

THIRD MODE

Lord, I Have Cried

^χ Ἡχος ῥι Γα

^χ 84

Κύριε ἐκέκραξα



(Ν) ord, _____ I have cried _____ un - - to _____ Thee,_

heark - - - - en_ un - - to _____ me; heark - -

(Π) en un - - to _____ me, _____ O _____ Lord. Lord, I have

The image shows the musical notation for the hymn "Lord I Have Cried" in Orthodox Church Slavonic. The notation consists of black neumes on a single-line staff, with red and green markings above the notes. The lyrics are written below the staff, with some words underlined. The notation includes several slurs and a fermata over the word "cry". The overall style is traditional Orthodox chant notation.

cried _____ un - - - - to _____ Thee, heark - - - - en
 un - - - to me; at - tend to the voice of my
 sup - pli - ca - - - tion when I cry _____ un -
 - - to Thee: Hark - - en un - to me,
 O ____ Lord.

Let My Prayer

Κατευθυνθήτω

The image shows the musical notation for the hymn "Let My Prayer" in Orthodox Church Slavonic. It features a large blue initial letter "L". The notation uses black neumes on a single-line staff with red and green markings. The lyrics are provided below the staff, with some words underlined. The notation includes several slurs and a fermata over the word "fifice". The overall style is traditional Orthodox chant notation.

et my_ prayer_ be set forth as in - - - -
 cense be - fore Thee, the lift - ing up of my
 hands as an eve - ning sac - - - ri - - - fifice;
 heark - - en un - to me, O ____ Lord.



VERSES OF PSALMS

140, 141, AND 129

Third Mode

χ 180

^Φ
Ὑχος Γα

Θοῦ Κύριε

S — — — — — et, O Lord, a watch be-fore my mouth, and a door of en -

— — — — — clo-sure round a-bout my lips. ῥ

2 — | — — — — — In-cline not my heart un-to words of e-vil, ῥ to make

— — — — — ex-cuse with ex-cus-es in sins, ῥ

3 — | — — — — — With men that work in-iq-ui-ty; ῥ and I will not join

— — — — — with-their cho-sen. ῥ

4 — | — — — — — The right-eous man will chas-ten me with mer-cy and re-prove me; ῥ

as for the oil of the sinner, let it not aoint my head.

5 For yet more is my prayer in the presence of their pleasures;

swallowed up near by the rock have their judges been.

6 They shall hear my words, for they be sweetened; as a clod of earth

is broken up on the earth, so have their bones been scattered nigh un-

to Hades.

7 For unto Thee, O Lord, O Lord, are mine eyes, in Thee have

I hoped; take not my soul away.

8 Keep me from the snare which they have laid for me, and from the stumbling-blocks of them that work iniquity.

9 (N) (G)
 The sin - - ners shall fall in - - to their own net; I am a -

lone un-til I pass by. ᚦ

10 (N) (G)
 With my voice un-to the Lord have I cried, with my voice

un - to the Lord have I made my sup - pli - ca - tion. ᚦ

11 (N) (G)
 I will pour out be - fore Him my sup - pli - ca - tion, mine af - flic -

- - tion be - fore Him will I de-clare. ᚦ

12 (G) (G)
 When my spir - it was faint-ing with - in me, then Thou

knew - - est my paths. ᚦ

13 (G) (G)
 In this way where-in I have walked they hid for me a snare.

14 (N) (G)
 I looked up-on my right hand, and be - held, and there was none

that did know me. 

15 Flight hath failed  me, and there is none that watch - eth out  for

my soul. 

16 I have cried  un - to Thee, O Lord;  I said: Thou art  my

hope, my por - - - - tion art Thou in the land of  the liv - ing. 

17 At - tend un - to my sup - pli - ca - tion,  for I  am brought

ver - y low. 

18 De - liv - er me from them that per - se - cute me, for they are strong - -

er than I. 

On Saturdays, continue with Slow Stichera on page 112

or with Brief Stichera on page 138.

On other days continue on following page.

19 (Γ) Bring my soul out ³ of pris - on that I may con-

fess Thy Name. ॥

20 (Ν) The right-eous shall wait pa-tient - ly for me un - til Thou shalt re -

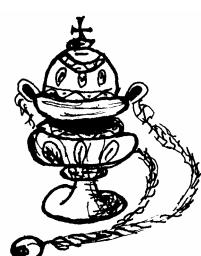
ward _ me. ॥

21 (Ν) Out of the depths have I cried un - to Thee, O Lord; O Lord, (Μ)

ο hear my voice. ॥

22 (Ν) Let Thine ears be at - ten - tive to the voice of my sup - pli -

ca - tion. ॥





SLOW STICHERA

Third Mode

Ὕκος ἡ Γα

Verse #1

Ἐξάγαγε ἐκ φυλακῆς χ

B ^(Π) ring my soul out of pris - on **χ** ^(Π) that I may confess _

τ ⁴ Thy Name. **π** **q**

Stichera #1

Τῷ Σῷ Σταυρῷ



y Thy Cross, O Christ our Sav - iour, **χ** [♀] the do - min - -

τ ⁴ ion of death hath been de - - stroyed, **π** **q** and the de - cep tion

τ ⁴ of the dev - - il hath been a - - bol - - - ished; **ν** **ρ** and the

τ ⁴ race of man, **χ** hav - - - ing been saved by faith, **π** **q**

(Γ) **(Ν)** **(Μ)**

doth ev - - - er of - - fer____ praise____ to____

Thee. **π** **η**

Verse #2

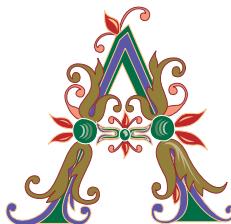
Ἐμὲ ὑπομενοῦσι **χ**

T **(Γ)** he right-eous shall wait pa - tient - ly for me **χ** un - til____

Thou shalt re - ward____ me. **π** **η**

Stichera #2

Πεφώτσται τὰ σύμπαντα



II things have_ been____ en - light - - - - ened **χ** **η** by

Thy_ Res - - - ur - - rec - - - tion, O____ Lord, **π** **η** and____

Par - - a-dise_ is____ o-pened a - gain; **χ** **η** and,____ whilst ac - claim - -

