Intonation: #11

**Fourth Mode**

**Lord, I Have Cried**

Andante ♩-84

Lord, I have cried unto Thee, hearken unto me; hearken unto me,

O Lord. Lord, I have cried unto Thee,
When you stand in church, be careful not to look here and there or curiously examine how each one of the brethren stands or sings. Rather, pay attention only to yourself and to the chanting and to your sins.

-St. Symeon the New Theologian
Let My Prayer

Fourth Mode

Andante

Let my prayer be set forth as incense before Thee, the lifting up of my hands as an evening sacrifice;

hearken unto me, O Lord.
Verses of Psalms
140, 141, and 129

Presto

Set, O Lord, a watch before my mouth, and a door of enclosure round about my lips.

Incline not my heart unto words of evil, to make excuse with excuses in sins,

With men that work iniquity; and I will not join with their chosen.
The righteous man will chasten me with mercy and reprove me; as for the oil of the sinner, let it not anoint my head.

For yet more is my prayer in the presence of their pleasures; swallowed up near by the rock have their judges been.

They shall hear my words, for they be sweetened; as a clod of earth is broken upon the earth, so have their bones been scattered nigh unto Hades.
For unto Thee, O Lord, O Lord, are mine eyes, in Thee have I hoped; take not my soul away.

Keep me from the snare which they have laid for me, and from the stumbling-blocks of them that work iniquity.

The sinners shall fall into their own net; I am alone until I pass by.

With my voice unto the Lord have I cried, with my voice unto the Lord have I made my supplication.
I will pour out before Him my supplication,
mine affliction before Him will I declare.

When my spirit was fainting within me, then Thou
knewest my paths.

In this way wherein I have walked they hid for me a snare.

I looked upon my right hand, and beheld, and there was none
that did know me.

Flight hath failed me, and there is none that watcheth out
16 I have cried unto Thee, O Lord; I said: Thou art my hope, my portion art Thou in the land of the living.

17 Attend unto my supplication, for I am brought very low.

18 Deliver me from them that persecute me, for they are stronger than I.
Bring my soul out of prison that I may confess Thy Name.

The righteous shall wait patiently for me until Thou shalt reward me.

Out of the depths have I cried unto Thee, O Lord; O Lord, hear my voice.

Let Thine ears be attentive to the voice of my supplication.
**Slow Stichera**

**Fourth Mode**

**Verse #1**

Εξάγαγε ἑκ φυλακῆς

Andante ½ 88

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D
C
D
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Bring my soul out of prison that I may confess

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Thy Name.
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**Stichera #1**

Τὸν ζωοτόν σου Σταυρόν

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E
C D C
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In worship-ping Thy life-creating Cross unceasingly, O Christ God, we glorify Thy Resurrection on the third day;

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E
D E
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for thereby hast Thou renewed the corrupted nature of
man, O Al might - y One.

And Thou didst show un - to us the way up un -

to the Heav - - ens, since Thou a - lone art

good and the Friend of man.

Verse #2

The right-eous shall wait pa - tient - ly for me un - til Thou shalt re -

ward me.
Thou didst annul the sentence of the tree of disobedience, O Savior, by being nailed willingly to the Tree of the Cross. And by descending into Hades, O Mighty

One, as God Thou didst rend asunder the bonds of death. Wherefore, we worship Thy Resurrection from
the dead, while crying out in gladness: O Almighty Lord, glory be to Thee.

Verse #3

Out of the depths have I cried unto Thee, O Lord; O Lord, hear my voice.

Stichera #3

The gates of Hades didst Thou shatter, O
Lord, and by Thy death, Thou didst destroy the kingdom of death. And Thou didst free the race of man from corruption, granting life and incorruption and great mercy to the world.

Verse #4

Генηθήτω τά ὅτα σου

Let Thine ears be attentive to the voice of my suppli-
Come, O ye peoples, let us praise the Saviour's arising on the third day, whereby we were delivered from the indissoluble bonds of Hades. And we all received incorruption and life, while crying: Thou Who...
wast crucified and buried didst arise, save us by Thy Resurrection,

O only Friend of man.

Verse #5

If Thou shouldest mark iniquities, O Lord, O Lord, who shall stand?

For with Thee there is forgiveness.

Stichera #5

Angels and men, O Saviour, praise Thine a-
rising on the third day, where-by the ends of the world were enlightened. And we were all freed from slavery to the enemy, while crying: O Creator of life, omnipotent Saviour, save us by Thy Resurrection, O only Friend of man.
Verse #6

For Thy Name's sake have I patiently wait-ed for Thee, O Lord;

my soul hath wait-ed pa-tient-ly for Thy word, my soul hath

hoped_______ in_______ the______ Lord.

