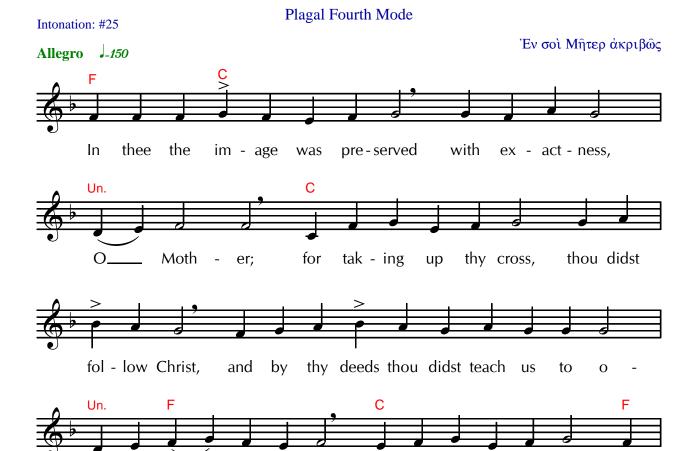


THE HOLY RIGHTEOUS MARTYR EUDOCIA THE SAMARITAN

March 1

Apolytikion



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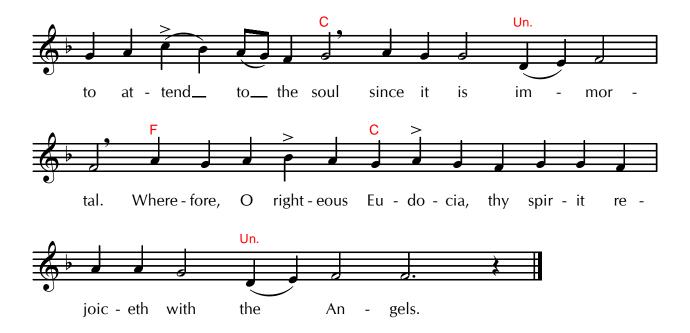
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Quality in psalmody and prayer consists in praying with the spirit and the nous.

One prays with the spirit only when, as he prays and chants,
he is attentive to the content of the holy writings,
and thus raises his heart to divine thoughts.

- Nikitas Stithatos