

# Second Mode

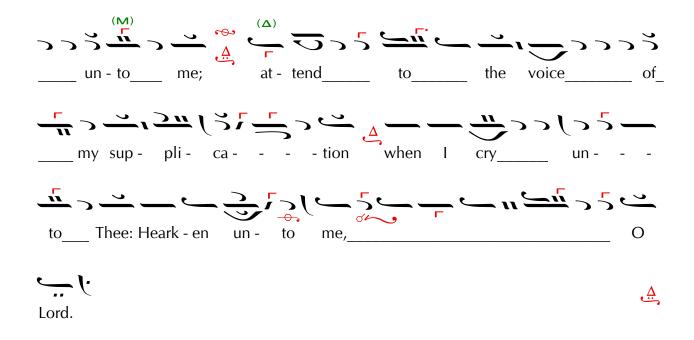
Lord, I Have Cried

 $\frac{7}{\chi}$  84



Κύριε ἐκέκραξα

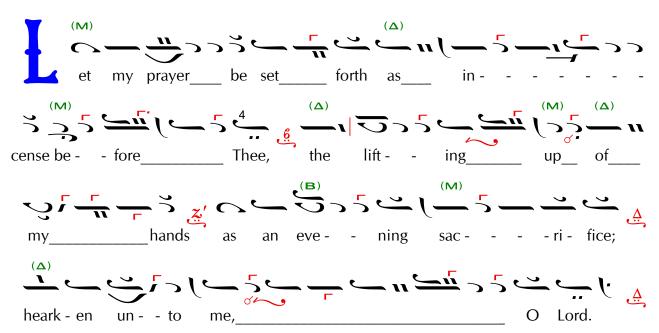




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#### **Let My Prayer**

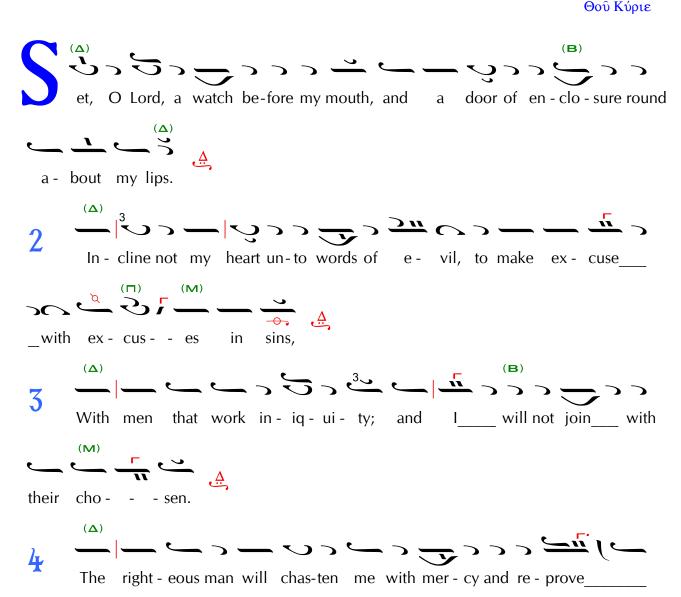
Κατευθυνθήτω



## Verses of Psalms 140, 141, and 129

#### **Second Mode**





- me; as for the oil of the sin - ner, let it not a noint my head.
- For yet more is my prayer in the pres-ence of their pleas - - ures; swal-lowed up near by the rock have their judg es been.
- They shall hear my words, for they\_\_\_ be sweet - ened;
- as a clod of earth is bro-ken up-on the earth, so have their bones been scat-
- tered nigh un - to Ha - des.
- For un to Thee, O Lord, O Lord, are\_mine eyes, in Thee have I

  (B)

  (A)

  hoped; take\_\_ not my soul a way.
  - 8 Keep \_\_\_ me from the snare which they have laid for me, and from the

- 9 The sin ners shall fall in to their own\_\_\_\_ net; I am a lone un -
- til I pass by.
- 10 With my voice un to the Lord have I cried, with my voice un -
- to the Lord have I made my sup pli ca - tion.
- 11 I will pour out be fore Him my sup-pli ca tion, mine af flic -
- tion be fore Him will I de clare.
- When my spir it was faint ing\_with in me, then Thou knew est
- my paths.
- In this way where- in I have walked they hid for me a snare.

- 15 Flight hath failed me, and there is none that watch - eth out for
- have cried un - to Thee, O Lord; I said: Thou art my hope, my

At - tend un - to my sup - pli-ca - - tion, for I am brought ver - y

De - liv - er me from them that per - - se - cute \_\_\_\_\_ me, for

On Saturdays, continue with Slow Stichera on page 57 or with Brief Stichera on page 89. On other days continue on following page.

- Bring my soul out of pris on that I may con fess Thy Name.
- The right-eous shall wait pa tient-ly for me un til Thou shalt re ward\_

Out of the depths have I cried un - to Thee, O Lord; O Lord, hear

Let Thine ears be \_\_ at - ten - tive to the voice of my sup -



## SLOW STICHERA

#### **Second Mode**

$$^{\circ}$$
H $\chi$ o $\varsigma$   $\longrightarrow$   $\stackrel{\circ}{\Delta}$  $\iota$ 

#### Verse #1

Έξάγαγε ἐκ φυλακῆς 🦞





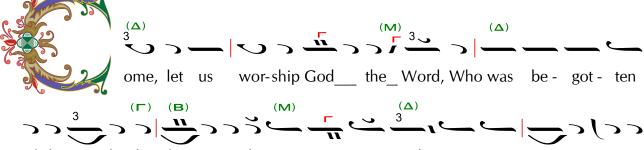


Name.



