March
The Holy Righteous Martyr
Eudocia the Samaritan

March 1

Apolytikion

Intonation: #25
Plagal Fourth Mode

In thee the image was preserved with exactness,

O Mother; for taking up thy cross, thou didst follow Christ, and by thy deeds thou didst teach us to other

ver - look the flesh, for it pass - eth a - way, but
Quality in psalmody and prayer consists in praying with the spirit and the nous.
One prays with the spirit only when, as he prays and chants,
he is attentive to the content of the holy writings,
and thus raises his heart to divine thoughts.

- Nikitas Stithatos
The Holy Martyr
Hesychius

March 2

Apolytikion

Intonation: #10

"Be quick to anticipate"

Thy Martyr, O Lord, in his courageous contest for Thee

received as the prize the crown of incorruption and life from

Thee, our immortal God. For since he possessed Thy

strength, he cast down the tyrants and wholly destroyed the
de-mons' strength-less pre-sump-tion. O Christ God, by his prayers, save our souls, since Thou art mer-ci-ful.
The Holy Martyrs Eutropius, Cleonicus, and Basiliscus

March 3

Apolytikion

Intonation: #10

"Be quick to anticipate"

Thy Martyrs, O Lord, in their courageous contest for Thee

received as the prize the crowns of incorruption and life from

Thee, our immortal God. For since they possessed Thy

strength, they cast down the tyrants and wholly destroyed the

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Recite the words of psalmody as your very own,
that you may utter the words of your supplication
with insight and with discriminating compunction,
like a man who truly understands his work.

- St. Isaac the Syrian
Saint Gerasimus of the Jordan

March 4

Apolytikion

Intonation: #1

First Mode

Thou didst prove to be a citizen of the desert, an angel in the flesh, and a wonder-worker,

O Gerasimus, our God-bearing Father.

By fasting, vigil, and prayer thou didst obtain...
heavenly gifts, and thou heal est the sick

and the souls of them that have re-course to thee with faith.

Glo - ry to Him that hath giv en thee strength.

Glo - ry to Him that hath crowned thee. Glo - ry to

Him that work - eth heal - ings for all through thee.
The Holy Martyr
Conon

March 5

Apolytikion

Fourth Mode
"Be quick to anticipate"

Thy Martyr, O Lord, in his courageous contest for Thee received as the prize the crown of incorruption and life from Thee, our immortal God. For since he possessed Thy strength, he cast down the tyrants and wholly destroyed the
If one were to put all of the world's most precious things on one side of a scale, and the Divine Liturgy on the other, the scales would tip completely in favor of the Liturgy.

-St. John of Kronstadt
The Holy Forty-Two Martyrs of Amorion

March 6

Apolytikion

Intonation: #10

"Be quick to anticipate"

Thy Martyrs, O Lord, in their courageous contest for Thee received as the prize the crowns of incorruption and life from Thee, our immortal God. For since they possessed Thy strength, they cast down the tyrants and wholly destroyed the

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de-mons' strength-less pre-sump-tion. O Christ God, by their prayers, save our souls, since Thou art mer-ci-ful.
The Holy Martyred Bishops of Cherson
Basileus, Ephraim, Eugene, Capito,
Aetherius, Agathodorus, and Elpidius

March 7

Apolytikion

Intonation: #13
Plagal First Mode

Allegro 150

Since Thou hast given us the miracles of Thy holy Martyrs as an invincible battlement, by their entreaties scatter the counsels of the heathen, O Christ our God, and strengthen the faith of Orthodox

Tά θαύματα τῶν ἁγίων σου

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Christ, since Thou alone art good and the Friend

of man.

**CHRIST HEALING THE SON OF THE CENTURION**
Saint Theophylact the Confessor
Bishop of Nicomedia

March 8

Apolytikion

Intonation: #17
Plagal Second Mode

Allegro

Thou didst live a life hidden in God, O all-famed Theophylact, but Christ revealed thee unto all as a shining light set upon the spiritual lampstand, and He placed in thy hands the tablets.

