ^(□) The right-eous shall wait ^(Δ) pa - tient - ly for me ^(□) un - til Thou shalt re - ward_

_ me. ^{ⲕⲓⲁ}

21 ^(Δ) Out of the depths__ have I ³ cried un-to Thee, O Lord; O Lord, ^(□)

hear my voice. ^{ⲕⲓⲁ}

22 ^(Δ) Let Thine ears be at - ten-tive to the voice of my sup - pli - ca - - tion. ^(□) ^{ⲕⲓⲁ}





SLOW STICHERA

Plagal First Mode

Ἦχος λ π ρ Πα

Verse #1

Ἐξάγαγε ἐκ φυλακῆς

χ

B ring my soul out of pris - on that I may con - fess

Thy Name.

π ρ

Stichera #1

Διὰ τοῦ τιμίου σου Σταυροῦ



y Thy pre - cious Cross, O Christ, Thou hast

put the dev - - - - - il to shame; and

by Thy Res - ur - rec - - - - tion, Thou hast blunt - - - ed

the sting of sin; and Thou hast saved

us ^(K) from the gates _____ of _____ death. We ^(Δ) glo - ri - fy
 Thee, O On - ly - - - be - got - - - ten One. Α

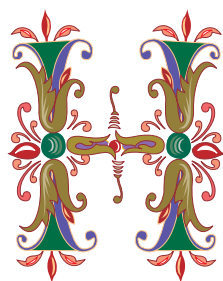
Verse #2

Ἐμὲ ὑπομενοῦσι χ π q

T ^(Π) he right - eous shall wait pa - tient - ly for me χ un - til Thou shalt
 _____ re - ward _____ me. π q

Stichera #2

Ὁ τὴν ἀνάστασιν



e that ^(K) grant - ed the Res - ur - rec - tion un - to the race _____
 of _____ man was led ^(Δ) as a sheep ^(Π) to slaugh - - -
 ter; ^(K) the prin - - - ces _____ of _____ Ha - - des were ter - ri - fied _____
 _____ of _____ Him, ^(Δ) and the griev - ous ^(Π) gates were lift - - - ed _____

_____ up; ^{π q} for Christ, the King of Glo - ry, _____ hath _____ en - - - -
 tered, ^{π q} say - - ing to those _____ in _____ bonds: _____ Go _____
 _____ forth; ^{π q} and to those in dark-ness: Re - veal _____ your - - selves. ^Δ

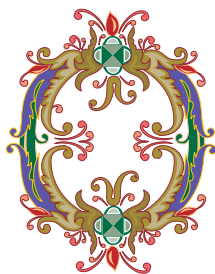
Verse #3

Ἐκ βαθέων ^{π q}

O ^π ut of the depths have I cried un - to Thee, O Lord; ^{π q} O
 Lord, _____ hear _____ my _____ voice. ^{π q}

Stichera #3

Μέγα θαῦμα



_____ great won - - - - der! ^{π q} hav - ing suf-fered _____ in _____ the _____
 _____ flesh ^Δ out _____ of love for _____ man, the Cre - a - - - tor



Stichera #4

Ἑσπερινὴν προσκύνησιν

π q

(K) ve - ning wor-ship do we of - fer Thee, thē un - wan - - ing
 (Δ) Light, Who in thē end of thē ag - - - es, through the flesh as
 (Π) in a mir - - ror, hast shined up - on the
 (K↓) world; and hast de - scend - - ed e - ven un - - to Ha - - -
 q des, and dis - pelled the dark - - ness there, and hast
 (Δ) (K) shown the light of the Res - ur - - rec - - - tion un - to the na -
 (Δ) (Π) tions. O Giv - - - er of light, Lord, glo -
 (Δ) (Π) ry be to Thee.

Verse #5

Ἐὰν ἀνομίας Ⲭ π ϩ

I (Π) f Thou should- est mark in - iq - ui - ties, O Lord, O Lord, who shall

Ⲭ stand? For with Thee there is Ⲭ for - give - - - ness. π ϩ

Stichera #5

Τὸν ἀρχηγὸν τῆς σωτηρίας



(Κ) et us glo - ri - fy Christ, the au - thor of our sal - - va - (Μ)

Ⲭ - - - - - tion; Ⲭ ϩ for when He a - rose (Δ) from (Π) the dead,

the Ⲭ world Ⲭ was saved Ⲭ from er - - - - - ror. π ϩ (Κ) The choir of the (Μ)

Ⲭ an - gels Ⲭ re - - joic - - eth; the de - cep - - - - - tion of the (Δ)

(Κ) de - mons doth Ⲭ flee; Ⲭ ϩ (Δ) Ad - am, who was fall - en, is ris - - en; (Π)

(Δ) the dev - il (Π) is Ⲭ de - - stroyed. Ⲭ

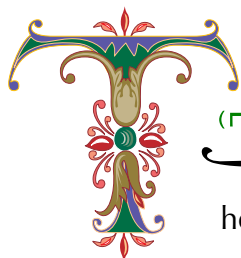
Verse #6

Ἔνεκεν τοῦ ὀνόματός σου ✠ π ρ

F (□) or Thy Name's sake have I pa - tient - ly wait - ed for Thee, O

Lord; my soul hath wait - ed pa-tient-ly for Thy word, ✠ my soul hath hoped_

_____ in _____ the _____ Lord. π ρ



Stichera #6

Οἱ τῆς κουστωδίας

(□) 3 he guards were in - struct - ed by the _____ law - - - - less: π ρ

(Δ) Con - ceal the Res - ur - rec - - - - - tion _____ of _____ Christ;

(□) and take ye piec - - - - es _____ of _____ sil - - - - - ver, _____ and_

π ρ _____ say: While we were sleep - ing, the corpse was sto - - - - len from_

_____ the _____ tomb. π ρ (Δ) Who hath seen, who hath _____ ev - - er _____ heard of

(K) (M) (K) (Δ) (Π)
 a corpse__ be - ing__ sto - - - - - len? es - pe - cial - ly one

a - noint - - ed__ with myrrh__ and na - - - ked, with the

fu - ner - al shrouds be - ing a - ban - - doned in__ the__ grave.

