March
The Holy Righteous Martyr
Eudocia the Samaritan

March 1

Apolytikion

Plagal Fourth Mode

\[ \text{ μὴτρ ἀκριβὸς} \]

n the thee the image was preserved with exactness, O

Mother; for taking up thy cross, thou didst follow Christ, and

by thy deeds thou didst teach us to overlook the flesh, for

it passeth away, but to attend to the soul since it

Intonation: #25
Quality in psalmody and prayer consists in praying with the spirit and the nous.

One prays with the spirit only when, as he prays and chants,

he is attentive to the content of the holy writings,

and thus raises his heart to divine thoughts.

- Nikitas Stithatos
The Holy Martyr 
Hesychius

March 2

Apolytikion

Fourth Mode
"Be quick to anticipate"

Ὁ Μάρτυς σου Κύριε

Ὁ Μάρτυς σου Κύριε

Intonation: #10

The Holy Martyr, O Lord, in his courageous contest for Thee received as the prize the crowns of incorruption and life from Thee, our immortal God. For since he possessed Thy strength, he cast down the tyrants and wholly destroyed the demons' strengthless pre-sump-
tion. O Christ God, by his prayers, save our souls, since Thou art merciful.

SAINT HESYCHIUS
The Holy Martyrs Eutropius, Cleonicus, and Basiliscus

March 3

Apolytikion

Fourth Mode
"Be quick to anticipate"

150

O Μάρτυρες σου Κύριε

The Holy Martyrs, O Lord, in their courageous contest for Thee
received as the prize the crowns of incorruption and life
from Thee, our immortal God. For since they possessed Thy strength, they cast
down the tyrants and wholly destroyed the demons' strengthless pre-sump-
Recite the words of psalmody as your very own, that you may utter the words of your supplication with insight and with discriminating compunction, like a man who truly understands his work.

- St. Isaac the Syrian
Saint Gerasimus
of the Jordan

March 4

Apolytikion

First Mode

Ἡχὸς Ἡμῶν Πατρός

Thou didst prove to be a citizen of the desert, an angel in the flesh, and a wonder-worker, O Gerasimus, our God-bearing Father. By fasting, vigil, and prayer thou didst obtain heavenly gifts, and thou healest the sick and the souls of them.
that have recourse to thee with faith. Glory to Him that hath given thee strength. Glory to Him that hath crowned thee. Glory to Him that worketh healings for all through thee.

SAINT GERASIMUS
The Holy Martyr
Conon

March 5

Apolytikion

Fourth Mode
"Be quick to anticipate"

Ὑχος Δخروج

Ὁ Μάρτυς σου Κύριε

hy Mar - tyr, O Lord, in his cou - ra - geous con - test for Thee
re - ceived as the prize the crowns of in - cor -rup - tion and life
from Thee, our im - mor-tal God. For since he pos-sessed Thy strength, he cast
down the ty - rants and whol - ly de-stroyed the de - mans' strength-less pre-sump-
If one were to put all of the world's most precious things on one side of a scale, and the Divine Liturgy on the other, the scales would tip completely in favor of the Liturgy.

- St. John of Kronstadt
The Holy Forty-Two Martyrs of Amorion

March 6

Apolystikion

Fourth Mode

"Be quick to anticipate"

'Oι Μάρτυρες σου Κύριε

Os xos łą Δι

hy Martyrs, O Lord, in their courageous contest for Thee received as the prize the crowns of incorruption and life from Thee, our immortal God. For since they possessed Thy strength, they cast down the tyrants and wholly destroyed the demons' strengthless pre-sump-
tion. O Christ God, by their prayers, save our souls, since Thou art merciful.
The Holy Martyred Bishops of Cherson
Basileus, Ephraim, Eugene, Capito,
Aetherius, Agathodorus, and Elpidius

March 7

Apolytikion

Plagal First Mode

Intonation: #13

Τὰ θαύματα τῶν ἁγίων σου

since Thou hast given us the miracles of Thy holy Martyrs as an invincible battlement, by their entreaties scatter the counsels of the heaven then, O Christ our God, and strengthen the faith of Orthodox Christians, since Thou a-lone
art good__ and the Friend of man.

