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God is the Lord

First Mode

Intonation: #1

Allegro \( \frac{1}{4} \)

God is the Lord, and hath appeared unto us;

blessed is He that cometh in the Name of the Lord.

(repeated three more times with the verses below)

Verses:

2. O give thanks unto the Lord, and call upon His holy Name.

3. All the nations compassed me round about, and by the Name of the Lord I warded them off.

4. This is the Lord's doing, and it is marvellous in our eyes.
When the stone was sealed by the Jews and the soldiers were guarding Thine immaculate body, Thou didst arise on the third day, O Saviour, granting life unto the world. For which cause the powers of heaven cried out to Thee, O Life-giver: Glory to Thy resurrection.
First Mode - Apolytikion

Glo-ry to Thy King-dom. Glo-ry to Thy

dis-pen-sa-tion, O on-ly Friend of man.

Glory...

Glo-ry to the Fa-ther, and to the Son, and to the

Ho-ly Spir-it.

Both now...

Both now and ev-er, and un-to the ag- es of

While Ga-bri-el was say-ing Re-joice to thee, O Vir-gin,

at his voice the Mas-ter of all things took flesh with-in thy pure-
womb. He dwelt in thee as His ho-ly ark as spake the

right-eous Da-vid in the psalms. Thou wast seen to be more spa-
cious than all the Heav-ens since thou didst bear thy Cre-a-
tor. Glo-ry to Him that willed to dwell in thee. Glo-

ry to Him that came forth from thee. Glo-ry to Him that,
through thy giving - birth, hath delivered us.

THE ANNUNCIATION
The soldiers standing guard at Thy tomb, O my

Saviour, became as dead on seeing the light-

Thine arising, O Holy Lord. Thee we

glorify, Who hast abolished corruption;
Thee do we adore, Who from the grave hast arisen and Who alone art our God.

Glory to the Father, and to the Son, and to the Holy Spirit.

O Lord of Mercy, nailed to the Cross of Thine own will, as mortal Thou wast laid in a tomb.

O Life-giver, destroying the reign of death by Thy death, O Omnipotent. Thou didst
Un.

smite_ the gate-keepers of Hades_ with terror,

Un. G

raising with_ Thy-self them that had died_ from_ all

Un.

ages, since Thou a-lone art the Friend_ of man.

Un.

Both now and ever, and unto the ages of

Un.

ages. Amen.

---

First Mode - Kathismata

---

www.stanthonsmonastery.org/music/Orthros.htm

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We know thee as the Mother of God, who art truly a virgin even after thy childbirth, O Maiden; with longing, we flee in faith to thy goodness and sympathy. For we sinners have thee as our certain protection, and as our salvation in distress and temptations, thou only all-blameless one.
The faithful women came to the tomb before the dawning, and seeing the vision of Angels, they stood in fear and trembling. Like lightning, the grave flashed forth with life; the marvel made the women sore amazed. Thus, they went to the disciples and preached to them the Raising of Christ the Master: Christ, the Almighty, plundered Hades' spoils and raised with Himself all corrupt in death, freeing them from fear of
condemnation by the power of the Cross.

Glory to the Father, and to the Son, and to the Holy Spirit.

The Life of all was nailed to the Cross by the transgressors and the Lord immortal was reckoned amidst the dead in Hades. But rising the third day, Thou didst raise dead Adam from corruption

Ev to Stoaurwó
with Thy-self. For this cause, the hosts of Heaven cried unto Thee, O Saviour and Life-bestower:

Glory be to Thy sufferings, O Christ. Glory to Thy Resurrection. Glory to Thy condemnation, O Thou only Friend of man.

Both now and ever, and unto the ages of ages. Amen.
O thou who art our Master's most honorable vessel, O Mary, raise us up who have stumbled and fallen into a deep gulf of sins, tribulations, and dire despair; for, O Full of Grace, thou ever saveth thy servants, as the strong protection and salvation of sinners and unfailing help of all.
Hymns of Ascent

First Mode

Intonation: #1

Allegro \( \frac{\text{♩}}{160} \)

1

\[ \text{D} \]

In mine af-flic-tion, heark-en un-to my sor-rows; O

\[ \text{Lord, I cry un-to Thee.} \]

2

\[ \text{D} \]

For those in the de-sert, di-vine long-ing be-

\[ \text{com-eth un-end-ing, in that they are out-side the} \]

\[ \text{vain world.} \]
First Mode - Hymns of Ascent

Glo-ry to the Fa-ther, and to the Son, and to the Ho-ly Spir-it.

Both now and ev-er, and un-to the ag- es of ag- es. A-men.

To the Ho-ly Spir-it, hon-our and glo-ry is due,
e-ven as it is un-to the Fa-ther, and so al-so to the Son. Where-fore, let us sing un-to the Three-fold Mon-ar-chy.

Thou hast raised me to the sum-mits of Thy laws; make me ra-diant
with the vir - tues, O God, that I may hymn_ Thee.
Taking me by Thy right hand, O Word, keep and preserve me,
lest the fire of sin scorch me.

Glory to the Father, and to the Son, and to the Holy Spirit.

Both now and ever, and unto the ages of ages. Amen.

By the Holy Spirit all creation is renewed, re-

turning again to the primordial state; for

He is equal in power to the Father and the

Word.
Because of them that said un-to me: Let us go into the courts of the Lord; my spirit was glad-den, my heart also rejoiceth.

In the house of Da-vid is great fear; for there, when the thrones are set forth, all the tongues and tribes of the earth shall be judged.

Glo-ry to the Fa-ther, and to the Son, and to the Ho-ly Spir-it.

Both now and ev-er, and un-to the ag-es of ag-es. A-men.
To the Holy Spirit must honour, worship, glory, and dominion be offered, as is meet both to the Father and the Son; for the Trinity is a Unity in nature, but not in Persons.

Now will I arise, saith the Lord; I will establish them in salvation, I will be manifest therein. (twice)

The words of the Lord are pure words, silver that is fired, tried in the earth, brought to sevenfold purity.
Now will I arise, saith the Lord; I will establish them in salvation, I will be manifest therein.

* According to some traditions, the second half of this final verse is completed by the other choir.
More Honourable than the Cherubim

First Mode

Intonation: #1

Allegro – 160

Verse #1

Μεγαλύτερη ἡ ψυχή μου

My soul doth magnify the Lord, and my spirit hath rejoiced in God my Saviour.

Refrain

Τὴν τιμιωτέραν

More honourable than the Cherubim, and beyond compare more glorious than the Seraphim,
thee who without corruption gavest birth to

God the Word, the very Theotokos, thee do we magnify.

Verse #2

For He hath looked upon the lowliness of His handmaid-en;

for behold, from hence-forth all generations shall call me blessed.

Repeat refrain on previous page after each verse.
Verse #3

For the Might-y One hath done great things to me, and ho-ly is His Name; and His mer-cy is on them that fear Him un-to gen-er-a-tion and gen-er-a-tion.

Verse #4

He hath showed strength with His arm, He hath scat-tered the proud in the i-mag-i-na-tion of their heart.
Verse #5

He hath put down the might-y from their seat, and ex-alt-ed them of low de-gree; He hath filled the hun-gry with good things, and the rich He hath sent emp-ty a-way.

Verse #6

He hath hol-pen His serv-ant Is-ra-el in re-mem-brance of His mer-cy, as He spake to our fa-thers, to A-bra-ham and his seed for ev-er.
Let Every Breath

Intonation: #1

First Mode

Andante \( \frac{4}{4} \)

Let every breath praise the Lord.

Lord. Praise the Lord from the Heavens.

Praise Him in the heavens.
Praise Him

Aινεῖτε Αὐτόν

Praise Him, all ye His angels; praise Him, all ye His hosts. To Thee is due praise,

O God.
Praise Him, O sun and moon; praise Him, all ye stars and light.

Praise Him, ye heavens of heavens, and thou wast that art above the heavens. Let them praise the Name of the Lord;

For He spake, and they came to be; He commanded, and they were created.
He established them for ever, yea, for ever and ever; He hath set an ordinance, and it shall not pass away.

Praise the Lord from the earth, ye dragons, and all ye abysses,

Fire, hail, snow, ice, blast of tempest, which perform His word,

The mountains and all the hills, fruitful trees, and all
The beasts and all the cattle, creeping things and winged birds.

Kings of the earth, and all peoples, princes and all judges of the earth,

Young men and virgins, elders with the younger;

Let them praise the Name of the Lord, for exalted is the Name of Him alone.
His praise is above the earth and heaven, and

He shall exalt the horn of his people.

This is the hymn for all His saints, for the sons of Israel, and for the people that draw nigh unto Him.

Sing unto the Lord a new song; His praise is

in the church of the saints.

Let Israel be glad in Him that made him, let the sons of Zion rejoice in their King.
Let them praise His Name in the dance; with the timbrel and psaltery let them chant un - to Him.

For the Lord tak - eth pleas - ure in His peo - ple, and He shall ex - alt the meek with sal - va - tion.

The saints shall boast in glo - ry, and they shall re - joice up -
on their beds.

The high praise of God shall be in their throat, and two - edged swords shall be in their hands,
To do vengeance among the heathen, punishments among the peoples,

To bind their kings with fetters, and their nobles with manacles of iron,

To do among them the judgment that is written.

This glory shall be to all His saints.

Praise ye God in His saints, praise Him in the firmament of His power.
Slow Praises*

First Mode

Verse #1

To do among them the judgment that is written.

This glory shall be to all ______ His_________ saints.

Praises #1

We praise Thy saving Passion, O ________

Christ, and we glorify______ Thy Resurrection,

*Note: The "slow praises" are sticheraric melodies, whereas the "brief praises" are heirmologic melodies. Either version may be chanted since the texts are identical. In some places on Mt. Athos and Greece, the sticheraric ("slow") melodies are used for first, second, plagal first, and plagal second modes, while the heirmologic ("brief") melodies are used for third, fourth, grave, and plagal fourth modes.
Verse #2

Praise ye God in His saints, praise Him in the firmament of His power.

Praises #2

Thou Who didst endure the Cross, and didst abolish death, and didst arise from the dead: Make our life peaceful, O Lord, since
Verse #3

Αἰνεῖτε αὐτὸν ἐπὶ τὰς δυναστείας

Praise Him for His mighty acts, praise Him according to the multitude of His greatness.

Praises #3

Ὁ τὸν ἁθῆν σκυλεύσας

Thou Who didst despoil Hades, and didst raise up man by Thy Resurrection,
O Christ: Deem us worthy to hymn and glorify Thee with purity of heart.

Verse #4

Praise Him with the sound of trumpet, praise Him with the psaltery and harp.

Praises #4

Glorifying Thy God-befitting condescension, we praise Thee, O Christ; for Thou wast

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born of a Virgin, and yet Thou wast in -
sep'ra - ble from the Father. Thou didst
suffer as man, and didst endure the Cross willing -
ly. Thou didst rise from the grave as though com-ing forth
from a bridal cham - - - ber,
that Thou might - est save the world. O Lord, glo -
ry be to Thee.
Verse #5

Aiveite auton en tympano

Praise Him with tim-brel and dance, praise Him with strings

and flute.

Praises #5

'Ote prosphlouthi

When Thou wast nailed to the wood of the Cross, then was the dominion of the enemy put to death. Creation was shaken with...
Hard Chromatic

fear of Thee, and Hades was
deprieved by Thy might. Thou didst raise the
dead out of the graves and Thou didst open
Paradise unto the thief. O Christ our God, glory be
to Thee.
Verse #6

Praise Him with tune-ful cymbals, praise Him with cymbals of ju-bi-la-
tion. Let ev-ery breath praise the Lord.

Praises #6

The hon-ra-ble wom-en came with

haste un-to Thy tomb with la-men-
ta-tion. But find-ing the sep-ul-

chre-open, and learn-ing from the An-gel of
the new and strange miracle, they announced to the Apostles that the Lord is risen, granting unto the world great mercy.

Verse #7

Arise, O Lord my God, let Thy hand be lifted high;

forget not Thy paupers to the end.
We worship the divine wounding of Thy Passion, O Christ God,
and Thy king-ly and priest-ly ser-vice which was ac-com-plished
in Si-on in the end of the ag-es, in a manner that made God man-i-fest. For Thou, the Sun of Right-eous-ness, didst en-light-en those that slept in dark-ness, lead-ing them by the
hand un - to the un - wan - ing ra - di - ance.

Lord, glo - ry be to Thee.

Verse #8

I will con - fess Thee, O Lord, with my whole heart; I will tell of all Thy won - - - ders.

Praises #8

O ye tu - mult - lov - ing race of the Jews,
hearken. Where are they that came unto Pilate? Let the soldiers that kept

un. guard speak. Where are the seals of the tomb? Whither was the Buried One removed? Where was He sold Who is beyond price? How was the treasure plundered? Why do ye defame the arising

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of the Crucified One, O ye

lawless Jews? Risen is He that is free among

the dead, and He doth grant unto the world great

mercy.
Brief Praises

First Mode

Allegro \( \frac{3}{4} \) 160

Verse #1

To do among them the judgment that is written.

This glory shall be to all His saints.

Praises #1

We praise Thy saving Passion, O Christ, and we glorify Thy Resurrection.
Verse #2

Praise ye God in His saints, praise Him in the firmament of His power.

Thou Who didst endure the Cross, and didst abolish death, and didst arise from the dead: Make our life peaceful, O Lord, since Thou alone art omnipotent.

Praises #2

Αἰνεῖτε τὸν Θεόν

Θ' Σταυρών ὑπομείνας

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Verse #3

Αἰνεῖτε αὐτὸν ἐπὶ ταῖς δυναστείαις

Praise Him for His mighty acts, praise Him according to the multitude of His greatness.

Praises #3

Ὁ τὸν ἁδην σκυλεύσας

Thou Who didst despoil Hades, and didst raise up man by Thy Resurrection, O Christ: Deem us worthy to hymn and glorify Thee with purity of heart.
Verse #4

D

Praise Him with the sound of trumpet, praise Him with the psaltery and harp.

Praises #4

G D

Glorifying Thy befitting condescension, we praise Thee, O Christ; for Thou wast born of a

D

Virgin, and yet Thou wast inseparable from the

Fa ther. Thou didst suffer as man, and didst endure the

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Cross willingly. Thou didst rise from the grave as though coming forth from a bridal chamber,
that Thou mightest save the world. O Lord, glory be to Thee.
Verse #5

Aineîte autôn en tympano

Praise Him with tim-brel and dance, praise Him with strings and flute.

Praises #5

"Ote prosplóthēs

When Thou wast nailed to the wood of the Cross, then was

the do - min - ion of the en - e - my put to death. Cre -

a - tion was shak - en with fear of Thee, and Ha - des

was de - spoiled by Thy might. Thou didst raise the dead out

of the graves and Thou didst o - pen Par - a - di - se un - to the

thief. O Christ our God, glo - ry be to Thee.
Verse #6

Praise Him with tune-ful cymbals, praise Him with cymbals of jubilation. Let every breath praise the Lord.

Praises #6

The honorable women came with haste unto Thy tomb with lamentation. But finding the sepulchre open, and learning from the Angel of the new and strange miracle, they announced to the Apostles.
tles that the Lord is risen, granting unto the world great mercy.

Verse #7

Ἀνάστηθι Κύριε

A - rise, O Lord my God, let Thy hand be lifted high; for -

get not Thy pau - pers to the end.

Praises #7

Την των παθών

We wor - ship the di - vine wound- ing of Thy Pas - sion, O Christ - God, and Thy king - ly and priest - ly ser -
vice which was accomplished in Si - on in the end.

of the ag - es, in a man - ner that made God

man - i - fest. For Thou, the Sun of Right-eous - ness,

didst en - light - en those that slept in dark - ness, lead - ing

them by the hand un - to the un - wan - ing ra -

di - ance. O Lord, glo - ry be to Thee.
Verse #8

I will confess Thee, O Lord, with my whole heart; I will tell of all Thy wonders.

Praises #8

O ye tumult-loving race of the Jews, hearken.

Where are they that came unto Pilate? Let the soldiers that kept guard speak. Where are the seals of the tomb? Whither was the Buried One removed? Where was He
sold Who is beyond price? How was the treasure plundered? Why do ye defame the arising of the

Cru-ci-fied One, O ye law-less Jews? Risen is He that is free among the dead, and He doth grant un-

to the world great mer-cy.
Verse:

2. O give thanks unto the Lord, and call upon His holy Name.

3. All the nations compassed me round about, and by the Name of the Lord I warded them off.

4. This is the Lord's doing, and it is marvellous in our eyes.
When Thou didst descend unto death, O Life Immortal, then didst Thou slay Hades with the lightning of Thy Divinity. And when Thou also raise the dead out of the nether world, all the powers of the heavens were crying out: O Giver of life, Christ our God, glory...
be to Thee.

Glory...

Δόξα Πατρί

Glo - ry to the Fa - ther, and to the Son, and to the Ho - ly

Spir - it.

Both now...

Kai νῦν

Both now and ev - er, and un - to the ag - es of

All thy mysteries are beyond comprehension; all are exceedingly glorious, O Theotokos. Sealed with purity and preserved by virginity, thou wast known to be a true mother, giving birth unto the true God. Do thou entreat Him that our souls be saved.
The no - ble Jo - seph, tak - ing Thine im - mac - u - late
Bod - y down from the Tree, and hav - ing wrapped It in pure
lin - en and spic - es, laid It for bur - i - al in a
new ______ tomb. But on the third day Thou didst a - rise,
O Lord, grant - ing great mer - cy to ______ the world.
Glo-ry to the Fa-ther, and to the Son, and to the Ho-ly

Spirt-it.

Un-to the myrrh-bear-ing wom-en did the An-gel cry

out as he stood by the grave: Myrrh-oils are meet for the
dead, but Christ hath proved to be a strang-er to cor-

rup-tion. But cry out: The Lord is ris-

en, grant-ing great mer-cy to the world.
Both now and ever, and unto the ages of ages. Amen.

Most glorified art thou, O Virgin Theokos. We praise thee, for through the Cross of thy Son, Hades was cast down and death was slain. Having been put to death, we were raised up and were deemed worthy of life. We received Paradise, the ancient bliss. Wherefore, in thanks-giving, we glorify Christ our God, since
He is mighty and alone abundant in mercy.

Not having hindered the stone of the tomb from being sealed, Thou, on Thine arising, hast granted the rock of faith unto all. O Lord, glory be to Thee.
Glo-ry to the Fa-ther, and to the Son, and to the Ho-ly

Spir-it.

The choir of Thy dis-ci-ples, to-geth-er with the myrrh-bear-ing

wom-en, re-joice with one ac-cord; for we cel-e-brate a com-mon feast with them, un-to the glo-ry and

hon-our of Thy Res-ur-rec-tion; and, through

them, O man-be-friend-ing Lord, grant great mer-cy un-to Thy

peo-ple.

Τῶν μαθητῶν σου
Both now and ever, and unto the ages of ages. Amen.

Most blessed art thou, O Virgin Theotokos; for through Him who was incarnate of thee, Hades was taken captive, Adam was recalled, the curse was annulled. Eve was freed, death was put to death, and we were brought to life. Wherefore, with hymns we cry aloud: Blessed art Thou, O Christ our God, Who hast been...
thus well-pleased; glory be to Thee.
Hymns of Ascent

Second Mode

Intonation: #6

Allegro  \-160

Un - to Heav - en do I lift up the eyes of my

heart, un - to Thee, O Sav - iour; save me by____

Thine il - lu - mi - na - tion.

Have mer - cy on us, who are at fault be - fore Thee great - ly

eve - ry hour, O my Christ; and be - fore the end, grant
means that we may repent before Thee.

Glory to the Father, and to the Son, and to the Holy Spirit.

Both now and ever, and unto the ages of ages. Amen.

To the Holy Spirit belongeth the governing, the sanctification, and the moving of creation; for He is God, one in essence with the Father and the Word.

Had it not been that the Lord was with us, who could
have preserved himself unharmed from him, that is both the enemy and man slayer?

Surrender not Thy servant unto their teeth, O Saviour; for like unto a lion, so also do mine enemies move against me.

Glory to the Father, and to the Son, and to the Holy Spirit.

Both now and ever, and unto the ages of ages. Amen.

In the Holy Spirit it is there both honour and the principle
of life; for as God, He doth strengthen and sustain all created things in the Father through the Son.

They that trust in the Lord are like unto the holy mountain; they are in no wise shaken by the attacks of Belial.

Let them that live in a godly manner not stretch forth their hands unto iniquities; for by means of the rod, Christ restraineth His lot.
Second Mode - Hymns of Ascent

Glo-ry to the Fa-ther, and to the Son, and to the Ho-ly Spir-it.

Both now and ev-er, and un-to the ag - es of ag - es. A-men.

By the Ho-ly Spir-it, doth all wis-dom pour forth;

thence is there grace to the A-pos-tles, and there-by in con-test are the Mar-tyrs crowned and the Proph-ets see.

A-rouse Thy-self, O Lord my God, in the com-mand-ment

which Thou hast en-joined, and a con-gre-ga -tion of peo-ple-ss shall sur-round Thee. (twice)
O Lord my God, in Thee have I put my hope; save me from them that persecute me, and do Thou deliver me.

Arouse Thyself, O Lord my God, in the commandment which Thou hast enjoined, and a congregation of peoples shall surround Thee.

* According to some traditions, the second half of this final verse is completed by the other choir.
More Honourable than the Cherubim

Second Mode

Intonation: #6

Allegro \( \frac{\text{-}}{\text{160}} \)

Verse #1

My soul doth magnify the Lord, and my spirit hath rejoiced in God my Saviour.

Refrain

More honourable than the Cherubim, and beyond comparison more glorious than the Seraphim, thee____

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who without corruption gavest birth to God the Word, the very Theotokos, thee do we magnify.

Verse #2

For He hath looked upon the lowliness of His handmaid-en; for behold, from hence-forth all generations shall call me blessed.

Repeat refrain on previous page after each verse.
Verse #3

For the Mighty One hath done great things to me, and holy is His Name; and His mercy is on them that fear Him unto generation and generation.

Verse #4

He hath showed strength with His arm, He hath scattered the proud in the imagination of their heart.
Verse #5

He hath put down the mighty from their seat, and exalted them of low degree; He hath filled the hungry with good things, and the rich He hath sent empty away.

Verse #6

He hath holpen His servant Israel in remembrance of His mercy, as He spake to our fathers, to Abraham and his seed for ever.
Let Every Breath

Second Mode

Intonation: #7

Andante \( \frac{7}{8} \)

Let every breath praise the

Lord. Praise the Lord from the Heavens, praise

Him in the highest. To Thee

www.stanthonysmonastery.org/music/Orthros.htm
Praise Him

Aīveίτε Αὐτόν

Praise Him, all ye His angels; praise Him, all ye His hosts. To Thee is due praise, O God.
Presto  \( \frac{4}{8} \) 180

1

G

Un.

Praise Him, O sun and moon; praise Him, all ye stars and light.

2

G

Un.

Praise Him, ye heavens of heavens, and thou water that art above the heavens. Let them praise the Name of the Lord;

3

G

E

Un.

For He spake, and they came to be; He commanded, and they were created.
He established them for ever, yea, for ever and ever; He hath set an ordinance, and it shall not pass away.

Praise the Lord from the earth, ye dragons, and all ye abysses,

Fire, hail, snow, ice, blast of tempest,

which perform His word,

The mountains and all the hills, fruitful trees, and all
Second Mode - Psalms 148 and 149

The beasts and all the cattle, creeping things and winged birds.

Kings of the earth, and all peoples, princes and all judges of the earth,

Young men and virgins, elders with the younger,

let them praise the Name of the Lord, for exalted is the Name of Him alone.
His praise is above the earth and heaven, and
He shall exalt the horn of his people.

This is the hymn for all His saints, for the sons of Israel, and for the people that draw nigh unto Him.

Sing unto the Lord a new song; His praise is in the church of the saints.

Let Israel be glad in Him that made him, let the sons of Sion rejoice in their King.
Let them praise His Name in the dance; with the timbrel and psaltery let them chant unto Him.

For the Lord taketh pleasure in His people, and He shall exalt the meek with salvation.

The saints shall boast in glory, and they shall rejoice upon their beds.

The high praise of God shall be in their throat, and two-edged swords shall be in their hands,
To do vengeance among the heathen, punishments among the peoples,

To bind their kings with fetters, and their nobles with manacles of iron,

To do among them the judgment that is written.

This glory shall be to all His saints.

Praise ye God in His saints, praise Him in the firmament of His power.
Slow Praises

Second Mode

Verse #1

To do among them the judgment that is written. This glory shall be to all His saints.

Praises #1

Every breath and all creation glorifieth Thee, O Lord; for by the Cross didst Thou
abolish death, that Thou mightest show forth un-
to the peoples Thy Resurrection from the dead, since Thou alone art the Friend of man.

Verse #2

Praise ye God in His saints, praise Him in the firmament of His power.
Let the Jews make an answer: How did the soldiers lose the King Whom they were guarding? Why was it that the stone did not retain the Rock of life? Let them either give up Him that was buried, or worship Him that is risen, saying with us: Glory to the multitude of
Thy compassion; O our Saviour, glory be to Thee.