Be not de - ceived, O ye Jews. Learn the say - - ings of

the Proph - - - ets, and know that He is tru - ly the Re -

deem - er of the world and thē al - might - - y

One.

Verse #7

Ἀπὸ φυλακῆς πρωΐας

(Π) From the morn - ing watch un - til night from the morn - ing watch let

Is - ra - el hope in the Lord.



Stichera #7

Κύριε ὁ τὸν ἄδην π q

(Π) Lord, Who hast de-spoil - ed Ha - - - - - des
(Δ) (Κ) and hast tram - - - - - pled up - on death; π q O our Sav -
(Δ) (Κ) iour, Who hast en - - light - - - - - ened the world x q
(Δ) (Κ) (Δ) (Π) by Thy pre - - - - - cious Cross; have mer - - - - - cy on us. Δ q

Verse #8

Ὅτι παρὰ τῷ Κυρίῳ χ π q

F (Π) or with the Lord there is mer - cy, and with Him is plen - te -
ous re - demp-tion; and He shall re - deem Is - ra - el χ 3 out of all his
in - iq - - - - - ui - - - - - ies. π q

Verse #9

Αινεῖτε τὸν Κύριον Ⲭ ⲡ

O (ⲛ) Ⲭ ⲡ
 praise the Lord, all ye na-tions; praise Him, all ye peo-
 - - - ples. Ⲭ ⲡ

Verse #10

Ὅτι ἐκραταιώθη Ⲭ ⲡ

F (ⲛ) Ⲭ ⲡ
 or He hath made His mer-cy to pre-vail o - ver us, Ⲭ ⲡ and
 the truth of the Ⲭ Lord a - bid - eth for ev - - - er. Ⲭ ⲡ

The demon of fornication,
 in the manner of a licking puppy,
 is wont to cling to the one he tempts,
 so as not to be cast out. But it is possible
 for you—it is a matter of your prerogative and
 intention—either to nourish him with the work of
 dishonor or vigorously to put him to flight with prayer and
 psalmody, with fasting and vigils, and with sleeping on the ground.

—Nilus of Ancyra



GLORY... BOTH NOW...

Plagal First Mode

χ 84

Ἦχος λ π ᾠ Πα

Δόξα Πατρί...

G ^(π) lo - ry to the Fa - - ther, and to the Son, and to the Ho -
- ly Spir - - - it.

π
9

Καὶ νῦν...

B ^(π) oth now and ev - - - er and un - to thē a - - ges of a - - -
ges. A - - - men.

π
9

Alternate Melodies

Δόξα Πατρί...

π
q

G ^(□) ^(K↓) ^(□) lo - - - - - ry__ to the Fa - ther, and to__ the__

³ <sup>π
q</sup> Son, and to the Ho - - - ly Spir - - - it. π
q

Καὶ νῦν...

B ^(□) ^(Δ) oth now and__ ev - - - - - er <sup>π
q</sup> and un - to the__

⁴ ^(□) a - - - ges__ of a - - - - ges.____ A - - - - men. π
q

Old (Slow) Sticheric Melodies

Δόξα Πατρί...

π
9

G lo - - - - - ry to the Fa - - - - - ther, and
 to the Son, and to the Ho - - - - - ly
 Spir - - - - - it.

π
9

Καὶ νῦν...

B oth now and ev - - - er and un - to thē a - - -
 - - - ges of a - - - ges. A - -
 men.

π
9



DOGMATIC THEOTOKION


Plagal First Mode



Ἦχος λ̣ π̣ ᾠ Πα

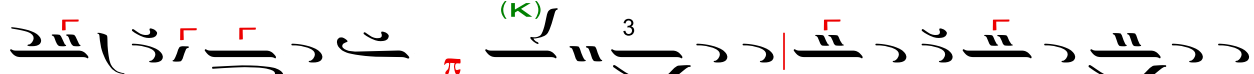

χ̣ 84



Ἐν τῇ Ἐρυθρῇ Θαλάσσει








(Π) 
n the Red _____ Sea there__ was__ once de - - pict - - -


- - - ed  an im - - age of _____ thē__ un - - wed - - -


- - ded _____ Bride.  There, __ Mos - es di - vid - - ed the__ wa - -


ter;  here, __ Ga - - - bri - - el doth__ min - - - is - ter__ the won -


- - - der.  Then the deep was trod-den dry-shod by__ Is - - -


ra - - - - el;  now Christ is born__ seed-less - - ly  of the__

Vir - - - gin. ⁴ π q The sea, af - ter the pas - sage of Is - ra -

el, re - mained ^(Δ) π q un - - - trod - - - den; ⁴ π q the blame -

- - - - less ^(M) ^(K) the blame - - less ^(Δ) one, π q

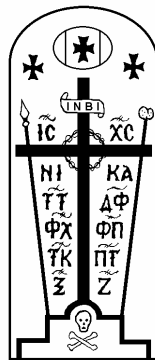
^(K) ^(Δ) ^(π) π q af - ter the birth of Em - man -