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Be not drunk with wine, wherein is debauchery, but be filled with the Spirit,
speaking to one another in psalms and hymns and spiritual songs,
singing and making melody in your heart to the Lord.

Ephesians 5:18-19
The Holy Forty
Martyrs of Sebastia

March 9

Apolytikion

Intonation: #1
First Mode

D

Τὰς ἀληθόνας

Be Thou entreated for the sake of the sufferings

of Thy Saints which they endured for Thee, O Lord, and

do Thou heal all our pains, we pray, O Friend of man.
The Holy Forty
Martyrs of Sebastia

March 9

Kontakion

Intonation: #17
Plagal Second Mode

Having left every military array of the world,

ye cleaved unto the Master Who is in the Heavens,

O Forty Prize-winners of the Lord; for having passed through

fire and water, O blessed ones, ye right-ly re-ceived
March 9 - The Holy 40 Martyrs

Un.

Find glory from Heaven and a multitude of crowns.

of crowns.
The Holy Martyr Quadratus and Those With Him

March 10

Apolytikion

Intonation: #10

"Be quick to anticipate"

Thy Martyrs, O Lord, in their courageous contest for Thee received as the prize the crowns of incorruption and life from Thee, our immortal God. For since they possessed Thy strength, they cast down the tyrants and wholly destroyed the

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de-mons' strength-less pre-sumption. O Christ God, by their prayers, save our souls, since Thou art mer-ci-ful.
Saint Sophronius
Archbishop of Jerusalem

March 11

Apolytikion

Fourth Mode

Intonation: #10

Allegro 150

The truth of things hath revealed thee to thy flock as a rule of faith, an icon of meekness, and a teacher of temperance; for this cause thou hast achieved the heights by humility, riches by poverty.

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Fa- ther and Hier- arch So- phro- ni- us, in- ter- cede with

Christ God that our souls be saved.
The truth of things hath revealed thee to thy flock as a rule of faith, an icon of meekness, and a teacher of temperance; for this cause thou hast achieved the heights by humility, riches by poverty. O
Fa-ther and Hier - arch Greg - o-ry, in - ter - cede with Christ God that our souls be saved.

ST. GREGORY THE GREAT
SENDING ST. AUGUSTINE TO ENGLAND
Saint Theophanes
the Confessor

March 12

Apolytikion

Plagal Fourth Mode

Guide of Orthodoxy, teacher of piety

and holiness, luminary of the

world, God-inspired adornment of monastics, O wise Theophanes, by thy teachings thou
hast enlightened all, O harp of the Spirit.

Intercede with Christ God that our souls be saved.
The truth of things hath revealed thee to thy flock as a rule of faith, an icon of meekness, and a teacher of temperance; for this cause thou hast achieved the heights by humility, riches by poverty. O

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Fa- ther and Hier- arch Ni- ce- phor- us, in- ter- cede with

Christ God that our souls be saved.
Saint Benedict

March 14

Apolytikion

Intonation: #25
Plagal Fourth Mode

In thee the image was preserved with exactness,

O Father; for taking up thy cross, thou didst follow Christ, and by thy deeds thou didst teach us to other

ver - look _ the _ flesh, for it pass - eth a - way, but
We believe that God is present everywhere and that "the eyes of the Lord look upon good men and evil in every place"; but we must believe without a shadow of doubt that this is especially so when we assist at the Divine Office. Therefore, let us always be mindful of what the prophet says: "Serve the Lord in fear"; and again, "Sing psalms wisely"; and, "I will sing to Thee in the sight of the angels". Hence we must consider how we are to behave ourselves in the sight of the Divinity and of His angels, and let us so stand to sing, that our mind may be in harmony with our voice.