#### Stichera #1

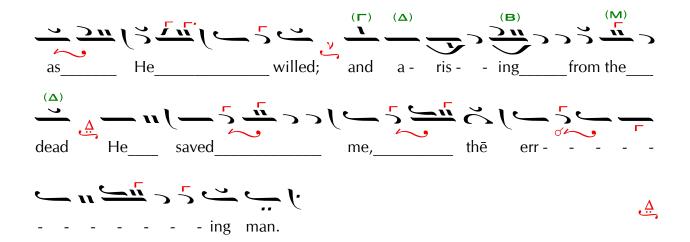
Τὸν πρὸ αἰώνων



of the Fa-ther be-fore\_\_\_\_\_the a--ges, and was in-car--nate\_

of the Vir - - 
$$gin$$
 Ma - - - ry;  $for$  hav-  $ing$  en - -  $dured$ 

the\_ Cross,\_  $\stackrel{\text{(N)}}{\nearrow}$  He was de - liv - ered o - ver to bur - - i - - - al,



Verse #2

Έμὲ ὑπομενοῦσι

χ

he right- eous shall wait pa - tient - ly for me un - til\_\_\_\_\_Thou\_shalt re - ward me.



Stichera #2

Χριστὸς ὁ Σωτὴρ ἡμῶν



that was \_\_\_\_ a - - gainst \_\_\_\_ us, Christ our Sav-iour hath

Verse #3

Έκ βαθέων χ

ut of the depths have I cried un - to Thee, O Lord;

— hear my voice.

Stichera #3

Σὺν ᾿Αρχαγγέλοις

(Γ) (Δ)

ith thē Arch - an-gels let us\_\_ praise the Res- ur - rec - - - 
tion\_\_\_ of \_\_ Christ; for He is the Re- - deem - - er\_\_

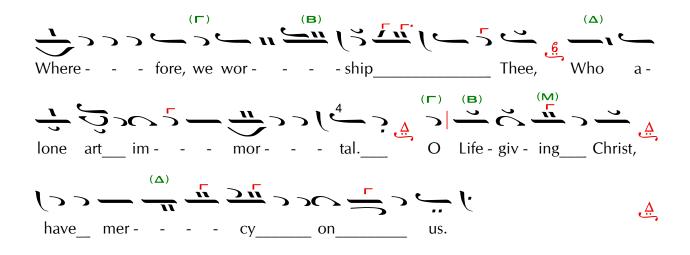
(Δ)

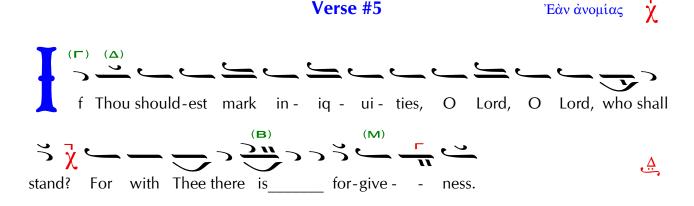
And in awe - - some glo -

gain to judge the world which he fash - - - - ioned.