- - u - - - el, re - mained π q un - - - de - - - filed. π q

O Thou Who ^(N) ^(π) art, and ^(K) ev - - er be - - fore π q didst π q

^(Δ) ^(π) ⁴ π q _ ex - - - - ist, π q and hast ap - peared as π q man, π q O π q God: π q have

^(Δ) ^(π) ³ π q mer - - - - cy on π q us. π q





SLOW APOSTICHA

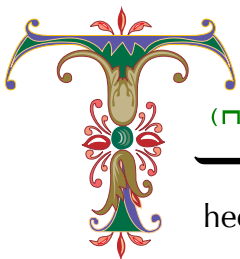
Plagal First Mode

Ἦχος λ̣ ᾠ Πα

λ̣ 88

Aposticha #1

Σὲ τὸν σαρκωθέντα



(Π) hee, O Christ our Sav - iour, Who wast in - - car - - - - -

(Δ) - nate and yet wast not part-ed from the__ Heav - - ens, do we

mag - - - ni - fy__ with__ voic - - - - - es__ of__

(Κ) song. For as the Lord Who lov - eth__ man,__ Thou didst ac - cept

the Cross _____ and _____ death for _____ the _____ sake _____ of _____
 _____ our _____ race. De - spoil - ing the gates _____ of Ha -
 - - - - des, _____ Thou didst a - rise on the _____ third _____ day, sav - -
 - - ing our _____ souls.

Verse #2

Ὁ Κύριος ἐβασίλευσεν

The Lord is king; He is clothed with maj - es - ty. The Lord is
 clothed with strength and He hath girt _____ Him - - - - self.

Aposticha #2

Νυγείσης σου



hen Thy side was pierced, O Giv - - - - er _____ of _____
 life, Thou didst pour forth streams of for - - give - - - ness, _____ life and _____ sal -

va - - - - - tion _____ for _____ all. πq Thou didst ac -
 cept _____ death _____ in the _____ flesh, there - by grant-ing us im - mor - - tal -
 - - - - i - - - - ty. πq And, whilst dwell-ing _____ in _____ the _____
 grave, Thou didst free _____ us, πq and glo - ri-ous - ly _____ as _____ God,
 didst raise _____ us _____ up to - geth - - - er with _____ Thy - - -
 self. πq Where - - fore, we _____ cry _____ out: _____
 _____ O Friend of man, Lord, glo - ry _____ be to _____ Thee. _____

f
 —



Verse #3

Καὶ γὰρ ἐστερέωσε $\chi^{\pm} \pi^{\mp} q$

$$\begin{array}{cc} \chi & \pi \\ \chi & q \end{array}$$

For He established the world which shall not be shaken.

Aposticha #3


Ξένη σου ἡ σταύρωσις χ π
 q

$$\begin{array}{cc} \chi & \pi \\ \chi & q \end{array}$$

Aposticha #3

Ἑν ᾧ ἡ σταύρωσις

Ⲭ ⲡ



(ⲛ) (Ⲛ) (ⲛ)

tran-ge is Thy cru- ci- fix- - ion and de- scent in-to__ Ha- -

- des, O Friend _____ of _____ man. ⲡ For Thou didst de-spoil__

(ⲕ)

 __ it and didst glo- - - - ri-ous- - ly raise up with Thy-self the cap-

- - - tives _____ of _____ old, ⲛ since Thou art God; Thou didst o-pen

Par- a- - dise, _____ and _____ make __ us _____ wor- - - - - thy__

_____ there- - - of. ⲡ Where- - fore, _____ do _____ Thou _____ grant for-

give- - -ness of sins al- - - so un- - - - - to



ἈPOSTICHᾶ THEOTOKION

Plagal First Mode

84

Ἦχος λ̣ π̣ ᾠ Πα

Ναὸς καὶ πύλη



tem - ple and gate art thou, a pal -
ace and throne of the King, O
all - - rev - - ered Vir - - - gin, through
whom my Re - deem - - er, Christ the Lord, hath ap - peared to
them that slept in dark - - - ness, since He is the Sun
of Right - - eous - - - ness; for He willed to en - light - en those whom

(Π) 3
 He had fash-ioned_ by_ His_ own_ hand, ac - cord - - ing_ to His_
 own im - - - age. π q (K) 3 (Δ) x q
 Where-fore, O_ all - hymned one, since
 (K) 3 ♀ (Δ) x q
 thou hast bold-ness toward Him_ as His moth - - - er, in -
 3 (Π) (Δ) ♀
 ter - cede thou un - ceas - - - ing - - ly that_ our souls_ be saved.
 (Π) 3 π q



(K)
 — — — — —
 rec - - - - - tion.

✠
 9

Glory...

Δόξα Πατρί

G (K) — — — — — (Δ)
 lo - ry to the Fa - ther, and to the Son, and — to the Ho - ly
 (K)
 — —
 Spir - it.

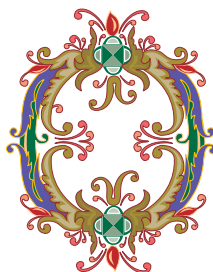
✠
 9

Both now...

Καὶ νῦν

B (Δ) (K) — — — — — (M)
 oth now and ev - - - er, and un - to thē ag - es of ag - -
 — — —
 es. A - men.

