



March

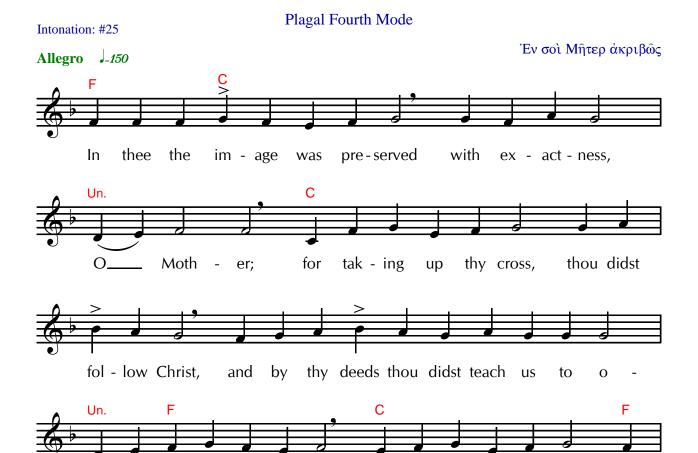




THE HOLY RIGHTEOUS MARTYR EUDOCIA THE SAMARITAN

March 1

Apolytikion



for

a - way,

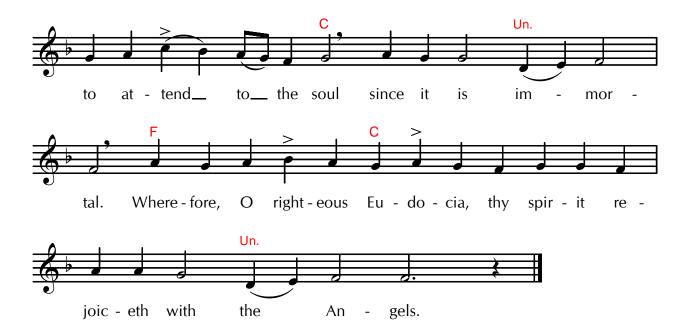
pass - eth

but

the___ flesh,

look_

ver



Quality in psalmody and prayer consists in praying with the spirit and the nous.

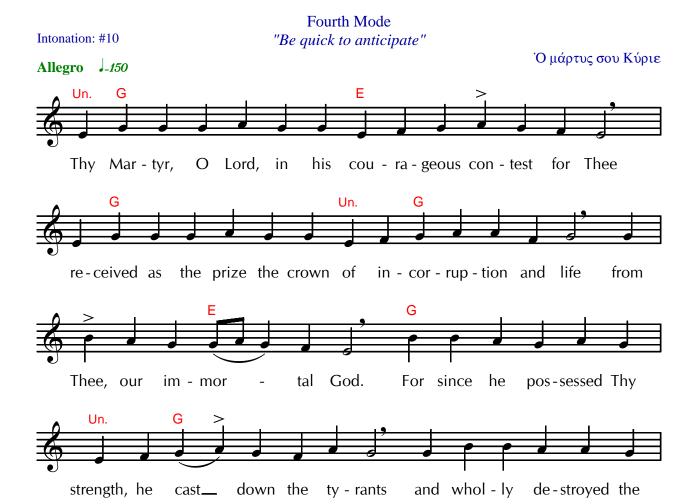
One prays with the spirit only when, as he prays and chants,
he is attentive to the content of the holy writings,
and thus raises his heart to divine thoughts.

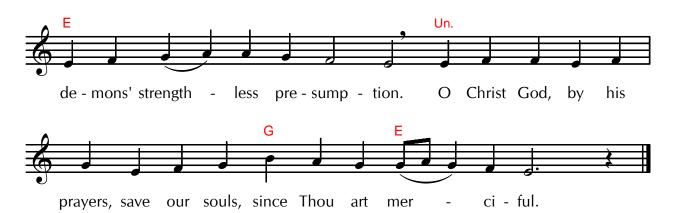
- Nikitas Stithatos



THE HOLY MARTYR HESYCHIUS

March 2





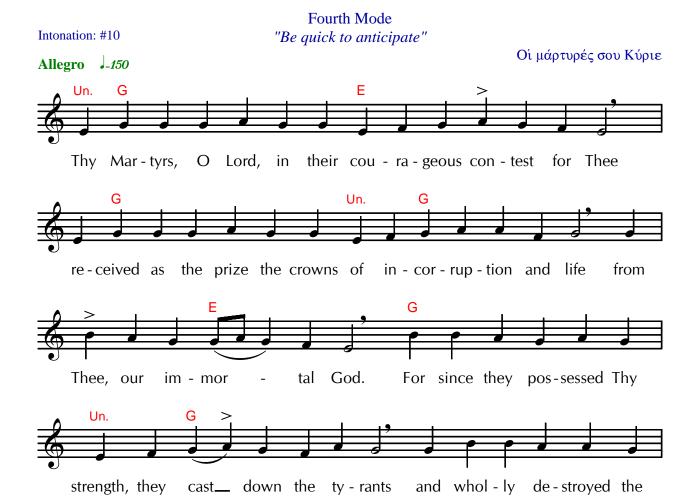


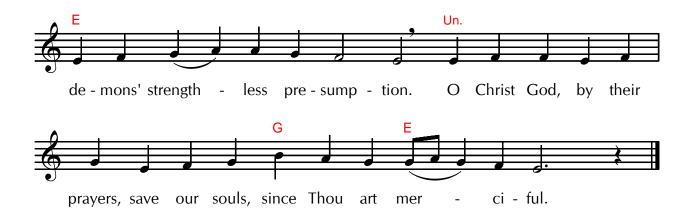
SAINT HESYCHIUS



THE HOLY MARTYRS EUTROPIUS, CLEONICUS, AND BASILISCUS

March 3





Recite the words of psalmody as your very own, that you may utter the words of your supplication with insight and with discriminating compunction, like a man who truly understands his work.

- St. Isaac the Syrian

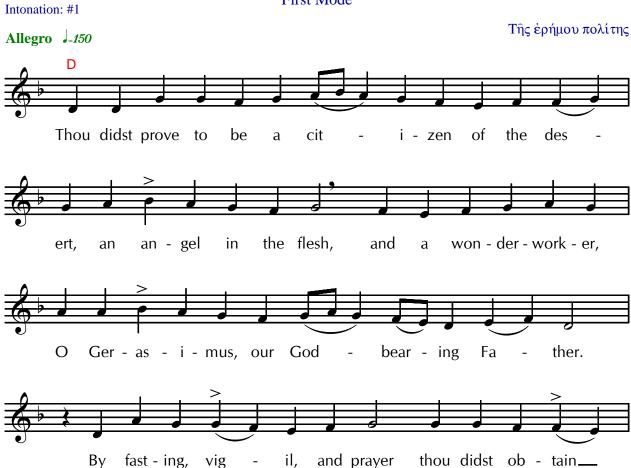


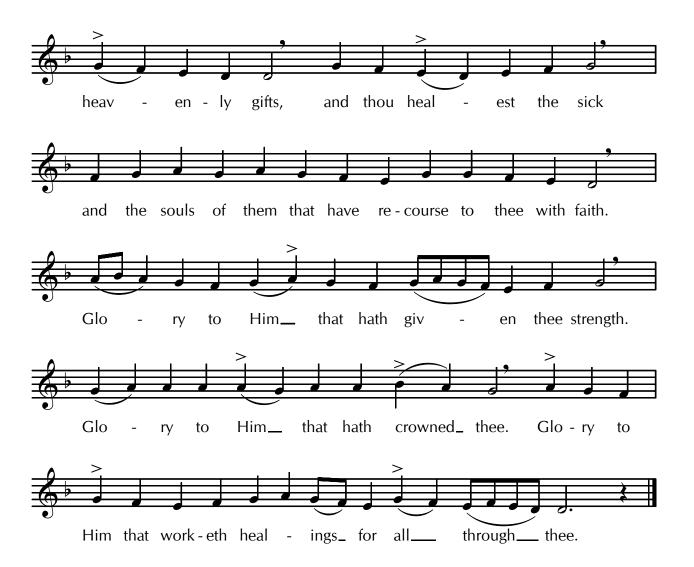
Saint Gerasimus of the Jordan

March 4

Apolytikion

First Mode



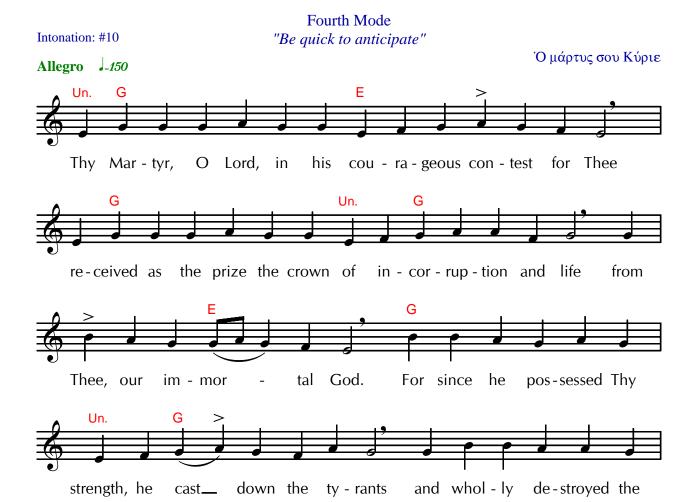


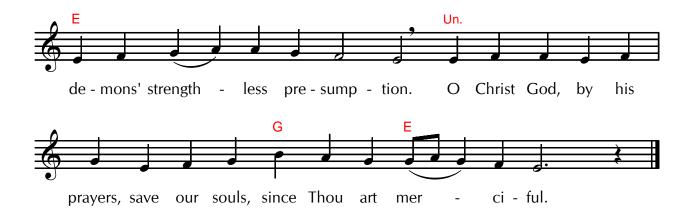




THE HOLY MARTYR CONON

March 5





If one were to put

all of the world's most precious

things on one side of a scale, and the

Divine Liturgy on the other, the scales

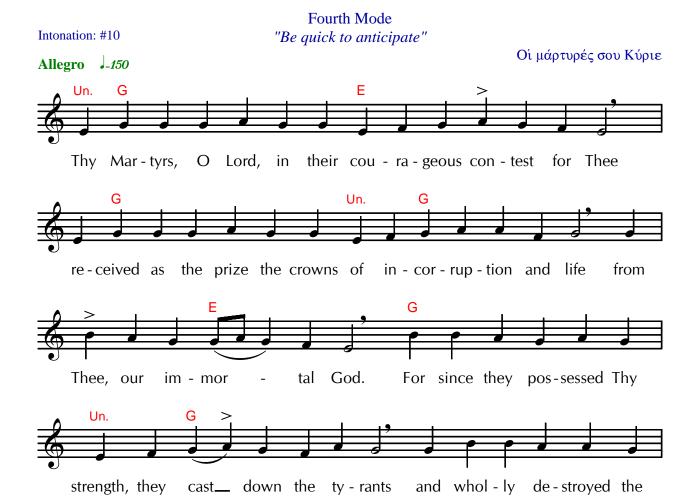
would tip completely in favor of the Liturgy.