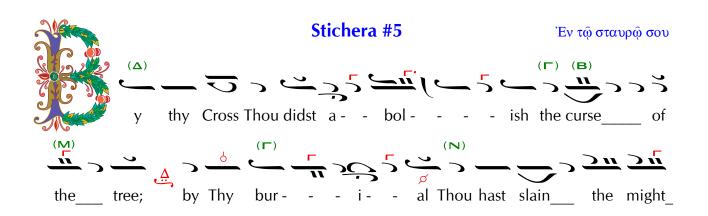
Verse #4 Γενηθήτω τὰ ὧτα σου

et Thine ears be at - ten - tive to the voice of my sup - -





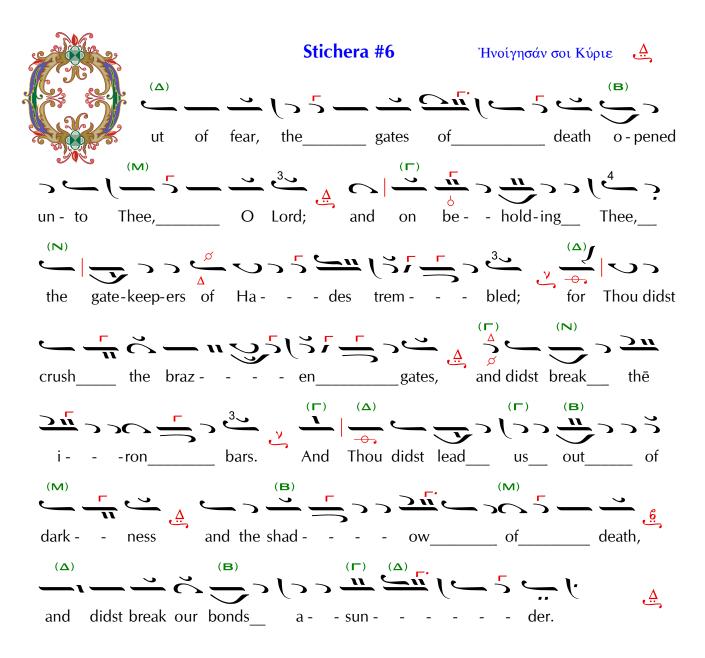
Verse #5

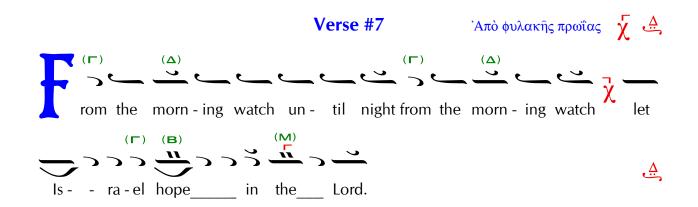


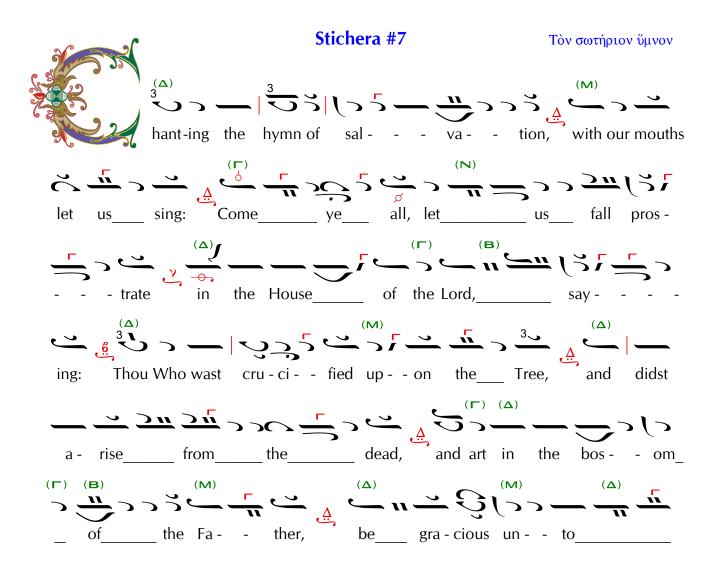
\_\_\_(t) of\_\_\_\_\_ death; and by Thine a - ris - - ing,\_\_ Thou hast en -light - - - ened the race\_\_\_\_ of\_\_\_\_ man. Where - - fore we cry\_\_\_\_ out\_\_\_ to\_\_\_ Thee: O Ben - e - fac - tor Christ our ٨ God, glo - - ry\_\_\_ be\_\_\_\_ to\_\_\_\_ Thee.



or Thy Name's sake have I pa - tient - ly wait - ed for Thee, O Lord; my soul hath wait - ed pa - tient - ly for Thy word,  $\chi$  my soul hath (B) (M)  $\stackrel{\triangle}{\rightleftharpoons}$ hoped in the Lord.









Verse #8 "Οτι παρὰ τῷ Κυρίῳ 🕺



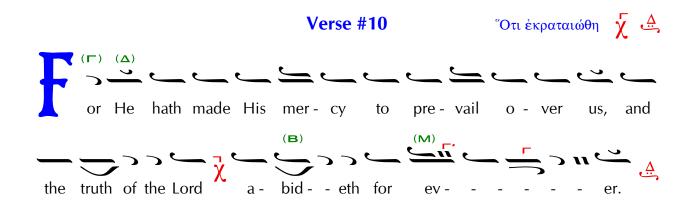
or with the Lord there is mer-cy, and with Him is plen-teous re-demp-tion; and He shall re-deem  $\chi$  is-ra-elout of all\_\_\_\_\_ his in - - iq - - - - ui - ties.

Verse #9 Αἰνεῖτε τὸν Κύριον χ



praise the Lord, all ye na-tions; praise Him, all ye peo-

ples.



In the churches there are vigils, and David is first and middle and last. In the singing of early morning hymns David is first and middle and last. In the tents at funeral processions David is first and middle and last. In the houses of virgins there is weaving, and David is first and middle and last. What a thing of wonder! Many who have not even made their first attempt at reading know all of David by heart and recite him in order. Yet it is not only in the cities and the churches that he is so prominent on every occasion and with people of all ages; even in the fields and deserts and stretching into uninhabited wasteland, he rouses sacred choirs to God with greater zeal. In the monasteries there is a holy chorus of angelic hosts, and David is first and middle and last. In the convents there are bands of virgins who imitate Mary, and David is first and middle and last. In the deserts men crucified to this world hold converse with God, and David is first and middle and last. And at night all men are dominated by physical sleep and drawn into the depths, and David alone stands by, arousing all the servants of God to angelic vigils, turning earth into heaven and making angels of men.



0

## GLORY... BOTH NOW...

#### **Second Mode**

 $\sqrt[7]{84}$ 

Ήχος 🚃 Δι

Δόξα Πατρί...

Καὶ νῦν...

#### **Alternate Melodies**

Δόξα Πατρί...





Καὶ νῦν...



#### **Old (Slow) Sticheraric Melodies**

Δόξα Πατρί...



Καὶ νῦν...

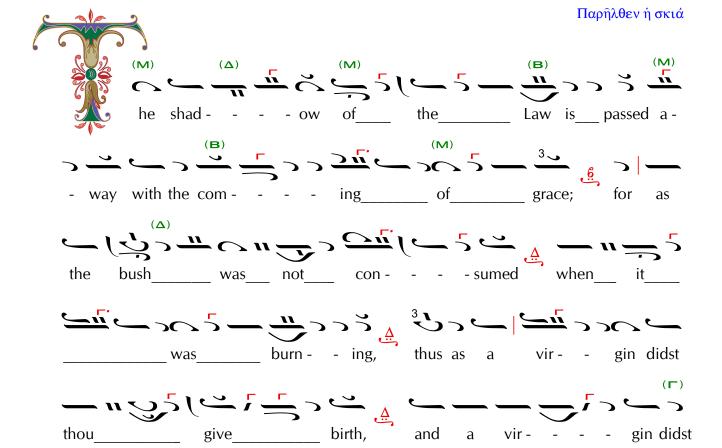
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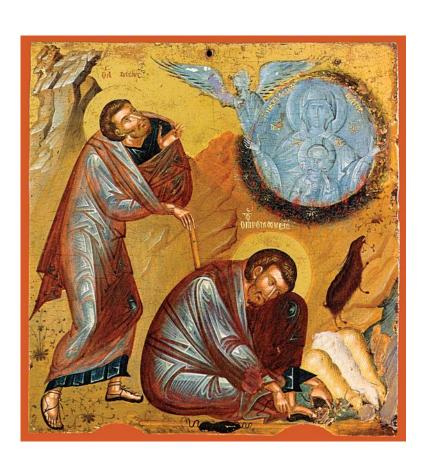