Verse #3

Aineite auton epi tas dynasteias

Praise Him for His mighty acts, praise Him according to the multitude of His greatness.

Text © 1997, Holy Transfiguration Monastery, Brookline, MA. Used with permission.
Rejoice, O ye peoples, and be glad. Angel sat upon the stone of the tomb; he himself proclaimed the glad tidings unto us, saying: Christ is risen from the dead, the Saviour of the world, and He hath filled all things with fragrance. Rejoice, O ye
peoples, and be glad.

Verse #4

Praise Him with the sound of trumpet, praise Him with the psaltery and harp.

Praises #4

Before Thy conception, O Lord, an Angel brought the greeting, Rejoice, to her that is full of
grace; and, at Thy Resurrection, an Angel rolled away the stone of Thy glorious tomb. The one, instead of sorrow, announced the token of gladness. The other instead of death, proclaimed the
life-giving Master unto us. Wherefore, we cry unto Thee: O Benefactor of all,

Lord, glory be to Thee.

Verse #5

Aiveîte aîtôn èn tìmîáno

Praise Him with timbrel and dance, praise Him with strings

and flute.

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Praises #5

The women sprinkled myrrh with tears upon Thy tomb; and their mouth was filled with joy, saying: The Lord is risen.

Verse #6

Praise Him with tuneful cymbals, praise Him with cymbals of jubilation. Let every breath praise the Lord.
Let the nations and peoples praise.

Christ our God, Who willingly endured the Cross for us and

was in Hades for three days. And

let them worship His Resurrection from the dead, whereby all the ends of the world were

enlightened.

www.stanthonysmonastery.org/music/Orthros.htm
Text © 1997, Holy Transfiguration Monastery, Brookline, MA. Used with permission.
**Verse #7**

A-rise, O Lord my God, let Thy hand be lift-ed high; for-get not Thy pau-per-s to the end.

**Praises #7**

Thou wast cru-ci-fied, Thou wast bur-ied, O Christ, as Thou didst will. Thou, as God and Mas-ter, didst de-spoil death, grant-ing un-to the world e-ter-nal
life and great mercy.

Verse #8

I will confess Thee, O Lord, with my whole heart; I will tell of all Thy wonders.

Praises #8

Verily, ye lawless, when ye sealed the stone ye deemed us worthy of a greater miracle. The guards have knowledge of
this, and they said: Today
He came forth from the tomb.
And ye said unto them: Say that while ye were
sleeping, the disciples came and
stole Him. And who would steal a dead man, especially
one naked? He is risen by His own
power as God, and hath abandoned His funeral shrouds in the grave. Come behold, O ye Jews, how He that trampered on death brake not the seals; and He doth grant unto the race of men life unending and great mercy.
**Brief Praises**

Second Mode

**Verse #1**

To do among them the judgment that is written. This glory shall be to all His saints.

**Praises #1**

Every breath and all creation glorifieth Thee, O Lord; for by the Cross didst Thou abolish death,
that Thou might - est show forth un - to the peo - ples Thy

Res - ur - rec - tion from the dead, since Thou a - lone art the

Friend of man.

Verse #2

Aiveîte tôn Theóv

Praise ye God in His saints, praise Him in the firm -
Let the Jews make answer: How did the soldiers lose the King Whom they were guarding? Why was it that the stone did not retain the Rock of Life? Let them either give up Him that was buried, or worship Him that is risen, saying with us: Glory to the multitude of Thy compassions; O our Saviour, glory be to Thee.
Verse #3

Praise Him for His mighty acts, praise Him according to the multitude of His greatness.

Praises #3

Rejoice, O ye peoples, and be glad. An Angel sat upon the stone of the tomb; he himself proclaimed the glad tidings unto us, saying:

Christ is risen from the dead, the Saviour of the world,
and He hath filled all things with fragrance. Rejoice,

O ye peoples, and be glad.

Verse #4

Praise Him with the sound of trumpet, praise Him with the psaltery and harp.

Praises #4

Before Thy conception, O Lord, an Angel brought the greeting, Rejoice, to her that is full of
grace; and, at Thy Resurrection, an Angel rolled away the stone of Thy glorious tomb. The one, instead of sorrow, announced the tokens of gladness. The other, instead of death, proclaimed the living Master unto us. Wherefore, we cry unto Thee: O Benefactor of all, Lord, glory be to Thee.
Verse #5

Praise Him with tim-brel and dance, praise Him with strings and flute.

Praises #5

The wom-en sprinkled myrrh with tears up-on Thy tomb; and their

mouth was filled with joy, saying: The Lord is ris-en.

Verse #6

Praise Him with tune-ful cym-bals, praise Him with cym-bals of ju-bi-

la-tion. Let every breath praise the Lord.
Let the nations and peoples praise Christ our God, Who
willingly endured the Cross for us and was in
Hades for three days. And let them worship His
Resurrection from the dead, whereby all the ends_
of the world were enlightened.
Second Mode - Brief Praises

Verse #7

'Ανάστηθι Κύριε

A-rise, O Lord my God, let Thy hand be lift-ed high; for-get not Thy pau-pers to the end.

Praises #7

'Εσταυρώθης ἐτάφης

Thou wast cru-cified, Thou wast bur-ied, O Christ, as Thou didst will. Thou, as God and Mas-ter, didst de-spoil__

dead, grant -ing un-to the world e-ter-nal life__

and great mer-cy.
Verse #8

I will confess Thee, O Lord, with my whole heart; I will tell of all Thy wonders.

Praises #8

Verily, O ye lawless, when ye sealed the stone ye deemed us worthy of a greater miracle. The guards have knowledge of this, and they said: Today

He came forth from the tomb. And ye said unto
them: Say that while ye were sleeping, the disciples came and stole Him. And who would steal a dead man, especially one naked? He is risen by His own power as God, and hath abandoned His funeral shrouds in the grave. Come behold, O ye Jews, how He that trod on death brake not the seals; and He doth grant unto the race of men life unending and great mercy.
God is the Lord

Third Mode

Intonation: #8

Allegro \( \text{\textbf{\textit{$\frac{3}{4}$}:160}} \)

\[ \text{\textbf{\textit{F C F}}} \]

God is the Lord, and hath appeared unto us; bless -

\[ \text{\textbf{\textit{F}}} \]

ed is He that com - eth in the Name of the Lord.

\[ \text{\textbf{\textit{F}}} \]

(repeated three more times with the verses below)

Verses:

2. O give thanks unto the Lord, and call upon His holy Name.

3. All the nations compassed me round about, and by the Name of the Lord I warded them off.

4. This is the Lord's doing, and it is marvellous in our eyes.
Apolytikion of the Resurrection

Third Mode

Allegro  \( \text{\textcopyright 160} \)
Glory...

Δόξα Πατρί

Glory to the Father, and to the Son, and to the Holy Spirit.

Both now...

Καὶ νῦν

Both now and ever, and unto the ages of ages. Amen.

Resurrectional Theotokion

Σὲ τὴν μεσίτευσαν

We praise thee, the Mediatrix for the salvation
of our race, O Virgin Theotokos; for in the flesh taken from thee, thy Son and our God hath deigned to endure the passion through the Cross, and hath deemed us from corruption, since He is the Friend of man.

Sometimes singing in moderation successfully relieves the temper. But sometimes, if untimely and immoderate, it lends itself to the lure of pleasure. Let us then appoint definite times for this, and so make good use of it.

-St. John of the Ladder
Christ is risen from the dead as the first fruits of them that slept. The first-born of creation, and the Creator of all things that have come into being, hath renewed in Himself the corrupted nature of our race; no longer, O Death,
art thou lord; for the Master of all hath destroyed thy dominion.

Glory to the Father, and to the Son, and to the Holy Spirit.

Third Mode - Kathismata

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www.stanthonyssmonastery.org/music/Orthros.htm
Having tasted of death in the flesh, O Lord, Thou hast
banished the bitterness of death by Thy rising; and
Thou hast strengthened man against it by revoking
the defeat of the ancient curse. O Defender of our life, Lord, glory be to Thee.

Both now and ever, and unto the ages of ages. Amen.
Awed by the beauty of thy virginity and the exceeding radiance of thy purity, Gabriel called out unto thee,

O Theotokos: What worthy hymn of praise can I offer unto thee? And what shall I name thee? I am in doubt and stand in awe. Wherefore, as commanded, I cry to thee: Rejoice, O Full of Grace.
At Thy Divinity's immutability and the dread Passion Thou didst freely will, O Lord, Hades was terror-struck and he bewailed himself: Now I tremble at His body's unrupt substance tainted by no decay; I see Him that none can see waging war on me secretly. And all my captives cry out exulting: O Christ, glory to Thy Resurrection.
Glo - ry to the Fa - ther, and to the Son, and to the Ho - ly
Spir - it.

We praise as works of God the in - ex - press - i -
ble, in - com - pre - hen - si - ble, and in - ex - pli - ca - ble mys - t'ry, O Lord, of Thy_dread Cru - ci -
fix - ion and Res - ur - rec - tion. On this day is
death de - spoiled; stripped is Ha - des of all his
goods; Adam's race hath now put on incorruption as fair array. We faithful therefore cry with thanksgiving: O Christ, glory to Thy Resurrection.

Both now and ever, and unto the ages of ages. Amen.
Incomprehensible, incomprehensible,
Comme voie, one in essence with Father and
Comforter hast thou in mystery held within thy womb,
Forth, we learned to give glory throughout the world to the one and unconfused operation of the Trinity. We therefore cry to thee in thanksgiving: Rejoice O Full of Grace.

Third Mode - Kathismata

F

Incomprehensible, incomprehensible,
Comme voie, one in essence with Father and
Comforter hast thou in mystery held within thy womb,
Forth, we learned to give glory throughout the world to the one and unconfused operation of the Trinity. We therefore cry to thee in thanksgiving: Rejoice O Full of Grace.
Hymns of Ascent

Third Mode

Intonation: #8

Allegro 160

The captivity of Si-on hast Thou brought forth

out of Bab-y-lon. Draw me also from the

pas-sions un-to life, O Word.

In the south, they that sow with god-ly tears shall reap

sheaves of wheat in the joy of life ev-er-

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last ing.

Glo-ry to the Fa-ther, and to the Son, and to the Ho-ly Spir-it.

Both now and ev-er, and un-to the ag - es of ag - es. A-men.

By the Ho-ly Spir-it, there is eve - ry good gift. For

He doth shine forth to-geth-er with the Fa-ther and the

Son; in Him all things live and move.

Ex-cept the Lord build the house of vir - tues, in vain_

do we la - bour; and so long as He pro-tec -
Made by the Spirit to be sons, the reward of the fruit of the womb, the Saints are ever with Thee, O Christ, as with the Father.

Glory to the Father, and to the Son, and to the Holy Spirit.

Both now and ever, and unto the ages of ages. Amen.

In the Holy Spirit, all sanctity and wisdom are discerned; for He giveth being to all...
Fa - - - - tion. Let us wor - ship Him, for He is
God, with the Fa - ther and the Word.

They that fear the Lord are bless - ed; they walk_ in the
paths of the com-mand - ments, and they shall eat_ of eve-ry
life - giv - ing fruit.

Re - joice, O chief shep - herd, as thou be - hold - est round a -
bout thy ta - ble thy chil-dren's chil - dren, bear - ing
branch - es of good works.
Glo-ry to the Fa-ther, and to the Son, and to the Ho-ly Spir-it.

Both now and ev-er, and un-to the ag-es of ag-es. A-men.

In the Ho-ly Spir-it is all the wealth of glo-ry; from Him there is grace and life to all cre-a-tion. For He is praised with the Fa-ther and the Word.

Say a-mong the na-tions that the Lord is King, for He hath es-tab-lished the world which shall not be shak-en.

(twice)
Canonarch:

O sing unto the Lord a new song, sing unto the Lord, all the earth.

Say among the nations that the Lord is King, for He hath established the world which shall not be shaken.

* According to some traditions, the second half of this final verse is completed by the other choir.
More Honourable than the Cherubim

Third Mode

Intonation: #8

Verse #1

My soul doth magnify the Lord, and my spirit hath rejoiced in God my Saviour.

Refrain

More honourable than the Cherubim, and beyond compare more glorious than the Seraphim,
thee who without corruption gavest birth to God the Word, the very Theotokos, thee do we magnify.

Verse #2

For He hath looked upon the lowliness of His handmaid; for behold, from henceforth all generations shall call me blessed.

Repeat refrain on previous page after each verse.
Third Mode - More Honourable

Verse #3

For the Mighty One hath done great things to me, and holy is His Name; and His mercy is on them that fear Him unto generation and generation.

Verse #4

He hath showed strength with His arm, He hath scattered the proud in the imagination of their heart.
Verse #5

He hath put down the mighty from their seat, and exalted them of low degree; He hath filled the hungry with good things, and the rich He hath sent empty away.

Verse #6

He hath holpen His servant Israel in remembrance of His mercy, as He spake to our fathers, to Abraham and his seed for ever.
Let Every Breath

Third Mode

Intonation: #8

Andante ∕ 84

C F D

Let ______ every ______ breath ______ praise ______

C F

the ______ Lord ______ Praise ______ Lord ______

C F

from ______ the Heavens ______ praise ______ Him ______

www.stanthonyssmonastery.org/music/Orthros.htm
Third Mode - Let Every Breath

Praise Him

Aiveîte Aútvôn

www.stanthonyssmonastery.org/music/Orthros.htm
Verses of Psalms
148 and 149

Third Mode

Presto  \( \downarrow \) 180

1

Praise Him, O sun and moon; praise Him, all ye stars and light.

2

Praise Him, ye heavens of heavens, and thou water that art above the heavens. Let them praise the Name of the Lord;

3

For He spake, and they came to be; He commanded, and they were created.

www.stanthony'smonastery.org/music/Orthros.htm
He established them for ever, yea, for ever and ever; He hath set an ordinance, and it shall not pass away.

Praise the Lord from the earth, ye dragons, and all ye abysses,

Fire, hail, snow, ice, blast of tempest, which perform His word,

The mountains and all the hills, fruitful trees, and all
The beasts and all the cattle, creeping things and winged birds.

Kings of the earth, and all peoples, princes and all judges of the earth,

Young men and virgins, elders with the younger; let them praise the Name of the Lord, for exalted is the Name of Him alone.
His praise is above the earth and heaven, and

He shall exalt the horn of his people.

This is the hymn for all His saints, for the sons of Israel, and for the people that draw nigh unto Him.

Sing unto the Lord a new song; His praise is

in the church of the saints.

Let Israel be glad in Him that made him, let the sons of Simon rejoice in their King.
Let them praise His Name in the dance; with the timbral and psaltery let them chant unto Him.

For the Lord taketh pleasure in His people, and He shall exalt the meek with salvation.

The saints shall boast in glory, and they shall rejoice upon their beds.

The high praise of God shall be in their throat, and two-edged swords shall be in their hands,
To do vengeance among the heathen, punishments among the peoples,

To bind their kings with fetters, and their nobles with manacles of iron,

To do among them the judgment that is written. This glory shall be to all His saints.

Praise ye God in His saints, praise Him in the firmament of His power.
**Slow Praises**

**Third Mode**

**Verse #1**

To do among them the judgment that is written. This glory shall be to all His saints.

**Praises #1**

Come, all ye nations, learn the power of this awe.
some__mystery__;__for

Christ our Sav_iour, the Word______Who

was in_the_beginning, was__

crucified____for____us, and____was

buried_of____His_own____will,____

and arose____from_the_dead,____that

He might save____all____things. Let us__

worship__Him.
Praise ye God in His saints, praise Him in the firmament of His power.

Thy guards have proclaimed all Thy wondrous deeds, O Lord, but the council of futility filled their hands with gifts,
Verse #3

Praise Him for His mighty acts, praise Him according to the multitude of His greatness.
All things are filled with gladness,
having received the proof of the Resurrection.

For Mary Magdalene came to the tomb;
she found an Angel

in resplendent appearance

el sitting upon the stone

Praises #3

Third Mode - Slow Praises

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and saying: Why seek ye the living among the dead?

He is not here, but He is risen, even as He said; and He goeth on before you into Galilee.
Verse #4

Praise Him with the sound of trumpet, praise Him with the psaltery and harp.

Praises #4

In Thy light, O Master, shall we see light, O Friend of man: for Thou didst arise from the dead, granting salvation to the

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race of man, that all creation might glorify

Thee, the only sinless One. Have mercy on us.

Praise Him with timbrel and dance, praise Him with strings and flute.

Verse #5

Aiveîte aútôn en tympano
Praises #5  Ὄημον ἑωθνόν

The myrrh-bearing women offered their
tears as a hymn at dawn,

O Lord; for, as they held sweet-
smelling spices, Thy tomb

did they reach, being in haste
to anoint Thine im-

maculate Body. An
An angel sitting up on the

stone proclaimed the good tidings to them: Why seek ye the Living among the dead? For having

trampled on death, He is risen as God, granting unto

to all great mercy.
Verse #6

Praise Him with tune-ful cymbals, praise Him with cymbals of ju-bi-la-
tion. Let ev-e-ry breath praise the Lord.

Praises #6

A re-splo- lent An-gel at Thy life-cre-at-ing tomb said un-
to the myrrh-bear-ers:

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The Redeemer hath emptied the graves; He hath plun-dered Hades, and is risen on the third day, since He alone is God and omnipotent.

Verse #7

Ἀνάστηθι Κύριε

A-rise, O Lord my God, let Thy hand be lift-ed high; for-get not Thy pau-pers to the end.

Text © 2009, Holy Transfiguration Monastery, Brookline, MA. Used with permission.
At the tomb, Mary Magdalene
sought Thee, as she came on the
first day of the week.
Not finding Thee, she wailed with weeping,
crying out: Woe is me, O
my Saviour! How wast Thou
stolen, O King of

---

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all?_ But a pair of life - - - - bear - ing
An - - - - gels cried out from with -
Angels cried out from within the tomb: Why weep -
est thou, O wom - - - - an? I weep, _
said she, for they have taken my Lord from
the grave, and I know not where _
they have laid Him; but as she
turned herself about and saw Thee, she
cried out straight-way; O my Lord and my God, glory_
be to Thee.

Verse #8

I will confess Thee, O Lord, with my whole heart; I will
tell of all Thy wonders.
The Jews enclosed Life within the grave, but with his words the thief opened the Paradise.

disease of delight when he cried out and said: He that was crucified with me and for me hung

Praises #8  Ἐβραῖοι συνέκλεισαν

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to gether with

me up on the Tree, and

He appeared to me seated

up on His throne to gether

with the Father.

For He

is our God,

Who hath great mercy.

Third Mode - Slow Praises

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www.stanthonysonastery.org/music/Orthros.htm
To do among them the judgment that is written. This glory shall be to all His saints.

Come, all ye nations, learn the power of this awe.

Verse #1

Praises #1

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some mystery; for Christ our Saviour, the Word Who was in the beginning, was crucified for us, and was buried of His own will, and arose from the dead, that He might save all things. Let us worship Him.
Verse #2

Praise ye God in His saints, praise Him in the firmament of His power.

Praises #2

Thy guards have proclaimed all Thy wondrous deeds, O Lord,

but the council of futility filled their hands with gifts,
Verse #3

Aiveite avton epistais dynastias

Praise Him for His mighty acts, praise Him according to the multitude of His greatness.

www.stanthonysonastery.org/music/Orthros.htm
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All things are filled with gladness,
having received the proof of the Resurrection.
For Mary Magdalene came unto the tomb; she found an Angel in resplendent appearance.
el sitting upon the stone.

Praises #3

Third Mode - Slow Praises
and say: Why seek ye the Living among the dead?

He is not here, but He is risen, even as He said; and He goeth on before you into Galilee.
Verse #4

Αἰνεῖτε αὐτὸν ἐν ἤχῳ σάλπιγγος

Praise Him with the sound of trumpet, praise Him with the psaltery and harp.

Praises #4

Ἐν τῷ φωτὶ σου

In Thy light, O Master, shall we see light, O Friend of man; for Thou didst arise from the dead, granting salvation to the

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www.stanthonysonastery.org/music/Orthros.htm
race of man, that all creation might glorify.

Thee, the only sinless One. Have mercy on us.

Verse #5

Aiveite auton en tympano

Praise Him with timbrel and dance, praise Him with strings and flute.
The myrrh-bearing women offered their tears as a hymn at dawn,
O Lord; for, as they held sweet-smelling spices, Thy tomb did they reach, being in haste to anoint Thine immaculate Body.

An
Angel sitting upon the

stone proclaimed the good tiding to them: Why seek ye the Living among the dead? For having

trampled on death, He is risen as God, granting unto to all great mercy.
Verse #6

Praise Him with tune-ful cymbals, praise Him with cymbals of jubilation.

Let every breath praise the Lord.

Praises #6

A resplendent Angel at Thy life-creating tomb said unto the myrrh-bearers:

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The Redeemer hath emptied the graves; He hath plundered Hades, and is risen on the third day, since He alone is God and omnipotent.

Verse #7

'Ανάστηθι Κύριε

A-rise, O Lord my God, let Thy hand be lifted high; forget not Thy pau pers to the end.
At the tomb, Mary Magdalene sought Thee, as she came on the first day of the week. Not finding Thee, she wailed with weeping, crying out: Woe is me, O my Saviour! How wast Thou stolen, O King of...
all? But a pair of life-bearing

An- - -gels cried out from with-

in the tomb: Why weep-

est thou, O woman? I weep,

said she, for they have taken my Lord from

the grave, and I know not where

they have laid Him; but as she
turned herself about and saw Thee, she
cried out straight way: O my Lord and my God, glory
be to Thee.

Verse #8

I will confess Thee, O Lord, with my whole heart; I will
tell of all Thy wonders.
The Jews enclosed Life within the grave, but with his words the thief opened the Paradise of delight when he cried out and said: He that was crucified with me and for me hung.
together with

me upon the Tree, and

He appeared to me seated

up on His throne together

with the Father.

For He

is Christ our God, Who hath great mercy.

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Brief Praises

Third Mode

Verse #1

To do among them the judgment that is written. This glory shall be to all His saints.

Praises #1

Come, all ye nations, learn the power of this awesome mystery; for Christ our Saviour, the
Word Who was in the beginning, was crucified for us, and was buried of His own will, and arose from the dead, that He might save all things. Let us worship Him.

Verse #2

Praise ye God in His saints, praise Him in the firmament of His power.
Third Mode - Brief Praises

Praises #2

Διηγήσαντο

Thy guards have proclaimed all Thy wondrous deeds, O Lord, but the council of futility filled their hands with gifts, thinking to hide Thy Resurrection, which the world doth glorify. Have mercy on us.

Verse #3

Αινείτε αὐτὸν ἐπὶ ταῖς δυναστείαις

Praise Him for His mighty acts, praise Him according to the multitude of His greatness.
All things are filled with gladness, having received the proof of the Resurrection. For Mary Magdalene came unto the tomb; she found an Angel in resplendent apparel sitting upon the stone and saying: Why seek ye the Living among the dead? He is not here, but He is risen, even as He said; and He goeth on before you.
in - to Gal - i - lee.

Verse #4

Αἰνεῖτε αὐτὸν ἐν ἡχῳ σάλπιγγος

Praise Him with the sound of trump - pet, praise Him with the psal - ter -

ey and harp.

Praises #4

Ev τῷ φωτί σου

In Thy light, O Mas - ter, shall we see light, O Friend of

man; for Thou didst a - rise_ from the dead, grant -

ing sal - va - tion to the_ race_ of_ man, that all cre -
Fa - tion might glo - ri - fy__ Thee, the on - ly sin - less
One. Have mer - cy on us.

Verse #5

Praise Him with tim - brel and dance, praise__ Him with__ strings__
and__ flute.

Praises #5

The myrrh - bear - ing wom - en of - fered their tears__ as a
hymn at__ dawn,____ O__ Lord; for, as they held sweet-smell - ing
spices, Thy tomb did they reach, being in haste to anoint
Thine immaculate Body. An Angel sitting upon the stone proclaimed the good tidings to them: Why seek ye the Living among the dead? For having trampled on death, He is risen as God, granting unto all great mercy.
Verse #6

Praise Him with tune-ful cymbals, praise Him with cymbals of jubilation. Let every breath praise the Lord.

Praises #6

A resplendent Angel at Thy life-creating tomb said unto the myrrh-bearers: The Redeemer hath emptied the graves; He hath plundered Hades, and is risen on the third day, since He alone is

www.stanthonysmonastery.org/music/Orthros.htm
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Verse #7

A-rise, O Lord my God, let Thy hand be lift-ed high; for-get

not Thy pau-pers to the end.

Praises #7

At the tomb, Mar-y Mag-da-lene sought Thee,

as she came on the first day of the week. Not find-ing

Thee, she wailed with weep-ing, cry-ing out: Woe is
me, O my Saviour! How wast Thou stolen, O King of all? But a pair of life-bearing Angels cried out from within the tomb: Why weepest thou, O woman? I weep, said she, for they have taken my Lord from the grave, and I know not where they have laid Him; but as she turned herself about and saw Thee, she cried out straightway: O my Lord and my God, glory be to Thee.
I will confess Thee, O Lord, with my whole heart; I will tell of all Thy wonders.

