God is the Lord

First Mode

Intonation: #1

Allegro \( \dot{\text{L}} \) - \( \text{L} \)

\( \text{D} \)

God is the Lord, and hath appeared unto us;

blessed is He that cometh in the Name of the Lord.

(repeated three more times with the verses below)

Verses:

2. O give thanks unto the Lord, and call upon His holy Name.

3. All the nations compassed me round about, and by the Name of the Lord I warded them off.

4. This is the Lord's doing, and it is marvellous in our eyes.
When the stone was sealed by the Jews and the soldiers were guarding Thine immaculate body, Thou didst arise on the third day, O Saviour, granting life unto the world. For which cause the powers of heaven cried out to Thee, O Life-giver: Glory to Thy resurrection.
Recitation, O Christ. Glory to Thy Kingdom. Glory to Thy Dispensation, O Only Friend of man.

Glory...

Δόξα Πατρί

Glo - ry to the Fa - ther, and to the Son, and to the Holy Spirit.

Both now...

Καὶ νῦν

Both now and ev - er, and un - to the ag - es of ag - - es. A - men.
While Ga-bri-el was say-ing Re-joice to thee, O Vir-gin,

at his voice the Mas-ter of all things took flesh with-in thy pure-womb. He dwelt in thee as His ho-ly ark as spake the

right-eous Da-vid in the psalms. Thou wast seen to be more spa-cious than all the Heav-ens since thou didst bear thy Cre-a-tor. Glo-ry to Him that willed to dwell in thee. Glo-

ry to Him that came forth from thee. Glo-ry to Him that,
First Mode - Apolytikion

through thy giving birth, hath delivered us.
The soldiers standing guard at Thy tomb, O my

Saviour, became as dead on seeing the light-

Thine arising, O Holy Lord. Thee we

glorify, Who hast abolished corruption;
Thee do we adore, Who from the grave hast arisen and Who alone art our God.

Glo - ry to the Fa - ther, and to the Son, and to the Ho - ly Spir - it.

O Lord of Mer - cy, nailed to the Cross of Thine own will, as mortal Thou wast laid in a tomb.

O Life - giv - er, de - stroy - ing the reign of death by Thy death, O Om - nip - o - tent. Thou didst
Un. smite the gate-keepers of Hades with terror,

G raising with Thyself them that had died from all ages, since Thou a-lone art the Friend of man.

Both now and ever, and unto the ages of ages. Amen.
We know thee as the Mother of God, who art truly a virgin even after thy child-birth, O Maiden; with longing, we flee in faith to thy goodness and sympathy. For we sinners have thee as our certain protection, and as our salvation in distress and temptations, thou only all-blameless one.
The faithful women came to the tomb before the dawn, and seeing the vision of Angels, they stood in fear and trembling. Like lightning, the grave flashed forth with life; the marvel made the women sore amazed. Thus, they went to the disciples and preached to them the Rising of Christ the Master: Christ, the Almighty, plundered Hades’ spoils and raised with Himself all corrupt in death, freeing them from fear of
condemnation by the power of the Cross.

Glory to the Father, and to the Son, and to the Holy Spirit.

The Life of all was nailed to the Cross by the transgressors and the Lord immortal was reckoned amidst the dead in Hades. But rising the third day, Thou didst raise dead Adam from corruption.
with Thy-self. For this cause, the hosts of Heaven cried
unto Thee, O Saviour and Life-bestower:

Glory be to Thy sufferings, O Christ. Glory
to Thy Resurrection. Glory to Thy condescension, O Thou only Friend of man.

Both now and ever, and unto the ages of ages. Amen.
O thou who art our Master's most honorable vessel, O Mary, raise us up who have stumbled and fallen into a deep gulf of sins, tribulations, and dire despair; for, O Full of Grace, thou ever savest thy servants, as the strong protection and salvation of sinners and unfailling help of all.

Maria to septon

www.stanthonsmonastery.org/music/Orthros.htm
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Hymns of Ascent

First Mode

Intonation: #1

Allegro \( \frac{3}{4} 160 \)

1

\[ D \]

In mine affliction, hearken unto my sorrows; O

\[ D \]

Lord, I cry unto Thee.