CHRIST HEALING THE SON OF THE CENTURION
Saint Theophylact the Confessor
Bishop of Nicomedia

March 8

Apolytikion

Plagal Second Mode

Intonation: #17

hou didst live a life hidden in God, O all-famed Theophylact, but Christ revealed thee unto all as a shining light set upon the spiritual lampstand, and He placed in thy hands the tablets of the Spirit's doctrines; where-
Be not drunk with wine, wherein is debauchery, but be filled with the Spirit, speaking to one another in psalms and hymns and spiritual songs, singing and making melody in your heart to the Lord.

Ephesians 5:18-19
The Holy Forty Martyrs of Sebastia

March 9

Apolytikion

First Mode

\[ \varepsilon\theta\varepsilon\tau\acute{\iota} \] 150

Intonation: #1

\[ \Upsilon\chi\omicron\omicron \ \Upsilon\varsigma \ \Pi\alpha \]

Thou treated for the sake of the sufferings of Thy Saints which they endured for Thee, O Lord, and do Thou heal all our pains, we pray, O Friend of man.
The Holy Forty
Martyrs of Sebastia

March 9

Kontakion

Plagal Second Mode

ιχάος λαβεῖ Ὑστατοῦν

av - ing left eve - ry mil - i - tar - y ar - ray of the

world, ye cleaved un - to the Mas - ter Who is in the Heav - ens,

O For - ty Prize-win - ners of the Lord; for hav - ing passed through fire

and wa - ter, O bless - - ed ones, ye right - ly re - ceived glo - ry

Intonation: #17
from Heaven and a multitude of crowns.
The Holy Martyr Quadratus
and Those With Him

March 10

Apolytikion

Fourth Mode
"Be quick to anticipate"

Hχος Λ Δι

Oi Μάρτυρες σου Κύριε

hy Martyrs, O Lord, in their courageous contest for Thee
received as the prize the crowns of incorruption and life
from Thee, our immortal God. For since they possessed Thy strength, they cast
down the tyrants and wholly destroyed the demons' strength-less pre-sump-
O Christ God, by their prayers, save our souls, since Thou art merciful.
Saint Sophronius
Archbishop of Jerusalem

March 11

Apolytikion

Fourth Mode

he truth of things hath revealed thee to thy flock as a rule
of faith, an icon of meekness, and a teacher of temperance; for
this cause thou hast achieved the heights by humility, riches by poverty.

O Father and Hierarch Sophronius,
ter - cede with Christ God that our souls be saved.
Saint Gregory the Great
Pope of Rome

March 12

Apolytikion

Fourth Mode

\[ \text{Intonation: } \#10 \]

Канона пистеос

the truth of things hath revealed thee to thy flock as a rule of faith, an icon of meekness, and a teacher of temperance; for this cause thou hast achieved the heights by humility, riches by poverty. O Father and Hierarch Gregory, in-
March 11 - St. Gregory the Great

Send St. Augustine to England

ST. GREGORY THE GREAT
SENDING ST. AUGUSTINE TO ENGLAND
Saint Theophanes
the Confessor

March 12

Apolytikion

Plagal Fourth Mode

Intonation: #25

Orqodoxiva oJdhgev

Guide of Orthodoxy, teacher of piety and holiness, luminary of the world, God-inspired adornment of monastics, O wise Theophanes, by thy teachings thou hast enlightened all, O harp of the Spirit.
In - ter - cede with Christ God that our souls be saved.

