The Fourth Sunday of the Fast: Saint John of the Ladder

Apolytikion

Plagal Fourth Mode

\[ \begin{align*}
\text{Ὑχος} & \quad \lambda \quad \alpha \\
\text{Thou didst cultivate the barrenness of the____ desert;} & \quad \lambda \\
\text{and by thy sighings from the depths, thou didst bear fruit a hundred-fold in____ labours;} & \quad \lambda \\
\text{thou becamest a luminary, shining with miracles up-on} & \quad \lambda
\end{align*} \]
the world, O John our right-eous Father. Intercede with Christ

God that our souls be saved.
The Fourth Sunday of the Fast:
Saint John of the Ladder

Kontakion

First Mode (soft chromatic)
"The soldiers standing guard"

\[ \text{'Hχος} \frac{7}{4} \text{ Kε} \]

\[ \text{Karpoûς ἁειθαλεῖς} \]

Intonation: #4

s ev-er-blooming fruits, thou dost of-fer the teach-ings

of thy God-giv-en book, O wise John, thou most bless-ed, while sweet-

'ning the hearts of all them that heed it with vig-i-lance;

for it is a lad-der from the earth un-to Heav-en
that conferreth glory on the souls that ascend it and honor our thee faithfully.