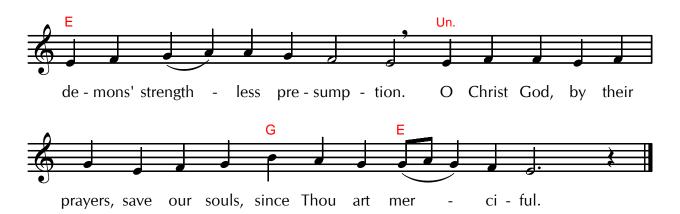
-St. John of Kronstadt

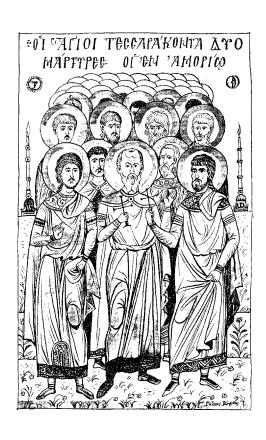


THE HOLY FORTY-TWO MARTYRS OF AMORION

March 6





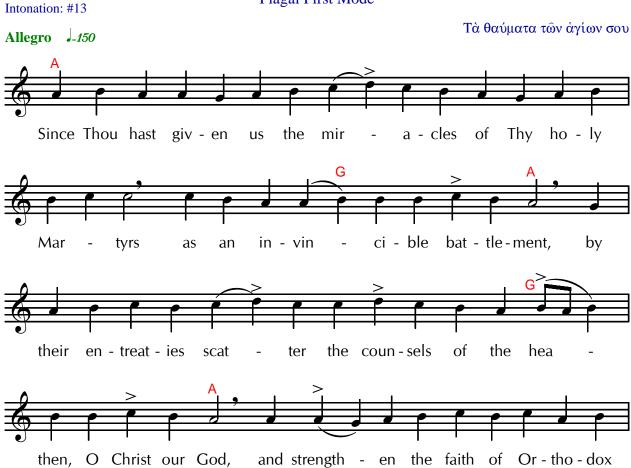


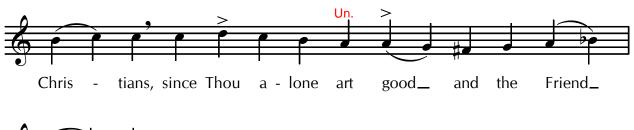


THE HOLY MARTYRED BISHOPS OF CHERSON BASILEUS, EPHRAIM, EUGENE, CAPITO, AETHERIUS, AGATHODORUS, AND ELPIDIUS

March 7

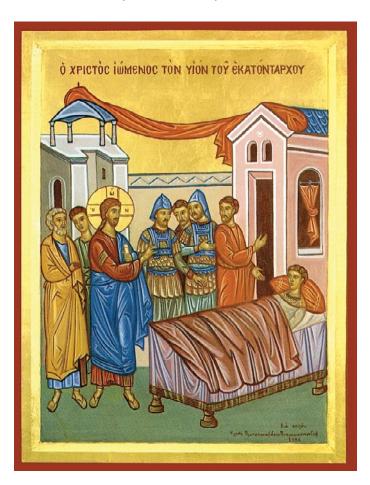








CHRIST HEALING THE SON OF THE CENTURION



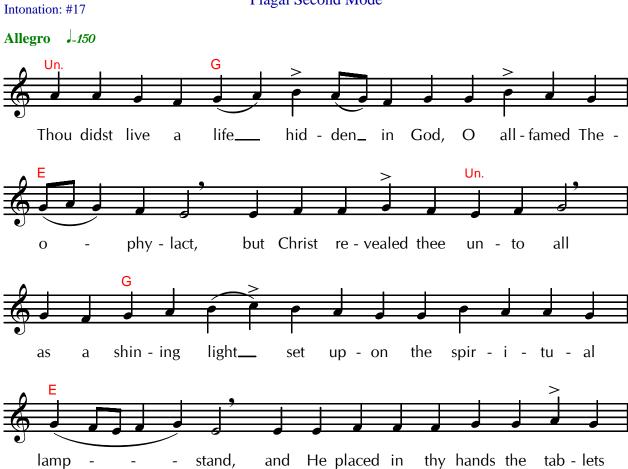


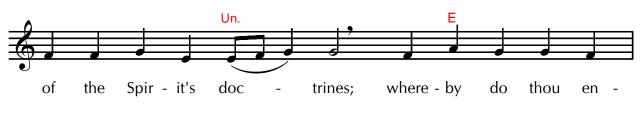
Saint Theophylact the Confessor Bishop of Nicomedia

March 8

Apolytikion

Plagal Second Mode







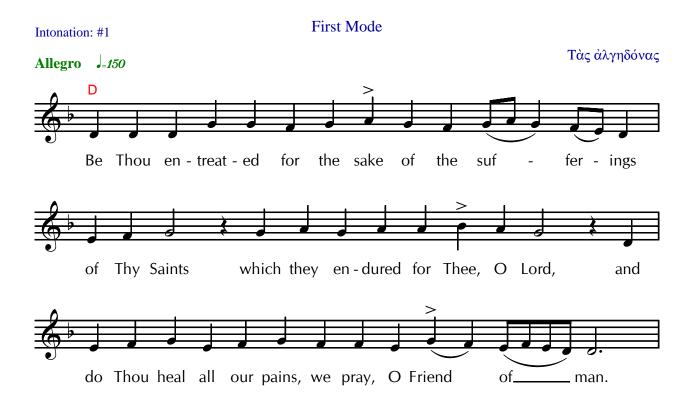
Be not drunk with wine, wherein is debauchery, but be filled with the Spirit, speaking to one another in psalms and hymns and spiritual songs, singing and making melody in your heart to the Lord.

