October
Holy Protection of the Theotokos

October 1 or 28

Apolytikion

First Mode

"While Gabriel was saying"

Vir- gin, we ex- tol the great grace of thy Pro- tec- tion,

which thou didst spread out like a bright cloud be- yond all un- der- stand-

ing; for thou dost in- vis- i- bly pro- tect thy peo- ple from

the foe's eve- ry as-sault. Since we have thee as our shel- ter and cer-
tain help, we cry to thee with our whole soul: Glory to thy great deeds, O most pure Maid. Glory to thy shelter most divine.

Glory to thy care and providence for us, O spotless one.
Holy Protection of the Theotokos

October 1 or 28

Kontakion

Plagal Fourth Mode
"To Thee, the Champion Leader"

Ἡχος η ηι α ηι Νη

150

Intonation: #24

Τῇ Θεοτόκῳ οἱ πιστοὶ

Let us the faithful hasten to the Theotokos now and venerate her sacred veil, as we chant unto her, singing hymns to praise and honour her, as is fitting,

for she sheltereth with her shelter all her faithful flock and
pre-serv-eth them un-harmed from all ca-lam-i-ties, as they cry to her: Re-joice, Pro-tec-tion most ra-diant.
The Holy Apostle Ananias

October 1

Apolytikion

Third Mode

'Ἡχος γ'. Γα

'Απόστολε ἁγιε

Intonation: #8

ho - ly A - pos - tle An - a - ni - as, inter - cede

_ with the_ mer - ci - ful God that He grant un - to our souls for - give - ness of

of - fenc - es.
October 1

Saint Romanus the Melodist

Apolytikion

Plagal Fourth Mode

Intonation: #25

’Ηχος λ Δ Γα

ʼΕν σοι Πάτερ ἀκριβώς

The image of the monastery's website is shown at the bottom of the page.
is immortal. Therefore, O righteous Romanus, thy spirit rejoiceth with the Angels.
The Holy Hieromartyr Cyprian  
and the Virgin Martyr Justina

October 2

Apolytikion

Fourth Mode

"Ἡχος Ἰά Δι"  

As a sharer of the ways and a successor to the throne of the Apostles, O inspired of God, thou foundest dis- ci- pline to be a means of ascent to divine vi-

sion. Wherefore, hav- ing right- ly di- vid- ed the word of

Intonation: #10

Koī trόpōn métoxos
Reading, keeping vigil and prayer focus the wandering mind. Hunger, toil and solitude quell inflamed desire. Psalmody, patience and pity arrest seething anger. And these are to be practiced at the appropriate time and in good measure, for what is excessive and ill-timed is not lasting, and what does not last is harmful rather than beneficial.

—Evagrius the Solitary
The Holy Hieromartyr
Dionysius the Areopagite

October 3

Apolytikion

Fourth Mode

\[ \text{Intonation: #10} \]

since thou hadst been instructed in upright-ness thor-
ough-ly and wast vigilant in all things, thou wast clothed
with a good con-science as be-fit-eth one holy. Thou didst draw
from the Chosen Vessel in-effa-ble mys-ter-ies; and hav-
- ing kept the Faith, thou didst finish a like course, O Hier-o-mar-
yr Dionysius. Intercede with Christ God that our souls be saved.
Saint Hierotheus
Bishop of Athens

October 4

Apolytikion

Fourth Mode

\[ \text{Intonation: } \#10 \]

since thou hadst been instructed in uprightness thor-
ough-ly and wast vigilant in all_______ things, thou wast clothed

with a good conscience as befiteth one holy. Thou didst draw

from the Chosen Vessel inef-fable mysteries; and hav-
ing kept the Faith, thou didst finish a like course, O Hiero- martyr Hier-o-the-us. Intercede with Christ God that our souls be saved.
Saint Charitina

October 5

Apolytikion

Fourth Mode (hard chromatic)

"Joseph was amazed"

\[ \text{Lord Jesus, unto Thee Thy lamb doth cry with a great voice: O my Bride-groom, Thee I love; and seeking Thee, I now contest, and with Thy baptism am crucified and buried. I suffer for Thy sake, that I may reign with} \]
Thee; for Thy sake I die, that I may live in Thee: accept me offered out of longing to Thee as a spotless sacrifice. Lord, save our souls through her intercessions, since Thou art great in mercy.
The Holy Hierarchs of Moscow
Peter, Alexis, Jonas, Philip, Hermogenes, and Tikhon

October 5

Apolytikion

Fourth Mode
(soft chromatic)

Intonation: #10

re-lates of Russia, true keep-ers of the apo-stol-ic tra-di-
-
tions, un-shake-a-ble pil-lars, teach-ers of Or-tho-do-
y, O Pe-ter, A-lex-is, Jo-nas, Phil-
-
-
gen-es, and Tik-hon, pray to the Lord of all to grant peace to the
When you approach a king,

you stand before him bodily, entreat him orally,

and fix your eyes upon him, thus drawing to yourself his royal favour.

Act in the same manner, whether in church or in the solitude of your cell. When in God's name you gather together with the brethren, present yourself bodily to God and offer Him psalms chanted orally; and likewise keep your intellect attentive to the words and to God Himself, aware of who it is that your intellect addresses and entreats. For when the mind devotes itself to prayer actively and with purity, the heart is granted inexpressible peace and a joy which cannot be taken away.

—Theoliptos, Metropolitan of Philadelphia
The Holy Apostle Thomas

October 6

Apolytikion

Third Mode

'Ἡχος γ'. Γα

\(\text{Intonation: \#8}\)

with the merciful God that He grant unto our souls forgiveness of offenses.
The Holy Martyrs
Sergius and Bacchus

October 7

Apolytikion

Fourth Mode
"Be quick to anticipate"

Oi Μάρτυρες σου Κύριε

Hy Martyrs, O Lord, in their courageous contest for Thee received as the prize the crowns of incorruption and life from Thee, our immortal God. For since they possessed Thy strength, they cast down the tyrants and wholly destroyed the demons' strength-less pre-sump-
It was explained to the blessed Epiphanios, bishop of Cyprus, by the abbot of the monastery he had in Palestine: "In accordance with your instructions we have not neglected our rule, but diligently discharge Terce, Sext, and None." However, Epiphanios corrected them and made it clear to them, saying: "You obviously neglect the other hours of the day when you refrain from prayer, for the true monk must have prayer and psalmody in his heart without ceasing."