The Jews enclosed Life within the grave, but with his words the thief opened the Paradise of delight when he cried out and said: He that was crucified with me and for me hung together with...
me upon the Tree, and He appeared to me seated upon His throne together with the Father. For He is Christ our God, Who hath great mercy.
**God is the Lord**

Intonation: #10

**Fourth Mode**

**Allegro** ♩-160

God is the Lord, and hath appeared unto us; blessed is

He that cometh in the Name of the Lord.

(repeated three more times with the verses below)

**Verses:**

2. O give thanks unto the Lord, and call upon His holy Name.

3. All the nations compassed me round about, and by the Name of the Lord I warded them off.

4. This is the Lord's doing, and it is marvellous in our eyes.
**Apolytikion of the Resurrection**

*Fourth Mode*

**(soft chromatic)**

**Allegro**

Hav- ing learned the joy - ful proc - la - ma - tion of the Resur -

ec - tion from the an - - - gel, and hav - ing cast off

the an - ces - tral con - dem - na - tion, the wom - en dis - ci - ples spake to

the A - pos - tles tri - um - phant - ly: Death is de - spoiled_ and

Christ God is ris - en, grant - ing great mer - cy un - to_ the world.

[Music notation image]
Glory...

Δόξα Πατρί

Glo-ry to the Fa-ther, and to the Son, and to the Ho-ly Spirit.

Both now...

Καὶ νῦν

Both now and ev-er, and un-to the ag-es of ag-es.

A-men.

Resurrectional Theotokion

Τὸ ἀπ’ αἰώνος

The mys-ter-y hid-den from e-ter-ni-ty and un-known.
Let the word of Christ dwell in you richly in all wisdom; teaching and admonishing one another in psalms and hymns and spiritual songs, singing with grace in your hearts to the Lord.

Col. 3:16
Kathismata

Fourth Mode

Allegro  \( \frac{1}{4} \) 60

Soft Chromatic

'Αναβλέψαι τοῦ τάφου

Beholding the entrance to the grave, and unable to bear the flame of the Angel, the myrrh-bearers stood in awe with trembling, and they said: Was He stolen per chance, Who opened Paradise to the thief? Hath He risen per chance, Who even before the Passion proclaimed His A-
ris - ing? Tru - ly Christ_ God_ is ris - en, grant - ing
life and res - ur - rec - tion to those in Ha - des.

Hard Chromatic Fourth Mode

Of Thine own free will,_ O Lord, Thou didst en - dure death
on the Cross and by mor - tal men_ wast laid in
a new sep - ul - chre of stone, Who with a word didst es - tab - lish
the world's foundations. The alien was bound and death was miserably stripped of all his spoils; all those whom Hades held cried out to praise Thy Resurrection, which bringeth life unto all mankind: Christ God is risen, the Life-bestower, Who abideth for ever.
Both now and ever, and unto the ages of ages. Amen.

Joseph was amazed to see that which transcended nature's bounds, for without seed, thou, O Maid, didst both conceive and bear a Child. And he remembered the blossoming rod of Aaron, the dew upon the fleece, and the unburning bush which was not consumed, though it was all
Thus, thy protector and betrothed cried,
as he bare witness before the priests:
Virgin beareth, and after childbirth,
still remaineth a Virgin.
Since Thou art immortal, Thou didst rise from Hades, O Lord;
and with Thee, O Saviour, Thou didst raise Thy world by Thy Resurrection, O Christ our God. Thou in strength didst smite down and destroy death's dominion, showing, O most Merciful, Thy dread Resurrection to all; for which we glorify Thee, O only Friend of man.

'Ἀνέστης ὡς ἀθάνατος
Glo - ry to the Fa - ther, and to the Son, and to the
Ho - ly Spir - it.

The Lord’s An - gel Ga - bri - el de - scend - ed from the
heights a - bove to the tomb hewn out of rock where-
in the Rock of Life was laid; and he, ar - rayed in white, cried to
the weep - ing wom - - - en: no long - er

make_ la - ment; leave off your mourn - ful_ cries,
ye who ever have abundant sympathy. He Whom ye seek with tears and sighings is truly risen; take courage now. Therefore, proclaim ye to the Apostles that the Lord hath arisen.

Both now and ever, and unto the ages of ages. Amen.
He that by command a lone hold eth to get her
all the world as a mortal babe is held, O
pure one, in thy chaste embrace; and He that in His ineffable
good ness feed eth all things endowed with breath is fed with milk from thee;
being ere all time, He yet begin neth now. All the angelic choirs are awe struck
at thy conception’s dread mystery; they
Fourth Mode - Kathismata

Glo - ri - fy thee as God's true Moth - er

and ex - tol thee with prais - es.
Hymns of Ascent

Fourth Mode

Intonation: #9

Allegro \( \text{–}160 \)

"Ek neótpitos mou"

From my youth do many passions war against me; but do

Thou Thyself defend and save me, O my Saviour.

Ye haters of Sion shall be shamed by the

Lord; for, like grass, by the fire shall ye be

withered.
Glo-ry to the Fa-ther, and to the Son, and to the Ho-ly Spir-it.

Both now and ev-er, and un-to the ag-es of ag-es. A-men.

In the Ho-ly Spir-it ev-ery soul is quick-ened

and through cleans-ing is ex-alt-ed and made ra-di-ant

by the Tri-ple U-ni-ty, in a hid-den, sa-cred

man-ner.

Fer-vent-ly have I cried un-to Thee, O Lord,

from the de-pths of my soul. Let Thy di-vine hear-ing
be attentive even unto me.

Whosoever possesseth hope in the Lord is above all things that bring sorrow.

Glory to the Father, and to the Son, and to the Holy Spirit.

Both now and ever, and unto the ages of ages. Amen.

By the Holy Spirit, the streams of grace gush forth, watering all creation unto the begetting of life.

Fourth Mode - Hymns of Ascent

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Let my heart be lifted unto Thee, O Word, and none of the pleasures of the world shall draw me unto the love of base things.

Even as one hath affection for his mother, so also unto the Lord do we owe a more fervent love.

Glory to the Father, and to the Son, and to the Holy Spirit.

Both now and ever, and unto the ages of ages. Amen.
In the Holy Spirit there is a wealth of divine knowledge, divine vision, and wisdom; for in Him the Word revealeth all the doctrines of the Father. "Arise, O Lord, help us, and redeem us for the sake of the glory of Thy Name."

Canonarch:

O God, with our ears we have heard, for our fathers have told us the work which Thou hadst wrought in their days, in the days of old. "Arise, O Lord, help us, and redeem us"
for the sake of the glory of Thy Name.

* According to some traditions, the second half of this final verse is completed by the other choir.
More Honourable than the Cherubim

Fourth Mode

Intonation: #9

Allegro \( \frac{3}{4} 160 \)

Verse #1

My soul doth magnify the Lord, and my spirit hath rejoiced in God my Saviour.

Refrain

More honourable than the Cherubim, and beyond compare more glorious than the Seraphim, thee___

www.stanthonysonastery.org/music/Orthros.htm
who without corruption gavest birth to God the Word, the very Theotokos, thee do we magnify.

Verse #2

For He hath looked upon the lowliness of His handmaid-en; for behold, from hence-forth all generations shall call me blessed. 

Repeat refrain on previous page after each verse.
Verse #3

For the Mighty One hath done great things to me, and holy is His Name; and His mercy is on them that fear Him unto generation and generation.

Verse #4

He hath showed strength with His arm, He hath scattered the proud in the imagination of their heart.
Verse #5

He hath put down the mighty from their seat, and exalted them of low degree; He hath filled the hungry with good things, and the rich He hath sent empty away.

Verse #6

He hath holpen His servant Israel in remembrance of His mercy, as He spake to our fathers, to Abraham and his seed for ever.
Let Every Breath

Fourth Mode

Let every breath praise the

Praise the Lord from the

Heavens, praise Him in

Intonation: #11

Andante \( \downarrow \frac{3}{8} \)

www.stanthonyonymonastery.org/music/Orthros.htm
the highest. To Thee

is due praise, O God.

Praise Him

Aíveíte Αὐτόν

ye His hosts. To Thee is
due praise, O God.
Praise Him, O sun and moon; praise Him, all ye stars and light.

Praise Him, ye heavens of heavens, and thou worshipt that art above the heavens. Let them praise the Name of the Lord;

For He spake, and they came to be; He commanded, and they were created.
He established them for ever, yea, for ever and ever; He hath set an ordinance, and it shall not pass away.

Praise the Lord from the earth, ye dragons, and all ye abysses,

Fire, hail, snow, ice, blast of tempest, which perform His word,

The mountains and all the hills, fruitful trees, and all
ce - dars,

The beasts and all the cat - tle, creep - ing things and winged - birds.

Kings of the earth, and_ all peo - ples, prin - ces and all

judg - es of the earth,

Young men and vir - gins, eld - ers with the young - er;

let them praise the Name_ of the Lord, for ex - alt - ed

is the Name of Him a - lone.

His praise_ is a - bove the earth_ and heav - en, and He
shall exalt the horn of his people.

This is the hymn for all His saints, for the sons of Israel, and for the people that draw nigh unto Him.

Sing unto the Lord a new song; His praise is in the church of the saints.

Let Israel be glad in Him that made him, let the sons of Zion rejoice in their King.
Let them praise His Name in the dance; with the timbrel and psalter-y let them chant unto Him.

For the Lord taketh pleasure in His people, and He shall exalt the meek with salvation.

The saints shall boast in glory, and they shall rejoice upon their beds.

The high praise of God shall be in their throat, and two-edged swords shall be in their hands,

www.stanthonyssmonastery.org/music/Orthros.htm
To do vengeance among the heathen, punishments among the peoples,

To bind their kings with fetters, and their nobles with manacles of iron,

To do among them the judgment that is written.

This glory shall be to all His saints.

Praise ye God in His saints, praise Him in the firmament of His power.
Slow Praises

Fourth Mode

Verse #1

To do among them the judgment that is written. This glory shall be to all His saints.

O Thou Who didst endure the Cross and death,

and didst arise from

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the dead, O Almighty Lord, we

glorify Thy Resurrection.

Verse #2

Aieve te ton Theon

Praise ye God in His saints, praise Him in the firmament of His power.

Praises #2

Ev to staurw sou

By Thy Cross, O Christ, Thou hast freed us
from the ancient curse; and by Thy death, Thou hast destroyed the devil, who tyrannized our nature; and by Thine Arising, Thou hast filled all things with joy. Wherefore, we cry to Thee: Thou Who didst arise from the dead, Lord, glory be to Thee.
Verse #3

Praise Him for His might-y acts, praise Him ac-cord-ing to the mul-ti-tude

of His great-ness.

Praises #3

By Thy Cross, O Christ Sav - iour, guide - us un - to Thy truth, and de - liv - er us from the snares of the en - e - my. Thou Who didst a -
Verses 1-4: "rise from the dead, raise us up who have fallen..."

Verse #4: "Praise Him with the sound of trumpet, praise Him with the psaltery and harp."
Fourth Mode - Slow Praises

Praises #4

Τὸν πατρικὸν σου

Without part-ing from the bos-om of

Thy Fa-ther, O on-ly be-got-

ten Word of God, Thou cam-
est up-on the earth, change-

ly be-com-ing man, out of

love for man. And Thou didst en-dure

Cross and death in the flesh, Thou Who
art im-pas-si-bly in Thy

God-head. And having ris-en from

the dead, Thou didst grant immor-tal-

ity unto the race

of man, since Thou a-lone art

omnipotent.
Verse #5

Praise Him with timbrel and dance, praise Him with strings and flute.

Praises #5

Thou didst accept death in the flesh, therefore by obtaining immortality for us, O Saviour. And

Thou didst dwell in the grave,
that Thou mightest free us from Hades and
raise us up together with Thyself, for Thou didst suffer as man, but didst arise as God. For this cause do we cry: Glory
be to Thee, life giving Lord and only Friend of man.
Verse #6

Praise Him with tune-ful cymbals, praise Him with cymbals of jubilation. Let every breath praise the Lord.

Praises #6

Rocks were rent asunder, O Saviour, when Thy Cross was fixed in Calvary. The gate-keepers of Hades were terrified when, as a mortal, Thou wast laid
in the tomb; for, having destroyed the might of death, by Thy Resurrection Thou didst grant incorporation resurrection unto all who had died, O Saviour. O life-giving Lord, glory be to Thee.
Verse #7

'Ανάστηθι Κύριε

D

A-rise, O Lord my God, let Thy hand be lift-ed high; for-get not Thy pau - pers to the end.

C, D

Praises #7

'Επεθύμησαν γυναῖκες

D, E

The wom-en yearned to see Thy res - ur - rec - tion, O Christ God. Mar - y Mag -

dalene, com-ing be - fore the oth - ers,

found the stone rolled a - way from the tomb,
and the Angel sitting there and

say: Why seek ye the Living among the dead?

He is risen as God, that He might save all things.

I will confess Thee, O Lord, with my whole heart; I will tell of all Thy wonders.
Where is Jesus, Whom ye had thought to guard?

Speak, O ye Jews. Where is He, Whom ye laid in the tomb while sealing the stone? Give up the dead man, ye deniesers of life; give up Him Who was buried, or believe in Him Who is risen.
Though ye seek to silence the rising

of

the Lord, the stones shall cry out, especially the one that was rolled away from the tomb. Great is Thy mercy! Great is the mystery of Thy dispensation! O our Saviour, glory be to Thee.
Brief Praises

Fourth Mode

Allegro \(\text{\textcopyright} \frac{\text{160}}{\text{180}}\)

Verse #1

To do among them the judgment that is written. This glory shall be to all His saints.

Praises #1

O Thou Who didst endure the Cross and death, and didst arise from the dead, O Almighty Lord, we glorify.

Verse #2
Aiveite ton Theon

Praise ye God in His saints, praise Him in the firm - a - ment of His pow - er.

Praises #2
Ev to staurw sou

By Thy Cross, O Christ, Thou hast freed us from the an - cient curse; and by Thy death, Thou hast de - stroyed the dev - il, who tyr - an - nized our na - ture; and by Thine A - ris -
Fourth Mode - Brief Praises

Verse #3

Aiveîte αὐτὸν ἐπὶ ταῖς δυναστείαις

Praise Him for His mighty acts, praise Him according to the multitude of His greatness.
By Thy Cross, O Christ Saviour, guide us unto Thy truth, and deliver us from the snares of the enemy. Thou Who didst arise from the dead, raise us up who have fallen in sin, stretching out Thy hand to us, O man-befriending Lord, through the intercession of Thy Saints.

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Fourth Mode - Brief Praises

Verse #4

Praise Him with the sound of trumpet, praise Him with the psalter-
y and harp.

Praises #4

Without parting from the bosom of Thy Father, O

on - ly - be - got - ten Word of God, Thou cam - est up -
on the earth, change-less-ly be - com - ing man, out of

love for man. And Thou didst en - dure the Cross and death_
in the flesh, Thou Who art im - pas - si - ble in Thy
God - head. And hav - ing ris - en from the dead, Thou didst
grant immor - tal - i - ty un - to the race of man, since
Thou a - lone art om - nip - o - tent.

Verse #5
Πρασί - η τιμ - βρέλ και χορεύ, πρασί - η τιμ - βρέλ και χορεύ.

Praise Him with tim-brel and dance, praise Him with strings and flute.
Praises #5

Θάνατον κατεδέξω

Thou didst accept death in the flesh, thereby obtaining immortality for us, O Saviour. And

Thou didst dwell in the grave, that Thou mightest free us from Hades and raise us together with Thyself, for Thou didst suffer as man, but didst arise as God. For this cause do we cry: Glory be to Thee, life-giving Lord and only Friend of man.
Verse #6

Айнеіте αὐτὸν ἐν κυμβάλοις

Praise Him with tune-ful cymbals, praise Him with cymbals of jubi-lation. Let every breath praise the Lord.

Praises #6

Πέτραι ἐσχίσθησαν

Rocks were rent a-sun-der, O Sav-iour, when Thy Cross was fixed in Cal-va-ry. The gate-keep-ers of Ha-des were ter-ri-fied when, as a mor-tal, Thou wast laid in the tomb; for, hav-ing de-stroyed the might of death,
by Thy Resurrection Thou didst grant incorruption unto all who had died, O Saviour. O life-giving Lord, glory be to Thee.

Verse #7

Ἀνάστηθι Κύριε

Arise, O Lord my God, let Thy hand be lifted high; forget not Thy paupers to the end.
The wom-en yearned to see Thy res-ur-rec-tion, O Christ-

God. Mar-y Mag-da-lene, com-ing be-fore the oth-

ers, found the stone rolled a-way from the tomb,

and the An-gel sit-ting there and say-ing: Why seek ye the

Liv-ing a-mong the dead? He is ris-en as

God, that He might save all things.
I will confess Thee, O Lord, with my whole heart; I will tell of all Thy wonders.

Where is Jesus, Whom ye had thought to guard? Speak, O ye Jews. Where is He, Whom ye laid in the tomb while sealing the stone? Give up the dead man, ye destroyers of life; give up Him Who was buried,
or believe in Him Who is risen. Though ye seek to silence the rising of the Lord, the stones shall cry especially the one that was rolled away from the tomb. Great is Thy mercy! Great is the mystery of Thy dispensation! O our Saviour, glory be to Thee.
God is the Lord

Plagal First Mode

Intonation: #13

Allegro ½ 160

God is the Lord, and hath appeared unto us; blessed is He that cometh in the Name of the Lord.

Verses:

2. O give thanks unto the Lord, and call upon His holy Name.
3. All the nations compassed me round about, and by the Name of the Lord I warded them off.
4. This is the Lord's doing, and it is marvellous in our eyes.

(repeated three more times with the verses below)
Let us worship the Word, Who is unoriginate
with the Father and the Spirit, and from a virgin was
born for our salvation, O believers, and let us
sing His praise. For in His goodness He was pleased to ascend the Cross in the flesh, and to undergo death,
and to raise up those who had died, by His glorious Resurrection.

Glory...

Δόξα Πατρί

Glo - ry to the Fa - ther, and to the Son, and to the Ho - ly Spir - it.

Both now...

Καὶ νῦν

Both now and ev - er, and un - to the ag - es of ag - es. A - men.
O impassable gate of the Lord, do thou rejoice. Rejoice, O rampart and shelter for them that hasten to thee. Tranquil haven and pure Maiden who didst not know man and who barest in the flesh thy Creator and thy God, rejoice; and cease not to pray Him, making entreaty for them that worship and praise Him that was born of thee.

www.stanthonyssmonastery.org/music/Vespers.htm
Let us honour the Cross of the Lord with songs of praise; let us reverence with divine hymns His holy burial; His exalted Resurrection let us glorify; for from their graves He raised the dead, since He verily is God, and He plundered death's dominion.
A

ion, and brake the might of the dev - il, and shined great

A

light on those in Ha - des’ gloom.

A

Glo - ry to the Fa - ther, and to the Son, and to the Ho - ly

A

Spir - it.
O Lord, Thou wast called a dead man, Thou that slewest death;
in a tomb wast Thou laid, Who hast emptied the tombs. Above, soldiers guarded the grave; below, Thou didst raise up them that were dead from ages past. O Almighty and incomprehensible, Lord, glory be to Thee.

Both now and ever, and unto the ages of ages. Amen.

Plagal First Mode - Kathismata

Кύριε νεκρός

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Re-joice, O God-trod-den moun-tain di- vine-ly sanc-ti-fied. Re-joice, O soul-en-dowed bush that was un-con-
sumed though a-flame. O thou on-ly bridge that lead-eth
from this world to God, con-vey-ing mor-tals to the
heights, un-to ev-er-last-ing life: Re-joice, pure and
spot-less Maid-en, who nev-er know-ing a man,
yet didst bring forth Him Who doth re-deem our souls.
O Lord, after Thy Resurrection on the third day, when the Apostles had worshipped Thee, Peter cried out to Thee: Women were daring and I was afraid; a thief confessed Thy divinity, and I denied Thee; wilt Thou perchance call me a disciple henceforth? Or wilt Thou once again show me forth as a fisher of the deep? But accept me in repentance, O God, and save me.
Glo-ry to the Fa-ther, and to the Son, and to the Ho-ly

O mer-ci-ful Lord, the law-less nailed Thee be-tween the con-
demned, and they pierced Thy side with a spear. Bur-
al didst Thou ac-cept, Who didst de-stroy the gates of Ha-
des, and Thou didst a-rise on the third day. The

wom-en ran to see Thee, and they an-nounced Thine a-
ris-ing un-to the A-pos-tles. O most ex-alt-ed
Saviour, Whom the Angels praise, O blessed Lord, glory to Thee.

Both now and ever, and unto the ages of ages. Amen.
A Bride un-wed-ded and vir-gin, who gav-est birth to God, thou
who didst turn all the sor-row of Eve to glad-ness and
joy, we the faith-ful of-fer praise and wor-ship un-to
thee, for thou hast led us up a-gain from the
an-ci-ent curse; and now, O all-laud-ed and all-ho-
ly, do thou make cease-less en-treat-y and ev-er
in-ter-cede that we be saved.
Hymns of Ascent

Plagal First Mode

Intonation: #13

Allegro \( \frac{3}{4} \)

\[\text{In mine affliction, like David I sing unto Thee,} \]

\[\text{O my Saviour; deliver my soul from a} \]

\[\text{crafty tongue.} \]

\[\text{For those in the desert, life is blessed, in that they} \]

\[\text{soar with divine love.} \]

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Glo-ry to the Fa-ther, and to the Son, and to the Ho-ly Spir-it.

Both now and ev-er, and un-to the ag- es of ag-es. A-men.

By the Ho-ly Spir-it all things, both vis-i-ble_ and in-

vis-i-ble, are gov-erned, for He doth rule by His own

pow-er, since He is tru-ly One_ of the Trin-

i-ty.

To the moun-tains, O my soul, let us as-cend. Let us go

thith-er, from whence help_ com-eth.
Let Thine uplifted right hand preserve even me from all manner of treachery, O Christ.

Glory to the Father, and to the Son, and to the Holy Spirit.

Both now and ever, and unto the ages of ages. Amen.

To the Holy Spirit let us say, speaking of things divine: Thou art God, Life, Love, Light, Mind;

Thou art Goodness; Thou reignest unto the ages.
Because of them that said unto me: Let us go up to the courts of the Lord, I send up supplication, being filled with great joy.

In the house of David, fearful things are accomplished; for there is Fire there, burning every shameful mind.

Glory to the Father, and to the Son, and to the Holy Spirit.

Both now and ever, and unto the ages of ages. Amen.
In the Holy Spirit is the principle of life, whence every living thing is given life, even as it is in the Father and the Word.

A - rise, O Lord my God, for Thou shalt be king un - to the ages. (twice)

I will con - fess Thee, O Lord, with my whole heart, I will tell of all Thy won - ders.
Un. A

A - rise, O Lord my God, for Thou shalt be king unto the ages.

* According to some traditions, the second half of this final verse is completed by the other choir.
More Honourable than the Cherubim

Plagal First Mode

Intonation: #13

Allegro \( \frac{4}{4} \)

Verse #1

My soul doth magnify the Lord, and my spirit hath rejoiced in God my Saviour.

Refrain

More honourable than the Cherubim, and beyond compare more glorious than the Seraphim, thee—
who without corruption gavest birth to God the Word, the very Theotokos, thee do we magnify.

Verse #2

For He hath looked upon the lowliness of His handmaid-en;

for behold, from henceforth all generations shall call me blessed.

Repeat refrain on previous page after each verse.
Verse #3

For the Mighty One hath done great things to me, and holy is His Name; and His mercy is on them that fear Him unto generation and generation.

Verse #4

He hath showed strength with His arm, He hath scat-tered the proud in the imagination of their heart.
He hath put down the mighty from their seat, and exalted them of low degree; He hath filled the hungry with good things, and the rich He hath sent empty away.

He hath holpen His servant Israel in remembrance of His mercy, as He spake to our fathers, to Abraham and his seed for ever.
Let Every Breath

Plagal First Mode

Intonation: #14

Andante \( \frac{1}{4} \) 84

Πάσα πνοή

Let every breath praise the Lord.

Praise the Lord from the Heavens, praise Him in
The highest. To Thee is
due praise, O God.

Praise Him

Praise Him, all ye His angels; praise Him, all ye His hosts. To
Thee is due praise, O God.
Verses of Psalms
148 and 149

Presto 140

A

Praise Him, O sun and moon; praise Him, all ye stars and light.

2

A

Praise Him, ye heavens of heavens, and thou waster that art above the heavens. Let them praise the

Name of the Lord;

3

A for He spake, and they came to be; He command ed, and they were created.
He established them for ever, yea, for ever and ever; He hath set an ordinance, and it shall not pass away.

Praise the Lord from the earth, ye dragons, and all ye abyses,

Fire, hail, snow, ice, blast of tempest, which perform His word,

The mountains and all the hills, fruitful trees, and all
The beasts and all the cattle, creeping things and winged birds.

