FOURTH MODE

Lord, I Have Cried

Κύριε ἐκέκραξα
Let My Prayer

Let my prayer be set forth as incense before Thee, the lifting up of my hands as an evening sacrifice; hearken unto me, O Lord.
**Verses of Psalms**  
140, 141, and 129  

**Fourth Mode**

**Θοῦ Κύριε**

1. *Sit, O Lord, a watch before my mouth, and a door of enclosure round about my lips.*
2. *Incline not my heart unto words of evil, to make excuse with excuses in sins,*
3. *With men that work iniquity; and I will not join with their chosen.*
4. *The righteous man will chasten me with mercy and reprove*
me; as for the oil of the sinner, let it not anoint my head.

For yet more is my prayer in the presence of their pleasures; swallowed up near by the rock have their judgments been.

They shall hear my words, for they be sweetened; as a clod of earth is broken upon the earth, so have their bones been scattered among unto Hades.

For unto Thee, O Lord, O Lord, are mine eyes, in Thee have I hoped; take not my soul away.

Keep me from the snare which they have laid for me, and from the stumbling-blocks of them that work iniquity.
9 The sinners shall fall into their own net; I am alone until I pass by.

10 With my voice unto the Lord have I cried, with my voice unto the Lord have I made my supplication.

11 I will pour out before Him my supplication, mine affliction before Him will I declare.

12 When my spirit was fainting within me, then Thou knewest my paths.

13 In this way wherein I have walked they hid for me a snare.

14 I looked upon my right hand, and beheld, and there was none
that did know me.

Flight hath failed me, and there is none that watch-eth out for my soul.

I have cried unto Thee, O Lord; I said: Thou art my hope, my portion art Thou in the land of the living.

Attend unto my supplication, for I am brought very low.

Deliver me from them that persecute me, for they are stronger than I.

On Saturdays, continue with Slow Stichera on page 161 or with Brief Stichera on page 190.
On other days continue on following page.
19 Bring my soul out of prison that I may confess Thy Name.

20 The righteous shall wait patiently for me until Thou shalt reward me.

21 Out of the depths have I cried unto Thee, O Lord; O Lord, hear my voice.

22 Let Thine ears be attentive to the voice of my supplication.
Slow Stichera

Fourth Mode

 Verse #1

Bring my soul out of prison that I may confess Thy Name.

Stichera #1

n worshipping Thy life-creating Cross unceasingly, O Christ God, we glorify Thy Resurrection on the third day; for thereby hast Thou renewed the corrupt nature of man, O Almighty!
Verse #2

ομην υπομενονιας

The righteous shall wait patiently for me until Thou shalt reward me.

Stichera #2

ου ξυλου της παρακοης

Thou didst annul the sentence of the tree of disobedience, O Saviour, by being nailed willingly to the Tree of the
Out of the depths have I cried unto Thee, O Lord; O Lord, hear my voice.
Stichera #3

he gates of Hades didst Thou shatter, O Lord, and by Thy death Thou didst destroy the kingdom of death. And Thou didst free the race of man from corruption, granting life and in corruption and great mercy to the world.

Verse #4

Let Thine ears be attentive to the voice of my supplication.
Stichera #4

Come, ye peoples, let us praise the

Saveour's arising on the third day,

whereby we were delivered from the insoluble bonds of

Hades. And we all received in corruption and life, while crying:

Who wast crucified and buried and didst arise, save us

by Thy resurrection, O everlastly Friend of man.
Verse #5

Θάν άνομίας

If Thou should-est mark in-iqui-ties, O Lord, O Lord, who shall stand? For with Thee there is for-give-ness.

Stichera #5

Ἄγγελοι καὶ ἀνθρώποι

N-gels and men, O Savi-our, praise Thine ar-is-ing on the third day, where-by the ends of the world were en-light-en-ed. And we were all freed from slav-er-y to the en-e-my, while cry-ing: O Cre-a-tor of life, om-nip-o-tent Savi-our, save us by Thy Res-ur-ec-tion,
Fourth Mode – Slow Stichera

Verse #6  "Ενεκεν τοῦ όνόματός σου

For Thy Name’s sake have I patiently waited for Thee, O Lord; my soul hath waited patiently for Thy word, my soul hath hoped in the Lord.

Stichera #6  Πύλας χαλκᾶς συνέτριψας

hou didst crush the brazen gates and shatter the bars, O Christ God, and Thou didst raise the fallen race of man; for this cause do we cry out with one accord: Thou Who didst arise from the

www.stanthonsmonastery.org/music/Vespers.htm
Verse #7

from the morning watch until night from the morning watch
let Israel hope in the Lord.

