



HYMNS OF ASCENT

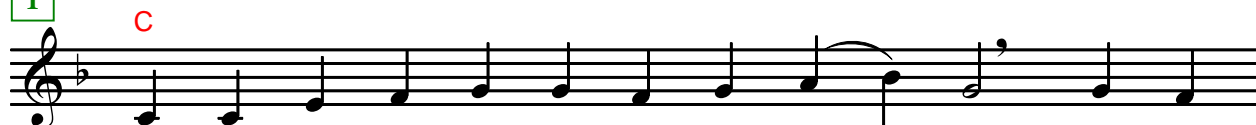
Plagal Fourth Mode

Intonation: #24

Allegro ♩=160

Ἐκ νεότητός μου

1



From my youth, the en - e - my doth tempt_ me, and with



pleas-ures doth in - flame___ me; but trust - ing in Thee, O



Lord, I tri - umph o - ver him.

2



Let them that hate Si - on be - come as grass be - fore___



it is plucked_ up; for Christ shall cut a - sun - der their



necks with the stroke of tor - ments.



Glo-ry to the Fa-ther, and to the Son, and to the Ho-ly Spir-it.



Both now and ev - er, and un - to the ag - es of ag -



es. A - men.



In the Ho - ly Spir - it all things are quick - ened;



He is Light of Light, a great God. We praise Him with the



Fa - ther and the Word.



Let my heart be shel-tered with the fear of Thee, in hum - ble -



mind-ed - ness, lest, by be - ing ex - alt - ed, it fall a -



way from Thee, O All - com - pas - sion - ate One.

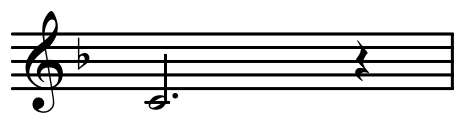
5



He that hath hope in the Lord shall not then be a -



afraid, when with fire and tor - ment He shall judge all



things.

6



Glo - ry to the Fa - ther, and to the Son, and to the Ho - ly Spir - it.



Both now and ev - er, and un - to the ag - es of ag -



es. A - men.



By the Ho - ly Spir - it doth eve - ry di - vine see__



and fore - tell; he per - form - eth most ex - alt - ed won -



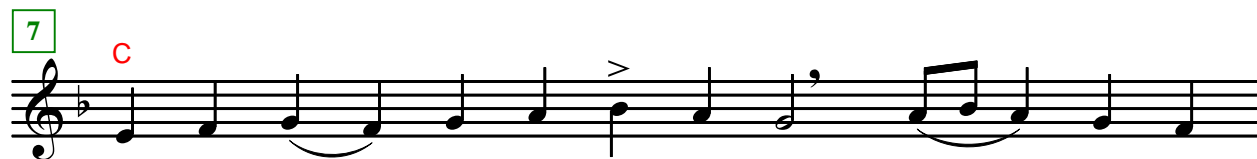
ders, sing - ing of God, Who is One in Three. For



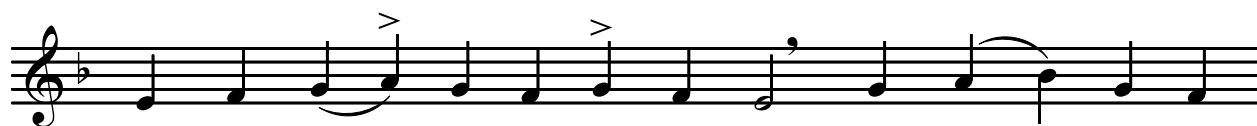
though He shin - eth in Three, the God - head doth rule__



as One.



I have cried__ un - to Thee, O Lord; heark - en, in -



cline Thine ear__ un - to me who cry, and cleanse_ me be -



fore Thou tak - est me hence.

8



Re - turn - ing un - to his moth - er, the earth, eve - ry



man is straight-way clothed with dis - so - lu - tion, to re -

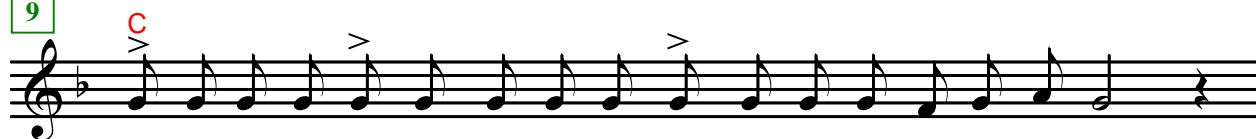


ceive__ tor - ments or re - wards for things com - mit - ted in



life - time.

9



Glo - ry to the Fa - ther, and to the Son, and to the Ho - ly Spir - it.



Both now and ev - er, and un - to the ag - es of ag -



es. A - men.



In the Ho - ly Spir - it we speak of God, the thrice -

ho - ly U - ni - ty. For the Fa - ther is be - gin -

ning - less, from Whom the Son was born_ time - less - ly.

And the Spir - it, Who is one with Them in form and rank,

al - so shin - eth forth_ from the Fa - ther.

10

Be - hold_ now, what is so good or so joy - ous,

as for breth - ren to dwell to - geth - er in u - ni -

ty; for in this, the Lord hath prom - ised life_ ev - er -

last - ing.

11



He___ that a - dorn - eth the lil - ies of the field, com -



mand - eth that one should not take thought_ for his rai -



ment.

12



Glo - ry to the Fa - ther, and to the Son, and to the Ho - ly Spir - it.



Both now and ev - er, and un - to the ag - es of ag -



es. A - men.



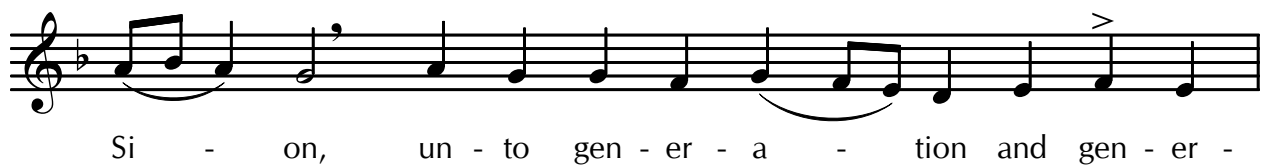
By the Ho - ly Spir - it, as by one sim - ple Cause,



all things are_ sus - tained_ in a peace - be - stow - ing man -



13 and 14



Canonarch:



15



Si - on, un - to gen - er - a - tion and gen - er -

a - - tion.

** According to some traditions, the second half of this final verse is completed by the other choir.*