Saint Chariton
the Confessor

September 28

Apolytikion

Plagal Fourth Mode

\[ \text{Intonation: \#25} \]

\[ \text{Ta\i\ts t\o\n d\a\k\r\u\o\n s\o\u \r\o\a\i\z} \]

\( \text{with the streams of thy tears, thou didst cultivate the} \)

\( \text{barrenness of the desert;} \)

\( \text{and by thy sighings from} \)

\( \text{the depths, thou didst bear fruit a hundred-fold in labours;} \)

\( \text{and thou becamest a luminary, shining with miracles upon} \)

\( \text{the} \)

\( \text{streams of thy} \)

\( \text{tears,} \)

\( \text{thou didst cultivate the} \)

\( \text{barrenness of the} \)

\( \text{desert;} \)

\( \text{and by thy sighings from} \)

\( \text{the depths, thou didst bear fruit a hundred-fold in labours;} \)

\( \text{and thou becamest a luminary, shining with miracles upon} \)
It was explained to the blessed Epiphanius, bishop of Cyprus, by the abbot of the monastery he had in Palestine: "In accordance with your instructions we have not neglected our rule, but diligently discharge Terce, Sext, and None." However, Epiphanius corrected them and made it clear to them, saying: "You obviously neglect the other hours of the day when you refrain from prayer, for the true monk must have prayer and psalmody in his heart without ceasing."

- Apophthegmata Patrum