2

\[ D \]

For those in the desert, divine longing becometh unending, in that they are outside the

\[ D \]

vain world.

Text © 2009, Holy Transfiguration Monastery, Brookline, MA. Used with permission.
Glo-ry to the Fa-ther, and to the Son, and to the Ho-ly Spir-it.

Both now and ev-er, and un-to the ag-es of ag-es. A-men.

To the Ho-ly Spir-it, hon-our and glo-ry is due,
e-ven as it is un-to the Fa-ther, and so al-so to the Son. Where-fore, let us sing un-to the Three-fold Mon-ar-chy.

Thou hast raised me to the sum-mits of Thy laws; make me ra-diant with the vir-tues, O God, that I may hymn-Thee.
Tak-ing me by Thy right hand, O Word, keep and pre-serve me,

lest the fire of sin scorch me.

Glo-ry to the Fa-ther, and to the Son, and to the Ho-ly Spir-it.

Both now and ev-er, and un-to the ag-es of ag - es. A-men.

By the Ho-ly Spir-it all cre-a-tion is re-newed, re-

turn-ing a-gain to the pri-mor-di-al state; for

He is e-qual in pow-er to the Fa-ther and the

Word.
Because of them that said unto me: Let us go into the courts of the Lord; my spirit was glad dened, my heart also rejoiceth.

In the house of David is great fear; for there, when the thrones are set forth, all the tongues and tribes of the earth shall be judged.

Glory to the Father, and to the Son, and to the Holy Spirit.

Both now and ever, and unto the ages of ages. Amen.
To the Holy Spirit must honour, worship, glory, and dominion be offered, as is meet both to the Father and the Son; for the Trinity is a Unity in nature, but not in Persons.

Now will I arise, saith the Lord; I will establish them in salvation, I will be manifest therein. (twice)

The words of the Lord are pure words, silver that is fired, tried in the earth, brought to sevenfold purity.
Now will I arise, saith the Lord; I will establish them in salvation, I will be manifest therein.

*According to some traditions, the second half of this final verse is completed by the other choir.*
More Honourable than the Cherubim

First Mode

Intonation: #1

Allegro \( \frac{1}{160} \)

Verse #1

My soul doth magnify the Lord, and my spirit hath rejoiced in God my Saviour.

Refrain

More honourable than the Cherubim, and beyond compare more glorious than the Seraphim,
thee who without corruption gavest birth to

God the Word, the very Theotokos, thee do we magnify.

Verse #2

For He hath looked upon the lowliness of His handmaid-en;

for behold, from henceforth all generations shall call me blessed.
Verse #3

For the Mighty One hath done great things to me, and holy is His Name; and His mercy is on them that fear Him unto generation and generation.

Verse #4

He hath showed strength with His arm, He hath scattered the proud in the imagination of their heart.
He hath put down the mighty from their seat, and exalted them of low degree; He hath filled the hungry with good things,

and the rich He hath sent empty away.

He hath holpen His servant Israel in remembrance of His mercy, as He spake to our fathers, to Abraham and his seed for ever.
Let Every Breath

Intonation: #1

First Mode

Andante  \( \downarrow \cdot \frac{4}{4} \)

Let every breath praise the Lord. Praise the Lord from the Heavens,

praise Him in the heavens.

www.stanthonyssmonastery.org/music/Orthros.htm
Praise Him

First Mode - Let Every Breath

est. To Thee is due praise,

O God.

Praise Him, all ye His angels; praise Him, all ye His hosts.

To Thee is due praise,

O God.
Praise Him, O sun and moon; praise Him, all ye stars and light.

Praise Him, ye heavens of heavens, and thou wanderer that art above the heavens. Let them praise the Name of the Lord;

For He spake, and they came to be; He commanded, and they were created.
He established them for ever, yea, for ever and ever; He hath set an ordinance, and it shall not pass away.

