



ΑTHONITE HYMN TO THE PANAGIA*

Grave Mode (Diatonic)
Triple Meter

adapted from oral tradition
as recorded by Hieromonk Hierotheos of Philotheou

Intonation: #22

Παναγία Δέσποινα

Moderato $\text{J}=120$

Under thy protection, O Panagia -

our Lady, do all thy servants un-wor-thi -

ly hast ten and en-treat thee, O most

* This paraliturgical hymn may be chanted during the distribution of the antidoron after liturgy. In some monasteries on the Holy Mountain, it is chanted after the procession back into church following the meal after a vigil on feast days of the Mother of God.

pure one. Has - ten to de - liv - er all of

us from ev - ery dan - ger and ne - ces - si - ty and

from a sud - den death, which de - stroy - eth ut - ter -

ly and fi - nal - ly. We know that thou_ art ca - pa -

ble to con - sum - mate all things_ that thou_ dost want_ to

do. La - dy of_ the u - ni - verse, the hope and

the pro - tec - tion of the world, O Maid - en full_ of

grace, come heark - en un - to us_ who pray_ to

