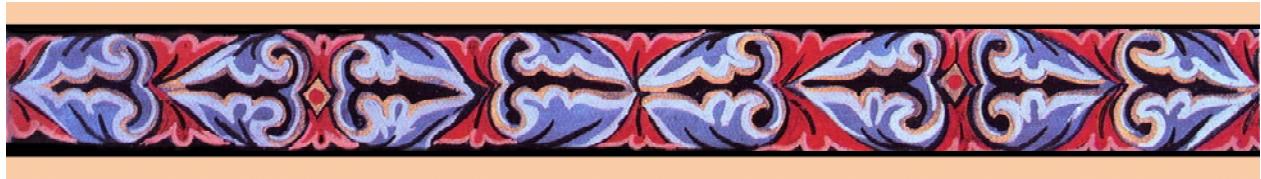




July





The HOLY AND WONDERWORKING UNMERCENARIES COSMAS AND DAMIAN OF ROME

July 1

Apolytikion

Intonation: #25

Plagal Fourth Mode

Allegro ♩=150

"Αγιοι Ἀνάργυροι

Un. F C Un.

O Ho - ly Un - mer - ce - nar - ie s and won - der - work -

ers, vis - it our in - fir - mi - tie s; free - ly ye re -

ceived, free - ly give to us.



The HOLY AND WONDERWORKING UNMERCENARIES COSMAS AND DAMIAN OF ROME

July 1

Kontakion

Intonation: #4

Second Mode

Oι τὴν χάριν λαβόντες

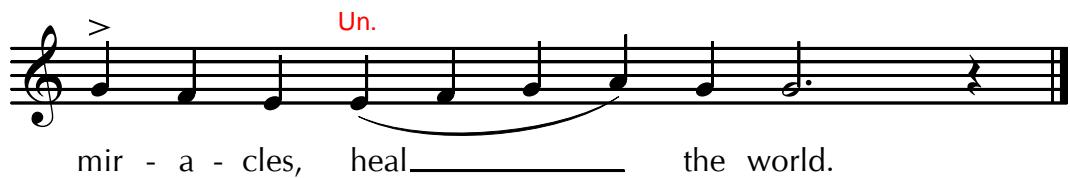
Allegro ♩=150

Hav - ing re - ceived _____ the grace of heal - ing, ye ex - tend

health to those in need, O glo - ri - ous and won - der - work - ing phy -

si - - - cians. Hence, by your vis - i - ta - tion, cast

down the au - dac - i - ty of our en - e - mies, and by your



Saints Cosmas and Damian



The DEPOSITION OF THE RAIMENT OF THE THEOTOKOS IN BLACHERNAE

July 2

Apolytikion

Intonation: #25

Plagal Fourth Mode

Allegro $\text{J}=150$

Θεοτόκε ἀειπάρθενε

O Ev - er - vir - gin The - o - to - kos, shel - ter - of -

man - kind, thou hast be-stowed up - on thy peo - ple a

might - y in - ves - ture, e - ven thine im - mac - u - late

bod - y's - rai - ment and sash, which by thy seed - less

child-birth have re-mained in - cor - rupt; for in thee na - ture

Un. F >

and — time — are made new. Where - fore, we im - plore thee

D > C

to grant peace to the world, and great mer - cy — to —

Un. F

our — souls.





THE DEPOSITION OF THE RAIMENT OF THE THEOTOKOS IN BLACHERNÆ

July 2

Kontakion

Intonation: #10

Fourth Mode

"Thou Who wast raised up"

Περιβολὴν πᾶσι

Allegro $\text{J}=150$

O god - ly shel - - ter____ that dost cov - - er all
man-kind, the sa - cred robe____ that____ cov - - ered thy____
sa - cred bod - y hast thou be - stowed on all the faith - ful
gra - cious - ly, O pure Vir - gin, as____ a robe of di -

The musical notation consists of four staves of music in G major, common time. The first staff starts with a G-clef, the second with an E-clef, the third with a C-clef, and the fourth with a G-clef. The lyrics are integrated with the music, with some words highlighted in red: 'vine' (G), 'As' (F), 'love' (E), 'Un.' (red above the staff), 'thee' (G), 'O', 'Re - joice', 'O', 'La - dy,' (G), 'thou' (E), 'Chris - tian' (F), and 'race' (G). The music features various note values including quarter notes, eighth notes, sixteenth notes, and grace notes.

At all times, but most of all while chanting,
let us be still and undistracted. For through
distractions, the demons aim to ruin our prayer.

- St. John of the Ladder



The HOLY HIEROMARTYR JUVENAL ENLIGHTENER OF AMERICA

July 2

Apolytikion

Intonation: #10

Fourth Mode

"*Thou Who wast raised up*"

Allegro $\text{J} = 150$

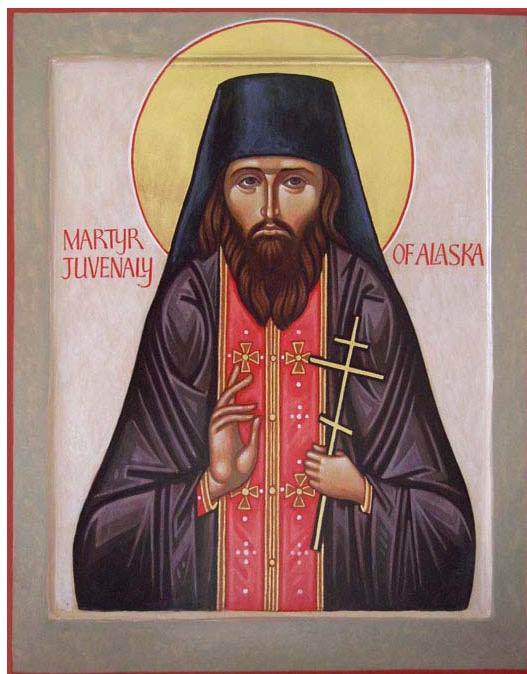
Striv - ing to free____ men____ from the dark - ness of
i - dols, thou didst break forth____ bright____ as the sun____
as a Mar - tyr when thou wast slaught-ered for pro - fess - ing Christ, O
Ju - ve - nal. Where-fore, as thou look - est down like a

star— out of Heav-en, shine on us with beams of joy,

for thick gloom doth sur-round _____ us, thou who art

splen-did with—the light of Christ, the Sun of Right-eous-

ness, Whom thou didst preach____ to all.





The HOLY MARTYR HYACINTH THE CHAMBERLAIN

July 3

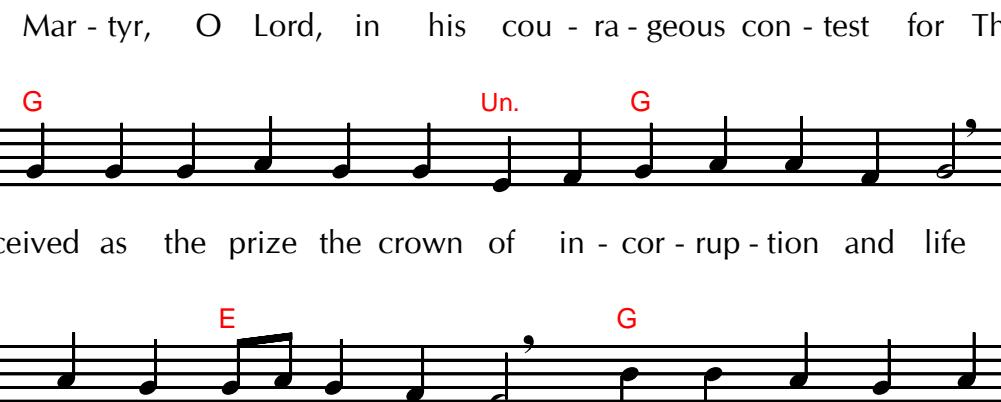
Apolytikion

Intonation: #10

Fourth Mode *"Be quick to anticipate"*

‘Ο μάρτυς σου Κύριε

Allegro $\downarrow=150$



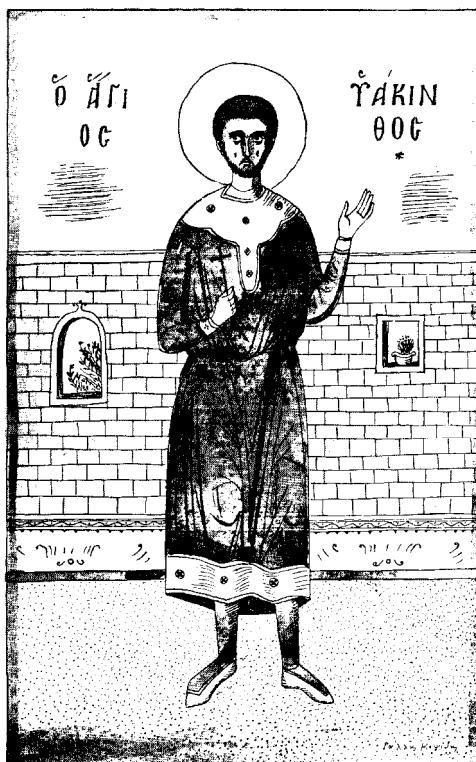
Un. G E >
Thy Mar - tyr, O Lord, in his cou - ra - geous con - test for Thee

G Un. G
re-ceived as the prize the crown of in - cor - rup - tion and life from

> E G
Thee, our im - mor - tal God. For since he pos-sessed Thy

Un. G >
strength, he cast down the ty - rants and whol - ly de-stroyed the


 The image shows two staves of musical notation. The top staff is in G major (G clef) and the bottom staff is in C major (C clef). The lyrics are: "de - mons' strength - less pre - sump - tion. O Christ God, by his". Red letters 'E' and 'Un.' are placed above the first note of the first phrase and the beginning of the second phrase respectively. The bottom staff continues the melody with the lyrics: "prayers, save our souls, since Thou art mer - ci - ful." Red letters 'G' and 'E' are placed above the first note of the third phrase and the beginning of the fourth phrase respectively.



SAIN T HYACINTH



Saint Anatolius Archbishop of Constantinople

July 3

Apolytikion

Fourth Mode

Intonation: #10

Allegro $\text{J}=150$

Kavóva πίστεως

The truth of things hath re - vealed thee to thy flock as a rule.

of faith, an i - con of meek-ness, and a teach - er of

tem - per-ance; for this cause thou hast a - chieved the heights by hu -

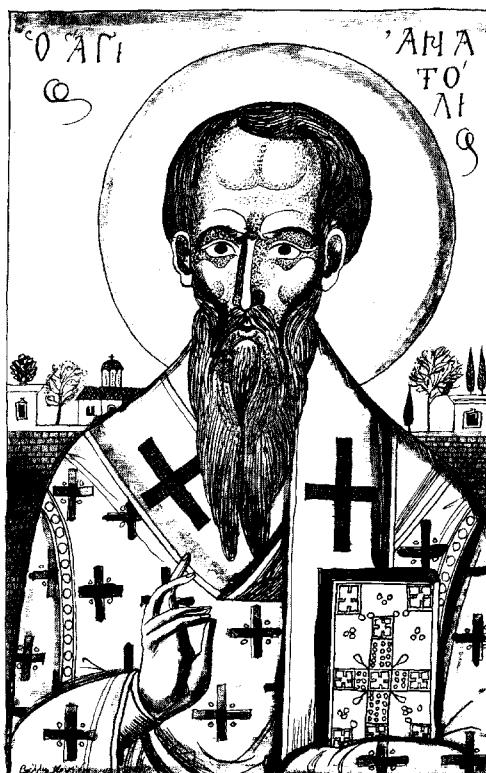
mil - i - ty, rich - es by pov - er - ty. O

G

Fa - ther and Hier-arch A - na - to - li - us, in - ter -

cede_ with Christ____ God that our souls__ be saved.

E



SAINT ANATOLIUS



Saint PHILIP Metropolitan of Moscow

July 3

Apolytikion

Intonation: #25

Plagal Fourth Mode

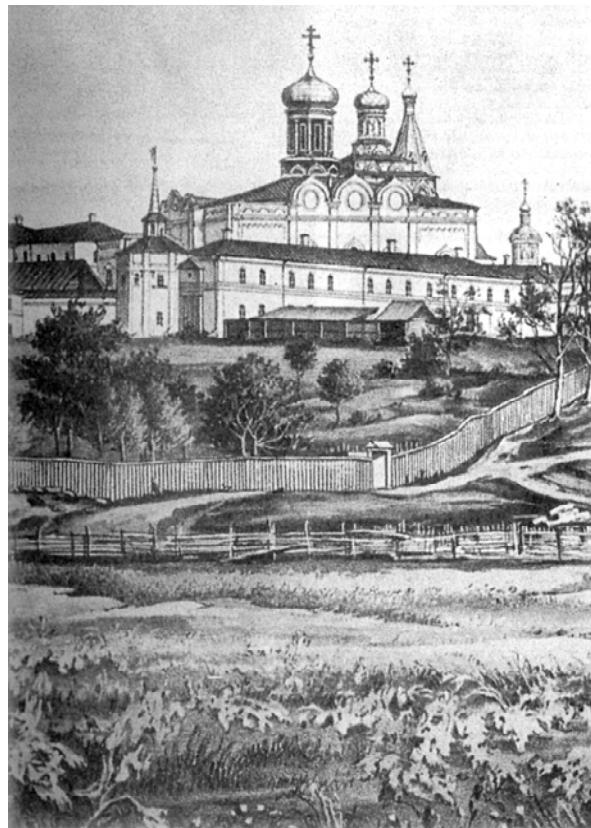
Allegro $\text{J}=150$

O suc - ces - sor of first prel - ates, pil - lar of Or -
Un. tho - dox - y, cham - pi - on of truth, new con -
fes - sor, Saint Phil - ip, thou didst lay down thy
life for thy flock. Where-fore, since thou hast bold - ness with

Christ, pray for the suf - fer - ing Rus - sian land and

them that wor - thi - ly hon - our thy ho - ly mem -

o - ry.