ST. THEOPHANES
THE CONFESSOR
Saint Symeon  
the New Theologian  

March 12  

Apolytikion  

Third Mode  "Thy confession"  

"Ἡχός γ'. Γα  

since thou hadst received with in thy pure soul God's enlightenment, O righteous Father, thou wast shown to the world as a blazing light which drove away its thick darkness and moved all men to seek the grace of the Spirit which

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they had lost. O all-holy Father Symeon, intercede with Him to grant great mercy unto us who honour thee.
The Translation of the Relics of Saint Nicephorus
Archbishop of Constantinople

March 13

Apolytikion

Fourth Mode

&Hχοζ \( \Delta \)

Intonation: #10

Kανόνα πίστεως

he truth of things hath revealed thee to thy flock as a rule of faith, an icon of meekness, and a teacher of temperance; for this cause thou hast achieved the heights by humility, riches by poverty. O Father and Hierarch Nicephorus, in-
ter-cede with Christ God that our souls be saved.
Saint Benedict

March 14

Apolytikion

Plagal Fourth Mode

Ὅν θεός ἀληθινός

Ἐν σῷ Πάτερ ἁκριβώς

In thee the image was preserved with exactness, O

Father; for taking up thy cross, thou didst follow Christ, and

by thy deeds thou didst teach us to overlook the flesh, for

it passeth away, but to attend to the soul since it
We believe that God is present everywhere and that "the eyes of the Lord look upon good men and evil in every place"; but we must believe without a shadow of doubt that this is especially so when we assist at the Divine Office. Therefore, let us always be mindful of what the prophet says: "Serve the Lord in fear"; and again, "Sing psalms wisely"; and, "I will sing to Thee in the sight of the angels". Hence we must consider how we are to behave ourselves in the sight of the Divinity and of His angels, and let us so stand to sing, that our mind may be in harmony with our voice.

Rule XIX of St. Benedict (d. ca. 547)
The Holy Apostle Aristobulus
of the Seventy

March 15

Apolytikion

Third Mode

Ἡχῶς γ'. Γά

'Απόστολε ἅγιε

Holy Apostle Aristobulus, intercede with the merciful God that He grant unto our souls forgiveness of offenses.
Saint Agapius
and Those With Him

March 15

Apolytikion

First Mode (soft chromatic)
"The soldiers standing guard"

et all of us en-treat Christ the Lord's holy Martyrs,
for they make supplication for our souls' salvation; with
faith and with longing, therefore, let us draw nigh unto
them, for they over-flow with the divine grace of heal-
Just as swine run to a place where there is mire
and bees dwell where there are fragrances and incense,
likewise demons gather where there are carnal songs and the
grace of the Holy Spirit settles where there are
spiritual melodies, sanctifying
both mouth and soul.

- St. John Chrysostom
The Holy Martyr
Sabine of Egypt

March 16

Apolytikion

Fourth Mode
"Be quick to anticipate"

Ὦ Μάρτυς σου Κύριε

Ὑ χοζ Ἰ τ Α Δ

(O Mavrtu" sou Kuvrie

The Holy Martyr, O Lord, in his courageous contest for Thee
received as the prize the crowns of incorruption and life
from Thee, our immortal God. For since he possessed Thy strength, he cast
down the tyrants and wholly destroyed the demons' strengthless pre-sump-
In all places and at all seasons you may sing with the mind.

For whether you walk in the market place, or begin a journey, or sit down with your friends you may rouse up your mind or call out silently. So also Moses called out, and God heard him. If you are an artisan, you may sing sitting and working in your shop. If you are a soldier, or if you sit in judgment, you may do the very same.

One may also sing without voice, the mind resounding inwardly. For we sing, not to men, but to God, who can hear our hearts and enter into the silences of our minds.

- St. John Chrysostom
Saint Christodululus of Patmos

March 16

Apolytikion

Plagal Fourth Mode

Ἐν σοὶ Πάτερ ἁκριβῶς

n the image was preserved with exactness, O__

Father; for taking up thy cross, thou didst follow Christ, and

by thy deeds thou didst teach us to overlook the flesh, for

it passeth away, but to attend to the soul since it
is immortal. Wherefore, O righteous Christodulus, thy spirit rejoiceth with the angels.
Saint Alexis
the Man of God

March 17

Apolytikion

Fourth Mode
"Be quick to anticipate"

Εκ ρίζης ἐβλάστησας

though thou didst bud forth from a renowned and notable root,

and though thou didst blossom from a city famed for her great imperial dignity, yet didst thou scorn all things as corruptible and fleeting, striving to be joined to Christ thy Master

Intonation: #10
for ev-er. En-treat him, O A-lex-is most wise, fer-vent-ly for
our souls.
Saint Patrick
The Enlightener of Ireland

March 17

Apolytikion

Third Mode

Holy Hierarch, equal of the Apostles, Saint Patrick, wonder-worker and enlightener of Ireland:

Intercede with the merciful God, that He grant unto our souls forgiveness of offenses.

