Triodion
Sunday of the Publican and Pharisee

Kontakion

Fourth Mode (modified)
"On this day Thou hast appeared"

"Hχοζ Δι"

Farisaivou φύγωμεν

Let us flee the Phar - i - see's conceited vaunting;
let us learn the Pub - li - can's hu - mil - ity, and cry with

groans un - to the Sav - iour: Thou Who a - lone art swift - ly re -
on - ciled, be gra-cious un - to us.

Intonation: #8

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Sunday of the Prodigal Son

Kontakion

Third Mode
"On this day the Virgin"

Intonation: #8

οol-ish-ly I sprang away from Thy great father-ly
glo-ry, and dispersed in wick-ed deeds the rich-es

that Thou didst give me. With the Prod-i-gal I
there-fore cry un-to Thee now: I have sinned
a-gainst Thee, O com-pas-sion-ate Fa-ther. But re-ceive
me in re-pen-tance; A make me as one of Thy hired ser-vants, O
Lord.
Saturday Before Meat-Fare Sunday: Saturday of the Souls

Apolytikon

Plagal Fourth Mode

Thou Who by the depth of Thy wisdom dost provide all things out of love for man, and grantest unto all that which is profitable, O only Creator: Grant rest, O Lord, to the souls of Thy servants; for in Thee have they placed their hope,
Saturday of the Souls

Theotokion

Plagal Fourth Mode

Σε και τείχος

hee do we have as a wall and a haven, and an acceptable intercessor with God, Whom thou didst bear, O unwedded Theotokos, thou salvation of the faithful._
Saturday Before Meat-Fare Sunday:
Saturday of the Souls

Kontakion

Plagal Fourth Mode

Meta; tw'n ágwn

Intonation: #25

faith the Saints grant rest, O Christ, to the souls of Thy servants, where there is neither pain, nor sorrow, nor sighing, but life unending.
Meat-Fare Sunday:  
The Sunday of the Last Judgment

Kontakion

First Mode

\[ \text{Ὑχος} \quad \text{Πα} \]

\[ \text{Ὅταν ἐλήνῃ ὁ Θεός} \]

hen Thou, O God, wilt come to earth with glory, and all things trem-ble, and the river of fire floweth before the Judgment Seat, and the books are opened and the hidden things made pub-

lic, then deliver me from the unquenchable fire, and

Intonation: #1
deem me worthy to stand at Thy right hand, O most righteous Judge.
Cheese-Fare Saturday:
The Commemoration of All Our Righteous and God-beari
Ascetical Fathers and Mothers

Apolytikion

Fourth Mode

Ω Χος Λ Δ.

God of our Fathers, ever deal-ing with us ac-cord-ing to Thy gen-tle-ness: take not Thy mer-cy from us, but by their en-treat-ies guide our life in peace.
Cheese-Fare Saturday:
The Commemoration of All Our Righteous and God-bearing Ascetical Fathers and Mothers

Kontakion

Plagal Fourth Mode
"As first-fruits of our nature"

Ὡς εὔσεβείας κήρυκας

s preach-ers of true pi-e-ty who si-lenced all im-pi-

e-ty, Lord, Thou hast made the whole host of God-bear-ing Saints shine forth with splen-dour on the world. By their prayers and en-treat-ies, keep all them that ex-tol and sin-cere-ly mag-ni-fy Thee in per-fect
peace, to chant and to sing to Thee: Alleluia.
Cheese-Fare Sunday:
The Commemoration of Adam's Exile from Paradise

Kontakion

Plagal Second Mode

Thou Guide unto wisdom, Bestower of prudence, Instructor of the foolish, and Defender of the poor: establish and grant understanding unto my heart, O Master.

