June
Saint Justin
the Philosopher

June 1

Apolytikion

Intonation: #13
Plagal First Mode
"Let us worship the Word"

Thou didst empty the cup of the wisdom of the Greeks, and thou didst thirst yet again, till thou camest unto the well where thou foundest water springing to eternal life. And having drunk deeply there of, thou didst
al-so drink the cup that Christ gave to His dis-ci-ples. Where-fore, O Jus-tin, we praise thee as a phi-
los-o-pher and Mar-tyr of Christ.
Saint Nicephorus the Confessor
Archbishop of Constantinople

June 2

Apolytikion

Fourth Mode

The truth of things hath revealed thee to thy flock as a rule of faith, an icon of meekness, and a teacher of temperance; for this cause thou hast achieved the heights by humility, riches by poverty.

www.stanthonyssmonastery.org/music/Menaion.htm
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Fa-ther and Hier-arch Ni-ce-pho-rus, in-ter-cede with Christ God that our souls be saved.
The Holy Martyr Lucillian and Those with Him

June 3

Apolytikion

First Mode
"The soldiers standing guard"

Let all of us entreat Christ the Lord's holy Martyrs, for they make supplication for our souls' salvation; with faith and with longing, therefore, let us draw nigh unto them, for they

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The demon of fornication, in the manner of a licking puppy, is wont to cling to the one he tempts, so as not to be cast out. But it is possible for you - it is a matter of your prerogative and intention - either to nourish him with the work of dishonor or vigorously to put him to flight with prayer and psalmody, with fasting and vigils, and with sleeping on the ground.

- Nilus of Ancyra
Since ye believed in Christ with strong and ardent faith, and ever worshipped His divine and mighty deeds, ye both adorned yourselves with all the splendour of sacred virtues. With your holy
brother now, ye are also vouchsafed to dwell with the ranks of Saints on high, O ye sisters of Lazarus; and with him, O wise Mary and Martha, ye pray for us all unto the Master.
Saint Metrophanes
Archbishop of Constantinople

June 4

Apolytikion

First Mode

"While Gabriel was saying"

Intonation: #1

Allegro \( \frac{1}{4} \) \( \text{150} \)
and didst save from their destruction and savagery the lambs of Christ God, who cried out: Glory to Him that hath given thee strength. Glory to Him that hath crowned thee. Glory to Him that confirmed the pure Orthodox Faith through thee.

Psalmody is the weapon of a monk, by which he chases away grief.

- St. John of the Ladder
As a sharer of the ways and a successor to the throne of the Apostles, O inspired of God, thou foundest discipline to be a means of ascent to divine vision. Wherefore, having rightly di-
G
vid - ed the word of truth, thou didst al - so con - test for the
E
Faith_ e - ven un - to blood, O Hier - o - mar - tyr Do -
Un.
ro - the - us. In - ter - cede with Christ our God that our
E
souls_ be saved.
In thee the image was preserved with exactness,

O Father; for taking up thy cross, thou didst follow Christ, and by thy deeds thou didst teach us to other

ver - look the flesh, for it pass - eth a - way, but
to attend to the soul since it is immortal. Wherefore, O righteous Hilarion, thy spirit rejoiceth with the Angels.
The Holy Martyr
Theodotus of Ancyra

June 7

Apolytikion

Fourth Mode
"Be quick to anticipate"

Thy Martyr, O Lord, in his courageous contest for Thee received as the prize the crown of incorruption and life from Thee, our immortal God. For since he possessed Thy strength, he cast down the tyrants and wholly destroyed the...
When, indeed, the Holy Spirit
saw that the human race was guided
only with difficulty toward virtue, and that,
because of our inclination toward pleasure, we
were neglectful of an upright life, what did He do?
The delight of melody He mingled with the doctrines
so that by the pleasantness and softness of the sound heard
we might receive without perceiving it the benefit of the words,
just as wise physicians who, when giving the fastidious rather bitter
drugs to drink, frequently smear the cup with honey. Therefore,
He devised for us these harmonious melodies of the psalms,
that they who are children in age, or even those who
are youthful in disposition, might to all
appearances chant, but in reality,
become trained in soul.