- Apophthegmata Patrum
Saint Pelagia
the Former Courtesan

October 8

Apolytikion

Plagal Fourth Mode

\( \text{Intonation: #25} \)

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\( \text{Ἑχος} \ \frac{3}{4} \ \alpha \ \Gamma \alpha \)

In thee the image was preserved with exactness, O Mother; for taking up thy cross, thou didst follow Christ, and by thy deeds thou didst teach us to overlook the flesh, for it passeth away, but to attend to the soul since it
```
is immortal. Wherefore, O righteous Theodore, thy spirit rejoiceth with the Angels.
The Holy Apostle James
the Son of Alphæus

October 9

Apolytikion

Third Mode

"Ἡχος γ’. Γα

'Απόστολε ἅγιε

Holy Apostle James,
intercede

with the merciful God
that He grant unto our souls forgiveness of

of fences.
Saint Andronicus and Athanasia

October 9

Apolytikon

Plagal First Mode
"Let us worship the Word"

"Ηχος ᾠ ἢ Κε

Σωφροσύνης τῆς χλαίναν

(e a - dorned your di - vine - ly wrought robe of chas - ti - ty with
the sub - lime var - i - ed col - ours of sa - cred vir - tues in God, when
with one ac - cord ye strove in the - as - cet - ic life. Where - fore, your si - lence
on the - earth was re - ceived e - qual - ly with the thrice - ho - ly hymn in

www.stanthonsmonastery.org/music/Menaion.htm
Heaven; O wise Andronicus, pray God, with Athanasia, that we all be saved.

When you have children, teach them music.

But, of course, real music—angelic, not dances and songs.

Music assists the development of the perception of spiritual life.

The soul becomes refined. It begins to understand spiritual music as well.

—St. Barsanuphius of Optina
The Righteous
Patriarch Abraham

October 9

Apolytikion

Plagal First Mode
"Let us worship the Word"

\[ \text{Intonation: #13} \]

O Abraham, wast kindled in the firmament, burning with bright far-shining faith in the Ever-last-ing Light, Who shone forth to us...
from thy seed. Do thou entreat Him with fervour, that He enlighten us and save our souls.
The Holy Martyrs
Eulampius and Eulampia, His Sister

October 10

Apolytikion

Fourth Mode
"Be quick to anticipate"

"Hxos A Δι

Oἱ Μάρτυρες σου Κύριε

hy Mar-tyrs, O Lord, in their cou-ra-geous con-test for Thee
re-ceived as the prize the crowns of in-corrup-tion and life
from Thee, our im-mor-tal God. For since they pos-sessed Thy strength, they cast
down the ty-rants and whol-ly de-stroyed the de-mons' strength-less pre-sump-
A religious hymn

is a great blessing for everyone.

It constitutes praise to the Most High,
honor for His holy people, worldwide harmony,
an eloquent proof of the Church's unity. It expresses the voice
of the Church, its confession. It brings about a complete spiritual uplifting
and absolute peace and joy in redeemed hearts, with the triumphal hymn
and song of happiness. It drives away hardness of heart. It chases
away disturbance. It dissolves and dissipates despondency. . .

The voice sings the soul's joy, while the spirit
delves into the mysteries of the faith.

—St. Ambrose of Milan
The Synaxis of the Righteous and God-Bearing Fathers of Optina

October 10

Apolytikion

Plagal First Mode
"Let us worship the Word"

\`H\x05\x16 \x06 \x1f K\x05

or your greatness in prayer and humility and love, for your ascetical firmness and Orthodoxy of faith, God hath given His exceeding wondrous gifts to you as unto Prophets of His will, as to angels on the earth, and stewards of men's
SUNDAY OF THE HOLY FATHERS
OF THE SEVENTH ECUMENICAL COUNCIL

October 11-17

Apolytikion

Plagal Fourth Mode

‘Ηχος λ ΐ Ια Γα

Who hast established our Fathers as luminous stars upon

the earth, and through them didst guide us all to the true Faith. O

Most Merciful One, glory be to Thee.
Sunday of the Holy Fathers
of the Seventh Ecumenical Council

October 11-17

Kontakion

Plagal Fourth Mode

 latino:

 latino:

 latino:
THE FIRST ECUMENICAL COUNCIL
Saint Theophanes the Branded

October 11

Apolytikion

Plagal Fourth Mode

Ἡχος Ἄρα Φα

uide of Orthodoxy, teacher of piety and holiness, luminary of the world, God-inspired adornment of hierarchs, O wise Theophanes, by thy teachings thou hast enlightened all, O harp of the Spirit. In-
A psalm is a city of refuge from the demons; a means of inducing help from the angels, a weapon in fears by night, a rest from the toils of the day, a safeguard for infants, an adornment for those at the height of their vigor, a consolation for the elders, a most fitting ornament for women. It peoples the solitudes; it rids the market places of excesses; it is the elementary exposition of beginners, the improvement of those advancing, the solid support of the perfect, the voice of the Church. It brightens feast day; it creates a sorrow which is in accordance with God.

For, a psalm calls forth a tear even from a heart of stone. A psalm is the work of angels, a heavenly institution, the spiritual incense.

- St. Basil the Great
The Holy Apostle Philip

October 11

Apolytikion

Third Mode

'Hχος γ'. Γα

with the merciful God that He grant unto our souls for-giveness of of-fenc-es.

Intonation: #8
Saint Symeon
the New Theologian

October 12

Apolytikion

Third Mode
"Thy confession"

'Hχος γ', Γα

ince thou hadst received with in thy pure soul God's en-

light-ment, O right-eous Father, thou wast shown to the world as a blazing light which drove away its thick dark-

ness and moved all men to seek the grace of the Spir-it which_
they had lost. O all-holy Father Symeon, intercede with Him to grant great mercy unto us who honor our thee.
Saints Probus, Tarachus, and Andronicus

October 12

Apolytikion

Plagal First Mode
"Let us worship the Word"

$\text{Ἡχος \ Χ\ ι\ Κε}$