Rule XIX of St. Benedict (d. ca. 547)
The Holy Apostle Aristobulus
of the Seventy

March 15

Apolytikion

Intonation: #8
Third Mode

Allegro $ \frac{4}{4}$

O holy Apostle Aristobulus, intercede with the merciful God that He grant unto our souls forgiveness of offenses.
Saint Agapius and Those With Him

March 15

Apolytikon

Intonation: #10
"The soldiers standing guard"

Let all of us entreat Christ the Lord's holy Martyrs, for they make supplication for our souls' salvation; with faith and with longing, therefore, let us draw nigh unto them, for they

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March 15 - St. Agapius

Just as swine run to a place where there is mire
and bees dwell where there are fragrances and incense,
likewise demons gather where there are carnal songs and the
grace of the Holy Spirit settles where there are
spiritual melodies, sanctifying
both mouth and soul.

- St. John Chrysostom
The Holy Martyr
Sabine of Egypt

March 16

Apolytikion

Fourth Mode
"Be quick to anticipate"

 Thy Martyr, O Lord, in his courageous contest for Thee
received as the prize the crown of incorruption and life from
Thee, our immortal God. For since he possessed Thy
strength, he cast down the tyrants and wholly destroyed the
In all places and at all seasons you may sing with the mind.

For whether you walk in the market place, or begin a journey,
or sit down with your friends you may rouse up your mind or call
out silently. So also Moses called out, and God heard him. If you are
an artisan, you may sing sitting and working in your shop. If you are
a soldier, or if you sit in judgment, you may do the very same.

One may also sing without voice, the mind resounding
inwardly. For we sing, not to men, but to God,
who can hear our hearts and enter into
the silences of our minds.

- St. John Chrysostom
Allegro

In thee the image was preserved with exactness,

O Father; for taking up thy cross, thou didst follow Christ, and by thy deeds thou didst teach us to other

ver look the flesh, for it passeth away, but

Saint Christodulus of Patmos

March 16

Apolytikion

Intonation: #25

Plagal Fourth Mode

En soi Piater akribos

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to attend to the soul since it is immortal. Wherefore, O righteous Christodulus, thy spirit rejoiceth with the Angels.
Saint Alexis  
the Man of God  

March 17  

Apolytikion  

Fourth Mode  
"Be quick to anticipate"  

Though thou didst bud forth from a renowned and notable root, 

and though thou didst blossom from a city famed for her great imperial dignity, yet didst thou scorn all things as corruptible and fleeting, striving to be joined to Saint Alexis the Man of God.

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Christ thy Master for ever. Entreat him, O Alexis most wise, fervently for our souls.

SAINT ALEXIS THE MAN OF GOD
Saint Patrick
the Enlightener of Ireland

March 17

Apolytikion

Intonation: #8
Third Mode

Allegro  \( \frac{1}{2} \) 150

O Holy Hierarch, equal of the Apostles,

Saint Patrick, wonder-worker and Enlightener of Ireland: Intercede with the merciful God, that He grant unto our souls forgiveness of...
fences.
The truth of things hath revealed thee to thy flock as a rule of faith, an icon of meekness, and a teacher of temperance; for this cause thou hast achieved the heights by humility, riches by poverty.
Father and Hierarch Cyril, intercede with Christ God that our souls be saved.

SAINT CYRIL OF JERUSALEM
The Holy Martyrs
Chrysanthus and Daria

March 19

Apolytikion

Intonation: #10
"Be quick to anticipate"

Thy Martyrs, O Lord, in their courageous contest for Thee

received as the prize the crowns of incorruption and life from

Thee, our immortal God. For since they possessed Thy

strength, they cast down the tyrants and wholly destroyed the
de-mons' strength-less pre-summ-tion. O Christ God, by their
prayers, save our souls, since Thou art mer-ci-ful.

SAINTS CHRYSANTHUS AND DARIA
The Fathers of the Monastery of Saint Sabba Who Were Killed by the Saracens

March 20

Apolytikion

Intonation: #4
Second Mode

Allegro

\[ \text{Blessed is the earth that drank your blood, O prize-} \]

\[ \text{winners of the Lord, and holy are the tabernacles} \]

\[ \text{that received your spirits; for in the stadium} \]

\[ \text{you triumphed over the enemy, and you pro-} \]

\[ \text{www.stanthonymonastery.org/music/Menaion.htm} \]

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What state can be more blessed than to imitate on earth the choirs of angels?
to begin the day with prayer, and honor our Maker with hymns and songs? As the day brightens, to betake ourselves, with prayer attending on it throughout, to our labors, and to season our work with hymns, as food with salt?
The consolation from hymns produces a state of soul that is cheerful and free of sorrow.