Saint Andrew the Hymnographer Archbishop of Crete

July 4

Apolytikion

Fourth Mode

Intonation: #10

Allegro $\text{J}=150$

Kavóva πίστεως

The truth of things hath re - vealed thee to thy flock as a rule

of faith, an i - con of meek-ness, and a teach - er of

tem - per-ance; for this cause thou hast a - chieved the heights by hu -

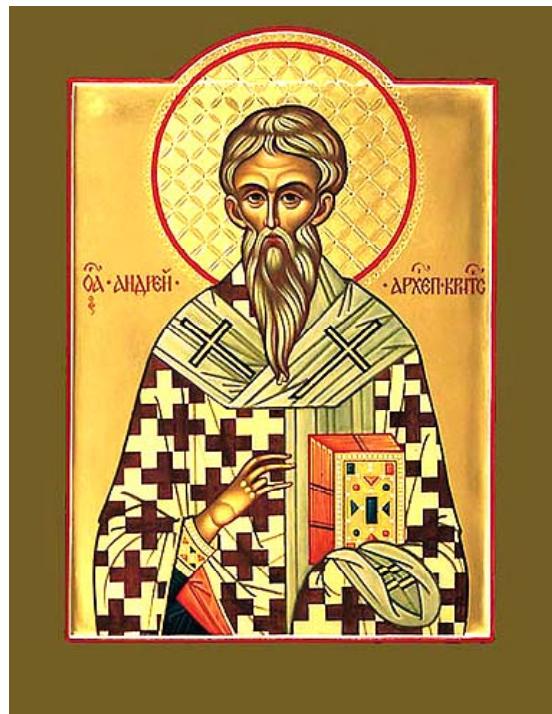
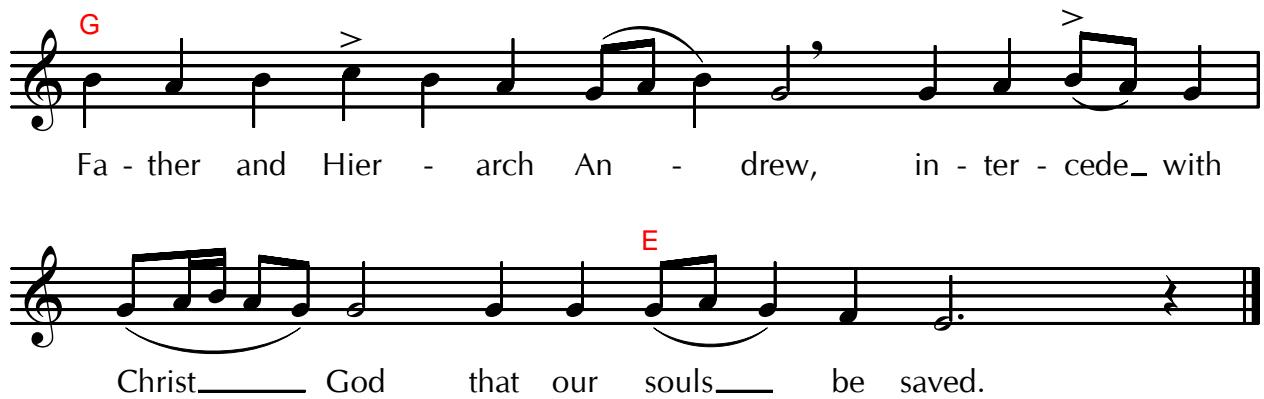
mil - i - ty, rich - es by pov - er - ty. O

G

Fa - ther and Hier - arch An - drew, in - ter - cede_ with

E

Christ_____ God that our souls____ be saved.



SAINT ANDREW OF CRETE



THE HOLY ROYAL MARTYRS OF RUSSIA

July 4

Apolytikion

First Mode

Intonation: #10

"The soldiers standing guard"

Allegro $\text{J}=150$

Most no - ble and sub - lime was your life and death, O

Sov-'reigns; wise Nich - o - las and blest____ Al - ex - an -

dra,- we praise you, ac - claim - ing your pi - e - ty,____

meek-ness, faith, and____ hu - mil - i - ty, where - by

Un.

ye— at - tained to crowns of glo - ry— in Christ God,

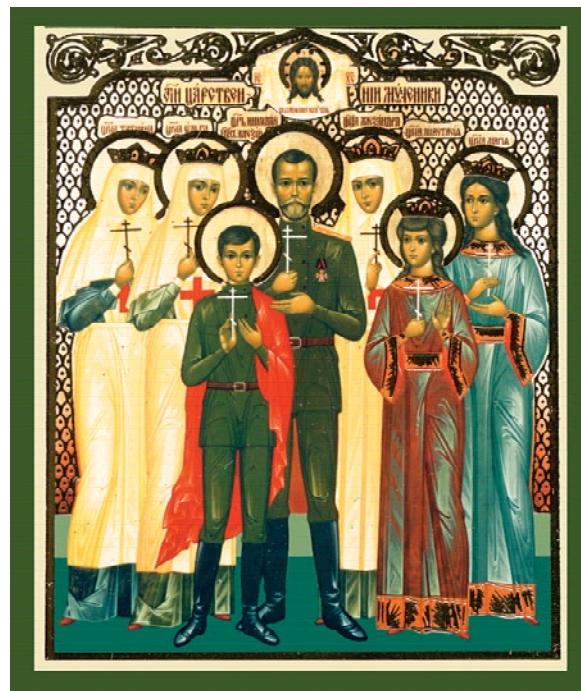
G Un. G

with— your five— re-nowned and god - ly chil - dren of

Un.

blest fame. O Mar - tyrs decked in pur - ple, in - ter - cede—

for us.





Saint Athanasius of Athos

July 5

Apolytikion

Third Mode

"Awed by the beauty"

Intonation: #8

Tίν εν σαρκί

Allegro $\text{♩} = 150$

The An - gels' ranks____ were awed____ by thy life in____ the

flesh, how, though cor - po - re - al,____ and clad with

earth - ly clay, thou didst set forth with cour - age to in -

vis - i - ble wars and wres - tlings and didst bold - ly

smite— the hordes— of the de-mons with mor - tal
C

wounds. Where-fore, Christ re - ward - ed— thee with a -
F C

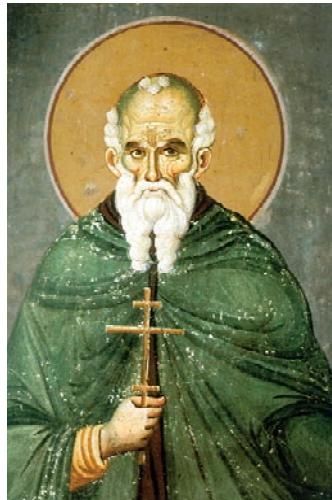
bun - dant gifts in re - turn. En - treat Him that our souls—
>

find sal - va - tion, O most re-nowned Fa - ther Ath - a -
F > >

na - sius.

SAINT

ATHANASIUS





THE UNCOVERING OF THE RELICS OF SAINT SERGIUS OF RADONEZH

July 5

Apolytikion

Intonation: #25

Plagal Fourth Mode

Allegro $\text{♩} = 150$

F C

Thou didst re - ceive Christ in thy soul from thy youth, — O Saint,

>

and a - bove all didst de - sire to be quit of the tur -

Un. F

moil of the world. Thou didst cou - ra - geous - ly

D C

set - tle in the wilds, and there thou didst raise chil - dren

of o - be - di - ence, fruits of hu - mil - i -

ty. Thus,- as an a - bode of the Trin - i - ty,

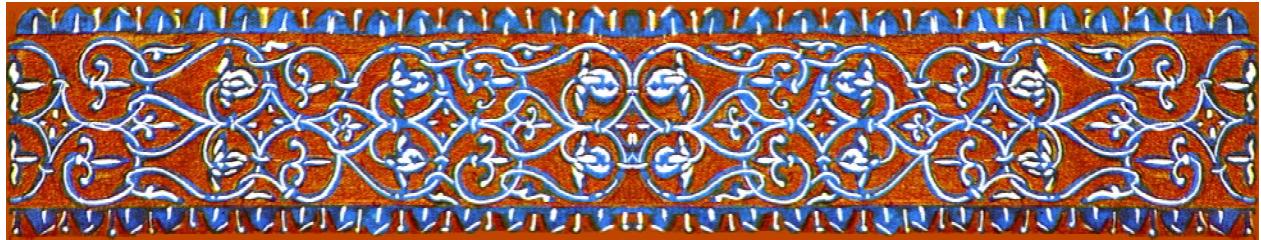
thou didst en - light - en with thy mir - a - cles all who came to

thee with faith, and didst grant heal - ings a - bun - dant -

ly____ to____ all. O our Fa - ther Ser - - gius, pray to

Christ our God that He____ save____ our____ souls.





The HOLY NEW MARTYRS ELIZABETH THE GRAND DUCHESS AND THE NOVICE BARBARA

July 5

Apolytikion

Intonation: #13

Plagal First Mode
"Let us worship the Word"

Allegro $\text{J}=150$

Em - u - lat - ing the Lord's self - a - base - ment on the earth, thou

didst for - sake roy - al man - sions to serve the poor _____ and dis -

dained, o - ver - flow - ing with com - pas - sion for the suf - fer -

ing. And tak - ing up a mar - tyr's cross, thou in

meek-ness didst per - fect the Sav - iour's im - age with - in

thee. Where-fore, with Bar - b'ra, en - treat___ Him to save us

all, O wise E - liz - a - beth.



THE GRAND DUCHESS ELIZABETH



Saint Sisoës the Great

July 6

Apolytikion

First Mode

Intonation: #1

Allegro ♩=150

Τῆς ἐρήμου πολίτης

D

Thou didst prove to be a cit - i - zen of the des - -
ert, an an - gel in the flesh, and a won - der - work - er,
O Si - so - es, our God - bear - ing Fa - - ther.
By fast - ing, vig - il, and prayer thou didst ob - tain -

heav - en - ly gifts, and thou heal - est the sick

and the souls of them that have re - course to thee with faith.

Glo - ry to Him_ that hath giv - en thee strength.

Glo - ry to Him_ that hath crowned_ thee. Glo - ry to

Him that work - eth heal - ings_ for all_ through_ thee.





Saint Thomas of Mount Maleon

July 7

Apolytikion

Intonation: #25

Plagal Fourth Mode

Ἐν σοὶ Πάτερ ἀκριβῶς

Allegro ♩=150

Musical score for "In thee the image was preserved" in F major. The vocal line consists of quarter notes and eighth notes. Red annotations include a 'F' above the first note, a 'C' with a downward arrow above the eighth note, and a 'Un.' above the first note of the next line. The lyrics are: In thee the image was preserved with exactness,

 Musical score for "O Father; for taking up thy cross, thou didst" in C major. The vocal line consists of quarter notes and eighth notes. Red annotations include a 'Un.' above the first note, a 'C' above the eighth note, and a 'Un.' above the first note of the next line. The lyrics are: O Father; for taking up thy cross, thou didst

 Musical score for "follow Christ, and by thy deeds thou didst teach us to o -" in C major. The vocal line consists of quarter notes and eighth notes. Red annotations include a '>' above the first note, a '>' above the eighth note, and a 'Un.' above the first note of the next line. The lyrics are: follow Christ, and by thy deeds thou didst teach us to o -

 Musical score for "ever - look the flesh, for it pass - eth a - way, but" in F major. The vocal line consists of quarter notes and eighth notes. Red annotations include a 'Un.' above the first note, an 'F' above the eighth note, a 'C' above the eighth note, and an 'F' above the final note. The lyrics are: ever - look the flesh, for it pass - eth a - way, but

to at - tend__ to__ the soul since it is im -

mor - tal. Where - fore, O right - eous Thom - as, thy spir - it re -

joic - eth with the An - gels._____

Nothing so arouses the soul,
 gives it wing, sets it free from the earth,
 releases it from the prison of the body, teaches it
 to love wisdom and to despise all the things
 of this life, as concordant melody
 and sacred song composed
 in rhythm.