Τὸν ἀγίων Μαρτύρων

Ill the powers of Heaven were awe-struck and amazed at
the achievement and deeds of the holy Martyrs of Christ; for
contending well in mortal bodies clothed with flesh, they overcame
the fleshless foe by the power of the Cross and invisibly sub-

www.stanthonyssmonastery.org/music/Menaion.htm
When it happens to me that the song moves me more than the thing which is sung, I confess that I have sinned blamefully and then prefer not to hear the singer.

- Blessed Augustine
The Holy Martyrs
Carpus, Papylius,
Agathodorus, and Acathonica

October 13

Apolytikion

Fourth Mode
"Be quick to anticipate"

"Hy Mar-tyrs, O Lord, in their cou-ra-geous con-test for Thee
re-ceived as the prize the crowns of in-cor-rup-tion and life
from Thee, our im-mor-tal God. For since they pos-sessed Thy strength, they cast
down the ty-rants and whol-ly de-stroyed the de-mons' strength-less pre-sump-
tion. O Christ God, by their prayers, save our souls, since Thou art merciful.
The Holy Martyrs  
Nazarius, Gervasius, Protasius, and Celsus

October 14

Apolytikion

Fourth Mode
"Be quick to anticipate"

"Ηχος ΛΔ

Oi Μάρτυρες σου Κύριε

hy Mar-tyrs, O Lord, in their cou-ra-geous con-test for Thee
re-ceived as the prize the crowns of in-corrup-tion and life
from Thee, our im-mor-tal God. For since they pos-sessed Thy strength, they cast
down the ty-rants and whol-ly de-stroyed the de-mons' strength-less pre-sump-
October 14 - Sts. Nazarius, Gervasius, Protasius, and Celsus

I think it is useful
to have diversity and variety
in the prayer and psalmody at these
appointed times, because somehow the soul is
frequently bored and distracted by routine, while by
change and variety of the psalmody and prayer at each
hour its desire is renewed and its concentration restored.

- St. Basil the Great
Saint Cosmas the Hymnographer

October 14

Apolytikion

Plagal Fourth Mode

Ὡς Ἔκρατης Λάτερ, Γάρ

Ὁ Ἁγίος Κοσμάς οἱμνογράφος

Ordo - dox - y, teach - er of pi - e - ty and__

hol - i - ness, lu - mi - nar - y of the world, God - in - spired__

a - dorn - ment of the other__

thou hast en - light - ened all, O harp of the____

Inter - cede
with Christ God that our souls be saved.
The Holy Martyr
Lucian

October 15

Apolytikion

Fourth Mode
"Be quick to anticipate"

Ὁ Μάρτυς σου Κύριε

Ὑψώθη, Κυρίo, εν τῷ δυναμικῷ ἐπιχείρημα σου γι' ὑμῖν

ἠφίεται ως τὸν τίμιον τίτλον ἐν οἰκοδομή καὶ τῇ ζωῇ

καταλαμβάνει τοὺς τυράννους καὶ ἀπολούσα τὴν διάβολος ἐξουσίαν.
tion. O Christ God, by his prayers, save our souls, since Thou art mer-
ful.
The Holy Martyr
Longinus the Centurion

October 16

Apolytikion

Fourth Mode
"Be quick to anticipate"

"Hxoz L Δ"
O Christ God, by his prayers, save our souls, since Thou art merciful.
The Holy Prophet Hosea

October 17

Apolytikion

Second Mode

Ὡνὸς Δι

Tou’ Profhvtou sou

As we cel- e- brate the mem- o- ry of Thy
Prophet Hose- a, O Lord, through him we be- seech Thee to save____

____ our souls.
The Holy Righteous Martyr Andrew in "The Judgment"

October 17

Apolytikion

Fourth Mode

"Thou Who wast raised up"

\[ \text{\textbf{\textit{\textbf{H}χος \textbf{Δ}\textbf{ι}}} \text{\textit{\textbf{Ασκητικὸς προγυμνασθεὶς}}} \]

rained on the mountain__ in ascetic al la-bours,

with the whole armour__ of the Cross thou didst van-quish the spir-

i-tual ar-rays of un-seen en-emies; and when thou hadst

stripped__ thy-self with great cour-age for con-test, thou didst slay Cop-
For since human nature rejects
and avoids what is difficult, even if beneficial,
and accepts virtually nothing unless it seems to offer pleasure,
through David the Lord prepares from men this potion which is sweet
by reason of its melody and effective in the cure of disease by reason of its
strength. For a psalm is sweet to the ear, it penetrates the soul when it gives pleasure,
it is easily remembered when sung often, and what the harshness of the Law cannot
force from the minds of man it excludes by the suavity of song. For whatever
the Law, the Prophets and even the Gospels teach is contained as a
remedy in the sweetness of these songs.

- St. Niceta of Remesiana
Saint Susanna
Queen of Georgia

October 17 (and August 28)

Apolytikion

Plagal First Mode
"Let us worship the Word"

\textit{"Hχος λ ṵ η Κε}

Intonation: #13

Let us honor Susanna, the wise hand-maid of God, the
godly boast of Iberia, the bright lamp of the Faith, the
far-shining and great beacon of true piety. For, by her confession of the Truth, she hath shown forth unto all the path leading to
salvation; and she maketh fervent entreaty that we
be granted life and mercy from God.
The Holy Apostle and Evangelist Luke

October 18

Apolytikion

Third Mode

'Ἡχος γ'. Γα

'Απόστολε ἁγιε

Intonation: #8

Int. 150

ho·ly A·pos·tle and E·van·gel·ist Luke, in·ter·cede with the mer·ci·ful God that He grant un·to our souls for·give·ness of of·fenc·es.
The Holy Prophet Joel

October 19

Apolytikion

Second Mode

Through him we beseech Thee to save our souls.

Intonation: #4

Toú Προφήτου σου
The Holy Martyr Varus

October 19

Apolytikion

Fourth Mode
"Be quick to anticipate"

Hχως ὦ Διό

Ὁ Μάρτυς σου Κύριε

O Martyr, in his courageous contest for Thee received as the prize the crowns of incorruption and life from Thee, our immortal God. For since he possessed Thy strength, he cast down the tyrants and wholly destroyed the demons' strength-less pre-sump-
tion. O Christ God, by his prayers, save our souls, since Thou art merciful.
Saint John of Rila

October 19

Apolytikion

First Mode

 dims as

Intonation: #1

hy life was a foun-
dation of repen-
tance, a model of
com-punc-
tion, an image of con-
so-la-
tion and spir-
tual per-
