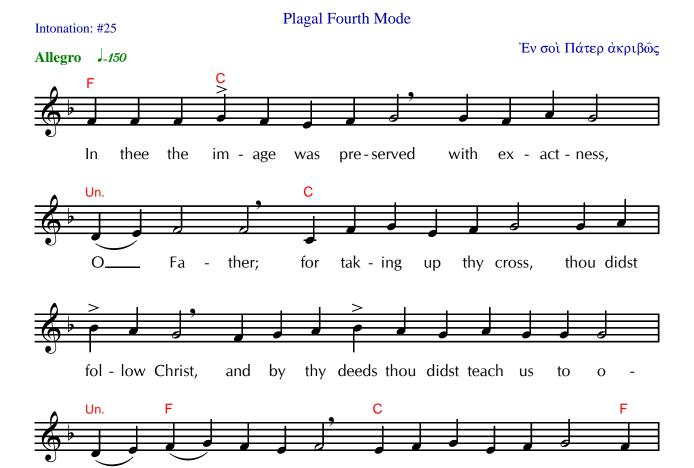


Saint John Cassian

February 29

Apolytikion



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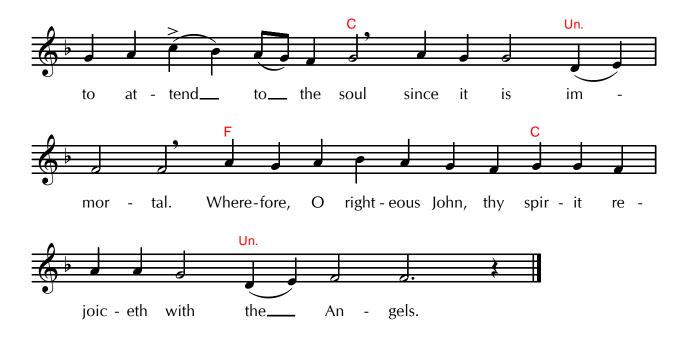
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When, therefore, they [the monks of Egypt]

come together to conduct the aforementioned services,
which they call *synaxes*, all maintain such silence that even though
so great a number of brethren assemble, one would believe
no man to be present except he who rises
in their midst to sing the psalm.