Second Mode

Lord, I Have Cried

ʻHχος ἐκέκραξα

Kύριε ἐκέκραξα

ord,________ I have cried_____ un - - to___ Thee, heark - en___

un - to___ me; heark - - en__ un - to me,_______ O_______ Lord.

Lord,____ I have cried________ un - - to___ Thee, heark - en_
Second Mode - Lord I Have Cried

Let My Prayer

Let my prayer be set forth as incense before Thee, the lifting up of my hands as an evening sacrifice; hearken unto me, O Lord.

Lord.
Verses of Psalms
140, 141, and 129

Second Mode

Θοῦ Κύριε

Set, O Lord, a watch before my mouth, and a door of enclosure round about my lips.

Incline not my heart unto words of evil, to make excuse

_with excuses in sins,

With men that work iniquity; and I will not join with their chosen.

The righteous man will chasten me with mercy and reprove.
For yet more is my prayer in the presence of their pleasures; swallowed up near by the rock have their judgments been.

They shall hear my words, for they be sweetened; as a clod of earth is broken upon the earth, so have their bones been scattered unto Hades.

For unto Thee, O Lord, O Lord, are mine eyes, in Thee have I hoped; take not my soul away.

Keep me from the snare which they have laid for me, and from the
stumbling-blocks of them that work iniquity.

9 The sinners shall fall into their own net; I am alone until I pass by.

10 With my voice unto the Lord have I cried, with my voice unto the Lord have I made my supplication.

11 I will pour out before Him my supplication, mine affliction before Him will I declare.

12 When my spirit was fainting with me, then Thou knewest my paths.

13 In this way wherein I have walked they hid for me a snare.
14. I looked up - on my right hand, and be - held, and there was none that _

15. Flight hath failed me, and there is none that watcheth out for my soul.

16. I have cried un - to Thee, O Lord; I said: Thou art my hope, my por - tion art Thou in the land of the liv - ing.

17. At - tend un - to my sup - pli-ca - tion, for I am brought ver - y low.

18. De - liv - er me from them that per - se - cute me, for they are strong - er than I.

On Saturdays, continue with Slow Stichera on page 57 or with Brief Stichera on page 89.
On other days continue on following page.
19 Bring my soul out of prison that I may confess Thy Name.

20 The righteous shall wait patiently for me until Thou shalt reward me.

21 Out of the depths have I cried unto Thee, O Lord; O Lord, hear my voice.

22 Let Thine ears be attentive to the voice of my supplication.
Slow Stichera
Second Mode

Verse #1

bring my soul out of prison that I may confess Thy Name.

Stichera #1

come, let us worship God the Word, Who was begotten of the Father before the ages, and was incarnate of the Virgin Mary; for having endured the Cross, He was delivered over to burial,
Verse #2

The righteous shall wait patiently for me until Thou shalst reward me.

Stichera #2

Having nailed to the Cross the handwriting that was against us, Christ our Saviour hath
blotted it out, and hath destroyed the dominion of death. We worship His arising on the third day.

Verse #3

out of the depths have I cried unto Thee, O Lord; O Lord, hear my voice.

Stichera #3

with the Archangels let us praise the Resurrection of Christ; for He is the Redeemer and Saviour of our souls. And in awesome glory.
Second Mode - Slow Stichera

Verse #4

Let Thine ears be attentive to the voice of my supplication.

Stichera #4

hee, the Crucified and Buried, did the Angel proclaim as Master; and he said unto the woman:

Come behold where the Lord lay, for as the Almighty He is risen as He said.
Verse #5

'Εδών ἀνομίας

Stichera #5

'Εν τῷ σταυρῷ σου

Wherefore, we worship Thee, Who art immortal. O Life-giving Christ, have mercy on us.

If Thou should-est mark iniquities, O Lord, O Lord, who shall stand? For with Thee there is forgiveness.

