Second Mode

Intonation: #7

Andante †-84

Lord, I Have Cried

Lord, ______ I have cried ______ unto Thee,

heark-en unto me; heark-en unto me,

O ______ Lord. Lord, ______ I have cried ______ un -
to Thee, hearken unto me; attend

Hard Chromatic

to the voice of my supplication

when I cry unto Thee: Hearken unto me, O Lord.

Virtually all know the words of this psalm and they continue to sing it at every age, without knowing, however, the sense of what has been said. This is not a small charge, to sing something every day, putting forth words from the mouth, without searching out the meaning of the thoughts residing in the words.

-St. John Chrysostom, On Psalm 140
Let My Prayer

Second Mode

Andante

Let my prayer be set forth as incense before Thee, the lifting up of my hands as an evening sacrifice; hearken unto me, O Lord.

www.stanthonyssmonastery.org/music/Vespers.htm
Verses of Psalms
140, 141, and 129

Set, O Lord, a watch before my mouth, and a door of enclosure round about my lips.

Incline not my heart unto words of evil, to make excuse with excuses in sins,

With men that work iniquity; and I will not join with their chosen.
The righteous man will chasten me with mercy and reprove me; as for the oil of the sinner, let it not anoint my head.

For yet more is my prayer in the presence of their pleasures; swallowed up near by the rock have their judges been.

They shall hear my words, for they be sweetened; as a clod of earth is broken upon the earth, so have their bones been scattered nigh unto Hades.
For unto Thee, O Lord, O Lord, are mine eyes, in Thee have I hoped; take not my soul away.

Keep me from the snare which they have laid for me, and from the stumbling-blocks of them that work iniquity.

The sinners shall fall into their own net; I am alone until I pass by.

With my voice unto the Lord have I cried, with my voice unto the Lord have I made my supplication.
G

I will pour out before Him my supplication,

mine affliction before Him will I declare.

When my spirit was fainting within me, then Thou knewest my paths.

In this way wherein I have walked they hid for me a snare.

I looked up on my right hand, and beheld, and there was none that did know me.

Flight hath failed me, and there is none that watcheth out.
Un.

for my soul.

16 G
I have cried unto Thee, O Lord; I said: Thou art my

hope, my portion art Thou in the land of the

Un.

living.

17 G
Attend unto my supplication, for I am brought

Un.

very low.

18 G
Deliver me from them that persecute me, for they are

D Un.

stronger than I.

On Saturdays, continue with Slow Stichera on page 68 or with Brief Stichera on page 105. On other days continue on following page.
Bring my soul out of prison that I may confess Thy Name.

The righteous shall wait patiently for me until Thou shalt reward me.

Out of the depths have I cried unto Thee, O Lord; O Lord, hear my voice.

Let Thine ears be attentive to the voice of my supplication.
Bring my soul out of pris-on that I may con-fess Thy Name.

Come, let us wor-ship God the Word, Who was be-
got-ten of the Fa-ther be-fore the ages, and was in-car-nate of the Vir-gin
Mar-ry; for hav-ing en-dured the
Cross, He was de-liv-ered o-ver to bur-i- nal,
as He willed; and arising from the dead, He saved me, the erring man.

Verse #2

The righteous shall wait patiently for me until Thou shalt reward me.

Stichera #2

Having nailed to the Cross the handwriting that
was against us, Christ our Saviour hath blot ted it out, and hath destroyed the dominion of death. We worship His arising on the third day.

Verse #3

Out of the depths have I cried unto Thee, O Lord; O Lord, hear my voice.
With the Archangels let us praise the Resurrection of Christ; for He is the Redeemer and Saviour of our souls. And in awesome glory and mighty power, He cometh again to judge the world which He fashioned.

Second Mode - Slow Stichera

Stichera #3

Σῦν Ἀρχαγγέλους

www.stanthonyssmonastery.org/music/Vespers.htm
Let Thine ears be atten-tive to the voice of my sup-pli-cation.

Thee, the Cru-ci-fied and Bur-ied, did the An-gel pro-claim as Mas-ter; and he said un-to the wom-en: Come, be-hold where the Lord lay, for as the Al-
Second Mode - Slow Stichera

might - y, He is risen as He said.

Wherefore, we worship Thee,

Who alone art immortal, O Life giving Christ, have mercy on us.

Verse #5

If Thou shouldest mark iniquities, O Lord, O Lord, who shall stand?

For with Thee there is forgiveness.
By Thy Cross, Thou didst abolish the curse of the tree; by Thy burial, Thou hast slain the might of death; and by Thine arising, Thou hast enlightened the race of man. Wherefore, we cry out to Thee: O Benefactor, Christ our God, glory be to Thee.
Verse #6

For Thy Name's sake have I patiently waited for Thee, O Lord;

my soul hath waited patiently for Thy word, my soul hath hoped in the Lord.