Ephesians 5:18-19



THE HOLY FORTY MARTYRS OF SEBASTIA

March 9

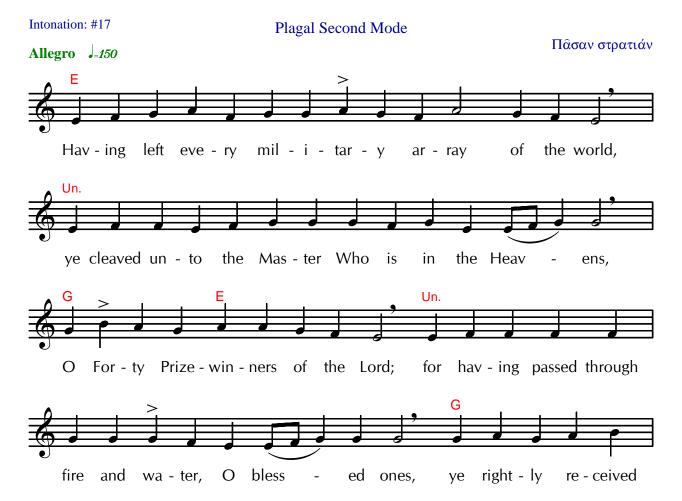




THE HOLY FORTY MARTYRS OF SEBASTIA

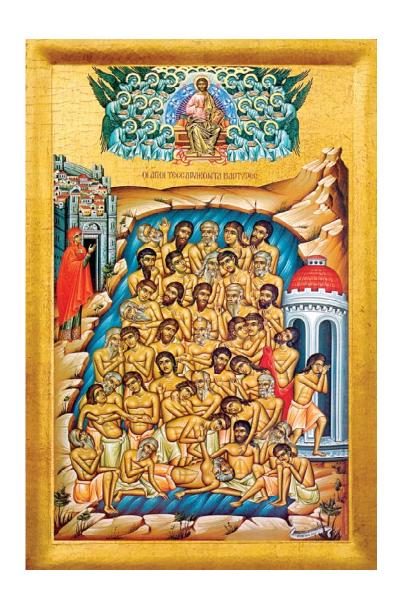
March 9

Kontakion





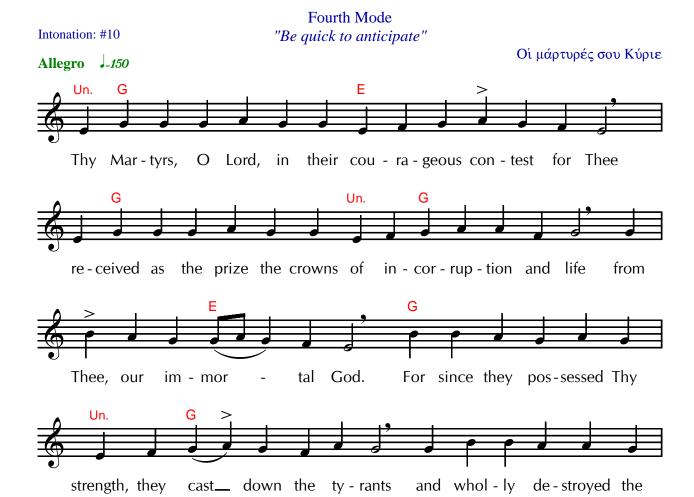


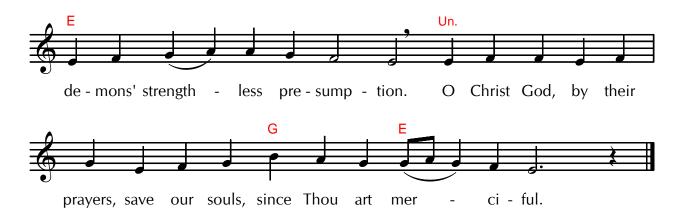




THE HOLY MARTYR QUADRATUS AND THOSE WITH HIM

March 10







SAINT QUADRATUS

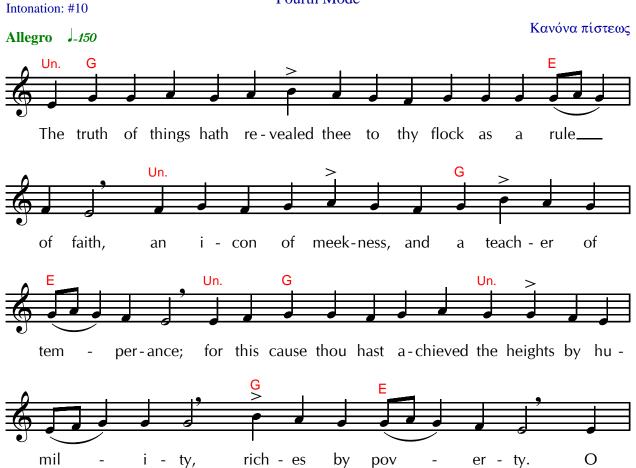


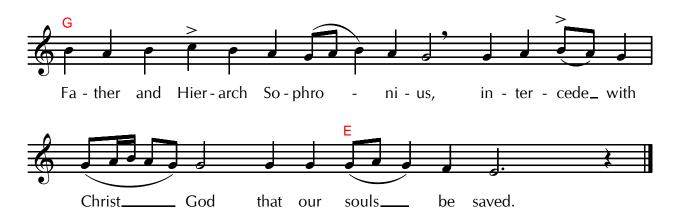
SAINT SOPHRONIUS ARCHBISHOP OF JERUSALEM

March 11

Apolytikion

Fourth Mode







SAINT SOPHRONIUS

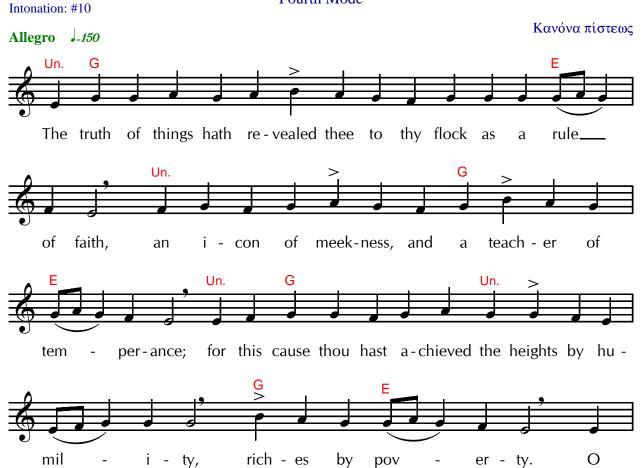


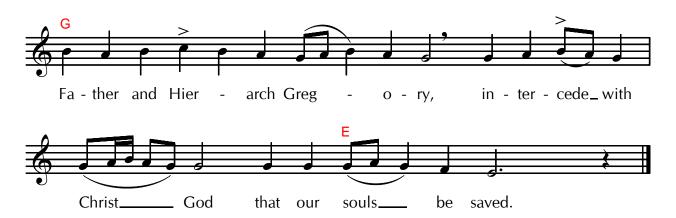
Saint Gregory the Great Pope of Rome

March 12

Apolytikion

Fourth Mode







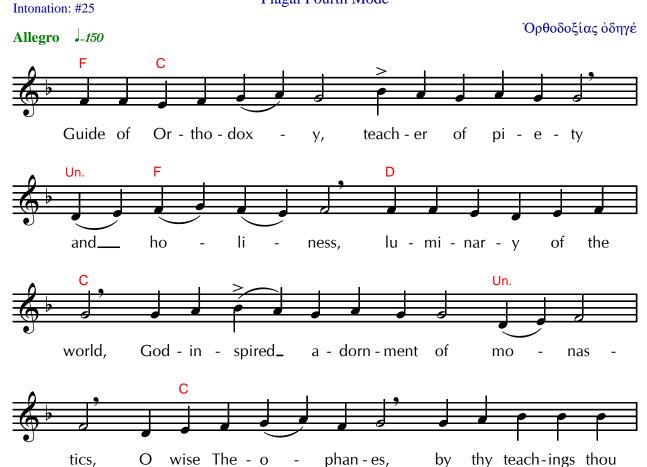
ST. GREGORY THE GREAT SENDING ST. AUGUSTINE TO ENGLAND

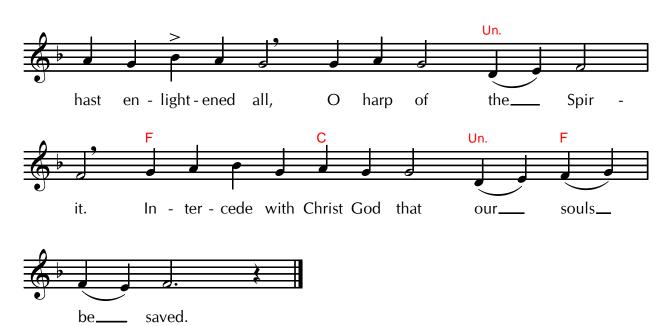


Saint Theophanes the Confessor

March 12





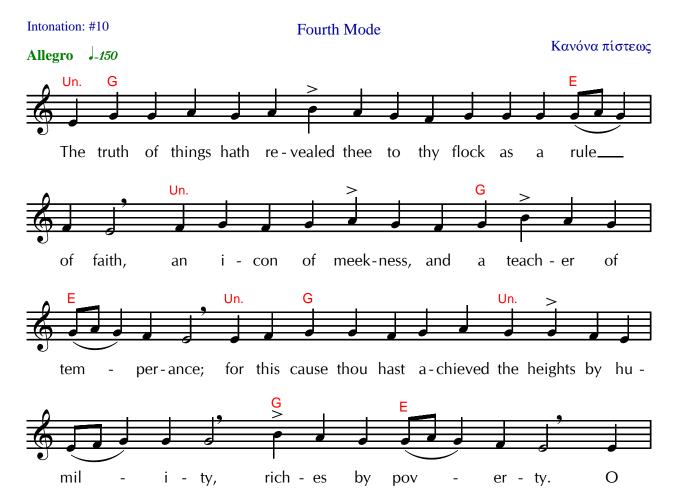


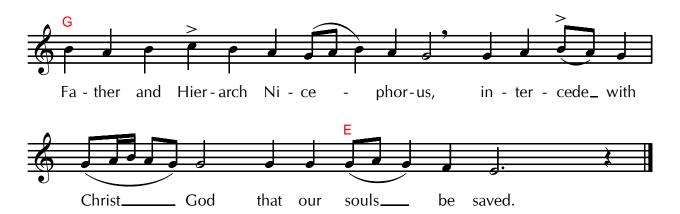


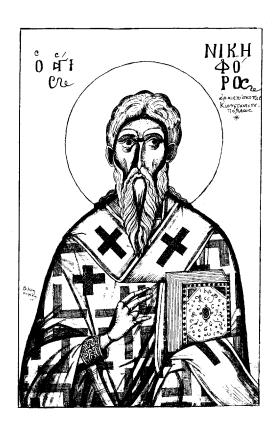


THE TRANSLATION OF THE RELICS OF SAINT NICEPHORUS ARCHBISHOP OF CONSTANTINOPLE

March 13





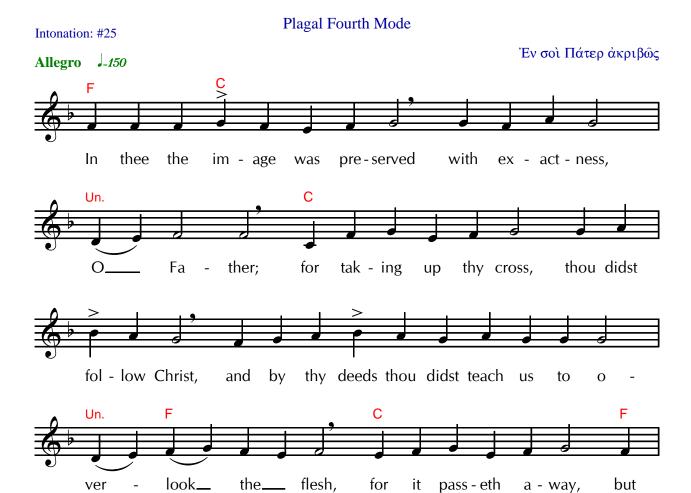


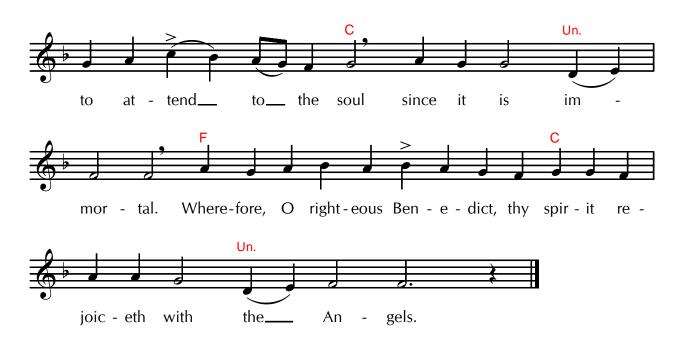
SAINT NICEPHORUS



SAINT BENEDICT

March 14





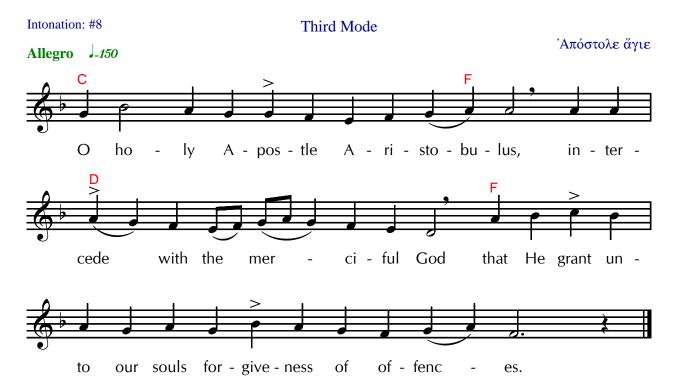
We believe that God is present everywhere and that "the eyes of the Lord look upon good men and evil in every place"; but we must believe without a shadow of doubt that this is especially so when we assist at the Divine Office. Therefore, let us always be mindful of what the prophet says: "Serve the Lord in fear"; and again, "Sing psalms wisely"; and, "I will sing to Thee in the sight of the angels". Hence we must consider how we are to behave ourselves in the sight of the Divinity and of His angels, and let us so stand to sing, that our mind may be in harmony with our voice.