-St. Basil the Great
The Translation of the Sacred Relics of Saint Theodore the Commander

June 8

Apolytikion

Intonation: #10

Fourth Mode

"Thou Who wast raised up"

Allegro ♩=150

In truth enlisted with the King of the Heavens, thou didst become for Him a noble commander, O trophy-bearer and Great Martyr Theodore. With the weaponry of faith didst thou...
Arm thyself wisely and didst utterly destroy all the hordes of the demons, as a triumphant athlete of the Lord; wherefore we ever do faithfully call thee blest.
Saint Melania the Elder

June 8

Apolytikion

Intonation: #13

Plagal First Mode

"Let us worship the Word"

Allegro \p=150

Scorn-ing rich-es that per-ish and world-ly dig-ni-ty, thou

sought-est heav-en-ly glo-ry through self-de-ni-al and

toils, mak-ing no-ble rank more no-ble by hu-mil-i-

ty; and thou didst build a ho-ly house in Je-
G  

ru-sa-lem, where thou didst guide souls unto salvation.

A  

And now, O Mother Melania, grant us the alms of thy rich prayers to God.
Saint Cyril
Archbishop of Alexandria

June 9

Apolytikon

Intonation: #25
Plagal Fourth Mode

F C F C

Guide of Orthodoxy, teacher of piety

Un. F D

and holiness, luminary of the

Un. C

world, God-inspired adornment of hier-

archs, O wise Cyril, by thy teachings thou

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Un. hast en-light-ened all, O harp of the Spir-it.

it. In-ter-cede with Christ God that our souls be saved.
Saint Columba of Iona

June 9

Apolytikion

Third Mode

Intonation: #8

Allegro  \( \frac{4}{4} \)

A fearless accuser of sin and avenger of the injured, thou in repentance didst accept exile in a distant land, keeping the strait and afflicted path of obedience in the monas -
Tic rule. Thou didst cast the cloak of love over the failings of the feeble. A lover of chant, thou didst rejoice in the creation, whilst hymning the Creator, and didst command thy followers to be at peace and have love among themselves, O gracious Columba.
Saint Cyril of Belozersk

June 9

Apolytikion

Intonation: #1

First Mode

Allegro \( \frac{\text{d}}{\text{150}} \)

Up-rooting the thorns of the wicked passions,

thou didst blossom like the lily in David's wilderness, O Father Cyril. Thou didst gather therein a multitude of disciples, who were guided
by the fear of God and thine instructions. As a child-loving father, thou didst never abandon them, and so we cry: Glory to Him that hath given thee strength. Glory to Him that hath crowned thee. Glory to Him that worketh healings for all through thee.
The Holy Martyrs
Alexander and Antonina

June 10

Apolytikion

Intonation: #10
"Be quick to anticipate"

Thy Martyrs, O Lord, in their courageous contest for Thee received as the prize the crowns of incorruption and life from Thee, our immortal God. For since they possessed Thy strength, they cast down the tyrants and wholly destroyed the
The virtue of silence, especially in church, is very great...

Is anything more unbecoming than the divine words should be so drowned by talking, as not to be heard, believed, or made known, that the sacraments should be indistinctly heard through the sound of voices, that prayer should be hindered when offered for the salvation of all?

- St. Ambrose of Milan
The Holy Martyrs of China

June 10

Apolytikion

Third Mode
"Awed by the beauty"

Intonation: #8

Let us the flock of Christ with love and piety now glorify with hymns and truly joyous odes the faithful Martyrs of the truth who suffered for Christ in China. For having con-

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fessed the Faith, they all bravely went unto

death as lambs which were sacrificed for our

Shepherd and Master Christ. And therefore to the Martyrs we cry out: Remember us all, who sing your praises.