- - ing Thee, **χ** the whole____ of____ cre - a - - - -

τιον⁴ π^q doth ev - - - er of - fer^(N) praise^(Γ) to^o Thee.^π

Verse #3

'Εκ βαθέων χ

O^(Γ) ut of the depths have I cried un - to Thee, O[♀] χ Lord; _____

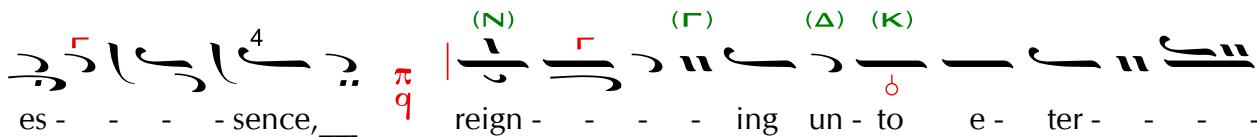
O^(Γ) Lord, hear^{π^q my^{π^q voice.⁴}}

Stichera #3

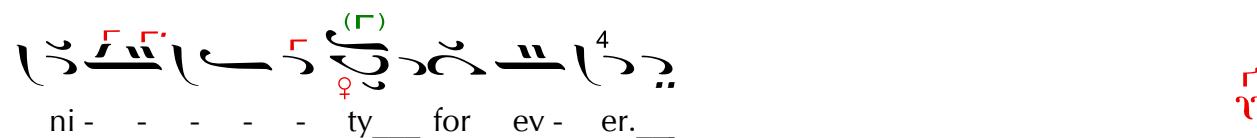
Δοξάζω τοῦ Πατρός



glo - ri - - fy^(N) the^(Γ) might[♀] χ^(Π) of^(Π) the Fa - -
ther⁴ and<sup>π^q the⁴ Son,<sup>π^q and^(Γ) the pow - - er of^(Π) the
Ho - ly^(Π) Spir - - it^(Π) do⁴ |<sup>π^q I⁴ praise,<sup>π^q
e - ven the^(N) in - - di - vis - - - i - ble, χ^(Γ) un - - - cre - - at -^(Κ)
ed⁴ God - - - head,^{π^q the^(N) Trin - - - - i - ty^(Π) one^o in}</sup></sup></sup></sup>



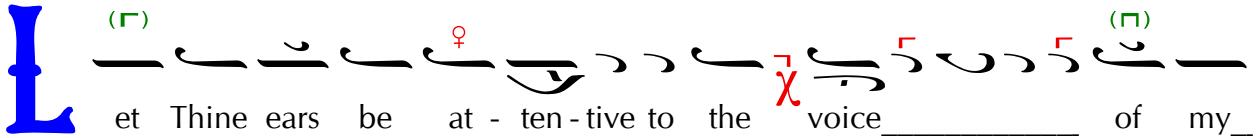
 es - - - - sence, πq | (Ν) Γ (Γ) Δ (Κ)
 reign - - - - ing un - to e - ter - - -



 ni - - - - ty ♀ for ev - er. Γ
υ

Verse #4

Γενηθήτω τὰ ὡτα σου χ



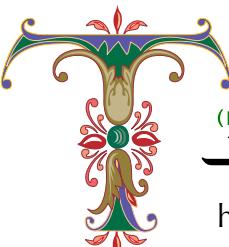
L (Γ) et Thine ears be at - ten - tive to the χ voice (Π) of my _

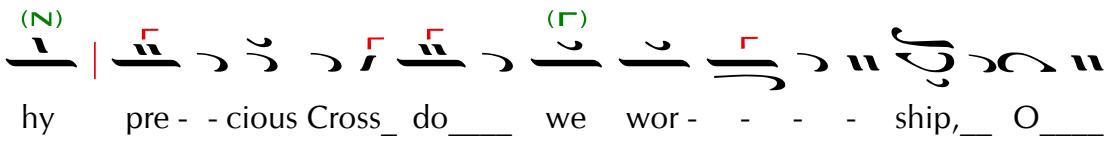


 sup - pli - ca - - - - tion. πq

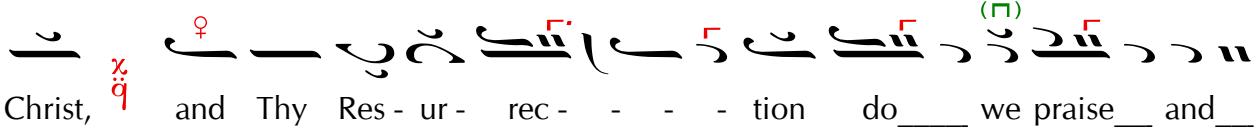
Stichera #4

Τὸν Σταυρόν Σου

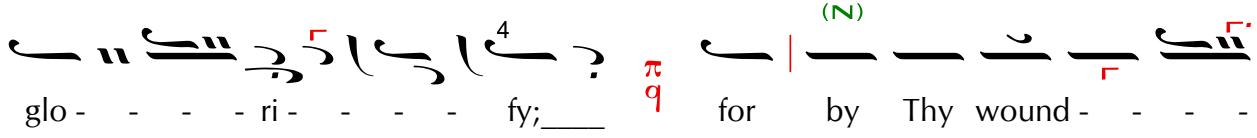




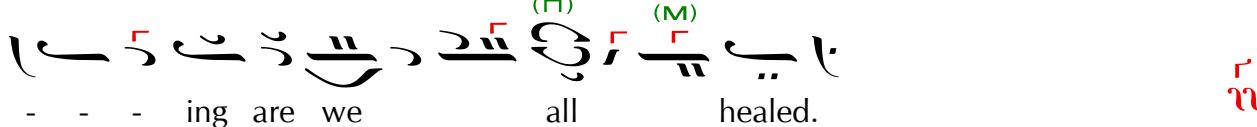
 hy pre - - cious Cross_ do (Γ) we wor - - - ship, ο _



 Christ, χq and Thy Res - ur - rec - - - - tion do we praise_ and_ (Π)



 glo - - - - ri - - - - fy; πq for by Thy wound - - -



 - - - - ing are we all healed. υ

Verse #5

'Εὰν ἀνομίας



I (Γ) f Thou should- est mark in - iq - ui - ties, O Lord, O Lord, who
 shall stand? For with Thee _____ there _____ is _____ for - give - - - - -
 ness. _____



Stichera #5

'Υμνοῦμεν τὸν Σωτῆρα



(Ν) e praise the _____ Sav - - - - - iour, Who _____ was in - -
 car - - - nate _____ of _____ the Vir - - - - - gin, _____ for He
 was cru - ci - fied _____ for _____ our _____ sake _____ and a - rose _____
 on _____ the third _____ day, _____ grant - - ing us _____ great mer -
 cy. _____



Verse #6

Ἐνεκεν τοῦ ὀνόματός σου

χ

F (Γ) or Thy Name's sake have I pa - tient - ly wait - ed for Thee,

O Lord; my soul hath wait - ed pa - tient - ly for Thy word, my soul

hath hoped in the Lord. π
ϙ

Stichera #6

Τοῖς ἐν Ἀδῃ



(Ν) o - ing down to those in Ha - - - des, ♀ χϙ Christ

pro - - - claimed the glad tid - - - ings, say - - -
(Π)