fection equal to the An-
gels, O Saint; for thou didst per-
severe in prayer, fasting, and tears. O Fa-
ther John, intercede
with Christ our God for our souls.
Saint John of Kronstadt

October 19

Apolytikion
(text composed by St. John Maximovitch)

Fourth Mode

\[ \text{wonder-worker living in Christ forever, with love have mercy on them that are in danger; hear thy children who call upon thee with faith; be thou compassionate unto them that hope for aid from thee, O Father John of Kronstadt, our beloved} \]

Intonation: #10
ed shep - herd.
The Holy Great Martyr
Artemius

October 20

Apolytikion

Fourth Mode
"Be quick to anticipate"

"Hye sou Kuvrie"

Intonation: #10

The Holy Great Martyr, O Lord, in his courageous contest for Thee received as the prize the crowns of incorruption and life from Thee, our immortal God. For since he possessed Thy strength, he cast down the tyrants and wholly destroyed the demons' strength-less pre-
tion. O Christ God, by his prayers, save our souls, since Thou art mer-
ful.

SAINT ARTEMIIUS
Saint Gerasimus
the New Ascetic
of Cephalonia

October 20

Apolytikion

First Mode

Ἡχῶς Λ Πα

Τῶν ὀρθοδόξων προστάτην

Let us the faithful praise the divine Gerasimus,

who hath been newly revealed to us as a protector of the Orthodox, an angel in the flesh, and a God-bearing wonderworker. For he worthily received from God the un-
fail-ing gift of healing; he rest-eth the ail-ing and heal-eth de-mon-i-acs. Where-fore, he pour-eth forth heal-
ings up-on them that hon-our him.
Saint Hilarion
the Great

October 21

Apolytikion

Plagal Fourth Mode

Intonation: #25

"'Ηχως λ ᾄρα Γά

with the streams of thy tears, thou didst cultivate the
barrenness of the desert; and by thy sighings from
the depths, thou didst bear fruit a hundred-fold in labours; and
thou becamest a luminary, shining with miracles upon

www.stanthonyssmonastery.org/music/Menaion.htm
While your tongue sings,
let your mind search out the meaning of the words,
so that you might sing in spirit and sing also in understanding.

- St. Basil the Great
Saint Abercius
Bishop of Hieropolis

October 22

Apolytikion

Fourth Mode

He truth of things hath revealed thee to thy flock as a rule of faith, an icon of meekness, and a teacher of temperance; for this cause thou hast achieved the heights by humility, riches by poverty. O Father and Hierarch Abercius, in...
ter - cede with Christ God that our souls be saved.
The Holy Seven Youths of Ephesus
Maximilian, Jamblichus, Martinian, Dionysius,
Anthony, Exacustodian, and Constantine

October 22

Apolytikion

Fourth Mode
"Be quick to anticipate"

Ὅχοσ Ἰν Δι

Intonation: #10

Oi Mārtiress sou Kύriē

thy Martyrs, O Lord, in their courageous contest for Thee

received as the prize the crowns of incorruption and life

from Thee, our immortal God. For since they possessed Thy strength, they cast

down the tyrants and wholly destroyed the demons' strength-less pre-sump-
O Christ God, by their prayers, save our souls, since Thou art merciful.
Saint James
the Brother of God

October 23

Apolytikion

Fourth Mode

Ως τοῦ Κυρίου μαθητής

 sốς Δι

As a disciple of the Lord, O righteous one,
thou hast received the Gospel. As a Martyr thou art never turned away. As the Brother of God thou hast boldness. As a hierarch thou canst intercede. Do thou intercede with

Intonation: #10
Christ God that He save our souls.
Saint Arethas
and His Fellow Martyrs

October 24

Apolytikion

First Mode

\[ \text{Thou treated for the sake of the sufferings of Thy Saints which they endured for Thee, O Lord, and do Thou heal all our pains, we pray, O Friend of man.} \]
The Holy Martyrs
Marcian and Martyrius

October 25

Apolytikion

Fourth Mode
"Be quick to anticipate"

"Hχος Λ Δι

Oi Mártires sou Kýrie

hy Mar - tyrs, O Lord, in their cou - ra - geous con - test for Thee
re - ceived as the prize the crowns of in - cor - ru - tion and life
from Thee, our im - mor - tal God. For since they pos - sessed Thy strength, they cast
down the ty - rants and whol - ly de - stroyed the de - mons' strength-less pre-sump-
Sing to God,
not with the voice, but with the heart;
not, after the fashion of tragedians, in smearing the throat
with a sweet drug, so that theatrical melodies and songs are heard
in the church, but in fear, in work, and in knowledge of the
Scriptures. And although a man be cacophonous, if
he have good works, he is a sweet
singer before God.

- St. Jerome
Saint Demetrius
the Myrrh-Streamer

October 26

Apolytikion

Third Mode

\[ \text{Méván eúrato} \]

\[ \text{great champion hath the whole world found} \]

\[ \text{thee to be when in grave perils; for thou dost put to} \]

\[ \text{flight the heathen, O victorious one. As thou didst humble Lyaeus' arrogance and gavest boldness to Nestor in the} \]
O holy Great Martyr Demetrius, do thou en-treat Christ God that we be granted great mercy.
The Commemoration of the Great Earthquake in Constantinople

October 26

Apolytikion

Plagal Fourth Mode

 apo' oxov λ π ἀ ρ

Thou Who lookest up on the earth and makest it tremble, deliver us from the fearful menace of earthquake, O Christ our God, and by the intercessions of the Theotokos, send down upon us Thy mercies in abundance, O
October 26 - Commemoration of the Earthquake

* Finale:

_on - ly____Friend of____ man.

a - bun-dance, O on - ly Friend of man.
Saint Demetrius
the Myrrh-Streamer

October 26

Kontakion

Second Mode

οδ, Who hath given thee invincible strength,

O Demetrius, hath adorned the Church with the royal purple of

the streams of thy blood and hath kept thy city unharmed, for

thou art the support there of.