✠
 9



Resurrectional Theotokion

Χαῖρε πύλη Κυρίου

ⲛⲓⲁⲓ

(K) 3 (Δ) (K) 3
im - pass - a - ble gate of ___ the Lord, do thou re-joyce. ⲛⲓⲁⲓ

3
Re-joyce, O ram - part and shel - - ter for them that has - ten to thee. ⲛⲓⲁⲓ Tran -

quil ha - ven and pure Maid-en who didst not know man and who bar - est in

(Δ) (K) 3
the flesh thy Cre - a - tor and thy God, ⲛⲓⲁⲓ re - joyce; and cease not to pray Him, ⲛⲓⲁⲓ

3 (M)
mak-ing en - trea - ty for them that wor - - ship and praise ___ Him ___ that

(K) 3 (Δ) (K)
was born of thee. _____ ⲛⲓⲁⲓ

When the day is over, the vendor sits down and counts his profits;
but the worker of virtue does so when the psalmody is over.

—St. John of the Ladder



PLAGAL FIRST MODE - BRIEF

Lord, I Have Cried

Ἦχος λ π ρ̣ κε

χ̣ 160

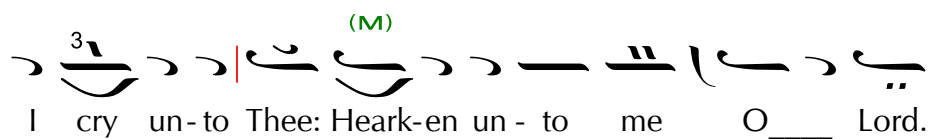
Κύριε ἐκέκραξα



(M) (K)
ord, I have cried un - to Thee, heark-en un - to me;

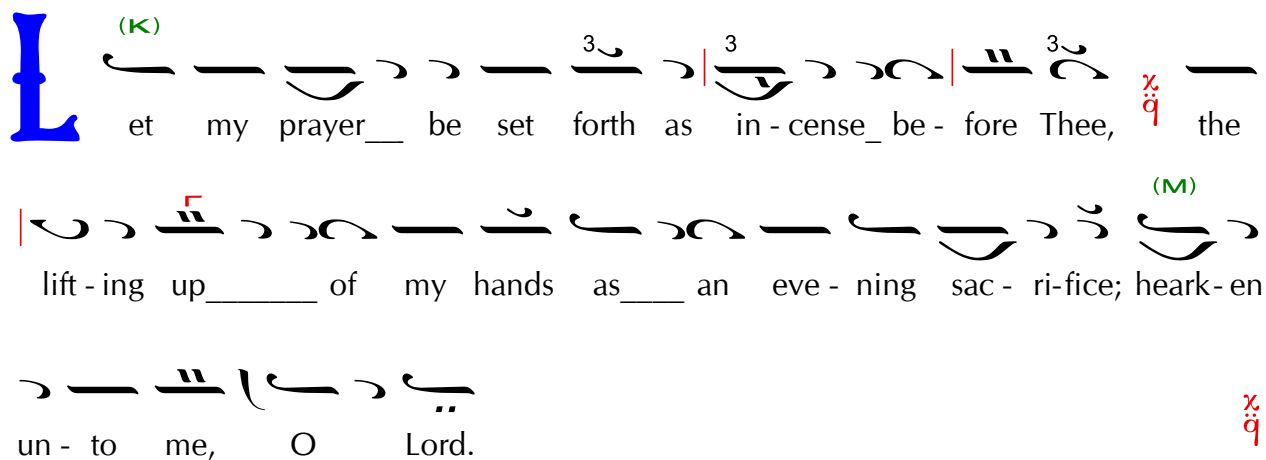
heark - en un - to me, O Lord. Lord, I have cried un - to Thee, heark -

en un - to me; at - tend to the voice of my sup - pli - ca-tion when



Let My Prayer

Κατευθυνθήτω





VERSES OF PSALMS

140, 141, AND 129

Plagal First Mode

Ἦχος λ̣ ᾠ̣ Κε

Χ̣ 180

Θοῦ Κυρίου

S ^(K) et, O Lord, a watch be-fore my mouth, ^{γ'} and a door___ of en-
^(Δ) clo-sure round a - bout my lips. ^(K) ^{ⲕ̣} ^{ⲓ̣}

2 ^(K) In - cline___ not my heart un - to words of e - - vil, to make
³ ex - cuse with ex - cus - es in sins, ^{ⲕ̣} ^{ⲓ̣}

3 ^(K) With men that work in - iq - ui - ty; ^{γ'} and I will not join___ with
^(Δ) their cho-sen. ^(K) ^{ⲕ̣} ^{ⲓ̣}

4 ^(K) The right-eous man will chas - ten me with mer - cy and re - prove___

me; ³ as for the oil of the sin - - ner, let it not a - noint
 my head.

5 For yet more is my prayer in the pres-ence of their pleas -
 - ures; swal-lowed up near by the rock have their judg - es been.

6 They shall hear my words, for they be sweet-ened; as a clod of earth
 is bro-ken up-on the earth, so have their bones been scat-tered nigh un -
 to Ha-des.

7 For un - to Thee, O Lord, O Lord, are mine eyes, in Thee
 have I hoped; take not my soul a-way.

8 Keep me from the snare which they have laid for me, and from the

stum - bling - blocks of them that work in - iq - ui - ty. (Δ) (K) ẋq̇

9 (K) The sin - ners shall fall in - to their own__ net; γ' (Δ) I am a - lone un -

til I pass by. (K) ẋq̇

10 (K) With my voice un - to the Lord__ have I cried, γ' (Δ) with my voice

un - to the Lord have I made my sup - pli - ca - tion. (Δ) (K) ẋq̇

11 (K) I will pour out be - fore Him my sup - pli - ca - - tion, γ' (Δ) mine af -

³ (Δ) (K) flic - tion be - fore_____ Him will I de - clare. ẋq̇

12 (K) When my spir - it was faint - - ing with - in__ me, γ' (Δ) then Thou knew -

est my paths. ẋq̇

13 (K) In this way where - in__ I have walked they hid for me a snare. (Δ) (K) ẋq̇