Rule XIX of St. Benedict (d. ca. 547)



THE HOLY APOSTLE ARISTOBULUS OF THE SEVENTY

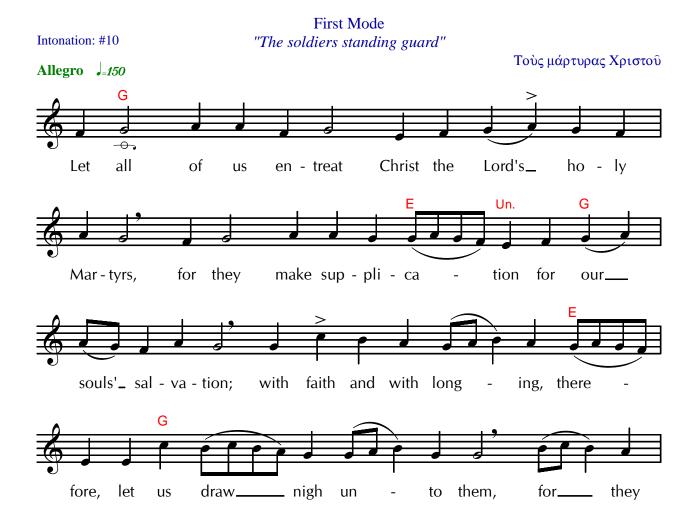
March 15

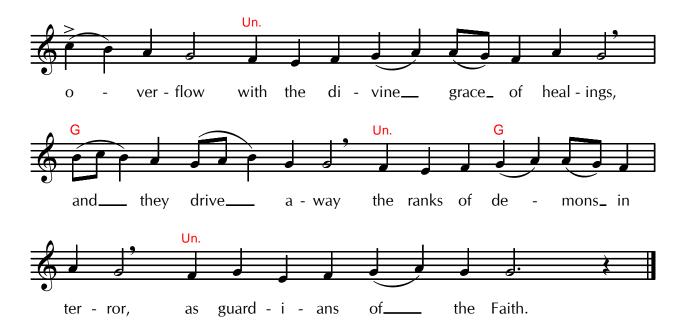




Saint Agapius and Those With Him

March 15





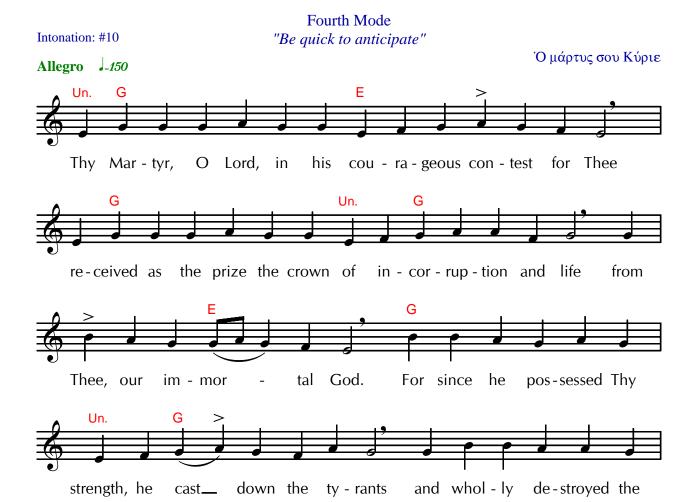
Just as swine run to a place where there is mire and bees dwell where there are fragrances and incense, likewise demons gather where there are carnal songs and the grace of the Holy Spirit settles where there are spiritual melodies, sanctifying both mouth and soul.

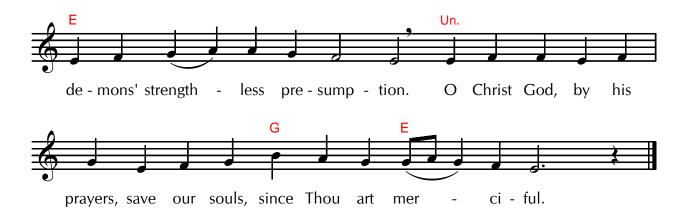
- St. John Chrysostom



THE HOLY MARTYR SABINE OF EGYPT

March 16





In all places and at all seasons you may sing with the mind.

For whether you walk in the market place, or begin a journey, or sit down with your friends you may rouse up your mind or call out silently. So also Moses called out, and God heard him. If you are an artisan, you may sing sitting and working in your shop. If you are a soldier, or if you sit in judgment, you may do the very same.

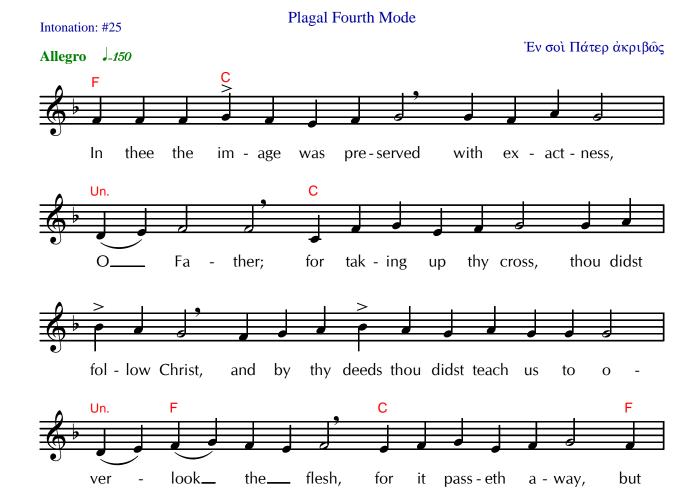
One may also sing without voice, the mind resounding inwardly. For we sing, not to men, but to God, who can hear our hearts and enter into the silences of our minds.

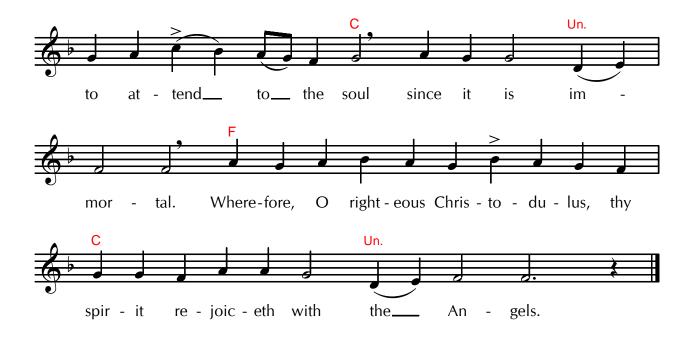
- St. John Chrysostom



Saint Christodulus of Patmos

March 16









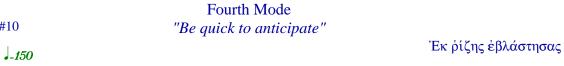
SAINT ALEXIS THE MAN OF GOD

March 17

Apolytikion

Intonation: #10

Allegro





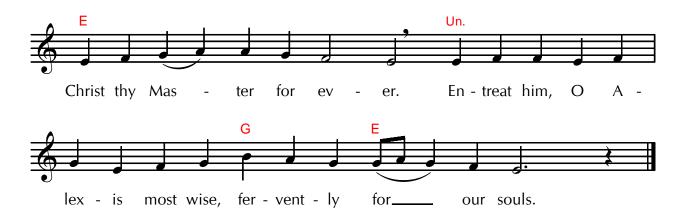
Though thou didst bud forth from a re-nowned and no-ta-ble root,