Intonation: #8
Saint Cyril
Archbishop of Jerusalem

March 18

Apolytikion

Fourth Mode

he truth of things hath revealed thee to thy flock as a rule of faith, an icon of meekness, and a teacher of temperance; for this cause thou hast achieved the heights by humility, riches by poverty. O Father and Hierarch Cyril, in...
ter - cede with Christ God that our souls be saved.

SAINT CYRIL OF JERUSALEM
The Holy Martyrs
Chrysanthus and Daria

March 19

Apolytikion

Fourth Mode
"Be quick to anticipate"

O Μάρτυρες σου Κύριε

(intonation: #10)

Hχος Δι

O Lord, in their courageous contest for Thee received as the prize the crowns of incorruption and life from Thee, our immortal God. For since they possessed Thy strength, they cast down the tyrants and wholly destroyed the demons' strength-less pre-sump-
March 19 - Sts. Chrysanthus and Daria

O Christ God, by their prayers, save our souls, since Thou art merciful.
The Fathers of the Monastery of Saint Sabba Who Were Killed by the Saracens

March 20

Apolytikion

Second Mode

\[ \text{Intonation: #4} \]

\[ \text{Ἡχος} \quad \Delta \]

\[ \text{'Αθλοφόροι Κυρίου} \]

less-ed is the earth that drank your blood, O prize-winners of the Lord, and holy are the taber-nacles that re-ceived your spir-

its; for in the sta-di-um ye tri-umphed o-ver the en-e-my, and ye pro-claimed Christ with bold-

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What state can be more blessed than to imitate on earth the choirs of angels?

to begin the day with prayer, and honor our Maker with hymns and songs? As the day brightens, to betake ourselves, with prayer attending on it throughout, to our labors, and to season our work with hymns, as food with salt?

The consolation from hymns produces a state of soul that is cheerful and free of sorrow.

- St. Basil the Great
Saint Cuthbert the Wonderworker
Bishop of Lindisfarne

March 20

Apolytikion

Third Mode

While still in thy youth thou didst lay aside all worldly care and didst take up the sweet yoke of Christ, O Godly minded Cuthbert, and thou wast shown forth in truth to be nobly radiant in the grace of the Holy Spirit. Wherefore, God es-

Intonation: #8
tab-lished thee as a rule of faith and shep-herd of His ra-tion-al
flock, O con- vers-er with An-gels and in- ter- ces-sor
for men.
Saint James
the Confessor

March 21

Apolytikion

Fourth Mode

God of our Fathers, ever dealing with us according to Thy gentleness: take not Thy mercy from us, but by their entreaties guide our life in peace.
The Holy Hieromartyr Basil
Presbyter of the Church of Ancyra

March 22

Apolytikion

Fourth Mode

ências

The Hieromartyr Basil, Presbyter of the Church of Ancyra

March 22

Apolytikion

Fourth Mode

ёнство

The Hieromartyr Basil, Presbyter of the Church of Ancyra

March 22

Apolytikion

Fourth Mode
When you worship God with hymns,
you should be worshipping Him with your entire
being: your voice should sing; your heart should also
sing; and your life should also sing. Everything should sing!

- Blessed Augustine
Saint Nicon and His 199 Disciples

March 23

Apolytikion

Fourth Mode

God of our Fathers, ever dealing with us according to Thy gentleness: take not Thy mercy from us, but by their entreaties guide our life in peace.