June 10 - The Martyrs of China
The Holy Apostles
Bartholomew and Barnabas

June 11

Apolytikion

Third Mode

'Δοξάστω Κύριε, Θεε Ἰσραήλ, τοὺς ἁγίους ἈPOSTολίους Ἀπολλώνιον καὶ Βαρνάβαν...

O holy Apostles, intercede with the merciful God that He grant unto our souls forgiveness of offenses.
The Synaxis of the Icon of the Theotokos
"It is Truly Meet"

June 11

Apolytikion

Intonation: #10

Fourth Mode
"Be quick to anticipate"

Ye hosts of the Fathers of Mount Athos, gather today,

and shout with a voice of jubilation, leaping for joy, and

faithfully keeping feast: For, behold, the praise of

the most pure Theotokos wondrously and awesome-

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E Un.

ly is sung by the Angel; and therefore, as the

E

Moth-er of God, we glo-ri-fy her name.
Saints Onuphrius of Egypt and Peter of Athos

June 12

Apolytikion

Intonation: #10

Fourth Mode

Allegro \( \text{\textfrac{3}{4}} \) 150

\( \text{Ω Θεός τῶν Πατέρων ἡμῶν} \)

O God of our Fathers, ever dealing with us according to Thy gentleness: take not Thy mercy from us,

but by their entreaties guide our life in peace.
The Holy Martyr Aquilina

June 13

Apolytikion

Fourth Mode (hard chromatic)
"Joseph was amazed"

Intonation: #19

D G

O Lord Je - sus, un - to Thee Thy lamb doth cry with a great voice: O my Bride - groom, Thee_ I love; and seek-ing Thee, I now con - test, and with Thy bap - tism_ am cru - ci - fied_ and bur - - - ied. I suf - fer

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for__Thy__sake, that I may reign__with__Thee;

for__Thy__sake__I die, that I may live__

in__Thee: accept me offered out of longing to

Thee as a spotless sacrifice. Lord,

save__our souls through her intercessions, since

Thou art great in mercy.
The Holy Prophet
Elisseus (Elisha)

June 14

Apolytikion

Intonation: #10
"Be quick to anticipate"

The Incarnate Angel, and the Prophets' summit and boast,

Eliyas, the glorious, from above sent down his grace upon Elisseus; he doth cast out sickness
and doth also cleanse lepers; and unto all that honour him, he poureth forth streams of cures.
The truth of things hath revealed thee to thy flock as a rule of faith, an icon of meekness, and a teacher of temperance; for this cause thou hast achieved the heights by humility, riches by poverty.
Father and Hierarch Methodius, intercede with Christ our God that our souls be saved.
The Holy Prophet Amos

June 15

Apolytikion

Second Mode

Intonation: #4

As we celebrate the memory of Thy

Prophet Amos, O Lord, through him we beseech Thee to

save our souls.

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Saint Jonas
Metropolitan of Kiev

June 15

Apolytikion

Intonation: #10
Fourth Mode

Allegro 4/150

Cast-ing thy-self wholly up-on the Lord from thy youth, in

prayers and labours and fast-ing thou wast an im-age of

vir-tue. Hence, hav-ing be-held thy good vo-lu-

tion, God es-tab-lished thee as a hier-arch and shep-herd
of His Church. Wherefore, even after thy repose, thy body was kept whole and incorrupt, O holy Hierarch Jonas. Pray Christ God that our souls be saved.

There is nothing upon earth holier, higher, grander, more solemn, more life-giving than the Liturgy. The temple, at this particular time, becomes an earthly heaven; those who officiate represent Christ Himself, the angels, the cherubim, seraphim and apostles.

-St. John of Kronstadt
Saint Tikhon  
Bishop of Amathus in Cyprus  

June 16  

Apolytikion  

Thou didst prove to be a citizen of the desert, an angel in the flesh, and a wonder-worker, O Tikhon, our God-bearing Father.  

