

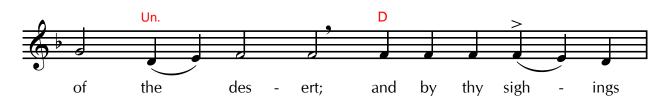
SAINT THEOCTISTUS ABBOT OF CUCOMO IN SICILY

January 4

Apolytikion

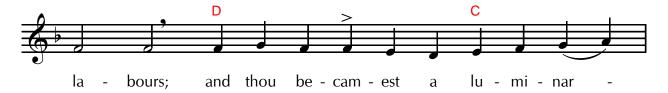
Plagal Fourth Mode

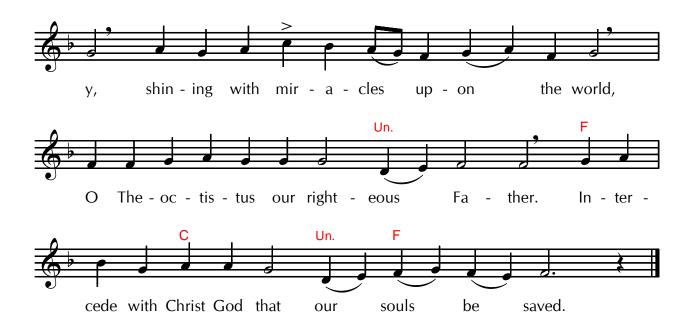






from the depths, thou didst bear fruit a hun-dred-fold in





Psalmody in a crowded congregation is accompanied by captivity and wandering of the thoughts; but in solitude, this does not happen.

However, those in solitude are liable to be assailed by despondency, whereas in congregation the brethren help each other by their zeal.

- St. John of the Ladder