- St. John Chrysostom



The HOLY GREAT MARTYR KYRIAKE

July 7

Apolytikion

Fourth Mode (hard chromatic)

"Joseph was amazed"

Intonation: #19

Ἡ ἀμνάς σου Ἰησοῦ

Allegro $\text{♩} = 150$

O Lord Je - sus, un - to Thee Thy lamb doth cry with
a great voice: O my Bride - groom, Thee I love; and
seek - ing Thee, I now con - test, and with Thy bap - tism am
cru - ci - fied and bur - - - ied. I suf - fer

for Thy sake, that I may reign with Thee;

Diatonic

for Thy sake I die, that I may live

Diatonic

in Thee: ac - cept me of - fered out of long - ing to

Thee as a spot - less sac - ri - fice. Lord,

save our souls through her in - ter - ces - sions, since

Thou art great in mer - - - - cy.





THE APPEARANCE OF THE ICON OF THE THEOTOKOS OF KAZAN

July 8

Apolytikion

Fourth Mode

Intonation: #10

Allegro $\text{J}=150$

O fer - vent in - ter - ces - sor, Moth - er of the Lord Most High,
thou pray - est for all to thy Son,— Christ our God, and thou
caus - est all to be saved who have re - course to thy pow - er -
ful pro - tec - tion. O Sov - 'reign La - dy and Queen,

help and de - fend all of us who in trou - bles and tri - -

als, in pain and bur - dened with man - y sins, — stand be - fore thy

most pure i - con in thy pres - ence, and pray to thee with com -

punc - tion_ of soul, con - tri - tion of heart, and with tears, and who

have un - flag - ging hope in thee. Grant to all what is good_ for

us, de - liv - er - ance from all e - - vil, and save us

all, O Vir - gin The - o - to - kos, for thou_ art a di -

vine pro - tec - tion to thy ser - - vants.



THE HOLY GREAT MARTYR PROCOPIUS

July 8

Apolytikion

Fourth Mode

Intonation: #10

"Be quick to anticipate"

Ο μάρτυς σου Κύριε

Allegro $\text{J}=150$

Thy Mar - tyr, O Lord, in his cou - ra - geous con - test for Thee

re - ceived as the prize the crown of in - cor -rup - tion and life from

Thee, our im - mor - tal God. For since he pos - sessed Thy

strength, he cast down the ty - rants and whol - ly de - stroyed the

July 8 - St. Procopius

1031


 The image shows two staves of musical notation. The top staff is in G major (G clef) and the bottom staff is in C major (C clef). The lyrics are: "de - mons' strength - less pre - sump - tion. O Christ God, by his". Red letters 'E' and 'Un.' are placed above the first note of the first phrase and the beginning of the second phrase respectively. The bottom staff continues the melody with the lyrics: "prayers, save our souls, since Thou art mer - ci - ful." Red letters 'G' and 'E' are placed above the first note of the third phrase and the beginning of the fourth phrase respectively.



SAIN T PROCOPIUS



The HOLY HIEROMARTYR PANCRATIUS BISHOP OF Tauromenium in Sicily

July 9

Apolytikion

Intonation: #10

Fourth Mode

Allegro $\text{♩} = 150$

Καὶ τρόπων μέτοχος

Un.

G

As a shar - er of the ways and a suc - ces - sor to

E

Un.

the throne of the A - pos - tles, O in - spired - of

G > Un. G >

God, thou found - est dis - ci - pline to be a means of as - cent

E

Un.

to di - vine vi - sion. Where-fore, hav - ing right - ly di -

vid - ed the word of truth, thou didst al - so con - test for the

Faith _ e - ven un - to blood, O Hier - o - mar - tyr Pan -

crat - i - us. In - ter - cede with Christ our God that our

souls _ be saved.



SAINT PANCRATIUS



The DEPOSITION OF THE PRECIOUS ROBE OF OUR LORD JESUS CHRIST IN MOSCOW

July 10

Apolytikion

Intonation: #10

Fourth Mode

Allegro $\text{♩}=\text{150}$

On this day let us the faith - ful run to the di - vine and

heal - ing robe of our Sav - - iour and God, Who was pleased to

wear our flesh and pour out His ho - ly Blood on the Cross, where -

by He hath re-deemed us from slav - er - y to the en - - e -

Un. > D

my. Where-fore, we thank - ful - ly cry— to Him: By— Thy

Un. G >

pre - cious robe save and_ de - fend Or - tho - dox Chris - tians, and

E Un.

bish - ops, and cit - ies, and all men eve - ry - where, and

E >

save our souls, for Thou art the Friend of man.





THE HOLY FORTY-FIVE MARTYRS OF NICOPOLIS IN ARMENIA

July 10

Apolytikion

Intonation: #10

"Be quick to anticipate"

Οι μάρτυρές σου Κύριε

The musical score consists of five staves of music in common time with a treble clef. The lyrics are written below each staff. Red annotations are present in the first, third, and fifth staves:

- Un.** and **G** are placed above the first staff.
- E** is placed above the second staff.
- >** is placed above the fourth staff.
- G** is placed above the second staff.
- Un.** and **G** are placed above the third staff.
- E** is placed above the fourth staff.
- >** is placed above the fifth staff.
- G** is placed above the fifth staff.

 The lyrics are as follows:

Thy Mar - tirs, O Lord, in their cou - ra - geous con - test for Thee
 re - ceived as the prize the crowns of in - cor -rup - tion and life from
 Thee, our im - mor - tal God. For since they pos - sessed Thy
 strength, they cast down the ty - rants and whol - ly de - stroyed the

de - mons' strength - less pre - sump - tion. O Christ God, by their

prayers, save our souls, since Thou art mer - ci - ful.

This I say, not only that you may yourselves sing praises, but also that you may teach your wives and children to do so, not merely to lighten the work while weaving, but especially at the table. For since Satan is wont to lie in wait at feasts, and to employ as allies drunkenness, gluttony, immoderate laughter, and an inactive mind; on these occasions, both before and after table, it is especially necessary to fortify oneself with the protection of the psalms and, rising from the feast together with one's wife and children, to sing sacred hymns to God.

-St. John Chrysostom



Saint Anthony of the Kiev Caves

July 10

Apolytikion

Fourth Mode

Intonation: #10

Allegro ♩=150

Un.

Hav - ing left the tur - moil of the world, thou didst fol - low

E

Christ ac - cord - ing to the Gos - pel by re - nounc - ing the

Un.

world; and hav - ing lived a life e - qual to the An - -

G

gels, thou didst at - tain to the qui - et ha - ven of Ho - -

E

ly Mount Ath - os. Thence, with the bless - ing of the fa - -

thers, thou cam - est to the moun-tain of Ki - - ev, and

liv - ing there an ar - du - ous life, thou didst il - lu - mine thy

fa - ther-land. And show - ing a mul - ti - tude of mo - nas - tics the

path that lead - eth to the Heav - en - ly King - dom, thou didst

bring them to Christ. Pray to Him, O Saint An - thon - y,

that He save our souls.



THE HOLY GREAT MARTYR AND ALL-FAMED EUPHEMIA

July 11

Apolytikion

Intonation: #8

Third Mode
"Thy confession"

Λίαν εὐφρανας

Allegro $\text{J}=150$

O Eu - phe - mi - a, Christ's come - ly vir - gin, thou didst
fill — the Or - tho - dox with glad - ness and didst cov - -
er with shame all the her - e - tics; for at the
ho - ly Fourth Coun - cil in Chal - ce - don, thou didst con -

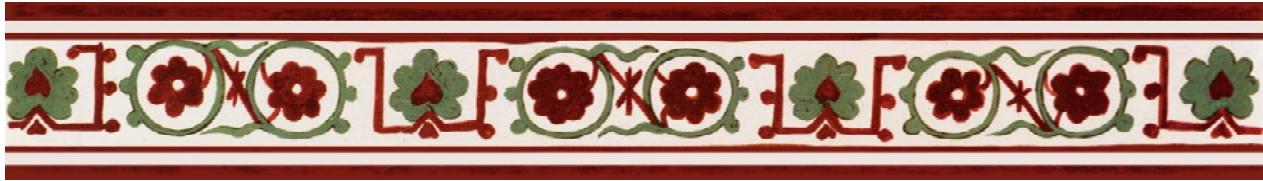
firm what the Fa - thers de - creed__ a - right. O all -

glo - ri - ous Great Mar - tyr, do thou en - treat Christ God that

His great mer - cy may be grant - ed un - to__ us.



SAINT EUPHEMIA



Saint Olga Princess of Kiev Equal to the Apostles

July 11

Apolytikion

First Mode

Intonation: #1

Allegro $\text{J}=150$

D G D

Giv - ing thy mind wings— with the knowl - edge of God,

G > D

thou didst soar be - yond— vis - i - ble crea - tures,

G > D

seek - ing the God and Cre - a - tor_ of all_ things; and hav - ing

G > D

found_ Him, thou didst re - ceive re - birth by bap - tis - m.

Since thou— dost en - joy the Tree of Life, thou re - main - est

in - cor - rupt for all e - ter - ni - ty, O ev - er - glo - ri - ous

Ol - ga.



SAINT OLGA, PRINCESS OF KIEV



The HOLY MARTYRS PROCLUS AND HILARY

July 12

Apolytikion

Fourth Mode

Intonation: #10

"Be quick to anticipate"

Οι μάρτυρές σου Κύριε

Allegro $\text{J}=150$

Thy Mar - tyrs, O Lord, in their cou - ra - geous con - test for Thee
re - ceived as the prize the crowns of in - cor - rup - tion and life from
Thee, our im - mor - tal God. For since they pos-sessed Thy
strength, they cast down the ty - rants and whol - ly de - stroyed the

de - mons' strength - less pre - sump - tion. O Christ God, by their
 prayers, save our souls, since Thou art mer - ci - ful.

O sleepless nights, with the singing of psalms,
 and with standing which lasts from one day to the next!
 O David, only for these faithful souls [the nuns], have you not sung too long!

- St. Gregory of Nazianzus



SUNDAY OF THE HOLY FATHERS OF THE SEVEN ECUMENICAL COUNCILS

July 13-19

Apolytikion

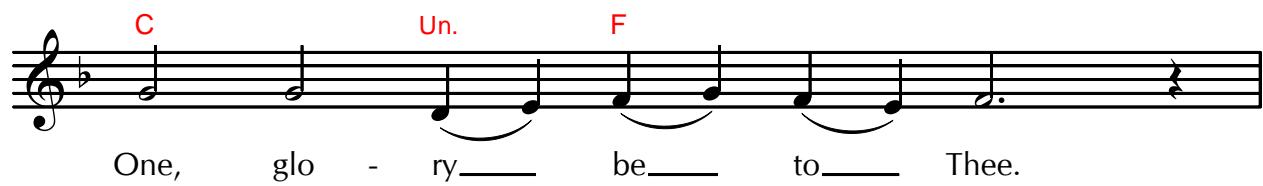
Intonation: #25

Plagal Fourth Mode

Της Επιδερμίδης ασυμένης εί

Allegro ♩=150

A musical score for a four-part choir. The top part (Soprano) has lyrics: "Most glo - ri - fied art Thou, O___ Christ_ our__ God," with red markings 'F' and 'C' above the first two notes. The second part (Alto) continues: "Who hast es - tab - lished our Fa - thers as lu - mi - nous." The third part (Tenor) starts: "stars up - on___ the___ earth, and through them didst." The bottom part (Bass) starts: "guide us all__ to the true___ Faith. O Most Mer - ci - ful." Red markings 'Un.' and 'F' are above the first note of the third part, and 'C' is above the first note of the fourth part.





SUNDAY OF THE HOLY FATHERS OF THE SEVEN ECUMENICAL COUNCILS

July 13-19

Kontakion

Intonation: #25

Plagal Fourth Mode

Allegro $\text{♩} = 150$

Τῶν Ἀποστόλων

The preaching of the Apostles and the doctrines of
the Fathers confirmed the one Faith in the
Church. And wearing the garment of truth, woven from
the theologos - o - gy on high, she

Musical notation for two staves in G clef and common time.

Staff 1:

- Notes: A quarter note, eighth note, eighth note, quarter note, eighth note, eighth note, quarter note, eighth note, eighth note, quarter note, eighth note, eighth note.
- Text: right - ly di - vid - eth and glo - ri - fi - eth the great
- Annotations: Red 'C' above the 5th note, red 'F' above the 9th note, and a greater than sign (>) above the 10th note.

Staff 2:

- Notes: Quarter note, eighth note, eighth note, quarter note, eighth note, eighth note, quarter note, eighth note, eighth note, quarter note, eighth note, eighth note.
- Text: mys - ter - y of pi - e - ty.
- Annotations: Red 'Un.' above the 2nd note, red 'F' above the 5th note, and a fermata symbol over the 11th note.





THE SYNAXIS OF THE ARCHANGEL GABRIEL

July 13

Apolytikion

Intonation: #10

Fourth Mode

"*Thou Who wast raised up*"

Allegro $\text{♩} = 150$

Tῶν οὐρανίων

G E Un. G
Su - preme Com - mand - er of the Hosts of the Heav - ens, we, the un - wor - thy, im - por - tune and be - seech thee that by thy sup - pli - ca - tions thou en - cir - cle us in the shel - ter of the wings of thine

Un. G > F

im - ma - te - ri - al glo - ry, guard-ing us who now fall

E

down and cry to thee with fer - - - - - vour: De -

> Un. G

liv - er us from dan - gers of all kinds, as the great mar -

E

shal of the heav - en - ly hosts___ on high.