- - - ing: π
ϙ Take cour-age, I have con-quered now; ν
ϗ I am

the Res - - ur - rec - - - tion; hav - ing de - stroyed the gates of
(Γ)
♀

death, χϙ I shall lead you up. (Μ)
ϗ

Verse #7

'Απὸ φυλακῆς πρωῖας



F(^Γ) rom the morn-ing watch un- til night from the morn-ing watch let

Is - - - ra-el ⁴ hope in the Lord. ^π _q



Stichera #7

Οι ἀναξίως ἐστῶτες

e who stand un- wor-thi-ly in Thine un- - - - de-

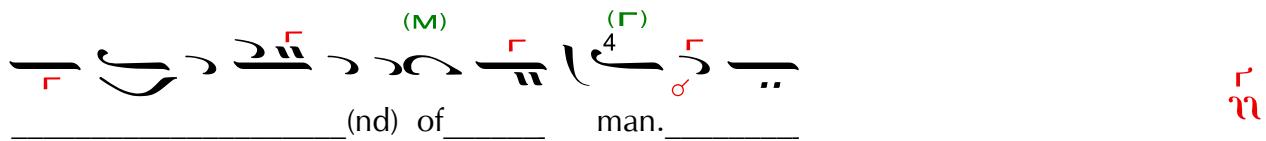
filed ^π _q house sing an eve-ning hymn, ⁴ cry - - - - ing from

the depths: ^π _q O Christ God, Who didst en-light - - - -

en the world ⁴ by Thy Res - - ur - rec - - - -

tion ^π _q on the third day, ⁴ res - cue Thy peo - - -

ple ⁴ ^π out of the hand of Thine en - e - - - mies, O Friend



Verse #8

'Οτι παρὰ τῷ Κυρίῳ χ

For with the Lord there is mer- cy, and with Him is plen- te -
 ous re-demp-tion; and He shall re - deem Is - ra-el χ out of all
 his in - - iq - - - ui - - - ties. π

n

Verse #9

Αἰνεῖτε τὸν Κύριον χ

O praise the Lord, all ye na - tions; χ praise _____ Him,
 all _____ ye peo - - - - ples. π

Ἄ

Verse #10

"Οτι ἐκραταιώθη

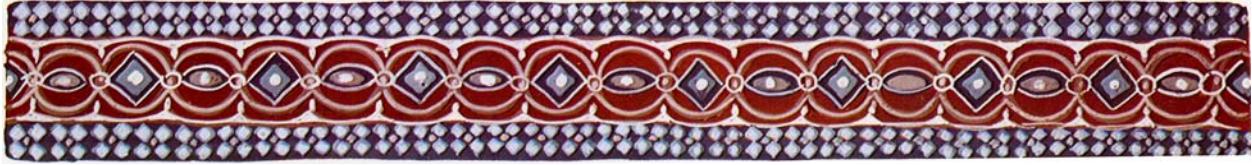
Χ

For He hath made His mer- cy to pre - vail o - ver us,
 and the truth of the Lord a - bid - - - - - eth for ev - - -
 er. 

π
ϙ

Since human nature rejects
 and avoids what is difficult, even if beneficial,
 and accepts virtually nothing unless it seems to offer pleasure,
 through David the Lord prepares from men this potion which is sweet
 by reason of its melody and effective in the cure of disease by reason of its
 strength. For a psalm is sweet to the ear, it penetrates the soul when it gives
 pleasure, it is easily remembered when sung often, and what the harshness
 of the Law cannot force from the minds of man it excludes by the
 suavity of song. For whatever the Law, the Prophets and
 even the Gospels teach is contained as a remedy
 in the sweetness of these songs.

—St. Niceta of Remesiana



□

GLORY... BOTH NOW...

Third Mode

χ 84

Ὑξος ῥι Γα

Δόξα Πατρί...

G ^(N) ^(P) to the Fa - - - - ther and to the
lo - ry _____ to the Fa - - - - ther and to the _____

Son, [♀] ^(P) to the Ho - - - ly Spir - - - it. ⁴ π^q

Καὶ νῦν...

B ^(P) ^(N) ^(P) [♀] to the a - -
Both now_ and_ ev - - - - er and un - to the a - -
ges of_ a - - - ges. A - - - men. ⁴ π^q

Alternate Melodies

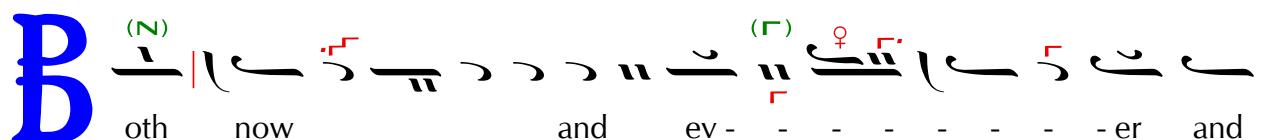
Δόξα Πατρί...

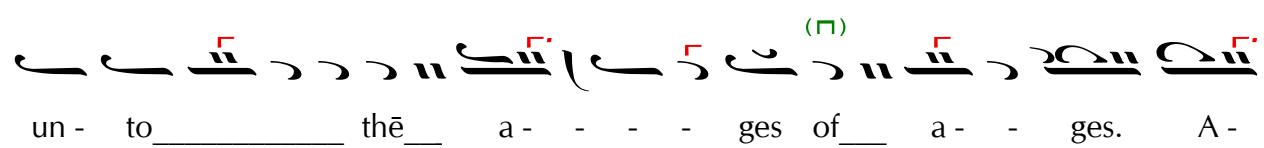
G 





Καὶ νῦν...

B 





Old (Slow) Sticheraric Melodies

Δόξα Πατρί...

π
q

G ^(N) lo - ry ____ to the Fa - ther and ____
 to the Son, ____ ^(P) ^(N) and ____ to the Ho - ly ____
 Spir - it. π
q

Καὶ νῦν...

B ^(P) oth ____ now ____ and ____ ev - er and ____ un - to
 the ____ a - ges ____ of ____ a - ges. π
q
 A - men.

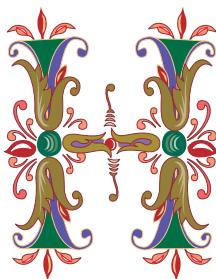


DOGMAΤΙC ΤΗΕΟΤΟΚΙΟΝ

Third Mode

Ὕχος ἡ Γα

χ 84



Πῶς μὴ θαυμάσωμεν

ow — can — we — not mar — vel at —
thy — the — an — dric — Off — spring, O — all —
— re — vered — one? — For with — out ex — pe — ri —
ence — of wed — lock, thou, O — all — blame — less —
one, hast brought — forth — in — the — flesh — a — fa —
ther — less — Son, Who was born — moth-er — less — of

the Fa - - - ther _____ be - - fore _____ the a - - - - -
 ges, ⁴ ^π ^q and Who in no way suf - - fered ³ change or in - ter -
 min - - gling or ³ di - - vi - - - sion, ² ^π but pre - served in ² their
 en - ti - - re - ty ¹ ^π the prop - - er - - - ties ^(Π) of each
 es - - - - sence. ⁴ ^π ^q Wherefore, O La - dy, ^(N) Vir - gin Moth - - - -
 - er, ¹ ^π ^q do thou en - treat ^(Π) Him ^(Π) that ^(Π) the souls ^(Π) of
 them ³ ^π ^q that, in Or ^(K) - - - tho - dox man - - - ner, ^(Π) pro -
 fess ⁴ ^π ^q thee ¹ to be ^(N) God's Birth - - - giv - er
 may be ³ ^π ^q saved. ² ^π



॥

SLOW APOSTICHA

Third Mode

Ὕχος ἡ Γα

χ 88

Aposticha #1

Ο τῷ πάθει σου



(N) — | ↘ ↗ ↗ — (N) — | ↗ ↗ ↗ — (N) — | ↗ ↗ ↗ —
Christ Who _____ by Thy _____ pas - - - sion _____ didst _____

(N) — | ↗ ↗ ↗ — (N) — | ↗ ↗ ↗ — (N) — | ↗ ↗ ↗ —
dark - - - en the _____ sun, _____ and _____ Who _____ by the _____ light

(N) — | ↗ ↗ ↗ — (N) — | ↗ ↗ ↗ — (N) — | ↗ ↗ ↗ —
of _____ Thy _____ Res - ur - rec - - - tion _____ didst make _____ all _____

(N) — | ↗ ↗ ↗ — (N) — | ↗ ↗ ↗ — (N) — | ↗ ↗ ↗ —
things ra - - di - - ant _____ with _____ joy, _____ ac - cept our eve - -
- ning hymn, O Friend _____ of _____ man.

