



# HYMNS OF ASCENT

Plagal Fourth Mode

160

Ἦχος λ̣ δ̣ Νη

Intonation: #24

Ἐκ νεότητός μου



From my youth, the enemy doth tempt me, and with pleas-

ures doth in-flame me; but trust-ing in Thee, O Lord, I tri-umph

o- - ver him.

Let them that hate Si - - - on be - come as grass be - fore\_ it

is plucked up; for Christ shall cut a - sun - der their necks with the

stroke of tor - ments.

**G** <sup>(N)</sup> lo - ry to the Fa - ther, and to the Son, and to the  
 Ho - ly Spir - it. <sup>Δ</sup> Both now and ev - er, <sup>χ</sup> and un - to thē ag - - es  
 of ag - es. A - men. <sup>γ</sup>

**I** <sup>(N)</sup> n the Ho - ly Spir - it all\_\_ things are quick-ened; <sup>Δ</sup> He is  
 Light of Light, a great\_\_ God. <sup>Δ</sup> We praise Him with the Fa - ther and the  
 Word. <sup>γ</sup>

**L** <sup>(N)</sup> et my heart be shel-tered with the fear of Thee, in hum - ble -  
 mind-ed-ness, <sup>6</sup> <sup>χ</sup> lest, by be - ing ex - alt - - ed, it fall a - way from  
 Thee, O All-com - pas - sion - ate One. <sup>γ</sup>

**H**<sup>(N)</sup> e \_\_\_\_\_ that hath hope\_\_ in the Lord shall not\_\_ then be a -  
 fraid, <sup>Δ</sup> when with fire and tor-ment He shall judge\_\_ all\_\_ things. <sup>γ</sup>

**G**<sup>(N)</sup> lo - ry to the Fa - ther, and to the Son, and to the  
 Ho - ly Spir - it. <sup>Δ</sup> Both now and ev - er, <sup>χ</sup> and un - to thē ag - - es  
 of ag - es. A - men. <sup>γ</sup>

**B**<sup>(N)</sup> y the Ho - ly Spir - it doth eve - ry di - vine see\_\_ and fore -  
 tell; <sup>Δ</sup> he per - form - eth most ex - alt - - ed won - - ders, sing - - - ing  
 of God, Who is One in Three. <sup>6</sup> <sup>χ</sup> For though He shin - - eth in Three, the  
 God - - head doth rule\_\_ as One. <sup>γ</sup>

**I** <sup>(N)</sup> have cried\_\_ un - to Thee, O Lord; <sup>Δ</sup> heark-en, in-cline Thine  
 ear un - to me who cry, <sup>6</sup> and cleanse me be-fore Thou tak - est me hence. <sup>γ</sup>

**R** <sup>(N)</sup> e - turn - ing un - to his moth - er, thē earth, <sup>Δ</sup> eve - ry man  
 is straight-way clothed with dis - so - lu - - tion, <sup>Δ</sup> to re - ceive tor - ments  
 or re - wards for things com - mit - - ted in life - time. <sup>γ</sup>

**G** <sup>(N)</sup> <sup>χ</sup> lo - ry to the Fa - ther, and to the Son, and to the  
 Ho - ly Spir - it. <sup>Δ</sup> Both now and ev - er, <sup>χ</sup> and un - to thē ag - - es  
 of ag - es. A - men. <sup>γ</sup>

**I**<sup>(N)</sup> n the Ho- ly Spir- it we speak of God, the thrice- ho- ly  
 U- ni- ty. <sup>(Δ)</sup> For the Fa- ther is be- gin- ning - - less, <sup>(N)</sup> from Whom  
 the Son was born time- less- ly. <sup>6</sup> And the Spir- it, Who is one with  
 Them in form and rank, <sup>(Δ)</sup> al- so shin- eth forth\_ from the Fa- ther. <sup>γ</sup>

**B**<sup>(N)</sup> e- hold now, what is so good or so joy- - ous, as for breth-  
 ren to dwell to- geth- - er in u- ni- ty; <sup>(Δ)</sup> for in this, the Lord hath  
 prom- ised life\_ ev- er- last- ing. <sup>γ</sup>

**H**<sup>(N)</sup> e\_ that a- dorn- - eth the lil- ies of the field, <sup>(Δ)</sup> com-  
 mand- - eth that one should not take thought\_ for his rai- ment. <sup>γ</sup>