Kings of the earth, and all peoples, princes and all judges of the earth,

Young men and virgins, elders with the younger;

let them praise the Name of the Lord, for exalted is the Name of Him alone.
His praise is above the earth and heaven, and

He shall exalt the horn of his people.

This is the hymn for all His saints, for the sons of Israel, and for the people that draw nigh unto Him.

Sing unto the Lord a new song; His praise is in the church of the saints.

Let Israel be glad in Him that made him, let the sons of Zion rejoice in their King.
Let them praise His Name in the dance; with the timbrel and psaltery let them chant unto Him.

For the Lord taketh pleasure in His people, and He shall exalt the meek with salvation.

The saints shall boast in glory, and they shall rejoice upon their beds.

The high praise of God shall be in their throat, and two-edged swords shall be in their hands,
To do vengeance among the heathen, punishment among the peoples,

To bind their kings with fetters, and their nobles with manacles of iron,

To do among them the judgment that is written. This glory shall be to all His saints.

Praise ye God in His saints, praise Him in the firmament of His power.
Andante

Verse #1

To do among them the judgment that is written. This glory shall be to all His saints.

Praises #1

O Lord, when the grave had been sealed by the lawless, Thou camest forth_________
from the tomb even as Thou wast born of the

The - o - to - kos. Thine in - cor - po - re -
al Angels knew not how Thou

wast incarnate; the soldiers who

guarded Thee did not perceive when Thou

didst arise: for both these things are sealed fast against the inquis - - - - -
tive, but the wonders are made manifest unto those who worship the mystery with faith.

Do Thou grant unto us who praise it exceeding joy and great mercy.

Verse #2

Aiveîte tôn Theón

Praise ye God in His saints, praise Him in the firmament of

His power.
O Lord, having destroyed the everlasting bars and burst the bonds a-sunless

der, Thou didst arise from the tomb, leaving behind Thy funeral shrouds

as a witness to the truth of Thy three-day burial.

And Thou wentest on before into Gal-
Verse #3

Praise Him for His mighty acts, praise Him according to the multitude of His greatness.

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Lord, the women ran unto the sepulchre to see Thee, the Christ, Who hadst suffered for us. And on drawing nigh, they found an Angel sitting upon the stone, which had rolled away in fear; and he cried to them and said: The Lord
is risen! Say to the disciples:
Risen from the dead is He that saves our souls.

Verse #4
Αἰνεῖτε αὐτὸν ἐν ἡχῳ σάλπιγγος
Praise Him with the sound of trumpet, praise Him with the psaltery and harp.
O Lord, even as Thou cam-est forth while the tomb was sealed, so also didst Thou enter unto Thy disci-ples while the doors were shut, showing unto them the suf-fer-ings of Thy bod- y, which Thou didst ac-cept, O Sav-iour, since Thou art long suf-fer-ing. As one of the seed of Da-
Aijnei'te aujto;n ejn tumpavnw/

Praise Him with tim-brel and dance, praise Him with strings and flute.
O Lord, King of the ages and Creator of all, Who didst accept crucifixion and burial in the flesh.

for us, that Thou mightest free us all from Hades: Thou art our God; beside Thee we know none other.
Verse #6

Praise Him with tune-ful cymbals, praise Him with cymbals of jubilation. Let every breath praise the Lord.

Praises #6

O Lord, who can tell of Thy most resplendent wonders, or who can proclaim Thine awe-some mysteries? For Thou be-
cam - est__ man__ for__ us__, as Thou__

Thy - self__ didst__ will. Thou didst re - veal the sov - 'reign -

thy pow - - er, for by Thy Cross Thou didst

o - pen__ Par - a - dis e un - - -

to__ the__ thief, and by Thy bur - i - al Thou

didst__ de - stroy__ the__ bars__ of__ Ha -

des, and by Thy Res - ur - rec - tion__ Thou__ hast__

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enriched all things. O Com-

passionate One, glory be
to Thee.

Verse #7

A-rise, O Lord my God, let Thy hand be lift-ed high; for-get not

Thy pau-
pers to the end.
Coming to Thy tomb very early in the morning, the myrrh-bearing women sought to announce Thee, the Immortal Word and God; and being instructed by the words of the Angel, they returned in joy, to announce openly to the Apostles.
I will confess Thee, O Lord, with my whole heart; I will tell of all Thy wonders.

Verse #8
The guardians of the God-containing grave said unto the Jews: O the futility of your counsel! Attempting to guard the Uncircumscriptable One, ye have laboured in vain. Desiring to conceal the resurrection of the Crucified, ye have made it clearly manifest.
fest. O the futility of

your counsel! Why do ye take counsel again to conceal what cannot be concealed?

But rather hearken unto us and be willing to believe the truth of what hath come to pass. A radiant angel descended from Heaven and rolled away...
way, the stone. Out of fear
of him, we were distressed even unto death. And crying out to the stout-hearted myrrh-bearing women, he said: Do ye not see the lifelessness of the guards, the looseing of the seals, and the emptying
of Hades? Why do ye seek as a mortal, Him Who hath abolished the victory of Hades and destroyed the sting of death? But go quickly and proclaim the good tidings of the Resurrection unto the Apostles, and cry out fearlessly: Verily ris
The Lord, Who hath great mercy.
**Brief Praises**

Plagal First Mode

**Verse #1**

To do among them the judgment that is written. This glory shall be to all His saints.

**Praises #1**

O Lord, when the grave had been sealed by the lawless, Thou camest forth from the tomb even as
Thou wast born of the Theotokos. Thine incorporeal Angels knew not how Thou wast incarnate; the soldiers who guarded Thee did not perceive when Thou didst arise: for both these things are sealed fast against the inquisitive, but the wonders are made manifest unto those who worship the mystery with faith. Do Thou grant unto us who

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Praise exceeding joy and great mercy.

Verse #2

Aυνείτε τόν Θεόν

Praise ye God in His saints, praise Him in the firmament of His power.

Praises #2

Κύριε τούς μοχλούς

O Lord, having destroyed the everlasting bars and burst the bonds asunder, Thou didst arise from the

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tomb, leaving behind Thy funeral shrouds as a witness to the truth of Thy three-day burial.

And Thou wentest on before into Galilee, O Thou Who wast guarded in the cave. Great is Thy mercy, O incomprehensible Saviour.

Have mercy on us.
Verse #3

Praise Him for His might-y acts, praise Him ac-cord-ing to the mul-
ti-tude of His great-ness.

Praises #3

O Lord, the wom-en ran un-to the sep-ul-chre to see Thee, the Christ, Who hadst suf-
fered for us. And on draw-ing nigh, they found an An-gel sit-
ting up-on the stone, which had rolled a-way in fear; and he cried to
them and said: The Lord is risen! Say to the disciples: Risen from the dead is He that saveth our souls

Verse #4

Aíneíte aujto;n ejn ëxw σάλπιγγος

Praise Him with the sound of trumpet, praise Him with the psaltery and harp.
O Lord, even as Thou cam'est forth while the tomb was sealed, so also didst Thou enter unto Thy disciples while the doors were shut, showing unto them the sufferings of Thy body, which Thou didst accept, O Saviour, since Thou art long-suffering. As one of the seed of David, Thou didst endure wounds; but as the Son of God, Thou didst free the world. Great is Thy
mer-cy, O in-com-pre-hen-si-ble Sav-iour. Have mer-cy on us.

Verse #5

Praise Him with tim-brel and dance, praise Him with strings and flute.
O Lord, King of the ages and Creator of all, Who didst accept crucifixion and burial in the flesh for us, that Thou mightest free us all from Hades: Thou art our God; besides Thee we know none other.
Verse #6

Praise Him with tune-ful cymbals, praise Him with cymbals of jubilation. Let every breath praise the Lord.

Praises #6

O Lord, who can tell of Thy most resplendent wonders, or who can proclaim Thine awesome mysteries? For Thou becamest man for us, as Thou Thyself didst will.

Thou didst reveal the sovereignty of Thy power, for
by Thy Cross Thou didst open Paradise unto the thief, and
by Thy burial Thou didst destroy the bars of Hades, and by Thy Resurrection Thou hast enriched all things. O Compassionate One, glory be to Thee.

Verse #7

A-rise, O Lord my God, let Thy hand be lifted high; for -

get not Thy pau-pers to the end.
GA Com - ing to Thy tomb ver - y ear - ly in the morn -

ing, the myrrh-bear - ing wom - en sought to a - noint Thee, the Im -
mor - tal Word and God; and be - ing in - struc - ted by the

words of the An - gel, they re - turned in joy, to an -
nounce o - pen - ly to the A - pos - tles that Thou, the

Life of all, art ris - en, and hast grant - ed un -
to the world for - give - ness and great mer - - - - cy.

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Verse #8

I will confess Thee, O Lord, with my whole heart; I will tell of all Thy wonders.

Praises #8

The guardians of the God-containing grave said unto the Jews: O the futility of your counsel! Attempting to guard the Un-credible One, ye have laboured in vain. De-
siring to conceal the resurrection of the Crucified, ye have made it clearly manifest. O the ful-
tility of your council! Why do ye take counsel again to conceal what cannot be concealed? But rather hearken unto us and be willing to believe the truth of what hath come to pass. A ra-
diant angel descended from Heaven and rolled a-
way the stone. Out of fear of him, we were distressed even unto death. And crying out to the stout-hearted myrrh-bearing women, he said: Do ye not see the lifelessness of the guards, the loosening of the seals, and the emptying of Hades? Why do ye seek as a mortal, Him Who hath abolished the victory of Hades and destroyed the sting of death?
But go quickly and proclaim the good tidings of the Resurrection unto the Apostles, and cry out fearlessly: Verily risen is the Lord, Who hath great mercy.
God is the Lord

Plagal Second Mode

Intonation: #17

Allegro  \( \frac{4}{4} \)

God is the Lord, and hath appeared unto us;

blessed is He that cometh in the Name of the Lord.

(Repeated three more times with the verses below)

Verses:

2. O give thanks unto the Lord, and call upon His holy Name.

3. All the nations compassed me round about, and by the Name of the Lord I warded them off.

4. This is the Lord's doing, and it is marvellous in our eyes.
When the angelic powers were at Thy tomb, then they that guarded Thee became as dead. And Mary stood beside the grave seeking Thine immaculate body. Thou hast despoiled Hades and wast not tried thereby. Thou didst meet the Virgin and didst grant life to us.
Un. G

O Thou Who art risen from the dead, Lord, glory be to Thee.

G

Glory to the Father, and to the Son, and to the Holy Spirit.

Un. G

Both now and ever, and unto the ages of ages.

Both now...

Kai vûn

Amen.
Thou, Who didst call Thy Mother blessed, camest of Thine own free will unto the passion, shining forth upon the Cross, wishing to seek out Adam, and saying unto the angels: Rejoice with Me, for the drachma that was lost is found. Thou Who hast wisely ordered all things, glory be to Thee.
When the grave had been opened, and Hades was lamenting,

Mary cried unto the hidden Apostles: Come forth, ye labourers of the vineyard; preach the word of the Resurrection. The Lord is risen, granting great mercy unto the world.
Gōd: Glory to the Fa - ther, and to the Son, and to the Ho - ly Spir - it.

Gōd: O Lord, Mar - y Mag - da - lene was pre - sent at Thy tomb, and think-ing Thee to be a gar - den - er, she wept, cry - ing a - loud_ and say - ing: Where hast thou con - cealed_ Him that is E - ter - nal Life? Where hast thou laid Him that sit - teth on_ a che - ru - bic throne? For they that guard - ed Him be - came_ as dead for fear. Ei - ther give me back my Lord, or

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cry out with me: O Thou that wast among the dead and hast raised up the dead, glory be to Thee.

Both now and ever, and unto the ages of ages. Amen.
Ge - di - on pre - fig - ur - eth thy con - cep - tion and

david ex - pound-eth thy giv - ing of birth, O The - o -
to - kos. For the Word came down in - to thy womb as
dew up - on the fleece, and thou, O ho - ly earth, didst with -
out seed blos - som forth the Sal - va - tion of the
world, e - ven Christ our God, O thou who art full
of grace.
Life lay in the grave, and a seal was set up on the stone. The soldiers guarded Christ as a sleeping King; but having smitten His enemies with blindness, the Lord is risen.

Glo - ry to the Fa - ther, and to the Son, and to the Ho - ly Spir - it.
Jo - nas pre - fig - ur - eth Thy sep - ul - chre, and Sym - e -
on ex - pound - eth Thy di - vine A - ris - ing, O _ Im - mor - tal
Lord; for Thou didst de - scend as a dead - man in - to the
tomb, Thou Who didst break the gates _ of Ha - des. As
Mas - ter Thou didst a - rise with - out cor - ru - p - tion, for
the sal - va - tion of the world, O Christ our God, en - light - en - ing
those _ in dark - ness.
Both now and ever, and unto the ages of ages. Amen.

O Virgin Theotokos, beseech thy Son, Christ our God,

Who was willingly nailed to the Cross and arose

from the dead, that He save our souls.

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Unto Heaven do I lift up mine eyes, unto Thee, O Word; have pity on me, that I may live for Thee.

Have mercy on us who are utterly abased, and make us useful vessels of Thee, O Word.
Glo - ry to the Fa - ther, and to the Son, and to the Ho - ly Spir - it.

Both now and ev - er, and un - to the ag - es of ag - es. A - men.

In the Ho - ly Spir - it is there the cause of sal - va - tion for all. For up - on___ whom-so-ev - er He doth breathe ac - cord - ing to his worth, He doth swift - ly raise___

him up a - bove the things_ of_ the earth. He giv - eth him wings, He giv - eth him in - crease, He doth rank him on high.
Had it not been that the Lord was with us, no one of us could have withstood the enemy's war-fare; for thereby are the victorious exalted.

Let not my soul be caught as a sparrow in their teeth, O Word. Woe is me, how shall I be rescued from mine enemies, being a lover of sin?

Glo-ry to the Fa-ther, and to the Son, and to the Ho-ly Spir-it.

Both now and ev-er, and un-to the ag-es of
ages. Amen.

In the Holy Spirit, divine inspiration,
goodwill, understanding, peace, and blessing are imparted to all; for He is equal in works to the Father and the Word.

They that trust in the Lord are feared by their enemies, and wondrous to all; for they look on high.

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Having Thee as a help-er, O Sav-iour, the lot of the right-eous doth not stretch-forth its hand un-to in-iq-
i-ties.

Glo-ry to the Fa-ther, and to the Son, and to the Ho-ly Spir-it.

Both now and ev-er, and un-to the ag-es of ag-es. A-men.

In the Ho-ly Spir-it is there do-min-ion o-ver all; Him do the hosts on high wor-ship, with all things be-
low that have breath.

O Lord, stir up Thy might and come to save us. (twice)

O Shep-herd of Is-ra-el, at-tend, Thou that lead-est Jo-seph like a sheep.

O Lord, stir up Thy might and come to save us.

* According to some traditions, the second half of this final verse is completed by the other choir.
More Honourable than the Cherubim

Plagal Second Mode

Intonation: #17

Allegro \( \frac{\text{b}}{160} \)

Verse #1

My soul doth magnify the Lord, and my spirit hath rejoiced in God my Saviour.

Refrain

More honourable than the Cherubim, and beyond compare more glorious than the Seraphim, thee...
who without corruption gavest birth to God the Word, the very Theotokos, thee do we magnify.

Verse #2

For He hath looked upon the lowliness of His handmaiden; for behold, from henceforth all generations shall call me blessed.

Repeat refrain on previous page after each verse.
Verse #3

For the Mighty One hath done great things to me, and holy is His Name; and His mercy is on them that fear Him unto generation and generation.

Verse #4

He hath showed strength with His arm, He hath scat-tered the proud in the imagination of their heart.
Verse #5

He hath put down the might-y from their seat, and ex-alt-ed them of low de-gree; He hath filled the hun-gry with good things, and the rich He hath sent emp-ty a-way.

Verse #6

He hath hol-pen His ser-vant Is-ra-el in re-mem-brance of His mer-
cy, as He spake to our fa-thers, to A-bra-ham and his seed for ev-er.
Let Every Breath

Plagal Second Mode

Intonation: #20

Andante \( \frac{3}{8} \)

Let every breath praise the Lord. Praise the Lord from the Heav - - - ens, praise Him.

www.stanthonymonastery.org/music/Orthros.htm
Praise Him

Aiveîte Aútón

Praise Him, all ye His angels; praise Him, all ye His hosts. To Thee is due praise, O God.
Verses of Psalms
148 and 149

Presto \( \frac{1}{180} \)

1

\[
\begin{array}{c}
\text{D}
\end{array}
\]

Praise Him, O sun and moon; praise Him, all ye stars and light.

2

\[
\begin{array}{c}
\text{D}
\end{array}
\]

Praise Him, ye heavens of heavens, and thou waster that art above the heavens. Let them praise the

3

\[
\begin{array}{c}
\text{D}
\end{array}
\]

For He spake, and they came to be; He commanded, and they were created.

www.stanthonyssmonastery.org/music/Orthros.htm
He established them for ever, yea, for ever and ever; He hath set an ordinance, and it shall not pass away.

Praise the Lord from the earth, ye dragons, and all ye abysses,

Fire, hail, snow, ice, blast of tempest, which perform His word,

The mountains and all the hills, fruitful trees, and all cedars,
The beasts and all the cattle, creeping things and winged birds.

Kings of the earth, and all peoples, princes and all judges of the earth,

Young men and virgins, elders with the younger; let them praise the Name of the Lord, for exalted is the Name of Him alone.

His praise is above the earth and heaven, and
He shall exalt the horn of his people.

This is the hymn for all His saints, for the sons of Israel, and for the people that draw nigh unto Him.

Sing unto the Lord a new song; His praise is in the church of the saints.

Let Israel be glad in Him that made him, let the sons of Zion rejoice in their King.

Let them praise His Name in the dance; with the timbrel and
Diatonic

Psalter-y let them chant unto Him.

For the Lord taketh pleasure in His people, and

He shall exalt the meek with salvation.

The saints shall boast in glory, and they shall rejoice upon their beds.

The high praise of God shall be in their throat, and

two-edged swords shall be in their hands,

To do vengeance among the heathen, punish
ments among the peoples,

To bind their kings with fetters, and their nobles with manacles of iron,

To do among them the judgment that is written.

This glory shall be to all His saints.

Praise ye God in His saints, praise Him in the firmament of His power.

(On Sundays, chant Verse #1 of the Praises on page 888 or 889. On other days, continue with verse 21 below)
Slow Praises

Plagal Second Mode

Verse #1

Τοῦ ποιῆσαι ἐν αὐτοῖς

To do among them the judgment that is written. This

glory shall be to all His saints.

Praises #1

Ὁ Σταυρός σου

Thy Cross, O Lord, is life and resurrection for Thy people,
and trusting therein, we praise

Thee, our risen God. Have

mercy on us.

Verse #2

Praise ye God in His saints, praise Him in the firmament of

His power.
Thy burial, O Master, hath opened
a dis ease unto the race
of men, and having been redeemed
from corruption, we praise

Thee, our risen God.

mercy on us.
Verse #3

Praise Him for His mighty acts, praise Him according to the multitude of His greatness.

Praises #3

With the Father and the Spirit, let us praise Christ Who is risen from the dead, and let us cry unto Him: Thou art our life and resurrection.

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Verse #4

Praise Him with the sound of trumpet, praise Him with the psaltery and harp.

As it is written, Thou didst rise the third day from the tomb,

O Christ, raising all so the

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forefather of our race; for

this cause doth all mankind ex-
tol Thee, whilst acclaiming Thy

Resurrection, chanting hymns of

praise.

Verse #5

Aiveite auton en tympano

Praise Him with timbrel and dance, praise Him with

strings and flute.
O Lord, great and terrible is the mystery of Thy resurrection; for Thou camest forth from the tomb even as a bridegroom from a bridal chamber, undoing death by death, that Thou mightest free Adam. Wherefore, in the Heavens, the
An - gels dance, and on earth men
glo - ry Thy com - pas - sion wrought
for us, O Friend of man.

Verse #6

Praise Him with tune-ful cym-bals, praise Him with cym-bals of ju - bi-la-
tion. Let ev - ery breath praise the Lord.
O ye lawless Jews, where are the seals, and the silver coins that ye gave unto the soldiers? The treasure was not stolen, but hath risen as one might—ye yourselves have been put to shame, having denied one might—

Christ, the Lord of Glory, Who

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Verse #7

Ἀνάστηθι Κύριε

A-rise, O Lord my God, let Thy hand be lift-ed high; for -

get not Thy pau - pers to____ the__ end.
While the sepulchre was sealed, how were ye robbed,

O ye Jews, after ye had

set guards and affixed

the seals? While the doors were shut, the

King came forth. Either present

Him as dead, or worship Him

as God, singing with us:
Verse #8

'Εξομολογήσομαι σοι

I will confess Thee, O Lord, with my whole heart; I will tell of all Thy wonders.

Praises #8

Τὸ ζωοδόχον σου μνήμα

With lamentation the myrrh-bearing women reached Thy life-containing tomb, O Lord.
Lord. And holding myrrh, they sought to anoint Thine immaculate

Bod - - - - - y. But they found a radiant

ant An - - - - gel sit - ting up - on

the stone, and he ad - dressed them and

said: Why do ye weep for Him Who

hath made life to flow from His side
for the world? Why do ye seek the Im-

damor - - - - tal One as a mor -

tal in the tomb? But rather run ye and pro -

claim to His dis - ci - ples the uni - ver - - -

sal joy of His glo - - ri - ous res - ur - rec - - -

light - en us, O Sav - iour, and
grant__us____for__give__ness and great_

mer__cy.
To do among them the judgment that is written. This glory shall be to all His saints.

Thy Cross, O Lord, is life and resurrection for Thy people, and trusting therein, we praise Thee, our

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Praise ye God in His saints, praise Him in the firmament of His power.

Thy burial, O Master, hath opened Paradise unto the race of men, and having been redeemed from corruption, we praise Thee, our risen God. Have mercy on us.

Verse #2

Aiveîte tôn Θεόν

Praises #2

'H ταφή σου

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mercy on us.

Verse #3

Aîneîte autôn épî tâis dynasteîas

Praise Him for His mighty acts, praise Him according to the multitude of His greatness.

Praises #3

Σῶν Πατρί

With the Father and the Spirit, let us praise Christ Who is risen from the dead, and let us cry unto Him: Thou art our life and resurrection. Have mercy on us.
Verse #4

Praise Him with the sound of trumpet, praise Him

with the psaltery and harp.

Praises #4

As it is written, Thou didst rise the third day from the tomb, O Christ, raising also the forefather of our race; for this cause doth all mankind exalt Thee, whilst acclaiming Thy Resurrection, chanting
hymns of praise.

Verse #5

Aiveite auton ev tympano

Praise Him with timbrel and dance, praise Him with strings and flute.

Praises #5

Kourie, mega

O Lord, great and terrible is the mystery

of Thy resurrection; for Thou camest forth

from the tomb even as a bride-groom from a bridal cham-
ber, undoing death by death, that Thou mightest free

Ad - am. Wherefore, in the Heav - ens, the An - gels
dance, and on earth men glo - ri - fy Thy com - pas - sion

wrought for us, O Friend of man.

Verse #6

Praise Him with tune-ful cym-bals, praise Him with cym-bals of ju - bi -

la - tion. Let ev - ery breath praise the Lord.
O ye law-less Jews, where are the seals, and the silver coins that ye gave unto the soldiers? The treasure was not stolen, but hath risen as one mighty.

Ye yourselves have been put to shame, having denied Christ, the Lord of Glory, Who suffered and was buried and arose from the dead. Let us worship Him.
Verse #7

A-rise, O Lord my God, let Thy hand be lift-ed high; for-get not Thy pau-pers to the end.

Praises #7

While the sep-ul-chre was sealed, how were ye robbed, O ye Jews, af-ter ye had set guards and af-fixed the seals?

While the doors were shut, the King came forth. Ei-ther pre-sent_

Him as dead, or wor-ship Him as God, sing-ing with
us: Glory to Thy Cross and Resurrection, O Lord.

Verse #8

I will confess Thee, O Lord, with my whole heart; I will tell of all Thy wonders.

Praises #8

With lamentation the myrrh-bearing women reached Thy life-containing tomb, O Lord. And holding myrrh, they sought...
found a radiant Angel sitting upon the stone, and he addressed them and said: Why do ye weep for Him Who hath made life to flow from His side for the world? Why do ye seek the Immortal One as a mortal in the tomb? But rather run ye and proclaim to His disciples the universal
joy of His glorious resurrection, whereby do Thou enlighten us, O Saviour, and grant us forgiveness and great mercy.
God is the Lord

Verses:
2. O give thanks unto the Lord, and call upon His holy Name.
3. All the nations compassed me round about, and by the Name of the Lord I warded them off.
4. This is the Lord's doing, and it is marvellous in our eyes.
By Thy Cross Thou didst abolish death; to the thief Thou didst open Paradise; Thou didst transform the myrrh-bearers’ lamentation, and didst order Thine Apostles to preach that Thou art risen, O Christ our God, bestowing great mercy upon the world.
Glory...