Stichera #6

Thou didst crush the bra-zen_ gates and shat-ter the bars,

O_ Christ_______ God, and Thou didst raise_______

fall-en race_______ of_______ man; for this
Verse #7

"Απὸ φυλακῆς προίας"

From the morning watch until night, from the morning watch

let Israel hope in the Lord.

Stichera #7

Κύριε ή ἐκ Πατρός σου

O Lord, Thy birth from the Father is time-less and from
Fourth Mode - Slow Stichera

everlasting; Thine incarnation of the

Virgin is inexpressible and inexplicable to men. And Thy descent into

Hades is terrible unto the devil and

his angels; for having trampled on

death, Thou didst arise on the third

day, granting incorruption and great merit
For with the Lord there is mercy, and with Him is plentiful redemption; and He shall redeem Israel out of all his iniquities.

Verse #8

‘Οτι παρά τῷ Κυρίῳ

Verse #9

Αἰνεῖτε τὸν Κυρίον

O praise the Lord, all ye nations; praise Him, all ye peoples.
Verse #10

For He hath made His mercy to prevail over us,

and the truth of the Lord abideth forever.
Glory ... Both Now ...  

Fourth Mode  

Andante  \( \downarrow \frac{8}{4} \)  

Δόξα Πατρί... Καὶ νῦν...

A1  

\[ \text{Glory to the Father, and to the Son, and to the Holy Spirit.} \]

A2  

\[ \text{Both now and ever, and unto the ages of ages.} \]

A - - - - men.
Alternate Melodies

**Fourth Mode - Glory**

Alternate Melodies

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**B1**

Un. E

Glo - ry to the Fa - ther, and to

D

the Son, and to the Ho - ly Spir - it.

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**B2**

E

Both now and ev - er, and un - to the a - ges

Un. E

of a - ges.

A - men.
Fourth Mode - Glory

Old (Slow) Sticheraric Melodies

Glo-ry to the Fa-ther, and to the Son, and to the Ho-ly Spirit.

Both now and ev-er, and un-to the ages of ages. Amen.
Dogmatic Theotokion

Fourth Mode

Andante  ♩-84

He that on thine account is now God's ancestor, the Prophet David, did aforetime in melody say:

of thee to Him that hath done great things to thee: The queen stood
at Thy right hand. For Christ God, Who was pleased to become, incarnate of thee without father that He might save the world, hath shown thee forth as the mother and cause of Life, that He might restore His image corrupted by the passions; and having found
the stray sheep lost in the mountains, and taken it upon His shoulders, He bringeth it unto His Father, and by His own will uniteth it with the Heavenly powers, O Theotokos; for He hath great and abundant mercy.
O Lord, when Thou didst ascend upon the Cross,
Thou didst utterly obliterate our ancestral curse. And going down into Hades,
Thou didst set free those in fetters from all ages past,
granting unto the race of man incorruption, for ever; hence, for this cause with hymns do we glorify Thy life-creating and saving Rising from the dead.

Verse #2

The Lord is king; He is clothed with majesty.

The Lord is clothed with strength and He hath girt Himself.
While hanging upon the Tree, Only Mighty One, Thou didst cause all of creation to tremble. And when Thou wast laid in the grave, Thou didst raise them that dwelt in the graves, granting incorruption and life unto the race of man; for this cause, with hymns we glorify
Third Day:

**For He established the world which shall not be shaken.**

**Aposticha #3**

**Verse #3**

**Kai γὰρ ἐστερέωσε**

**Fourth Mode - Slow Aposticha**

**Aposticha #3**

**Laos paranoimos Christe**

**Un.**

When the lawless people,

**O Christ, surrendered Thee to Pilate, they condemned Thee to be crucified,**
showing themselves ungrateful unto their benefactor; but willingly Thou didst endure burial,
and, of Thine own power, didst arise
on the third day, as God granting

and great mercy.
Verse #4

Ho-li-ness be-com-eth Thy house, O Lord, un-to
length of days.

Aposticha #4

Draw-ing nigh un-to the tomb, the wom-en
sought Thee with tears; but on not find-ing Thee, they were over-come
with grief. And cry-ing out with lamen-ta-tion,
they said: Woe unto us, O our Saviour, O King of all, how wast Thou stolen? What place hold eth Thy life bearing Body y? And an angel answered them: Weep not, he said, but go forth and proclaim that the Lord is risen, granting us joy, since He answered them:
lone is merciful
Andante

Incline to the entreaty of thy suppliants,
on all blameless one. Make to cease
the uprising of afflictions that
come upon us, and deliver us
from all manner of grief. For thee a-
Fourth Mode - Slow Aposticha Theotokion

lone, do we have as a secure and sure anchor, and we have thy protection.