## **Досматис Тиеотокион**

#### **Second Mode**

 $^{\circ}$ H $\chi$ o $\varsigma$   $\overset{\hookrightarrow}{\smile}$   $\overset{\hookrightarrow}{\Delta}$  $\iota$   $\overset{\hookrightarrow}{\chi}$  84





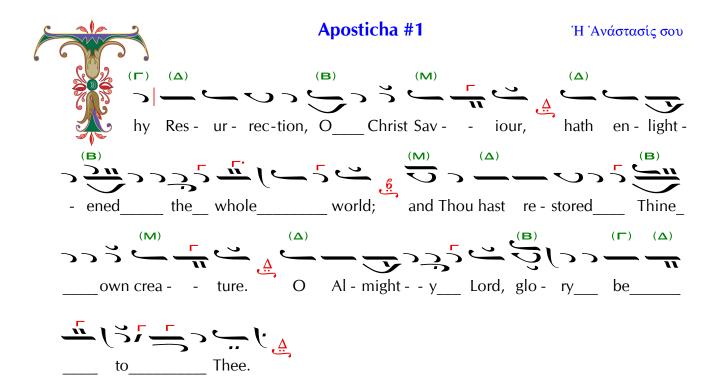


## SLOW APOSTICHA

#### **Second Mode**

 $^{\circ}$ H $\chi$ o $\varsigma$   $\longrightarrow$   $\stackrel{\circ}{\Delta}$  $\iota$ 

χ 88



#### Verse #2

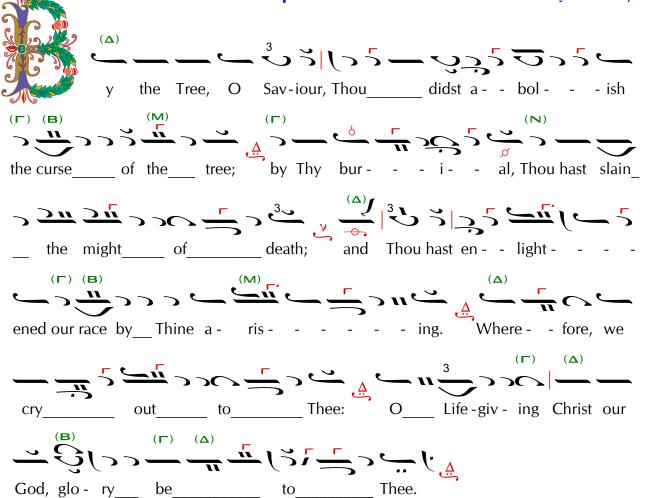
Ο Κύριος ἐβασίλευσεν

he Lord is king; He is clothed with maj - es - ty. The Lord

is clothed with strength and He hath girt Him - self.

