



PLAGAL SECOND MODE

Intonation: #20

Lord, I Have Cried

Andante ♩=84

Κύριε ἐκέκραξα

Neh__ Lord,____ I have cried_ un - to__ Thee, heark -

en____ un - to__ me; heark-en un - to me,____

O____ Lord. Lord,_ I have cried____ un - to__

Thee, heark-en un - to me; at - tend to the
 voice of my sup - pli - ca - - - tion
 when I cry un - to Thee: Hark-en un - to
 me, O Lord.

When you have children, teach them music.
 But, of course, real music-angelic, not dances and songs.
 Music assists the development of the perception of spiritual life.
 The soul becomes refined. It begins to understand spiritual music as well.

-St. Barsanuphius of Optina