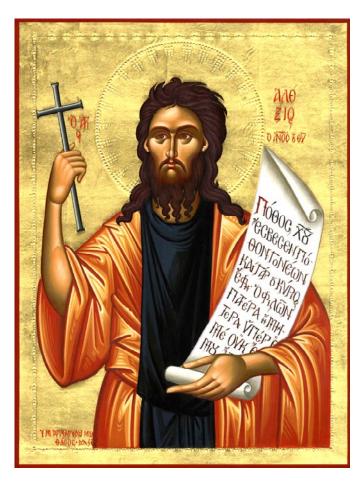


and though thou didst blos-som from a cit-y famed for her great im-









SAINT ALEXIS THE MAN OF GOD

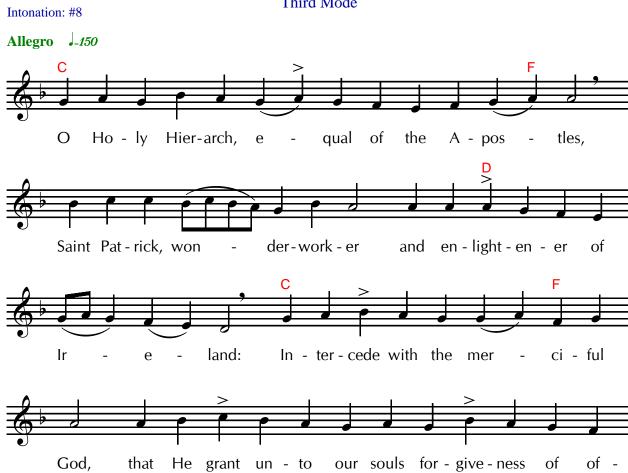


Saint Patrick THE ENLIGHTENER OF IRELAND

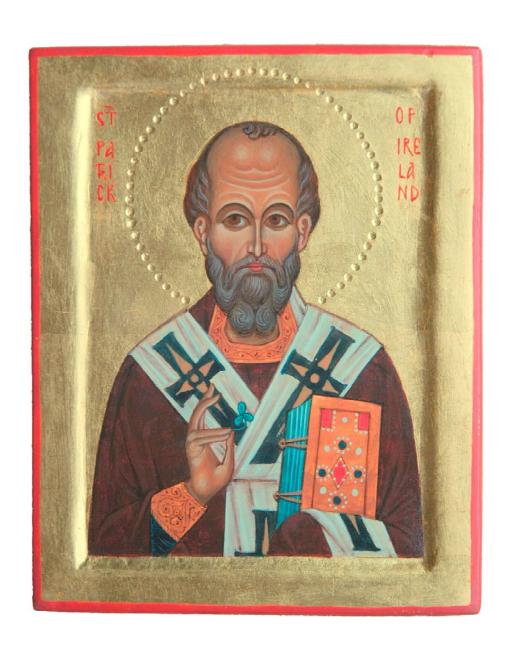
March 17

Apolytikion

Third Mode







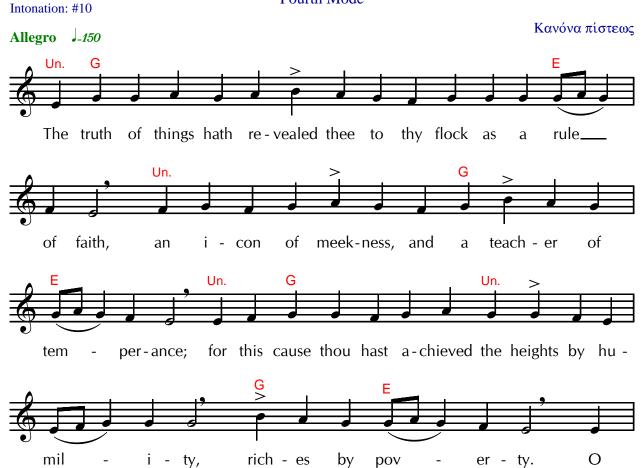


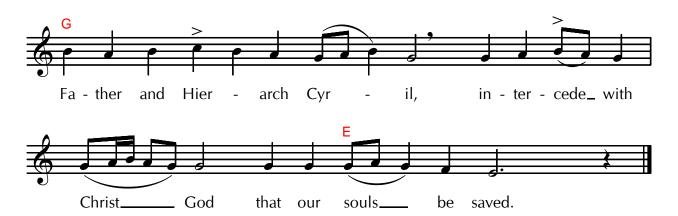
Saint Cyril Archbishop of Jerusalem

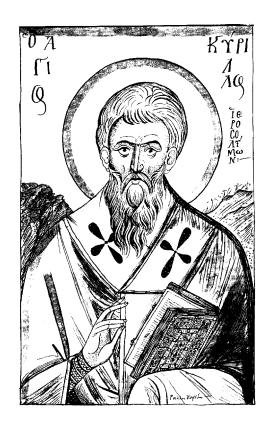
March 18

Apolytikion

Fourth Mode





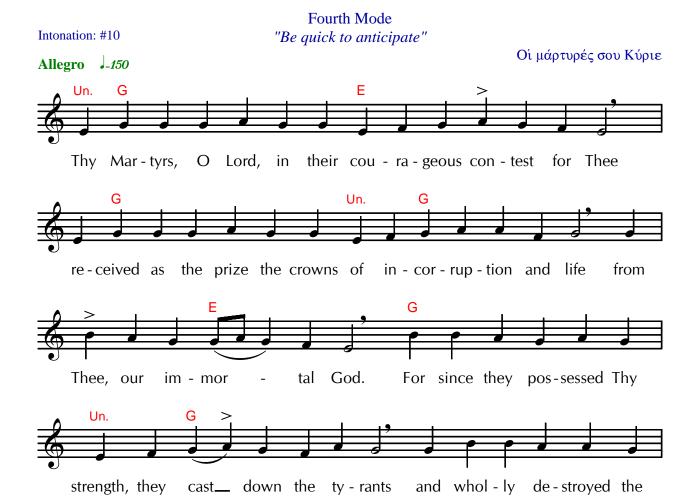


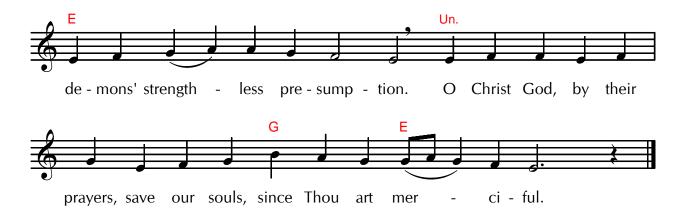
SAINT CYRIL OF JERUSALEM



THE HOLY MARTYRS CHRYSANTHUS AND DARIA

March 19







SAINTS CHRYSANTHUS AND DARIA

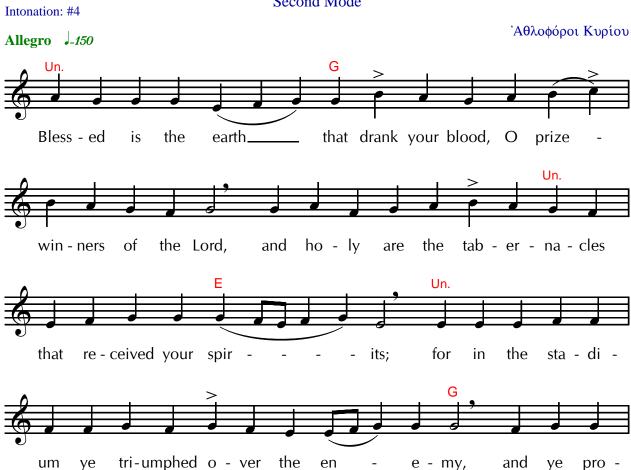


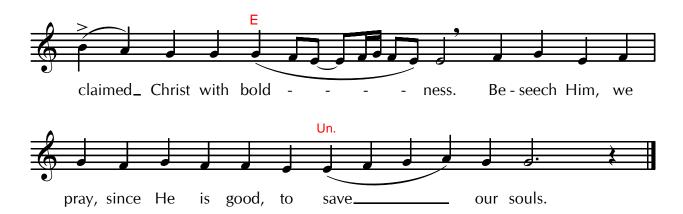
THE FATHERS OF THE MONASTERY OF SAINT SABBA WHO WERE KILLED BY THE SARACENS

March 20

Apolytikion

Second Mode





What state can be more blessed
than to imitate on earth the choirs of angels?
to begin the day with prayer, and honor our Maker with
hymns and songs? As the day brightens, to betake ourselves, with
prayer attending on it throughout, to our labors, and to
season our work with hymns, as food with salt?
The consolation from hymns produces a
state of soul that is cheerful
and free of sorrow.

- St. Basil the Great



SAINT CUTHBERT THE WONDERWORKER BISHOP OF LINDISFARNE

March 20

Apolytikion

Third Mode

Intonation: #8





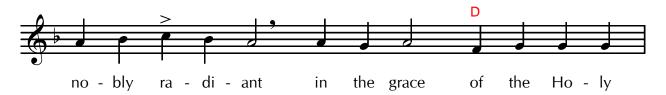
While still in thy youth thou didst lay a - side all world - ly care

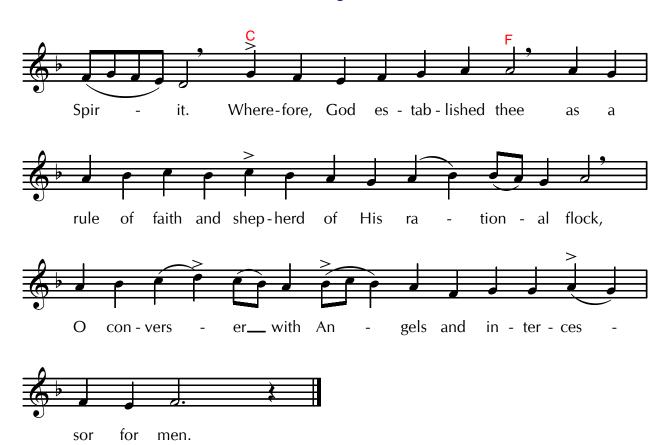


and didst take up the sweet_ yoke of Christ, O god - ly mind - ed



Cuth - bert, and thou wast shown forth in truth to be









Saint James the Confessor

March 21





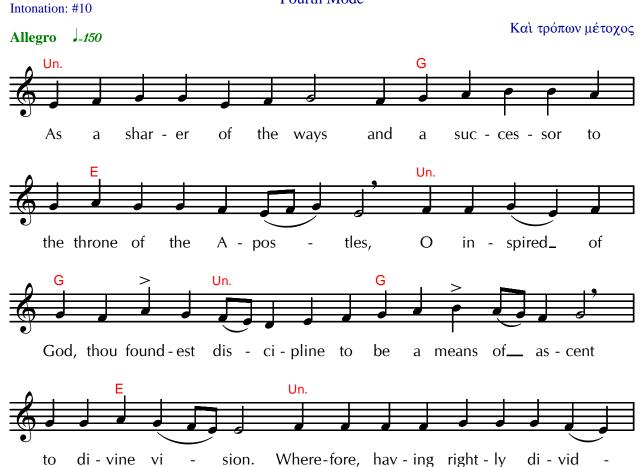


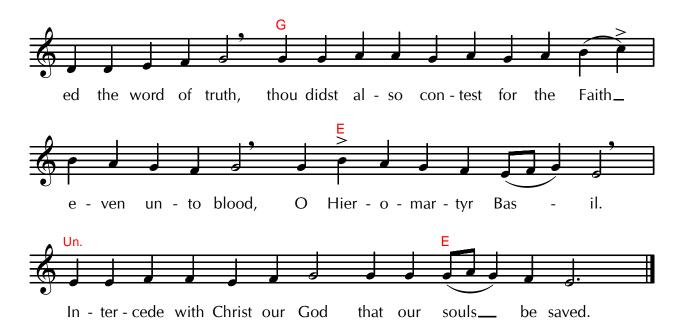
THE HOLY HIEROMARTYR BASIL PRESBYTER OF THE CHURCH OF ANCYRA

March 22

Apolytikion

Fourth Mode





When you worship God with hymns, you should be worshipping Him with your entire being: your voice should sing; your heart should also sing; and your life should also sing. Everything should sing!