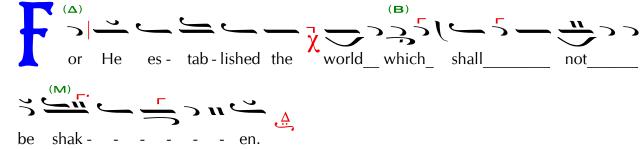
#### **Aposticha #2**

Διὰ ξύλου Σῶτερ



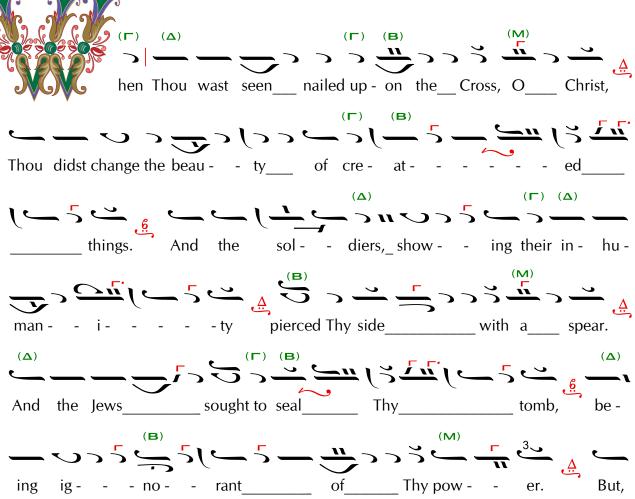
#### Verse #3

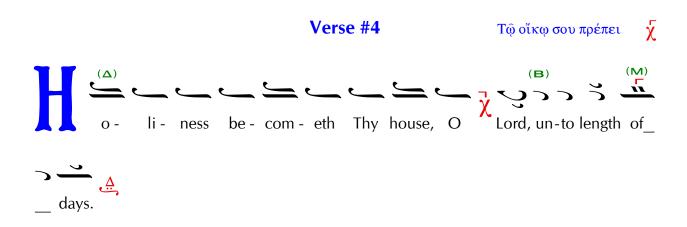
Καὶ γὰρ ἐστερεώσε 🦞

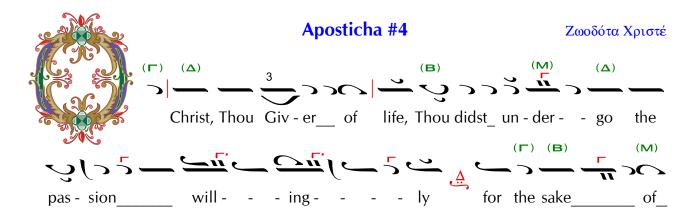


### Aposticha #3

Έν τῶ Σταυρῶ Χριστέ







mor - - - tal men. In - to Ha-des didst Thou de - scend as the Might - - - y One; and them that a - wait-ed Thy com-ing\_ there didst\_\_ Thou\_\_ snatch\_\_ a - - - way, as from the hand\_\_\_\_\_ of one\_\_\_\_ pow - - - er - - - - - - ful, grant-ing in Par - a-dise, in - stead of\_\_\_\_\_ Ha - - des, to\_\_\_ dwell. Where-fore al- so un--to us, who glo-ri-fy Thine a- ris-ing on the\_\_ third\_\_\_\_ day, do Thou grant for-give - \_ ness of\_\_\_ sins and () > "" = " ( - 2 = " ( " " ( " " ) " " ( " " ) " " ( " ) " ( great mer - - - - cy.



## Ароктісна Тнеотокіон

Second Mode χ 84  $^{\circ}$ H $\chi$ o $\varsigma$ "Ω θαύματος καινοῦ new won - - der, sur - - pass - - ing all the an - - -cient won - - ders! For who hath known of a \_\_ moth - - - er with out\_\_\_\_\_ hus-band giv - - - ing\_\_\_\_\_ birth, and\_\_\_\_ car -ry - - ing\_\_\_\_ in\_\_\_\_ her\_\_\_\_ arms Him that em - bra - ceth\_\_\_\_ all \_\_\_\_ cre - - a - - - - tion? He that \_ is \_\_\_ born \_\_\_ is \_\_\_ of \_\_ God's will. \_\_ in that thou car - - - ri - est \_\_ Him in Thine arms\_\_\_\_\_ as\_\_\_\_ babe,

all - - - - - pure \_\_\_\_\_ one, and hast bold-ness\_towards

(C) (A) (C) (A)

Him as His \_\_\_ Moth - - - er, cease not from en-treat-ing Him in be-half

of them that \_\_ hon - - - - - our \_\_\_\_\_ thee, that He have

pit - - - y and save \_\_\_\_ our \_\_\_\_ souls.

The "Quick to Hear" (Gorgo-ypikousa) Panagia



of Docheiariou Monastery on the Holy Mountain

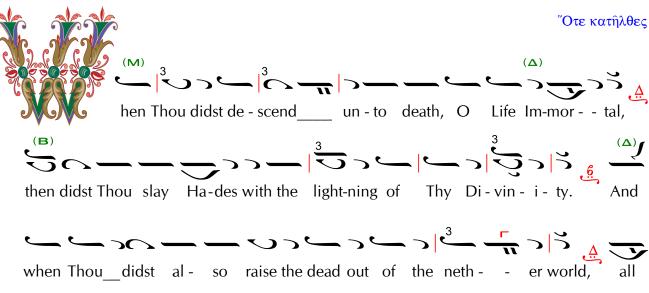


## APOLYTIKION OF THE RESURRECTION

#### **Second Mode**



χ 160



٨

Glory...

Δόξα Πατρί

lo - ry to the Fa - ther, and to the Son, and to the Ho - ly Spir -

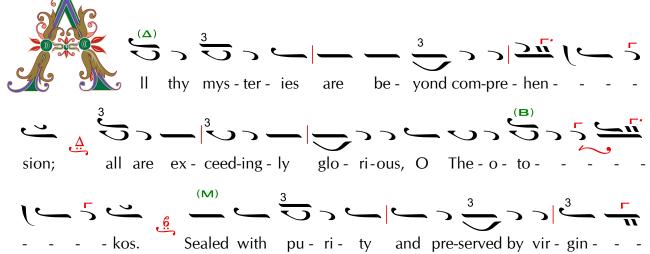
٨

Both now...

Καὶ νῦν

oth now and ev - - - er, and un - to the ag - - es of ag - -A - men.

**Resurrectional Theotokion** Πάντα ὑπὲρ ἔννοιαν



This I say, not
only that you may yourselves
sing praises, but also that you may teach
your wives and children to do so, not merely to
lighten the work while weaving, but especially at the table.
For since Satan is wont to lie in wait at feasts, and to employ as
allies drunkenness, gluttony, immoderate laughter, and an
inactive mind; on these occasions, both before and
after table, it is especially necessary to fortify
oneself with the protection of the psalms
and, rising from the feast together
with one's wife and children,
to sing sacred hymns
to God.

