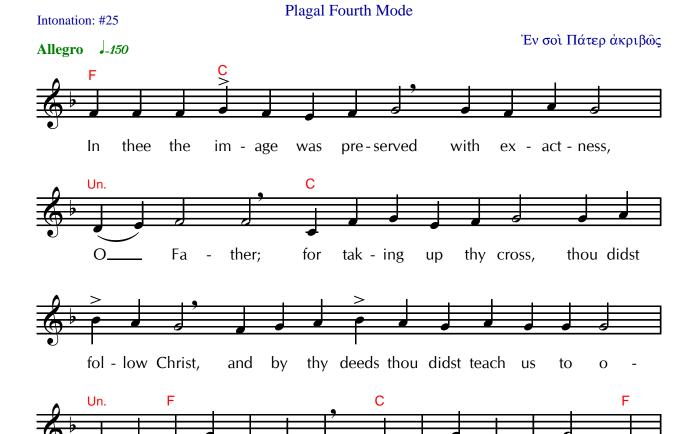


Saint Abramius

October 29

Apolytikion



for

pass - eth

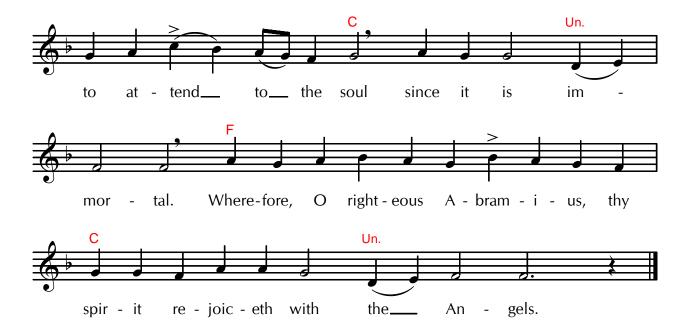
but

a - way,

the___ flesh,

look_

ver



When we are weighed down by deep despondency, we should for a while sing psalms out loud, raising our voice with joyful expectation until the thick mist is dissolved by the warmth of song.

- St. Diadochos of Photiki