Saint Stephen of Mar Saba Monastery

July 13

Apolytikion

Intonation: #25

Plagal Fourth Mode

Allegro $\text{J}=150$

Ὀρθοδοξίας ὁδηγέ

F C >

Guide of Orthodoxy, teacher of piety

Un. F D

and holiness, luminary of the

C Un.

world, God-in-spired adornment of monasteries,

C

tics, O wise Stephen, by thy teachings thou

hast en - light - ened all, O harp of the Spir -

it. In - ter - cede with Christ God that our souls

be — saved.

The book of psalms uproots the passions
with a certain melodic enjoyment
and a delight that instills
pure thoughts.

- St. Basil the Great



The HOLY MARTYR GOŁINDUC

July 13

Apolytikion

Fourth Mode (hard chromatic)

"Joseph was amazed"

Intonation: #19

Ἡ ἀμνάς σου Ἰησοῦ

Allegro $\text{♩} = 150$

O Lord Je - sus, un - to Thee Thy lamb doth cry with
a great voice: O my Bride - groom, Thee I love; and
seek - ing Thee, I now con - test, and with Thy bap - tism am
cru - ci - fied and bur - - - ied. I suf - fer

for Thy sake, that I may reign with Thee;

Diatonic

for Thy sake I die, that I may live

Diatonic

in Thee: ac - cept me of - fered out of long - ing to

Thee as a spot - less sac - ri - fice. Lord,

Diatonic

save our souls through her in - ter - ces - sions, since

Thou art great in mer - - - - cy.





The HOLY APOSTLE AQUILA

July 14

Apolytikion

Third Mode

Intonation: #8

Allegro $\text{♩} = 150$

Απόστολε ἄγιε

O ho - ly A - pos - tle A - quil - a, in - ter -

cede_ with the_ mer - ci - ful God that He grant un -

to our souls for - give - ness of of - fenc - es.



THE HOLY HIEROMARTYR JOSEPH ARCHBISHOP OF THESSALONICA

July 14

Apolytikion

Intonation: #10

Fourth Mode

Allegro $\text{♩} = 150$

Καὶ τρόπων μέτοχος

As a shar - er of the ways and a suc - ces - sor to

the throne of the A - pos - tles, O in - spired of

God, thou found - est dis - ci - pline to be a means of as - cent

to di - vine vi - sion. Where-fore, hav - ing right - ly di - vid -

ed the word of truth, thou didst al - so con - test for the Faith
e - ven un - to blood, O Hier - o - mar - tyr Jo - - seph.
In - ter - cede with Christ our God that our souls be saved.

Psalmody in a crowded congregation is accompanied by captivity and wandering of the thoughts; but in solitude, this does not happen. However, those in solitude are liable to be assailed by despondency, whereas in congregation the brethren help each other by their zeal.



Saint Nicodemus of the Holy Mountain

July 14

Apolytikion

Third Mode

"Awed by the beauty"

Intonation: #8

Σοφίας χάριτι

Allegro $\text{J}=150$

F

C

>

C

F

D

F

Thou hast been shown to be _____ a god - ly clar - i -
on of ho - ly or - a - cles, _____ teach - ing us
right - eous - ness. Thou wast a - dorned with wis - dom's grace, O
Fa - - ther, Saint Nic - o - de - mus For thou didst pre -

sent__ to all____ thy pure life as a par - a -
 digm, pour - ing forth en - light - en - ment by the
 wealth_ of thy god - ly words. Thy teach - ings of sal - va -
 tion il - lu - mined as light the whole world, O right - eous
 Fa - - ther.





THE HOLY MARTYRS CYRICUS AND HIS MOTHER JULITTA

July 15

Apolytikion

Intonation: #10

Fourth Mode

"Thou Who wast raised up"

Ἡ καλλιμάρτυς

Allegro $\text{♩} = 150$

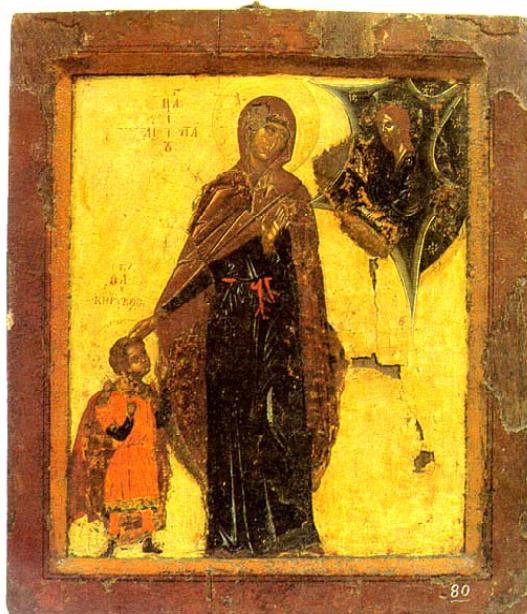
Bless - ed Ju - lit - ta, — Christ God's ra - tion - al

ewe-lamb, with ho - ly Cyr - i - cus, her three -

year - old off - spring, stood at the judg - ment seat and with au -

thor - i - ty and great bold - ness they — pro - claimed the true

G > F
 Faith— of the Chris-tians. In no wise were they a —
 E >
 fraid of the threats of the ty - - - - rants; and
 Un. G
 now in Heav - en, wear - ing pre - cious crowns, they both re - joice—
 E
 as they stand be - fore Christ— our God.



SAINTS CYRICUS AND JULITTA



Saint Vladimir Great Prince of Kiev Equal to the Apostles

July 15

Apolytikion

Fourth Mode

Intonation: #10

Allegro $\text{♩} = 150$

Thou wast like a mer-chant who seek - eth a good - ly pearl,

O glo - ri - ous Sov - 'reign Vlad - i - mir, sit - ting on the

height of the throne of the moth - er of cit - ies, God - pro -

tect - ed Ki - ev. Search - ing and send - ing to the im -

pe - ri - al cit - y to know the Or - tho - dox Faith, thou didst find

Christ, the price - less Pearl, Who chose thee as a sec - ond Paul,

and_ Who did shake off thy spir - i - tu - al and bod - i - ly

blind - ness in the ho - ly font. Where-fore, we who are thy

peo - ple cel - e - brate thy fall - ing a - sleep. Pray that thy

land of Rus - sia be saved, and that Or - tho - dox peo - ple be

grant - ed peace_ and great mer - cy.



Saint Matrona of Chios

July 15

Apolytikion

Third Mode

"Awed by the beauty"

Intonation: #8

Allegro $\text{♩} = 150$

Fol - low - ing in____ the steps____ of Christ with ar - dent

faith, thou didst for - sake____ the world____ with all its

fleet - ing joys and in the flesh thou yet_ didst live the

life____ of the ho - ly An - gels. Where-fore thou hast

filled— with joy—— all of Chi - os, thy na - - tive

isle, with the Spir - it's man - y—— gifts, right - eous

Moth - er ac-claimed of all. And all with joy cry out——

to thee, say - ing, Re - joice, O all - ven - 'ra - ble Ma -

tro - na.





The HOLY HIEROMARTYR ATHENOCENES

July 16

Apolytikion

Intonation: #10

Fourth Mode

Allegro $\text{♩} = 150$

Καὶ τρόπων μέτοχος

Un.

G

As a shar - er of the ways and a suc - ces - sor to

E

Un.

the throne of the A - pos - tles, O in - spired - of

G > Un. G >

God, thou found - est dis - ci - pline to be a means of as - cent

E

Un.

to di - vine vi - sion. Where-fore, hav - ing right - ly di -

vid - ed the word of truth, thou didst al - so con - test for the

Faith - e - ven un - to blood, O Hier - o - mar - tyr A - the -

nog - en - es. In - ter - cede with Christ our God that our

souls - be saved.

Chanting is the work of the Bodiless Powers,
who stand beside God and praise Him unceasingly.

- Antiochos



The HOLY GREAT MARTYR MARINA (MARGARET)

July 17

Apolytikion

Fourth Mode (hard chromatic)

"Joseph was amazed"

Intonation: #19

Ὕ ἀμνάς σου Ἰησοῦ

Allegro ♩=150

O Lord Je - sus, un - to Thee Thy lamb doth cry with
a great voice: O my Bride - groom, Thee I love; and

seek - ing Thee, I now con - test, and with Thy bap - tism am

cru - ci - fied and bur - - - ied. I suf - - fer

Diatonic

D

G

D

G

for Thy sake, that I may reign with Thee;

Diatonic

for Thy sake I die, that I may live

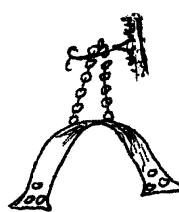
Diatonic

in Thee: ac - cept me of - fered out of long - ing to

Thee as a spot - less sac - ri - fice. Lord,

save our souls through her in - ter - ces - sions, since

Thou art great in mer - - - - cy.





The HOLY MARTYR EMILIAN

July 18

Apolytikion

Fourth Mode

Intonation: #10

"Be quick to anticipate"

Ο μάρτυς σου Κύριε

Allegro $\text{J}=150$

Thy Mar - tyr, O Lord, in his cou - ra - geous con - test for Thee

re - ceived as the prize the crown of in - cor -rup - tion and life from

Thee, our im - mor - tal God. For since he pos - sessed Thy

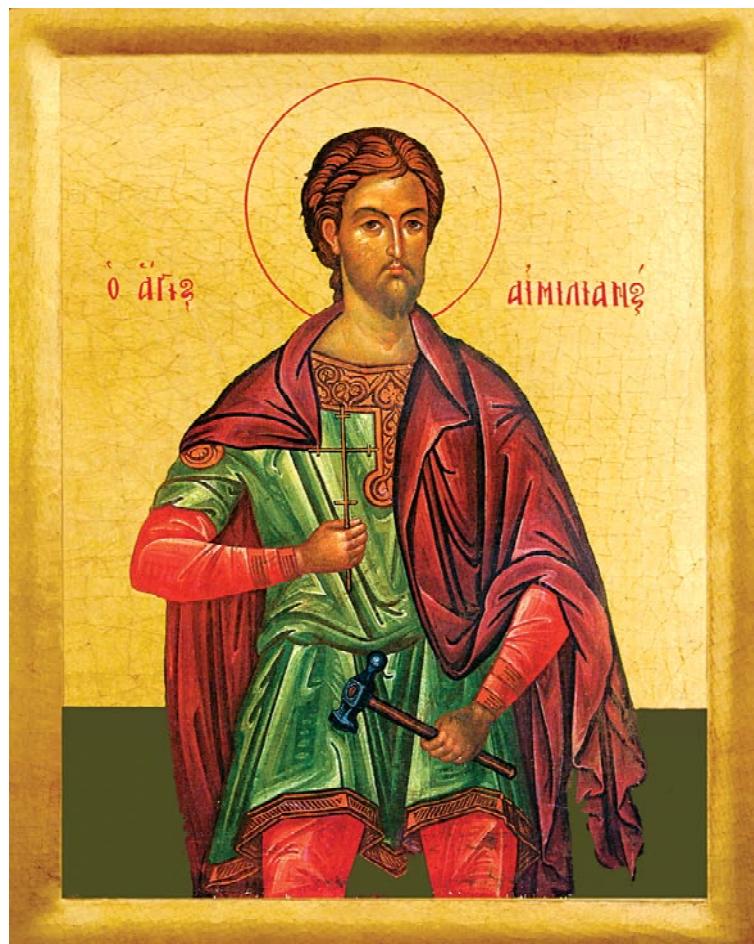
strength, he cast down the ty - rants and whol - ly de - stroyed the



 de - mons' strength - less pre - sump - tion. O Christ God, by his



 prayers, save our souls, since Thou art mer - ci - ful.



SAINT EMILIAN



Saint Macrina THE SISTER OF ST. BASIL THE GREAT

July 19

Apolytikion

Intonation: #25

Plagal Fourth Mode

Ἐν σοὶ Μῆτερ ἀκριβῶς

Allegro ♩=150

A musical score for "Amen" featuring four staves of music and lyrics. The music is in common time, key signature of one flat, and consists of eighth and sixteenth notes. Red markings indicate specific notes: 'F' above the first staff, 'C' above the second staff, 'Un.' above the third staff, and 'F' above the fourth staff. The lyrics are as follows:

In thee the im - age was pre-served with ex - act - ness,
O__ Moth - er; for tak - ing up thy cross, thou didst
fol - low Christ, and by thy deeds thou didst teach us to o -
ver - - look__ the__ flesh, for it pass - eth a - way, but

to at - tend_ to_ the soul since it is im - mor -

F > C >

tal. Where - fore, O right - eous Mac - ri - na, thy spir - it re -

Un.

joic - eth with the An - gels.





Saint DIUS

July 19

Apolytikion

First Mode

Intonation: #1

Allegro $\downarrow=150$

Τῆς ἐρήμου πολίτης

D

Thou didst prove to be a cit - i - zen of the des -

ert, an an - gel in the flesh, and a won - der - work -

er, O Di - us, our God - bear - ing Fa - ther.