By fasting, vigil, and prayer thou didst obtain...
heavenly gifts, and thou healest the sick
and the souls of them that have recourse to thee with faith.
Glory to Him that hath given thee strength.
Glory to Him that hath crowned thee. Glory to Him that worketh healings for all through thee.

June 16 - St. Tikhon of Amathus
The Holy Martyr Isaurus
and Those With Him

June 17

Apolytikion

Intonation: #10

"Be quick to anticipate"

Thy Martyrs, O Lord, in their courageous contest for Thee received as the prize the crowns of incorruption and life from Thee, our immortal God. For since they possessed Thy strength, they cast down the tyrants and wholly destroyed the
Sing to God in love and humility of spirit,
for the Lord rejoiceth therein.

- St. Silouan the Athonite
Saint Botolph
Abbot of the Monastery of Ikanhoe

June 17

Apolytikion

Intonation: #13
Plagal First Mode

Allegro

Neither the desolation of the fens, nor the
depth of thy humility could hide the light of thy
virtues, whereby thou becamest a lamp un-
to the faithful, O Botolph our righteous Fa-
therefore, we entreat thee: do thou al-
so enlighten us who venerate thy blessed mem-
o-ry.
The Holy Martyr
Leontius

June 18

Apolytikion

Fourth Mode
"Be quick to anticipate"

Thy Martyr, O Lord, in his courageous contest for Thee
received as the prize the crown of incorruption and life from
Thee, our immortal God. For since he possessed Thy
strength, he cast down the tyrants and wholly destroyed the

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Quality in psalmody and prayer consists in praying with the spirit and the nous.

One prays with the spirit only when, as he prays and chants, he is attentive to the content of the holy writings, and thus raises his heart to divine thoughts.

- Nikitas Stithatos
The Holy Apostle Jude

June 19

Apolytikion

Intonation: #10  

"The soldiers standing guard"

G

We know thee as a kinsman of Christ and we

E Un. G

laud thee with sacred hymns and songs as a most

E

steadfast Martyr who tram-pled on error and

G

who courageously kept the Faith. As we

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Un.:

Celebrate today thy holy remembrance,

we receive forgiveness of our sins and transgressions, O Jude, through thy holy prayers.
Saint Paisius the Great of Egypt

June 19

Apolytikion

Fourth Mode
"Be quick to anticipate"

The incarnate Angel, and the boast and summit of monks,

the bodiless man, the citizen of Heaven, the great God-

bearing Paisius celebrateth with us

in divine jubilation, granting grace to all them
that ex-tol him with re-v’rence. With fer-vour let us hon-our this day, of-f’ring him songs of praise.

SAINT PAISIUS THE GREAT
Allegro

Like a spiritual day-star in heaven's firmament, thou didst encompass the whole world and didst enlighten men's souls. Hence, thy name is glorified throughout the East and West, for thou didst shine forth with the grace of the grace of the

Saint John Maximovitch
Archbishop of San Francisco

June 19

Apolytikion

Intonation: #13

Plagal First Mode

"Let us worship the Word"

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Sun of Righteousness, O John, our beloved shepherd. Wherefore, cease not to entreat Christ, that He show mercy and redeem our souls.
As a sharer of the ways and a successor to the throne of the Apostles, O inspired of God, thou foundest discipline to be a means of ascent to divine vision. Wherefore, having rightly di-
Wherever there are spiritual melodies,
there does the grace of the Spirit come,
sanctifying the mouth and the soul.

- St. Nicodemus of the Holy Mountain
Un. G

Allegro \( \frac{\text{Un.}}{\text{E}} \)

Thy Martyr, O Lord, in his courageous contest for Thee

G

received as the prize the crown of incorruption and life from

Un. G

Thee, our immortal God. For since he possessed Thy

Un. G

strength, he cast down the tyrants and wholly destroyed the

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demons' strengthless presumption. O Christ God, by his prayers, save our souls, since Thou art merciful.
The Holy Hieromartyr Eusebius
Bishop of Samosata

June 22

Apolytikion

Intonation: #10
Fourth Mode

As a shar-er of the ways and a suc-ces-sor to

the throne of the A-pos-tles, O in-spired of

God, thou found-est dis-ci-pline to be a means of as-cend

to di-vine vi-sion. Where-fore, hav-ing right-ly di-
Our psalmody should be angelic, not unspiritual and secular.