Praise the Lord from the earth, ye dragons, and all ye abysses,

Fire, hail, snow, ice, blast of tempest, which perform His word,

The mountains and all the hills, fruitful trees, and all
ce - dars,

The beasts and all the cat - tle, creep - ing things and winged -

birds.

Kings of the earth, and all peo - ples, prin - ces

and all judg - es of the earth,

Young men and vir - gins, eld - ers with the young -

er; let them praise the Name of the Lord, for ex -

alt - ed is the Name of Him a - lone.
His praise is above the earth and heavens, and

He shall exalt the horn of his people.

This is the hymn for all His saints, for the sons of Israel, and for the people that draw near unto Him.

Sing unto the Lord a new song; His praise is

in the church of the saints.

Let Israel be glad in Him that made him, let the sons of Zion rejoice in their King.
Let them praise His Name in the dance; with the timbrel and psaltery let them chant unto Him.

For the Lord taketh pleasure in His people, and He shall exalt the meek with salvation.

The saints shall boast in glory, and they shall rejoice upon their beds.

The high praise of God shall be in their throat, and two-edged swords shall be in their hands.
To do vengeance among the heathen, punishments among the peoples,

To bind their kings with fetters, and their nobles with manacles of iron,

To do among them the judgment that is written.

This glory shall be to all His saints.

Praise ye God in His saints, praise Him in the firmament of His power.
**Slow Praises***

First Mode

**Verse #1**

*Τοῦ ποίησαι ἐν αὐτοῖς*

To do among them the judgment that is written.

This glory shall be to all____ His______ saints.

**Praises #1**

*Ὑμνοῦμεν σου Χριστέ*

We praise Thy saving Passion, O____

Christ, and we glorify____ Thy Res - ur - - - - -

*Note: The "slow praises" are sticheraric melodies, whereas the "brief praises" are heirmologic melodies. Either version may be chanted since the texts are identical. In some places on Mt. Athos and Greece, the sticheraric ("slow") melodies are used for first, second, plagal first, and plagal second modes, while the heirmologic ("brief") melodies are used for third, fourth, grave, and plagal fourth modes.*
Verse #2

Praise ye God in His saints, praise Him in the firmament of His power.

Praises #2

Thou Who didst endure the Cross, and didst abolish death, and didst arise from the dead: Make our life peaceful, O Lord, since
Verse #3

Αἴνεῖτε αὐτὸν ἐπὶ ταῖς δυναστείας

Praise Him for His mighty acts, praise Him according to

the multitude of His greatness.

Praises #3

Ὁ τὸν ἁδην σκυλεύσας

Thou Who didst despoil Hades, and didst raise up man by Thy Resurrection,
O Christ: Deem us worthy to hymn and glorify Thee with purity of heart.

Verse #4

Praise Him with the sound of trumpet, praise Him with the psaltery and harp.

Praises #4

Glorifying Thy God-befitting descent, we praise Thee, O Christ; for Thou wast
born of a Virgin, and yet Thou wast in-
separable from the Father. Thou didst suf-
er as man, and didst endure the Cross will-
ly. Thou didst rise from the grave as though coming forth
from a bridal chamber,
that Thou mightest save the world. O Lord, glo-
ry be to Thee.
Verse #5

Praise Him with tim-brel and dance, praise Him with strings

and flute.

Praises #5

When Thou wast nailed to the wood of the Cross, then was the dominion of the enemy put to death. Creation was shaken with
fear of Thee, and Hades was de-
spoiled by Thy might. Thou didst raise the
dead out of the graves and Thou didst o-
Par - a - dise un - to the
thief. O Christ our God, glo - ry be
to Thee.
Verse #6

Αἰνεῖτε αὐτὸν ἐν κυμβάλοις

Praise Him with tune-ful cymbals, praise Him with cymbals of ju-bi-la-tion. Let ev-ery breath praise the Lord.

Praises #6

Ωδυρόμεναι μετὰ σπουδής

The hon- ra - ble wom - en came with haste un - to Thy tomb with la - men - ta - tion. But find - ing the sep - ul - chre_ o - pen, and learn - ing from the An - gel of
the new and strange miracle, they announced to the Apostles that the Lord is risen, granting unto the world great mercy.