**G** <sup>(N)</sup> lo - ry to the Fa - ther, and to the Son, and to the  
 Ho - ly Spir - it. <sup>(Δ)</sup> Both now and ev - er, <sup>(N)</sup> and un - to thē ag - - es  
 of ag - es. A - men. <sup>(γ)</sup>

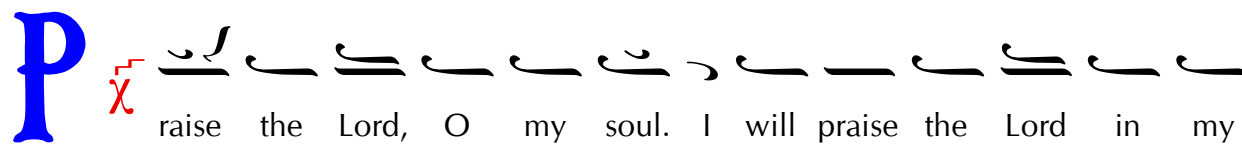
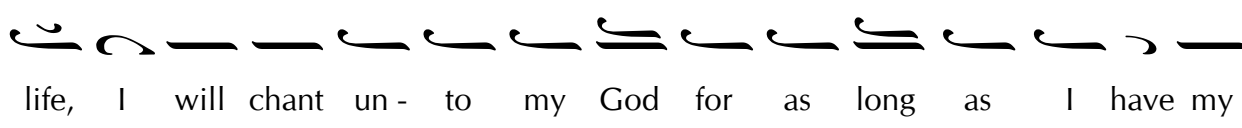
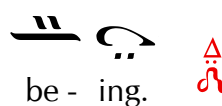

**B** <sup>(N)</sup> y the Ho - ly Spir - it, as by one sim - ple Cause, <sup>(Δ)</sup> all things  
 are\_\_sus - tained in a peace - be - stow - ing man - ner. <sup>(γ)</sup> For as Lord, He  
 is God\_\_ of one es - sence with the Fa - ther and the Son. <sup>(γ)</sup>

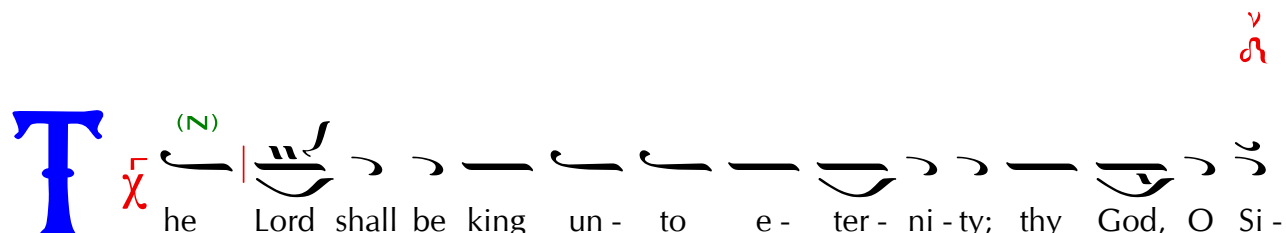
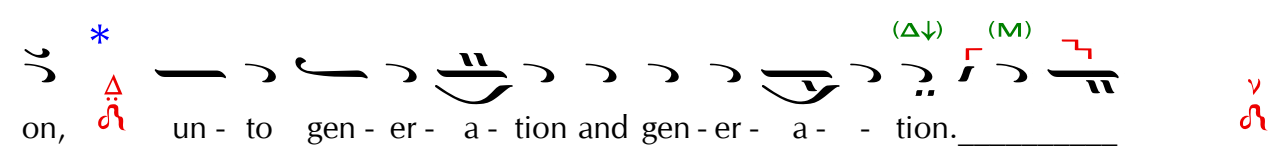


### Prokeimenon

**T** <sup>(N)</sup> he Lord shall be king un - to e - ter - ni - ty; thy God, O  
 Si - - - on, <sup>(Δ)</sup> un - to gen - er - a - - - tion and gen - er - a - tion. <sup>(γ)</sup>

(twice)

Canonarch:

**P**  raise the Lord, O my soul. I will praise the Lord in my  
 life, I will chant un - to my God for as long as I have my  
 be - ing. 

**T**  he Lord shall be king un - to e - ter - ni - ty; thy God, O Si -  
 on,  un - to gen - er - a - tion and gen - er - a - - tion. \_\_\_\_\_ 

*\* According to some traditions, the second half of this final verse is completed by the other choir.*