For to psalmode with clamour and a loud voice

is a sign of inner turbulence.

- St. Gregory of Sinai
Saint Alban
the First Martyr of Britain

June 22

Apolytikion

Intonation: #10
Fourth Mode

Allegro \( \frac{\text{m}}{150} \)

Thou didst defend the persecuted priest, and thyself didst receive the message of salvation. Fearless before the judge thou didst proclaim: "My name is Alban and I serve the true and living God." Thou didst become the first-fruit...
of our land; O holy martyr Alban pray unceasingly to God for the salvation of the world.
The Holy Martyr Agrippina

June 23

Apolytikion

Fourth Mode (hard chromatic)
"Joseph was amazed"

\[ \text{Allegro } \frac{1}{4} \text{ } 150 \]

\[ \text{D} \]

\[ \text{G} \]

\[ \text{O Lord Jesus, unto Thee Thy lamb doth cry with} \]

\[ \text{Diatonic} \]

\[ \text{a great voice: O my Bridegroom, Thee I love; and} \]

\[ \text{seeking Thee, I now contest, and with Thy baptism am} \]

\[ \text{crucified and buried. I suffer} \]

\[ \text{www.stanthonyssmonastery.org/music/Menaion.htm} \]

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for Thy sake, that I may reign with Thee;
for Thy sake I die, that I may live
in Thee: accept me offered out of longing to
Thee as a spotless sacrifice. Lord,
save our souls through her intercessions, since
Thou art great in mercy.
The Nativity of Saint John the Baptist

June 24

Apolytikion

Intonation: #10

Fourth Mode
"Be quick to anticipate"

O Prophet and Forerunner of Christ God's coming to us,

all we who with longing now exalt thee are at a loss to

honour thee worthily. For thy mother's barrenness and father's long silence, by thine all-renowned and
June 24 - The Nativity of St. John the Baptist

hal-low-ed birth, were both end-ed, and the in-carnation of the Son of God is preached un-to all the world.
The Nativity of
Saint John the Baptist

June 24

Kontakion

Third Mode
"On this day the Virgin"

Intonation: #8

\text{Allegro} \ \frac{\text{m.}}{\text{b.}} \ 150

\text{Un. FG}

She that once was barren doth today bring forth

Christ's Forerunner, John, the culmination

and the crown of all of the Prophets.

For when he, in River Jordan, laid

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his hand on Him Whom the Prophets preached afore-time, he was revealed as God the Word's chosen Prophet, His mighty preacher, and His Runner in grace.

When the day is over, the vendor sits down and counts his profits; but the worker of virtue does so when the psalmody is over.

- St. John of the Ladder
**The Holy Martyr Febronía**

**June 25**

**Apolytikion**

Fourth Mode (hard chromatic)

"Joseph was amazed"

O Lord Jesus, unto Thee Thy lamb doth cry with

da great voice: O my Bridegroom, Thee I love; and

seeking Thee, I now contest, and with Thy baptism am

crucified and buried. I suffer

---

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for Thy sake, that I may reign with Thee;

for Thy sake I die, that I may live

in Thee: accept me offered out of longing to

Thee as a spotless sacrifice. Lord,

save our souls through her intercessions, since

Thou art great in mercy.
The Appearance of the Icon of the Theotokos of Tikhvin

June 26

Apolytikion

Intonation: #10
Fourth Mode

Allegro

To-day thy most venerable icon, O Lady, hath shone in Heaven upon us like a most brilliant sun, enlightening the world with rays of mercy, which great Russia and America received from on high most rev-

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'rent-ly as a di-vine gift, and they glo-ri-fy thee, O Moth-er of God, as the Queen of all, and joy-ful-ly mag-ni-fy Christ our God Who was born of thee.