Thy Cross Thou didst abolish the curse of the tree; by Thy kingly Thou hast slain the mighty...
Verse #6

(Eneken tou’ onoomatos sou)

For Thy Name’s sake have I patient-ly waited for Thee, O Lord; my soul hath waited patient-ly for Thy word, my soul hath hoped in the Lord.
ut of fear, the gates of death opened unto Thee, O Lord; and on beholding Thee,

the gate-keepers of Hades trembled; for Thou didst crush the brassen gates, and didst break the iron bars. And Thou didst lead us out of darkness and the shadow of death,

and didst break our bonds a-sunder.
Verse #7

'Απὸ φυλακῆς προίας

F

From the morning watch until night from the morning watch let

Israel hope in the Lord.

Stichera #7

Τὸν σωτήριον ὑμνον

chanting the hymn of salvation, with our mouths let us sing: Come all, let us fall prostrate in the House of the Lord, saying:

Thou Who wast crucified upon the Tree, and didst arise from the dead, and art in the bosom of the Father, be gracious unto
Verse #8

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For with the Lord there is mercy, and with Him is plentiful redemption; and He shall redeem Israel out of all our sins.
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Verse #9

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Praise the Lord, all ye nations; praise Him, all ye peoples.
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In the churches there are vigils, and David is first and middle and last. In the singing of early morning hymns David is first and middle and last. In the tents at funeral processions David is first and middle and last. What a thing of wonder! Many who have not even made their first attempt at reading know all of David by heart and recite him in order. Yet it is not only in the cities and the churches that he is so prominent on every occasion and with people of all ages; even in the fields and deserts and stretching into uninhabited wasteland, he rouses sacred choirs to God with greater zeal. In the monasteries there is a holy chorus of angelic hosts, and David is first and middle and last. In the convents there are bands of virgins who imitate Mary, and David is first and middle and last. In the deserts men crucified to this world hold converse with God, and David is first and middle and last. And at night all men are dominated by physical sleep and drawn into the depths, and David alone stands by, arousing all the servants of God to angelic vigils, turning earth into heaven and making angels of men.

—St. Chrysostom
Glory... Both Now...

Second Mode

Ἡχος ἸΔ:  

Δόξα Πατρί...

Kαι νῦν...

Both now ________ and ever and unto the ages of ages. Amen.
Alternate Melodies

Δόξα Πατρί...

G

lo - ry to the Fa - ther, and to the Son,

and to the Holy Spir - it.

Καὶ νῦν...

B

oth now and ev - er and un - to the a -

Old (Slow) Sticheraric Melodies

Δόξα Πατρί...

Kai vínv...

G

lo - - - - ry to the Fa - - - - ther, and to the__

Son,_______ and to the Ho - - - - - - - - ly

Spir - - - - - - - - - - it.

B

oth now and ev - - - - er_______ and un - to thē_

a - - - ges of_______ a - - - ges. A - - men.________________

________________
Dogmatic Theotokion

Second Mode

Ἡχος

Παρήλθεν ἡ σκιά

he shadow of the Law is passed away with the coming of grace; for as

the bush was not consumed when it was burning, thus as a virgin didst

thou give birth, and a virgin didst
Second Mode - Dogmatic Theotokion

thou remain. In the stead of a pillar of fire, there hath arisen the Sun of Righteousness; in the stead of Moses, Christ the Salvation of our souls.

Second Mode - Dogmatic Theotokion

71
**Slow Aposticha**

**Second Mode**

\[ \text{ Aposticha #1 } \]

\[ \text{ Η Ανάστασίς σου } \]

- Hy Res- ur- rec-tion, O Christ Sav- iour, hath en- light-
- ened the whole world; and Thou hast re- stored Thine
- own crea- ture. O Al- might- y Lord, glo- ry be
- to Thee.

**www.stanthonysmonastery.org/music/Vespers.htm**
Verse #2

Ὁ Κύριος ἐβασίλευσεν

The Lord is king; He is clothed with majesty. The Lord is clothed with strength and He hath girt Himself.

Aposticha #2

Διὰ ξύλου Σῶτερ

by the Tree, O Saviour, Thou didst abolish the curse of the tree; by Thy bidental, Thou hast slain the might of death; and Thou hast enlightened our race by Thine arising. Wherefore, we cry out to Thee: O Life-giving Christ our God, glory be to Thee.
Verse #3

Καὶ γὰρ ἐστερέωσε

For He established the world which shall not be shaken.