Saint Nicon and His 199 Disciples

March 23

Apolytikion

Fourth Mode



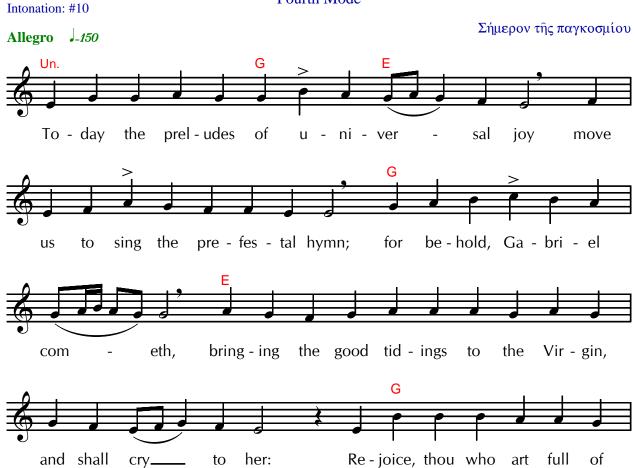


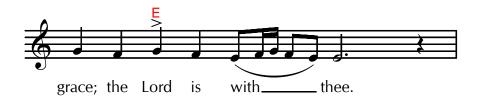
THE FOREFEAST OF THE ANNUNCIATION

March 24

Apolytikion

Fourth Mode





Finale:



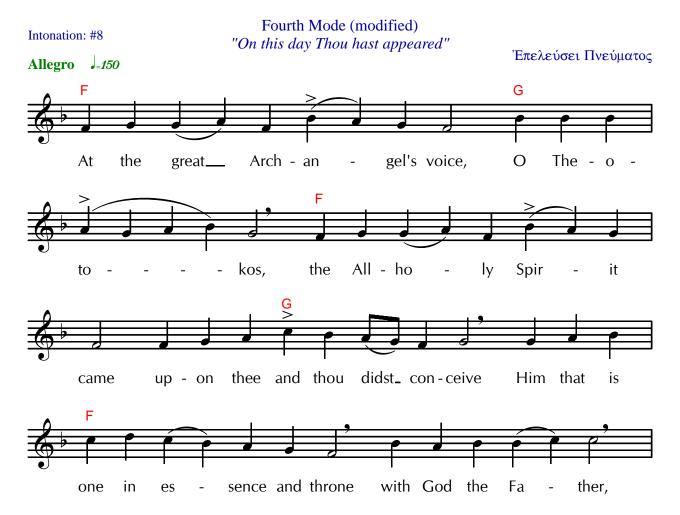


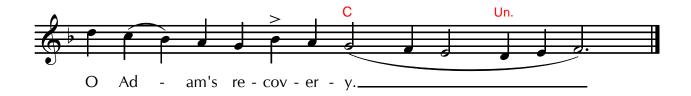


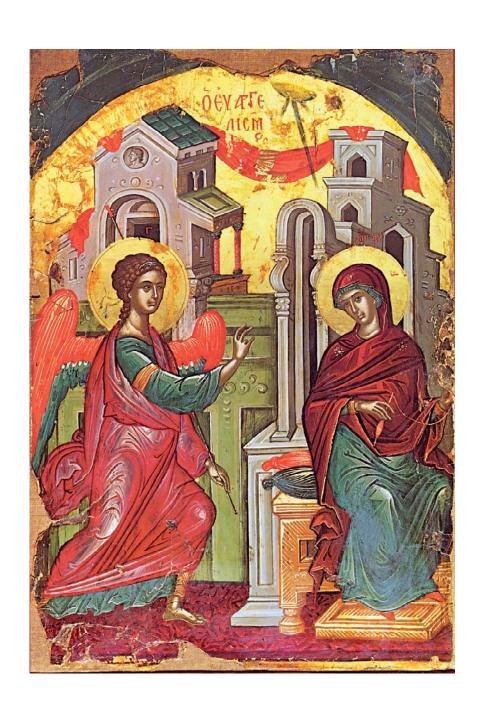
THE FOREFEAST OF THE ANNUNCIATION

March 24

Kontakion



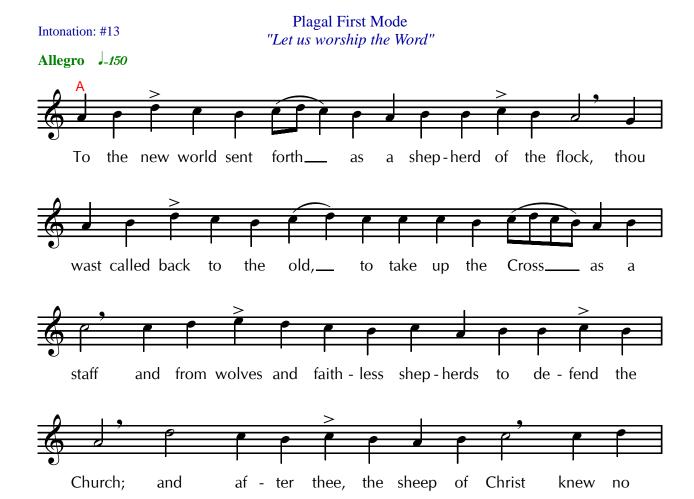


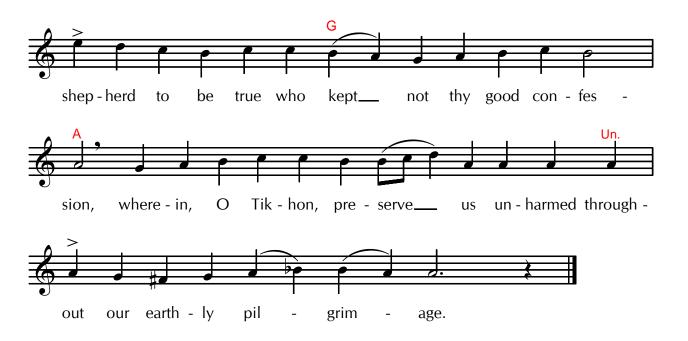


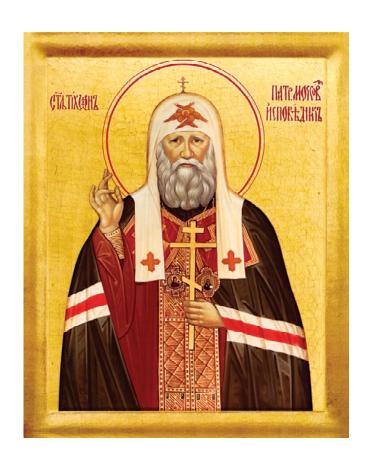


Saint Tikhon Patriarch of Moscow

March 24



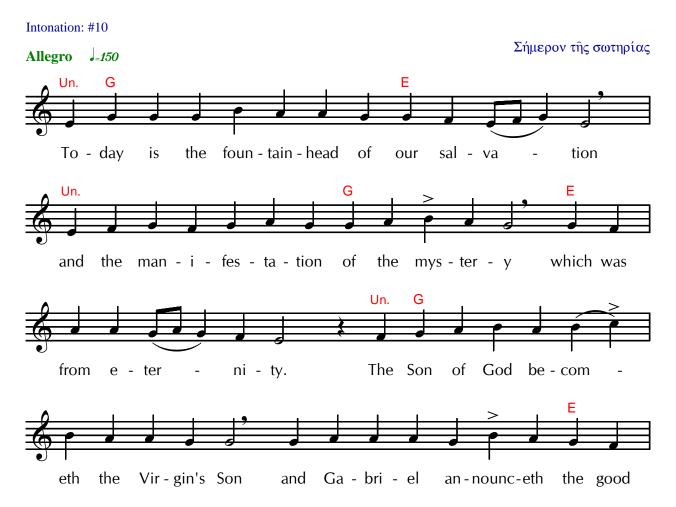


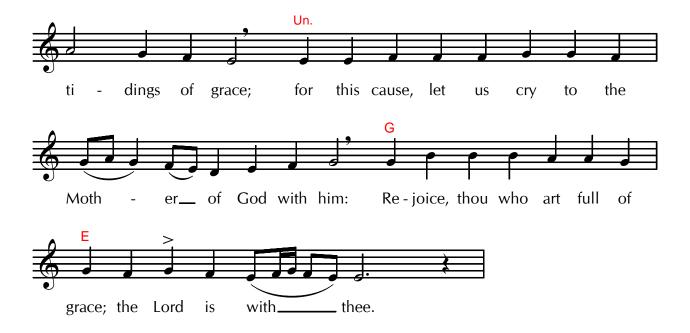




THE ANNUNCIATION OF THE THEOTOKOS

March 25





Final Cadence:



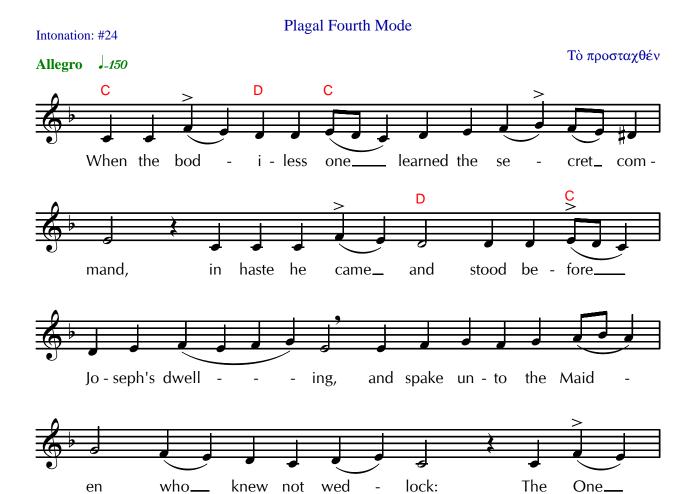


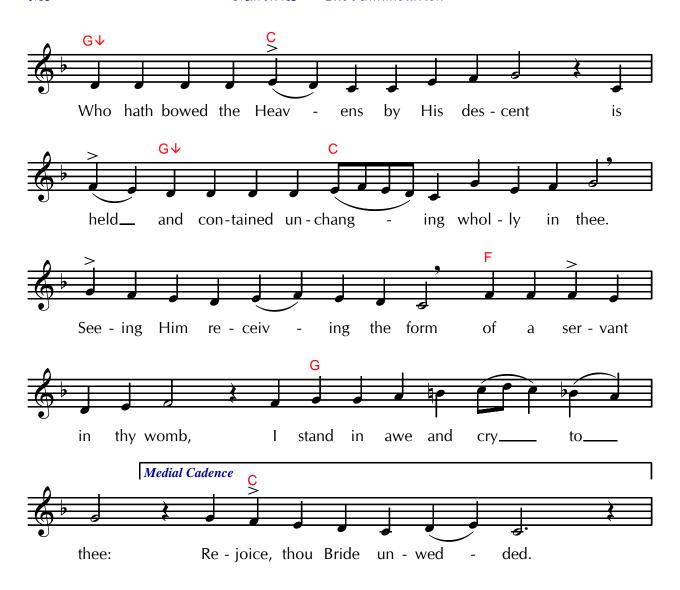


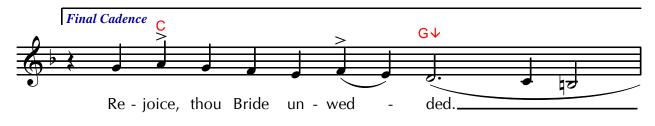
THE ANNUNCIATION OF THE THEOTOKOS

March 25

Kontakion









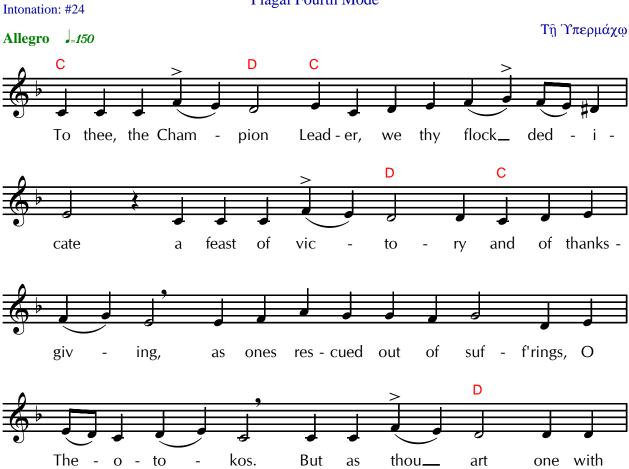


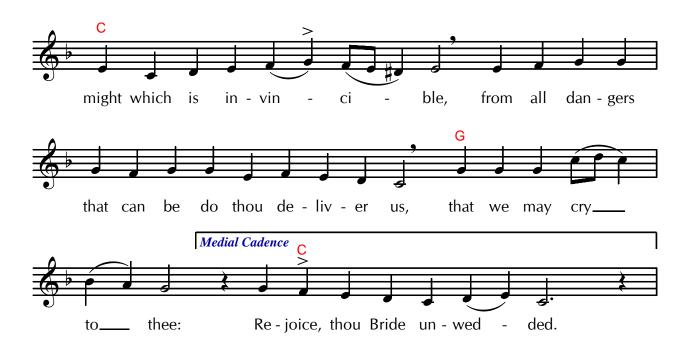
THE ANNUNCIATION OF THE THEOTOKOS

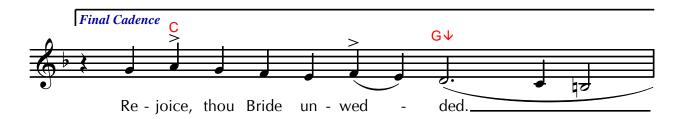
March 25

Another Kontakion









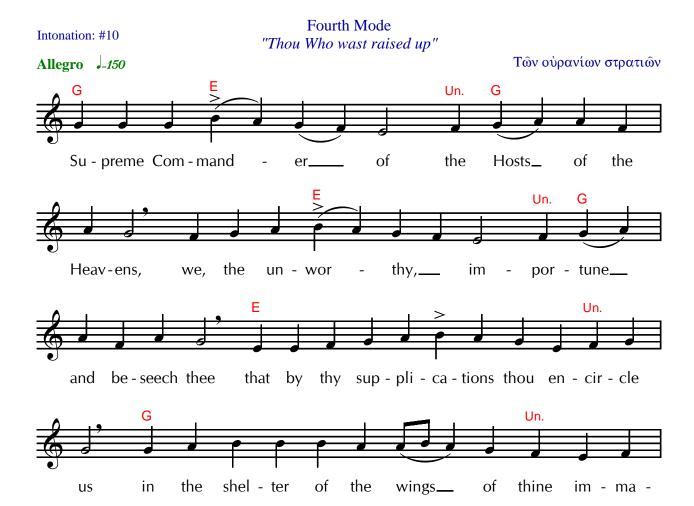


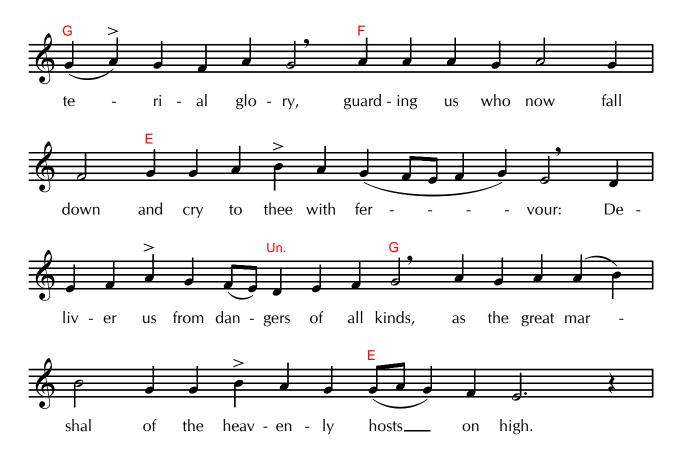




THE SYNAXIS OF THE ARCHANGEL GABRIEL

March 26





It is a great accomplishment to pray without distraction, but it is even greater to chant without distraction.

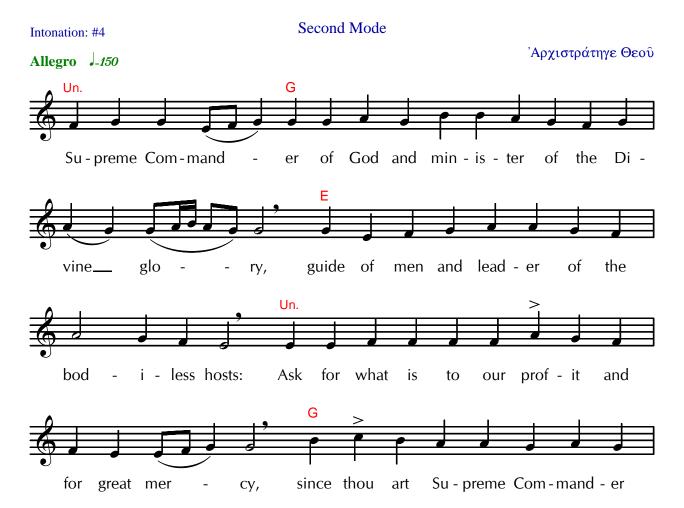
- Evagrios the Solitary



THE SYNAXIS OF THE ARCHANGEL GABRIEL

March 26

Kontakion







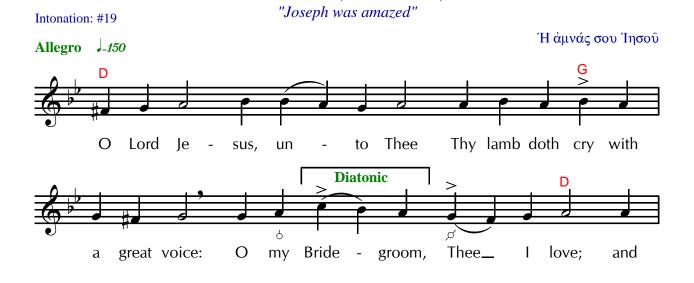


THE HOLY MARTYR MATRONA OF THESSALONICA

March 27

Apolytikion

Fourth Mode (hard chromatic)