The Commemoration of the Great Earthquake in Constantinople

October 26

Kontakion

Plagal Second Mode

\[ \text{Intonation: \#17} \]

eer us all from earth-quakes, O Lord, and

from wounds un-bear-a-ble on ac-count of our sins, and spare Thy peo-

tle whom Thou hast pur-chased with Thy Blood, O Mas-
ter; and de-

iver not Thy cit-y to de-struc-tion by ter-

www.stanthonysonastery.org/music/Menaion.htm
quakes, for we know none other God besides Thee. And to those who chant do Thou respond: I am with you, and no one shall prevail against you.
The Holy Martyr
Nestor

October 27

Apolytikion

Fourth Mode
"Be quick to anticipate"

"Kyrie eléison"

O Mártir σου Κύριε

O Lord, in his courageous contest for Thee received as the prize the crowns of incorruption and life from Thee, our immortal God. For since he possessed Thy strength, he cast down the tyrants and wholly destroyed the demons' strength-less pre-sump-
He who is not alone, but is with others, cannot derive so much benefit from psalmody as from internal prayer; for the confusion of voices renders the psalms indistinct.

- St. John of the Ladder
Holy Protection of the Theotokos

October 1 or 28

Apolytikion

First Mode

"While Gabriel was saying"

\[\text{Holy Protection of the Theotokos}\]

Vir- gin, we ex- tol the great grace of thy Pro- tec- tion,

which thou didst spread out like a bright cloud be- yond all un- der- stand-

ing; for thou dost in- vis- i- bly pro- tect thy people from

the foe's eve- ry asault. Since we have thee as our shel- ter and cer-
tain help, we cry to thee with our whole soul: Glory to thy great deeds, O most pure Maid. Glory to thy shelter most divine.

Glory to thy care and providence for us, O spotless one.
Holy Protection of the Theotokos

October 1 or 28

Kontakion

Plagal Fourth Mode

"To Thee, the Champion Leader"

 proposé Νη

Let us the faithful hasten to the Theotokos now and venerate her sacred veil, as we chant unto her, singing hymns to praise and honour her, as is fitting,

for she shelteth with her shelter all her faithful flock and
preserveth them un-harmed from all calamities, as they cry to her: Rejoice, Protection most radiant.
The Three Holy Martyrs
Terence, His Wife Neonilla,
and Their Seven Children

October 28

Apolytikon

Fourth Mode
"Be quick to anticipate"

Ὑχος Δι

Oι Μάρτυρες σου Κύριε

hy Martyrs, O Lord, in their courageous contest for Thee received as the prize the crowns of incorruption and life from Thee, our immortal God. For since they possessed Thy strength, they cast down the tyrants and wholly destroyed the demons' strengthless pre-sump-
tion. O Christ God, by their prayers, save our souls, since Thou art merciful.
October 28

Apolytikion

Plagal Fourth Mode

Ὑχος ἁ Γα

Ὅρθοδοξίας ὁδηγε
guide of Orthodoxy, teacher of piety and
holiness, luminary of the world, God-inspired
a-dornment of hierarchs, O wise Stephen, by thy teachings
thou hast enlightened all, O harp of the Spirit. Intercede
with Christ God that our souls be saved.
Saint Anastasia of Rome

October 29

Apolytikion

Fourth Mode (hard chromatic)

"Joseph was amazed"

Lord Jesus, unto Thee Thy lamb doth cry with a great voice: O my Bridegroom, Thee I love; and seeking Thee, I now contest, and with Thy baptism am crucified and buried. I suffer for Thy sake, that I may reign with
Thee; for Thy sake I die, that I may live in Thee:
accept me offered out of longing to Thee as a spotless sacrifice. Lord, save our souls through her intercessions, since Thou art great in mercy.

SAINT ANASTASIA OF ROME
October 29

Apolytikion

Plagal Fourth Mode

'Ἡχος ἡ Δ ῾Γα

'Ἐν σοὶ Πάτερ ἁκριβὸς

In thee the image was preserved with exactness, O____

Father; for taking up thy cross, thou didst follow Christ, and

by thy deeds thou didst teach us to overlook the____ flesh, for

it passeth away, but to attend____ to the soul since it
When we are weighed down by deep despondency, we should for a while sing psalms out loud, raising our voice with joyful expectation until the thick mist is dissolved by the warmth of song.

- St. Diadochos of Photiki
The Holy Martyrs
Zenobius and His Sister Zenobia

October 30

Apolytikon

Fourth Mode
"Be quick to anticipate"

\( \text{O} \) \text{i M\'t\'re\'s\ s\ou\ K\'r\i\e} \\

\( \text{H\'c\'\o\'s} \quad \text{\Delta} \)

hy Martyrs, O Lord, in their courageous contest for Thee received as the prize the crowns of incorruption and life from Thee, our immortal God. For since they possessed Thy strength, they cast down the tyrants and wholly destroyed the demons' strength-less pre-sump-
tion. O Christ God, by their prayers, save our souls, since Thou art mer - ci - ful.
The Holy Apostles of the Seventy: Stachys, Apelles, Amplias, Urban, Narcissus, and Aristobulus

October 31

Apolytikion

Third Mode

Ὁ Ἑὐαγγελισμὸς. Γά

Ἄποστολοι ἅγιοι

Holy Apostles, intercede with the merciful God that He grant unto our souls forgiveness of offenses.
The Holy Martyr
Epimachus of Egypt

October 31

Apolytikion

Fourth Mode
"Be quick to anticipate"

"Hχος Ἰά Δι."

O Μάρτυς σου Κύριε

Intonation: #10

The Holy Martyr, O Lord, in his courageous contest for Thee received as the prize the crowns of incorruption and life from Thee, our immortal God. For since he possessed Thy strength, he cast down the tyrants and wholly destroyed the demons' strength-less pre-sump-
Pray gently and calmly, sing with understanding and rhythm; then you will soar like a young eagle high in the heavens. Psalmody calms the passions and curbs the uncontrolled impulses in the body.

- Evagrios the Solitary
Sunday of the Holy Fathers of the Seventh Ecumenical Council

October 11-17

Vespers Doxasticon

Plagal Second Mode