Verse #2

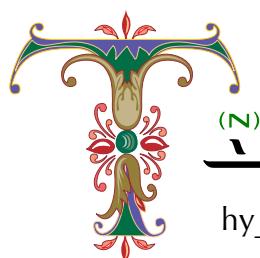
'Ο Κύριος ἐβασίλευσεν

χ υ

The Lord is king; He is clothed with maj-es-ty. The Lord is clothed
 with strength and_ He_ hath_ girt____ Him - - - - - self._

Aposticha #2

'Η ζωοδόχος σου



hy__ life-bring-ing a - ris - - - ing, O__ Lord, ḥ hath____
 il - - lu - - - mined the whole world, ḥ and__
 hath re - - stored Thy cor - - rupt - - - - ed cre - a - - - -
 tion. Where-fore, as ones de - - liv - - ered ḥ from the curse of__
 Ad - - - - am, we cry____ out: ḥ O Al -
 might - y Lord, glo - ry be to Thee.

Verse #3

Καὶ γὰρ ἐστερέωσε

χ υ

F (Γ) or He es - tab - lished the χ (Π) world _____ which _____ shall _____

π π
not _____ be shak - - - - en.



Aposticha #3

Θεὸς ὑπάρχων ἀναλλοίωτος

(Ν) e - ing God, not sub - - - ject ____ to ____ change, χ (Π) ξ η Thou _____

π π
hast un - - der-gone_ change while suf - - - fer - - ing in _____ the_

π π
flesh. Not en-dur-ing to see Thee sus-pend - - ed,

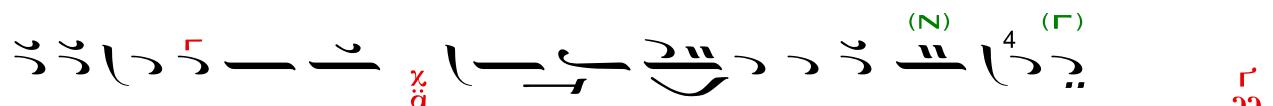
π π
cre - - a - - - - - tion was shak - - - en _____ by____ fear,

π π
and with groan- - ings χ (Π) praised Thy long - - suf - - - fer - - -

π π
- - - - ing. Hav - ing de - scend-ed in - to Ha - - - des,



 Thou didst a - rise _____ on _____ the_ third _____ day,  grant -

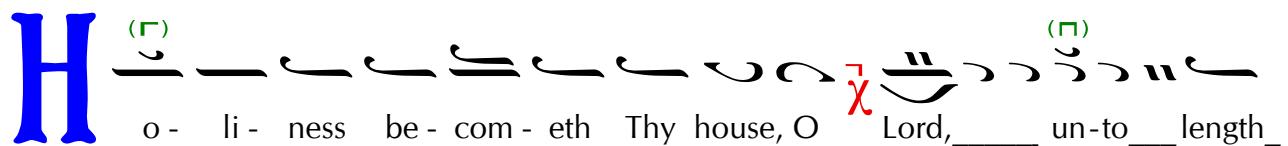


 ing to the _____ world  life _____ and _____ great mer - cy. 

