Saint Theophylact the Confessor
Bishop of Nicomedia

March 8

Apolytikion

Plagal Second Mode

Hχος δ' εις Βδ

Intonation: #17

hou didst live a life hidden in God, O all-famed Theophylact, but Christ revealed thee unto all as a shining light set up on the spiritual lampstand, and He placed in thy hands the tablets of the Spirit's doctrines; where-
Be not drunk with wine, wherein is debauchery, but be filled with the Spirit, speaking to one another in psalms and hymns and spiritual songs, singing and making melody in your heart to the Lord.

Ephesians 5:18-19