—St. John Chrysostom



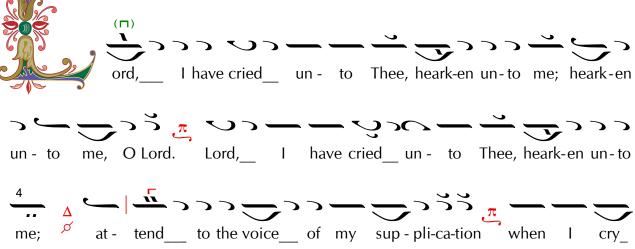
## Second Mode - Brief

Lord, I Have Cried

Ήχος 🚃 Πα

χ 160

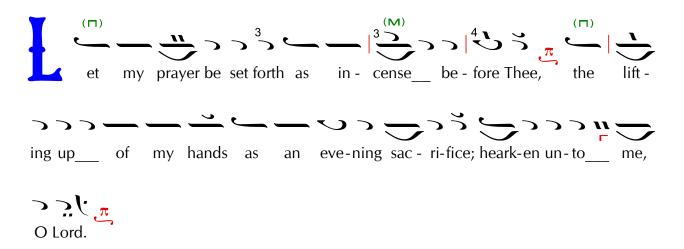
Κύριε ἐκέκραξα

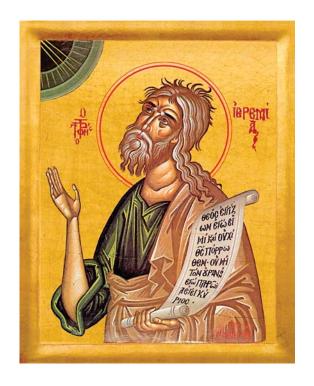


un - to Thee: Heark-en un - to me O Lord. 
$$\frac{\pi}{2}$$

#### **Let My Prayer**

Κατευθυνθήτω





тне рворнет зевеміан

## Verses of Psalms 140, 141, AND 129

#### Second Mode (Hard Chromatic)



et, O Lord, a watch be-fore my mouth, and a door of en - clo - sure round

In - cline not my heart un - to words of e - - vil, to make ex - cuse

With men that work in - iq - ui - ty; and I will not join with their cho -

$$\rightarrow$$
  $\pi$  - sen.

The right-eous man will chas - ten me with mer-cy and re - prove

bling-blocks of them that work in - - iq - ui - ty

- 9 The sin-ners shall fall in to their own net;  $\stackrel{4}{\triangleright}$  I am a -
- lone un til I pass by.  $\pi$
- With my voice un to the Lord\_have I cried, with my voice
- un to the Lord have I made my sup pli-ca-tion.
- 11  $\frac{\overset{(\Delta)}{\bullet}}{\bullet}$  will pour\_ out be-fore Him my sup pli ca - tion, mine af -
- flic - tion be-fore Him will I de-clare.
- When my spir it was faint - ing with in me, then Thou knew-est my
- $\frac{\pi}{2}$  paths.
- In this way where-in\_\_ I have walked they hid for me a snare.
- 14 I looked up on my right hand, and be held, and there was none\_

that did know me. 
$$\pi$$

- 15 Flight hath failed me, and there is none that watch-eth out for my soul.
- 16 I have cried un-to Thee, O Lord; I said: Thou art my hope, my
- por - tion art Thou in the land\_ of the liv - ing.
- At tend un-to my sup pli ca - tion, for I \_\_\_ am brought ver -

De - liv - er me from them that per - se - cute me, for they are strong-er than

On Saturdays, continue with Stichera on page 89. On other days continue on following page.

$$\frac{3}{3}$$
 ward me.

$$\frac{2\pi}{\text{ca-tion.}}$$

No others are to sing in church, besides the canonical cantors, who ascend the ambo and sing from a parchment.

Canon XV of the Council of Laodicea

# Brief Stichera

### **Second Mode**

³Ηχος 🚃 Πα

Verse #1 Έξάγαγε ἐκ φυλακῆς 🦸



ring my soul out of pris - on that I may con - fess Thy Name.

### Stichera #1

Τὸν πρὸ αἰώνων



ome, let us wor-ship God the Word, Who was be - got -

ten of the Fa-ther be- fore the ag- es, and was in-car-nate of the

Vir - gin Mar - - y; for hav - - ing en-dured the Cross, He\_was de-

liv-ered o-ver to bur- i- al, as He willed;  $\pi$  and a- ris- ing from the

— 2 — 2 2 2 — — 5 j. dead, He saved me, the err - ing man.

 $\mathcal{I}$ 

# Verse #2

Έμὲ ὑπομενοῦσι 🏌 🏯



he right - eous shall wait pa - tient - ly for me un-til Thou shalt

2 2 3 re-ward me.

 $\mathcal{I}$ 

# Stichera #2

Χριστὸς ὁ Σωτὴρ ἡμῶν



av - ing nailed\_ to the Cross the hand-writ-ing that was a -

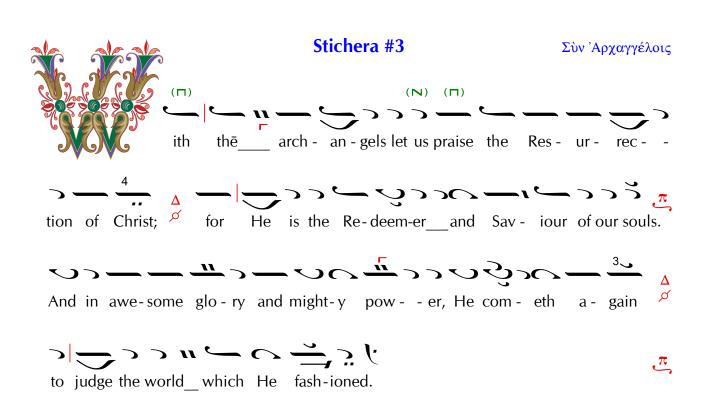
gainst us, Christ our Sav-iour\_hath blot-ted it out, and hath de-stroyed the

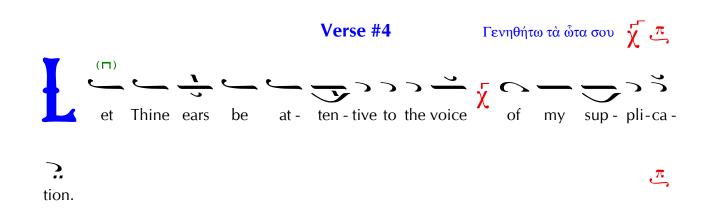
do - min - - ion of death. We wor-ship His\_a - ris - ing on the third

