



# SAINT JOHN CASSIAN

February 29

Apolytikion

Plagal Fourth Mode

Intonation: #25

**Allegro** ♩=150

Ἐν σοὶ Πάτερ ἀκριβῶς



In thee the im - age was pre-served with ex - act - ness,



O — Fa - ther; for tak - ing up thy cross, thou didst



fol - low Christ, and by thy deeds thou didst teach us to o -



ver - look — the — flesh, for it pass - eth a - way, but

to at - tend to the soul since it is im -

mor - tal. Where-fore, O right - eous John, thy spir - it re -

joic - eth with the An - gels.

When, therefore, they [the monks of Egypt]  
 come together to conduct the aforementioned services,  
 which they call *synaxes*, all maintain such silence that even though  
 so great a number of brethren assemble, one would believe  
 no man to be present except he who rises  
 in their midst to sing the psalm.

- St. John Cassian