- St. Basil the Great
While still in thy youth thou didst lay aside all worldly care
and didst take up the sweet yoke of Christ, O godly minded
Cuthbert, and thou wast shown forth in truth to be
nobly radiant in the grace of the Holy
Spir - it. Where-fore, God es - tab - lished thee as a
rule of faith and shep-herd of His ra - tion - al flock,
O con - vers - er with An - gels and in - ter - ces - sor for men.
Saint James the Confessor

March 21

Apolytikion

Intonation: #10

Fourth Mode

Allegro

Un. G

O God of our Fathers, ever dealing with us according

to Thy gentleness: take not Thy mercy from us,

but by their entreaties guide our life in peace.

Un. E

Ω Θεός τῶν Πατέρων ἡμῶν

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The Holy Hieromartyr Basil
Presbyter of the Church of Ancyra

March 22

Apolytikion

Fourth Mode

As a sharer of the ways and a successor to

the throne of the Apostles, O inspired of

God, thou foundest discipline to be a means of ascent

to divine vision. Wherefore, having rightly divid -

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When you worship God with hymns, you should be worshipping Him with your entire being: your voice should sing; your heart should also sing; and your life should also sing. Everything should sing!

- Blessed Augustine
Saint Nicon and
His 199 Disciples

March 23

Apolytikion

Intonation: #10

Fourth Mode

Allegro  \( \frac{\text{\textbf{150}}}{\text{\textbf{1}}/\text{\textbf{6}}} \)

O God of our Fathers, ever dealing with us according to Thy gentleness: take not Thy mercy from us,

but by their entreaties guide our life in peace.

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The Forefeast
of the Annunciation

March 24

Apolytikion

Intonation: #10

Fourth Mode

Σήμερον τῆς παγκόσμιου

Un. GE

Today the preludes of universal joy move us to sing the prefestal hymn; for behold, Gabriel cometh, bringing the good tidings to the Virgin, and shall cry to her: Rejoice, thou who art full of

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grace; the Lord is with thee.

Finale:

grace; the Lord is with thee.
The Forefeast
of the Annunciation

March 24

Kontakion

Intonation: #8
"On this day Thou hast appeared" Τεπελεύσει Πνεύματος

Allegro \( \frac{5}{8} \)

At the great Archangel's voice, O Theotokos, the All-holy Spirit came upon thee and thou didst conceive Him that is one in essence and throne with God the Father,
March 24 - Forefeast of the Annunciation

O Adam's recovery.
To the new world sent forth as a shepherd of the flock, thou wast called back to the old, to take up the Cross as a
staff and from wolves and faithless shepherds to defend the Church; and after thee, the sheep of Christ knew no
shepherd to be true who kept not thy good confession, where-in, O Tikhon, preserve us unharmed throughout our earthly pilgrimage.
The Annunciation of the Theotokos

March 25

Apolytikion

Today is the fountain-head of our salvation

and the manifestation of the mystery which was

from eternity. The Son of God becometh the Virgin's Son and Gabriel announceth the good

Intonation: #10

Allegro $\texttt{\dowh}^{150}$
tiding of grace; for this cause, let us cry to the
Mother of God with him: Rejoice, thou who art full of
grace; the Lord is with thee.

Final Cadence:
The Annunciation of the Theotokos

March 25

Kontakion

Intonation: #24
Plagal Fourth Mode

Allegro \( \downarrow  \frac{1}{150} \)

When the bod-i-less one learned the secret command, in haste he came and stood before Joseph's dwelling, and spake unto the Maid who knew not wedlock: The One
Who hath bowed the Heavens by His descent is
held and contained unchanging wholly in thee.