Stichera #7

Lord, Thy birth from the Father is timeless and from everlasting; Thine incarnation of the Virgin is inexplicable and inexplainable to men. And Thy descent into Hades is terrible unto the devil and his angels; for having
Fourth Mode - Slow Stichera

Verse #8

For with the Lord there is mercy, and with Him is plentiful redemption; and He shall redeem Israel out of all his iniquities.

Verse #9

Praise the Lord, all ye nations; praise Him, all ye peoples.
Verse #10

For He hath made His mercy to prevail over us, and the truth of the Lord abideth forever.
Glory... Both Now...

Fourth Mode

Δόξα Πατρί...

Kαι νῦν...

Both now and ever and unto the ages of ages.

Amen.
Alternate Melodies

Δόξα Πατρί...

Kαι νῦν...

Amen.
Old (Slow) Sticheraric Melodies

Δόξα Πατρι...

G

lo-ry___ to the Fa-ther, and to the___ Son,

and__________ to____ the Ho-ly__ Spir-

- - - it.

Kai vûv...

B

oth now _____ and ev-er and un-to the___ a-
ges___ of___ a - - - ges.____________________ Amen._

_
Fourth Mode

ο Διά σὲ θεοπάτωρ

Ὁ Ἰχθος Ἐμμανουήλ

e____ that____ on thine ac- - count is now God's____

an- - ces- - - - tor, the Prophet Da-avid, did a- fore-

time in mel- - o- dy say_______ of _______ thee

to Him that hath done____ great____ things____ to_______ thee: The

queen_______ stood_______ at____ Thy_______ right__________
hand. For Christ God, Who was pleased to be come in of thee without father that He might save the world, hath shown thee forth as the mother and cause of Life, that He might restore His image corrupted by the passions; and having found the stray sheep lost in the mountains, and taken it upon His shoulders, He brought it unto His Father, and by

____ His own will united it with the Heavenly
A religious hymn is a great blessing for everyone. It constitutes praise to the Most High, honor for His holy people, worldwide harmony, an eloquent proof of the Church's unity. It expresses the voice of the Church, its confession. It brings about a complete spiritual uplifting and absolute peace and joy in redeemed hearts, with the triumphal hymn and song of happiness. It drives away hardness of heart. It chases away disturbance. It dissolves and dissipates despondency. . . The voice sings the soul's joy, while the spirit delves into the mysteries of the faith.

—St. Ambrose of Milan
Slow Aposticha

Fourth Mode

'Ἡχός Πα

Aposticha #1

Κύριε ἀνέλθων

Lord, when Thou didst ascend upon the Cross, Thou didst utterly obliterate our ancestors' curse. And going down into Hades, Thou didst set free those in fetters from all agony.
Verse #2

The Lord is king; He is clothed with majesty. The Lord is clothed with strength and He hath girt Himself.

Aposticha #2

While hanging upon the Tree, O Only Mighty One, Thou didst cause all of creation...
And when Thou wast laid in the grave, Thou didst raise them that dwelt in the graves, granting corruption and life unto the race of man; for this cause, with hymns we glorify Thine arising on the third day.

Verse #3

Or He established the world which shall not be shaken.
Aposticha #3

Aposticha #3

Christ, surrendered Thee to Pilate, they condemned Thee
to be crucified, showing themselves ungrateful unto their Benefactor;
but willingly Thou didst endure cruel, and, of Thine own power, didst arise
on the third day, as God granting unto us unending life and great mercy.

www.stanthonymonastery.org/music/Vespers.htm
Verse #4

H 

o-li-ness be-com-eth Thy house, O Lord, unto____

length____ of_______ days.

Aposticha #4

raw-ing nigh un-to the___ tomb, the___ wom-en___
sought___ Thee___ with_______ tears; but on not find-ing_Thee, they_

_ were_ o-ver-come_______ with_________ grief. And cry-ing

out with lam-en-ta-tion, they___ said:___ Woe____ un-to____ us, O our Sav-iour,___ O___ King of___ all,_____

__how_______ wast__ Thou sto-len? What place_ hold-eth
Thy life bearing Body? And an angel answered them: Weep not, he said,

but go forth and proclaim that the Lord is risen, granting us joy, since He alone is merciful.
Fourth Mode

Ἀποστίχα Θεοτόκιον

Ὁ Ἰωάννης Νεώσον παρακλήσεισι

Néúson paraclí̱seisì

n-cline to the en-trea-ty of thy sup-pli-ants, O_

all-blame-less one. Make to cease the up-ris-
ing of af-flic-tions that come upon

us, and de-liver us from all man-

ner of____ grief. For thee a-lone do we have as a se-
cure and sure an-

chor, and we have thy pro-
tec-tion. Let us not be put to shame, O
Psalmody in a crowded congregation
is accompanied by captivity and wandering
of the thoughts; but in solitude, this does not happen.
However, those in solitude are liable to be assailed by despondency,
whereas in congregation the brethren help each other by their zeal.