Verse #4

Τῷ οἴκῳ σου πρέπει





 o - li - ness be - com - eth Thy house, O  Lord, _____ un-to__length_

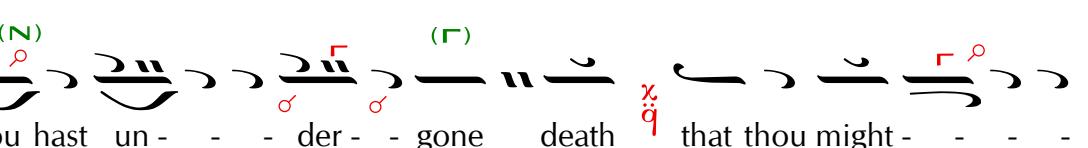


 _____ of _____ days. 

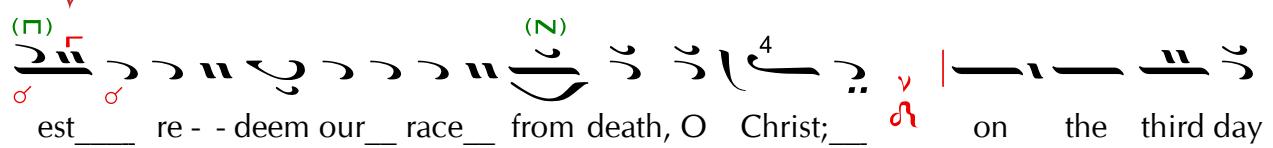
Aposticha #4

"Ινα τὸ γένος ἡμῶν





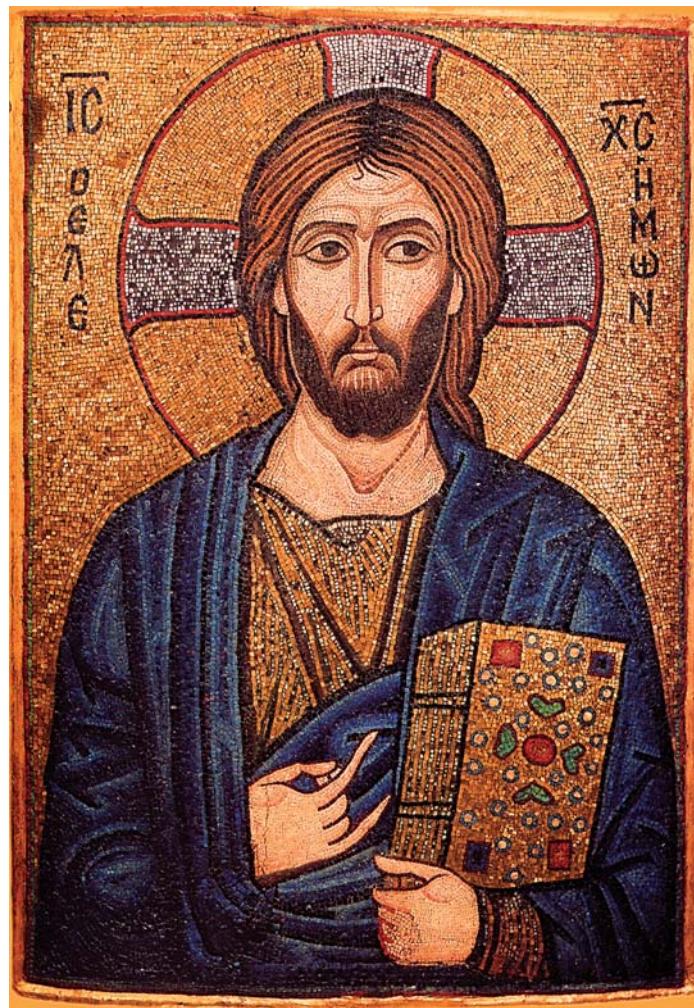
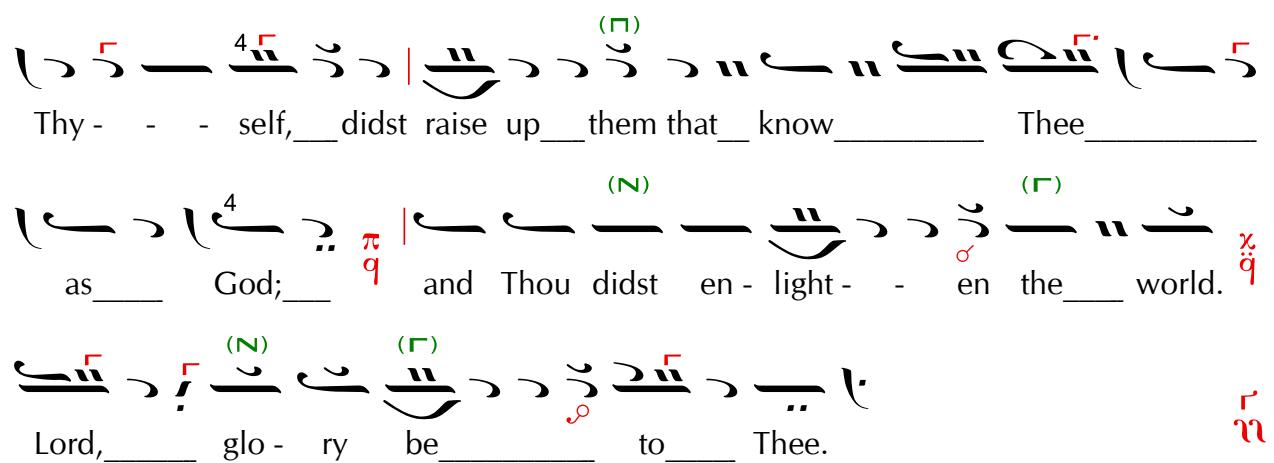
 hou hast un - - - der - - gone__death  that thou might - - -



 est__re - - deem our__race__from death, O  Christ;  on the third day



 Thou _____ didst a - rise _____ from_ the_ dead,  and with_



THE MERCIFUL ONE



0

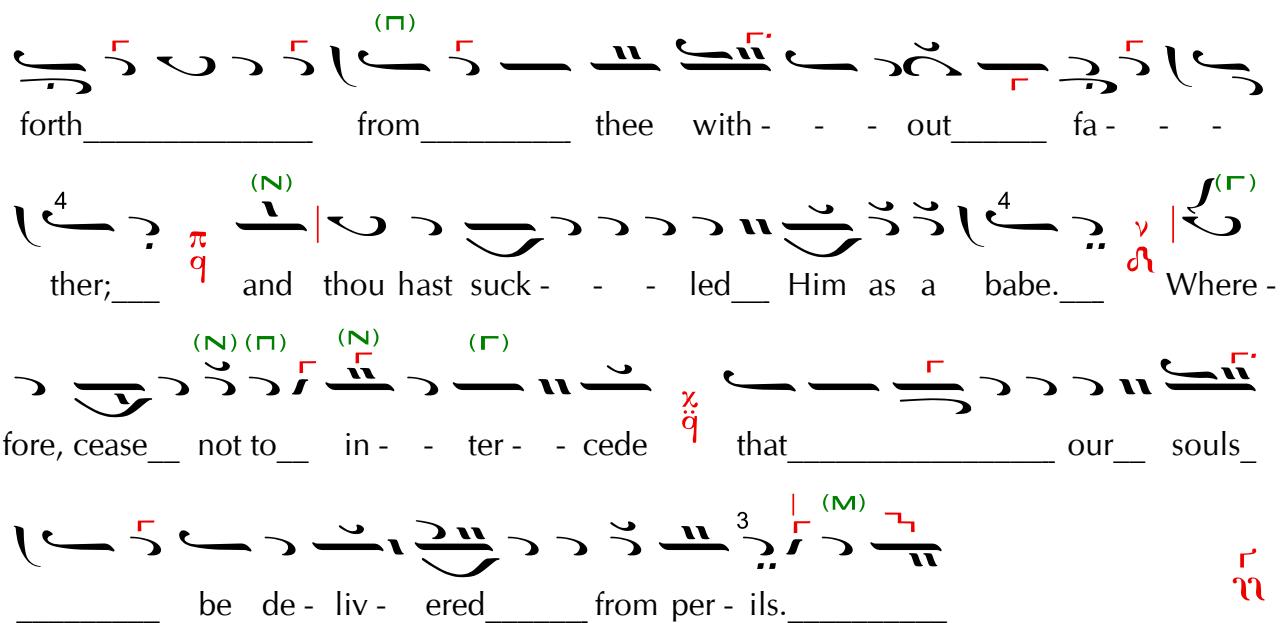
ΑΠΟΣΤΙΧΑ ΤΗΕΟΤΟΚΙΟΝ

Third Mode

Ἄγιος Ἰησοῦς Γα

Ασπόρως ἐκ θείου Πνεύματος

Ἄγιος Ἰησοῦς Γα
eed-less-ly and__ of the__ Di - - vine Spir - - - - it, Χ⁸⁴ π^q and__
by the will of____ the__ Fa - - - - ther, Χ^q
didst thou con-ceive the__ Son⁴ of____ God, Ζ^q Who,
from the Fa - - - - ther, Χ^q ex - ist - ed__ be - fore thē⁴ ag -
- - es____ with - - out moth - - - - - er. Ζ^q And thou
hast brought forth in the__ flesh Him Who, for our____ sakes, came_



This I say, not only that you may yourselves sing praises, but also that you may teach your wives and children to do so, not merely to lighten the work while weaving, but especially at the table. For since Satan is wont to lie in wait at feasts, and to employ as allies drunkenness, gluttony, immoderate laughter, and an inactive mind; on these occasions, both before and after table, it is especially necessary to fortify oneself with the protection of the psalms and, rising from the feast together with one's wife and children, to sing sacred hymns to God.