By fast - ing, vig - il, and prayer thou didst ob - tain —

heav - en - ly gifts, and thou heal - est the sick

and the souls of them that have re - course to thee with faith.

Glo - ry to Him__ that hath giv - en thee strength.

Glo - ry to Him__ that hath crowned__ thee. Glo - ry to

Him that work - eth heal - ings_ for all__ through__ thee.





Saint Theodore Bishop of Edessa

July 19

Apolytikion

Intonation: #25

Plagal Fourth Mode

Allegro $\text{J}=150$

Ὀρθοδοξίας ὁδηγέ

F C > Guide of Orthodoxy, teacher of piety

Un. F D and holiness, luminarity of the

C Un. world, God-in-spired adornment of hier-

C archs, O wise The - o-dore, by thy teachings thou

hast en - light - ened all, O harp of the Spir -

it. In - ter - cede with Christ God that our souls

be saved.

And even if you do not understand the meaning of the words, for the time being teach your mouth to say them, for the tongue is sanctified by the words alone whenever it says them with good will.

- St. John Chrysostom



Saint Seraphim of Sarov

July 19

Apolytikion

Intonation: #10

Fourth Mode

Allegro $\text{♩} = 150$

Thou didst love Christ from thy youth, O bless - ed one, and ar - dent -

ly de - sir - ing to work_ for Him a - lone, thou didst strug - gle

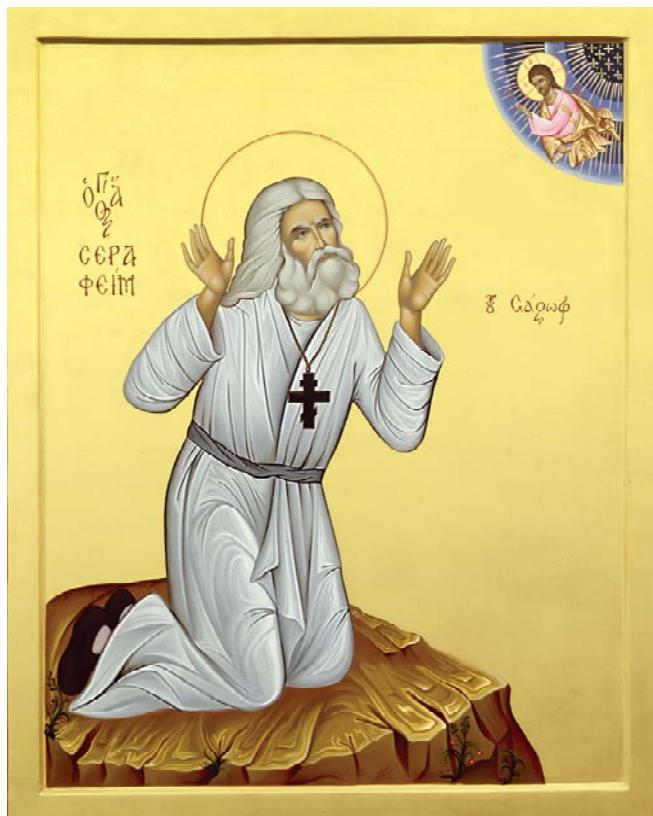
in the wild - er - ness with con - stant prayer and la - - bour; and

hav - ing ac - quired_ love for Christ_ with com-punc-tion of heart,

thou didst prove to be the be - lov - ed fa - vourite of the Moth -

er of God. Where-fore, we cry to thee: Save us by thy

prayers, O Ser - a - phim, our ho - ly Fa - ther.





Saint Seraphim of Sarov

July 19

Kontakion

Second Mode

Intonation: #4

Allegro $\text{J}=150$

Un.

Hav - ing left _____ the beau - ty of the world and what

G

is cor - rupt there - in, — O Saint, thou didst set - tle in the

E

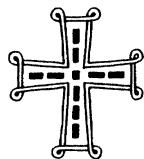
Mon - as - ter - y of Sar - - - ov. And hav - ing

Un.

lived there an an - gel - ic life, thou wast for man -

G

y the way un - to sal - va - - - - tion. Where-fore,
E Un.
 Christ hath glo - ri - fied thee, O Fa - ther Ser - - a - phim, and
G E Un.
 hath en - riched thee with_ the gift of heal - ing and mir - - a -
Un. G
 cles. And so we cry to thee: Re - joice, O Ser - - a -
Un. E Un.
 phim, our ho - ly Fa - - - - ther.





The HOLY AND GLORIOUS PROPHET ELIAS THE THESBITE (ΕΛΙΑΗ ΤΗΣΒΙΤΗ)

July 20

Apolytikion

Fourth Mode

Intonation: #10

"Be quick to anticipate"

Ο ἐνσαρκος ἄγγελος

Allegro $J=150$

The in - car - nate An - gel, and the Proph - ets' sum - mit and boast,

the sec - ond fore - run - ner of the com - ing of Christ our God, E -

li - as, the glo - ri - ous, from a - bove sent down his

grace up - on El - is - se - us; he doth cast out sick - ness



THE PROPHET ELIAS



THE HOLY AND GLORIOUS PROPHET ELIAS THE THESBITE (ΕΛΙΓΑΝ ΤΗΣΒΙΤΗ)

July 20

Kontakion

Second Mode

Intonation: #4

Allegro $J=150$

Προφήτα καὶ προόπτα

The musical score consists of four staves of music. The first staff starts with a note labeled 'Un.' (Unterhaltung), followed by a series of eighth notes. The second staff begins with a note labeled 'G' (Γάλλη), followed by a series of eighth notes. The third staff begins with a note labeled 'E' (Ελληνική), followed by a series of eighth notes. The fourth staff ends with a note labeled 'Un.' (Unterhaltung), followed by a series of eighth notes.

The lyrics are as follows:

O re - nowned____ E - li - as, Proph - et and se - er of the
might - y works____ of God, who by thy word didst check the
rain____ clouds: In - ter - cede in our_ be - half with the
on - ly Friend____ of man.



Saints John and Symeon the Fool for Christ's Sake

July 21

Apolytikion

Intonation: #10

Fourth Mode

Allegro ♩=160

Ο Θεὸς τῶν Πατέρων ἡμῶν

Un. G >

O God of our Fa - thers, ev - er deal - ing with us ac - cord - ing

E Un.

to Thy gen - tle - ness: take not Thy mer - cy from us,

G E

but by their en - treat - ies guide our life____ in peace.



THE HOLY MYRRH-BEARER AND EQUAL TO THE APOSTLES MARY MAGDALENE

July 22

Apolytikion

First Mode

Intonation: #10

"The soldiers standing guard"

Χριστῷ τῷ δι' ἡμᾶς

Allegro ♩=150

G

When Christ God had been born for our sakes from the

Vir - gin, thou faith - ful - ly didst fol - low Him, keep -

ing - His stat - utes and heed - ing His sa - cred laws, -

O au - gust Mar - y Mag - da - lene. Hence, - as

Un.

we — to - day ob - serve thy ho - ly re - mem-brance,

we — re - ceive — the loos - ing of our sins — and — trans -

Un.

gres - sions through thy ho - ly prayers — for us.





Saint MARCELLA OF CHIOS

July 22

Apolytikion

First Mode

"*While Gabriel was saying*"

Intonation: #1

Allegro ♩=150

O - bey - ing the Lord's sav - - ing com - mand - ments and di - vine -

laws, thou with zeal didst blame - less - ly keep - them, O ven - 'ra -

ble Mar - cel - la; and fear - - ing thy fa - ther's vi - o -

lence, O pure and un - cor - rupt - ed bride of Christ,

thou didst flee— in - to the moun - tains, where in pur - suit
 he found— thee and seized and slew— thee. Glo - ry to
 Christ— that hath giv - en thee strength. Glo - ry to
 Him— that hath crowned— thee. Glo - ry to Him that work - eth
 heal - ings— for all— through— thee.





THE SYNAXIS OF THE ICON OF THE THEOTOKOS OF POCHAEV

July 23

Apolytikion

Intonation: #13

Plagal First Mode

Allegro $\text{♩} = 150$

A
They that pray be - fore thy ho - ly i - con, O sov - 'reign

G
La - dy, are made wor - thy of heal - ing, re -

A
ceive the gift of un - der - stand - ing of the true__ Faith,

G
and re - pel the at - tacks__ of the Hag - a - renes; like - wise for

G A >

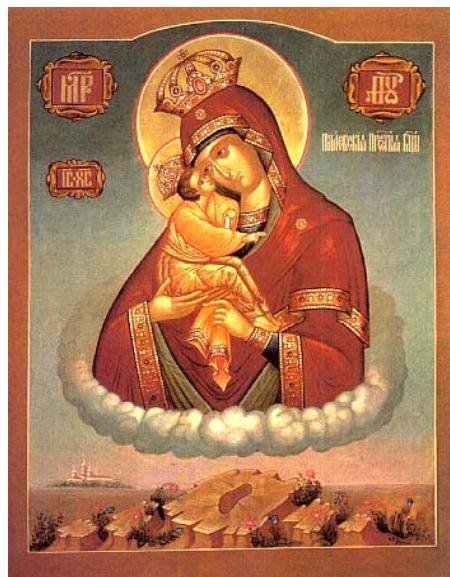
us who fall down be - fore thee, do thou ask for for -

> give - ness of sins. En - light - en our hearts with de - vot

> pur - pose and raise thy prayer to thy Son for the sal -

va - tion of our souls.

Un.





SYNAXIS OF THE ICON OF THE THEOTOKOS THE "JOY OF ALL THAT SORROW"

July 23

Apolytikion

Intonation: #10

Fourth Mode

"Thou Who wast raised up"

Allegro $\text{♩} = 150$

Τῇ Θεοτόκῳ ἐκτενῶς

To God's Birth - giv - er____ let us run____ now most
ear - nest - ly, we sin - ners all____ and____ wretch - ed
ones, - and fall pros - trate in re - pen-tance, call - ing from the
depths of our souls: La - dy, come un - to____ our aid,

Un. G > F

have com - pas - sion up - on us; has - ten thou, for we are

E >

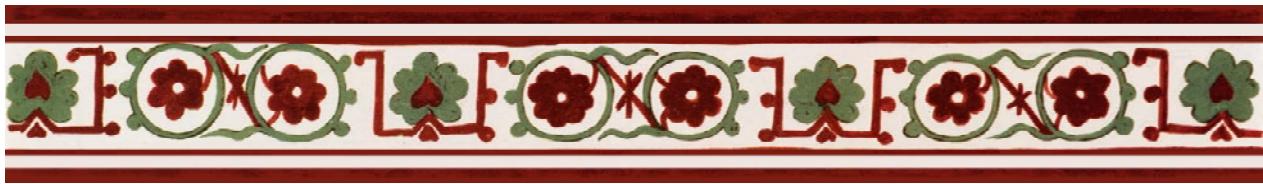
lost in a throng of trans - gres - - - - sions; turn

> Un. G

not thy ser - vants a - way_ with emp - ty hands, for thee a -

lone_ do we have as our on - ly hope.





SYNAXIS OF THE ICON OF THE THEOTOKOS THE "JOY OF ALL THAT SORROW"

July 23

Kontakion

Plagal Second Mode

Intonation: #17

Allegro $\text{♩} = 150$

We have no oth - - - er help, we have no oth - er hope, but

thee, O sov-'reign La - dy; do thou help _____ us. In

thee do we hope, and of thee do we boast, for we are thy

ser - vants. Let us not be put _____ to shame.



The HOLY PROPHET EZEKIEL

July 23

Apolytikion

Second Mode

Intonation: #4

Allegro $\text{♩} = 150$

Τοῦ Προφήτου σου

Un.

As we cel - - - e - brate the mem - o - ry of Thy

G > E

Proph - et E - ze - ki - el, O Lord, through him we be -

> Un.

seech Thee to save our souls.