Δόξα Πατρί

Glory to the Father, and to the Son, and to the Holy Spirit.

Both now...

Και νῦν

Both now and ever, and unto the ages of ages. Amen.

Resurrectional Theotokion

Ός τῆς ἡμῶν ἀναστάσεως

As the treasury of our salvation, O all-hymned one,
do thou lead up from the pit and abyss of offenses

them that hope in thee; for them that were liable because of sin hast thou saved by giving birth to salvation, O thou who before childbirth wast virgin, and in childbirth wast virgin, and after childbirth again remainest virgin.
Kathismata
Grave Mode

Allegro  \( \downarrow \text{4} \, \text{b} \) 160

Life lay in the grave and a seal lay upon the stone. The soldiers guarded Christ as a sleeping King, and Angels glorified Him as the immortal God. And the women cried out: The Lord is risen, granting great mercy to the world.

\( \text{C} \)

\( \text{F} \)

\( \text{D} \)

\( \text{C} \)

\( \text{F} \)

www.stanthonysmonastery.org/music/Orthros.htm
Text © 2009, Holy Transfiguration Monastery, Brookline, MA. Used with permission.
Glo-ry to the Fa-ther, and to the Son, and to the Ho-ly
Spir-it.
By Thy three-day bur-i-al, Thou hast de-spoiled__
death. And by Thy life-bring-ing Ar-is-ing, Thou hast
raised up cor-rup-ted man, O Christ God, since Thou__
art the Friend of man. Glo-ry be to Thee.
Both now and ever, and unto the ages of ages. Amen.

O Virgin Theotokos, do thou unceasingly beseech Christ God, Who was crucified for us and is risen and hath destroyed the dominion of death, that He may save our souls.
Whilst the tomb was sealed, Thou, O Life, didst shine forth from the grave, O Christ God; and whilst the doors were shut, Thou didst come unto Thy disciples, O Resurrection of all, renewing through them an upright Spirit in us according to Thy great mercy.

Glory to the Father, and to the Son, and to the Holy Spirit.
While the soldiers guarded Thee, the King of all, the women, who were carrying myrrh, tearfully hastened to Thy tomb and they said one to another:

Who shall roll us away the stone? Then they heard the voice of angels saying: The Angel of Great Counsel is risen, having trampled on death.

O Almighty Lord, glory be to Thee.
Both now and ev - er, and un - to the ag - es of ag - es. A - men.

Re - joice, O Full of grace, O Vir - gin The - o - to - kos,

ha - ven and pro - tec - tion of the race of men; for from thee__ the Re - deem - er of the world be - came in - car - nate; for thou a - lone art Moth - er and Vir - gin,

ev - er bless - ed and glo - ri - fied. In - ter - cede thou with Christ_ God that He grant peace un - to the whole_ world.
Hymns of Ascent

Grave Mode

Intonation: #21

Allegro \( \frac{3}{4} \)

1

\[
\begin{align*}
\text{Having turned the captivity of Sion away from error, do Thou, O Saviour, quicken me also, delivering me from slavery to the passions.}
\end{align*}
\]

2

\[
\begin{align*}
\text{In the south, he that soweth afflictions and}
\end{align*}
\]
fast - ings with tears, the same shall reap sheaves of joy of ev - er - last - ing nour - ish - ment.

Glo - ry to the Fa - ther, and to the Son, and to the Ho - ly Spir - it.

Both now and ev - er, and un - to the ag - es of ag - es. A - men.

In the Ho - ly Spir - it is there the source of di - vine_

treas - ures. From Him com - eth wis - dom, un - der - stand -

ing, and fear; to Him is due praise, glo - ry, hon - our,
and dominion.

Except the Lord build the house of the soul, in vain do we labour; for without Him, neither act nor word is accomplished.

Moved by the Spirit, the Saints, the reward of the fruit of the womb, bring forth as fruit their Father's doctrines of adoption.

Glory to the Father, and to the Son, and to the Holy Spirit.

Glo - ry to the Fa - ther, and to the Son, and to the Ho - ly Spir - it.

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Both now and ever, and unto the ages of ages. Amen.

In the Holy Spirit all things have existence; for He is God before all things, Lord of all, Light unapproachable, the Life of all.

They that fear the Lord, in that they have found the paths of life, now and ever are blessed with unde-

filed glory.
See-ing thine off-spring round about thy table as
branch-es, re-joice and be glad, of-fer-ing
them to Christ, O chief shep-herd.

Glo-ry to the Fa-ther, and to the Son, and to the Ho-ly Spir-it.

Both now and ev-er, and un-to the ag-es of ag-
es. A-men.

In the Ho-ly Spir-it there is a depth of gifts, a
wealth of glo-ry, a great a-byss of judg-men-ts; for
He is to be worshipped as one in glory

with the Father and the Son.

A - rise, O Lord my God, let Thy hand be lifted high; forget not Thy paupers to the end. (twice)

I will confess Thee, O Lord, with my whole heart, I will tell of all Thy wonders.
* According to some traditions, the second half of this final verse is completed by the other choir.
More Honourable
than the Cherubim

Grave Mode

Intonation: #21

Verse #1

My soul doth magnify the Lord, and my spirit hath rejoiced in God my Saviour.

Refrain

More honourable than the Cherubim, and beyond compare more glorious than the Seraphim, thee—

www.stanthonyssmonastery.org/music/Orthros.htm
who without corruption gavest birth to God the Word, the very Theotokos, thee do we magnify.

Verse #2

For He hath looked up-on the lowli ness of His handmaid-en; for behold, from hence forth all gener a tions shall call me bless ed.
Verse #3

For the Mighty One hath done great things to me, and holy is His Name; and His mercy is on them that fear Him unto generation and generation.

Verse #4

He hath showed strength with His arm, He hath scattered the proud in the imagination of their heart.
Verse #5

He hath put down the mighty from their seat, and exalted them of low degree; He hath filled the hungry with good things, and the rich He hath sent empty away.

Verse #6

He hath holpen His servant Israel in remembrance of His mercy, as He spake to our fathers, to Abraham and his seed for ever.
Let Every Breath

Grave Mode

Intonation: #21

Andante \( \downarrow \frac{84}{\text{min}} \)

\begin{align*}
\text{Let every breath} & \quad \text{praise the} \\
\text{Lord. Praise the Lord from} & \quad \text{the Heavens,} \\
\text{praise Him in} & \quad \text{the highest. To}
\end{align*}

www.stanthonyssmonastery.org/music/Orthros.htm
Thee is due praise, O God.

Praise Him, all ye His angels;

Praise Him, all ye His hosts. To

Thee is due praise, O God.
Verses of Psalms
148 and 149

Grave Mode

Presto \( \frac{\downarrow \downarrow}{180} \)

1. F C F
   Praise Him, O sun and moon; praise Him, all ye stars and light.

2. F C
   Praise Him, ye heavens of heavens, and thou water that art above the heavens. Let them praise the Name of the Lord;

3. C
   For He spake, and they came to be; He commanded, and they were created.

www.stanthonyssmonastery.org/music/Orthros.htm
He established them for ever, yea, for ever and ever; He hath set an ordinance, and it shall not pass away.

Praise the Lord from the earth, ye dragons, and all ye abysses,

Fire, hail, snow, ice, blast of tempest, which perform His word,

The mountains and all the hills, fruitful trees, and all
The beasts and all the cattle, creeping things and winged birds.

Kings of the earth, and all peoples, princes and all judges of the earth,

Young men and virgins, elders with the younger; let them praise the Name of the Lord, for exalted is the Name of Him alone.
His praise is above the earth and heaven, and He shall exalt the horn of his people.

This is the hymn for all His saints, for the sons of Israel, and for the people that draw nigh unto Him.

Sing unto the Lord a new song; His praise is in the church of the saints.

Let Israel be glad in Him that made him, let the sons of Sion rejoice in their King.
Let them praise His Name in the dance; with the timbrel and psaltery let them chant unto Him.

For the Lord taketh pleasure in His people, and He shall exalt the meek with salvation.

The saints shall boast in glory, and they shall rejoice upon their beds.

The high praise of God shall be in their throat, and two-edged swords shall be in their hands,
To do vengeance among the heathen, punishments among the peoples,

To bind their kings with fetters, and their nobles with manacles of iron,

To do among them the judgment that is written.

This glory shall be to all His saints.

Praise ye God in His saints, praise Him in the firmament of His power.
Slow Praises

Grave Mode

Andante  ♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩♩annon
loosed the bonds of death. Proclaim, O Un.
earth, the good tidings of great joy; praise, O ye Heavens, the
glory of God.

Verse #2

Aīveîte tôn Óeôn

Praise ye God in His saints, praise Him in the firmament of His power.
Let us who have beheld the Resurrection of Christ worship our holy Lord Jesus, Who is alone without sin.
Praise Him for His mighty acts, praise Him according to the multitude of His greatness.

We shall not cease from worshiping the Resurrection of Christ; for He hath saved us from
Verse #4

Aineíte aúton én Ĥixo súlpignos

Praise Him with the sound of trumpet, praise Him with the psaltery and harp.

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What shall we render unto the Lord for all that He hath rendered unto us? For our sakes God came among men; for the sake of corrupted nature, the Word became flesh and dwelt among us. Unto the un...
Grateful He was the Benefactor; unto the prisoners, the Liberator; unto those that sat in darkness, the Sun of Righteousness; upon the Cross, the Impossible One; in Hades, the Light; in death, the Life; the Resurrection.
 verse #5

Aiveîte aîtôn én tupidâno

Praise Him with timbrel and dance, praise

Him with strings and flute.
Thou hast crushed the gates of Hades, O Lord,
and hast destroyed the dominion of death by Thy mighty power. And by Thy divine and glorious Resurrection,
Thou hast raised up with Thyself the dead who slept in darkness.
from ages past, since Thou art the King of all and Almighty God.

Verse #6

Αίνείτε αὐτὸν ἐν κυμβάλοις

Praise Him with tuneful cymbals, praise Him with cymbals of jubilation. Let every breath praise the Lord.
Come, let us rejoice in the Lord, and be glad in His Resurrection; for with Himself He raised up the dead from the indissoluble bonds of Hades, and, as God, He hath granted to the world everlasting...
and great mercy.

Verse #7

Ἀνάστηθι Κύριε

A - rise, O Lord my God, let Thy hand be lifted high; for -

get not Thy pau - pers to the end.

Praises #7

Ἐξαστράπτων Ἄγγελος

A re - splend - ent An - gel sat

up - on the stone of the Life -

re - ceiv - ing tomb, and un - to the myrrh -

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bearing women he proclaimed

The good tidings, saying:

The Lord is risen, even

as He hath foretold you. An-
nounce to His disciples

that He goeth before you into

Galilee; and unto the world
Verse #8

I will confess Thee, O Lord, with my whole heart; I will tell of all Thy wonders.

Praises #8

Why have ye rejected the Chief Cornerstone, O ye law...
less___ Jews? This___ is the Stone___ which___

God___ hath set in___ Si - - - - on,___ Who

welled__ forth_ wa - - - - ter from___ the___

rock____ in____ the de - - - - sert,___ and

Who, for___ us, doth gush____________ forth im - mor -

tal - - - - i - - - ty from___ His____ side.

This___ is____ the Stone___ which_________ was

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cut out of the vir-gin-al moun-tain

Even the Son of Man, Who

com-meth up-on the clouds of

Heaven unto the An-cient of Days, as Da-niel said, and et-er-nal is His

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King - - - - dom.
Brief Praises

Grave Mode

Allegro \( \frac{1}{2} \text{C}\) \( \text{F} \)

Verse #1

To do among them the judgment that is written. This
glory shall be to all His saints.

Praises #1

Christ is risen from the dead, and hath loosed the bonds of
death. Proclaim, O earth, the good tidings of
great joy; praise, O ye Heavens, the glory of God.

Praise ye God in His saints, praise Him in the firmament of His power.

Verse #2

Aiveite ton Theon

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Let us who have beheld the Resurrection of Christ
worship our holy Lord Jesus, Who is alone without sin.

Praise Him for His mighty acts, praise Him according to the multitude of His greatness.
We shall not cease from worshipping the Resurrection of Christ; for He hath saved us from our iniquities, even the holy Lord Jesus, Who hath shown us the Resurrection.

Verse #4

Praise Him with the sound of trumpet, praise Him with the psalter y and harp.
What shall we render unto the Lord for all that He hath rendered unto us? For our sakes God came among men; for the sake of corrupt ed nature, the Word became flesh and dwelt among us. Unto the ungrateful He was the Benefactor; unto the prisoners, the Liberator; unto those that sat in darkness, the Sun of Right-eous -
Verse #5

Aiveite auton eino tumpano

Praise Him with timbrel and dance, praise Him with strings and flute.
Thou hast crushed the gates of Hades, O Lord, and hast destroyed the dominion of death by Thy mighty power. And by Thy divine and glorious Resurrection, Thou hast raised up with Thyself the dead who slept in darkness from ages past, since Thou art the King of all and Almighty God.
Verse #6

Praise Him with tune-ful cymbals, praise Him with cymbals of jubilation. Let every breath praise the Lord.

Praises #6

Come, let us rejoice in the Lord, and be glad in His Resurrection; for with Himself He raised up the dead from the indissoluble bonds of Hades, and, as God, He hath granted to the world
life everlasting and great mercy.

Verse #7

Ἀνάστηθι Κύριε

Arise, O Lord my God, let Thy hand be lifted high; forget not Thy paupers to the end.

Praises #7

Εξαστράτων Ἄγγελος

A resplendent Angel sat upon the stone of the Life-receiving tomb, and unto the myrrh-bearing wom -

en he proclaimed the good tidings, saying: The
Lord is risen, even as He hath foretold you. Announce to His disciples that He goeth before you into Galilee; and unto the world He granteth life everlasting and great mercy.

**Verse #8**

I will confess Thee, O Lord, with my whole heart; I will tell of all Thy wonders.
Why have ye rejected the Chief Cornerstone,
O ye lawless Jews? This is the Stone which God hath set in
Si - on, Who welled forth wa - ter from the rock in the
desert, and Who, for us, doth gush forth immor -
tal - i - ty from His side. This is the Stone which was
cut out of the vir - gin - al moun - tain without the will of
man, e - ven the Son of Man, Who com - eth up -
on the clouds of Heaven unto the Ancient of Days, as Daniel said, and eternal is His Kingdom.
God is the Lord

Plagal Fourth Mode

Intonation: #25

Allegro \textit{\textbullet 160}

\begin{music}
\text{\textbf{F}}
\end{music}

God is the Lord, and hath appeared unto us; blessed is

\begin{music}
\text{\textbf{Un.}} \quad \textbf{F}
\end{music}

He that cometh in the Name of the Lord.

(\textit{repeated three more times with the verses below})

Verses:

2. O give thanks unto the Lord, and call upon His holy Name.

3. All the nations compassed me round about, and by the Name of the Lord I warded them off.

4. This is the Lord’s doing, and it is marvellous in our eyes.
From the heights didst Thou come down, O Compassionate One.

And Thou didst submit to three-day burial that from the passions Thou might deliver us. O our

Life and Resurrection, O Lord, glory to Thee.
Glory...

Δόξα Πατρί

Both now...

Καὶ νῦν

Resurrectional Theotokion

Ὁ δι᾿ ἡμᾶς γεννηθείς

O Thou Who for our sakes wast born of a Virgin,
and didst suffer crucifixion, O Good One, and
didst despoil death by death, and as God, didst reveal the
Resurrection: Disdain them not which Thou hast fashioned with Thy hand; show us Thy love for mankind, O Merciful One; accept the Theotokos that
gave Thee birth, who intercedeth for us; and do Thou, our
Saviour, save a despairing people.
Thou, as the Life of all, from the dead art arisen.

An Angel bright with light called out unto the women: Cease ye from tears and weeping; tell the Apostles the tidings full of joy. Cry aloud singing praises, that Christ the Lord is arisen.
Un. F D C

en_ from_ the_ dead, He that in truth hath been well
pleased, as God, to save the race_ of_ man - kind.

Glo - ry to the Fa - ther, and to the Son, and to the Ho - ly
Spir - it.

C

When in truth_ Thou hadst ris - en up from the tomb,
Thou didst charge_ the most right-eous wom - en to preach Thy
Ris - - - ing un - to the choir of A - pos -
tles, as Scrip - ture saith. So the swift-run - ning Pe - ter ar -
rived at the sepulchre, and beholding the light in the grave, he was sore amazed. Though he then beheld there-
in the linen clothes lying alone
in a sep'rate place, Thy divine Body was not there.

For this cause he believed and cried: Glory be to Thee, O Christ God, O our Saviour,
for Thou savest all, since Thou art God the Father's Eff-
fulgence, ever shining forth from Him.
Both now and ever, and unto the ages of ages. Amen.

Let us all praise the heavenly gate and ark,
yea, the all holy mountain, the radiant cloud, the ladder to Heaven's heights, that true spiritual paradise, the redemption of Eve, the great treasure of all the world; for through her was salvation enacted for all mankind, and complete for...
give - ness of our an - cient of - fenc - es and
par - don of tres - pass - es. For this rea - son,
we all cry out with great fer - vous and say_

to her: En - treat thy Son and God that He grant
the for - give - ness of trans - gres - sions wrought in_
life to them that pi - ous - ly wor - ship thine all -
ho - ly Child, O Maid.
Men sealed Thy tomb, O Saviour; an Angel
rolled away the stone from the door. The women beheld Thee arisen from the dead, and they proclaimed the good tidings unto Thy disciples in Sion: that Thou art risen, O Life of all, and the bonds of death are loosed. Lord, glory be to Thee.

Glory to the Father, and to the Son, and to the Holy Spirit.
The women brought their myrrh for Thy burial ointment and heard an Angel's voice from the sepulchre saying: Cease ye from tears and weeping; instead of sorrow, receive exceeding joy; cry aloud singing praises, that Christ the Lord is arisen from the dead, He that in truth hath been well pleased, as God, to save the race of mankind.
Both now and ever, and unto the ages of ages. Amen.

In thee, O Full of Grace, all creation—

both the company of Angels and the race of men—

doth rejoice. O hallowed temple and spiritual paradise, boast of virgins: from thee God was incarnate, and became a child, He, our God, Who existed before the ages;
for He made thy womb a throne, and He made thee more spacious
than the heavens. In thee, O Full of Grace,
all creation doth rejoice. Glory be to thee.
From my youth, the enemy doth tempt me, and with pleasures doth inflame me; but trusting in Thee, O Lord, I triumph over him.

Let them that hate Jerusalem be come as grass before it is plucked up; for Christ shall cut a - sun - der their
necks with the stroke of torments.

Glo-ry to the Fa-ther, and to the Son, and to the Ho-ly Spir-it.

Both now and ev-er, and un-to the ag-es of ag-es. A-men.

In the Ho-ly Spir-it all things are quick-ened;

He is Light of Light, a great God. We praise Him with the Fa-ther and the Word.

Let my heart be shel-tered with the fear of Thee, in hum-ble-
mind-ed-ness, lest, by being exalted, it fall away from Thee, O All-compassionate One.

He that hath hope in the Lord shall not then be afraid, when with fire and torment He shall judge all things.

Glo-ry to the Fa-ther, and to the Son, and to the Ho-ly Spir-it.

Both now and ev-er, and un-to the ag-es of ag-es. A-men.
By the Holy Spirit doth every divine see

and fore-tell; he performeth most exalted wonders, singing of God, Who is One in Three. For

though He shineth in Three, the Godhead doth rule as One.

I have cried unto Thee, O Lord; hearken, incline Thine ear unto me who cry, and cleanse me before Thou takest me hence.
Re-turn-ing un-to his moth-er, the earth, eve-ry
man is straight-way clothed with dis-so-lu-tion, to re-
ceive tor-ments or re-wards for things com-mit-ted in
life-time.

Glo-ry to the Fa-ther, and to the Son, and to the Ho-ly Spir-it.

Both now and ev-er, and un-to the ag-es of ag-
es. A-men.

In the Ho-ly Spir-it we speak of God, the thrice-
ho - ly U - ni - ty. For the Fa - ther is be - gin -
ning - less, from Whom the Son was born_ time-less - ly.
And the Spir - it, Who is one with Them in form and rank,
also shin - eth forth_ from the Fa - ther.
Be - hold_ now, what is so good or so joy - ous,
as for breth - ren to dwell to - geth - er in u - ni -
ty; for in this, the Lord hath prom - ised life_ ev - er -
last - ing.
He that adorneth the lilies of the field, commandeth that one should not take thought for his raiment.

Glory to the Father, and to the Son, and to the Holy Spirit.

Both now and ever, and unto the ages of ages. Amen.

By the Holy Spirit, as by one simple Cause, all things are sustained in a peace-bestowing manner.
For as Lord, He is God of one essence with the Father and the Son.

The Lord shall be king unto eternity; thy God, O Jerusalem, unto generation and generation.

Praise the Lord, O my soul. I will praise the Lord in my life, I will chant unto my God for as long as I have my being.

The Lord shall be king unto eternity; thy God, O
Si - on, un - to gen - er - a - tion and gen - er - a - tion.

* According to some traditions, the second half of this final verse is completed by the other choir.
More Honourable than the Cherubim

Plagal Fourth Mode
(Diatonic)*

Intonation: #24

Allegro ▼160

Verse #1

My soul doth magnify the Lord, and my spirit hath rejoiced in God my Saviour.

Refrain

More honourable than the Cherubim, and beyond com-

* When the troparion to follow "More Honourable..." is in diatonic plagal fourth mode (from "Nee"), this version of "More honourable" is chanted. When, however, the next troparion is in triphonos plagal fourth mode (from "Ga"), the version on page 888 is chanted instead.
Pare more glorious than the Seraphim, thee

who without corruption gavest birth to God the Word, the very

Theotokos, thee do we magnify.

Verse #2

For He hath looked upon the lowliness of His handmaid;

for behold, from henceforth all generations shall call me blessed.

Repeat refrain on previous page after each verse.
For the Mighty One hath done great things to me, and holy is His Name; and His mercy is on them that fear Him unto generation and generation.

He hath showed strength with His arm, He hath scattered the proud in the imagination of their heart.
He hath put down the mighty from their seat, and exalted them of low degree; He hath filled the hungry with good things, and the rich He hath sent empty away.

He hath holpen His servant Israel in remembrance of His mercy, as He spake to our fathers, to Abraham and his seed for ever.
More Honourable
than the Cherubim

Plagal Fourth Mode
(Triphonos)

Verse #1

Μεγαλύνει η ψυχή μου

My soul doth magnify the Lord, and my spirit hath rejoiced in God my Saviour.

Refrain

Τὴν τιμιωτέραν

More honourable than the Cherubim, and beyond compare more glorious than the Seraphim, thee who with...
out corruption gavest birth to God the Word, the
very The-o-tokos, thee do we mag-ni-fy.

Verse #2

For He hath looked up-on the low-li-ness of His hand-maid-en;
for be-hold, from hence-forth all gen-er-a-tions shall call me
bless-ed.

Repeat refrain on previous page after each verse.
Verse #3

For the Might-y One hath done great things to me, and holy is His Name; and His mercy is on them that fear Him unto generation and generation.

Verse #4

He hath showed strength with His arm, He hath scattered the proud in the imagination of their heart.
He hath put down the mighty from their seat, and exalted them of low degree; He hath filled the hungry with good things, and the rich He hath sent empty away.

He hath holpen His servant Israel in remembrance of His mercy, as He spake to our fathers, to Abraham and his seed for ever.
Let Every Breath

Plagal Fourth Mode

Intonation: #26

Andante \( \frac{3}{8} \-

\text{C} \quad \text{D} \quad \text{C} \quad \text{G} \quad \text{D}

Let every breath praise the Lord.

Praise the Lord from the Heavens, praise

\text{C} \quad \text{C} \quad \text{D}

Him in the highest. To Thee,

www.stanthonymonastery.org/music/Orthros.htm
Praise Him

Aíveîte Aítouν

Praise Him, all ye His angels; praise Him, all ye His hosts. To Thee is due praise, O God.
Verses of Psalms
148 and 149

Plagal Fourth Mode

Presto \( \dot{\text{l}} \) 180

1

\[ \text{C} \]

| \text{Praise Him, O sun and moon; praise Him, all ye stars and light.} |

2

\[ \text{C} \]

| \text{Praise Him, ye heavens of heavens, and thou} |

\[ \text{G} \]

| \text{water that art above the heavens. Let them} |

| \text{praise the Name of the Lord;} |

3

\[ \text{C} \]

| \text{For He spake, and they came to be; He command-ed,} |

| \text{and they were created.} |

\[ \text{www.stanthonysonastery.org/music/Orthros.htm} \]
He established them for ever, yea, for ever and ever; He hath set an ordinance, and it shall not pass away.

Praise the Lord from the earth, ye dragons, and all ye abysses,

Fire, hail, snow, ice, blast of tempest, which perform His word,

The mountains and all the hills, fruitful trees, and all
The beasts and all the cattle, creeping things and winged birds.

Kings of the earth, and all peoples, princes and all judges of the earth,

Young men and virgins, elders with the younger; let them praise the Name of the Lord, for exalted is the Name of Him alone.