14 ^(K) I looked up - on my right hand, and be - held, and there was none__

that did know__ me. ^q

15 ^(K) Flight hath failed__ me, and there is none that watch-eth out__ for my ^(M)

soul. ^q

16 ^(K) I have cried__ un - to Thee, O Lord; ^q I said: Thou__ art ^(Δ) ^(K) my hope, ^q my por - - tion art Thou__ in the land_ of the liv-ing. ^q

17 ^(K) At - tend un-to my sup - pli - ca - tion, for I__ am brought ver-y low. ^q

18 ^(K) De - liv - er me from them that per - se - cute__ me, for they are strong -

er than I. ^q

*On Saturdays, continue with Stichera on page 246.
On other days continue on following page.*

—St. John Chrysostom



BRIEF STICHERA

Plagal First Mode

Ἦχος λ̣ ᾠ̣ Κε

Verse #1

Ἐξάγαγε ἐκ φυλακῆς

Bring my soul out of pris - on that I _____ may con - fess

Thy Name.

Stichera #1

Διὰ τοῦ τιμίου σου Σταυροῦ



y Thy pre - cious Cross, O Christ, Thou hast put the dev - il to shame;

and by Thy Res - ur - rec - - tion, Thou hast blunt-ed the sting of sin;

and Thou hast saved us from the gates of death. We glo - ri - fy Thee, O

On - - - ly - be - got - ten One.

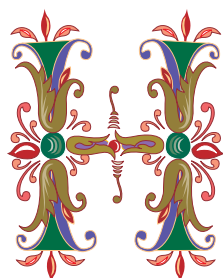
Verse #2

Ἐμὲ ὑπομενοῦσι Ⲭ ⲙⲓ

T^(M) ^(K) he right-eous shall wait pa-tient-ly for me Ⲭ ^(Δ) un - til Thou shalt
^(K) re - ward me. ⲙⲓ

Stichera #2

Ὁ τὴν ἀνάστασιν



^(K) e that grant - ed ^(Δ) the ^(K) Res - ur - rec-tion un-to the race
^(Δ) of man was led as a sheep to slaugh - - ter; ⲙⲓ ³ the prin-ces of Ha -
^(Δ) ^(K) - des were ter - ri-fied of Him, ⲙⲓ and the griev - ous gates were lift - ed up; ⲙⲓ
^(Δ) for Christ, the King of Glo - ry, hath en - - tered, ⲙⲓ say - ing__ to those
^(K) in bonds: Go forth; ⲙⲓ ^(M) and to those in dark - - ness: Re - veal your - - selves. ⲙⲓ

Verse #3

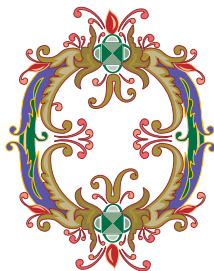
Ἐκ βαθέων ✠ ✠

ut of the depths have I cried un - to Thee, O Lord; O Lord,

שׁ שׂ ש׃
hear my voice.

Stichera #3

Μέγα θαῦμα



great won-der! hav-ing suf-fered in the flesh out of

love for man, the Cre - a - tor of things in - vis - i - ble, thē im - mor - tal

One, hath ris - - - en. Come, O ye kin - dreds of the na - tions, let us

wor-ship Him; for de - liv - ered from er - ror by His com - pas - sion,

we have learned to praise the one God in three Hy - pos - ta - ses.

Verse #4

Γενηθήτω τὰ ὦτα σου

χ

L ^(Δ) ^(K) ^(Δ)
et Thine ears be at - ten - tive to the voice of my sup - pli -

ca- tion.

Xö


Stichera #4

Ἑσπερινὴν προσκύνησιν

[illegible]

Light, Who in the end of the ages, through the flesh as in a mir-ror,

hast shined up - on the world; and hast de - scend - ed e - ven un - to Ha -


 - des, and dis-pelled the dark-ness there,

ur - rec - tion un - to the na-tions. O Giv - er of light, Lord, glo-

ry be to Thee.

Xö

Verse #5

Ἐὰν ἀνομίας Ⲭ ⲩ

I (M) (K) f Thou should - est mark in - iq - ui - ties, O Lord, O Lord, who shall
(Δ) (K) stand? Ⲭ For with Thee there is for - give - ness. Ⲭ ⲩ

Stichera #5

Τὸν ἀρχηγὸν τῆς σωτηρίας

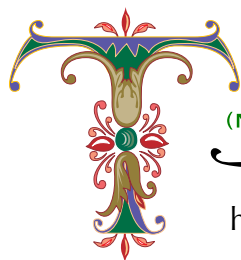


(K) (Δ) et us glo - ri - fy Christ, thē au - thor of our sal - va - -
(K) tion; Ⲭ ⲩ for when He a - rose__ from the dead, the__ world was saved from er - ror. Ⲭ ⲩ
The choir of thē an - gels re - joic - - eth; ⲩ the de - cep - tion of the de -
(M) mons doth flee; Ad - am, who was fall - - en, is ris - - en; the dev - il is
de - - stroyed. Ⲭ ⲩ

Verse #6

Ἔνεκεν τοῦ ὀνόματός σου ϣ̣ ϣ̣̇

F ^(Δ) ^(Κ) or Thy Name's sake have I pa - tient - ly wait - ed for Thee, O
 Lord; ϣ̣̇ my soul hath wait - ed pa - tient - ly for Thy word, ϣ̣ my soul hath
 hoped ϣ̣̇ in the Lord.