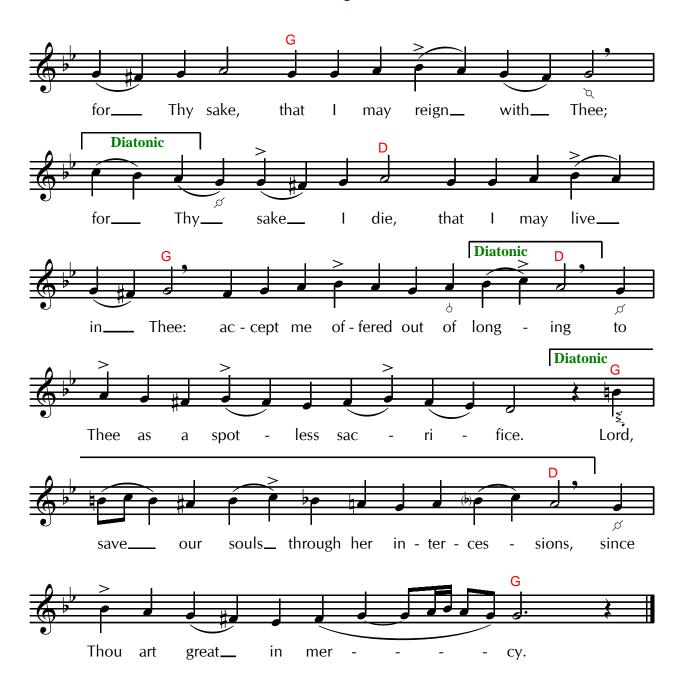




now con-test,

seek - ing Thee, I

and with Thy bap - tism__





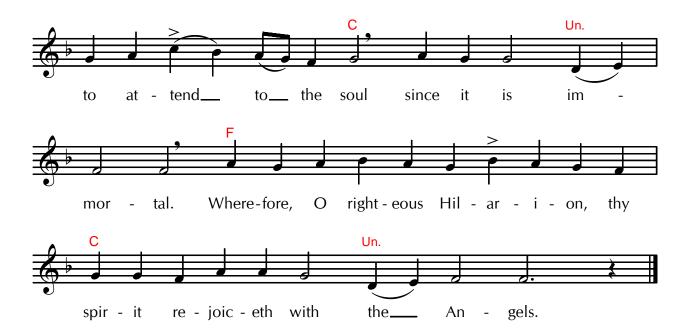


Saint Hilarion the New

March 28

Apolytikion







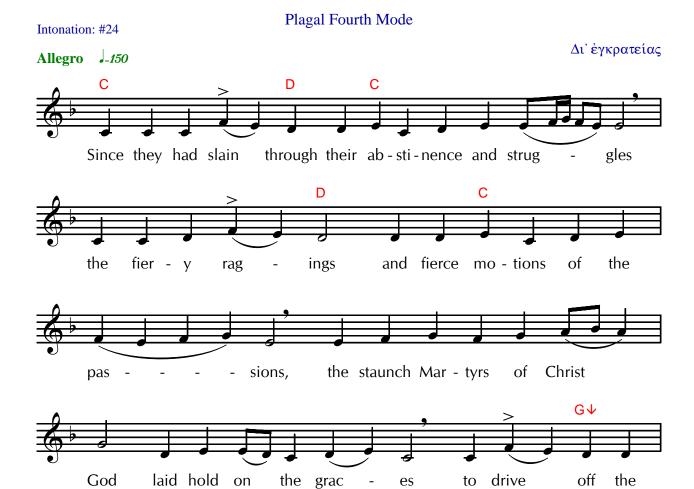
SAINT HILARION THE NEW

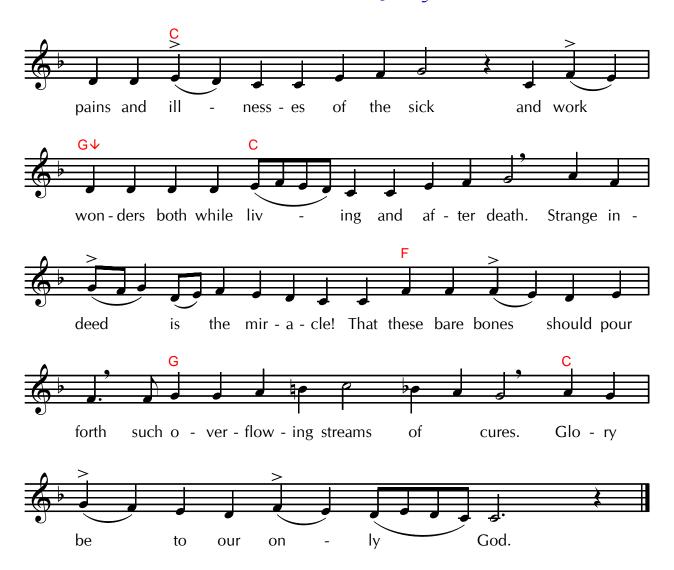


SAINT MARK, BISHOP OF ARETHUSA, AND CYRIL THE DEACON, AND OTHERS MARTYRED DURING THE REIGN OF JULIAN

March 29

Apolytikion







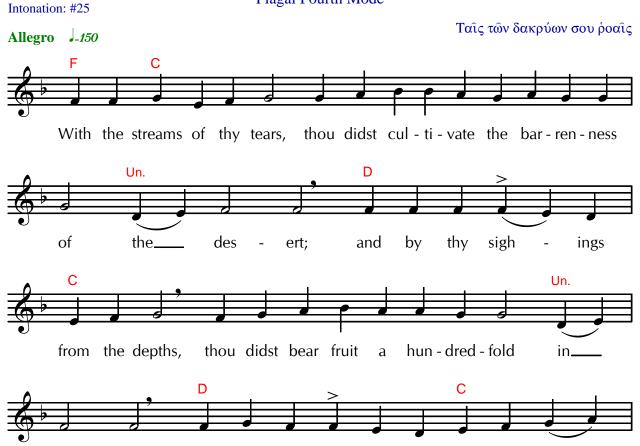


SAINT JOHN OF SINAI AUTHOR OF THE LADDER

March 30

Apolytikion

Plagal Fourth Mode



be - cam - est

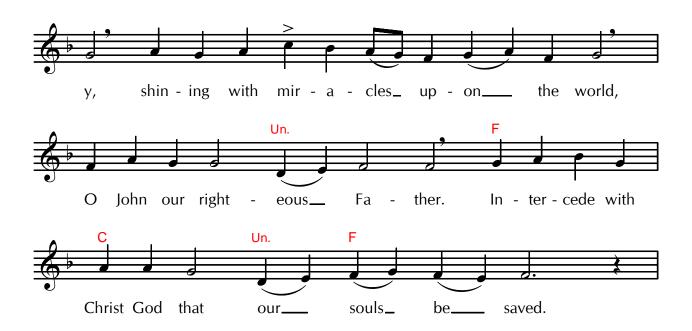
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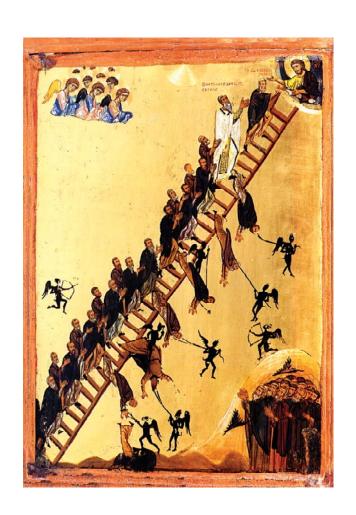
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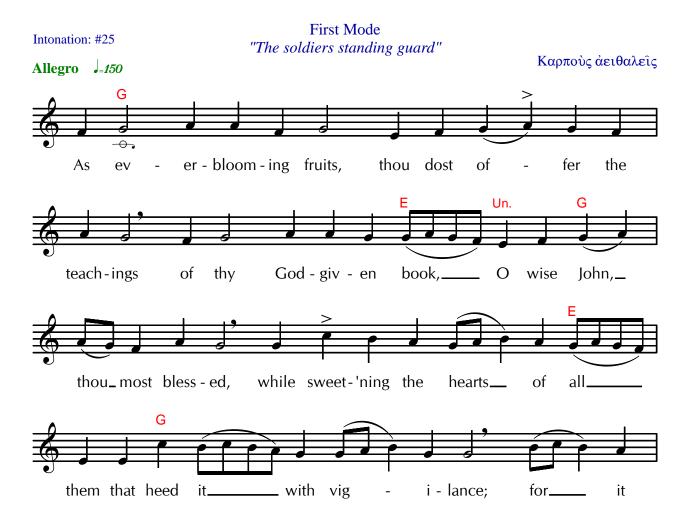


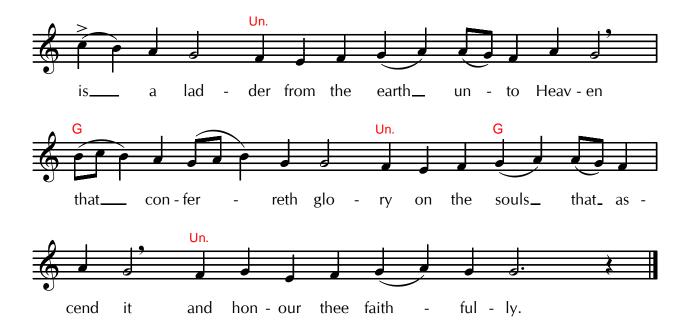


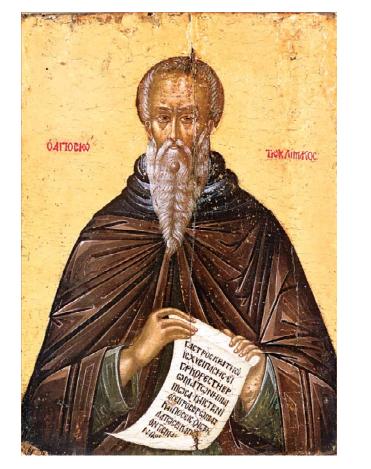
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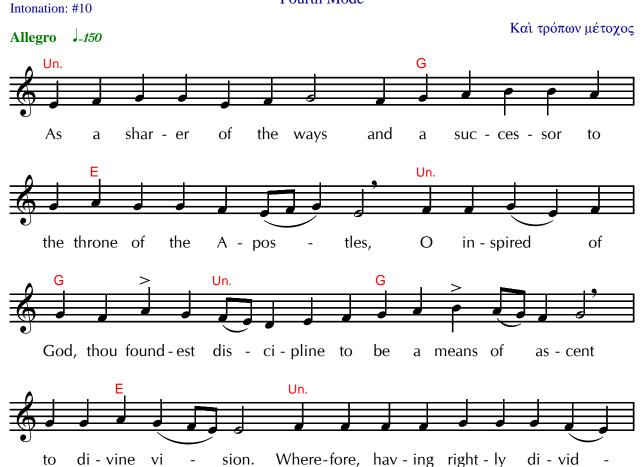


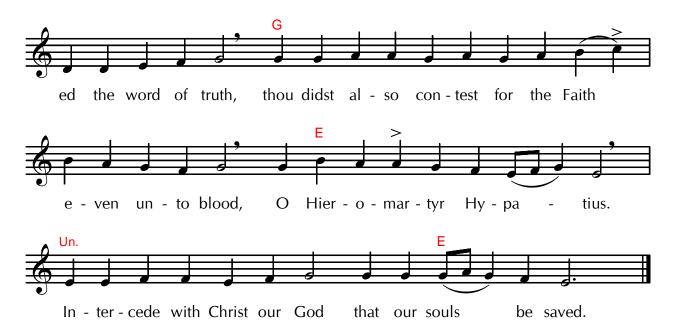
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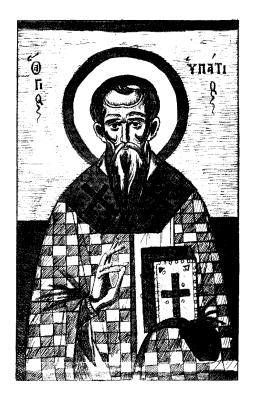
March 31

Apolytikion

Fourth Mode







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