Let us not be put to shame, O Lady, as we call upon thee. Has-ten at the entreaty of those who faithfully cry to thee: Re-joice, O Lady, thou help of all, thou joy and shelter and salvation.
Fourth Mode - Slow Aposticha Theotokion

of our souls.
**Apolytikion of the Resurrection**

Fourth Mode  
(soft chromatic)

Allegro  \( \text{\textit{♩}} \).160

Hav-ing learned the joy-ful proc-la-ma-tion of the Res-
rec-tion from the an-gel, and hav-ing cast off
the an-ces-tral con-dem-na-tion, the wom-en dis-ci-ples spake to
the A-pos-tles tri-um-phant-ly: Death is de-spoiled and
Christ God is ris-en, grant-ing great mer-cy un-to the world.

www.stanthonysonastery.org/music/Vespers.htm
Glory...

Δόξα Πατρί

Glo - ry to the Fa - ther, and to the Son, and to the Ho - ly

Both now...

Καί νῦν

Both now and ev - er, and un - to the ag - es of ag - es.

A - men.

Resurrectional Theotokion

Τὸ ἀπὸ αἰῶνος

The mys - ter - y hid - den from e - ter - ni - ty and un - known
to the angels is made manifest through thee, O Theotokos, to those on earth. God became incarnate in an un
mingled union and for our sake hath submitted willingly to the Cross, whereby He hath raised up the first-fashioned
man and hath saved our souls from death.

Let the word of Christ dwell in you richly in all wisdom; teaching and admonishing one another in psalms and hymns and spiritual songs, singing with grace in your hearts to the Lord.

Col. 3:16
Fourth Mode - Brief

Intonation: #9

Lord, I Have Cried

Lord, I have cried unto Thee, hearken unto me;

hearken unto me, O Lord. Lord, I have cried

unto Thee, hearken unto me; attend to the voice
of my supplication when I cry unto Thee:

Hearken unto me, O Lord.

Let My Prayer

Hearken unto me, O Lord.

Let my prayer be set forth as incense before Thee,

the lifting up of my hands as an evening sacrifice; hearken unto me, O Lord.
**Brief Stichera**

**Fourth Mode**

**Verse #1**

*Bring my soul out of prison that I may confess Thy Name.*

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**Stichera #1**

*Tón ζωοποίον σου Σταυρόν*

*In worshiping Thy life-creating Cross unceasingly, O Christ God, we glorify Thy Resurrection on the third day; for thereby hast Thou renewed the corrupted nature of man, O Almighty One.*

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www.stanthonyssmonastery.org/music/Vespers.htm
And Thou didst show unto us the way up unto the Heavens, since Thou alone art good and the Friend of man.

Verse #2

The righteous shall wait patiently for me until Thou shalt reward me.

Stichera #2

Thou didst annul the sentence of the tree of disobedience, O Saviour, by being nailed willingly to the Tree of the Cross. And by descending into

www.stanthonysmonastery.org/music/Vespers.htm
Ha - des, O Might - y One, as God Thou didst rend a - sun - der the bonds of death. Where - fore, we wor - ship Thy Res - ur - rec - tion from the dead, while cry - ing out in glad - ness: O Al - might - y Lord, _ glo - ry be to Thee.

Out of the depths have I cried un-to Thee, O Lord; O Lord, _ hear my voice.

The gates of Ha - des didst Thou shat - ter, O Lord, and
by Thy death Thou didst destroy the kingdom of death. And Thou didst free the race of man from corruption, granting life and incorruption and great mercy to the world.

Verse #4

Γενηθήτω τὰ ὅτα σου

Let Thine ears be attentive to the voice of my supplication.

Stichera #4

Δεῦτε ἀνυμινήσωμεν λαοὶ

Come, O ye peoples, let us praise the Saviour's arising on the third day, where-by we were de-liv-
ered from the indissoluble bonds of Hades.

Un. And we all received incorruption and life, while crying:

E Thou Who wast crucified and buried and didst arise,

save us by Thy Resurrection, O only Friend of man.

Verse #5

Εάν ἁνομίας

If Thou should-est mark inequities, O Lord, O Lord, who shall stand?

For with Thee there is forgiveness.
Angels and men, O Saviour, praise Thine arising
on the third day, where-by the ends of the world were enlightened. And we were all freed from slavery
to the enemy, while crying: O Creator of life, omnipotent Saviour, save us by Thy Resurrection, O only Friend of man.
For Thy Name’s sake have I patiently waited for Thee, O Lord; my soul hath waited patiently for Thy word, my soul hath hoped in the Lord.