Stichera #6

Οἱ τῆς κουστωδίας

^(M) ^(Κ) he guards__ were in - struct - ed by the law - - less: ϣ̣̇ Con -
 ceal the Res - ur - rec - tion of Christ; ϣ̣̇ and take ye piec - es of sil - - ver, and
 say: ϣ̣̇ While we were sleep - - ing, the corpse__ was sto - len from the tomb. ϣ̣̇
 Who hath seen, who hath ev - er heard of a corpse__ be - ing sto - - len? ϣ̣̇
 es - pe - cial - ly one a - noint - - ed with myrrh and na - - ked, ϣ̣̇ with the

³ fu - ner - al shrouds be - ing a - ban - doned in the grave. ³ Be not de-ceived,
 _ O ye Jews. Learn the say-ings of the Proph-ets, and know that He is
 tru - - ly the Re - deem - er of the world and thē al - might - y One.

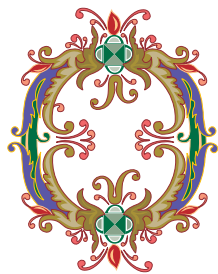
Verse #7

Ἀπὸ φυλακῆς πρωΐας

From the morn - ing watch un - til night, from the morn - ing watch
 let Is - - ra - el hope in the Lord.

Stichera #7

Κύριε ὁ τὸν ἄδην



Lord, Who hast de - spoil - ed Ha - - des and hast tram - pled
 up-on death; O our Sav - - iour, Who hast en - light - - ened the world
 by Thy pre-cious Cross; have mer - cy on us.

Verse #8

Ὅτι παρὰ τῷ Κυρίῳ ⲭ̅ ⲓ̅

F ^(Δ) or with the ^(Κ) Lord there is mer - cy, and with Him is plen - te -
ous re - demp-tion; ⲭ̅ ⲓ̅ and He shall re - deem Is - ra - el ⲭ̅ out of all -
his in - iq - ui - ties. ⲭ̅ ⲓ̅

Verse #9

Αἰνεῖτε τὸν Κύριον ⲭ̅ ⲓ̅

O ^(M) ^(Κ) praise the Lord, all ye na - tions; ^(Δ) ⲭ̅ praise Him, all ye peo-ples. ^(Κ) ⲭ̅ ⲓ̅

Verse #10

Ὅτι ἐκραταιώθη ⲭ̅ ⲓ̅

F ^(M) ^(Κ) or He hath made His mer - cy to pre - vail o - ver us, ^(Δ) ⲭ̅ ⲓ̅ and
the truth of the Lord ⲭ̅ ^(Δ) a - bid - - eth ^(Κ) for ev - er. ⲭ̅ ⲓ̅

Glory...

Δόξα Πατρί

✠

G ^(M) ^(K) ^(Δ)
 lo - ry to the Fa - ther, and to the Son, and to the Ho - ly
 Spir - it.

✠

Both now...

Καὶ νῦν

B ^(Δ) ^(K)
 oth now and ev - - er ^{γ'} and un - to thē a - ges of a - ges. A -
 men.

✠



Dogmatic Theotokion

Ἐν τῇ Ἐρυθρῇ Θαλάσσει

^(Δ) ^(K)
 n the Red Sea there was once de - pict - ed an im - age of thē
 un - wed - ded Bride. [✠] There, ³ Mos - es di - vid - ed the wa - ter; here, Ga -
^(Δ) ^(K)
 bri - el doth min - is - ter the won - der. [✠] Then the deep was trod - den dry - shod

by Is - ra - el; γ' now Christ is born seed - less - ly (Δ) of the Vir-gin. Ⲛⲓⲓⲁ (K)

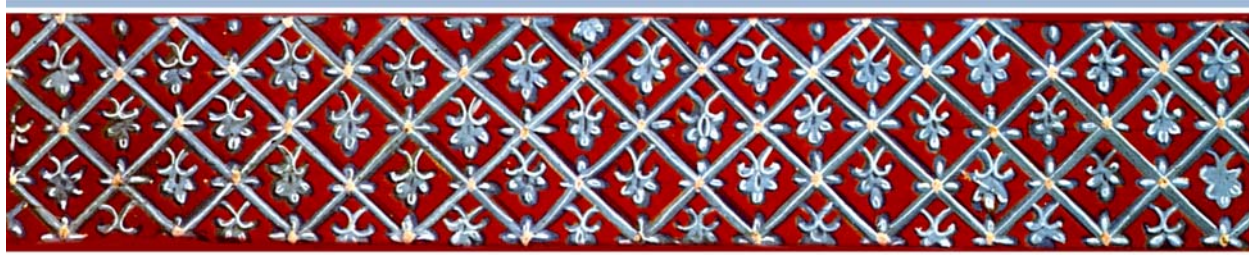
The sea, af - ter the pas - - sage of Is - ra - el, re-mained un - trod - -

den; γ' the blame-less one, af - ter the birth of Em-man - u - el, re-mained un-de-

filed. Ⲛⲓⲓⲁ O Thou Who art, and ev - er be-fore__didst ex - ist, and hast

ap - peared as man, Ⲛⲓⲓⲁ (M) O God: have mer - - cy on us. (K) Ⲛⲓⲓⲁ (Δ) (K)

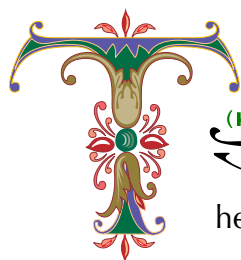




BRIEF ἈPOSTICHA

Plagal First Mode

Ἦχος λ̣ π̣ ᾠ̣ Κε



Aposticha #1

Σὲ τὸν σαρκωθέντα ⲗ̣ 160

(K)

hee, O Christ our Sav-iour, Who wast in - car - - nate ⲙ̣ and yet

wast not part - ed from the Heav-ens, ⲙ̣ do we mag - ni - fy with voic-es of song. ⲙ̣