Aposticha #3

Ἐν τῷ Σταυρῷ Χριστὲ

When Thou wast seen nailed upon the Cross, O Christ,

Thou didst change the beauty of created things. And the soldiers showing their inhumanity pierced Thy side with a spear.

And the Jews sought to seal Thy tomb, being ignominious of Thy power. But,
Second Mode  -  Slow Aposticha

Verse #4

Σωζότα Χριστέ

(Aposticha #4) Τῷ οἴκῳ σου πρέπει

Thou Who by the mer - cy of Thy com - pas - sions didst ac - cept__ bur - i - - - al and didst a - rise______ on__

the third_____ day,___ Lord, glo - ry____ be_________ to_____

Thee.

H

ο - li - ness be - com - eth Thy house, O Lord, un - to length of_

days.

Christ, Thou Giv - er____ of life, Thou didst un - der - - go the

pas - sion_____ will - - - ing - - - ly for the sake______ of_
Second Mode - Slow Aposticha

mor-tal men. Into Hades didst Thou descend
as the Mighty One; and them that awaited Thy
coming there didst Thou snatch away, as from the
hand of one powerful, granting them in Paradise, instead of Hades, to dwell.

Wherefore also unto us, who glorify Thine arising on the third day, do Thou grant forgiveness of sins and
great mercy.
Aposticha Theotokion

Second Mode

'Ηχος Δι

'Ω θαύματος καίνου

new wonder, surpassing all the ancient wonders! For who hath known of a mother without husband giving birth, and carrying in her arms Him that embraceth all creation? He that is born is of God's will. In that thou castriest Him in Thine arms as a babe,
all ... pure one, and hast bold-ness towards Him as His Moth-

er, cease not from en-treat-ing Him in be-half of them that hon-

our thee, that He have pit-

y and save our souls.
Δ' Ἡχος Ἀνών Εὐθυμία

Second Mode

Ὅτε κατῆλθες

hen Thou didst descend unto death, O Life Immortal,

then didst Thou slay Hades with the lightning of Thy Divinity. And

when Thou also raise the dead out of the nether world, all

the powers of the heavens were crying out: O Giver of life,

Christ our God, glory be to Thee.
Glory...

Δόξα Πατρι

G
lo-ry to the Fa-ther, and to the Son, and to the Ho-ly Spir-
it.

Both now...

Kαι νῦν

B
both now and ev-er, and un-to the ages of ages.
es. A-men.

Resurrectional Theotokion

Πάντα ὑπὲρ ἐννοιαν

A
ll thy mys-ter-ies are be-yond com-pre-hen-
sion; all are ex-ceed-ing-ly glo-ri-ous, O The-o-
---kos. Sealed with pu-
ty and pre-served by vir-

www.stanthonyssmonastery.org/music/Vespers.htm
This I say, not only that you may yourselves sing praises, but also that you may teach your wives and children to do so, not merely to lighten the work while weaving, but especially at the table. For since Satan is wont to lie in wait at feasts, and to employ as allies drunkenness, gluttony, immoderate laughter, and an inactive mind; on these occasions, both before and after table, it is especially necessary to fortify oneself with the protection of the psalms and, rising from the feast together with one's wife and children, to sing sacred hymns to God.

—St. John Chrysostom
Second Mode - Brief

Lord, I Have Cried

Lord, I have cried un-to Thee, heark-en un-to me; heark-en
un-to me, O Lord. Lord, I have cried un-to Thee, heark-en un-to
me; at-tend to the voice of my sup-pli-ca-tion when I cry_
Let My Prayer

Let my prayer be set forth as incense before Thee, the lifting up of my hands as an evening sacrifice; hearken unto me, O Lord.
Verses of Psalms
140, 141, AND 129

Second Mode (Hard Chromatic)

Set, O Lord, a watch before my mouth, and a door of enclosure round about my lips.

Incline not my heart unto words of evil, to make excuse with excuses in sins,

With men that work iniquity; and I will not join with their chosen.

The righteous man will chasten me with mercy and reprove.
me; as for the oil of the sinner, let it not anoint my head.