Intonation: #20

Δόξα Πατρί
October 11-17 - Sunday of the Holy Fathers

__ the__ Son, and to the Ho-ly Spir- it.__

αγίου των πατέρων, ελευθερώστε μας ο θεός και ερμηνεύστε τη σημασία του ονόματός του. Δώστε μας δόξα του παναγίου άγιο Σπυρίδωνος, όπως αυτό πρότεινε προς το Εικοσιπέντε Πόλη, για την εντάξει της Μεναιομένης Εκκλησίας.

At the beginning of the liturgical service, the archpriest utters the following prayer:

αγίου των πατέρων, ελευθερώστε μας ο θεός και ερμηνεύστε τη σημασία του ονόματός του. Δώστε μας δόξα του παναγίου άγιο Σπυρίδωνος, όπως αυτό πρότεινε προς το Εικοσιπέντε Πόλη, για την εντάξει της Μεναιομένης Εκκλησίας.

In the midst of the Church, sang a harmonious song of the old and ancient, teaching that the Trinity is one, identical in essence and Godhead; they are the refuters of...
October 11-17 - Sunday of the Holy Fathers

us, and the foremost warriors of the Orthodox. And they ever intercede with the Lord that our souls find mercy.
Entreaty Doxasticon

Third Mode

\( \text{Ἡχος} \quad \Gamma \alpha \)

\( \Delta \text{όξα Πατρί} \)

Intonation: #8

G

Entreaty Doxasticon

Third Mode

In exposition: #8

\( \text{Ἡχος} \quad \Gamma \alpha \)

Δόξα Πατρί

Intonation: #8

G

Entreaty Doxasticon

Third Mode

In exposition: #8

\( \text{Ἡχος} \quad \Gamma \alpha \)

Δόξα Πατρί

Intonation: #8

G

Entreaty Doxasticon

Third Mode

In exposition: #8

\( \text{Ἡχος} \quad \Gamma \alpha \)

Δόξα Πατρί

Intonation: #8

G

Entreaty Doxasticon

Third Mode

In exposition: #8

\( \text{Ἡχος} \quad \Gamma \alpha \)

Δόξα Πατρί

Intonation: #8

G
the Holy Trinity in Orthodoxy, ye cast down the blasphemy of Arius. Then, after convicting Macedonius, the enemy of__
the Holy Spirit, ye condemned Nestorius, Eutyches, Dioscorus, Sabinus, and Severus___the head less.__ Wherefore, make ye entreat________that we be delivered__ from________their error, and that our life__ be__ preserved
blameless in the Faith, we pray.
Entreaty Theotokion

Third Mode

Kai νῦν

B

both now and ev - - - er and un - to the a -


Θεοτόκε ἡ προστάσια

The - o - to - kos, thou pro - tec - tion of all thy sup - pli -
cants: In thee do we trust, in thee do we boast, in thee is all our

hope. For the sake of thine un - prof - it - a - ble ser - vants, inter -
cede with Him that was born of thee.

www.stanthonyssmonastery.org/music/Menaion.htm
Vespers Aposticha Doxasticon

Fourth Mode

\[ \text{Fourth Mode} \]

Intonation: #11

\[ \text{\textsuperscript{7}H\chi\sigma\zeta} \]

Αλά Πατρί

\[ \text{\textsuperscript{7}H\chi\sigma\zeta} \]

Τήν ετήσιον

ye as-sem-blies of the Or-tho-do-x, let us
cel-e-brate to-day with faith and pi-e-e-ty
the an-nu-al me-mo-ri-al of the God-bear-ing Fa-
thers who, in the il-lu-s-tri-ous cit-y

\( G \)

\( \text{lo-ry to the Fa-ther, and to} \)

the Son, and to the Ho-ly Spir-it.

\( \text{Tήν ετήσιον} \)

\( \text{ye as-sem-blies of the Or-tho-do-x, let us} \)
cel-e-brate to-day with faith and pi-e-e-ty
the an-nu-al me-mo-ri-al of the God-bear-ing Fa-
thers who, in the il-lu-s-tri-ous cit-y

\( \text{\textsuperscript{7}H\chi\sigma\zeta} \)
of Nicaea, came together from the whole inhabited world. For with pious mind they refuted the godless dogma of the grievous Arrianus, and by synodal decree banished him from the Catholic Church. And they instructed all to openly confess the substantial and coeternal Son of God, Who existed before the ages. This, in exactness and piety, did they set forth in the Symbol of Faith. Wherefore, following
their divine doc-trines and be-liev-ing with as-sur-ance, we wor-ship, in one God-head, the Fa-ther,
Son, and All-ho-ly Spir-it, the Trin-i-ty one in essence.

Aposticha Theotokion

B

both now and ev-er, and un-to the ages of ages. A-men.

Neýson paraclíseí

n-cline to the ent-reaty of thy sup-pli-ants, O all-blame-less one. Make to cease the up-rising of af-fic-tions
that come upon us, and deliver us from all manner of grief. For thee alone do we have as a secure anchor, and we have thy protection. Let us not be put to shame, O Lady, as we call upon thee. Hasten at the treaty of those who faithfully cry to thee: Rejoice, O Lady, thou help of all, thou joy and shelter and salvation of our souls.
Apolytikion

Plagal Fourth Mode

\(\text{↗} \text{Χςς} \ \text{↗} \ \text{α} \ \text{Γα} \)

G

lo-ry to the Fa-ther, and to the Son, and to the Ho-ly Spirit.

(Note: This apolytikion is preceded by Glory to the Father... when chanted in Vespers and Orthros but not when chanted in the Liturgy.)

M

ost glo-ri-fied art Thou, O Christ our God,

Who hast es-tab-lished our Fa-thers as lu-mi-nous stars up-on

the earth, and through them didst guide us all to the true Faith. O

Most Mer-ci-ful One, glo-ry be to Thee.

Intonation: #25

\(\text{↗} \ 150\)

( Δόξα Πατρί)
Kai vun

BOTH NOW AND EVER, AND UNTO THE AGES OF AGES

Amen.

RESURRECTIONAL THEOTOKION

ΘΟU WHO FOR OUR SAKES WAST BORN OF A VIRGIN, AND DIDST SUFFER CRUCIFIXION, O GOOD ONE, AND DIDST DE-SPOIL

DEATH BY DEATH, AND AS GOD, DIDST REVEAL THE RES-UR-REC-TION: DIS-DAIN THEM NOT WHICH THOU HAST FASH-IONED WITH THY HAND; SHOW US THY

LOVE FOR MAN-KIND, O MERCIFUL ONE; ACCEPT THE THEOKOS THAT GAVE THEE BIRTH, WHO INTER-CED-ETH FOR US; AND DO THOU,
our Saviour, save a despairing people.
The chanting that is done in churches
is an entreaty towards God to be appeased for our sins.
Whoever begs and prayerfully supplicates must have a humble and contrite manner;
but to cry out manifests a manner that is audacious and irreverent.

Canon LXXV of the Sixth Ecumenical Synod
Doxasticon of the Praises

Plagal Fourth Mode

Intonation: #26

Δόξα Πατρί

Τῶν Ἁγίων Πατέρων