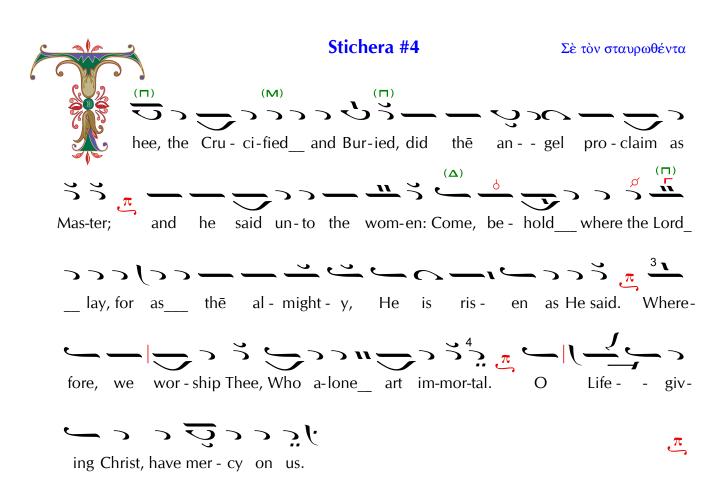
J.E. day.

 $\pi$ 

# Verse #3 Έκ βαθέων χ΄ π ut of the depths have I cried un - to Thee, O Lord; O Lord, hear my voice.







### Verse #5



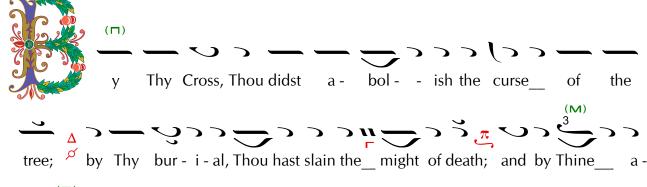


shall stand? For with Thee there is for-give-ness.

π

### Stichera #5

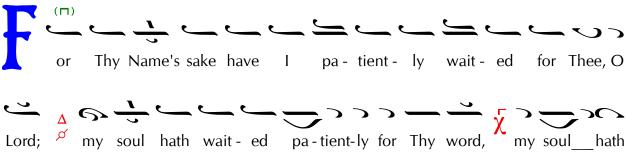
Έν τῷ σταυρῷ σου



ris- ing, Thou hast en - light - - ened the race of man. Where-fore, we cry

out to Thee: O Ben - e - fac-tor, Christ our God, glo - - ry be to Thee.



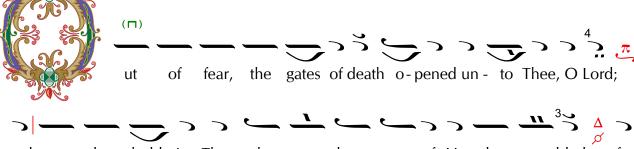


: د د د <del>کر</del> hoped in the Lord.

### Stichera #6

Ήνοίγησάν σοι Κύριε

 $\pi$ 



be - hold - ing Thee, the gate - keep - ers of Ha - des trem-bled; for and on

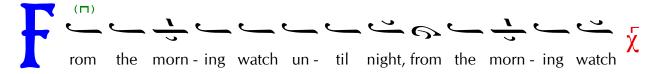
Thou didst crush the bra - zen gates, and didst break the i-ron bars. And Thou

didst lead us out of dark-ness and the shad--ow of death,  $^{\not \circ}$ 

didst break our bonds a - sun-der.

Verse #7 'Απὸ φυλακῆς πρωΐας 🕺 🙇





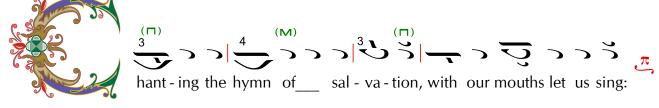
~ 3 3 3 C <del>(</del> , ) 3 3 3 let Is - ra - - el hope in the Lord.

# $\mathcal{I}$

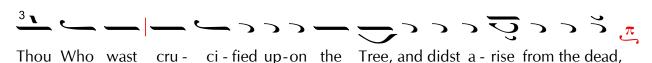
 $\pi$ 

### Stichera #7

Τὸν σωτήριον ὕμνον



Come ye all, let us fall pros-trate in the House\_of the Lord,\_ say-ing:



and art in the bos-om of the Fa - - ther, be gra - - cious un - to

·1 = 1 our sins.



"Ότι παρὰ τῷ Κυρίῷ 🏻 🛣



or with the Lord there is mer-cy, and with Him is plen-

te - ous re-demp-tion; and He shall re-deem Is-ra-el out of

all his in - iq - ui-ties.

Verse #9 Αἰνεῖτε τὸν Κύριον 🦼 🙇



praise the Lord, all ye na - tions; praise Him, all ye peo-ples.

# Verse #10

Ότι ἐκραταιώθη 🦸 🙇



or He hath made His mer-cy to pre-vail o-ver us, so and the truth of the Lord  $\chi$  a-bid - - eth for ev-er.

### Glory...

Δόξα Πατρί

lo-ry to the Fa-ther, and to the Son, and to the Ho-ly Spir-

it.

men.