Intonation: #10

Ὁ Θεός τῶν Πατέρων ἡμῶν

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The Forefeast
Of the Annunciation

March 24

Apolytikion
Fourth Mode

Intonation: #10

Hχος Ε Δι
Σήμερον τῆς παγκοσμίου

150

ο - day the prel-udes of u - ni - ver - sal joy move us to

sing the pre-fes-tal hymn; for be-hold, Ga - bri-el com-

eth, bring-ing the good tid - ings to the Vir - gin, and shall cry___ to her:

Re - joice, thou who art full of grace; the Lord is with_______ thee.
* Finale:

\[ \text{grace; the Lord is with _________ thee.} \]
The Forefeast
Of the Annunciation

March 24

Kontakion

Fourth Mode (modified)
"On this day Thou hast appeared"

'Ἡχος Δι

Ἐπελεύσει Πνεύματος

"t the great Arch-an-gel's voice, O The-o-to-
kos, the All-ho-ly Spir-it came up-on thee and thou
didst_con-ceive Him that is one in es-
sence and throne with
God the Fa-ther, O Ad-
am's re-
cov-er-y.

Intonation: #8
Saint Tikhon
Patriarch of Moscow

March 24

Apolytikion

Plagal First Mode
"Let us worship the Word"

\[ \text{Let us worship the Word}\]

Intonation: #13

150

o the new world sent forth as a shepherd of the flock, thou wast called back to the old, to take up the Cross as a staff and from wolves and faithless shepherds to defend the Church; and after thee, the sheep of Christ knew no shepherd to be true who kept not thy
good confession, where-in, O Tikhon, preserve us un-harmed through-out our earthly pilgrimage.
The Annunciation of the Theotokos

March 25

Apolytikion

Fourth Mode

ο - day is the fountain-head of our salvation

and the manifestation of the mystery which was from eternity.

The Son of God becometh the Virgin's Son

Gabriel announcesthe good tidings of grace; for this cause, let

Intonation: #10

Σήμερον τῆς σωτηρίας

๑๕๐
us cry to the Moth-er of God with him: Re- joice, thou who
art full of grace; the Lord is with thee.

* Finale:

grace; the Lord is with thee.
The Annunciation of the Theotokos

March 25

Kontakion

Plagal Fourth Mode

Intonation: #24

The One Who hath bowed the Heav'ns by His descent is held.
_and con-tained un-chang-ing whol-ly in thee. See-ing Him re-
ceiv-ing the form of a ser-vant in thy womb, I stand in awe and
cry to thee: Re-joice, thou Bride un-wed-ded.

* Finale:

Re-joice, thou Bride un-wed-ded.

Those who chant should offer their psalmodies with great care to God,
Who looks into the hidden recesses of the heart, i.e., into
the psalmody and prayer that are done mentally
in the heart rather than uttered
in external cries.

Canon LXXV of the Sixth Ecumenical Synod
The Annunciation of the Theotokos

March 25

Another Kontakion

Plagal Fourth Mode

Θεοτοκή, Αγαθή Μακάρια, χορεύουμε σήμερα κάθετα κύριε, το σπήλαιον του Ρήγα και τον άνθρωπον που έκανε την ανάνση της

Ὁ Θεοτόκος, ἁγνή καὶ ἑαυτοκράτορις, τῇ ὑμνήσει τῆς Ἀγίας Θεοτόκου, τῷ οἴκῳ τοῦ Ρήγα καὶ τῷ ἄνθρωπῳ τοῦ πάθους τοῖς ἀληθείς ἀρχομένῳ

Ὁ Θεοτόκος, ἁγνή καὶ ἑαυτοκράτορις, τῇ ὑμνήσει τῆς Ἀγίας Θεοτόκου, τῷ οἴκῳ τοῦ Ρήγα καὶ τῷ ἄνθρωπῳ τοῦ πάθους τοῖς ἀληθείς ἀρχομένῳ

But as thou__ art one with might which is invincible, σῶμα ὑμῶν ἔστω μάρτυρις ἤμας ἀπὸ τῶν διαστάσεων, ἱπταμένων κατά τις ἀντικροτήτας.
March 25 - The Annunciation

be do thou deliver us, that we may cry to thee: Rejoice, thou Bride unwedded.

