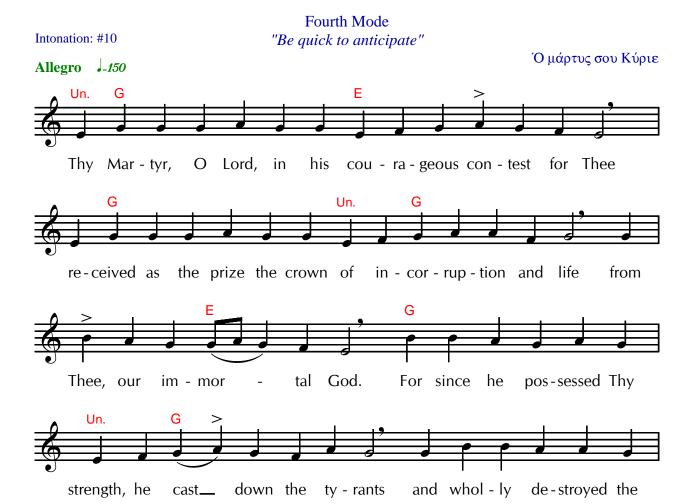
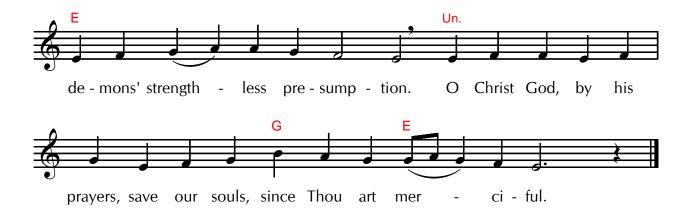


THE HOLY MARTYR LEONTIUS

June 18

Apolytikion





Quality in psalmody and prayer consists in praying with the spirit and the nous.

One prays with the spirit only when, as he prays and chants, he is attentive to the content of the holy writings, and thus raises his heart to divine thoughts.

- Nikitas Stithatos