Slow Praises

Plagal First Mode

\[ \text{Verse #1} \]

\[ \text{Tou poïhsai én avtois} \]

\[ \text{To do among them the judgment that is written. This} \]

\[ \text{glory shall be to all His saints.} \]

\[ \text{Praises #1} \]

\[ \text{Kúrie, ëσφραγισμένου} \]

\[ \text{Lord, when the grave had been sealed by the law-less, Thou cam-est forth from} \]
_the_ tomb even as Thou wast born of the The-o-
to- - - - kos. Thine in- cor- po- re- al_ An- - - gels
knew not how_ Thou_ wast_ in- car- - - - nate; the
soldiers who guard-ed Thee did not per- ceive_ when_ Thou

didst_ a- - - rise: for both these things are sealed fast a-
gainst_ the_ in- quis- - - - - i- - - tive, but
the won- ders are made man- i- fest un- to those who wor- ship the
mystery with faith. Do Thou grant
un- to us who_ praise_ it ex- ceed- ing joy and_ great mer-
- - cy.
Verse #2  

Praise ye God in His saints, praise Him in the firmament of His power.

Praises #2  

Lord, having destroyed the everlasting bars and burst the bonds as a surrender of Thy three-day deliverance, as a witness to the truth of Thy three-day deliverance. And Thou wentest on before into Galilee, O Thou Who wast guarded in the cave. Great is Thy mercy,
O incomprehensible Saviour. Have mercy on us.
Verse #3

Aiνείτε αὐτὸν ἐπί ταῖς

Praise Him for His mighty acts, praise Him according to the multitude of His greatness.

Praises #3

Κύριε, αἱ γυναῖκες

Lord, the women ran unto the sepulchre to see Thee, the Christ, Who hadst suffered for us. And on drawing nigh, they found an Angel sitting upon the stone, which had rolled away in fear; and he cried to them and said: The Lord is risen! Say to the disciples: Risen from the dead is He that...
Verse #4

Aiveîte aútôn èn ἡχω

Praise Him with the sound of trumpet, praise Him with the psaltery and harp.

Praises #4

Kúrie, óstper éxéllhez

Lord, even as Thou cam-est forth while the tomb was sealed, so also didst Thou enter unto Thy disciples while the doors were shut, showing unto them the sufferings of Thy body,
which Thou didst accept, O Saviour, since Thou art long suffering.

As one of the seed of David, Thou didst endure wounds; but

as the Son of God, Thou didst free the world. Great is Thy mercy, O incomprehensible Saviour.

Have mercy on us.
Verse #5  

Aineite auton en tympano  

Praise Him with timbrel and dance, 
praise Him with strings and flute.

Praises #5  

Kurie, o Basileus  

Lord, King of the ages and Creator of all,  
Who didst accept crucifixion and burial in the flesh for us,  
that Thou mightest free us all from Hades: 

Thou art our God; beside Thee we know none other.
Verse #6  Λύνεις αὐτὸν ἐν κυμβάλοις

raise Him with tune-ful cym-bals, praise Him with cym-bals of ju-bil-a-tion. Let ev-ery breath praise the Lord.

Praises #6  Κύριε, τὰ ὑπερλάμποντά σου

Lord, who can tell of Thy most re-splend-ent won-ders, or who can pro-claim Thine awe-some mys-tery? For Thou be-cam-est man for us, as Thou Thy-self didst will. Thou didst re-veal the sov-reign-ty of Thy pow-er, for by Thy Cross Thou didst open Par-a-dise.
Verse #7

Ἀνάστηθι Κύριε

— rise, O Lord my God, let Thy hand be lifted high;

forget not Thy pursuers to the end.
Praises #7

(M) 慕 真 神 聖 

om-ing to Thy tomb ver-y ear-ly in the_ morn-
- - - - - - - - ing, the myrrh-bear-ing wom-en sought to_ a-
noint_ Thee, the Im-mor-tal Word_ and_____ God;

and be-ing in-struct-ed by the words_ of_ 

the_____ An- - - - - gel, they re-turned_____ in____

joy, to an-ounce o-pen-ly_ to_ the_ A-

pos- - - - - - tles that Thou, the_ Life of_ all, art_ ris-

- - - - en, and hast grant-ed un-to the world for-give-

ness and_____ great mer-


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Verse #8

Ἐξομολογήσομαι σοι

I will confess Thee, O Lord, with my whole heart;

will tell of all Thy wonders.

Praises #8

Τοῦ θεοθεόνος τάφου

he guardians of the God-containing grave said un-
to the Jews: O the futility of your counsel!

At tempting to guard the Uncircumscriptable One,
ye have laboured in vain.

Desiring to conceal the resurrection of the Crucified, ye have made it clearly manifest.

fest. O the futility of your coun-

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cil! Why do ye take counsel again to conceal what cannot
____ be concealed? But rather hearken unto us
and be willing to believe the truth of what hath come
____ to pass. A radiant angel descended from Heaven and rolled away the
__ stone. Out of fear of him, we were distressed even unto death. And crying out to
the stout-hearted myrrh-bearing women, he said:

Do ye not see the lifelessness of the guards, the loosening of the seals, and
thē emp-ty-ing of Ha-des? Why do ye seek as a mor-tal, Him Who hath abol-ished the vic-to-ry

of Ha-des and de-stroyed the sting of death? But go quick-ly and pro-claim the
good tid-ings of the Res-ur-rection un-to the A-pos-tles, and cry out fear-less-ly:
Ver-i-ly ris-en is the Lord, Who hath great mer-cy.