Grant me speech, O Word of the Father;

\(\text{Thou Guide unto wisdom, }\)
for be-hold, I shall not keep my lips from cry-ing un-to Thee: Have
mer-cy, O Merc-i-ful One, on me who have fall-en.
The First Saturday of the Fast:
The Commemoration of the Miracle of the Kollyva by Saint Theodore the Tyro

Apolytikion

Second Mode

Intonation: #4

Δικτυώμενες καθαρότητας

Theodore rejoiced; for having been made a whole-burnt offering in the fire, he was offered as sweet bread unto the Trinity.
By his prayers, O Christ God, save_________ our souls.
The First Saturday of the Fast: 
The Commemoration of the Miracle of the 
Kollyva by Saint Theodore the Tyro

Kontakion

Plagal Fourth Mode

\[ \text{πίστιν Χριστοῦ} \]  

Intonation: #25
The First Sunday of the Fast:
The Sunday of Orthodoxy

Apolytikion

Second Mode

Thrice-Holy God, sprinkling Thine Immaculate Icon, O Good One, asking the forgiveness of our failings, O Christ our God;

for of Thine own will Thou wast well-pleased to ascend the Cross in the flesh, that Thou mightest deliver from slavery to the...
en - e - my those whom Thou hadst fash - - - ioned. Where-fore, we cry

to Thee thank - - ful - ly: Thou didst fill all things with joy, O our Sav-

iour, when Thou cam - est to save the world.

We should offer up doxologies to God with fear and a contrite heart,
in order that they may be accepted like fragrant incense.

- St. John Chrysostom
The First Sunday of the Fast: The Sunday of Orthodoxy

Kontakion

Plagal Fourth Mode

'Ὁ ἄπεριγραπτός Λόγος

and when He had restored the defiled image to its ancient state,

He suffused it with divine beauty. As for us, con-

**(M)**

hē unde-pict-able Word of the Fa-ther be-came de-

Intonation: #25

www.stanthonysmonastery.org/music/Triodion.htm

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sing our salvation, we record it in deed and word.
The Second Saturday
of the Fast

Apolytikion

Second Mode

\(^{150}\) 

Intonation: #4

'Απόστολοι, μάρτυρες

a - pos - tles, mar-tys, proph-ets, hier-archs, right-eous,

_ and just________ ones, who have fin - ished your course well and have

kept the Faith: see - ing ye have bold- ness with the Sav - - iour, be -

seech Him for us, since He is good, that our souls be saved,________ we

pray.
Apolytikion for the Reposed

Keep Thy servants in remembrance, O Lord, since Thou art good; and do Thou forgive their every sin in this life;

for no man is without sin, except for Thee Who art able to grant rest even unto those that have departed hence.

Theotokion

Holy Mother of the Ineffable Light, with reverence we magnify thee, honouring thee with angelic hymns.
The Second Saturday of the Fast

Kontakion

Plagal Fourth Mode

'Hχος ζ π ἀ —

Intonation: #25

Metro: τὸν ἁγίων

with the Saints grant rest, O Christ, to the souls of Thy servants, where there is neither pain, nor sorrow, nor sighing, but life unending.

www.stanthonyssmonastery.org/music/Triodion.htm
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The Second Sunday of the Fast:
Saint Gregory Palamas
Archbishop of Thessalonica

Apolytikion

Plagal Fourth Mode

Orqodoxiva" oJ fwsthvr

Intonation: #25

Orthodoxy, pillar and teacher of the Church, adornment of monastics, invincible champion of the theologians, O Gregory thou wonder-worker, boast of Thessalonica, herald of grace: ever pray that our____
souls be saved.
The Second Sunday of the Fast: 
Saint Gregory Palamas 
Archbishop of Thessalonica

Kontakion

Plagal Fourth Mode
"To Thee, the Champion Leader"

With one accord, we praise thee as the sacred and divine vessel of wisdom and clear trumpet of theology, O our righteous Father Gregory of divine speech.

As a mind that standeth now before the Primal Mind, do

Intonation: #24

www.stanthonymsmonastery.org/music/Triodion.htm
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Second Sunday of the Fast

While your tongue sings,
let your mind search out the meaning of the words,
so that you might sing in spirit and sing also in understanding.

- St. Basil the Great
The Third Saturday of the Fast

Apolytikion

Second Mode

\textit{'H}χες \textit{Δ}: \\
\textit{Απόστολοι, μάρτυρες} \\

a- pos- tles, mar- tyr-s, proph- ets, hier- archs, right-eous, \\
and just________ ones, who have fin- ished your course well and have kept the Faith: see- ing ye have bold- ness with the Sav- iour, be-

seech Him for us, since He is good, that our souls be saved, ______ we pray.

www.stanthonymonastery.org/music/Triodion.htm 
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Apolytikion for the Reposed

Keep Thy servants in remembrance, O Lord, since Thou art good; and do Thou forgive their every sin in this life; for no man is without sin, except for Thee Who art able to grant rest even unto those that have departed hence.

