Slow Praises
Plagal Second Mode

Verse #1

Τοῦ ποιῆσαι ἐν αὐτοῖς ἸΧΘΥΣ

This glory shall be to all His saints.

Praises #1

Ὁ σταυρός σου Κύριε

This glory shall be to all His saints.

This glory shall be to all His saints.
ing________ there - - in, we praise____ Thee, our ris - - - - -

en_______ God.____ Have mer - - - - cy_______ on_______ us.
Verse #2

\(\text{Praise ye God in His saints, praise Him in the firmament of His power.}\)

Praises #2

\(\text{Hy burial, O Master, hath opened Paradise unto the race of men, and having been redeemed from corruption, we praise Thee, our risen God. Have mercy on us.}\)
Verse #3  Αἰνεῖτε αὐτὸν ἐπὶ ταῖς

Praise Him for His mighty acts, praise Him according to the multitude of His greatness.

Praises #3  Σὺν Πατρὶ καὶ Πνεύματι

with the Father and the Spirit, let us praise Christ Who is risen from the dead, and let us cry unto Him: Thou art our life and resurrection. Have mercy on us.
Verse #4  Αἰνεῖτε αὐτὸν ἐν ἡχῷ

Praise Him with the sound of trumpet, praise Him with the psaltery and harp.

Praises #4  Τριήμερος ἀνέστης

As it is written, Thou didst rise the third day from the tomb, O Christ, raising all so the father of our race; for this cause doth all mankind exalt Thee, whilst acclaiming Thy Resurrection, chanting hymns of praise.
Verse #5

Praise Him with timbrel and dance, praise Him with strings.

and flute.

Praises #5

Lord, great and terrible is the mystery of Thy resurrection; for Thou cam-est forth from the tomb even as a bridegroom from a bridal chamber,

undoing death by death, that Thou mightest free Adam. Wherefore, in the Heavens, the Angells dance, and on earth men glorify
Thy compassion wrought for us, O Friend of man.
Verse #6  Λαμβάνετε αὐτὸν ἐν κυμβάλοις

Praise Him with tuneful cymbals, praise Him with cymbals of jubilation. Let every breath praise the Lord.

Praises #6  Ω παράνομοι Ἰουδαίοι

ye lawless Jews, where are the seals, and the silver coins that ye gave unto the soldiers?
The treasure was not stolen, but hath risen as one might—y. Ye yourselves have been put to shame, having denied Christ, the Lord of Glory, Who suffered and was buried and
a - rose_______ from_______ the_______ dead. Let___ us wor - -

- - ship_______ Him.
Verse #7

Α
- rise, O Lord my God, let Thy hand be lifted high;

for- get not Thy pau- pers to the end.

Praises #7

while the sep- ul- chre was sealed, how were ye robbed,

_ O ye Jews, af- ter ye had set guards_

and af- fixed the seals? While the doors were shut,

the King came forth. Either present Him as_

_____ dead, or worship Him as God, sing-

- ing with us: Glo- ry to Thy_

_____ Cross and Res- ur-rec- tion, O Lord.
Verse #8

will confess Thee, O Lord, with my whole heart; will tell of all Thy wonders.

Praises #8

with lamentation the myrrh-bearing women reached Thy life-containing tomb, O Lord.

And holding myrrh, they sought to appoint Thine immaculate Body. But they found a distant Angel sitting upon the stone, and he addressed them and said:

Why do ye weep for Him Who hath made life to flow_
from_____ His side_____ for_____ the_____ world? Why do ye seek the_____ immortal One as a mortal in_____ the_____ tomb? But rather run ye and proclaim to His disciples the universal joy of His glorious resurrection,
where- by do Thou enlighten_____ us,____ O Saviour, and grant us forgiveness and great mercy.
Hard Chromatic*

Verse #4

Aieveite auton ev hixo

raise Him with the sound of trumpet,

psalter and harp.

* The fourth verse and troparion of the Sunday praises in sticheraric plagal second mode are traditionally chanted in the soft chromatic scale. But since it may be desirable to chant a troparion preceded by the words of this verse in hard chromatic sticheraric plagal second mode occasionally (for example, on a feast day that falls on a day other than Sunday), for such occasions we have included a suitable melody here for the fourth verse.