—St. John Chrysostom



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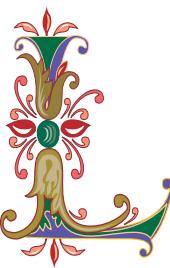
ΑPOLYTIKION OF THE RESURRECTION

Third Mode

Ὕχος Γα χ 160

Εὐφρατινέσθω τὰ οὐράνια

et the heav - - ens re - joice, and let things on earth be__glad,
for the Lord__ hath wrought might_ with His arm; He hath tram - - pled
up-on__ death__ by__ death; He hath be-come the first-born of the dead.
From the bowels of Ha-des hath He de - liv - ered us, and hath grant -
- ed great mer - cy to the world.



Glory...

Δόξα Πατρί

Ὕ

G (Ν) (Γ) (Π)
 lo - ry__ to the Fa - ther, and to the Son, and to the Ho - ly

Σ π

Spir - - - it.

π

q

Both now...

Καὶ νῦν

B (Μ) (Γ) (Π)
 oth now and ev - er, and un - to thē ag - - es of ag -

ς π

es. A-men.

π

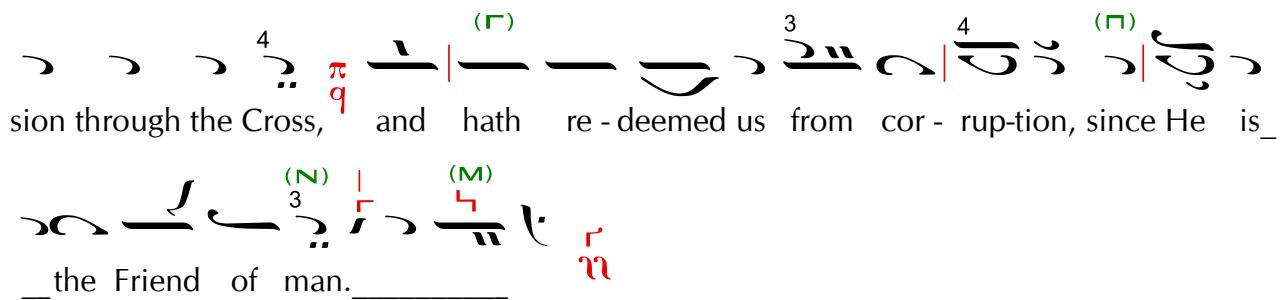
q

Resurrectional Theotokion

Σὲ τὴν μεσιτεύσασαν



e praise thee, the Me - di - a - tress for the sal - va - tion of
(Π) (Γ)
 our race, O Vir - gin The - o - to - - kos; π q for in the flesh tak -
(Π) (Γ)
 en from thee, thy Son and our God κ q hath deigned to en - dure the pas -



Panagia
"The Gerondissa"



Pantokrator Monastery
on the Holy Mountain



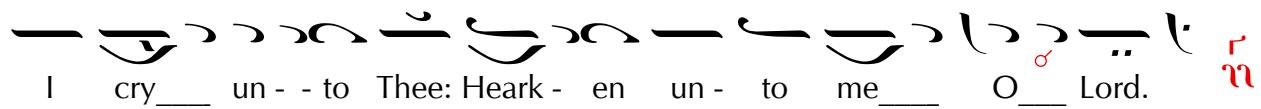
THIRD MODE - BRIEF

Lord, I Have Cried

^χ 160
Ἄγος Γα

Κύριε ἐκέκραξα


(Ν) (Γ) (Π) (Ν) (Π) (Ν) (Π) (Γ)
 ord, σ I have cried un - to Thee, heark-en un - to me; π q heark-en -
(Γ) (Π) (Ν) (Π) (Π) (Π) (Π) (Π)
 un - - to me, O Lord. Lord, I have cried un - to Thee, heark-en un -
(Π) (Π) (Π) (Π) (Π) (Π) (Π) (Π)
 to me; π q at - tend to the voice of my sup - pli - ca - - tion π q when



Let My Prayer

Κατευθυνθήτω

Let my prayer be set forth as in - - cense be - fore Thee,
the lift - ing up of my hands as an eve - ning sac - ri-fice; heark -
en un - to me O Lord.

When, therefore, they [the monks of Egypt] come together to conduct the aforementioned services, which they call synaxes, all maintain such silence that even though so great a number of brethren assemble, one would believe no man to be present except he who rises in their midst to sing the psalm.

—St. John Cassian



BRIEF STICHERA

Third Mode

Ὕχος Γα

Verse #1

Ἐξάγαγε ἐκ φυλακῆς

Bring my soul out of pris - on that I may con - - fess Thy Name.

Stichera #1

Τῷ Σῷ Σταυρῷ



y Thy Cross, O Christ our Sav - iour, the do - min - - ion

of death hath been de-stroyed, and the de - cep - tion of the dev - - -

il hath been a - bol - ished; and the race of man, hav - - ing been saved

by faith, doth ev - - er of - fer praise to Thee.

Verse #2

Ἐμὲ ὑπομενοῦσι Χ υ

The right-eous shall wait pa-tient-ly for me χ un-till Thou shalt
re-ward me.

Stichera #2

Πεφώτισται τὰ σύμπαντα

 II things have been en-lightened by Thy Res-ur-rec-tion,
O Lord, and Par-a-dise is o-pened a-gain; and, whilst ac-claim-
ing Thee, the whole of cre-a-tion doth ev-er of-fer praise
to Thee.

Verse #3

'Εκ βαθέων χ υ

O ut of the depths have I cried un - to Thee, O Lord; χ υ



Lord, hear my voice.

π
q

Stichera #3

Δοξάζω τοῦ Πατρός



(N) glo - ri - fy the might of the Fa - ther and the Son, χ
 (N) π
 pow - er of the Ho - ly Spir - it do I praise, e - ven thē in - di - vis - i - ble,
 (N) (N)
 un - cre- at - ed God - head, the Trin - - i - ty one in es - - sence, ρ
 (N) ρ
 ing un-to e - ter - ni - ty for ev - er. υ⁴

Verse #4

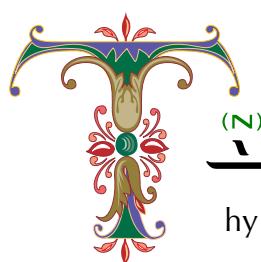
Γενηθήτω τὰ ὡτα σου χ υ

L et Thine ears be at - ten - tive to the voice χ of my sup - pli - ca -

- tion. π
q

Stichera #4

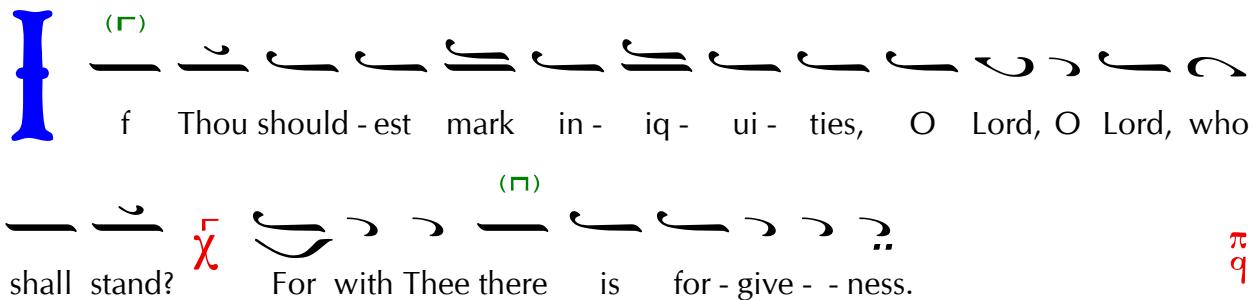
Τὸν Σταυρόν Σου



hy pre - cious Cross do we wor - ship, O Christ, χ and Thy Res -
 ur - rec - tion do we praise and glo - ri - - fy; π for by Thy wound - ing
 are we all healed. ρ υ