π

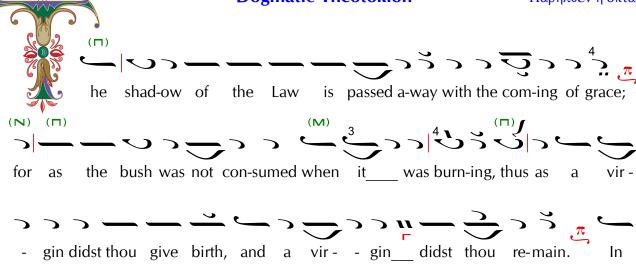
**Both now...** 

Καὶ νῦν

oth now and ev- - er and un-to the a-ges\_of a-ges. A-

# Dogmatic Theotokion

Παρηλθεν ή σκιά



the stead\_\_\_ of a pil - - lar of fire, there hath a - ris - en\_\_ the

Sun of Right-eous-ness; in the stead of Mos - es, Christ, the Sal - va - tion

of our souls.\_\_\_\_

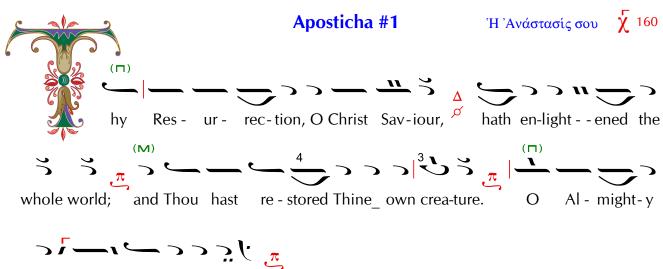




BRIEF APOSTICHA

**Second Mode** 

<sup>3</sup>Ηχος 🚃 Πα



Lord, glo - ry be to Thee.

Verse #2 Ο Κύριος ἐβασίλευσεν χ - π

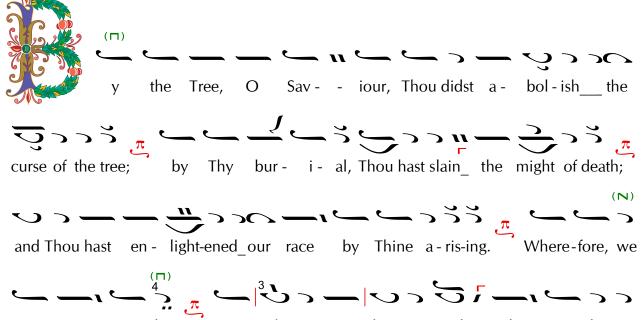


he Lord is king; He is clothed with maj - es - ty. The Lord

is clothed with strength and He hath girt Him-self.

# Aposticha #2

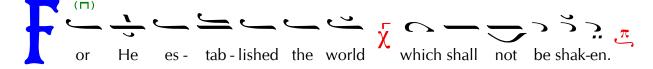
Διὰ ξύλου Σῶτερ



cry out to Thee: O Life-giv-ing Christ our God,\_\_ glo- ry be to

3. J. Thee.

Verse #3 Καὶ γὰρ ἐστερέωσε 🕺 🏯



# Aposticha #3

Έν τῷ Σταυρῷ Χριστέ



change the beau-ty of cre - - at - ed things. And the sol - diers, show - - ing their

in - hu - man - i - ty, pierced Thy side with a spear. And the Jews\_\_ sought to

seal Thy tomb, be-ing ig- - no-rant of Thy pow-er. But, Thou Who by

the mer - cy of Thy com - pas - - sions didst ac-cept bur - i - al

-300-1203/00-12003/  $\mathcal{I}$ a - rise on the third day, Lord, glo - ry be to Thee.

Verse #4 Τῷ οἴκῳ σου πρέπει χ π



 $\mathcal{I}$ 

o - li - ness be - com - eth Thy house, O Lord, un-to\_length of

days.

**Aposticha #4** 

Ζωοδότα Χριστέ

Christ, Thou Giv - - er of life, Thou didst un - der - go

the pas - sion will -ing-ly for the sake of mor-tal men. In - to Ha - -

des didst Thou de - scend\_ as the \_\_ Might - y One; and them \_\_ that a - wait -

- ed Thy com - ing there didst Thou snatch a-way, as from the hand\_\_ of\_\_ one

pow-er-ful, grant-ing them in Par - a-dise, in - stead of Ha - - des, to dwell.

Where-fore al - so un-to us who glo - ri - - fy Thine a - ris - ing on

the third day, do Thou grant for - give-ness of sins\_\_ and great mer - - cy.

# Glory...

Δόξα Πατρί 🔭

lo - ry to the Fa - - ther, and to the Son, and to the Ho - ly Spir -

7 it.

men.

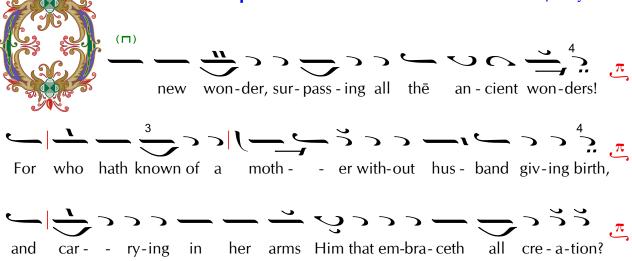
 $\mathcal{I}$ 

**Both now...** 

Καὶ νῦν

oth now and ev - - er, and un - to the ag - es of ag - es. A - $\pi$ 

**Aposticha Theotokion** "Ω θαύματος καινοῦ



He that is born is of God's will. In that thou car - - ri - est Him

in Thine arms as a babe, O all - pure one, and hast bold-ness towards

Him as His Moth-er, cease not from en-treat-ing Him in be - half of them that hon-our thee, that He have pit - - y and save our souls.

We believe that God
is present everywhere and that
"the eyes of the Lord look upon good men
and evil in every place"; but we must believe without
a shadow of doubt that this is especially so when we assist at
the Divine Office. Therefore, let us always be mindful of what the
prophet says: "Serve the Lord in fear"; and again, "Sing psalms wisely";
and, "I will sing to Thee in the sight of the angels." Hence we must consider
how we are to behave ourselves in the sight of the Divinity and of His angels,
and let us so stand to sing, that our mind may be in harmony with our voice.

-Rule XIX of St. Benedict (d. ca. 547)