Stichera #6

Out of fear, the gates of death opened unto Thee, O Lord; and on beholding Thee,

the gatekeepers of Hades trembled;

www.stanthonymsmonastery.org/music/Vespers.htm
for Thou didst crush the brazen gates,

and didst break the iron bars.

And Thou didst lead us out of darkness

and the shadow of death, and didst break our bonds a sunudder.

Verse #7

'Aπo φυλακής προϊας

From the morning watch until night, from the morning watch

let Israel hope in the Lord.
Chanting the hymn of salvation, with our mouths let us sing: Come ye all, let us fall prostrate in the House of the Lord, saying: Thou Who wast crucified upon the Tree, and didst arise from the dead, and art in the bosom of the Father, be gracious unto...
For with the Lord there is mercy, and with Him is plentiful redemption; and He shall redeem Israel out of all his iniquities.

O praise the Lord, all ye nations; praise Him, all ye peoples.
Verse #10

For He hath made His mercy to prevail over us,

and the truth of the Lord abideth for ever.
Andante

Glo - - - ry

to the Fa - ther, _ and_ to

the _ Son, and to the Ho - - - ly Spir - it.

Both now _ and ev - er, and un - to the a - ges of

a - - - ges. A - men.
Alternate Melodies

**B1**

```
G    E    Un.
G    E    Un.
```

Glory to the Father, and to the Son, and
to the Holy Spirit.

**B2**

```
G    E    Un.
G
```

Both now and ever, and unto the
ages of ages. Amen.
Second Mode - Glory

Old (Slow) Sticheraric Melodies

Glo-ry to the Fa-ther, and un-Go to the Fa-ther.

Son, and to the Ho-ly Spir-it.

Both now and ev-er, and un-to the a-anges of a-anges. A-men.
Dogmatic Theotokion

Second Mode

Andante ♩=84

The shadow of the Law is passed away with the coming of grace;

for as the bush was not consumed when it was burning, thus as a virgin didst thou give birth,
and a virgin didst thou remain.

In the stead of a pillar of fire,

there hath arisen the Sun of Righteousness; in the stead of Moses, Christ, the Salvation of our souls.

When pleasure predominates during psalmody, then through this pleasure we are brought down to passions of the flesh.

-St. Basil the Great
**Slow Aposticha**

Second Mode

**Aposticha #1**

Thy Resurrection, O Christ Saviour, hath enlightened the whole world; and Thou hast restored Thine own creature. O Almighty Lord, glory be to Thee.

www.stanthonymsmonastery.org/music/Vespers.htm
The Lord is king; He is clothed with majesty. The Lord is clothed with strength and He hath girt Himself.

By the Tree, O Saviour, Thou didst abolish the curse of the tree; by Thy burial, Thou hast slain the might of death; and Thou hast enlightened our race by Thine arising.
ing. Wherefore, we cry out to Thee:

O Life-giving Christ our God, glory be to Thee.

Verse #3

For He established the world which shall not be shaken.

Aposticha #3

When Thou wast seen nailed upon the Cross, O Christ,
Thou didst change the beauty of created things. And the soldiers, showing their inhumanity, pierced Thy side with a spear.

And the Jews sought to seal Thy tomb, being ignorant of Thy power.

But, Thou Who by the mercy of Thy compassions didst accept burial and didst arise.
on the third day, Lord, glory be to Thee.

Verse #4

Τὸ ὁἶκον σου πρέπει

Ho - li - ness be - com - eth Thy house, O Lord, unto length of days.

Aposticha #4

Ζωοδότα Χριστέ

O Christ, Thou Giv - er of life, Thou didst un - der - go the pas - sion will - ing - ly for the sake
of mortal men. Into Hades didst Thou descend as the Mighty One; and them that awaited Thy coming there didst Thou snatch away, as from the hand of one powerful, granting them in Paradise, instead of Hades, to dwell. Wherefore also unto us who glorify Thine arising on the third day, do Thou
grant for-give- ness of sins and great- er- cy.

The Dread Judgment
Andante

O new wonder, surpassing all the ancient wonders! For who hath known of a mother without husband giving birth, and carrying in her arms Him that embraceth all

Aposticha Theotokion
Second Mode

Ω θαῦματος καίνου

www.stanthonymonastery.org/music/Vespers.htm
creation? He that is born is of God's will. In that thou carryiest
Him in Thine arms as a babe, O all pure one, and hast boldness towards Him as His Mother, cease not from entreat ing Him in behalf of them that honour thee, that He have pity and save our souls.

www.stanthonyismonastery.org/music/Vespers.htm
Apolytikion of the Resurrection

Second Mode

Allegro \( \text{♩} \ 160 \)

"Oте кατήλθες"

When Thou didst descend unto death, O Life Immortal, then didst Thou slay Hades with the lightning of Thy Divinity. And when Thou also raise the dead out of the nether world, all the powers of the heavens were crying out: O Giver of life, Christ our God, glory
be to Thee.