lo- - - - ry to the Fa- - - - ther, and to__

__ the____ and to__ the__ Son, __ and__ to__ the__

Ho- - - - ly__ Spir- - - - - -

it.
One Essence and One Nature of the Father,
Son, and Holy Spirit, thereby delivering plainly to the Church the mystery of theology.

As we acclaim them in faith, let us call them blessed, saying:

O divine di-vine ar-ray, ye God-pro-claim-ing hop-
lites of the Lord's company, most brilliant stars of the spir-itu-al fir-
(Continue with Both now... and Most blessed art thou in the mode of the week on pages 888-898 in our Orthros book at http://www.stanthonyssmonastery.org/music/OrthrosB.htm)
Saint Demetrius
the Myrrh-Streamer

October 26

Vespers Stichera Doxasticon

Plagal Second Mode

Intonation: #20

Δόξα Πατρι
October 26 - St. Demetrios

Come, therefore, O ye lovers, let us joyously celebrate his memory and say: Rejoice, thou who by faith rested in twain the garment of impiety, and didst gird thyself with the courage of the Spirit. Rejoice, thou who didst...
October 26 - St. Demetrius

1. Destroy the devices of the lawless through the might given thee by the only God. rejoice, thou whose members were pierced with a spear, spiritually depicting again for us the blessed Passion of Christ.

2. Do thou entreat Him, O Deliver us, a adornment of athletes, that we be delivered from visible and invisible enemies, and that our souls be saved.
Vespers Stichera Theotokion

Plagal Second Mode

Kaï vív

Παναγία Δέσποινα

all - ho - ly_ La - dy, help of the_

world and hope of Chris - tians, thee do we now_

be - seech and thee do we sup - pli - cate, O_

good one, that thou make thy_ Son and Lord gra - cious un - to_

us_ who_ sinned and are in des - pair, O The -
October 26 - St. Demetrius

- o - t o - k o s; for thou canst do so by us - ing
thy bold - ness with Him as His Moth -
- er. Has - ten, O im - mac - u - late Vir -
- gin, Has - ten to me - di - ate and res - cue thy people from the peril that is
come upon us; for thy ten - der com - pas - sion's sake, disdain not those who praise thee.
For the Entreaty

First Mode

Intonation: #1

Εὐφραίνου ἐν Κυρίῳ

e glad in the Lord, O Cit-y of Thes-sa-lon-i-ca;

Re-joice and dance, be a-dorned in splen-dour and

faith, for in thy bos-om thou hold-est as a treas-ure

De-metri-us, the all-glo-ri-ous ath-lete

and wit-ness to the truth. Wel-come his mir-

acles, as thou be-hold-est the heal-

ings; and see him dash-ing down bar-bar-i-an au-
dac-i-ty, and cry thou un-to the Sav-iour thank-

ful-
Entreaty #2

First Mode

Let us bright-en this present day with the cheer-ful-ness of song, and let us make the strug-gles of the Martyr to re-sound; for the great Demetri-us is brought be-fore us to be ac-claimed. For man-ful-ly driv-ing back the vi-o-lence of the tyr-ants, he sprang ea-ger-
Entreaty Doxasticon

Second Mode

Δὸξα Πατρί

Intonation: #7

Entreaty Doxasticon

Second Mode

Δὸξα Πατρί

Intonation: #7
Eiς τὰ ὑπερκόσμια

Christ God hath brought thy blame-less spirit into the tabernacles beyond the world, O wise Martyr Demetrius; for thou becamest a champion of the Trinity when thou didst manifoldly contend in the fray steadfast as adamant. And when thou wast pierced with a spear in thy pure side, O all-venerable one, imitating Him Who was stretched upon the Tree for the salvation of all the world, thou didst receive the power to work miracles, and thou
grant-est a-bun-dant heal-ings un--to men. Where-fore,
as we cel-ebrate thy fall-ing-a-
sleep to-day, we right-ly glo-ri-fy the Lord, Who hath glo-
-ri-fied thee.

Entreaty Theotokion

Second Mode

Ἡχος Δι

Both now and ev-er and un-to the a-ges of
a-ges. A-men.
October 26 - St. Demetrius

Ω τοῦ μεγίστου

great_ mystery!_____ Be_ holding___

the wonders, I proclaim the Divine____
i- i- ty and do not deny the________

human- i- ty. For as man, Emanuel____

uel hath opened the gates of nature, and____
as God He hath not broken the bars____

_of virgin- i- ty. As He entered through the hearing, thus did He come forth____

from the womb; as He was conceived, thus was_____

www.stanthonyssimonastery.org/music/Menaion.htm
He______ in-car-nate. Im-pas-sive-ly did He__ en-ter, in-ef-fa-bly did He_____ come_______ forth, ac-cord-ing__ to the Proph-et____ who____ said:

This gate shall__ be shut, and no_______ one shall pass_______ through it, save the Lord God____ of Is-ra-el,

Who hath great_ mer-cy.
Vespers Aposticha #1

Second Mode

'Ἡχος  Δι

Τῆς γῆς συνταρασσομένης

hen the earth is troubled for fear of thy wrath, the
hills and mountains quake, O Lord. But

look upon us with eyes of compassion, and be not wroth with us in Thine anger; and

taking compassion on the creation of Thy hands, deliver us from the terrible threat of earthquake, since Thou art good

and the Friend of man.
Vespers Aposticha #2

Plagal Second Mode

Ὁχος Πα

Συνέσεισας τήν γῆν

Τού ηυ μαστ ὑ τὴν γῆν ὑπνόομαι καὶ ὑπαγω οὕτως ἵνα ὑποτασσόμενοι ὑπόληπτοι εἰς τὸ καλόν ἀναβῇν.

Φοβερός εἴ Ἐκρίθη

ὁρατόν ἐστὶν ὅ τι ἔφθασεν ἀπό τὸν ἱερόν ὁ Ὀσίαν ἀπὸ τῶν ὑπόλιτων ἀνακτήσεις ὑποτασσόμενοι εἰς τὸ καλόν ἀναβῇν.
Angels, Principalities, Authorities, Thrones, Dominions, the Cherubim, and the Seraphim cry unto Thee for us: Holy, Holy, Holy art Thou, O Good One; disdain not the works of Thy hands, O Good One; for Thy tender compassion's sake, save Thy flock which is in peril.
Vespers Aposticha #3

Plagal Second Mode

Ω ἐπιβλέπων

ho look-eth on the earth and maketh it trem-ble.

Ninivites heard the threat of burial
by an earthquake, because of their transgressions;
but in that mediate sign wrought in the sea-monster, repentance brought the Resurrection to their aid__