THE TRANSLATION OF THE HOLY RELICS OF THE HOLY HIEROMARTYR PHOCAS

July 23

Apolytikion

Intonation: #10

Fourth Mode

Allegro $\text{♩} = 150$

Καὶ τρόπων μέτοχος

As a shar - er of the ways and a suc - ces - sor to

the throne of the A - pos - tles, O in - spired of

God, thou found - est dis - ci - pline to be a means of as - cent

to di - vine vi - sion. Where-fore, hav - ing right - ly di - vid -

G

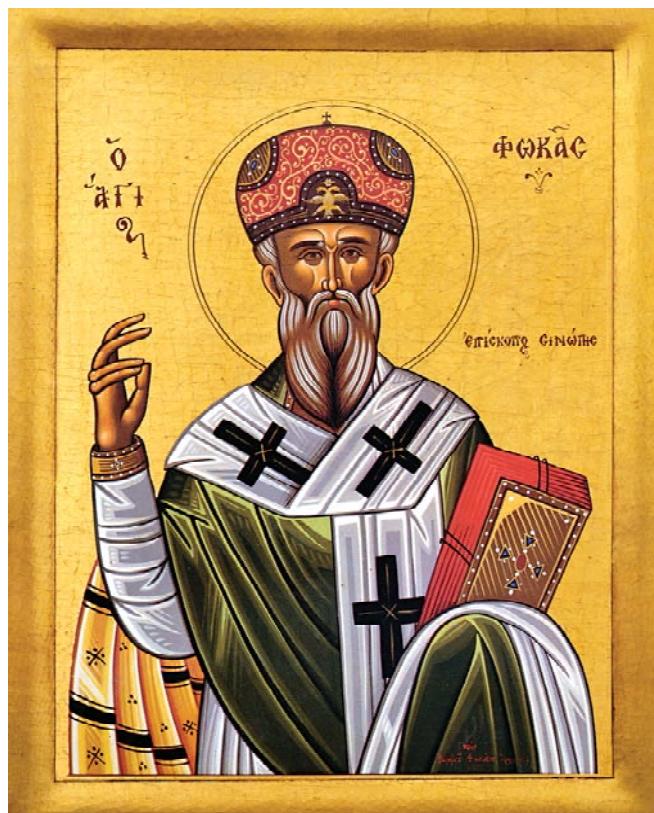
ed the word of truth, thou didst al - so con - test for the Faith

E

e - ven un - to blood, O Hier - o - mar - tyr Pho - cas.

Un.

In - ter - cede with Christ our God that our souls be saved.



Saint Phocas



The HOLY GREAT MARTYR CHRISTINA

July 24

Apolytikion

Fourth Mode (hard chromatic)

"Joseph was amazed"

Intonation: #19

Ἡ ἀμνάς σου Ἰησοῦ

Allegro $\text{♩} = 150$

O Lord Je - sus, un - to Thee Thy lamb doth cry with
a great voice: O my Bride - groom, Thee I love; and
seek - ing Thee, I now con - test, and with Thy bap - tism am
cru - ci - fied and bur - - - ied. I suf - fer

for Thy sake, that I may reign with Thee;

Diatonic

for Thy sake I die, that I may live

Diatonic

in Thee: ac - cept me of - fered out of long - ing to

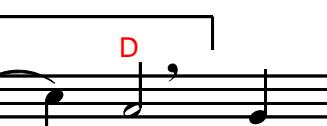
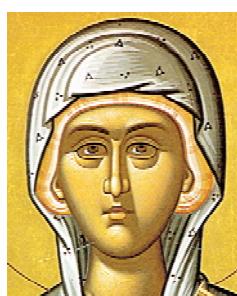
Thee as a spot - less sac - ri - fice. Lord,

save our souls through her in - ter - ces - sions, since

Thou art great in mer - - - - cy.







The HOLY PASSION-BEARERS BORIS AND GLEB

July 24

Apolytikion

Second Mode

Intonation: #4

Allegro $\text{J}=150$

O right - eous Pas - sion - bear - ers and true ful - fill - ers

of the Gos - pel of Christ, chaste Bo - ris__ and guile - less

Gleb, ye did not op - pose the on-slaughts of your en - e -

my, your broth - er, who though kill - ing your bod - ies was un -

E

a - ble to touch— your souls. Let the e - vil lov - er of

> Un. >

pow - er mourn there - fore, while ye re - joice with the an -

E Un. G

gel - ic choirs; and as ye stand be - fore the Ho - ly

>

Trin - i - ty, pray for the souls of them that hon - our your

>

mem - o - ry, that they may be pleas - ing to God; and

>

Un. >

by your in - ter - ces - sions, pray that all Or - tho - dox

>

Un. >

peo - ple may be saved.



THE DORMITION OF SAINT ANNA THE MOTHER OF THE THEOTOKOS

July 25

Apolytikion

Intonation: #10

Fourth Mode

Ζωὴν τὴν κυήσασαν

Allegro $\text{J}=150$

O god - ly mind - ed An - na, thou didst give birth un - to God's pure
Moth - er who con - ceived_ Him Who is our Life.
Where-fore, thou hast now passed with joy to thy heav - en - ly
rest, where - in is the a - bode of them__ that re -

joyce in glo - ry; and thou ask - est for - give - ness of

Un.
 sins for them that hon - our thee with love, O ev - er -

E
 bless - ed one.





The DORMITION OF SAINT ANNA THE MOTHER OF THE THEOTOKOS

July 25

Kontakion

Intonation: #4

Second Mode

"Thou soughtest the heights"

Προγόνων Χριστοῦ

Allegro $\text{J}=150$

We cel - e - brate now the mem - 'ry of Christ's an - ces -

tors, while ask - ing their help with faith, that we may all____ be

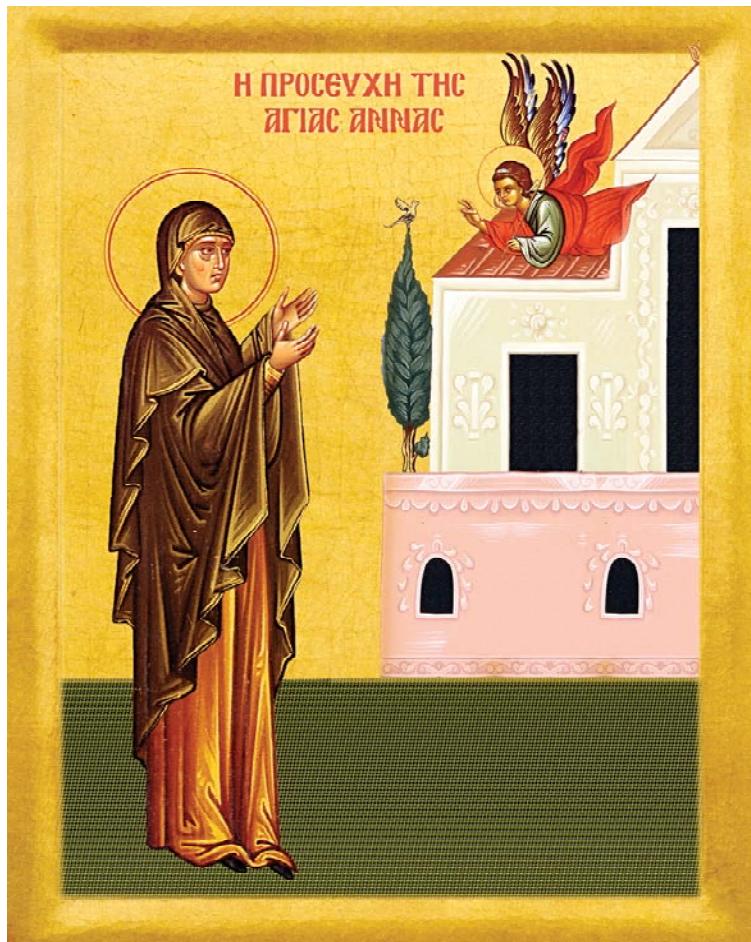
saved from all man - ner of trib - u - la - tion as we fer - vent - ly

cry____ a - loud: Be Thou with us, O Lord____ our

Un.

God, Whose pleas - ure it was to glo - ri - fy

them both.



THE PRAYER OF SAINT ANNA



The HOLY HIEROMARTYRS HERMOLAUS, HERMIPPUS, AND HERMOCRATES

July 26

Apolytikion

Intonation: #10

Fourth Mode *"Be quick to anticipate"*

Οι μάρτυρες σου Κύριε

Allegro ♩=150

Un. G E >

Thy Mar - tyls, O Lord, in their cou - ra - geous con - test for Thee

G Un. G

re - ceived as the prize the crowns of in - cor - rup - tion and life from

> E G

Thee, our im - mor - tal God. For since they pos - sessed Thy

Un. G >

strength, they cast down the ty - rants and whol - ly de - stroyed the

de - mons' strength - less pre - sump - tion. O Christ God, by their
 prayers, save our souls, since Thou art mer - ci - ful.



Saints Eubula, Pantaleimon, and Hermolaus



The HOLY RIGHTEOUS MARTYR PARASKEVE

July 26

Apolytikion

First Mode

Intonation: #1

Allegro $\text{♩} = 150$

Τὴν σπουδήν σου

D

Show - ing a dil - i - gence be - fit - ting thy call - ing, O

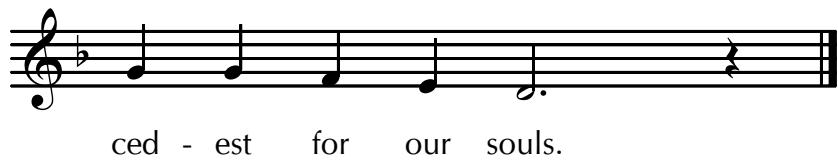
name - sake of pre - par - ed - ness, thou hast gained, as thy dwell -

ing, a faith wor - thy of thy name, O prize-win - ning Pa -

ra - ske - ve. Hence, thou pour - est forth heal - ings and in - ter -

1110

July 26 - St. Paraskeve



SAINT PARASKEVE



THE HOLY GREAT MARTYR AND HEALER PANTELEIMON

July 27

Apolytikion

Third Mode

Intonation: #8

Allegro $\text{J}=150$

Αθλοφόρε ἄγιε

O ho - ly prize-win - ner and heal - er Pan - te - lei - mon,
in - ter - cede_ with the mer - ci - ful God that He grant un -
to our souls for - give - ness of of - fenc - es.



The HOLY GREAT MARTYR AND HEALER PANTELEIMON

July 27

Kontakion

Intonation: #13

Plagal First Mode

Allegro $\text{J}=150$

Μιμητής ύπαρχων

Since thou art an im - i - ta - tor of the Mer - ci - ful

One, and hast re - ceived from Him the grace of heal - ing, O

prize - win - ner and Mar - tyr of Christ our God, by thy

prayers - heal the dis - eas - es of our souls, and ev - er dis -

pel the stum - bling - blocks_ of the en - e - my from them that

cry un - ceas - ing - ly: Save__ us, O Lord.





The HOLY APOSTLES OF THE SEVENTY AND DEACONS PROCHORUS, NICANOR, TIMON, AND PARMENAS

July 28

Apolytikion

Intonation: #8

Third Mode

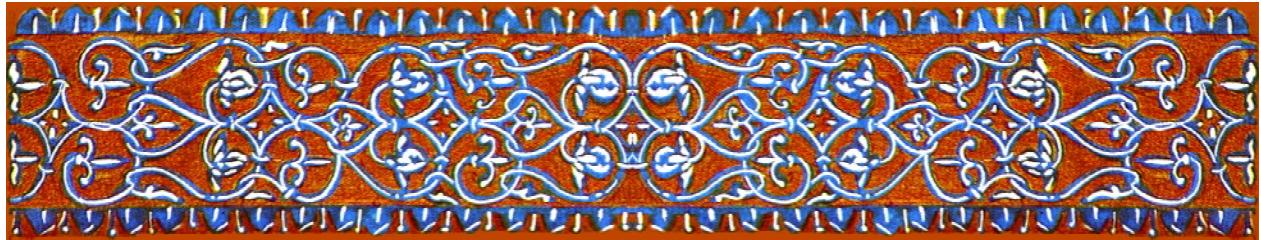
Ἄποστολοι ἀγιοι

Allegro $\text{♩} = 150$

O ho - ly A - pos - tles, in - ter - cede_ with the_

mer - ci - ful God that He grant un - to our souls for -

give - ness of of - fenc - es. —



Saint Irene Abbess of the Convent of Chrysovalantou

July 28

Apolytikion

Intonation: #13

Plagal First Mode
"Let us worship the Word"

Allegro $\text{J}=150$

Not a tem - po - ral king - dom on earth didst thou ob - tain, but

Christ, thy most come - ly Bride - groom, vouch-safed thee heav - en - ly

crowns, and thou reign - est as a queen with Him e - ter - nal -

ly; for thou didst ded - i - cate thy - self un - to

G

Him with all thy soul, O I - rene, our right - eous Moth -

A

er, thou boast of Chrys - o - va - lan - tou, and might - y

Un.

help of all the Or - tho - dox.





The HOLY MARTYR CALLINICUS

July 29

Apolytikion

Fourth Mode

Intonation: #10

"Be quick to anticipate"

Ο μάρτυς σου Κύριε

Allegro $\text{J}=150$

Thy Mar - tyr, O Lord, in his cou - ra - geous con - test for Thee
re - ceived as the prize the crown of in - cor -rup - tion and life from
Thee, our im - mor - tal God. For since he pos - sessed Thy
strength, he cast down the ty - rants and whol - ly de - stroyed the


 The image shows two staves of musical notation. The top staff is in common time with a treble clef. It contains eight measures of music, each consisting of a quarter note followed by a eighth note. The lyrics are: "de - mons' strength - less pre - sump - tion. O Christ God, by his". Red labels are placed above the notes: 'E' above the first measure, 'Un.' above the fifth measure, 'G' above the sixth measure, and 'E' above the eighth measure. The bottom staff continues the musical line, starting with a quarter note followed by an eighth note. The lyrics continue: "prayers, save our souls, since Thou art mer - ci - ful." The red labels 'G' and 'E' are placed above the notes corresponding to the words 'since' and 'mer'.