—St. John of the Ladder
Apolytikion of the Resurrection

Fourth Mode

Τὸ φαιδρόν

Having learned the joyful procession of the Resurrection from the angel, and having cast off the ancestral condemnation, the women disciples spoke to the Apostles triumphantly: Death is spoiled and Christ God is risen, granting great mercy unto the world.
Glory...

Δόξα Πατρί

Glory to the Father, and to the Son, and to the Holy Spirit.

Both now...

Καὶ νῦν

Both now and for ever, and unto the ages of ages.

Amen.

Resurrectional Theotokion

Τὸ ἀπὸ αἰῶνος

The mystery hidden from eternity and unknown to the angels is made manifest through thee, O Theotokos, to those on earth. God became incarnate in an unmingled un-
And for our sake hath submitted willingly to the Cross, by which He hath raised up the first-fashioned man and hath saved our souls from death.
Fourth Mode - Brief

Lord, I Have Cried

‘Ἡχός ἡ ἀθώ B8

Κύριε ἐκέκραζα

ord, I have cried unto Thee, hearken unto me; hearken unto me, O Lord. Lord, I have cried unto Thee, hearken unto me; attend to the voice of my supplication when I cry
Let My Prayer


Psalmody—bringing about choral singing,
a bond, as it were, toward unity, and joining
people into a harmonious union of one choir—
produces also the greatest of blessings: love.

—St. Basil the Great
Brief Stichera

Fourth Mode

&chi; &omicron; &omicron; &omicron; B8

Verse #1

Verse #1

Bring my soul out of prison that I may confess Thy Name.

Stichera #1

To; n zwhpoiovn sou Staurovn

Bring my soul out of prison that I may confess Thy Name.

Bring my soul out of prison that I may confess Thy Name.

Stichera #1

To; n zwhpoiovn sou Staurovn
Verse #2

The righteous shall wait patiently for me until Thou shalt reward me.

Stichera #2

Thou didst annul the sentence of the tree of disobedience, O Saviour, by being nailed willingly to the Tree of the Cross. And by descending into Hades, O Mighty One, as God Thou didst rend a-sunder the bonds of death. Wherefore, we worship Thy Resurrection from the dead, while crying out in gladness: O Almighty Lord, glory be to Thee.
Verse #3

Ek bαθέων

Out of the depths have I cried unto Thee, O Lord; O Lord, hear my voice.

Stichera #3

Πύλας θόου συνετριψας

The gates of Hades didst Thou shatter, O Lord, and by Thy death Thou didst destroy the kingdom of death. And Thou didst free the race of man from corruption, granting life and incorruption and great mercy to the world.
Verse #4

Let Thine ears be attentive to the voice of my supplication.

Stichera #4

O ye peoples, let us praise the Saviour's arising on the third day, whereby we were delivered from the indissoluble bonds of Hades. And we all received incorruption and life, while crying: Thou Who wast crucified and buried and didst arise, save us by Thy Resurrection, O only Friend of man.
Verse #5

Θεάν ἀνομίας ἔγραψε

I

f Thou should-est mark iniquities, O Lord, O Lord, who shall stand? For with Thee there is forgiveness.

Stichera #5

Ἀγγελοὶ καὶ ἀνθρώποι

n-gels and men, O Saviour, praise Thine arising on the third day, where-by the ends of the world were enlight-en-ed. And we were all freed from slavery to the en-e-my, while cry-ing: O Creator of life, omnip-o-tent Saviour, save us by Thy Res-ur-rec-tion, O on-ly Friend of man.
Verse #6

for Thy Name's sake have I patiently waited for Thee, O Lord; my soul hath waited patiently for Thy word, my soul hath hoped in the Lord.

Stichera #6

Puvla' calka' sunevtriya'

hou didst crush the brazen gates and shatter the bars, O Christ God, and Thou didst raise the fallen race of man; for this cause do we cry out with one accord: Thou Who didst arise from the dead, Lord, glory be to Thee.
Verse #7

Aπὸ φυλακῆς προίας

from the morning watch until night, from the morning watch

let Israel hope in the Lord.

Stichera #7

Κύριε ἡ ἐκ Πατρός σου

Lord, Thy birth from the Father is timeless and from
everlasting; Thine incarnation of the Virgin is inexpressible and inexplicable to men. And Thy descent into Hades is terrible unto the devil and his angels; for having trampled on death, Thou didst arise on the third day, granting incorruption and great mercy unto men.
Verse #8

"Ότι παρὰ τῷ Κυρίῳ there is mercy, and with Him is plentiful redemption; and He shall redeem Israel out of all his iniquities.