__through Jonas. Even as Thou took-est pity on__
Aposticha Doxasticon

Plagal Fourth Mode

Intonation: #26

Δόξα Πατρί

G lor-y to the Fa- ther, and____ to the____ Son, and____
_____ to the____ Ho- ly____ Spiri-____ it.
hy most di-vine and blame-less soul, O cel-

e-brat-ed De-me-tri-us, hath

for its dwell-ing the heav-en-ly Je-ru-sa-

lem, whose walls have been paint-ed on the im-

u-late hands of the in-

ible God.

And thine all-
day hath this fa-

mous tem-

ple on

earth as an in-

vi-o-

able trea-s-

ury of

mir-a-

cles

and a rem-
ed\y of mal-
Aposticha Theotokion

BOTH now and ever, and unto the ages of ages. Amen.
un-wed-ded Vir-gin, who in-ex-press-i-ble con-ceived

God in the flesh, O Moth-er of the Most High God: Re-ceive the pe-

ti-tions of thy sup-pli-ants, O all-blame-less one. O thou who grant-est un-to all pu-

ri-fi-ca-tion from of-fen-

ces, re-ceive now our en-

treat-ies, and be-seech that we all

be saved.
Apolytikion of St. Demetrius

Third Mode

\( \text{Ἡχος} \Gamma \alpha \)

great champion hath the whole world found

thee to be when in grave perils; for thou dost put to flight the heathen, O victorious one. As thou didst humble Lyaeus's arrogance and gavest boldness to Nestor in the stadium, thus, O holy Great Martyr Demetrius, do thou en-treat Christ God that we be granted great mercy.

G

glory to the Father, and to the Son, and to the Holy Spirit.
BOTH NOW AND EVER, AND UNTO THE AGES OF AGES

A-MEN.

**Apolytikion of the Earthquake**

Plagal Fourth Mode

\[ \text{‘H} \chi \circ \zeta \quad \frac{\lambda}{\Pi} \quad \frac{\delta}{\Delta} \]

‘O ἐπιβλέπων ἐπὶ τὴν γῆν

Thou Who look-est up-on the earth and mak-est it trem-ble, de-liv-er us from the fear-ful men-ace of earth-quake, O

Christ our God, and by the in-ter-ces-sions of the The-

o-tokos, send down up-on us Thy mer-cies in a-bun-dance, O

on-ly Friend of man.

* Finale:

a-bun-dance, O on-ly Friend of man.
Orthros Prokeimenon*

Fourth Mode

Θαυμαστῶς ὁ Θεός

* This Prokeimenon is chanted immediately after the First Antiphon in Fourth Mode "From my youth..." Sticheraric (long) and heirmologic (brief) versions of the First Antiphon are available in the Orthros section of our Divine Music project at: [http://www.stanthonysmonastery.org/music/OrthrosSpecialB.htm](http://www.stanthonysmonastery.org/music/OrthrosSpecialB.htm)
Orthros Pentecostaria*

Second Mode

\[ \alpha \chi \omega \varsigma \ \Delta \]

\[ \text{lo-ry to the Fa-ther, and to the Son, and to the Ho-ly Spir-} \]

\[ \text{-it.} \]

\[ \text{Toi\'s to\'u \\'thloforou} \]

\[ \gamma \ \text{th\'e in-ter-ces-sions of the prize-win-ner, O Mer-} \]

\[ \text{ci\'-ful One, blot out the mul-ti-tude of mine of-fen-ces.} \]

\[ \text{Kai \'v\'n} \]

\[ \text{oth\' now and ev-er, and un-to th\'e ag-es of ag-es. A-} \]

\[ \text{men.} \]

* For longer versions of the Pentecostaria, go to: [http://stanthonysmonastery.org/music/OrthrosSpecialB.htm](http://stanthonysmonastery.org/music/OrthrosSpecialB.htm)
Orthros Idiomelon

Second Mode

Have mercy on me, O God, according to Thy great mercy, and according to the multitude of Thy compassions,

blot out my transgressions.

Christ God hath brought thy blameless spirit.
in- to the tab- er- na- cles be- yond the_ world, O wise Mar-
tyr De- me- tri- us; for thou be- cam- est a cham- pi- on of the Trin- i- ty when thou didst man- ful- ly con- tend in the__ fray stead- fast as ad-
amant. And when thou wast pierced with a spear in thy pure side, O all-
ve- ner- a- ble one, im- i- tat- ing Him Who was stretched up-
on the__ Tree for the sal- va- tion of all the_ world,
thou didst re- ceive the pow- er to work mir- a- cles, and thou grant- est a- bun- dant heal- ings un- to men. Where- fore, as we cel- e- brate thy fall- ing- a-
- sleep to-day, we right-ly glo-ri-fy the Lord, Who hath glo-

- ri-fied thee.
Kontakion of St. Demetrius

Second Mode (Soft Chromatic)

"Ἡχος Δι":

O De - me - tri - us, hath a - dorned the Church with the roy - al pur - ple of
the streams of thy blood and hath kept thy cit - y un - harmed, for
thou art the sup - port there - of.

Intonation: #4

Toίς τῶν αἵματῶν σου

Who hath giv - en thee in - vin - ci - ble strength,
Kontakion of the Earthquake

Plagal Second Mode (Soft Chromatic)

Intonation: #17

εὐλογεῖν ἡμᾶς ἀπὸ ὀστραγγαλίας, Ο Ἅγιε, καὶ απὸ ταύτα ἐκ τῶν ὕποπτων, καὶ ἀπὸ τὰς σινᾶς, καὶ ἀπὸ τὴν πόλιν σου από την καταστροφή τῆς οὐσίας σου, για ἑτούς δὲ θέλουμεν να λέγουμεν Θεέ πάντα καθ’ σέ να αναλογούμενον ἑμένα καὶ οὐδεὶς πάντες ἀναλογοῦμεν σου.
Doxasticon of the Praises

Fourth Mode

Ἠχος
Πα

lo-ry to the Fa- ther, and to

the Son, and to the Holy Spirit.

Τὸν λόγχαις κληροσάμεµον

et us honour Demetrius,

most wise in his teachings, and crowned among Martyrs, who by the spear entered the grace of that saving side pierced with a
spear, from which the Saviour maketh the waters of life
and incorruption to flow forth for us. Let us honour him that through blood finished the course of his contest, and shineth brightly with miracles throughout the whole world; who was zealous for the Master, and a compassionate friend of the poor; the protector of the Thessalonians in their many and frequent griefs and perils. As we honour his annual memorial, we glorify Christ
Theotokion of the Praises

Fourth Mode  

$\text{รก} \chiος \gamma\tauος \text{ B8}$

Kαί νῦν

$\text{รก} \gammaος \chi_{\text{รก}}$

Ρῶσαι ἡμᾶς ἐκ τῶν ἀναγκῶν

Mother of Christ our God, who gavest birth to the Creator of all, deliver us from our necessities, that we may all cry to thee: Rejoice, O only protection of our souls.

www.stanthonyssmonastery.org/music/Menaion.htm