* Finale:

Rejoice, thou Bride unwedded.
The Synaxis of the Archangel Gabriel

March 26

Apolytikion

Fourth Mode
"Thou Who wast raised up"

Thou Who wast raised up

Theu preme Kom-mand-er of the Hosts of the Heav-ens,

we, the un-wor-thy, im-por-tune and be-seech thee that by

thy sup-pli-ca-tions thou en-cir-cle us in the shel-ter of

the wings of thine im-ma-te-ri-al glo-ry, guard-ing us who now
fall down and cry to thee with fervour: Deliver us from dangers of all kinds, as the great marshal of the heavenly hosts on high.
The Synaxis of the Archangel Gabriel

March 26

Kontakion

Second Mode

土豪ς Αδη

ἁρχιστράτηγος Θεοῦ

Supreme Commander of God and minister of the Divine glory, guide of men and leader of the bodiless hosts: Ask for what is to our profit and for great mercy,

since thou art Supreme Commander of the bodiless hosts.
The Holy Martyr Matrona
of Thessalonica

March 27

Apolytikion

Fourth Mode (hard chromatic)
"Joseph was amazed"

\[ \text{Lord Jesus, unto Thee Thy lamb doth cry with a} \]
\[ \text{great voice: O my Bride-groom, Thee I love; and seeking Thee, I} \]
\[ \text{now contest, and with Thy baptism am crucified and buried. I suffer for Thy sake, that I may reign with} \]

\[ \text{150} \]
\[ \text{Intonation: #19} \]

\[ \text{Ἡ ἥμνος σου Ἰησοῦ} \]
It is a great accomplishment to pray without distraction,
but it is even greater to chant without distraction.

- Evagrios the Solitary
Saint Hilarion the New

March 28

Apolytikion

Plagal Fourth Mode

\[ \text{Intonation: } #25 \]

\[ \text{Ἐν σοὶ Πάτερ ἀκριβῶς} \]

n thee the image was preserved with exactness, O___

Father; for taking up thy cross, thou didst follow Christ, and

by thy deeds thou didst teach us to overlook the flesh, for

it passeth away, but to attend to the soul since it
is immortal. Wherefore, O righteous Hil- a- ri- on, thy spir-
it re-joic- eth with the ___ An- gels.
Saint Mark, Bishop of Arethusa, and Cyril the Deacon, and Others Martyred During the Reign of Julian

March 29

Apolytikion

Plagal Fourth Mode
"When the bodiless one"

\[\text{since they had slain through their abstinence and struggles the fiery ravings and fierce motions of the passions, the staunch Martyrs of Christ God laid hold on the graces to drive off the pains and illnesses of the...}\]
sick and work__ wonders both while liv- - ing and af- ter death. Strange in- deed______ is____ the mir-a-cle! A That these bare bones__ should pour forth such o- ver- flow- ing streams of____ cures. A Glo- ry be____ to our on- ly__ God.
Saint John of Sinai
Author of the Ladder

March 30

Apolytikion

Plagal Fourth Mode

\[\text{ˈΧχς} \; \frac{λ}{π} \; \alpha \; \Gamma\alpha\]

Intonation: #25

\[\text{Ταις των δακρύων σου ροαίς}\]

ith the streams of thy tears, thou didst cul-ti-vate the
bar-ren-ness of the__ des-ert; \[\text{α}\] and by thy sigh-ings from
the depths, thou didst bear fruit a hun-dred-fold in__ la-bours; \[\text{α}\] and
thou be-cam-est a lu-mi-nar-y, \[\text{α}\] shin-ing with mir-a-cles up-on
March 30 - St. John of the Ladder

the world, O John our righteous Father. Intercede with Christ

God that our souls be saved.
Saint John of Sinai
Author of the Ladder

March 30

Kontakion

First Mode (soft chromatic)
"The soldiers standing guard"

\[ \text{Intonation: #4} \]

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that conferreth glory on the souls that ascend it and honour thee faithfully.
The Holy Hieromartyr Hypatius
Bishop of Gangra

March 31

Apolytikion

Fourth Mode

Intonation: #10

κανόνα πίστεως

The truth of things hath revealed thee to thy flock as a rule of faith, an icon of meekness, and a teacher of temperance; for this cause thou hast achieved the heights by humility, riches by poverty. O Father and Hierarch Hypatius, in-

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ter-cede with Christ God that our souls be saved.