Theotokion

Holy Mother of the Ineffable Light, with reverence we magnify thee, honouring thee with angelic hymns.
The Third Saturday of the Fast

Kontakion

Plagal Fourth Mode

Intonation: #25

ὉΧρίστου ἀνέκοπτε στῆς...
The Third Sunday of the Fast:  
The Worship of the Precious  
and Life-giving Cross

Apolytikion

First Mode

Intonation: #1

SAVE, O Lord, Thy people and bless Thine inheritance;  
grant Thou unto the faithful victory over adversities. And  
by the power of Thy Cross do Thou preserve Thy commonwealth.
The Third Sunday of the Fast:
The Worship of the Precious and Life-giving Cross

Kontakion

Grave Mode

Oúk ́éti φλογίνη

Intonation: #21

The sting hath been taken from death,
and the victory from Hades.
And Thou, my Saviour,
hast appeared unto those in Hades, saying: Enter ye again into Paradise.
The Fourth Saturday of the Fast

Apolytikion

Second Mode

\[ \text{ʼΗχος } \Delta : \]

\( \text{ʼΑπόστολοι, μάρτυρες} \)

\( \text{a - pos - tles, mar-tyrs, proph-ets, hier - archs, right-eous,} \)

\( \text{and just________ ones, who have fin-ished your course well and have} \)

\( \text{kept the Faith: see - ing ye have bold-ness with the Sav - - iour, be -} \)

\( \text{seech Him for us, since He is good, that our souls be saved,_______ we} \)

\( \text{pray.} \)
Apolytikion for the Reposed

Keep Thy servants in remembrance, O Lord, since Thou art good; and do Thou forgive their every sin in this life; for no man is without sin, except for Thee Who art able to grant rest even unto those that have departed hence.

Theotokion

Holy Mother of the Ineffable Light, with reverence we magnify thee, honouring thee with angelic hymns.
The Fourth Saturday of the Fast

Kontakion

Plagal Fourth Mode

Plagal Fourth Mode

with the Saints grant rest, O Christ, to the souls of Thy servants, where there is neither pain, nor sorrow, nor sighing, but life unending.

Metà tôn Íggion
The Fourth Sunday of the Fast:
Saint John of the Ladder

Apolytikion

Plagal Fourth Mode

Intonation: #25

\[\text{\`H}x\varsigma \frac{\lambda}{\pi} \dot{\alpha} \Gamma\alpha\]

With the streams of thy tears, thou didst cultivate the barrenness of the____ desert; \(\Delta\) and by thy sighings from the depths, thou didst bear fruit a hundred-fold in____ labours; \(\Delta\) and thou becamest a luminary, shining with miracles up-on
the world, O John our righteous Father. Intercede with Christ God that our souls be saved.
The Fourth Sunday of the Fast:
Saint John of the Ladder

Kontakion

First Mode (soft chromatic)
"The soldiers standing guard"

'Hɔs 4 Kε

s ev-er-bloom-ing fruits, thou dost of-fer the teach-ings
of thy God-giv-en book, O wise John, thou most bless-ed, while sweet-
'ning the hearts of all them that heed it with vig-i-lance;
for it is a lad-der from the earth un-to Heav-en

150

Intonation: #4
Kαρποῦς ἀειθαλεῖς
that conferreth glory on the souls that ascend it and honour thee faithfully.
Thursday of the Fifth Week
The Great Canon of
Saint Andrew of Crete

Kontakion

adapted from Gregory the Protopsaltis (+1822)

Plagal Second Mode (Soft Chromatic)

Intonation: #17 or #18

Ψυχή μου, ψυχή μου

Yuchv mou, yuchv mou

chant: www.stanthonyssmonastery.org/music/Triodion.htm

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Just as the angels stand with great fear and chant their hymns to the Creator, likewise should we stand in psalmody.