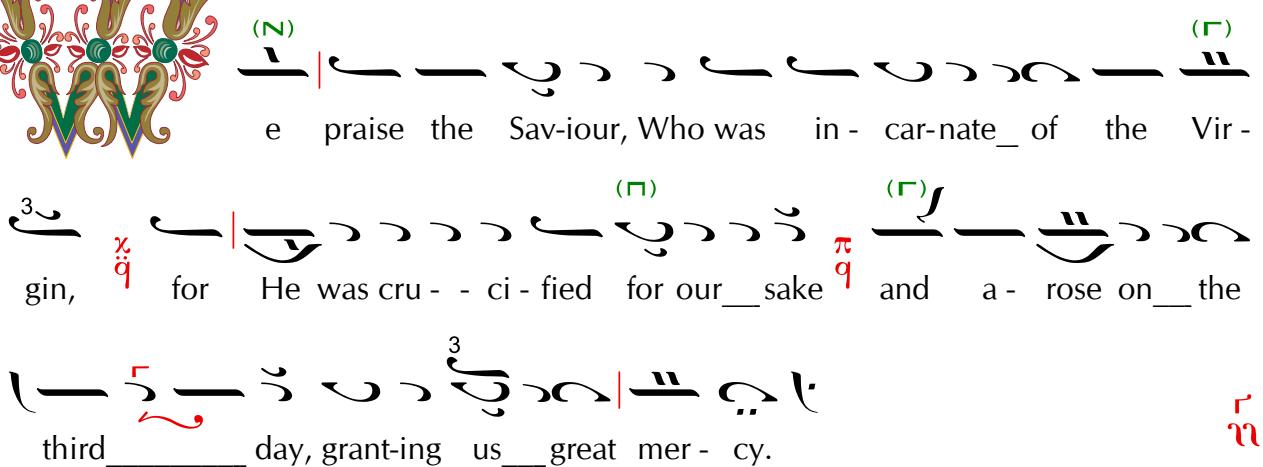
Verse #5

'Εὰν ἀνομίας χ υ



Stichera #5

'Υμνοῦμεν τὸν Σωτῆρα



Verse #6

Ἐνεκεν τοῦ ὄνόματός σου

χ υ

F (Γ) or Thy Name's sake have I pa - tient - ly wait - ed for Thee,

O Lord; my soul hath wait - ed pa - tient-ly for Thy word, my soul hath

(Π)

hoped in the Lord.

π
q

Stichera #6

Τοῖς ἐν Ἀδῃ



(N) o - ing down to those in Ha - des, Christ pro-claimed the glad

tid - ings, say- ing: Take cour-age, I have con-quered now; π I am the Res -

ur - rec - tion; χ hav-ing de - stroyed the gates of death, I shall lead you up.

υ

Verse #7

'Απὸ φυλακῆς πρωῒας Χ ῥ

From the morn-ing watch un- til night, **χ** from the morn-ing watch
χ let Is - - ra - el hope in the Lord. **π** **q**



Stichera #7

Οι ἀναξίως ἔστωτες

e who stand un-wor-thi-ly in Thine un - de - filed house sing an
eve-ning hymn, cry-ing from the depths: O Christ God, Who didst en - light - en
the world by Thy Res - ur-rec-tion on the third day, res - cue -
Thy peo - - - ple out of the hand of Thine en - - e - mies, O
Friend of man. **υ**

Verse #8

"Οτι παρα τω Κυριω χ υ

F (Π) or with the Lord there is mer- cy, χ and with Him is plen-

(Π) te - ous re - demp-tion; χ and He shall re - deem Is - ra - el χ out of all_

his in - - iq - ui - - ties. π ρ

Verse #9

Αινειτε τον Κυριον χ υ

O (Π) praise the Lord, all ye na-tions; χ (Π) praise Him, all ye peo - - ples. π ρ

Verse #10

"Οτι έκραταιώθη χ υ

F (Π) or He hath made His mer - cy to pre - vail o - ver us, and

(Π) the truth of the χ Lord a - bid - - eth for ev - - er. π ρ

Glory...

Δόξα Πατρί

τι

G (Ν) lo - ry to the Fa- ther, and to the Son, and to the Ho - ly Spir -

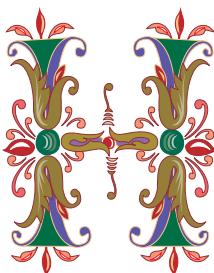
- it.

π
q

Both now...

Καὶ νῦν

B (Γ) oth now and ev - - - - er ^χ and un - to thē a - -

(Π)
ges of a - - ges. A-men.π
q

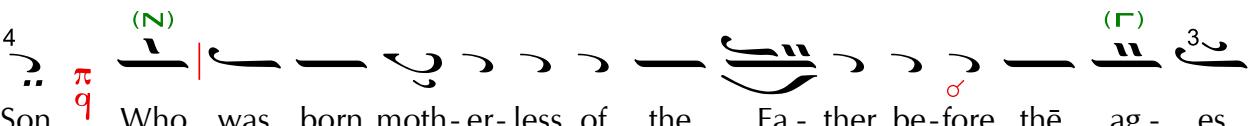
Dogmatic Theotokion

Πῶς μὴ θαυμάσωμεν

(Ν) (Γ) (Π)
ow can we not mar - vel at thy the - an - dric Off-spring, O

all - re - vered one? ^π For with - out ex - pe - ri - ence of wed-lock, thou,

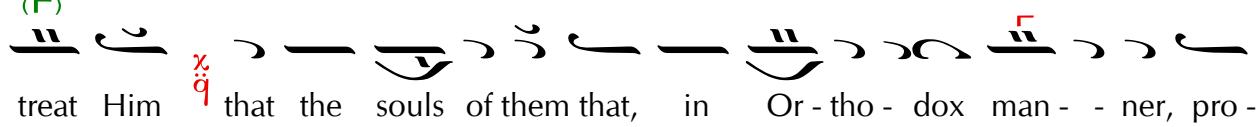
(Γ) (Π)
O all - blame - less one, ^χ hast brought forth in the flesh a fa-ther-less

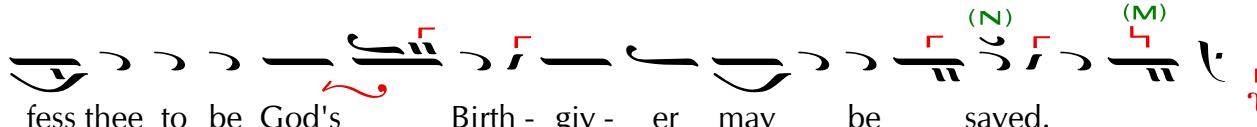
4 
 Son,  Who was born moth-er-less of the Fa-ther be-fore the ag-es,


 and Who in no way suf-fered change or in-ter-min-gling or di-vi- - -

 5 
 sion,  but pre-served in their en-ti-re-ty the prop- - - - er-ties


 of each es- - sence.  Where-fore, O La-dy, Vir-gin Moth-er, do thou en-

 6 
 treat Him  that the souls of them that, in Or-tho-dox man- - ner, pro-


 fess thee to be God's Birth-giv-er may be saved. 





