Saint Emilian the Confessor  
Bishop of Cyzicus  

August 8  

Apolytikion  

Fourth Mode  

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he truth of things hath revealed thee to thy flock as a rule of faith, an icon of meekness, and a teacher of temperance; for this cause thou hast achieved the heights by humility, riches by poverty. O Father and Hier-arch Em-i-li-an, in-
The chanting that is done in churches is an entreaty towards God to be appeased for our sins. Whoever begs and prayerfully supplicates must have a humble and contrite manner; but to cry out manifests a manner that is audacious and irreverent.

Canon LXXV of the Sixth Ecumenical Synod