- St. Ephraim the Syrian
The Saturday of the Akathist Hymn

Apolytikion

Plagal Fourth Mode

To prostachthén

When the bodiless one learned the secret command, in haste he came and stood before Joseph's dwelling, and spake unto the Maiden who knew not wedlock: The One Who hath bowed the Heavens by His descent is held...
I will pray with the spirit,

and I will pray with the understanding also:

I will sing with the spirit, and I will sing with the understanding also.

- I Cor. 14:15
The Saturday of the Akathist Hymn

Kontakion

Plagal Fourth Mode

\[ \text{H\textcyr}\text{ς}\text{ος} \frac{\text{λ}}{\text{π}} \text{δω} \text{Νη} \]

Text: O thee, the Champion Leader, we thy flock dedicate a feast of victory and of thanksgiving, as ones rescued out of sufferings, O Theotokos. But as thou art one with might which is invincible, from all dangers that can...
be do thou deliver us, that we may cry to thee: Rejoice, thou Bride unwedded.

* Finale:

Rejoice, thou Bride unwedded.
The Fifth Sunday of the Fast:
Saint Mary of Egypt

Apolytikion

Plagal Fourth Mode

Intonation: #25

海南省

n the image was preserved with exactness, O

Mother; for taking up thy cross, thou didst follow Christ, and

by thy deeds thou didst teach us to overlook the flesh, for

it passeth away, but to attend to the soul since it

�  

http://www.stanthonyssmonastery.org/music/Triodion.htm
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fis im - mor - tal. Where-fore, O right-eous Mar - y, thy spir - it re - joic - eth with the Angel.
The Fifth Sunday of the Fast:
Saint Mary of Egypt

Kontakion

Fourth Mode
"Thou Who wast raised up"

Thou Who wast raised up

Intonation: #10

av - ing es - caped__ the___ gloom of sin, O blest Mar - y,

and shin - ing bright - - ly___ with the light of re - pen - tance, thou

didst pre - sent thy heart to Christ, O glo - rious one, bring - ing Him

His ho - - ly and all - im - mac - u - late Moth - er as a great - ly
mer-ciful and most bold interce-sor. Hence, thou hast found the par-don of thy sins and with the An-gels rejoic-
est for ev-er-more.
Lazarus Saturday

Apolytikion

First Mode

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Intonation: #1

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Thou didst raise up Lazarus from the dead before Thy Passion.

Therefore, we also, like the children, bearing the symbols of victory, cry to Thee, the Vanquisher of death: Hosanna in the

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highest; blessed is He that cometh in the Name of the Lord.
Lazarus Saturday

Kontakion

Second Mode

Intonation: #4

{o those on the earth, the joy of all, Christ God, the

Truth, the Light and the Life, the Resurrection of the

in His goodness hath now appeared and is become the true archetype of the Resurrection of all, bestowing divine
for-give-ness on________ all men.
Palm Sunday

Apolytikion

First Mode

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Intonation: #1

\[ \text{Διατυπώθηκε από την Εκκλησία της Ελλάδος.} \]

\[ \text{Τήν κοινήν ἀνάστασιν} \]

\[ \text{(n) in confirming the common Resurrection, O Christ God, Thou} \]

\[ \text{didst raise up Lazarus from the dead before Thy Passion. Where-} \]

\[ \text{fore, we also, like the children, bearing the symbols of} \]

\[ \text{victory, cry to Thee, the Vanisher of death:} \]

\[ \text{Ho- san- na in the} \]
highest; blessed is He that cometh in the Name of the Lord.
Palm Sunday

Another Apolytikion

Fourth Mode

\[
\text{ς by baptism we were buried with Thee, O Christ our God, so by Thy Resurrection we were deemed worthy of}
\]

im-mortal life; and praising Thee, we cry: Hosanna in the highest;

bless-ed is He that com-eth in the Name of the Lord.
Palm Sunday

Kontakion

Plagal Second Mode

Intonation: #17

εἶναι ὑπὸ οὐρανοῦ

εἰς θερέσθεν, Ο Χριστὲ Ἐν Θεῷ

εἰς τὸ στὰρ

θεοῦ τῶν ἁγίων καὶ τῶν παιδιών

ὡς θεωποιοῦσας

ὅταν τὸν Κυρίον μεταφέρετε. Ως εὐλογητὸν εἶτε ὁ Θεὸς Μεγαλόπος σας.
Palm Sunday

Ad - am. ________