Plagal Fourth Mode - Psalms 148 and 149
His praise is above the earth and heaven, and

He shall exalt the horn of his people.

This is the hymn for all His saints, for the sons of Israel, and for the people that draw nigh unto Him.

Sing unto the Lord a new song; His praise is in the church of the saints.

Let Israel be glad in Him that made him, let the sons of Zion rejoice in their King.
Let them praise His Name in the dance; with the timbrel and psaltery let them chant unto Him.

For the Lord taketh pleasure in His people, and He shall exalt the meek with salvation.

The saints shall boast in glory, and they shall rejoice upon their beds.

The high praise of God shall be in their throat, and two-edged swords shall be in their hands,
To do vengeance among the heathen, punishments among the peoples,

To bind their kings with fetters, and their nobles with manacles of iron,

To do among them the judgment that is written.

This glory shall be to all His saints.

Praise ye God in His saints, praise Him in the firmament of His power.
**Slow Praises**

**Plagal Fourth Mode**

**Verse #1**

To do among them the judgment that is written. This

**Praises #1**

O Lord, though Thou didst stand before the tribunal, enduring judgment at

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late’s hands, Thou didst not depart
from Thy Father, seated with Him
on Thy throne above. And Thou didst
rise from the dead, O Friend of man most merciful, freeing the world
from the bitter bondage of the alien and en

www.stanthonysonastery.org/music/Orthros.htm
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Verse #2

Aîneïte tòv Óeîn

Praise ye God in His saints, praise Him in the

firmament of His power.

Praises #2

Kúrie, eí kài ócs òhtíón

Lord, though the Jews had Thee brought down as a

mortal to be interred in a

sepulchre, yet the soldiers kept
guard about Thee as though protecting a sleeping king; and as the

Treas — — — ury of Life they sealed

Thee in with seal secure:

Thou art risen, and Thou hast granted

ed incorruption to our souls,

O Christ.
Verse #3

Praise Him for His mighty acts, praise Him according to the multitude of His greatness.

Praises #3

Lord, Thou hast given us the Cross as a weapon against the devil and enemy; for he...
sore - ly quail - - - eth and trem - - -
bleth_ and can - not_ look_ on_ the
might_ there - of. For it doth raise____
up the_____ dead_ and hath a - bol - ished____
derth_ it - self. Where - fore, in glad - ness and joy____
we____ wor - - - - ship both Thy Bur - i -
al____ and Ris - - - - ing a - gain.
Verse #4

Αἰνεῖτε αὐτὸν ἐν ἤχῳ σάλπιγγος

Praise Him with the sound of trumpet, praise Him with the psaltery and harp.

Praises #4

Ο ἁγγελός σου

Thine Angel who proclaimed the Resurrection, O Lord, while frightening the guards, addressed the women, saying:

Why seek ye the Living among
Verse #5

Aiveίτε αὐτόν ἐν τῷ πάνω

Praise Him with timbrel and dance, praise Him with strings and flute.
Thou didst suffer on the Cross, Thou Who art impossibly in
Thy Godhead. Thou didst submit to burial of three days that Thou mightest free us from bondage
to the enemy. And

Thou hast made us immortal, O Christ
Verse #6

Αἰνεῖτε αὐτὸν ἐν κυμβάλοις

Praise Him with tune-ful cymbals, praise Him with cymbals of jubi-la-

tion. Let ev-ery breath praise the Lord.
I worship _____ and glorify _____ and praise, O Christ, Thy Resurrection from the grave, where by Thou hast freed us from the indissoluble bonds of Hades and, as God, hast granted to the world life everlasting.
And great mercy.

Verse #7

'Anástēthi Kúrie

Arise, O Lord my God, let Thy hand be lifted high; forget not Thy poor to the end.

Praises #7

Tó ζωοδόχον σου

While the lawless guarded Thy life receiv - ing tomb, to - geth - er with the guards they sealed
it; but Thou, as immortal God,

and omnipotent, didst arise on the third day.

I will confess Thee, O Lord, with my whole heart; I will tell of all Thy wonders.
When Thou didst pass through the gates of Hades, O Lord, and brakest them in pieces, the captive cried out thus: Who is this that is not condemned in the nethermost parts of the earth but, as though it were a tent, He hath undone the
prison of death? I received Him as one mortal, and I tremble before Him as God.

O Omnipotent Saviour,

have mercy on us.

O Omnipotent Saviour,

Alternate Fancy Melody:
Brief Praises

Plagal Fourth Mode

Allegro  \( \frac{\ddot{\text{}}}{\text{-}} \) 160

Verse #1

To do among them the judgment that is written. This glory shall be to all His saints.

Praises #1

O Lord, though Thou didst stand before the tribunal, enduring judgment at Pilate's hands, Thou didst not de-
part from Thy Father, seated with Him on Thy throne above. And Thou didst rise from the dead, O Friend of man most merciful, freeing the world from the bitter bondage of the alien and enemy.

Verse #2

Aiveîte tôn Theón

Praise ye God in His saints, praise Him in the firmament of His power.

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Praises #2

Lord, though the Jews had Thee brought down as a mortal to be interred in a sepulchre, yet the soldiers kept guard about Thee as though protecting a sleeping king; and as the Treasure of Life they sealed Thee in with seal secure: but Thou art risen, and Thou hast granted incorruption to our souls.

O Christ.
Verse #3

Praise Him for His mighty acts, praise Him according to the multitude of His greatness.

Praises #3

Lord, Thou hast given us the Cross as a weapon against the devil and enemy; for He sorely quaileth and trembleth and cannot look on the might thereof. For it doth raise up the dead and...
hath abolished death itself. Wherefore, in gladness and joy we worship both Thy Burial and Raising again.

Praise Him with the sound of trumpet, praise Him with the psaltery and harp.
Thine Angel who proclaimed the Resurrection, O Lord, while frightening the guards, addressed the women, saying: Why seek ye the Living among the dead? He is risen as God and hath granted life unto the whole world.
Verse #5

Praise Him with timbrel and dance, praise Him with strings and flute.

Praises #5

Thou didst suffer on the Cross, Thou Who art impenetrable in Thy Godhead. Thou didst submit to burial of three days that Thou mightest free us from bondage to the enemy. And Thou hast made us

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mor-tal, O Christ-God, that Thou might-est grant us

Verse #6

Αἰνεῖτε αὐτὸν ἐν κυμβάλοις

Praise Him with tune-ful cym-bals, praise Him with cym-bals of ju-bi-
la-tion. Let ev-ery breath praise the Lord.
I worship and glorify and praise, O Christ, Thy Resurrection from the grave, whereby Thou hast freed us from the indissoluble bonds of Hades and, as God, hast granted to the world everlasting and great mercy.

Plagal Fourth Mode - Brief Praises

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Verse #7

'Anástithi Kúrie

A-rise, O Lord my God, let Thy hand be lifted high; for-get not Thy pau-pers to the end.

Praises #7

Tó ζωοδόχον σου

While the law-less guard-ed Thy life-receiving tomb, to-geth-er with the guards they sealed it; but

Thou, as im-mor-tal God and om-nip-o-tent, didst a-rise on the third day.

www.stanthonysmonastery.org/music/Orthros.htm
Text © 2009, Holy Transfiguration Monastery, Brookline, MA. Used with permission.
I will confess Thee, O Lord, with my whole heart; I will
tell of all Thy wonders.

When Thou didst pass through the gates of Hades, O Lord, and
brakest them in pieces, the captive cried out:
thus: Who is this that is not condemned in the
nethermost parts of the earth but, as though it were a
tent, He hath undone the prison of death?

I received Him as one mortal, and I tremble before Him as God. O Omnipotent

Saviour, have mercy on us.
Megalynaria of the Midnight Office of Sunday*

Second Mode

Duration: 5:45
Intonation: #4

adapted from Petros Peloponnesios (d. 1777)
as chanted on the Holy Mountain

"Αξιόν ἔστιν

It is truly meet to praise the Trinity

ty, God transcendent: the be-

* These Megalynaria to the Trinity are chanted in the Midnight Office on Sundays immediately after the Canon to the Trinity is chanted in the mode of the week from the Parakletike.
gin-ning-less Fa-ther Who cre-at-ed all things that came to be; the co-e-ter-nal Word born of the Fa-
ther with-out change and be-fore the ag-es; and God the Ho-ly Spir-rit, pro-ceed-ing from the Fa-
ther past speech and time-less-ly.
It is truly meet to glorify Thee,

O God the Word, the God of all things. Hence, to Him before Whom the heavens' hosts glorify; and Who on the third day rose from the tomb and des: let us with fear give glory to
the Life-giver, Christ.

With inspired songs befitting God,

let us offer praises to the Father, and to the Son, and the Holy Spirit, the Singular Dominion, the Kingship in Three Persons, and Single Sovereignty.
When creation saw thy Son risen up from the dead in Hades with divine dignity and strength, then its joy was endless; and as it glorified Him, it honoured thee, His Mother, O spotless Virgin Maid.

On the Holy Mountain, the troparion on the following page is also chanted:
More honourable than the Cherubim,

and beyond compare,

more glorious than the Seraphim, thee who without corruption

gavest birth to God the Word, the

very Theootokos, thee do we magnify.
Glo - ry_____ to the____ Fa - ther, and____

G____ to the____ Son, and to the Ho - ly____

Spir - it.

As the dis - ci - - - ples____ were has - ten - t.____

Eις τὸ ὀρός

As the dis - ci - - - ples____ were has - ten -

Glo - ry_____ to the____ Fa - ther, and____

G____ to the____ Son, and to the Ho - ly____

Spir - it.

As the dis - ci - - - ples____ were has - ten - t.____

Eις τὸ ὀρός

As the dis - ci - - - ples____ were has - ten -

Glo - ry_____ to the____ Fa - ther, and____

G____ to the____ Son, and to the Ho - ly____

Spir - it.

As the dis - ci - - - ples____ were has - ten - t.____

Eις τὸ ὀρός

As the dis - ci - - - ples____ were has - ten -

Glo - ry_____ to the____ Fa - ther, and____

G____ to the____ Son, and to the Ho - ly____

Spir - it.

As the dis - ci - - - ples____ were has - ten - t.____

Eις τὸ ὀρός

As the dis - ci - - - ples____ were has - ten -
The Lord came to them that He might raise them from things earthly;

and they worshipped Him and learned, of the power given to Him in every place. They were sent forth to every land under heav
en to preach the Resurrection from

the from the dead

(n) and the restoration to the Heavens. He

that cannot lie promised

also that He would be

with them for ever, ever,

ven Christ God, the Saviour of
First Matinal Doxasticon

Continue with the Theotokion in the mode of the week on pages 888-898.
Second Matinal Doxasticon (eothinon)

Intonation: #7

Second Mode

Δόξα Πατρί

Glo - ry to the Fa - ther, and to the Son, and to the Ho - ly Spir - - - -

Glo - ry to the Fa - ther, and to the Son, and to the Ho - ly Spir - - - -

The wom - - - en who were with -

Mar - - - y came bring - - - ing spic -
he, The Lord Jesus is risen. Wherefore,

preach to His preachers and
disciples to make haste to Galilee
and behold

behold Him risen from the dead, as the Lord and

the Giver of life.

Continue with the Theotokion in the mode of the week on pages 888-898.
Third Matinal Doxasticon
(εοθινον)

Intonation: #8

Third Mode

Δόξα... Τής Μαγδαληνῆς Μαρίας

When Mary Magdalene proclaimed

the Saviour’s Resurrection

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tion and His appearance to her, the disciples were upbraided for their hardness of heart, because they disbelieved; but after they were armed with signs and wonders, they were sent forth to preach. And whereas...
Thou, O Lord, didst ascend to Thy Father, the Author of Light, they preached the word they preached the word everywhere, confirming it with miracles. Therefore, we who have been enlightened by them glorious...
Third Matinal Doxasticon

ri - fy Thy Res - ur - rec - tion from

the dead, O man - be - friend

- - ing Lord.

Continue with the Theotokion in the mode of the week on pages 888-898.
Fourth Matinal Doxasticon
(eothinon)

Intonation: #11

Andante \( \frac{3}{8} \)

Δόξα Πατρί

Glo - ry to the Fa - ther, and to the Son, and to the Ho - ly

Spir - - - - - it.

It was ver - y ear - - - - - ly

in the morn - ing when the wom - en came un - to Thy

www.stanthonyssmonastery.org/music/Orthros.htm
Text © 2007, Holy Transfiguration Monastery, Brookline, MA
sepulchre, O Christ, but Thy body which was precious to them was not found. Wherefore, as they were much perplexed, men in shining garments stood by them and said: Why seek ye the living a -

Hard Chromatic
among the dead? He is risen as

He foretold. Why have ye for-

got ten His words? Be-

ing persuaded by them, the

wom en proclaimed the things they

had seen, but their glad tidings seemed as idle tales, for the disciples were

yet without understanding.
ing. But Peter ran

forth, but Peter ran forth, and

when he saw Thy wonders,

he glorified them within

himself.

Continue with the Theotokion in the mode of the week on pages 888-898.
**Fifth Matinal Doxasticon**  
*(εοθινων)*

Intonation: #14 or #15  
*Andante* ♩-88

**Plagal First Mode**

**Δόξα Πατρι**

Glo - - - - - - - ry _ to the Fa -

ther, and to _ the _ Son, and to the Ho - ly

Spir - - - - - it.

O _ the _ wis - dom _ of _ Thy _ judg -

- ments, _ O _ Christ! For how _ is _ it
that Thou gav - - - - est_ Peter to un -
der - stand_ Thy Res - ur - rec - tion by Thy
bur - i - - - al clothes ______ a - - -
lone, yet_ while_ ac - com - - - pa -
ny - ing Luke and Cle - o - pas Thou_____
didst_ con - verse ________ with ________ them, and
while con - vers - ing, didst not_ re - veal________
Thy - self_ straight - - - - way? Hence, Thou______
wast reproached as though Thou alone wert

a stranger in Jerusalem, who

came to pass there-in

of late. But since Thou ordainest

all things to the profit of Thy creation, Thou didst both expound the prophecies concerning Thee, and in the blessing of the bread
wast__made__known____to____them, whose

hearts__even__before____hand_

were burn__ing__to__know______

Thee. Now they al__so, when the dis-ci-ples were gath-

ered____to-geth____

-______

-______

-er,_________loud__ly

pro-claimed Thy Res__ur-rec__-tion; where-

by do Thou have mer-____cy on___us.

Continue with the Theotokion in the mode of the week on pages 888-898.
Sixth Matinal Doxasticon (εοθινον)

Plagal Second Mode

Intonation: #20

Andante \( \frac{3}{8} \)

Δόξα... Η ὄντως εἰρήνη

Andante \( \frac{3}{8} \)
Ding Thy peace to Thy disciples afterwards Thy Resurrection, didst cause them to be frightened, for they supposed they beheld a spirit it. But Thou didst quiet the troublable in their souls by showing them Thy hands and feet, although
they yet believed not. But in partaking of food and bringing Thy teachings to remembrance, Thou didst open their understanding that they might understand the Scriptures. And after Thou hadst assured them of the Father's promise and hadst blessed them, Thou
Sixth Matinal Doxasticon

_continue with the Theotokion in the mode of the week on pages 888-898._
Seventh Matinal Doxasticon (Eothinon)

Grave Mode

Intonation: #21

Andante ♩-88  

Δόξα Πατρί

Glo - ry to the Fa - ther,

and to the Son, and to the

Ho - ly Spir - it.

Be - hold, the dark - ness and the dawn:

and why hast thou stood without
at the sepulchre, O Mary,

y, having great darkness

in thy mind? Because

of this, thou didst ask: Where hath

Je - sus been laid? But see

both the disciples running

together, how they sur -

mised His Res - ur - rec - - tion
from the linen clothes and the napkin; and they remembered the

Scripture concerning Him. Together with them, we who

also have believed through them,

praise Thee, O Christ, the Giver of life.

Continue with the Theotokion in the mode of the week on pages 888-898.
**Eighth Matinal Doxasticon**  
*(eothinon)*

Plagal Fourth Mode

Intonation: #26

*Andante*  \( \frac{1}{8} \cdot 88 \)

Δόξα Πατρί

Glo - ry to the Fa - - - - ther, and __________

to the______ Son, and____________ to the____

Ho - ly____ Spir - - - - it.

Τὰ τῆς Μαρίας

The fer - vent tears of____ Mar - y were not____

shed in____ vain; for be - hold, she____
hath been counted worthy of being instructed by Angels, and of seeing Thy countenance, O Jesus; yet as a weak woman, she still minded earthly things. Therefore, she was turned back that she might not touch Thee, O
Christ. How - be - it, she was sent as

a ______ her - - - al ______ to Thy dis - ci -

______ ples, ______ and tell - ing them ______

the good ______ tid - ings, she pro - claimed ______

Thine as - cent ______

un - to Thy Pa - ter - - - nal ______ in - her -

______ i - - - - tance. To - geth - - - -

er with ______ her, ______ ac - count ______ us ______ al -
Continue with the Theotokion in the mode of the week on pages 888-898.
Ninth Matinal Doxasticon (εοθινον)

Plagal First Mode

Intonation: #14 or #15

Andante ♩=88

Δόξα... Ὡς ἐπὶ ἐσχάτων

Doth, and to the Son, and
to the Holy

Spirit.

In these latter times Thou camest
to Thy friends at evening of the first day of the week, O Christ; and by Thine entry whilst the doors were shut, Thou by a wonder didst confirm a wonder, even Thy Resurrection from the dead. Then Thou didst fill the disciples with joy and didst impart the
Holy Spirit to them, and didst bestow on them authority to forgive sins; moreover,

Thou didst not abandon Thomas to found ever in the billows of unbelief. Wherefore, grant us also true knowledge and the remission of

Ninth Matinal Doxasticon
Continue with the Theotokion in the mode of the week on pages 888-898.
Tenth Matinal Doxasticon
(enothinon)

Plagal Second Mode

Intonation: #20

D

Andante \frac{1}{8}

Δόξα Πατρί

Diatonic

Metá τὴν εἰς ἄδου

After Thy descent to

Text © 2007, Holy Transfiguration Monastery, Brookline, MA

www.stanthonyshmonastery.org/music/Orthros.htm
desires and Thy Resurrection from

the dead, the disciples turned unto their

work, since they naturally lost heart at Thy separation from them. Again the ships__

and the nets, and no draught of__

fishes whatsoever. But appearing to them, Thou as the Mas__
Tenth Matinal Doxasticon

Diatonic

- ter of all didst command

D

them to cast their nets on

the right side. Straightway

Thy word became deed, and then there

was a great multitude of fishes and a

strange super read y on the shore.

www.stanthonyssmonastery.org/music/Orthros.htm
Text © 2007, Holy Transfiguration Monastery, Brookline, MA
Count us also worthy now to rejoice spiritually in that which Thy discip-les partook of. then, O man-be-friend-ing Lord.

Continue with the Theotokion in the mode of the week on pages 888-898.
Eleventh Matinal Doxasticon
(eothinon)

Plagal Fourth Mode

Δόξα... Φανερῶν ἐαυτόν

Intonation: #26
Andante \( \frac{2}{3} \)88

Glo-ry to the Fa-ther, and to

Son, and to the Ho-

ly Spir-it. When Thou didst show Thy-

self to
the disciples after Thy

Resurrection, O Saviour, Thou gavest Simon the tending of the sheep, that he might return Thy love, and Thou didst ask him to have care for the shepherding of the flock. Wherefore, Thou didst say to him: If thou lovedest
Me, O Pe - - - - - - - - - - - - - - ter, feed My lambs, feed
My sheep. And he, straight way show -
ing his affection ate
love, inquired concerning the
other disciple.
By their intercessions, O

Soft Chromatic

Christ, pre - serve

www.stanthonysmonastery.org/music/Orthros.htm
Text © 2007, Holy Transfiguration Monastery, Brookline, MA
Continue with the Theotokion in the mode of the week on pages 888-898.
God is the Lord

Long (Sticheraric) Versions*

First Mode

God is the Lord, and hath appeared unto us; blessed is He that cometh in the Name of the Lord.

www.stanthonyssmonastery.org/music/Orthros.htm
God is the Lord - Long Versions

Second Mode
(soft chromatic)

Intonation: #7

God is the Lord, and hath appeared unto us; blessed is He that cometh in the Name of the Lord.

Third Mode

Intonation: #8

God is the Lord, and hath appeared unto us; blessed is He...
that com - eth in the Name of the Lord.

Fourth Mode
(soft chromatic)

Intonation: #10

God is the Lord, and hath appeared unto us; blessed is He that cometh in the Name of the Lord.

Plagal First Mode

Intonation: #16

God is the Lord, and hath appeared unto us;
to us; blessed is He that cometh in the Name of the Lord.

Plagal Second Mode
(soft chromatic)

Intonation: #17

God is the Lord, and hath appeared unto us; blessed is He that cometh in the Name of the Lord.

www.stanthonysonastery.org/music/Orthros.htm
God is the Lord, and hath appeared unto us; blessed is He that cometh in the Name of the Lord.
Name ______ of ______ the ___ Lord.
POLYELEOS
PSALM 134

Long Version
Plagal First Mode

Duration: 21:00
Intonation: #14 or #15

adapted from Petros Peloponnesios (d. 1777)

Δοῦλοι Κύριον

Servants, servants, praise the Lord.

Al - le - lu - i - a. Praise
ye the Name of the Lord;

O ye servants, praise the Lord.

Al - le - lu - i - a.

Ye that stand in the house of the Lord, in the courts of the house of our God.
Al - le - lu - i - a.

Praise ye the Lord, for the Lord is good.

Al - le - lu - i - a.

Chant ye chant ye

unto His name, for it is good.
(d) Alleluia.

For unto Himself hath the

Lord chosen Jacob.

Alleluia.

Israel for His own

for His own possession.
Al - le - lu - i - a.

For I know that the Lord is great.

Al - le - lu - i - a.

And that our Lord is above all gods.
All that the Lord hath willed He hath done. In heaven and on the earth.

In the seas and in all the abysses.
Lightnings for the rain hath He made.

Polyelesos - Psalm 134 - Long Version

Un.

A

G

D

(s) Alleluia.

Bring - ing clouds up from the utter - most parts of the earth.

Alleluia.

Un.

D

C

D

Al - le - lu - i - a.
(d) Al - le - lu - i - a.

He bring - eth winds out of His treas - ur - ies.

Al - le - lu - i - a.

He smote the first - born of E - gypt.
Hard Chromatic
15
D > C
From man to beast.

16
D
He sent forth signs and marvels

in the midst of thee, O Egypt.
17 D [Hard Chromatic]

On Pharaoh and on all his servants.

18 D [Hard Chromatic]

He smote many nations.
Polyeleos - Psalm 134 - Long Version

And slew mighty kings.
rites.

And Og, king of the land of

Ba-ssan.

And all the kingdoms
And He gave their land for an inheritance.
An inheritance for

Israel His people.

Alleluia.

Lord, O Lord, Thy name endures

Alleluia.

www.stanthonyssmonastery.org/music/Orthros.htm
And Thy memorial unto generation and generation. _Alleluia._

For the Lord will judge His people._
Al - le - lu - i - a.

And be - cause _______ of _______ His ______ ser - - - - vants ______ shall He be com - fort - ed._________ __________ 

Al - le - lu - i - a. 

The i - - - - dols of the na - - - - tions ______

are sil - - - - ver and _______ gold, _______ the works ______ of _______ the hands ______ of _______ men. _______
They have a mouth but shall not speak.

Eyes have they and shall not see.
Ears____ have_____ they and____ shall___

not___ hear.________________________ Al - -

le - lu - i - a.

Nor is_____ there___ any breath____ in____

their____ mouth.____________________

Al - le - lu - i - a.

Let those____ that____ make____ them be - come___

www.stanthonyssmonastery.org/music/Orthros.htm
like unto them.

And all they that put their trust in them.

O house of Israel, bless ye
the Lord.

Al - le - lu -

O house of Aaron, bless ye

the Lord.

Al - le - lu -

O house of Levi, bless
Ye that fear the Lord, bless ye the Lord.

Al - le - lu - ia.

Bless ed is the Lord out of Si - on, Who dwell - eth in Polyeleos - Psalm 134 - Long Version

www.stanthonyssmonastery.org/music/Orthros.htm
Jerusalem.

Alleluia.

Alleluia.
Prestissimo  ḫ.200

Prestissimo  ḫ.200

[Music notation]

O ye servants. Al-le-lu-ia.

Praise ye the Name of the Lord; O ye servants, praise.

Ye that stand in the house of the Lord, in the courts of the

house of our God. Al-le-lu-ia.
Praise ye the Lord, for the Lord is good.

Alleluia.

Chant unto His name, for it is good. Alleluia.

For the Lord hath chosen Jacob unto Himself. Alleluia.

Israel for His own possession. Alleluia.
For I know that the Lord is great. Alleluia.

And that our Lord is above all gods. Alleluia.

All that the Lord hath willed He hath done. Alleluia.

In heaven and on the earth. Alleluia.
In the seas and in all the abysses.

Al-le-lu-ia.

Bringing clouds up from the uttermost parts of the earth.