Pray to Christ, O our La-dy and Queen, O The-o-to-kos, that He keep all Chris-ti-ans un-harmed by all as-saults of the en-e-my, and that He save them that ven-er-ate His di-vine im-age and thy pure i-con with faith, O Vir-gin who knew-est not wed-lock.
Saint David of Thessalonica

June 26

Apolytikion

Intonation: #25
Plagal Fourth Mode

Allegro  \( \text{♩} \  \text{150} \)

In thee the image was preserved with exactness,

O Father; for taking up thy cross, thou didst follow Christ, and by thy deeds thou didst teach us to other

ver - look the flesh, for it pass - eth a - way, but

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to attend to the soul since it is immortal. Therefore, O righteous David, thy spirit rejoiceth with the Angels.
Saint Samson the Hospitable

June 27

Apolytikion

Intonation: #25

Plagal Fourth Mode

Allegro \( \frac{3}{4} \) 150

In thy patience thou hast won thy reward, O righteous Father. Thou didst persevere unceasingly in prayer; thou didst love the poor, and didst provide for them in all things. Wherefore, intercede with Christ our
God, O blessed and godly minded Samson, that our souls be saved.
The Translation of the Relics of the Holy Unmercenaries Cyrus and John

June 28

Apolytikion

Intonation: #13
Plagal First Mode

Since Thou hast given us the miracles of Thy holy Martyrs as an invincible battlement, by their entreaties scatter the counsels of the heathen, O Christ our God, and strengthen the faith of Orthodox

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Christians, since Thou alone art good and the Friend of man.
The Synaxis of the Icon of the Theotokos
"Of the Three Hands"

June 28

Apolytikion

Intonation: #10

Fourth Mode
"Be quick to anticipate"

Allegro

From Palestine, godly minded Sabbas brought unto us thy venerable icon, which is known as Of the Three Hands, O all holy Bride of God. Wherefore, since the monks of Hilandar now possess it as their boast, they send up

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E Un.

hymns of praise and thanks-giving, while crying out with fervour: Rejoice, thou who art full of grace.
Saints Sergius and Herman
Founders of Valaam Monastery

June 28

Apolytikion

Intonation: #10
Fourth Mode

Allegro  \( \frac{4}{4} \)

Ye appeared as true fulfillers of the Gospel of Christ,
living for the sake of Christ as though the world and all therein
did not exist. Ye settled on an island in the sea, whereon ye struggled assiduously against the in-
visible foe; by fasts, vigils, and all-night standing ye
wisely subjected your bodies to the spirit;
for this cause did ye receive worthy crowns from the right hand
of the Almighty One. And now as ye stand before the
All holy Trinity, O all-blessed Fathers
Sergius and Herman, pray that we be preserved in
peace and that our souls be saved.
The Holy, Glorious, and All-famed Chiefs of the Apostles Peter and Paul

June 29

Apolytikion

Fourth Mode

Intonation: #10

Apolytikion of the Holy, Glorious, and All-famed (Oi tων Ἀποστόλων πρωτόθρονοι)

Un. G in - ter - cede ye with the Mas - ter of all that He grant peace to the world and great mer - cy to our souls.

Un. E O fore - most of the A - pos - tles and teach - ers of the world,
Un. G

Thou hast taken to Thyself, O Lord, the firm and

God-proclaiming heralds, the chief Apostles, for

the enjoyment of Thy blessings and for repose;

for Thou hast accepted their labours and death as a -
Un.

above all sacrifice, O Thou Who alone knowest the

secrets of our hearts.
The Synaxis of the Holy Glorious, and All-famed Twelve Apostles

June 30

Apolytikion

Intonation: #8

Third Mode

O holy Apostles, intercede with the merciful God that He grant unto our souls forgiveness of offenses.