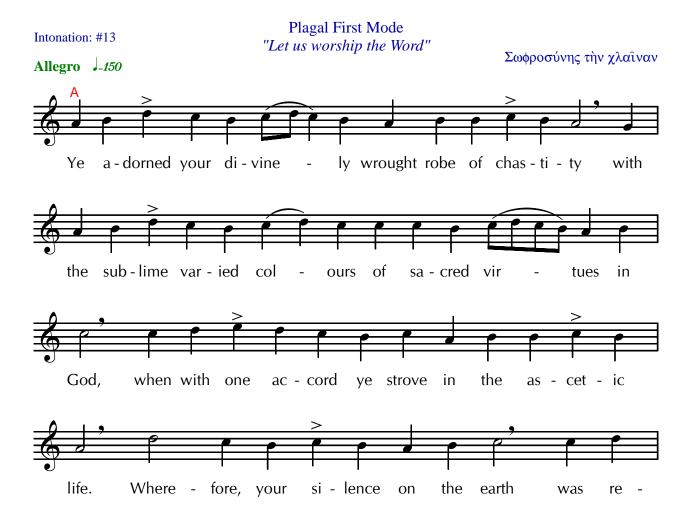
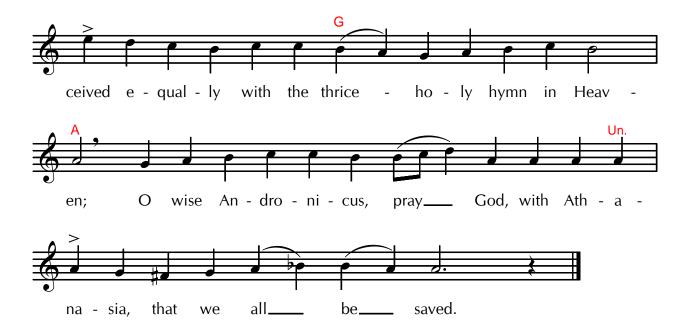


## Saints Andronicus and Athanasia

## October 9

## **Apolytikion**





When you have children, teach them music.

But, of course, real music--angelic, not dances and songs.

Music assists the development of the perception of spiritual life.

The soul becomes refined. It begins to understand spiritual music as well.

- St. Barsanuphius of Optina