For as the Lord Who lov - eth man, Thou didst ac - cept the Cross and death for

the sake of our race. ⲙ̣ De-spoil - ing the gates of Ha - - - des, Thou didst

(M)

a - rise on the third day, sav - ing our souls. ⲙ̣

Verse #2

Ὁ Κύριος ἐβασίλευσεν

✠

T^(M) ^(K) he Lord is king; He is clothed with maj - es - ty. ✠ The Lord

is clothed with strength and He hath girt Him-self. ✠

Aposticha #2

Νυγείσης σου



^(Δ) ^(K) hen Thy side was pierced, O Giv - - - er of life, ✠ Thou

didst pour forth streams of for - give-ness, life and sal - va - tion for all. ✠ Thou didst

ac - cept death ^(Δ) in the flesh, ✠ there-by grant - - ing ^(Δ) us im -

mor - tal - i - ty. ✠ And, whilst dwell-ing in the grave, Thou didst free ^(K) ^(Δ) ^(M) us, ✠

and glo - ri - ous - ly ^(K) as God, didst raise us up to - geth - er with Thy-self. ✠

³ Where-fore, we cry ^(M) out: O Friend of man, Lord, glo-ry be to Thee. ✠

Verse #3

Καὶ γὰρ ἐστερέωσε

F ^(M) ^(K) or He ^(Δ) es - tab - lished the world ^(K) which shall not be shak - en. ^(K)

Aposticha #3

Ξένη σου ἡ σταύρωσις



^(Δ) ^(K) trange is Thy cru - ci - fix - ion and de - scent in - to Ha - - - -
^(K) des, O Friend of man. ^(K) For Thou didst de - spoil it and didst glo - ri -
^(Δ) ^(K) ous - ly raise up with Thy - self the cap - tives of old, since Thou art God; ^(K) Thou didst
o - pen Par - a - dise, and make us wor - thy there - of. ^(K) Where - fore, do Thou
grant for - give - ness of sins ^(K) al - so un - to us who glo - ri - fy Thine a -
^(Δ) ^(K) ris - ing on the third day; ^(K) and deem us wor - thy to dwell in Par - a - dise,
^(M) since Thou a - lone art com - pas - sion - - ate. ^(K)

Verse #4

Τῷ οἴκῳ σου πρόπει Ⲭ ⲙⲓ

H (K) o - li - ness be - com - eth Thy house, O Lord, Ⲭ un - to length

ⲙⲓ
of days.

ⲙⲓ



Aposticha #4

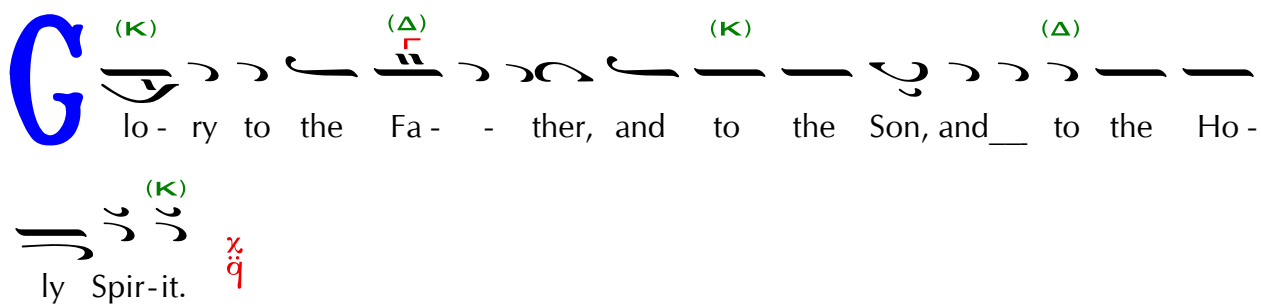
Ὁ δι' ἡμᾶς σαρκί

(K) Thou Who didst ac - cept the pas-sion in the flesh__ for
our sake, and didst a - rise__ on the third day: do Thou heal__ the pas -
sions of our flesh; ⲙⲓ and raise us up from griev-ous trans-gres - - sions, O Friend (M)
of man, and save__ us. ⲙⲓ

Glory...