Verse #9

Αἰνείτε τὸν Κύριον praise the Lord, all ye nations; praise Him, all ye peoples.

Verse #10

"Ότι ἐκραταιώθη But He hath made His mercy to prevail over us, and the truth of the Lord abideth for ever.
Glory...

Δόξα Πατρί

G

Lo-ry to the Fa-ther, and to the Son, and to the Ho-ly Spir-it.

Both now...

Καὶ νῦν

B

Both now and ev-er and un-to the a-ges of a-ges. A-men.

Dogmatic Theotokion

Ὅ διά σὲ θεοτάτῳ

H

E that on thine ac-count is now God’s an-ces-tor, the Proph-et

Da-vid, did a-fore-time in mel-o-dy say of thee to Him

that_hath done great things to thee: The queen_stood_ at Thy right_hand.
For Christ God, Who was pleased to become incarnate of thee without father that He might save the world, hath shown thee forth as the mother and cause of Life, that He might restore His image corrupted by the passions; and having found the stray sheep lost in the mountains, and taken it upon His shoulders, He bringeth it unto His Father, and by His own will uniteth it with the Heavenly powers, O Theotokos; for He hath great and abundant mercy.

O chant unto our God, chant ye;
chant unto our King, chant ye...
O chant ye with understanding.

Psalm 46:6-7
Lord, when Thou didst ascend upon the Cross, Thou didst utterly obliterate our ancestral curse. And going down into Hades, Thou didst set free those in fetters from all ages past, granting unto the race of man incorruption forever; hence, for this cause with hymns do we glorify Thy
Verse #2

The Lord is king; He is clothed with majesty. The Lord is clothed with strength and He hath girt Him-self.

Aposticha #2

while hanging upon the Tree, O Only Mighty One, Thou didst cause all of creation to tremble. And when Thou wast laid in the grave, Thou didst raise them that dwelt in the graves, granting incorruption and life unto the race of man; for this cause, with hymns we glorify Thine arising on the third day.
Verse #3

Kai gar esperose

or He es-tab-lished the world which shall not be shak-en.

Aposticha #3

Laios paranoimos Christe

hen the law-less peo-ple, O Christ, sur-rendered Thee to Pi-
late, they con-demned Thee to be cru-ci-fied, show-ing them-selves un-

grate-ful un-to their Ben-e-fac-tor; but will-ing-ly Thou

didst en-duce bur-i-al, and, of Thine own pow-er, didst a-rise_

_on the third day, as God granting un-to us un-end-ing life_

and great mer-cy.
Verse #4

Τῷ οἶκῳ σου πρέπει ἔννοια

O-li-ness be-com-eth Thy house, O Lord, un-to length of days.

Apostichia #4

Μετὰ δακρύων γυναίκες

raw-ing nigh un-to the tomb, the wom-en sought Thee with tears;

but on not find-ing Thee, they were o-ver-come with grief. And cry-ing

out with lam-en-ta-tion, they said: Woe un-to us, O our Sav-iour,

__ O King of all, how wast Thou sto-len? What place hold-eth Thy life-

- bear-ing Bod- y? And an an-gel an-swered them: Weep not,

he said, but go forth__ and pro-claim that the Lord is ris-en, grant-
Glory...

Both now...

Aposticha Theotokion

ing us joy, since He a-lone is mer-ci-ful.

Δόξα Πατρί

Kάι νῦν

Neύσον παρακλήσει

ne us joy, since He a-lone is mer-ci-ful.

Δόξα Πατρί

Kάι νῦ

Neύσον παρακλήσει

ne us joy, since He a-lone is mer-ci-ful.

Δόξα Πατρί

Kάι νῦ

Neύσον παρακλήσει

ne us joy, since He a-lone is mer-ci-ful.

Δόξα Πατρί

Kάι νῦ

Neύσον παρακλήσει

ne us joy, since He a-lone is mer-ci-ful.

Δόξα Πατρί

Kάι νῦ

Neύσον παρακλήσει

ne us joy, since He a-lone is mer-ci-ful.

Δόξα Πατρί

Kάι νῦ

Neύσον παρακλήσει

ne us joy, since He a-lone is mer-ci-ful.

Δόξα Πατρί

Kάι νῦ

Neύσον παρακλήσει

ne us joy, since He a-lone is mer-ci-ful.

Δόξα Πατρί
that come up-on us, and deliver us from all manner of grief. For thee alone do we have as a secure and sure anchorage, and we have thy protection. Let us not be put to shame, O Lady, as we call upon thee. Hasten at the entreaty of those who faithfully cry to thee. Rejoice, O Lady, thou help of all, thou joy and shelter and salvation of our souls.