For yet more is my prayer in the presence of their pleasures; swallowed up near by the rock have their judgments been.

They shall hear my words, for they be sweetened; as a clod of earth is broken upon the earth, so have their bones been scattered unto Hades.

For unto Thee, O Lord, O Lord, are mine eyes, in Thee have I hoped; take not my soul away.

Keep me from the snare which they have laid for me, and from the stumbling-blocks of them that work iniquity.
9 The sinners shall fall into their own net; I am alone until I pass by.

10 With my voice unto the Lord have I cried, with my voice unto the Lord have I made my supplication.

11 I will pour out before Him my supplication, mine affliction before Him will I declare.

12 When my spirit was fainting within me, then Thou knowest my paths.

13 In this way wherein I have walked they hid for me a snare.

14 I looked up on my right hand, and beheld, and there was none
that did know me.

Flight hath failed me, and there is none that watch-eth out for my soul.

I have cried unto Thee, O Lord; I said: Thou art my hope, my portion art Thou in the land of the living.

Attend unto my supplication, for I am brought very low.

Deliver me from them that persecute me, for they are stronger than I.

On Saturdays, continue with Stichera on page 89.
On other days continue on following page.
Bring my soul out of prison that I may confess Thy Name.

The righteous shall wait patiently for me until Thou shalt reward me.

Out of the depths have I cried unto Thee, O Lord; O Lord, hear my voice.

Let Thine ears be attentive to the voice of my supplication.

No others are to sing in church, besides the canonical cantors, who ascend the ambo and sing from a parchment.

Canon XV of the Council of Laodicea
Brief Stichera

Second Mode

Verse #1

Bring my soul out of prison that I may confess Thy Name.

Stichera #1

Come, let us worship God the Word, Who was begotten of the Father before ages, and was incarnate of the Virgin Mary; for having endured the Cross, He was delivered over to burial, as He willed; and arising from the dead, He saved me, the erring man.
Verse #2


The righteous shall wait patiently for me until Thou shalt reward me.

Stichera #2


Having nailed to the Cross the handwriting that was against us, Christ our Saviour hath blotted it out, and hath destroyed the domination of death. We worship His arising on the third day.
Verse #3

Ἐκ βαθέων ὄπου

Out of the depths have I cried unto Thee, O Lord; O Lord, hear my voice.

Stichera #3

Σὺν Ἀρχαγγέλοις

With the angels let us praise the Resurrection of Christ; for He is the Redeemer and Saviour of our souls.

And in awesome glory and mighty power, He cometh again to judge the world which He fashioned.
Verse #4

Let Thine ears be attentive to the voice of my supplication.

Stichera #4

he, the Crucified and Buried, did the angel proclaim as Master; and he said unto the women: Come, behold where the Lord lay, for as the Almighty, He is risen as He said. Wherefore, we worship Thee, Who alone art immortal. O Life-giving Christ, have mercy on us.
Verse #5  

Εὰν ἁνομίας

If Thou should-est mark in-iqu-i-ties, O Lord, O Lord, who shall stand? For with Thee there is for-give-ness.

Stichera #5  

Ἐν τῷ σταυρῷ σου

Thy Cross, Thou didst abol-ish the curse of the tree; by Thy bur-i-al, Thou hast slain the might of death; and by Thine a-ris-ing, Thou hast en-light-ened the race of man. Where-fore, we cry out to Thee: O Ben-e-fac-tor, Christ our God, glo-ry be to Thee.
Verse #6

For Thy Name's sake have I patiently waited for Thee, O Lord; my soul hath waited patiently for Thy word, my soul hath hoped in the Lord.

Stichera #6

Ut of fear, the gates of death opened unto Thee, O Lord; and on beholding Thee, the gatekeepers of Hades trembled; for Thou didst crush the brazen gates, and didst break the iron bars. And Thou didst lead us out of darkness and the shadow of death, and didst break our bonds a-sunder.
Verse #7

'Απὸ φυλακῆς προίας

From the morning watch until night, from the morning watch
Let Israel hope in the Lord.

