



SAINT SYMEON OF THE WONDROUS MOUNTAIN

May 24

Apolytikion

First Mode

Intonation: #1

Allegro ♩=150

Υπομονῆς στύλος

D

Thou be - cam - est a pil - lar of pa - tience and didst

em - u - late the Fore - fa - thers, O right - eous one: Job—

in his suf - fer - ings, Jo - seph in temp - ta - tions,

and the life— of the bod - i - less while in the bod -

We should offer our prayers to God with fear and trembling,
tears and sighs, and our voices when we chant should
be sober, contrite, measured, and humble.

- St. Palladios