Glory...

Δόξα Πατρί

Glo - ry to the Fa - ther, and to the Son, and to the Ho - ly

Spir - it.

Both now...

Both now and ev - er, and un - to the ag - es of

All thy mysteries are beyond comprehension; all are exceedingly glorious, O Theotokos. Sealed with purity and preserved by virginity, thou wast known to be a true mother, giving birth unto the true God. Do thou entreat Him that our souls be saved.
Second Mode - Brief*

Intonation: #6

Lord, I Have Cried

Kύριε ἑκέκραξα

Allegro  ⫸160

Lord, I have cried unto Thee, hearken unto me;

hearken unto me, O Lord. Lord, I have cried unto

Thee, hearken unto me; attend to the voice.

* Note: All brief troparia in second mode for the next twenty-five pages are in the hard chromatic scale.
of my supplication when I cry unto Thee:

Hearken unto me, O Lord.

Let My Prayer

Let my prayer be set forth as incense before Thee, the lifting up of my hands as an evening sacrifice;

hearken unto me, O Lord.
Verses of Psalms
140, 141, and 129

Second Mode

Set, O Lord, a watch before my mouth, and a door of enclosure round about my lips.

Incline not my heart unto words of evil, to make excuse with excuses in sins,

With men that work iniquity; and I will not join with their chosen.

*Note: The hard chromatic version of these verses in second mode is used when the first troparion of Vespers is in hard chromatic second mode. Since the soft chromatic (slow) version of the troparia for Saturday Vespers is usually preferred, these hard chromatic verses are used only on weekdays.
The righteous man will chasten me with mercy and reprove me; as for the oil of the sinner, let it not anoint my head.

For yet more is my prayer in the presence of their pleasures; swallowed up near by the rock have their judges been.

They shall hear my words, for they be sweetened; as a clod of earth is broken upon the earth, so have their bones been scattered nigh unto Hades.
For unto Thee, O Lord, O Lord, are mine eyes, in Thee have I hoped; take not my soul away.

Keep me from the snare which they have laid for me, and from the stumbling-blocks of them that work iniquity.

The sinners shall fall into their own net; I am alone until I pass by.

With my voice unto the Lord have I cried, with my voice unto the Lord have I made my supplication.
I will pour out before Him my supplication,

mine affliction before Him will I declare.

When my spirit was fainting within me, then Thou knewest my paths.

In this way wherein I have walked they hid for me a snare.

I looked up on my right hand, and beheld, and there was none that did know me.

Flight hath failed me, and there is none that watch-eth out.
for my soul.

16 Diatonic

I have cried unto Thee, O Lord; I said: Thou art my hope, my portion art Thou in the land of the living.

17

Attend unto my supplication, for I am brought very low.

18

Deliver me from them that persecute me, for they are stronger than I.

On Saturdays, continue with Stichera on page 105. On other days continue on following page.
Bring my soul out of prison that I may confess Thy Name.

The righteous shall wait patiently for me until Thou shalt reward me.

Out of the depths have I cried unto Thee, O Lord; O Lord, hear my voice.

Let Thine ears be attentive to the voice of my supplication.
**Brief Stichera**

Second Mode

**Verse #1**

bring my soul out of prison that I may confess Thy Name.

**Stichera #1**

Come, let us worship God the Word, Who was begotten

carnate of the Virgin Mary; for having endured the Cross, He was delivered over to burial, as He willed; and arising from the dead, He saved
me, the erring man.

Verse #2

`Εμε ύποµενοµεν

The righteous shall wait patiently for me until Thou shalt reward me.

Stichera #2

Χριστὸς ὁ Σωτὴρ ἡμῶν

Having nailed to the Cross the handwriting that was against us, Christ our Saviour hath blotted it out, and hath destroyed the dominion of death. We worship
His arising on the third day.

Verse #3

'Ek baθéon

Out of the depths have I cried unto Thee, O Lord; O Lord, hear my voice.

Stichera #3

Σῦν Ἄρχαγγέλοις

With the Archangels let us praise the Resurrection of Christ; for He is the Redeemer and Saviour of our souls. And in awesome glory and mighty power—
er, He com - eth a - gain to judge the world_ which He

fash - ioned.

Verse #4

Let Thine ears be at - ten-tive to the voice of my sup-pli-ca - tion.

Stichera #4

Thee, the Cru - ci - fied_ and Bur - ied, did the An - gel pro-

claim as Mas - ter; and he said un - to the wom - en:

Come, be - hold_ where the Lord_ lay, for as_ the Al-might -
y, He is risen as He said. Therefore, we worship Thee,

Who alone art immortal. O Life-giving Christ, have mercy on us.

