Saint Andronicus and Athanasia

October 9

Apolytikion

Plagal First Mode
"Let us worship the Word"

"Ἡχὸς λ ἡ Ἑκ.

Σωφροσύνης τὴν χαλάναν

(K)
e a - dorned your di - vine - ly wrought robe of chas - ti - ty with

the sub - lime var - ied col - ours of sa - cred vir - tues in God, when

with one ac - cord ye strove in the as - cet - ic life. Where - fore, your si - lence

(Δ)
on the earth was re - ceived e - qual - ly with the thrice - ho - ly hymn in
When you have children, teach them music.

But, of course, real music—angelic, not dances and songs.

Music assists the development of the perception of spiritual life.

The soul becomes refined. It begins to understand spiritual music as well.

—St. Barsanuphius of Optina