Verse #7

Άνάστηθι Κύριε

Ari, O Lord my God, let Thy hand be lifted high; for forget not Thy paupers to the end.
We worship the divine wounding of Thy Passion, O Christ God,
and Thy kingly and priestly service which was accomplished
in Si-on in the end of the ages, in a manner that made God manifest. For Thou, the Sun of Righteousness, didst enlighten those that slept in darkness, leading them by the
hand un - to the un - wan - ing ra - di - ance.

Lord, glo - ry be to Thee.

I will con - fess Thee, O Lord, with my whole heart; I will tell of all Thy won - - - ders.

O ye tu - mult - lov - ing race of the Jews,
hearken. Where are they that came unto Pilate? Let the soldiers that kept guard speak. Where are the seals of the tomb? Whither was the Buried One removed? Where was He sold Who is beyond price? How was the treasure plundered? Why do ye defame the arising
of the Crucified One, O ye

lawless Jews? Risen is He that is free among

the dead, and He doth grant unto the world great

mercy.
Brief Praises

First Mode

Verse #1

To do among them the judgment that is written.

This glory shall be to all His saints.

Praises #1

We praise Thy saving Passion, O Christ, and we glorify Thy Resurrection.
Verse #2

Praise ye God in His saints, praise Him in the firmament of His power.

Praises #2

Thou Who didst endure the Cross, and didst abolish death, and didst arise from the dead: Make our life peaceful, O Lord, since Thou alone art omnipotent.
Verse #3

Praise Him for His mighty acts, praise Him according to the multitude of His greatness.

Praises #3

Thou Who didst despoil Hades, and didst raise up man by Thy Resurrection, O Christ: Deem us worthy to hymn and glorify Thee with purity of heart.
Verse #4

Praise Him with the sound of trumpet, praise Him
with the psaltery and harp.

Praises #4

Glorifying Thy God-befitting condescension, we praise Thee, O Christ; for Thou wast born of a
Virgin, and yet Thou wast inseparable from the Father. Thou didst suffer as man, and didst endure the
Cross willingly. Thou didst rise from the grave as though coming forth from a bridal chamber, that Thou might-est save the world. O Lord, glory be to Thee.
Praise Him with tim-brel and dance, praise Him with strings and flute.

When Thou wast nailed to the wood of the Cross, then was the do-min-ion of the en-e-my put to death. Cre-a-tion was shak-en with fear of Thee, and Ha-des was de-spoiled by Thy might. Thou didst raise the dead out of the graves and Thou didst o-pen Par-a-dise un-to the thief. O Christ our God, glo-ry be to Thee.
Verse #6

Praise Him with tune-ful cymbals, praise Him with cymbals of jubilation. Let every breath praise the Lord.

Praises #6

The honorable women came with haste unto Thy tomb with lamentation. But finding the sepulchre open, and learning from the Angel of the new and strange miracle, they announced to the Apostle
Place that the Lord is risen, granting unto the world great mercy.

Verse #7

Ἀνάστηθι Κύριε

Arisen, O Lord my God, let Thy hand be lifted high; forget not Thy paupers to the end.

Praises #7

Την των παθῶν

We worship the divine wounding of Thy Passion, O Christ God, and Thy kingly and priestly ser-
vice which was accomplished in Sion in the end

of the ages, in a manner that made God manifest. For Thou, the Sun of Righteousness,

didst enlighten those that slept in darkness, leading them by the hand unto the unwaning ra-
di ance. O Lord, glory be to Thee.
I will confess Thee, O Lord, with my whole heart; I will tell of all Thy wonders.

O ye tumult-loving race of the Jews, hearken. Where are they that came unto Pilate? Let the soldiers that kept guard speak. Where are the seals of the tomb? Whither was the Buried One removed? Where was He
sold Who is beyond price? How was the treasure plundered? Why do ye defame the arising of the Crucified One, O ye lawless Jews? Risen is He that is free among the dead, and He doth grant unto the world great mercy.