Stichera #7

Τὸν σωτήριον ὑμῖνον

Hunting the hymn of salvation, with our mouths let us sing:
Come ye all, let us fall prostrate in the House of the Lord, saying:
Thou Who wast crucified upon the Tree, and didst arise from the dead,
and art in the bosom of the Father, be gracious unto our sins.
Verse #8

"Or for with the Lord there is mercy, and with Him is plentiful redemption; and He shall redeem Israel out of all his iniquities.

Verse #9

"Aiveite ton Kurion praise the Lord, all ye nations; praise Him, all ye peoples.

Verse #10

"Or ekryptaiethi or He hath made His mercy to prevail over us, and the truth of the Lord abideth for ever.
Glory...

Δόξα Πατρι

Glory to the Father, and to the Son, and to the Holy Spirit.

Both now...

Καὶ νῦν

Both now and ever and unto the ages of ages. Amen.

Dogmatic Theotokion

Παρῆλθεν ἡ σκιά

The shadow of the Law is passed away with the coming of grace;

for as the bush was not consumed when it was burning, thus as a virgin didst thou give birth, and a virgin didst thou remain.

In
the stead__ of a pil - lar of fire, there hath a - ris - en__ the
Sun of Right-eous-ness; in the stead of Mos - es, Christ, the Sal - va - tion
of our souls.____
Brief Aposticha

Second Mode

ḥḥος Ἄπα

Aposticha #1

Ἡ Ἀνάστασίς σου 160

hy Res-ur-rec-tion, O Christ Sav-iour, hath en-light-en ed the whole world; and Thou hast re-stored Thine o wn crea-ture. O Al-might-y Lord, glo-ry be to Thee.
**Verse #2**

The Lord is king; He is clothed with majesty. The Lord is clothed with strength and He hath girt Himself.

**Aposticha #2**

By the Tree, O Saviour, Thou didst abolish the curse of the tree; by Thy burial, Thou hast slain the might of death; and Thou hast enlightened our race by Thine arising. Wherefore, we cry out to Thee: O Life-giving Christ our God, glory be to Thee.

www.stanthonyssmonastery.org/music/Vespers.htm
Verse #3

Kai gar esterews

For He established the world which shall not be shaken.

Aposticha #3

En to Stoaro Christe

hen Thou wast seen nailed upon the Cross, O Christ, Thou didst change the beauty of created things. And the soldiers, showing their humanity, pierced Thy side with a spear. And the Jews sought to seal Thy tomb, being ignorant of Thy power. But, Thou Who by the mercy of Thy compassions didst accept burial and didst arise on the third day, Lord, glory be to Thee.
Verse #4

**τὸ ὦκὸν σου πρέπει**

_Ho лиness becometh_ Thy house, O Lord, unto length of days._

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**Aposticha #4**

_Zωοδότα Χριστέ_**  

Christ, Thou Giver of life, Thou didst undergo the passion willingly for the sake of mortal men. Into Hades didst Thou descend as the Mighty One; and them that awaited Thy coming there didst Thou snatch away, as from the hand of one pow'rful, granting them in Paradise, instead of Hades, to dwell.

Wherefore also unto us who glorify Thine arising on the third day, do Thou grant forgiveness of sins and great mercy.
Glory...

Δόξα Πατρί

G

Glory to the Father, and to the Son, and to the Holy Spirit.

Both now...

Καὶ νῦν

B

Both now and ever, and unto the ages of ages. Amen.

Aposticha Theotokion

Ὡ θαύματος καίνος

new wonder, surpassing all the ancient wonders!

For who hath known of a mother without husband giving birth,

and carrying in her arms Him that embraceth all creation?
We believe that God
is present everywhere and that
"the eyes of the Lord look upon good men
and evil in every place"; but we must believe without
a shadow of doubt that this is especially so when we assist at
the Divine Office. Therefore, let us always be mindful of what the
prophet says: "Serve the Lord in fear"; and again, "Sing psalms wisely";
and, "I will sing to Thee in the sight of the angels." Hence we must consider
how we are to behave ourselves in the sight of the Divinity and of His angels,
and let us so stand to sing, that our mind may be in harmony with our voice.

—Rule XIX of St. Benedict (d. ca. 547)