Al-le-lu-ia.

Lightnings for the rain hath He made.

Al-le-lu-ia.

He bringeth winds out of His treasuries.
He smote the first-born of Egypt.

From man unto beast.

He sent forth signs and marvels in the midst of thee, O Egypt.

On Phar-aoeh and on all his servants.

He smote many nations.
And slew mighty kings. Alleluia.

Seon, king of the Amorites. Alleluia.

And Og, king of the land of Bashan. Alleluia.

And all the kingdoms of Canaan. Alleluia.
And He gave their land for an inheritance.

An inheritance for Israel His people.

O Lord, Thy name endureth for ever.

And Thy memorial unto generation and generation.
For the Lord will judge His people._ Alleluia.

And because of His servants shall He be comforted._ Alleluia.

The idols of the nations are silver and gold, the works of the hands of men._ Alleluia.

They have a mouth but shall not speak._ Alleluia.
Eyes have they and shall not see. Alleluia.

Ears have they and shall not hear. Alleluia.

Nor is there any breath in their mouth. Alleluias.

Let those that make them become like unto them. Alleluias.
And all they that put their trust in them. Alleluia.

O house of Israel, bless ye the Lord. Alleluia.

O house of Aaron, bless ye the Lord. Alleluia.

Ye that fear the Lord, bless ye the Lord. Alleluia.

Blessed is the Lord out of Sion, Who dwell-eth in Jerusalem.

(The second choir chants the final Alleluia so that the first choir may begin the next psalm.)

Continue immediately with Psalm 135 on page 888 or 888.
**Polyeleos**

**Psalm 135**

First, plagal fourth, plagal second, grave, and first modes in triple meter

adapted by Hieromonk Seraphim (Dedes) and Hiermonk Ephraim from the Athonite melody as written by Hieromonk Gregory of Simonos Petras Monastery

Duration: 9:00
Intonation: #1

*Allegro* ♩ 150

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**First Mode**

O give thanks unto the Lord, for He is good.

---

www.stanthonyssmonastery.org/music/Orthros.htm
mer-cy endur-eth for-ev-er. Alle-
lu-i-a.

O give thanks unto the God of gods.

Al-le-lu-i-a. For His mer-cy endur-

eth for-ev-er. Alle-lu-i-a.

O give thanks unto the Lord of lords.

Al-le-lu-i-a. For His mer-cy endur-

eth for-ev-er. Alle-lu-i-a.
To Him Who alone hath wrought great wonders. Alleluia. For His mercy endur - eth for ev - er. Alleluia.

To Him that made the heav - ens with un - der - stand - ing. Alleluia. For His mercy endur -

eth for ev - er. Alleluia.

To Him that es - tab - lished the earth up - on the wa - ters. Alleluia. For His mercy en -

Plagal Fourth Mode

To Him Who a - lone hath made great lights.

Al - le - lu - i - a. For____ His____

mer - cy endur - - eth for - ev - er.

Al - le - lu - i - a.

The sun for do - min - ion of the day.____ Al - le -

Al - le - lu - i - a. For____ His____ mer - cy en -
The moon and the stars for dominion of the night. Alleluia.

For His mercy endures forever. Alleluia.

To Him that smote Egypt with their firstborn. Alleluia.

For His mercy endures forever.

And led forth_ Is - ra - el out of the midst of them._

Al - le - lu - i - a. For_ His mer - cy en -


With a strong_ hand and a loft - y arm._ Al - le-

lu - i - a. For_ His mer - cy en - dur -

eth for - ev - er. Al - le - lu - i - a.
To Him that divided the Red Sea into parts. Alleluia.

For His mercy endureth forever. Alleluia.

And led Israel through the midst thereof. Alleluia. For His mercy endureth forever. Alleluia.
And overthrew Pharaoh and his host in the Red Sea. Alleluia.

For His mercy endureth for ever. Alleluia.

To Him that led His people through the wilderness. Alleluia.

For His mercy endureth for ever. Alleluia.
To Him that smote great kings. Alleluia. For His mercy endureth forever. Alleluia.

And slew mighty kings. Alleluia. For His mercy endureth forever. Alleluia.

Session, king of the Amorites.
And Og, king of the land of Bashan. Alleluia. For His mercy endures forever. Alleluia.

And gave their land for an inheritance. Alleluia. For His mercy endures forever. Alleluia.
An inheritance for Israel His servant. Alleluia. For His mercy endures forever. Alleluia.

First Mode

For in our humiliation the Lord remembers us. Alleluia.

For His mercy endures forever. Alleluia.
And redeemed us from our enemies.

Alleluia. For His mercy endures forever. Alleluia.

He that giveth food to all flesh. Alleluia. For His mercy endures forever. Alleluia.

O give thanks unto the God of heaven. Alleluia. For His mercy endures forever.
On Sundays, continue immediately with the Evlogetaria on page 888 in this book. On other days, continue with a "Triadikon" of the proto-psaltis' choice. These are found on pages 888-888 in this book. In Athonite practice, however, a selection of psalmic verses is chanted before the Triadikon. The appropriate selections are listed on page 684 in the English edition of *The Great Horologion*. These verses are usually chanted in plagal second mode in a rapid heirmologic melody similar to those found on page 888 of this book.
O give thanks unto the Lord, for He is good. For His mercy endureth for ever. Alleluia.

O give thanks unto the God of gods. For His mercy endureth for ever. Alleluia.
O give thanks unto the Lord of lords. For His mercy endureth for ever. Alleluia.

To Him Who alone hath wrought great wonders. For His mercy endureth for ever. Alleluia.

To Him that made the heavens with understanding.

For His mercy endureth for ever. Alleluia.
To Him that established the earth upon the waters. For His mercy endur eth for ev er.

Al - le - lu - i - a.

To Him Who a lone hath made great lights. For His mer - cy endur eth for ev er. Al - le - lu -

i - a.

The sun for do min - ion of the day. For His mer -

cy endur eth for ev er. Al - le - lu -
The moon and the stars for dominion of the night.

For His mercy endureth forever. Alleluia.

To Him that smote Egypt with their first-born. For His mercy endureth forever. Alleluia.

And led forth Israel out of the midst of them. For His
mercy endureth for ever. Alleluia.

With a strong hand and a lofty arm. For His mercy endureth for ever. Alleluia.

To Him that divided the Red Sea into parts.

For His mercy endureth for ever. Alleluia.

And led Israel through the midst thereof. For His mer-

www.stanthonyssmonastery.org/music/Orthros.htm
And over-threw Pharaoh and his host in the Red Sea. For His mercy endur-eth for-ev-er.

To Him that led His peo-ple through the wil-der-ness. For His

mer-cy endur-eth for-ev-er. Al-le-lu-

i-a.
To Him that smote great kings. For His mercy endur-

eth for-ev-er. Al-le-lu-ia.

And slew might-y kings. For His mercy endur-

eth for-ev-er. Al-le-lu-ia.

Se-on, king of the Am-o-rites. For His mercy en-

dur-eth for-ev-er. Al-le-lu-ia.

And Og, king of the land of Ba-san. For His

mer-cy endur-eth for-ev-er. Al-le-lu-
And gave their land for an inheritance. For His mercy endur-eth for ev-er. Alle-lu-

An inheritance for Is-ra-el His ser-vant. For His mercy endur-eth for ev-er. Alle-lu-

For in our hu-mil-i-a-tion the Lord re-mem-bered us.
For His mercy endures forever. Alleluia.

And redeemed us from our enemies. For His mercy endures forever. Alleluia.

He that giveth food to all flesh. For His mercy endures forever. Alleluia.

O give thanks unto the God of heaven. For His mercy endures forever. Alleluia.
On Sundays, continue immediately with the Evlogetaria on page 888 in this book. On other days, continue with a "Triadikon" of the protopsaltis' choice. These are found on pages 888-888 in this book. In Athonite practice, however, a selection of psalmic verses is chanted before the Triadikon. The appropriate selections are listed on page 684 in the English edition of *The Great Horologion*. These verses are usually chanted in plagal second mode in a rapid heirmologic melody similar to those found on page 888 of this book.
**Polyeleos**

**Psalm 135**

Duration: 7:30  
Intonation: #14  
Allegro  \( \frac{1}{160} \)

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1.

O give thanks unto the Lord, for He is good. Alleluia. For His mercy endureth forever. Alleluia.

2.

O give thanks unto the God of gods. Alleluia. For His mercy endureth forever.

---

www.stanthonyismonastery.org/music/Orthros.htm
To Him Who alone hath wrought great wonders. Alleluia.

For His mercy endureth forever. Alleluia.

To Him that made the heavens with understanding.
Al - le - lu - i - a. For His mer - - - -

Al - le - lu - i - a. For His mer - - - -

To Him that es - tab - lished the earth up - on the wa - ters.

Al - le - lu - i - a. For His mer - - - -

Hard Chromatic...

Al - le - lu - i - a. For His mer - - - -

Plagal Second Mode

To Him Who a - lone hath made great lights._ Al - le - lu - i -
Diatonic

For His mercy endur-eth for-ev-er. _ Al-le-lu-ia._

The sun for do-min-ion of the day. _ Al-le-lu-ia._

The moon and the stars for do-min-ion of the night._

Al-le-lu-ia. For His mer-

- cy_ en-dur-eth for-ev-er. Al-le-
To Him that smote Egypt with their first-born.

For His mercy endureth for ever.

And led forth Israel out of the midst of them.

For His mercy endureth for ever.
With a strong hand and a lofty arm. Alleluia.

For His mercy endur eth for ev er. Alleluia.

To Him that divid ed the Red Sea into parts.

Alleluia. For His mercy

- endur eth for ev er. Alleluia.

And led Is ra el through the midst there of. Allelu -
And over-throwèd Pharaoh and his host in the Red Sea.

To Him that led His people through the wilderness. Alle-

Polyeleos - Psalm 135 - Four Modes

www.stanthonyssmonastery.org/music/Orthros.htm
To Him that smote great kings. _Al - le - lu - i - a._

For His mer - cy en - dur - eth for - ev - er.

Al - le - lu - i - a.

And slew_ might - y kings._ Al - le - lu - i - a.

For His mer - cy en - dur - eth for - ev - er.

Al - le - lu - i - a.

Plagal Fourth Mode

Se - on, king of the Am - o - rites. Al - le - lu - i - a. For His mer - cy en - dur - eth for -
ever. Alleluia.

And Og, king of the land of Bashan. Alleluia.

For His mercy endur eth for ever. Alleluia.

And gave their land for an inheritance. Alleluia.

For His mercy endur eth for ever. Alleluia.

An inheritance for Israel His servant. Alleluia.
lu - i - a. For His mer - - - cy en - dur - eth for - ev - er. Al - le - lu - i - a.

For in our hu - mil - i - a - tion the Lord re - mem - bered us._

Al - le - lu - i - a. For His mer - - - -

And re - deemed us from our en - e - mies. Al - le - lu - i - a. For His mer - - - cy en - dur - eth for -
He that giveth food to all flesh. Alleluia.

O give thanks unto the God of heaven. Alleluia.

For His mercy endureth for ever. Alleluia.

For His mercy endureth for ever.
On Sundays, continue immediately with the Evlogetaria on page 888 in this book. On other days, continue with a "Triadikon" of the proto-psaltis' choice. These are found on pages 888-888 in this book. In Athonite practice, however, a selection of psalmic verses is chanted before the Triadikon. The appropriate selections are listed on page 684 in the English edition of *The Great Horologion*. These verses are usually chanted in plagal second mode in a rapid heirmologic melody similar to those found on page 888 of this book.
By the Waters of Babylon*

Psalm 136

Duration: 11:30
Intonation: #8

Adagio  \( \cdot \cdot \cdot \cdot \cdot \)

Third Mode
adapted from Hourmouzios Hartophylax (1780-1840)

* This psalm is chanted on Meat-fare and Cheese-fare Sunday. On these two days, instead of reading Psalm 118 during Orthros, Psalms 134 and 135 and chanted heirmologically (see pp. 888 and 888) followed by this psalm.
By the Waters of Babylon

1. wept when we re-membered Sin-
on. Alle-lu-ia.

2. Up-on the wil-lows in the midst there-of did we hang our instru-
ments. Alle-

3. For there, they that had tak-en
By the Waters of Babylon

D
Un.
F

words of song.

Al-le-lu-ia.

And they that had led us away asked us for a hymn, say ing: Sing us one of the songs ofSimon.

Al-le-lu-ia.
By the Waters of Babylon

How shall we sing the Lord's song in a strange land? Al-le-lu-ia.

If I forget thee, O Jerusalem, let my right hand be forgotten.
By the Waters of Babylon

Al - le - lu - i - a.

Let my tongue cleave to my throat,

if I re - mem - ber thee not.

Al - le - lu - i - a.

If I set not Jerusalem above all other, as at the head of my joy.

www.stanthonymsmonastery.org/music/Orthros.htm
By the Waters of Babylon

Un. F
Al-le-lu-ia.

Un. F

F > D > C

Re-mem-ber, O Lord, the sons of E-dom, in the

9

F

Bb Enharmonic (transposed)

Enharmonic (transposed)

C Bb

Enharmonic (transposed)

Un.

F

Who said: Lay waste to her, lay waste

www.stanthonyssmonastery.org/music/Orthros.htm
to her, even to the foundations thereof.

O daughter of Babylon, thou wretched one,
blessed shall he be who shall reward thee whereewith thou

www.stanthonyismonastery.org/music/Orthros.htm
Un. F
hast re - ward - - - ed us.

Un. F
Al - le -
lu - - - i - - - a.

C
Bless - - - ed shall he be

D
who shall seize and dash thine in -

Un. F
fants a - gainst the rock.

C
Al - le -
lu - - - i - - - a.

(Continue immediately with the Resurrectional Evlogetaria on page 888.)
A Good Word

Selections of Psalm 44*

adapted from Theodoros "Phoakeus" (1790-1848)

Duration: 24:00
Intonation: #26
Andante 1.88

Plagal Fourth Mode

Λόγον ἄγαθόν

A good word, a good word. Al -

le - lu - - - - - i - - - - - a. My

heart hath poured forth a good

* On feast days of the Mother of God, these selections of Psalm 44 are chanted after the Polyeleos Psalms 134 and 135 are chanted. Because of the length of these selections, a common practice on the Holy Mountain is to chant brief versions of Psalms 134 and 135 when this long version of Psalm 44 will be chanted.
Psalm 44 - A Good Word

O Queen of all, rejoice, O all-hymned Mother of Christ our God.

Alleluia.

I speak of my works to the king.
Rejoice, O Queen of the angels, Sovereign Lady of the world.

Alleluia.

My tongue is the pen of a swiftly writing scribe.

Rejoice, O preaching of the Prophet.
Psalm 44 - A Good Word

Come—ly art Thou in beauty more than the sons of men.

O Lady, rejoice, pure virgin,

thou Bride of God.
Grace hath been poured forth on Thy lips.

Rejoice, O spotless, undefiled, incorrupt, O all holy one.

Psalm 44 - A Good Word

www.stanthonyssmonastery.org/music/Orthros.htm
Wherefore God hath blessed Thee for ever.

Rejoice, O hope of the hopeless and of the embattled the succour.
Psalm 44 - A Good Word

lu - - - - - - a.

Gird Thy sword

G G F G

O Might - - - y O

Hard Chromatic

One, upon Thy thigh.

Hard Chromatic

Soft Chromatic

Re - joice,

O Mary full of grace;

the Lord is with thee,

and through thee, with us.

www.stanthonysonastery.org/music/Orthros.htm
Psalm 44 - A Good Word

In Thy comeliness and Thy beauty.

Hard Chromatic

Soft Chromatic

Joice, blesséd art thou among women, and blesséd is the Fruit of thy womb.
Psalm 44 - A Good Word

G

C

C

D

C

G

F

E

Un.

Un.

O

O

G

F

E

Un.

G

Psalm 44 - A Good Word

Bend Thy bow, and proceed proceed pros-

perously, and be king.

O Virgin, re-

joyce, O The- o- to-

kos,

blessed a-

mong wom-

en.
Psalm 44 - A Good Word

Because of truth and meekness.

Because of truth and meekness.

Soft Chromatic

O Mar

- y, rejoice, thou Sov ' reign

Lady of us all, the Lord

of hosts is with thee.

www.stanthonyssmonastery.org/music/Orthros.htm
Psalm 44 - A Good Word

Wherefore God hath anointed Thee for ever.

Rejoice, O fier y throne

more glorious than the creatures
Psalm 44 - A Good Word

... of four-fold aspect...

... With the oil of gladness...

... more than Thy fellows...

... O Mar...

... y, rejoice, thou Sovereign Lady...
of us all; rejoice, O Mother of Life.

At Thy right hand stood the queen. Rejoice,

O most blessed, most glorious.
Psalm 44 - A Good Word

Un.  C

Al - le - lu - - -

i - - a.

Arrayed_______ and a - dorned____ in

var - i - ous____ col - - - -

Re - joice,___ O im -

mac - u - late__ The - o - to -

kos,____ for_____ thou hast borne___ the_
Saviour of our souls.

Alleluia.

Hearken, hearken,

O daughter, and see,

and incline thine ear.

Rejoice, O paradise,

www.stanthonyismonastery.org/music/Orthros.htm
O most holy paradise;

rejoice, thou unwedded bride.

Alleluia.

And forget thine own people

and thy father's house.

Psalm 44 - A Good Word
Psalm 44 - A Good Word

Rejoice, O Saint, greatest of the saints;

Rejoice, thou wedded bride.

Alleluia.

The rich among the people
shall entreat thy countenance.

O all holy Virgin, hearken to the

voice of thy worthless suppliant,

ever guide me to offer thee the sighings of my heart, O Lady.

Alleluia.
Psalm 44 - A Good Word

Hard Chromatic

I shall commemorate thy name in every generation and generation.

Soft Chromatic

O all-holy Virgin, Bride of Bride of God, accept my lowly service and
Continue immediately with a Triadikon. Traditionally, the Triadikon on page 888 in plagal fourth mode is chanted after this version of Psalm 44. For brevity, however, some opt to chant the brief Triadikon on page 890 instead.
Triadikon

First Mode

Duration: 3:30 + 3:30
Intonation: #1

adapted from Hieromonk Gregory of Simonos Petras Monastery

Γόλγοθα ευξοῦμεν

To the Father, and to the Son, and to the Holy Spirit.

www.stanthonysonestamp.org/music/Orthros.htm
Let us worship the Father, and let us glorify the Son, and with one accord let us all praise the Almighty Father, whilst
cry - - - - ing and

say - - - - ing and say - - - -

Hard Chromatic

-- - - - - - - - - - - - - -

Trinity, save us all.

Theotokion

Both now and ev - - - er, and un - to the
One, Thym compassion, O Good

One, that

we

may

glorify Thee,

Who for our sake hast shone forth from the grave.

O Thou hope of our souls.

* On Sundays, the upper set of lyrics "Who for our sake hast shone forth from the grave" is chanted. On other days, the lower set of lyrics "O Thou hope of our souls" is chanted.
Triadikon - Gregory
Triadika

Plagal First Mode*

adapted from Petros Peloponnesios (d. 1777)

Andante \( \frac{\text{b} \text{D}}{\text{g}} \)

\[\text{Glo - - - - ry to the Fa - - - ther, and} \]

\[\text{to the Son, and to the Ho - - - -} \]

* To hear a recording of this Triadikon chanted by Thrasyvoulos Stanitsas the Archon Protopsaltis, download the following file: http://stanthonysmonastery.org/music/Triadikon5.mp3 (5 Mb). Although he chants the original Greek melody, it is still helpful for learning this English adaptation, because the two melodies are identical for the most part.
Triadika - Plagal First Mode

Un.  D

-the Holy Spirit-

C  D

-the Holy Spirit-

C  D

- it.  Leh yeh.

D

O Thou Divin-

Un.

O Thou Divinity
Triadika - Plagal First Mode

beyond all

beginning:

Father un

orig

un orig

i

www.stanthonymsmonastery.org/music/Orthros.htm
Triadika - Plagal First Mode

Hard Chromatic

G

Un. D

Who doth proceed,

B

Un. D

who  doth  pro - ceed,
ceed, O Holy Trinity

Holiness

Trinity
devoutly worshipped in unity, glory
To hear a recording of this Theotokion chanted by the blind Athonite Monk Dositheos, download the following file: http://stanthonysmonastery.org/music/Theotokion5.mp3 (1.0 Mb). Although he chants the original Greek melody, it is still helpful for learning this English adaptation, because the two melodies are identical for the most part.
Triadika - Plagal First Mode

Hard Chromatic

Con-dem-na-tion de-liv-er me, de-liv-er me.
**Triadikon**

Duration: 7:00  
(or 4:45 if abbreviated)

Intonation: #26  

**Andante** \( \frac{3}{8} \)

adapted from Theodore Paparaschou  
"Phokaeus" (1790-1851)

Δέσποινα πρόσδεξαι

*To hear a recording of this Triadikon chanted by Fr. Prodromos of New Skete on the Holy Mountain, download the following file: http://stanthonysmonastery.org/music/Triadikon8.mp3 (4.8 Mb). Although he chants the original Greek melody, it is still helpful for learning this English adaptation, because the two melodies are identical for the most part.*
and to the Son, and to the Holy Spirit.

Both now and ever, and unto the ages of ages.

* For brevity, the music between brackets in this composition may be omitted.
Triadikon - Plagal Fourth Mode - Phokaeus

Hard Chromatic

G↓

C rit.

G↓

C rit.
Andante

Glo - ry to the Fa - ther, and to the Son, and
to the Ho - ly Spir - it.

Let us wor - ship the Fa - ther, and let us
glo - ri - fy the Son, and with one ac - cord let us all

praise the All - ho - ly Spir - it, whilst cry - ing and

Triadikon

Brief Version
First Mode

adapted from Athonite melody

Τὸν πατέρα προσκυνήσωμεν

Duration: 2:30
Intonation: #1

www.stanthonyssmonastery.org/music/Orthros.htm
say ing: O All ho ly Tri n i ty, save
us all.

Theotokion

Θην μητέρα σου

Both now and ev er, and un to the ages of ages. Amen.

Thy Moth er do Thy peo ple bring be fore
Thee in inter ces sion, O Christ. By her sup pli ca tions, grant us Thy com pas sions, O Good One,
that we may glorify Thee, Who for our sake hast shone forth from the grave.

Ending for Sundays

hast shone forth from her.

Ending for other days
Evlogetaria of the Resurrection

Brief Version for Sundays

Intonation: #13
Allegro $\frac{\text{1}}{4}$-150

Plagal First Mode

Eυλογητός ει Κύριε

Bless-ed art Thou, O Lord, teach-me Thy statutes.

The assembly of the angels was amazed to see-Thee-account-ed among the dead, Thou Who

www.stanthonyzmonastery.org/music/Orthros.htm
hadst destroyed the might of death, O Saviour, and didst
raise up Adam with Thyself, and Who hadst freed all
men from Hades.

Blessed art Thou, O Lord, teach me Thy statutes.

Why do ye mingle myrrh with tears of compassion,

O ye women disciples? The radiant angel
in the grave addressed the myrrh-bearing women:

hold the grave and exult, for the Saviour hath a-
risen from the sepulchre.

Blessed art Thou, O Lord, teach me Thy statutes.

At early morn, the myrrh-bearers hastened to Thy sepulchre with lamentation; but an angel came to them and said: The time for sorrow is ended; weep ye no longer. And tell the apostles of the Resurrection.

Blessed art Thou, O Lord, teach me Thy statutes.
The myrrh-bearing women came with myrrh unto Thy tomb, O
Saviour, and they heard an angel saying unto them: Why do ye count the Living among the dead? For, as God, He is risen from the sepulchre.

Glory to the Father, and to the Son, and to the Holy Spirit.

We worship the Father, and His Son, and the Holy
Spir - it, the Ho - ly Trin - i - ty, one in - es - sence; and we cry - out with the Ser - a - phim: Ho - ly, Ho - ly, Ho - ly art Thou, O - Lord.

Both now and - ev - er, and un - to the ag - es of ag - es. A - men.

By giv - ing birth to the Giv - er of Life, O - Vir - gin, thou didst res - cue Ad - am from sin, and thou didst grant Eve - joy in - stead of - sor - row;
for the God and Man Who was incarnate of thee

guided back to life him that had fallen away therefrom.

Al-le-lu-ia, Al-le-lu-ia, Al-le-lu-ia. Glory to Thee, O God. (twice)

Al-le-lu-ia, Al-le-lu-ia, Al-le-lu-ia. Glory to Thee, O God.

www.stanthony'smonastery.org/music/Orthros.htm
**Evlogetaria of the Resurrection**

Long Version for the Orthros of Holy Saturday

Duration: 7:30
Intonation: #14 or #15

**Allegro**

Plagal First Mode adapted from Petros Peloponnesios (d. 1777)

Blessed art Thou, O Lord,

Teach me Thy statutes.

The assembly of an-

www.stanthonysmonastery.org/music/Orthros.htm

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gels was amazed to see Thee accounted among the dead, Thou Who hadst destroyed the might of death, O Savior, and didst raise up Adam with Thyself, and Who hadst freed all men from Hades.