Seeing Him receiving the form of a servant
in thy womb, I stand in awe and cry to thee:

Rejoice, thou Bride unwedded.

Rejoice, thou Bride unwedded.
The Annunciation of the Theotokos

March 25

Another Kontakion

Intonation: #24

Plagal Fourth Mode

To thee, the Champion Leader, we thy flock dedicate a feast of victory and of thanksgiving, as ones rescued out of sufferings, O Theotokos. But as thou art one with

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might which is invincible, from all dangers

that can be do thou deliver us, that we may cry

to thee: Rejoice, thou Bride unwedded.

Rejoice, thou Bride unwedded.
The Synaxis of the Archangel Gabriel

March 26

Apolytikion

Intonation: #10

Fourth Mode

"Thou Who wast raised up"

Τῶν οὐρανίων στρατιῶν

Su-preme Com-mand-er of the Hosts of the

Heav-ens, we, the un-wor-thy, im-por-tune_

and be-seech thee that by thy sup-pli-ca-tions thou en-cir-cle

us in the shel-ter of the wings of thine im-ma-

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It is a great accomplishment to pray without distraction,
but it is even greater to chant without distraction.

- Evagrios the Solitary
The Synaxis of the Archangel Gabriel

March 26

Kontakion

Intonation: #4
Second Mode

Un. G
Un. E
Un. G

Supreme Commander of God and minister of the Divine glory, guide of men and leader of the bodiless hosts: Ask for what is to our profit and for great mercy, since thou art Supreme Commander
of the bodi-less hosts.
The Holy Martyr Matrona of Thessalonica

March 27

Apolytikion

Fourth Mode (hard chromatic)
"Joseph was amazed"

D G

O Lord Jesus, unto Thee Thy lamb doth cry with a great voice: O my Bridegroom, Thee I love; and seeking Thee, I now contest, and with Thy baptism am crucified and buried. I suffer

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for Thy sake, that I may reign with Thee;

for Thy sake I die, that I may live

in Thee: accept me offered out of longing to

Thee as a spotless sacrifice. Lord,

save our souls through her intercessions, since

Thou art great in mercy.
Saint Hilarion the New

March 28

Apolytikion

Intonation: #25

Plagal Fourth Mode

In thee the image was preserved with exactness,

O Father; for taking up thy cross, thou didst follow Christ, and by thy deeds thou didst teach us to other

ver - look_ the_ flesh, for it pass - eth a - way, but

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to attend to the soul since it is immortal. Wherefore, O righteous Hilarion, thy spirit rejoiceth with the Angels.
Since they had slain through their abstinence and struggles
the fiery ragings and fierce motions of the passions, the staunch Martyrs of Christ

God laid hold on the graces to drive off the
pains and illness-es of the sick and work

wonders both while living and after death. Strange in-deed is the mir-a-cle! That these bare bones should pour forth such over-flowing streams of cures. Glo-ry

be to our on-ly God.
With the streams of thy tears, thou didst cultivate the barrenness of the desert; and by thy sighings from the depths, thou didst bear fruit a hundred-fold in labours; and thou becamest a luminar -
y, shining with miracles upon the world,

O John our righteous Father. Intercede with Christ God that our souls be saved.
As ev - er - bloom - ing fruits, thou dost of - fer the

teach - ings of thy God - giv - en book, O wise John,

thou most bless - ed, while sweet -'ning the hearts of all

them that heed it with vig - i - lance; for it
is a ladder from the earth unto Heaven
that conferreth glory on the souls that ascend it and honour thee faithfully.

SAINT JOHN OF THE LADDER
The Holy Hieromartyr Hypatius
Bishop of Gangra

March 31

Apolytikion
Fourth Mode

As a sharer of the ways and a successor to
the throne of the Apostles, O inspired of
God, thou foundest discipline to be a means of ascent
to divine vision. Wherefore, having rightly divid-
ed the word of truth, thou didst also contest for the Faith

even unto blood, O Hieromartyr Hypatius.

Intercede with Christ our God that our souls be saved.

SAINT HYPATIUS