Saint Callinicus



The HOLY VIRGIN MARTYR THEODOTA

July 29

Apolytikion

Fourth Mode (hard chromatic)

"Joseph was amazed"

Intonation: #19

Ἡ ἀμνάς σου Ἰησοῦ

Allegro ♩=150

O Lord Je - sus, un - to Thee Thy lamb doth cry with
a great voice: O my Bride - groom, Thee I love; and
seek - ing Thee, I now con - test, and with Thy bap - tism am
cru - ci - fied and bur - - - ied. I suf - fer

for Thy sake, that I may reign with Thee;

Diatonic

for Thy sake I die, that I may live

Diatonic

in Thee: ac - cept me of - fered out of long - ing to

Thee as a spot - less sac - ri - fice. Lord,

save our souls through her in - ter - ces - sions, since

Thou art great in mer - - - - cy.





The HOLY APOSTLES OF THE SEVENTY SILAS, SILVAN, CRESSENS, EPENETUS, AND ANDRONICUS

July 30

Apolytikion

Intonation: #8

Third Mode

Ἄποστολοι ἀγιοι

Allegro $\text{♩} = 150$

O ho - ly A - pos - tles, in - ter - cede_ with the_

mer - ci - ful God that He grant un - to our souls for -

give - ness of of - fenc - es. ---



THE HOLY AND JUST EUDOCIMUS

July 31

Apolytikion

Fourth Mode

Intonation: #10

"Be quick to anticipate"

'Εκ γῆς ὁ καλέσας

Allegro $\text{♩}=150$

The One that hath called thee from the earth to Heav - en to dwell

pre - serv - eth thy bod - y un - cor - rupt - ed af - ter thy death, O

saint - ly Eu - do - ci - mus; for in liv - ing mod - est -

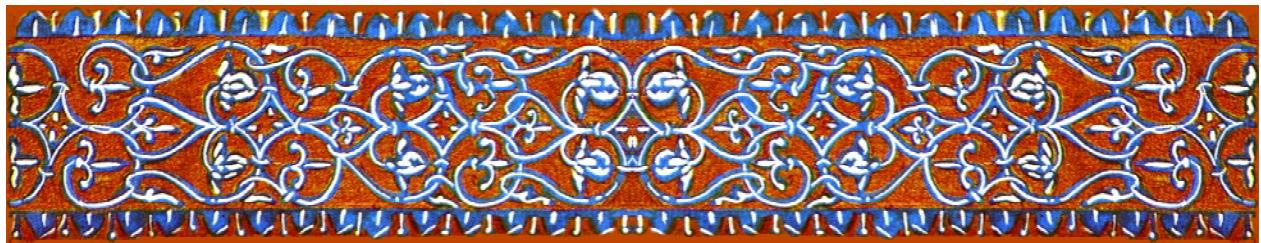
ly and chaste - ly, O blest one, thou didst keep thy flesh free

of all stain_and and de - file - ment; with bold-ness, there-fore,

pray un - to Christ that we may all be saved.



Saint Eudochius



Saint Joseph of Arimathea

July 31

Apolytikion

Intonation: #13

Plagal First Mode
"Let us worship the Word"

Allegro $\text{J}=150$

Let us hon - our the man__ that gave bur - i - al to God and

showed com - pas - sion to Him_ by Whose mer - cy all_____ things ex -

ist: Christ the An - gel of Great Coun - sel's No - ble Coun - sel -

lor: who gave his nar - row grave to Christ and re -

ceived as rec - om - pense the vast__ spa - cious - ness of Heav -

A G Un.

en, where he en - treat - eth the Sav - iour to show His

mer - cy to those prais - ing__ him.





Saint Germanus of Auxerre

July 31

Apolytikion

Fourth Mode

Intonation: #10

"Be quick to anticipate"

Allegro $\text{J}=150$

In Gaul and in Brit - ain thy good name is tru - ly re-nowned,
for thou didst strive stead - fast - ly a - gainst the doc - trines of foul Pe -
la - gius of e - vil fame. Where-fore, O Ger - ma - nus,
we en - treat thee with fer - vour: drive all e - vil teach - ing





Saint Athanasius of Athos

July 5

Vespers Doxasticon

Plagal Second Mode

Intonation: #20

Andante $\text{♩} = 94$

Δόξα... Ὡς ἐνθεος

Glo - - - ry to the Fa - ther, and to the the

Son, and to the Ho - ly Spir - it.

How— god — ly— was thy— life, and—

G **Diatonic**

how— com — - - - plete - ly sa - - - - cred—

D

thine— end, O— Fa - - - - ther Ath - - a -

na - - - - sius! For at thine end, all the

mul - ti - tudes of Ath - - - - os gath - ered; and

Diatomic

as— they— be - held— thee with - out

Un.

breath— up - on thy— bed, they ex - claimed—

A

with— mourn - ful— cries: Give thy serv - - - - -

G **Diatonic**

ants a last word, O Saint.

In - struct us, O Fa - ther, where hast thou left thy

chil - dren, whom thou didst pit -

y as a tru - ly com - pas - sion - ate and

lov - ing fa - - - - ther? Yet though the

grave cov - - er - eth thee here, on

high we all have thee. as our

Diatonic

 cham pi on and in - ter - ces - - - - sor

with God, as we hon - - - our thee

D
with love.

Continue with the Dogmatic Theotokion in plagal second mode on page 337 of our Vespers book. On Saturdays, however, continue with the Dogmatic Theotokion in the mode of the week.

Vespers Aposticha Doxasticon

Plagal Second Mode

Intonation: #20

Δόξα... Τὴν τῶν Πατέρων

Neh____ Glo - - - ry to the Fa - -

ther, and to____ the____ Son, and to the Ho - -

C D ly Spir - - - - it.

D Let us gath - - - er, O ye feast - - lov - -

Diatonic

ers, and let us laud with hymns____ of____ praise the

come - - - li - - - ness of the fa -

C

thers, the boast of as -

D A

cet - ics, the foun - tain of mir - a -

G Un. G Diatonic

cles, and our in - ter - ces - - - - sor -

D

with_ God who can - not be_ put_ to_

shame; and let us say un - - to -

A

him: Re - joyce, O rule, im - - -

G D

age, and most ex - act pat - tern of the -

mo - nas - - - tic life; re - joice,

far - shin - ing lu - - - mi - nar - - -

y, who didst guide the whole world

with the fier - y beams of thy

vir - - - tues; re - joice, thou great com - fort -

Diatonic

er of those in pain, and fer - vent pro -

tec - - - tor of the af - flict - - -

A Diatonic

ed. Where-fore, O Ath - a - na - - - - - - -

Un. > G

sius, cease not to in - ter - cede

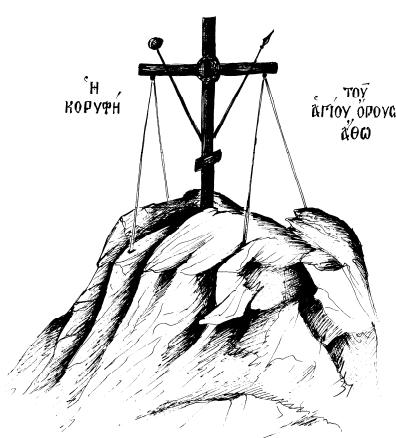
with Christ God for this flock of thine, and for

all the faith - ful who hon - our thy

C D

ven - 'ra - ble fall - - - - ing - a -

sleep.



Vespers Aposticha Theotokion

Plagal Second Mode (Soft Chromatic)

Intonation: #17 or #18

Allegro $\text{♩} = 160$

Καὶ νῦν

G **F** **G** **F**

Both now and ev - er, and un - to the ag - es of

E **Un.**

Un. **G** **E**

ag - es. A - men.

Θεοτόκε, σὺ εἶ ἡ ἄμπελος

O The - o - to - kos, thou art the true vine that hath blos-somed

G

forth the Fruit of Life. Thee do we sup - pli - cate:

In - ter - cede, O La - dy, to - geth - er with the right-eous

Un. **D** **Un.**

one and all the Saints that our souls find mer - - -

F **G**

cy.

Apolytikion

Intonation: #8

Allegro $\downarrow=160$

Third Mode *"Awed by the beauty"*

Τὴν ἐν σαρκὶ

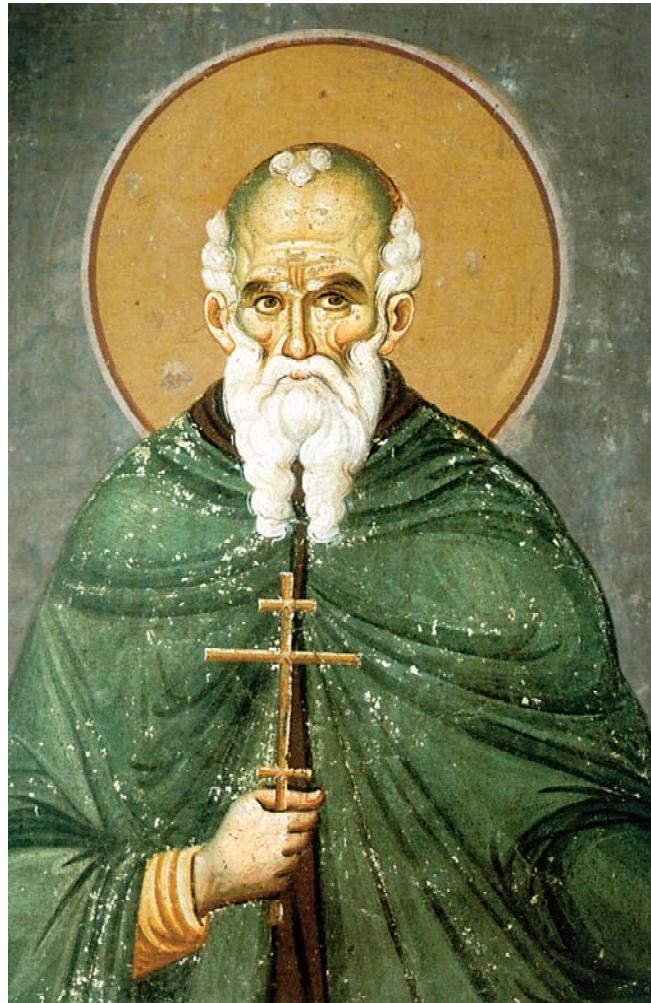
The musical score consists of eight staves of music in common time, treble clef, and B-flat key signature. The vocal line is continuous across all staves. The lyrics are as follows:

The An - gels' ranks were awed____ by thy life in____ the
flesh, how, though cor - po - re - al,____ and clad with
earth - ly clay, thou didst set forth with cour - age to in -
vis - i - ble wars and wres - tlings and didst bold - ly
smite____ the hordes____ of the de - mons with mor - tal
wounds. Where-fore, Christ re - ward - ed____ thee with a -
bu - dant gifts in re - turn. En - treat Him that our souls____

Red letters F, C, D, and G are placed above specific notes in the music to indicate fingerings or performance techniques.

Musical notation for a hymn, likely a Byzantine chant. The notation consists of two staves of music with corresponding lyrics below. The first staff ends with a red letter 'F' above the note. The lyrics are:

find sal - va - tion, O most re-nowned Fa - ther Ath - a -
na - - sius.



SAINT ATHANASIUS OF ATHOS

Doxasticon of the Praises

Intonation: #20

Plagal Second Mode

Andante L=94

Δόξα... Τὸν τῆς ἀθανασίας

D

Glo - - - ry to the Fa - ther, and to the

Son, and to the Ho - ly Spir - it.

Let us all ac - claim Ath - a - na -

- sius, the name-sake of im - mor - tal -

i - ty, who strug - gled man - ful - ly

and no - bly in the as - cet - - -

i - - - cal life on Ath - - - os. He

gath-ered this flock____ to - geth - er, and raised up____

____ a____ tem - ple un - to the Lord____ out____

of____ long - - - - - - - - ing,____ and

Diatonic

 ded - i - cat - - - - ed____ it

to____ the Moth - - - - er____ of____

God; and here - in he in - ter - ced - eth for____

us who cel - e - brate his mem - - - o - ry____

with____ faith.

Continue with *Both now...*
O Theotokos, thou art the true vine on page 8



SUNDAY OF THE HOLY FATHERS OF THE SEVEN ECUMENICAL COUNCILS

July 13-19

Vespers Doxasticon

Intonation: #20

Plagal Second Mode

Andante ♩=84

Δόξα... Τὰς μυστικάς

D

Neh_____, Glo - - - - ry, to the Fa - -

ther, and to_____, the_____, Son, and to the Ho -

ly Spir - - - - it.
C D

Let us ac - claim to - day those
Un. D

mys - ti - - - cal trum - pets of

- the Spir - - - - it,

Diatonic G

 name - ly the God - bear - ing Fa - - - -

thers, - who, in the midst of the
D

Church, sang a har - mo - - - ni -

ous song of the - ol - - - o - - - -

gy, teach - ing - that the Trin - - - -

i - - - - ty is one, i - den - ti -

D
cal in es - - - - sence and God - - -

head; they are the re - fut - - - - ers of A - - - -

ri - - - us, and the fore - most war - - ri -

ors of the Or - - - - tho - - - dox. And they

Un. G Diatonic
ev - er in - ter - - - cede with the -

D C D
Lord that our souls find mer - - - cy. -

Vespers Aposticha Doxasticon

Intonation: #8

Third Mode

Andante J=84

Δόξα... Ἀποστολικῶν

Glo - ry— to—the Fa - - - - ther, and

to—the Son,— and.— to—

the— Ho - - ly— Spir - - - - it.