Blessed art Thou, O Lord,
teach me Thy statutes.

Why do ye mingle myrrh with tears of compassion,

O ye women disciples? The radiant angel in the grave addressed the myrrh-bearing women: Behold the grave and exult, for the Saviour hath a
ris - - - en from the sep - ul - chre.

Bless - ed art Thou, O Lord,

G teach me Thy stat - - - ures.

A At ear - ly morn, the myrrh - bear - ers has - - - tened to Thy sep - ul - chre with lam - en - ta - tion; but an an - - - gel came to them and said: The time for sor - - -
row is ended; weep ye no longer. And tell the apostles of the Resurrection.

Blessed art Thou, O Lord, teach me Thy statutes.

The myrrh-bearing women came with myrrh unto Thy tomb, O Saviour, and they heard an
an - gel say - ing un - to them:

Why do ye count the Liv - - - -
ing a - mong the dead?

For, as God, He is ris - en from

the sep - ul - chre.

Glo - ry to the Fa - ther, and to the

Son, and to the Ho - ly

Spir - - - it.
We worship the Father, and His Son, and the Holy Spirit, one in essence; and we cry out with the Seraphim: Holy, Holy, Holy art Thou, O Lord.

Both now and ever, and unto the ages of

By giving birth to the Giver

of Life, O Virgin,

thou didst rescue Adam

from sin, and thou didst

grant Eve joy instead of sorrow;

for the God and Man Who was

incarnate of thee
guided back to life him that had fallen away therefrom.

Alleluia, Alleluia, Alleluia, Alleluia, Alleluia, Alleluia, Alleluia, Alleluia, Alleluia, Alleluia.

Al - le - lu - i - a, (twice)

Glo - ry to Thee, O God.

Alleluia, Alleluia, Alleluia, Alleluia, Alleluia, Alleluia, Alleluia, Alleluia, Alleluia, Alleluia.

www.stanthonysmonastery.org/music/Orthros.htm

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Try to Thee, O God.
From my Youth

Long Version

Fourth Mode
adapted from Petros Peloponnesios (d. 1777)

Duration: 4:00
Intonation: #9

Andante \( \frac{80}{\text{m}} \)

\( \text{E} \)

From my youth \( \ldots \) do many passions war agains \( \ldots \) me;

www.stanthonyssmonastery.org/music/Orthros.htm
but do Thou Thyself defend
and save me, O my Savior.
(twice)

Ye haters of Sion shall be shamed by the Lord;
for, like grass, by the
fire shall ye be wasted.
(twice)
Glo-ry to the Fa-ther, and to the Son, and

to the Ho-ly Spir-it.

In the Ho-ly Spir-it ev-ery

soul is quick-ened and

through clean-ing is ex-alt-ed and

made ra-di-ant by the Tri-ple

Un-ni-ni-t-y, in

a hid-den, sa-cred man-
Both now and ever, and unto the ages of ages. Amen.

By the Holy Spirit, the streams of grace gush forth, watering all creation unto the begetting of life.
From my Youth

Duration: 1:30  
Intonation: 9

Fourth Mode  
Brief Version

From my youth do many passions war against me;

but do Thou Thyself defend and save me, O my Saviour.

Ye haters of Sion shall be shamed by the Lord; for, like grass, by the fire shall ye be withered.

www.stanthonyssmonastery.org/music/Orthros.htm
Glo-ry to the Fa-ther, and to the Son, and to the Ho-ly Spir-it.

In the Ho-ly Spir-it ev-ery soul is quick-ened and through cleans-ing is ex-alt-ed and made ra-di-ant by the Tri-ple Uni-ty, in a hid-den, sa-cred man-ner.

Both now and ev-er, and un-to the ag-es of ag-es. A-men.
By the Holy Spirit, the streams of grace gush forth,
watering all creation unto the begetting of life.

(The first choir immediately chants the prokeimenon of the feast day.)
Let Every Breath

Second Mode

Let every breath praise the Lord.

Chanted before the Gospel Reading in Orthros

Intonation: #4

Allegro  \( \frac{4}{4} \) 160

Let every breath praise the Lord.

www.stanthonyismonastery.org/music/Orthros.htm
Psalm 50

Second Mode
based on Athonite oral tradition

Intonation: #4
Presto ♩=200

```
1

Have mercy on me, O God, according to Thy great
mercy; and according to the multitude of Thy
compassions blot out my transgression.
```

www.stanthonyssmonastery.org/music/Orthros.htm
Wash me thoroughly from mine iniquity, and cleanse me from my sin.

For I know mine iniquity, and my sin is ever before me.

Against Thee only have I sinned and done this evil before Thee, that Thou mightest be justified in Thy words and prevail when Thou art judged.

For behold, I was conceived in iniquities,
Psalm 50 - Second Mode

and in sins did my mother bear me.

On regular Sundays, the following version of verse #6 is chanted.
When, however, a Hierarch is present, versions 6A and 6B are chanted instead

For behold, Thou hast loved truth; the hidden and secret things of Thy wisdom hast Thou made manifest unto me.

(continue with verse #7 on next page)

When a Hierarch is present:

Andante 6/84

For behold, Thou hast loved truth; the hidden and secret things of

www.stanthonysmonastery.org/music/Orthros.htm
Thy wisdom hast Thou made man - i - fest _ un _ to _ me. _

Many years to _

thee, O _

Thou shalt sprin _ kle me with hys _ sop, and I shall be made clean; _

Thou shalt wash _ _ me, and I shall be made whi _
er _ than snow. _

Thou shalt make me to hear _ joy and glad _ ness; the

(The first choir begins verse 6B as soon as the Hierarch starts blessing the faithful.)
bones that be humbled, they shall rejoice.

Turn Thy face away from my sins, and blot out all mine iniquities.

Create in me a clean heart, O God, and renew a right spirit within me.

Cast me not away from Thy presence, and take not Thy Holy Spirit from me.

Restore unto me the joy of Thy salvation,
and with Thy governing Spirit establish me.

I shall teach transgressors Thy ways, and the ungodly shall turn back unto Thee.

Deliver me from blood-guiltiness, O God,
Thou God of my salvation; my tongue shall rejoice in Thy righteousness.

O Lord, Thou shalt open my lips, and my mouth shall declare Thy praise.
For if Thou hadst desired sacrifice, I had given it; with whole-burnt offerings Thou shalt not be pleased.

A sacrifice unto God is a broken spirit; a heart that is broken and humbled God will not despise.

Do good, O Lord, in Thy good pleasure unto Sion, and let the walls of Jerusalem be built.
Then shalt Thou be pleased with a sacrifice of righteousness, with oblation and whole-burnt offerings.

Then shall they offer bullocks upon Thine altar,

and have mercy on me, O God.

(continue with Glory... By the intercessions... on page 888 or 888)
Pentecostaria

Second Mode

Glo-ry to the Fa-ther, and to the Son, and to the Holy Spirit.

By the interces-sions of the ap-ostles, O Mer-cy...
ful One, blot out the multitude of mine offences.

Both now and ever, and unto the ages of ages. Amen.

By the intercessions of the Theotokos, O Merci...
Have mercy on me, O God, according to Thy great mercy, and
according to the multitude of Thy compassions, blot out
my transgressions.

Jesus, having risen from the grave as He foretold,
hath granted us life ever-

last ing and great mercy.
Alternate Version
adapted from Elder Gabriel of Dionysiou

Δόξα... Ταῖς τῶν ἀποστόλων

Andante \( \text{\textfrac{1}{8}} \)

Duration: 3:00
Intonation: #7

Pentecostaria - Second Mode

Glo-ry to the Fa-ther, and to the Son, and to the Ho-ly Spirit.

By the in-ter-ces-sions of the a-pos-tles, O Mer-ci-ful One,

blot out the multi-ti-tude of mine of-fen-ces.

Diatonic

www.stanthonysonastery.org/music/Orthros.htm
Both now and ever, and unto the ages of ages. Amen.

By the intercessions of the Theokos, O Merciful One,

blot out the multitude of mine offenses.

www.stanthonyssmonastery.org/music/Orthros.htm
Have mercy on me, O God, according to Thy great mercy, and
according to the multitude of Thy compassions, blot out
my transgressions.

Jesus, having risen from the grave as He foretold, hath granted us
life everlasting and great mercy.
Glory to the Father, and to the Son, and to the Holy Spirit.

By the intercessions of the apostles, O Merciful One, blot out the multitude of mine offerings.

Both now and ever, and unto the ages of ages. Amen.
By the intercessions of the Theotokos, O Merciful One, blot out the multitude of mine of-fences.

Have mercy on me, O God, according to Thy great mercy, and according to the multitude of Thy compassions, blot out my transgressions.

Jesus, having risen from the grave as He foretold, hath granted us life everlasting and great...
Psalm 50

Intonation: #22

Grave Mode (Tetraphonic)

Presto \( \frac{1}{2} \cdot 200 \)

Have mercy on me, O God, according to Thy great mercy; and according to the multitude of Thy compassions blot out my trans-

www.stanthonymonastery.org/music/Orthros.htm
Wash me thoroughly from mine iniquity, and cleanse me from my sin.

For I know mine iniquity, and my sin is ever before me.

Against Thee only have I sinned and done this evil before Thee, that Thou mightest be justified in Thy words and prevail when Thou art judged.
5 For be - hold, I was con-ceived in in - iq - ui - ties,
and in sins did my moth - er bear me.

On regular Sundays, the following version of verse #6 is chanted.
When, however, a Hierarch is present, versions 6A and 6B are chanted instead.

6 For be - hold, Thou hast loved truth; the hid - den and
se - cret things of Thy wis - dom hast Thou made man - i - fest un - to me.

(continue with verse #7 on next page)

When a Hierarch is present:

Andante}
The first choir begins verse 6B as soon as the Hierarch starts blessing the faithful.
whiter than snow.

Thou shalt make me to hear joy and gladness; the bones that be humbled, they shall rejoice.

Turn Thy face away from my sins, and blot out all mine iniquities.

Create in me a clean heart, O God, and renew a right spirit within me.

Cast me not away from Thy presence, and take
not Thy Holy Spirit from me.

Restore unto me the joy of Thy salvation, and

with Thy governing Spirit establish me.

I shall teach transgressors Thy ways, and the ungodly

shall turn back unto Thee.

Deliver me from blood-guiltiness, O God, Thou

God of my salvation; my tongue shall rejoice in Thy

righteousness.
O Lord, Thou shalt open my lips, and my mouth shall declare Thy praise.

For if Thou hadst desired sacrifice, I had given it; with whole-burnt offerings Thou shalt not be pleased.

A sacrifice unto God is a broken spirit; a heart that is broken and humbled God will not despise.
Psalm 50 - Grave Mode

(continue with Glory... By the intercessions... on next page)
Pentecostaria

Grave Mode

adapted from Theodore Papaparaschou "Phokaeus" (1790-1851)
as interpreted by Athanasios Karamanis (1911- )

Duration: 3:30
Intonation: #22
Andante \( \frac{1}{88} \)

Δόξα... Ταίς τῶν ἀποστόλων

Glo - ry to the Fa - - - ther, and____to

the____Son, and to the Ho - ly____Spir - - - - it.______By____the inter - ces - - - sions____of the a - pos - - - - tles, O Mer -

- ci - ful____One,____blot____out______________________

www.stanthonyismonastery.org/music/Orthros.htm
Kαι νῦν... Ταῖς τῆς Θεοτόκου

Both now and ever, and unto the ages of ages. By the intercessions, of the Theokos, O Merciful One,
Larghetto  

a tempo

blot out the multitude of mine offenses.

Have mercy on me, O God, according to Thy great mercy,

and according to the multitude of Thy compassions,

blot out my transgressions.

Jesus, having risen from the grave as He foretold, hath

'Ελέησον με... Ἀναστάς ὁ Ιησοῦς

Pentecostaria - Grave Mode

www.stanthonysonastery.org/music/Orthros.htm
grant - - - ed us life ev - er - last ing and great mer - - - - cy.
Psalm 50

Have mercy on me, O God, according to Thy great mercy; and according to the multitude of Thy compassions blot out my transgression.

Wash me thoroughly from mine iniquity, and
Psalm 50 - Plagal Fourth Mode

1. Un.
   cleanse me from my sin.

2. Soft Chromatic
   For I know mine iniquity, and my sin is ever before me.

3. Hard Chromatic
   Against Thee only have I sinned and done this evil before Thee, that Thou mightest be justified in Thy words and prevail when Thou art judged.

4. Hard Chromatic
   For behold, I was conceived in iniquities, and in sins did my mother bear me.

5. C
   www.stanthonyssmonastery.org/music/Orthros.htm
On regular Sundays, the following version of verse #6 is chanted. When, however, a Hierarch is present, versions 6A and 6B are chanted instead.

When a Hierarch is present:

For be - hold, Thou hast loved truth; the hid - den and se - cret things of Thy wis - - - dom hast Thou made man - i - fest un - to me.

Psalm 50 - Plagal Fourth Mode
The first choir begins verse 6B as soon as the Hierarch starts blessing the faithful.

6B  Soft Chromatic

Man-y years to thee, O Master.

7  Presto 1.200

Thou shalt sprinkle me with hys-sop, and I shall be made clean; Thou shalt wash me, and I shall be made whiter than snow.

8  C

Thou shalt make me to hear joy and
Psalm 50 - Plagal Fourth Mode

Un.  D > D > D > D > Un.

glad - ness; the bones that be hum - bled, they

shall re - joice.

C

Turn Thy face a - way from my sins, and blot out

all mine in -iq - ui - ties.

C

Cre - ate in me a clean heart, O God, and re - new a right

spir - it with - in me.

C

Cast me not a - way from Thy pres - - - ence, and

take not Thy Ho - ly Spir - it from me.
Psalm 50 - Plagal Fourth Mode

12

G C > D

Re-store un-to me the joy of Thy sal-va-tion,

C

and with Thy gov-ern-ing Spir-it es-tab-lish me.

13

C

Soft Chromatic

I shall teach trans-gress-ors Thy ways, and the un-god-ly

shall turn back un-to Thee.

14

G C

De-liv-er me from blood-guilt-i-ness, O God,

C

Thou God of my sal-va-tion; my tongue_

shall re-joice in Thy right-eous-ness.

15

C

O Lord, Thou shalt o-pen my lips, and my mouth shall de-
clare__ Thy praise.

For if Thou hadst desired sacrifice, I had given it; with whole-burnt offerings Thou shalt not be pleased.

A sacrifice unto God is a broken spirit; a heart that is broken and humbled God will not despise.

Do good, O Lord, in Thy good pleasure unto

Si - on, and let the walls of Je - ru - sa - lem be
Then shalt Thou be pleased with a sacrifice of righteousness, with oblation and whole-burnt offerings.

Then shall they offer bullocks upon Thine altar, and have mercy on me, O God.

(continue with Glory... By the intercessions... on next page)
Post-Gospel Hymns

For Sunday Orthros in the Triodion

Duration: 4:45
Intonation: #25
Andante \( \frac{1}{4} \cdot 100 \)

Plagal Fourth Mode

Δόξα Πατρί... Τῆς μετανοίας

Glo-ry to the Fa-ther, and to the Son, and
to the Ho-ly Spirit-
it.

Do Thou o-pen un-to me the

doors of re-pen-tance, O Giv-

er of Life; for my spir-it go-

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eth_ ear - _ ly un - to Thy ho -

ly tem - - ple, bring - ing the tem - ple_ of_ my_ bod - y all de - filled._

But as One com - pas - - - sion - - ate, cleanse me_ by Thy_ com - pas -

sion - ate____ mer - - - - cy.

Second Choir:

Καὶ νῦν... Τῆς σωτηρίας

Both now_ and_ ev - er, and un - to the ag - es
Post-Gospel Hymns - Triodion

Do Thou make straight for me the paths of salvation, O Theotokos; for I have defiled my soul with shameful sins, having wasted my whole life in slothfulness. By thine intercessions, deliver me from...
First Choir:

'Ελέησόν με... Τὰ πλήθη

Have mercy on me, O God, according to Thy great mercy; and according to the multitude of Thy compassions blot out my transgression.

When I, the hapless one, bring to mind the multitude of my terrible deeds, I tremble...
at the fearful day of judgment.

But trusting in the mercy of Thy compassion, like David I cry out to Thee: Have mercy on me,

O God, according to Thy great mercy.
Let Every Breath

Very Long Version*
First Mode

adapted from Iakovos the Protopsaltis (d. 1800)
as interpreted by Gregory the Protopsaltis (d. 1822)

Duration: 5:00
Intonation: #1

* When a Hierarch presides in Orthros but is not going to serve Liturgy, this very long version of "Let every breath" is chanted while he venerates the icons. If, however, he will serve Liturgy, the regular (sticheraric) versions of "Let every breath" and "Praise the Lord" are chanted.
Let Every Breath - Very Long Version

Un. D C D > C
the Lord.

D C D C
Praise the Lord

D C D (n)
from the

C D
Heavens, from the Heavens

A
praise

C D
Him in

C
the high

D C D

www.stanthonyssmonastery.org/music/Orthros.htm
Let Every Breath - Very Long Version

To Thee is due praise, O God,

to Thee is due praise,

O God.

Praise Him

Aiveîthe Aîtôv

Praise Him, praise.
to Thee is due praise, O God.
Sunday Theotokion
Before the Doxology

In All Eight Modes*

Allegro \( \frac{\text{4}}{\text{4}} \) \( \text{=160} \)

Intonation: #1

First Mode

Both now and ever, and unto the ages of


Most bless - ed art thou, O Vir - gin The - o - to - kos;

for through Him who was in - car - nate of thee, Ha -

* In some traditions, this Theotokion is chanted in the mode of the week. According to an older tradition, however, it is always chanted in second mode.
des was taken captive, Adam was recalled, the curse was annulled. Eve was freed, death was put to death, and we were brought to life. Therefore, with hymns we cry aloud: Blessed art Thou, O Christ our God, Who hast been thus well-pleased; glory be to Thee.

Second Mode

Intonation: #4

Both now and ever, and unto the ages of ages. Amen.
Most blessed art thou, O Virgin Theotokos; for through Him who was incarnate of thee, Hades was taken captive, Adam was recalled, the curse was annulled. Eve was freed, death was put to death, and we were brought to life. Wherefore, with hymns we cry aloud: Blessed art Thou, O Christ our God, Who hast been thus well-pleased; glory be to Thee.
Both now and e - ver, and un - to the ag - es of

Most bless - ed art thou, O Vir - gin The - o - to - kos;
for through Him who was in - car - nate of thee, Ha - des was
tak - en cap - tive, Ad - am was re - called, the curse_
was an - nulled. Eve was freed, death was put to death,
and we were brought to life. Where - fore, with hymns we_
cry aloud: Blessed art Thou, O Christ our God, Who hast been thus well-pleased; glory be to Thee.

Both now and ever, and unto the ages of ages. Amen.

Most blessed art thou, O Virgin Theotokos;

for through Him who was incarnate of thee, Ha-

Fourth Mode
(Legetos)

Intonation: #9
des was taken captive, Adam was recalled, the curse was annulled. Eve was freed, death was put to death, and we were brought to life. Wherefore, with hymns we cry aloud: Blessed art Thou, O Christ our God,

Plagal First Mode

Intonation: #13

Both now and ever, and unto the ages of ages. Amen.
Most blessed art thou, O Virgin Theotokos;
for through Him who was incarnate of thee, Hades was taken captive, Adam was recalled, the curse was annulled. Eve was freed, death was put to death, and we were brought to life. Therefore, with hymns we cry aloud: Blessed art Thou, O Christ our God, Who hast been thus well-pleased; glory be to Thee.
Plagal Second Mode

Intonation: #17

Both now and ever, and unto the ages of ages. Amen.

Most blessed art thou, O Virgin Theotokos;

for through Him who was incarnate of thee,

Hades was taken captive, Adam was recalled, the curse was annulled. Eve was freed, death was put to death, and we were brought to life. Wherefore, with hymns we
cry a - loud: Bless - ed art Thou, O Christ our God,

Who hast been thus well - pleased;_ glo - ry be to Thee.

Grave Mode

Intonation: #21

Most bless - ed art thou, O Vir - gin The - o - to - kos;

for through Him who was in - car - nate of thee, Ha -

des was tak - en cap - tive, Ad - am was re - called, the
curse was annulled. Eve was freed, death was put to death, and we were brought to life. Wherefore, with hymns we cry aloud: Blessed art Thou, O Christ our God, Who hast been thus well-pleased; glory be to Thee.

Plagal Fourth Mode

Intonation: #24

Both now and ever, and unto the ages of ages. Amen.

Most blessed art thou, O Virgin Theotokos;
for through Him who was incarnate of thee, 

for Adam was recalled, the 

curse was annulled. Eve was freed, death was put to 

death, and we were brought to life. Therefore, with hymns we 

cry aloud: Blessed art Thou, O Christ our God, 

Who hast been thus well-pleased; glory be to Thee.
Asmatikon of the Cross*

Fourth Mode (Agia)

Duration: 4:00
Intonation: #12
adapted from Petros Bereketis (d. 1715)
as interpreted by Hourmouzios Hartophylax (d. 1840)

Larghetto \( \frac{\text{b}}{\text{j}} \).60

* On Feast Days of the Cross (September 14th, August 1st, and the Third Sunday of Lent) this slow Asmatikon is chanted at the end of the Great Doxology (instead of its regular, brief Asmatikon) while the clergy do the procession with the Cross. It is also chanted during other processions, such as the procession in Orthros on Holy Saturday.
Asmatikon of the Cross

"Αγιος Ἀθάνατος

Holy, undefiled

Immor-tal, have

mer-cy

have mer-cy

on us.

www.stanthonysonastery.org/music/Orthros.htm
Many Years to Thee, O Master

Second Mode

Traditional Melody

Fourth Mode

by Constantine Pringos

www.stanthonysonastery.org/music/Orthros.htm
Larghetto

Grave Mode (Diatonic)**

Duration: 5:45
or 4:15 if abbreviated

Intonation: #22

by Gregory the Protopsaltis (1777-1822)

*Ton Despotin*

When a Hierarch presiding in Orthros will be vested inside the altar to serve Liturgy, the regular (sticheraric) versions of "Let every breath" and "Praise the Lord" are chanted. Thereafter, the first choir chants this very long version of "Ton Despotin" while the Hierarch venerates the icons. After he is done, he blesses the people, and the second choir chants the brief "Εἰς πολλὰ ἔτη Δέσποτα" (see page 888 in this book). In the event that the Hierarch will be vested in the solea to serve Liturgy, this very long version of "Τὸν Δεσπότην" is not chanted during the Praises but after the Great Doxology while the Hierarch venerates the icons. Once he is done, he blesses the people, and the first choir chants the brief "Εἰς πολλὰ ἔτη Δέσποτα". After the Deacon(s) proclaim "Ο γαβριήλ εἴη") (see page 888 in this book) while the Hierarch is vested. When he is done being vested, the first choir chants "Εἰς πολλὰ ἔτη Δέσποτα", the second choir chants the Apolytikion of the day, and then the Divine Liturgy commences.

** To hear a recording of this chanted by the choir of Gregory Stathis, "The Maestors of the Psaltic Art," download the following file: http://stanthonysmonastery.org/music/TonDespotin.mp3 (5 Mb).
Ton Despotin

www.stanthonyssmonastery.org/music/Orthros.htm
(continue immediately with "Eis Polla Eti Despota" on page 888)
Of Old the Prophets*

Grave Mode
(Diatonic)

Duration: 7:30
Intonation: #22

adapted from St. John Koukouzelis (14th century)
as abbreviated by Constantine the Protopsaltis (d. 1862)

* When a Hierarch presides in Orthros and will be vested outside the altar to serve Liturgy, the regular (sticheraric) versions of "Let every breath" and "Praise the Lord" are chanted. After the Great Doxology, the first choir chants the very long "Τὸν Δεσπότην" (see page 888 in this book) while the Hierarch venerates the icons. Once he is done, he blesses the people, and the second choir chants the brief "Εἰς πολλὰ ἔτη Δέσποτα" (see page 888). After the Deacon(s) proclaim "O ye priests come out", the first choir chants the very slow "Of old the Prophets..." ("Ἀνωθεν οἱ Προφήται") while the Hierarch is vested. When he is done being vested, the second choir chants "Εἰς πολλὰ ἔτη Δέσποτα", the first choir chants the Apolytikion of the day, and then the Divine Liturgy commences.
Of Old the Prophets

Un. D

thee, the Jar of the Diatonic...

B D

Jar of manna, the Rod

on, the Rod of Aar

Un. D

on, the Tab

B

let the Lamp-stand, the Ark,

Un. D

Tab-let, the Ta-
Of Old the Prophets

Moun-tain, Un-hewn

the Golden Cen-ter, Im-pass

the Gate

D B

www.stanthonyssmonastery.org/music/Orthros.htm
- - - - - - Im-pas-si-ble,

and the Throne.

of the

King.

Thee did the proph-

pro-

claim

of old the proph-

ets.

www.stanthonyssmonastery.org/music/Orthros.htm
Continue immediately with "Eis Polla Eti, Despota" on page 888