Saint Romanus the Melodist

October 1

Apolytikion

Plagal Fourth Mode

Ὁ Ἱχθύος Λήμνος Γὰρ

Ἐν σοὶ Πάτερ ἄκριβῶς

In thee the image was preserved with exactness, O Father; for taking up thy cross, thou didst follow Christ, and by thy deeds thou didst teach us to overlook the flesh, for it passeth away, but to attend to the soul since it

Intonation: #25

www.stanthonyssmonastery.org/music/Menaion.htm
is immortal. Wherefore, O right-eous Roman-us, thy spirit rejoiceth with the Angels.