Verse #5

If Thou should-est mark iniquities, O Lord, O Lord, who shall stand?

For with Thee there is forgiveness.

Stichera #5

By Thy Cross, Thou didst abolish the curse of the tree;
by Thy bur - i - al, Thou hast slain the might of death; and by
Thine a - ris - ing, Thou hast en - light - ened the race of man.

Where-fore, we cry out to Thee: O Ben - e - fac - tor, Christ our God,
glo - ry be to Thee.

Verse #6
"Ενεκεν τοῦ ὄνοματός σου

For Thy Name's sake have I pa - tient - ly wait - ed for Thee, O Lord; my
soul hath wait - ed pa - tient - ly for Thy word, my soul_ hath
hoped_ in the Lord.
Out of fear, the gates of death opened unto Thee, O Lord;

and on beholding Thee, the gate-keepers of Hades trembled; for Thou didst crush the brazen gates, and didst break the iron bars. And Thou didst lead us out of darkness and the shadow of death, and didst break our bonds asunder.

Verse #7

'Απὸ φυλακῆς πρωΐας

From the morning watch until night, from the morning watch
let Is - ra - el hope in the Lord.

Stichera #7

Τὸν σωτηρίου ὑμνον

Chant-ing the hymn of sal - va - tion, with our mouths let us

sing: Come ye all, let us fall pros - trate in the House of the Lord, say - ing: Thou Who wast cru - ci - fied up - on the

Tree, and didst a - rise from the dead, and art in the bos - om of the Fa - ther, be gra - cious un - to our sins.

www.stanthonyssmonastery.org/music/Vespers.htm
For with the Lord there is mercy, and with Him is plentiful redemption; and He shall redeem Israel out of all his iniquities.

O praise the Lord, all ye nations; praise Him, all ye peoples.

For He hath made His mercy to prevail over us, and the truth of the Lord abideth for ever.
Glory to the Father, and to the Son, and to the Holy Spirit.

Both now and ever, and unto the ages of ages. Amen.

The shadow of the Law is passed away with the com
The value of prayer can be inferred from the way the demons attack us during services in church.

-St. John of the Ladder
Brief Aposticha

Second Mode

Aposticha #1

Allegro  \( \frac{\text{♩}}{\text{160}} \)

O Ανάστασίς σου

Thy Resurrection, O Christ Saviour, hast enlightened the whole world; and Thou hast restored Thine own creature.

O Αλμπιτγινy Λοδ, glory be to Thee.

Verse #2

Ο Κύριος ἐβασίλευσεν

The Lord is king; He is clothed with majesty. The Lord is
clothed with strength and He hath girt Himself.

By the Tree, O Saviour, Thou didst abolish the curse of the tree; by Thy burial, Thou hast slain the might of death; and Thou hast enlightened our race by Thine arising. Wherefore, we cry out to Thee: O Life-giving Christ our God, glory be to Thee.
Verse #3

For He established the world which shall not be shaken.

Aposticha #3

When Thou wast nailed upon the Cross, O Christ, Thou didst change the beauty of created things. And the soldiers, showing their inhumanity, pierced Thy side with a spear. And the Jews sought to seal Thy tomb, being ignorant of Thy power. But, Thou Who by the mercy of Thy com-

Kai γὰρ ἐστερέωσε

Ev to Σταυρῷ Χριστέ
pas - sions didst ac - cept_ bur - i - al and didst a - 

rise on the third_ day, Lord,_ glo - ry be to Thee.

Verse #4

Τῷ οἶκῳ σου πρέπει

Ho - li - ness be - com - eth Thy house, O Lord,_ un - to_ length of days.

Aposticha #4

Ζωοδότα Χριστέ

O Christ, Thou Giv - er of life, Thou didst un - der - go the 

pas - sion will - ing - ly for the sake of mort - tal men. In - to 

Ha - des didst Thou de - scend _ as the _Might - y One; and
them that a-wait-ed Thy com-ing there didst Thou snatch away, as from the hand of one pow-er-ful, grant-ing them in
Par-a-dise, in stead of Ha-des, to dwell. Where-fore al-so un-to us who glo-ri fy Thine a-ris-ing on the
third day, do Thou grant for-give-ness of sins and great mer-cy.
Glory...

Δόξα Πατρί

Both now...

Καί νῦν

Aposticha Theotokion

"Ο θαύματος καινοῦ

www.stanthonymonastery.org/music/Vespers.htm
giving birth, and carrying in her arms Him that embraceth all creation? He that is born is of God's will. In that thou carriest Him in Thine arms as a babe, O all-pure one, and hast boldness towards Him as His Mother, cease not from entreating Him in behalf of them that honour thee, that He have pity and save our souls.