Slow Praises

Fourth Mode

Verse #1

Τοῦ ποιῆσαι ἐν αὐτοῖς

Praises #1

'O σταυρὸν ὑπομείνας

Thou Who didst endure the Cross and
death, and didst arise from the dead, O Almighty Lord, we glorify Thy Resurrection.
Verse #2

Praise ye God in His saints, praise Him in the firmament
of His power.

Praises #2

By Thy Cross, O Christ, Thou hast freed us from the ancient curse; and by Thy death, Thou hast destroyed the devil, who tyrannized our nature; and by Thine Ascension, Thou hast filled all things with joy. Therefore, we cry to Thee: Thou Who didst arise from the dead, Lord, glory be to Thee.
Verse #3

Praise Him for His mighty acts, praise Him according to the multitude of His greatness.

Praises #3

Thy Cross, O Christ, Savior, guide us unto Thy truth, and deliver us from the snares of the enemy. Thou Who didst arise from the dead, raise us up who have fallen in sin, stretching out Thy hand to us, O man-be-friend-ing Lord, through the intercession of Thy Saints.
Verse #4

Praise Him with the sound of trumpet, praise Him with the psaltery and harp.

Praises #4

Without parting from the bosom of Thy Father, O only-begotten Word of God, Thou cam'st upon the earth, changelessly becoming man, out of love for man. And Thou didst endure the Cross and death in the flesh, Thou Who art impassible in Thy Godhead. And having ris—
Verse #5  Αἰνεῖτε αὐτὸν ἐν τῷ πάνῳ

raise Him with timbrel and dance, praise Him with strings

and flute.
Praises #5

Θάνατον καταδέξω

hou didst accept death in the flesh, thereby obtaining immortality for us, O Savior. And Thou didst dwell in the grave, that Thou mightest free us from Hades and raise us up together with Thyself, for Thou didst suffer as man, but didst arise as God. For this cause do we cry:

Glory be to Thee, life-giving Lord and only Friend of man.
Verse #6


raise Him with tune-ful cymbals, praise Him with cymbals of jubilation. Let every breath praise the Lord.

Praises #6

Rocks were rent asunder, O Saviour, when Thy Cross was fixed in Calvary. The gatekeepers of Hades were terrified when, as a mortal, Thou wast laid in the tomb; for, having destroyed the might of death, by Thy Resurrection Thou didst grant unto all who had died, O Saviour.
Fourth Mode - Slow Praises

- - - iour.  O life-giving Lord, _______ glory____ be

to ___ Thee.____

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Verse #7

Ἀνάστηθι Κύριε

 arisen, O Lord my God, let Thy hand be lifted high; for get not Thy 'pau-' pers to the end.

Praises #7

Ἐπεθύμησαν γυναίκες

he women yearned to see Thy resurrection, O Christ God. Mary Magdalene, coming before the others, found the stone rolled away from the tomb, and the Angel sitting there and saying: Why seek ye the Living among the dead? He is risen as God, that He might save all things.
Verse #8

will confess Thee, O Lord, with my whole heart;
tell of all Thy wonders.

Praises #8

here is Jesus, Whom ye had thought to guard? Speak,
O ye Jews. Where is He, Whom ye laid in the tomb while sealing the stone? Give up the dead man, ye destroyers of life; give up Him Who was buried, or believe in Him Who is risen. Though ye seek to silence the rising of the Lord, the
stones shall cry out, especially the one that was rolled away from the tomb.

Great is Thy mercy! Great is the mystery of Thy dispensation! O our Saviour, glory be to Thee.