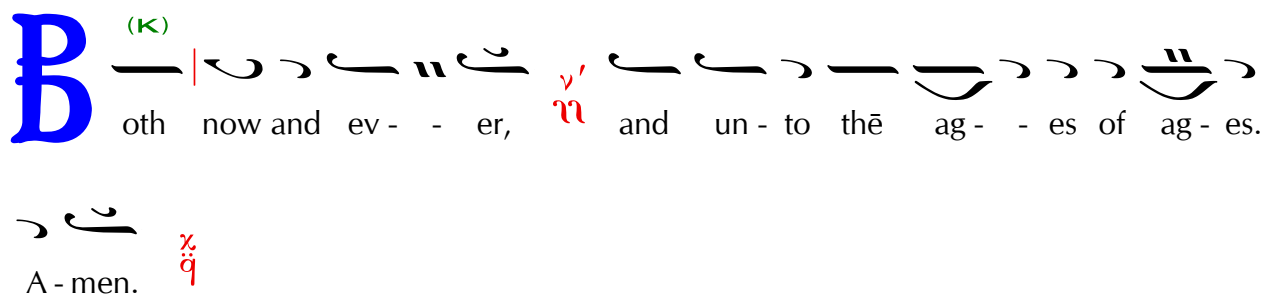
Δόξα Πατρί

✠



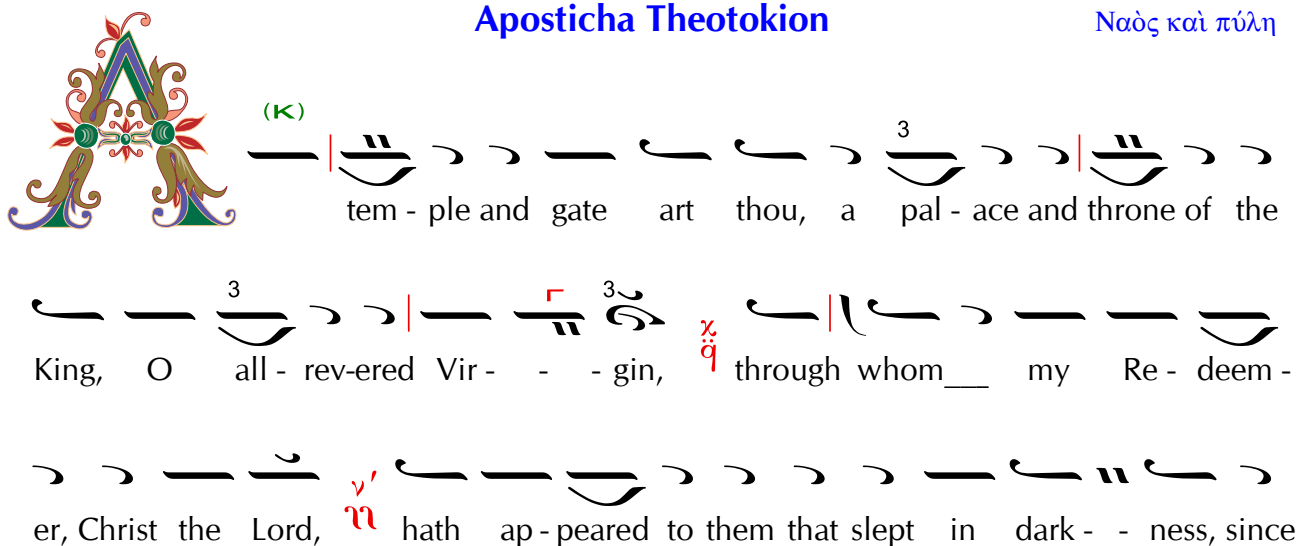
Both now...

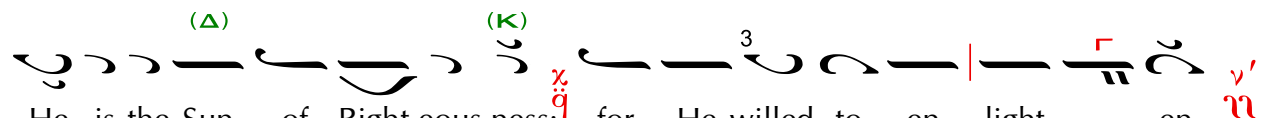
Καὶ νῦν



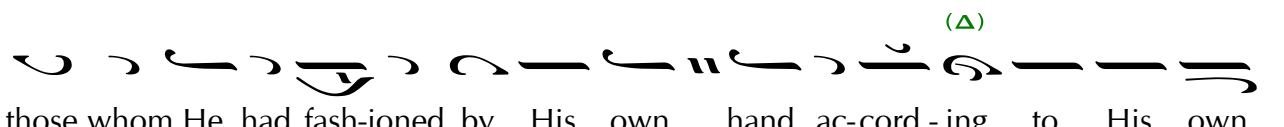
Aposticha Theotokion

Ναὸς καὶ πύλη

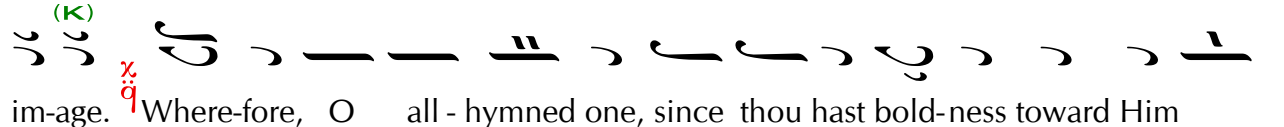




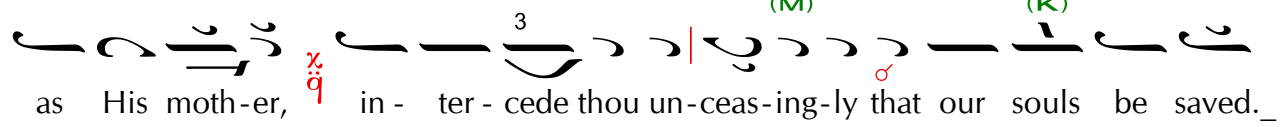
 He is the Sun of Right-eous-ness, for He willed to en - light - - en




 those whom He had fash-ioned by His own__ hand, ac-cord - ing to His own



 im-age. Where-fore, O all - hymned one, since thou hast bold-ness toward Him__



 as His moth-er, in - ter - cede thou un-ceas-ing-ly that our souls be saved._



We must think of what we sing rather than allow our mind, seized by extraneous
 thoughts as is often the case, to lose the fruit of our labor. One must sing
 with a manner and melody befitting holy religion; it must not
 proclaim theatrical distress but rather exhibit Christian
 simplicity in its very musical movement; it must
 not remind one of anything theatrical,
 but rather create compunction
 in the listeners.

—St. Niceta of Remesiana