Ye have be - come— ex - - act keep - - - - ers

of the ap - - os - - tol - - - - ic— tra - -

di - - - - - tions,— O— Ho - - ly— Fa - -

thers;— for when ye set forth in—

coun - cil the dog - - - ma of the con - sub -

stan - ti - al - i - ty of _____ the _____

Ho - ly _____ Trin - - - - i - - - - ty

in Or - - - - - tho - - dox - fash - - - -

ion, - ye cast - down - the - blas - phe -

my - of A - ri - us. Then, af -

ter con - vict - ing Mac - e - do - ni -

us, the en - e - my - of - the -

C

 Ho - ly— Spir - - - it, ye con-demned

D

 Nes - to - ri - us,— Eu - tych - - -

C

 es,— Di - o - sco - rus,— Sa - bel - -

F
D

 li - us, and Sev - er - - - us——

C

 the head - - - less.. Where-fore, make——

F

 ye— en - treat - - - y that we be——

D

 de - liv - - ered from their er - - - -

C
F

 ror, and that our life—— be—— pre - -

Musical notation in G clef, one sharp, showing two staves of music. The first staff continues from the previous page, ending with a fermata over a note. The second staff begins with a half note, followed by a measure of three eighth notes, a measure of three eighth notes with a fermata over the third note, a single eighth note, another measure of three eighth notes with a fermata over the third note, and a final measure of three eighth notes. Red letters 'C' and 'F' are placed above the first and last notes of the second staff respectively. Below the music, the lyrics are written in a simple font:

served blame - less in the Faith, _____

we pray.

Continue immediately with *Both now... Seedlessly...* on the following page.



Aposticha Theotokion

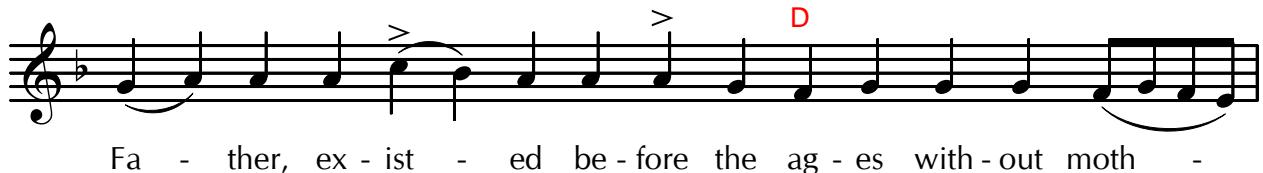
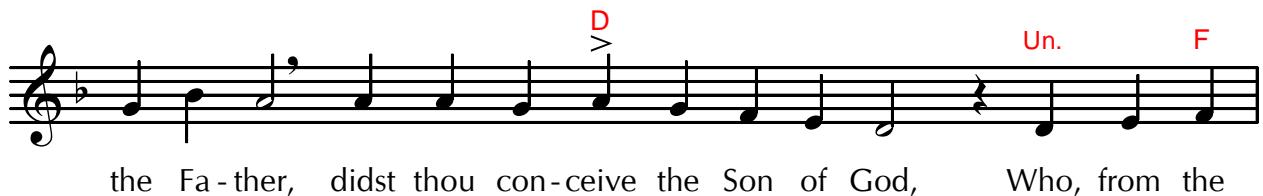
Third Mode

Allegro ♩=160

Kαὶ νῦν...
 Ἀσπόρως ἐκ θείου Πνεύματος



(A more elaborate version of this Theotokion is available on page 157 of our Vespers book.)



suck - led Him_ as____ a____ babe. Where-fore, cease_ not to
in - ter - cede that our souls_ be de - liv - ered from per -
ils.

For since human nature rejects
and avoids what is difficult, even if beneficial,
and accepts virtually nothing unless it seems to offer pleasure,
through David the Lord prepares from men this potion which is sweet
by reason of its melody and effective in the cure of disease by reason of its strength.
For a psalm is sweet to the ear, it penetrates the soul when it gives pleasure, it is easily
remembered when sung often, and what the harshness of the Law cannot force from
the minds of man it excludes by the suavity of song. For whatever the Law,
the Prophets and even the Gospels teach is contained as a
remedy in the sweetness of these songs.

- St. Niceta of Remesiana (d. after 414)

Apolytikion

Intonation: #25

Plagal Fourth Mode

Allegro ♩=160

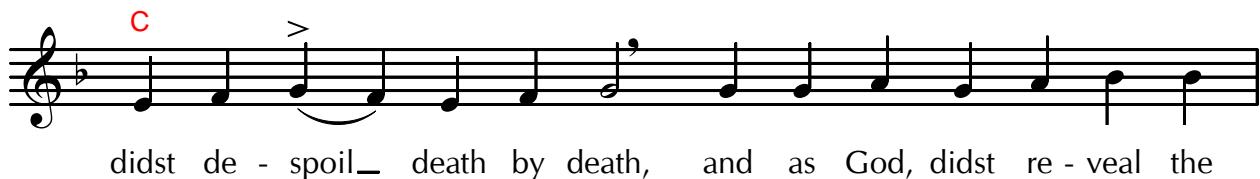
Δόξα... Υπερδεδοξασμένος εἰ

(Note: This apolytikion is preceded by Glory to the Father... when chanted in Vespers and Orthros but not when chanted in the Liturgy.)

Theotokion

Plagal Fourth Mode

Καὶ νῦν... Ὁ δι' ἡμᾶς



Musical notation in G clef, one sharp, with lyrics in English. Red letters C and F mark specific notes.

F
kind, O Mer - ci - ful One; ac - cept the The - o - to - kos that

C
gave Thee birth, who in - ter - ced - eth for us; and do Thou, our

Sav - iour, save_ a de - spair - ing peo - ple. _____

C Un.



Kontakion

Intonation: #25

Plagal Fourth Mode

Τῶν Ἀποστόλων

Allegro ♩=160

The musical score consists of six staves of music in common time with a treble clef and a key signature of one flat. The lyrics are written below each staff. Red letters above the staff indicate specific notes: F at the beginning of the first staff, C at the end of the first staff, Un. (Unknown) at the beginning of the second staff, D at the end of the second staff, C at the end of the third staff, Un. at the beginning of the fourth staff, F at the end of the fourth staff, D at the end of the fourth staff, C at the beginning of the fifth staff, Un. at the beginning of the sixth staff, F at the end of the sixth staff, and C at the end of the sixth staff.

F
C

The preach - ing of the A - pos - tles and the doc - trines of

Un.
D > C

the__ Fa - thers con - firmed_ the one Faith in the

Church. And wear - ing the gar - ment of truth, wo - - ven from

Un. F D

the the - ol - - o - gy__ on__ high, she

C >

right - ly di - vid - eth and glo - ri - fi - eth the great

Un. F

mys - ter - y of__ pi - e - ty.

Doxasticon of the Praises

Intonation: #26

Plagal Fourth Mode

Andante ♩=84

Δόξα... Τῶν Ἅγίων Πατέρων

C

Glo - - - ry to the Fa - - - ther, and

F G

to the and to the

C D

Son, and to the Ho - - -

C

ly Spir - - - it.

C

When the choir of the Ho - ly Fa - - - thers

D

flocked from the ends of the in - hab - -

Un. **C**

it - - - ed world, they pro-claimed the

doc - trine of the One Es - - - - - sence and

One Na - ture of the Fa - ther, Son, and

Ho - ly Spir - - - it, there - by

de - liv - er - ing plain - ly to

the Church the mys - ter - y of the -

ol - o - gy. As we ac -

claim them in faith, let us

call them bless - ed, say -

ing: O di -

- - vine a - - di - vine

ar - - ray, ye

God - pro - claim ing hop lites of the

Lord's com pa ny, most

bril liant stars of the spir i tu

al fir ma

ment, im - preg na - ble

tow - - - ers of the mys - - -

ti - cal Si - - - on, ye fra - - -

grant flow - - - ers of Par - - -

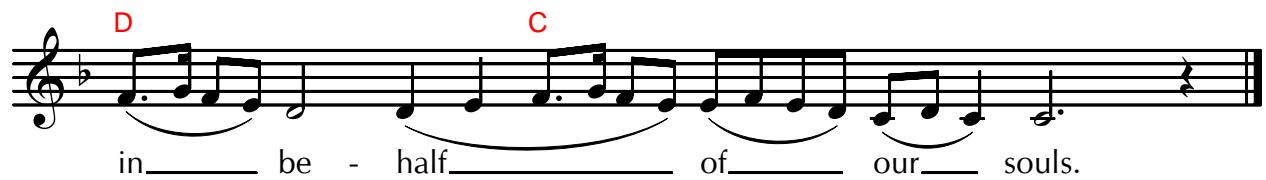
a - dise, ye all - gold - en - mouths

of the Word,

the boast of the Church and a -

dorn - - - ment of the whole world:

In - ter - cede ye fer - - - vent - - - ly -



Continue with *Both now...* and *Most blessed art thou* in the mode of the week on pages 888-898 in our Orthros book.





The HOLY RIGHTEOUS MARTYR PARASKEVE

July 26

Vespers Doxasticon

Intonation: #20

Plagal Second Mode

Δόξα... Παρθενομάρτυς

Andante $\text{J}=88$

Glo - - - ry to the Fa - ther, and to the the

Son, and to the Ho - ly Spir - it.

O vir - gin Mar - tyr and prize - win - ner, all - glo -

ri - - - ous Pa - - - ra ske - - ve,

in thine in - ter - ces - sions__ with__ God, ask__

Diatonic

that__ they__ who__ wor - thi - ly__

cel - - - e - brate__ thy__ con - - - test may

be de - liv - ered from temp - ta - tions and__

G A

af - flic - tions__ and the judg - - -

G Un.

ment that__ is__ to__ come,

Diatonic

O__ all - cel - - e - brat - ed__ Mar - - -

D

(Continue with "Both now... Who would not call thee blest" on page 337 or 369 of our Vespers book.)

tyr.

Vespers Aposticha Doxasticon

Intonation: #20

Plagal Second Mode

Δόξα... Δεῦτε πάντα

Andante ♩=88

Treble clef, B-flat key signature. The lyrics are: "Glo - - - ry to the Fa - - ther, and to____ the__". A red 'D' is above the first note.

Treble clef, B-flat key signature. The lyrics are: "Son, and to the Ho - ly____ Spir - - - - it." A red 'D' is above the first note.

Treble clef, B-flat key signature. The lyrics are: "Come,_____ all ye ends_____ of_____ the__". A red 'D' is above the first note.

Treble clef, B-flat key signature. The lyrics are: "earth, let us form a spir - it - u - al____".

Treble clef, B-flat key signature. The lyrics are: "choir to ac - claim the Vir - gin Mar - - - - tyr".

Treble clef, B-flat key signature. The lyrics are: "of____ Christ, and_____ let_____".

Treble clef, B-flat key signature. The lyrics are: "us say: Re - joice, O right - - eous Pa - -".

G Diatonic

Vespers Aposticha Theotokion

Intonation: #17

Plagal Second Mode (Soft Chromatic)

Καὶ νῦν

Allegro ♩=160

Both now and ev - er, and un - to the ag - es of
 ag - es. A - men. — Θεοτόκε σὺ εἶ ἡ ἄμπελος

O The - o - to - kos, thou art the true vine that hath blos-somed

forth the Fruit of Life. Thee do we sup - pli - cate:

In - ter - cede, — O La - dy, to - geth - er with the right-eous

one and all the Saints that our souls find mer - - -

cy.

Apolytikion

Intonation: #1

First Mode

Τὴν σπουδήν σου

Allegro ♩=150

D

Show - ing a dil - i - gence be - fit - ting thy call - ing, O

name - sake of pre - par - ed - ness, thou hast gained, as thy dwell -

ing, a faith wor - thy of thy name, O prize-win - ning Pa -

ra - ske - ve. Hence, thou pour - est forth heal - ings and in - ter -

ced - est for our souls.

Doxasticon of the Praises

Intonation: #7

Second Mode (Soft Chromatic)

Δόξα Πατρί

Andante $\downarrow = 88$

Glo - - - ry to the Fa - ther, and.

to the Son, and to the Ho - ly.

Spir - it. Έν πόλει τοῦ Θεοῦ

In the cit - y of our God, on His.

ho - ly moun - tain, there did.

Saint Pa - ra - ske - ve take up her.

dwell - ing, keep - ing her lamp un - .

quenched. Let us hear the vir - **G** - **E** gin's hymn of **Un.**

praise: O vir - gin - i - ty, tem - ple of God! O vir - **G**

gin - i - - - ty, glo - **E** ry of **Un.**

Hard Chromatic

Mar - tyrs! O vir - gin - i - ty, com - **G**

pan - - - ion of the An - - - - gels!

