Andante

Holy and Great Monday

Troparion

Intonation: #25

Plagal Fourth Mode

Idoú ó Nymphios

Behold, the Bride-groom cometh in the middle of the night, and blessed is that servant whom He shall find watching; and again unwardly is he whom He shall find heed -
less. Be - ware, there - fore, O my soul, lest thou be
borne down with sleep, lest thou be giv - en up to death,
and be shut out from the_ King - dom. But rather
rouse thy - self and cry: Ho - ly, Ho -
ly, Ho - ly art_ Thou,_ O_ our_ God;
by the pro - tection of the Bod - i - less Hosts, have
mer - i - cy on_ us.
through the The - o - to - kos, have mer - i - cy

First and Second Ending:

Third Ending:
Holy Monday
Holy and Great Tuesday

Troparion

Plagal Fourth Mode

Andante ∞108

Here is the music notation:

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less. Be-ware, there-fore, O my soul, lest thou be
borne down with sleep, lest thou be giv-en up to death,
and be shut out from the King-dom. But rath-er
rouse thy-self and cry: Ho-ly, Ho-ly, Ho-ly,
HOLY art Thou, O our God;
by the in-ter-ces-sions of the Fore-run-ner, have
mer-cy on-us.
through the The-o-to-kos, have mer-cy
Holy Tuesday

C

Un.

on us.

1311
Holy and Great Wednesday

Troparion

Intonation: #25

Plagal Fourth Mode

Andante ♩=108

Ωιδού νομφίος

Behold, the Bride-groom cometh in the middle of the night, and blessed is that servant whom He shall find watching; and again worthy is he whom He shall find heed -
less. Be - ware, there - fore, O my soul, lest thou be
borne down with sleep, lest thou be giv - en up to death,
and be shut out from the_ King - dom. But rath - er
rouse thy - self_ and_ cry: Ho - ly,____ Ho -
ly, Ho - ly art_ Thou,_ O____ our____ God;
by the pow - er of the Cross, have mer - - -
cy on_ us.
through the The - o - to -kos, have mer - - -
cy

First and Second Ending:

Third Ending:
Holy Wednesday
Holy and Great Thursday

Troparion

Intonation: #25

Plagal Fourth Mode

Andante \-108

When the glorious disciples were enlightened

at the washing of the feet, then Judas

the ungodly one was stricken and darkened with the love

of silver. And unto the lawless judg -
es did he del - liv - er Thee, the_ right - eous_

Judge. O thou lov - er of mon - ey, be - hold thou

him that for the sake there - of did_ hang_ him - self;

flee from that in - sa - tia - ble soul that dared such things a -

against the_ Mas - ter. O Thou Who art good_ un - to

First and Second Ending:

all, Lord,_ glo - ry_ be_ to_ Thee.

Third Ending:

Lord, glo - ry be to Thee.
Holy and Great Friday

Apolytikion
(for the end of Orthros)

Intonation: #10

Fourth Mode

Thou didst ransom us from the curse of the Law by Thy precious Blood. Nailed to the Cross and pierced with the lance, Thou didst pour forth immortality for men. O our Saviour, glory be to Thee.
Holy and Great Saturday

Apolytikia

The noble Joseph, taking Thine immaculate Body down from the Tree, and having wrapped It in pure linen and spices, laid It for burial in a new tomb.

Intonation: #4
Second Mode

O εὐσεβὴς Ἰωσήφ

www.stanthonyssmonastery.org/music/Triodion.htm
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Δόξα Πατρι

When Thou didst descend unto death, O Life Immortal, then didst Thou slay Hades with the lightening of Thy Divinity. And when Thou also raise the dead out of the nether world, all the powers of the heavens were crying out: O Giver of life, Christ our God, glory...
be to Thee.

Both now and ever, and unto the ages of ages. Amen.

Unto the myrrh-bearing women did the Angel cry out as he stood by the grave: Myrrh-oils are meet for the dead, but Christ hath proved to be a stranger to corruption.