Thou didst crush the brazen gates and shatter the bars, O Christ, God, and Thou didst raise the fallen race of man; for this cause do we cry out with one accord: Thou Who didst...
Un. E

a risen from the dead, Lord, glory be to Thee.

Verse #7

᾿Απὸ φυλακῆς πρωίας

From the morning watch until night, from the morning watch let Israel hope in the Lord.

Stichera #7

Κύριε ἡ ἐκ Πατρός σου

O Lord, Thy birth from the Father is time-less and from everlasting; Thine incarnation of the Virgin is inexpressible and inexplicable to men. And
Thy descent into Hades is terrible unto the devil and his angels; for having trampled on death, Thou didst arise on the third day, granting incorruption and great mercy unto men.

Verse #8

For with the Lord there is mercy, and with Him is plentiful redemption; and He shall redeem Israel out of all his iniquities.
Verse #9

Aινεῖτε τὸν Κύριον

O praise the Lord, all ye nations; praise Him, all ye peoples.

Verse #10

"Οτι ἐκραταίωθη

For He hath made His mercy to prevail over us, and the truth of the Lord abideth for ever.

Glory...

Δόξα Πατρί

Glo - ry to the Fa - ther, and to the Son, and to the Ho - ly

Spir - it.
Both now and ever, and unto the ages of ages. Amen.

He that on thine account is now God's ancestor, the Prophet David, did aforetime in melody say of thee to Him that hath done great things to thee: The queen stood at Thy right hand. For Christ God, Who was pleased to be...
come incarnate of thee without father that

He might save the world, hath shown thee forth as the mother and

cause of Life, that He might restore His image corrupted by the passions; and having found the stray

sheep lost in the mountains, and taken it upon His

shoulders, He bringeth it unto His Father, and

by His own will uniteth it with the Heavenly

powers, O Theotokos; for He hath great
Fourth Mode - Brief Stichera

Saint Nicholas

and abundant mercy.

SAINT NICHOLAS
O Lord, when Thou didst ascend upon the Cross, Thou didst utterly obliterate our ancestral curse. And going down into Hades, Thou didst set free those in fetters from all ages past, granting unto the race of man incorruption forever; hence, for this cause with
hymns do we glo - ri - fy Thy life - cre - at - ing and sav - ing Ris - ing from the dead.

Verse #2

The Lord is king; He is clothed with maj-es-ty. The Lord is clothed with strength and He hath girt Him-self.

Aposticha #2

While hang - ing up - on the Tree, O On - ly Might - y One,

Thou didst cause all of cre - a - tion to trem - ble. And when
Thou wast laid in the grave, Thou didst raise them that dwelt in the graves, granting incorruption and life unto the race of man; for this cause, with hymns we glorify Thine arising on the third day.

Verse #3

For He established the world which shall not be shaken.

Aposticha #3

When the lawless people, O Christ, surrendered Thee to
Pilate, they condemned Thee to be crucified, showing themselves ungrateful unto their Benefactor; but willingly Thou didst endure burial, and, of Thine own power, didst arise on the third day, as God granting unto us unending life and great mercy.

Verse #4

Holy-ness becometh Thy house, O Lord, unto length of days.
Un. E

Drawing nigh unto the tomb, the women sought Thee with tears;

but on not finding Thee, they were overcome with grief. And

crying out with lamentation, they said: Woe unto us, O our Saviour, O King of all, how wast Thou stolen? What place holdeth Thy life-bearing Body?

And an angel answered them: Weep not, he said,

but go forth and proclaim that the Lord is risen,

www.stanthonymsmonastery.org/music/Vespers.htm
granting us joy, since He alone is merciful.

Glory...

Δόξα Πατρι

Glory to the Father, and to the Son, and to the Holy Spirit.

Both now...

Καὶ νῦν

Both now and ever, and unto the ages of ages. Amen.
Incline to the entreaty of thy suppliants, O all-blameless one. Make to cease the uprising of afflictions that come upon us, and deliver us from all manner of grief. For thee alone do we have as a secure and sure anchor, and we have thy protection. Let us not be put to shame, O Lady, as we call upon thee. Hasten at the entreaty of
A religious hymn is a great blessing for everyone. It constitutes praise to the Most High, honor for His holy people, worldwide harmony, an eloquent proof of the Church's unity. It expresses the voice of the Church, its confession. It brings about a complete spiritual uplifting and absolute peace and joy in redeemed hearts, with the triumphal hymn and song of happiness. It drives away hardness of heart. It chases away disturbance. It dissolves and dissipates despondency. . .

The voice sings the soul's joy, while the spirit delves into the mysteries of the faith.

-St. Ambrose of Milan