¶

BRIEF APOSTICHA

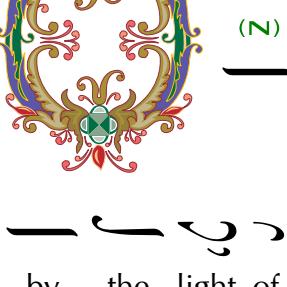
Third Mode

Ἄγιος Γά



Aposticha #1

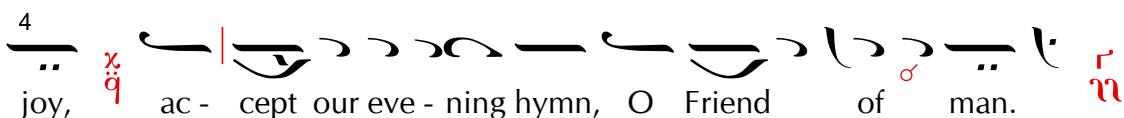
Ο τῷ πάθει σου χ 160



Christ, Who by Thy pas - sion didst dark- en the sun, and Who

(Γ)

by the light of Thy Res - ur - rec - tion didst make all things ra - di - ant with



Verse #2

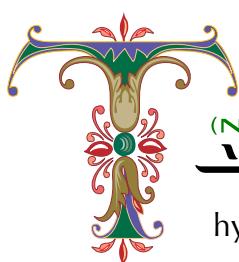
'Ο Κύριος ἐβασίλευσεν

χ ῥ

The Lord is king; He is clothed with maj- es - ty. The Lord is
 clothed with strength and He hath girt Him - - self.

Aposticha #2

'Η ζωοδόχος σου



hy life - bring-ing a - ris - ing, O Lord, hath il - lu-mined
 the whole world, and hath re - stored Thy cor-rupt - - ed cre - a - - tion. Where -
 fore, as ones de - liv - ered from the curse of Ad - - am, we cry
 out: O Al - might - y Lord, glo - ry be to Thee.

Verse #3

Καὶ γὰρ ἐστερέωσε Χ υ

F (Π) or He es - tab - lished the world Χ (Π) which shall not be shak - en. π ρ

Aposticha #3

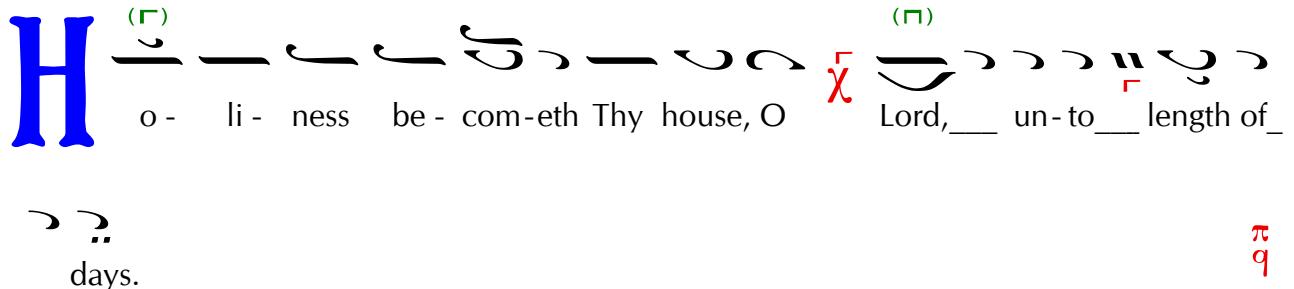
Θεὸς ὑπάρχων ἀναλλοίωτος



(Ν) e - ing God, not sub - ject to change, Χ Thou hast un - der - gone__
 (Π) change while suf - - fer-ing in the__flesh. Not en - dur - ing to see__Thee sus -
 (Π) pend - ed, cre - a - - tion was shak - en__ by fear, Χ and with groan-ings
 (Π) praised__ Thy long - - suf - fer - - ing. Χ Hav-ing de - scend-ed in - to Ha - des, Thou
 didst a - rise on__ the third__ day, Χ grant-ing to the world life and__great
 mer - cy. υ

Verse #4

Τῷ οἴκῳ σου πρέπει χ ῥ



Aposticha #4

Ἴνα τὸ γένος ἡμῶν

hou hast un - der - gone death that Thou might-est re - deem our race from _
death, O __ Christ; on the third day Thou didst a - rise from the dead, and
with Thy - self, didst raise up them that know Thee as God; and Thou didst en -
light - en the world. Lord, glo - ry be to Thee.

Glory...

Δόξα Πατρί



Glo - ry to the Fa-ther, and to the Son, and to the Ho - ly Spir -



- it.



Both now...

Καὶ νῦν

Both now and ev - - - er, and un - to thē ag - - es of **ag -**



es. A-men.



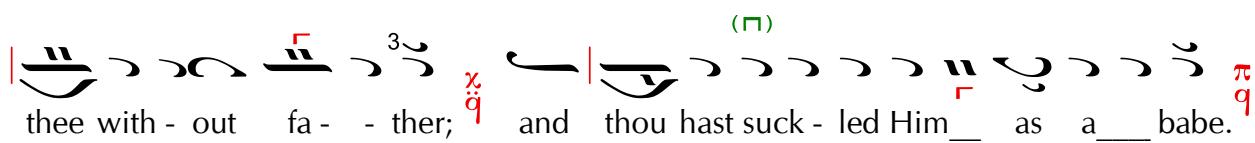
Aposticha Theotokion

'Ασπόρως ἐκ θείου Πνεύματος

eed - less - ly and of the Di - vine Spir - it, and by the will
 of the Fa - ther, **χ** didst thou con - ceive the Son of God, **π** Who, from the
 Fa - ther, ex - ist - - ed be - fore thē ag - es with - out moth - - er. **π**



And thou hast brought forth in the flesh Him Who, for our sakes, came forth from



thee with - out fa - - ther; ³
and thou hast suck - led Him ³
as a ^π_q babe.



Where-fore, cease not to in - ter - cede that our souls ³
be de - liv - - ered



from per - ils. ³
_π

It was explained to the blessed Epiphanios, bishop of Cyprus, by the abbot of the monastery he had in Palestine: "In accordance with your instructions we have not neglected our rule, but diligently discharge Third, Sixth, and Ninth Hours." However, Epiphanios corrected them and made it clear to them, saying: "You obviously neglect the other hours of the day when you refrain from prayer, for the true monk must have prayer and psalmody in his heart without ceasing."

—Apophthegmata Patrum